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Citation for final published version:

Reynolds, Michael , Arapi, Elissavet and Cable, Joanne 2018. Parasite-mediated host behavioural modifications: Gyrodactylus turnbulli infected Trinidadian guppies increase contact rates with uninfected conspecifics. Parasitology 145 (7) , pp. 920-926. 10.1017/S0031182017001950

Publishers page: https://doi.org/10.1017/S0031182017001950

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1	Title: Parasite-mediated host behavioural modifications: Gyrodactylus turnbulli infected
2	Trinidadian guppies increase contact rates with uninfected conspecifics
3	
4	Running title: Adaptive guppy responses to Gyrodactylus infection
5	
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#### 25 SUMMARY

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While group formation provides antipredatory defences, increases foraging efficiency and 27 28 mating opportunities, it can be counterintuitive by promoting disease transmission amongst 29 social hosts. Upon introduction of a pathogen, uninfected individuals often modify their 30 social preferences to reduce infection risk. Infected hosts also exhibit behavioural changes, 31 for example, removing themselves from a group to prevent an epidemic. Conversely, here we 32 show how Trinidadian guppies infected with a directly transmitted ectoparasite, *Gyrodactylus* turnbulli, significantly increase their contact rates with uninfected conspecifics. As 33 34 uninfected fish never perform this behaviour, this is suggestive of a parasite-mediated 35 behavioural response of infected hosts, presumably to offload their parasites. In the early 36 stages of infection, however, such behavioural modifications are ineffective in alleviating 37 parasite burdens. Additionally, we show that fish exposed to G. turnbulli infections for a 38 second time, spent less time associating than those exposed to parasites for the first time. We 39 speculate that individuals build and retain an infection cue repertoire, enabling them to 40 rapidly recognise and avoid infectious conspecifics. This study highlights the importance of considering host behavioural modifications when investigating disease transmission 41 42 dynamics.

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44 Key words: *Gyrodactylus*; *Poecilia reticulata*; sociality; infectious disease; transmission
45 dynamics; behavioural modification

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50 KEY FINDINGS

- Gyrodactylus turnbulli infected guppies significantly increase contact rates with
   conspecifics.
- This adaptive behavioural response of the host is presumably aimed at 'offloading'
  parasites.
- In the early stages of infection, such behaviour is not an effective strategy for reducing
  parasite burdens.
- Fish exposed to secondary infections associated for less time than those experiencing
  primary infections.
- This study highlights the importance of considering adaptive host behavioural changes
  when investigating disease dynamics.
- 61

### 62 INTRODUCTION

63

64 Sociality confers many benefits, particularly with respect to antipredatory defences (Krause 65 and Ruxton, 2002; Sansom et al. 2009). Group formation can, however, be counterintuitive 66 by increasing competition for scarce resources, mating opportunities, and the 67 conspicuousness of prey to predators, all of which can directly impede fitness (Alexander, 1974; Sherman et al. 1995). Most notable is increased disease susceptibility owing to chronic 68 69 stress induced by social competition (Glaser and Kiecolt-Glaser, 2005; Proudfoot and 70 Habing, 2015; Schneider et al. 2016), and the close proximity of conspecifics facilitating 71 disease propagation amongst hosts (Côté and Poulin, 1995). This often results in more 72 intense, prevalent infections as group size increases (reviewed in Patterson and Ruckstuhl, 73 2013).

75 At a population level, a significant determinant of a disease transmission pathway is a 76 group's social structure, which arises from consistent interaction patterns between conspecifics (Whitehead, 1997; Wey et al. 2008). The rate of disease transmission depends 77 78 on the 'socialness' and infection status of group members. Well-connected individuals, for 79 example, are at greater risk of acquiring infections (Bell et al. 1999; Danon et al. 2011), and 80 can subsequently act as superspreaders of disease (Lloyd-Smith et al. 2005; Craft, 2015). As infection becomes more prevalent within a population, conspecifics often respond to visual 81 82 and/or chemical cues indicative of infection by modifying their associative preferences to 83 reduce their infection risk. Such behavioural avoidance has been documented in a number of 84 taxa including amphibians (Kiesecker et al. 1999; Koprivnikar and Penalva, 2015), fish 85 (Ward et al. 2005) and mammals (Curtis, 2014; Poirotte et al. 2017).

86

87 Infected hosts often show remarkable adaptive behavioural traits aimed at combatting 88 disease. Infected fish, for example, frequent warmer thermal conditions outside the thermal 89 tolerance of their associated pathogens to 'self-medicate' against infection (see Mohammed 90 et al. 2016). Alternatively, infected hosts can isolate themselves to protect the integrity of a 91 group. Extreme forms of altruistic behaviour, such as 'altruistic suicide', have been observed 92 within social insects including ants and honeybees; upon acquiring infection, these hosts 93 remove themselves from a colony to prevent disease epidemics (Heinze and Walter, 2010; 94 Rueppell et al. 2010). Conversely, by forming larger groups, parasite 'attacks' can become 95 diluted amongst group members (Duncan and Vigne, 1979; Rätti et al. 2006), with such 96 encounter-dilution effects mitigating parasite-mediated costs of sociality (Mooring and Hart, 97 1992).

99 Whether or not infected individuals increase their contact rates with uninfected conspecifics 100 remains questionable. Indeed, 'offloading' parasites onto conspecifics could be beneficial in 101 terms of alleviating parasite burdens and their associative costs, whilst also serving to 102 'vaccinate' recipients against subsequent infections (Faria et al. 2010). Using the well-studied 103 social Trinidadian guppy and its directly transmitted ectoparasite, Gyrodactylus turnbulli, we 104 investigate how parasitism drives adaptive behavioural responses in hosts, which could aid in 105 alleviating parasite burdens. Specifically, we investigate (a) if association times and direct 106 contact patterns between fish change depending on infection status, (b) assess the 107 significance of these behavioural responses in determining successful parasite transmission, 108 and (c) assess how the parasite infrapopulation influences transmission dynamics, 109 irrespective of behaviour. 110

- 111 MATERIALS AND METHODS
- 112
- 113 *Ethics statement*

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All applicable institutional and/or national guidelines for the care and use of animals were
followed. Procedures and protocols were conducted under UK Home Office license (PPL
302876) with approval by the Cardiff University Animal Ethics Committee.

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119 Host and parasite origin

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Experimental Trinidadian guppies (*Poecilia reticulata*) were laboratory-reared descendants of a wild stock caught from the Lower Aripo River, 2012. Fish were initially housed at Exeter University, before being transferred to Cardiff University in October 2014. Here, fish were maintained in 70L dechlorinated water tanks under standard conditions of  $24 \pm 1^{\circ}$ C on a 125 12 h light: 12 h dark photoperiod (lights on 07:00-19:00), and fed daily with Aquarian 126 tropical fish flakes subsidised with *Daphnia magna* and *Artemia* spp.

127

Experimental fish were infected with *Gyrodactylus turnbulli* (strain Gt3), originating from, and subsequently maintained on, an inbred ornamental guppy stock since 1997. A single parasite was isolated onto a naïve 'culture' fish, and following successful establishment reproduced forming a highly inbred parasite population. This population has since been maintained under standard conditions in culture pots, each containing a minimum of four naïve culture fish collectively infected with *ca.* 30 *G. turnbulli* worms. Naïve fry were added to the culture pots biweekly to prevent parasite extinction.

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#### 136 Experimental design

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138 Only female guppies were used during experimental trials due to their increased propensity to 139 shoal compared to males (Griffiths and Magurran, 1998). In the wild, females typically form 140 small shoals (2-20 individuals), between which males move in search of mating opportunities 141 (Croft et al. 2004). Thus, by excluding males we eliminated potentially confounding factors 142 associated with mating attempts in influencing parasite transmission. Unfamiliarised female 143 guppies were size-matched according to their standard length (SL;  $\pm 4.1$ mm) into pairs (n = 144 50), and individually housed in 1L-dechlorinated water under standard conditions. As 145 infection histories of these fish differed, we categorised dyads into five treatments 146 summarised in Table 1. Treatment 1 utilised parasite naïve guppies and formed a control 147 group. During trials these fish were sham infected to account for handling time but never 148 exposed to parasites. Naïve guppies were also used for Treatment 2, which were experimentally infected with a predetermined dose of *Gyrodactylus turnbulli* worms ('Primary infection': see Table 1), and tested 24 h post infection. Treatments 3, 4 and 5 comprised dyads that had experienced *G. turnbulli* infection in a previous experiment (ranging from 20-40 worms), but had been clear of parasites for a minimum of three months prior to this experiment. During a trial, one fish in each dyad was experimentally infected with 40 *G. turnbulli* worms ('Secondary infection'), and tested 24 (Treatment 3), 48 (Treatment 4) and 72 h (Treatment 5) post-infection.

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157 Behavioural trials took place in a partitioned glass tank (30 x 30 x 45cm) filled with 7L-158 dechlorinated water and maintained at  $24 \pm 1$  °C. A removable translucent barrier separated 159 dyads prior to a trial, allowing visual but not physical contact. The tank was placed in an 160 experimental chamber surrounded by white fabric on three sides to prevent external 161 disturbance, with one side left open for behavioural observations. A 2cm<sup>2</sup> grid attached to the 162 sides of the tank enabled visual estimation of the distances between conspecifics. The arena 163 was lit from above using daylight mimicking strip lights (Sylvania T5 F13W/54-765 G5 164 Luxline Standard Daylight bulb) diffused by white fabric.

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## 166 Experimental procedure

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Each dyad underwent a two-stage trial comprising behavioural and parasite transmission procedures. On Day 1, dyads were placed into the partitioned experimental tank for a 24 h acclimation period. On Day 2, both guppies were transferred from the tank to individual 1Ldechlorinated water pots using a plastic container. One fish in each dyad was then infected with a predetermined number of *Gyrodactylus turnbulli* worms (see Table 1 for *G. turnbulli* dose and sample sizes). Experimental infections entailed sacrificing a heavily infected culture 174 fish, and placing it in close proximity to a temporarily anaesthetised recipient fish (using 175 0.02% buffered MS222), allowing direct transmission of worms. The infection process was 176 observed continuously under a dissection microscope with fibre optic illumination, and once 177 infected a recipient was revived in 1L-dechlorinated water. It's uninfected conspecific was 178 sham infected to control for handling time and each pair returned to the partitioned tank for a 179 subsequent 24 h, thus ensuring fish were familiar with this environment to minimise 180 exploratory behaviour during a subsequent trial.

181

182 On Day 3, both fish were removed from the partitioned tank, as above, temporarily 183 anaesthetised and screened under a dissection microscope to quantify the starting G. turnbulli 184 intensity of a donor, and confirm the uninfected status of their conspecific. The number of 185 individual worms was counted three times to ensure exact intensities were recorded. 186 Variability in *G. turnbulli* start intensity, particularly for treatments 4 and 5 (see Table 1) 187 were observed given the parasites 24 h reproductive potential (Bakke et al. 2007). Fish were 188 returned to the partitioned tank for 10 min prior to removal of the translucent barrier, which 189 allowed dyads access to one another. A 10 min behavioural trial began when one guppy 190 crossed the central partition line. During a trial, the proportion of time dyads spent 191 associating was quantified (seconds) using a stopwatch based on direct observation. An 192 association was defined as when fish were  $\leq$  four body lengths from one other; a standard 193 measure of shoaling (Pitcher, 1983). Additionally, the number of direct contacts initiated by 194 the infected fish was tallied. Infected guppies exhibit clamped fins (Cable et al. 2002), and 195 appear to 'rub-up' against conspecifics, although previously only anecdotal evidence of such 196 behaviour exists (Croft et al. 2011; Stephenson et al. 2017). This unique behavioural response 197 of infected fish coupled with pathological symptoms of infection made the identity of each 198 fish obvious during a trial. A direct contact was therefore defined as when an infected fish instigated skin-skin contact (typically lasting <1 sec) with an uninfected conspecific, which is</li>
particularly important for facilitating *G. turnbulli* transmission (Bakke et al. 2007). Following
a behavioural trial, both fish were again individually removed from the partitioned tank,
temporarily anaesthetised and screened to quantify successful transmission of individual *G. turnbulli* worms

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To assess the significance of *G. turnbulli* infrapopulation intensity on potential *G. turnbulli* transmission dynamics, guppies remained anaesthetised following screening, and were placed in the same petri dish submerged in 1 cm depth dechlorinated water. Using a pipette tip, fish were manipulated so that they were in direct contact with one another. The number of *G. turnbulli* worms to transmit from a donor to a recipient fish was then monitored for a 5 min period. At the end of a trial, guppies were chemically treated using 0.1% levamisole and screened clear of infection, on 3 consecutive inspections, before returning to stock tanks.

212

213 Statistical analysis

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215 Statistical analyses were performed in R (3.0.2; R Core Team 2013). Using the *lme4* library 216 (Bates et al. 2014), two Generalised Linear Mixed Effects Models (GLMMs), fitted with 217 binomial family and 'logit' error structures, were used to assess variables influencing the 218 proportion of time dyads spent associating (the dependent term in both models). The first 219 model included donor Gyrodactylus turnbulli intensity, dyad mean SL, treatment, and 220 interactions between each variable, as independent terms. Treatment 1 data was excluded 221 from this model, as there was no possible relationship between the uninfected control dyads 222 and parasite intensity. To address differences in dyad association time between treatments 223 (including Treatment 1), a second GLMM was performed whereby dyad mean SL, treatment and an interaction between these terms were included in a model as independent terms, with
dyad association time the dependent term. Parasite intensity was excluded from this model.
Both models included dyad ID as a random term to account for repeated measures.

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228 Using the glmmADMB package (Bolker et al. 2008) a negative binomial GLMM was used to 229 investigate the effects of dyad mean SL, donor G. turnbulli intensity, association time and 230 treatment on the total number of direct contacts observed between dyads, instigated by an 231 infected donor. Interactions between association time x G. turnbulli intensity and treatment x 232 G. turnbulli intensity were incorporated into the model. A final negative binomial GLMM 233 investigated the significance behavioural trials, transmission trials, dyad mean SL, treatment 234 and donor G. turnbulli intensity had on determining total G. turnbulli transmission. Dyad ID 235 was incorporated into each model as a random term to account for repeated measures. Models 236 were refined via the sequential removal of non-significant terms to minimise Akaike 237 Information Criterion (Pinheiro and Bates, 2000; Bates et al. 2014), and model robustness 238 assessed using residual plots.

239

240 **RESULTS** 

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243

Infection with *Gyrodactylus turnbulli* significantly influenced the proportion of time dyads spent associating (GLMM: z = -7.27, SE = 0.022, *P* <0.001), which also differed between experimental treatments (GLMM: z = -4.33, SE = 0.189, *P* <0.001). For fish infected with *G*. *turnbulli* up to 24 h (Treatments 2 & 3), the time dyads spent associating increased with parasite intensity (Fig. 1a). Conversely, for dyads experiencing secondary infections of 48

<sup>242</sup> Behavioural trials

and 72 h, association time decreased as a donor infection intensified (Treatments 4 & 5, respectively: Fig. 1a). Dyad mean SL significantly influenced association time, which also depended on treatment (Dyad mean SL x Treatment interaction, GLMM: z = -10.48, SE = 0.004, P < 0.001). For control dyads and naïve fish enduring a 24 h primary *G. turnbulli* infection (Treatment 2), larger dyads spent more time associating (Fig. 1b). For fish infected with 24, 48 and 72 h secondary infections (Treatments 3, 4 and 5, respectively), the relationship between dyad shoaling time and mean SL was less pronounced (Fig. 1b).

256

Association time and *G. turnbulli* intensity significantly influenced the number of direct contacts initiated by an infected donor towards its uninfected conspecific. Specifically, more direct contacts occurred the longer dyads spent associating (GLMM: z = 1.98, SE = 0.767, *P* < 0.005), and as a donors parasite intensity increased (GLMM: z = 2.80, SE = 0.029, *P* = 0.0309; Fig 2a). However, only on two occasions did successful *G. turnbulli* transmission occur as a consequence of host behaviour.

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## 264 Gyrodactylus turnbulli transmission

265

When investigating the potential for *Gyrodactylus turnbulli* transmission following host behavioural trials (i.e. placing an anaesthetized donor fish in direct contact with an uninfected recipient for a 5 min period), we found that the total number of *G. turnbulli* to transmit was significantly influenced by a donors' parasite intensity (GLMM: z = 2.09, SE = 0.006, P =0.037). As parasite intensity increased, the number of parasites transmitting to a recipient also increased (Fig. 2b). The duration of infection did not affect total *G. turnbulli* transmission (Treatment main effect: GLMM: z = 1.08, SE = 0.10, P = 0.278).

#### 274 **DISCUSSION**

275

Here we show that infected fish significantly increase direct contact rates with conspecifics. As uninfected fish did not perform such behaviour, we speculate that this parasite-driven host behavioural response attempts to reduce parasite burdens. Additionally, we show that association times between fish exposed to secondary *G. turnbulli* infection was less than those experiencing infection for the first time. We speculate that fish build an infection cue repertoire, enabling them to rapidly identify and subsequently avoid infectious conspecifics.

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283 Our results are consistent with Croft et al. (2011), who provided anecdotal evidence of 284 infected guppies initiating direct body contact with conspecifics. Although gyrodactylid 285 infections do cause host behavioural modifications (see Bakke et al. 2007), these are merely 286 by-products of infection (e.g. Kolluru et al. 2009). Behavioural manipulation by G. turnbulli 287 would imply host neurochemical interference (Adamo and Webster, 2013), which has 288 previously never been shown by these ectoparasites. Furthermore, G. turnbulli worms did not 289 exhibit a strong transmission propensity during behavioural trials, indicating that increased 290 contact rates are likely an adaptive behavioural response of the host as opposed to parasite 291 manipulation.

292

Alleviating ectoparasite burdens often involves hosts participating in interspecific, intraspecific and/or self-grooming behaviours (reviewed in Hart, 2011). Intraspecific grooming is particularly evident in higher animal taxa, most notably mammals such as ungulates. Reciprocal allogrooming in impala (*Aepyceros melampus*), for example, significantly reduced tick infestations by up to 95% that of controls (Mooring *et al.* 1996). Fish also engage in grooming activity, whereby cleaners including gobies, wrasse or shrimps 299 remove clientele ectoparasites, which provides nutritional and health benefits for both parties, 300 respectively (Grutter, 1996; Whiteman and Côté, 2002; Titus et al. 2017). Cleaning services 301 are typically concentrated to tropical coral reefs (Côté, 2000), although freshwater 302 intraspecific examples do exist (e.g. Common carp; Soto et al. 1994). For fishes that do not 303 engage in cleaning services, alternative parasite removal strategies are employed. For 304 example, physical dislodgement of parasites through skin abrasion against substrata (Urawa, 305 1992), behavioural fever (Reynolds et al. 1976; Mohammed et al. 2016), or as observed here 306 increasing contact frequencies with uninfected conspecifics in the early stages of infection. 307 The number of direct contacts instigated by infected guppies towards their uninfected 308 conspecifics significantly increased with G. turnbulli intensity. Direct contact between hosts 309 governs G. turnbulli transmission dynamics (see Johnson et al. 2011), and it could be 310 expected that parasite transmission increase linearly with direct contact frequencies. Contrary 311 to our predictions, successful G. turnbulli transmission only occurred twice during 312 behavioural trials, irrespective of the number of direct contacts between infected and 313 uninfected fish. This indicates that such behavioural responses adopted by a host were 314 ineffective in reducing parasite burdens, at least in the initial stages of infection.

315

316 Transmission dynamics are mediated by a complexity of factors from both host and parasite 317 perspectives (see Stephenson et al. 2017). Ectoparasites adopting a direct transmission 318 strategy risk dislodgment and subsequent mortality. Dislodged G. turnbulli, for example, 319 have a maximal off host survival of 31 h at 25°C (Schelkle et al. 2013). In the initial stages of 320 infection when the parasite infrapopulation is low, worms do not compete for host resources 321 and therefore the transmission risk outweighs the cost of remaining on an initial host. 322 Although not examined here, in the later stages of infection competition for resources due to 323 a greater parasite density, coupled with activation of the host's immune response (Buchmann and Bresciani, 1998), may prompt parasite transmission away from unfavourable host
microhabitats (Boeger *et al.* 2005; Pie *et al.* 2006).

326

327 For parasite naïve controls, dyad association time increased with mean SL. Similarly, this 328 trend was observed for dyads experiencing a 24 h primary G. turnbulli infection, although a 329 slight decrease in association time was evident. Larger fish generally have greater shoaling 330 tendencies than smaller, younger individuals (Pitcher et al. 1983; Paxton, 1996; Rodgers et 331 al. 2011). This may be associated with 'safety in numbers' as large individuals are more 332 conspicuous to predators. Fish experiencing secondary infections, however, only associated 333 when infection intensities were low. These individuals may have developed a chemical cue 334 repertoire of infection, which overrides their social preferences irrespective of size. During 335 development, individuals imprint on both behavioural and chemical cues of conspecifics to 336 build a 'phenotypic template', which is important for social decisions later on in life (see 337 Mateo, 2004). Using these templates, individuals decipher between normal and abnormal 338 cues emitted from conspecifics, to which they can respond accordingly. Such cues important 339 in communicating the infection status of individuals could be associated with a host's 340 immune response.

341

Fish exhibit both innate and acquired immune responses to gyrodactylid infections (e.g. Scott and Robinson, 1984; Scott, 1985; Cable and van Oosterhout, 2007), which are directed to the hosts' epidermis (Richards and Chubb, 1996). Here, immune by-products including host complement (Buchmann, 1998), changes in mucosal secretion composition (Moore *et al.* 1994), and cortisol release into the surrounding water (Stoltze and Buchmann, 2001) translate into chemical cues indicative of infection. Additionally, fish may also perceive excretory compounds of ectoparasites, although to date this remains unknown. Detection of these cues 349 subsequently mediates avoidance behaviours to reduce infection risk, particularly in the late 350 stages of infection (Stephenson and Reynolds 2016). Furthermore, the combination of both 351 innate and acquired immunity during secondary infections could have emitted stronger 352 'infection cues' resulting in a significant reduction in the association times between infected 353 and uninfected fish exposed to 48 and 72 h secondary G. turnbulli infections. It should be 354 noted, however, that acquired resistance diminishes post-recovery (Scott, 1985; Cable and 355 van Oosterhout, 2007), and as our experimental fish had previously been uninfected for over 356 3 months, it is unlikely that acquired immune responses of infected fish contributed to the 357 production of cues indicative of infection. Alternatively, the development and retention of a 358 chemical cue repertoire of infection during primary parasite exposure may have been 359 important in instigating evasive fish behaviours during subsequent infection exposure. Such 360 parasite-mediated avoidance behaviour is particularly beneficial considering the severe 361 pathological costs of gyrodactylid infection (reviewed in Bakke et al. 2007).

362

363 To conclude, this study shows that in the early stages of infection, parasite-driven 364 behavioural modifications of infected hosts is not an effective strategy for reducing parasite 365 burdens. Such behavioural responses may have greater significance in determining parasite 366 transmission during the later stages of infection, when infra-parasite competition and the 367 host's immune response are more pronounced. However, as infection progresses the benefits 368 may be short lived, particularly if the parasite's reproductive rate outweighs a host's 369 offloading ability. Successful transmission as a consequence of increased contact rates would 370 also be costly to conspecifics, and is counterintuitive to the evolutionary theory of sociality. 371 Although we provide the first quantified example of such behaviour, it may be more 372 widespread within the Animal Kingdom as infected hosts attempt to alleviate their infections. 373 Finally, this study provides evidence that fish exposed to secondary parasite infections may

375	infectious conspecifics sooner than fish experiencing infection for the first time.		
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377	ACKNOWLEDGEMENTS		
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379	We thank Darren Croft for providing the original fish for the experiment and Dayna Lea for		
380	technical assistance. MR designed the study; MR, EAA and DL collected the data; MR		
381	performed statistical analysis and drafted the manuscript; JC made extensive comments on		
382	the manuscript.		
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have developed infection repertoires, enabling them to instigate evasive behaviours towards

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TABLE 1. A summary of the experimental treatments (1-5) including *Gyrodactylus turnbulli* exposure status (primary or secondary infection), dyad sample size (n), *G. turnbulli*dose administered and infection time before a behavioural trial.

Treatment	Primary or secondary <i>G. turnbulli</i> infection	Dyad sample size (n)	<i>G. turnbulli</i> intensity dose	Infection period (h)
1 (control)	NA	17	NA	NA
2	Primary	15	10 worms	24
		10	20 worms	
		6	40 worms	
3	Secondary	12	All 40 worms	24
4	Secondary	12	Range: 41-72 worms	48
5	Secondary	10	Range: 36-90 worms	72



FIGURE 1. The relationship between the proportion of time dyads spent shoaling and (a) *Gyrodactylus turnbulli* intensity of the donor fish, and (b) dyad mean standard length (mm).
The solid lines represent the regression between the proportion of time dyads spent
associating on (a) donor *G. turnbulli* intensity, and (b) dyad mean standard length.





**FIGURE 2.** Positive association between donor *Gyrodactylus turnbulli* intensity (a) the number of direct contacts instigated by an infected donor fish, and (b) the number of parasites to transmit to an uninfected recipient over a 5-minute duration when both fish were anaesthetized and placed in direct contact. The solid line represents the regression between a donor's *G. turnbulli* intensity on (a) the number of direct contacts instigated by a donor, and (b) the number of worms transmitted to an anaesthetized recipient host.