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3	Recent demographic history inferred by high-resolution analysis of
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27 Abstract

Inferring changes in effective population size (N_e) in the recent past is of special interest for 28 conservation of endangered species and for human historiography. Current methods for 29 30 estimating the very recent historical N_e are unable to detect complex demographic trajectories involving multiple episodes of bottlenecks, drops and expansions. Here we 31 develop a theoretical and computational framework to infer with high resolution the 32 33 demographic history of a population within the past 100 generations from the observed 34 spectrum of linkage disequilibrium (LD) of pairs of loci over a wide range of recombination rates in a sample of contemporary individuals. The contributions of all of the 35 previous generations to the observed LD are individually included in our model, and a 36 genetic algorithm is used to search for the sequence of historical N_e values that best 37 explains the observed LD. The method can be applied to samples of fewer than 10 38 39 individuals using various types of genotyping and DNA sequencing data: haploid, diploid with phased or unphased genotypes and pseudo-haploid data from low-coverage 40 41 sequencing. The method was tested by computer simulation for sensitivity to genotyping errors, temporal heterogeneity of samples, population admixture and structural division into 42 subpopulations, showing a high tolerance to deviations from the assumptions of the model. 43 Computer simulations also show that the proposed method outperforms other leading 44 approaches when the inference concerns recent timeframes. Analysis of a variety of human 45 and animal populations gave results in agreement with previous estimations by other 46 methods or with records of historical events. 47

49 Introduction

Several models and sophisticated mathematical tools have been developed to extract 50 demographic information from the growing amount of genomic data. These models focus 51 on different aspects of the genetic variability generated by mutation and recombination. 52 When recombination is not considered, the only free parameter is the mutation rate, which 53 becomes the metronome of the coalescence process (Hudson 1990). Because mutations 54 accumulate slowly, these models are suitable for estimating the effective population size 55 (N_e) from very ancient times (Atkinson et al. 2008) with the limit given by the coalescence 56 time of all the sequences in the sample. The inclusion of recombination reflects better the 57 reality of nuclear genomes and improves the estimations of past N_e not only for more recent 58 times but also for distant times as several genome sequences can be considered in the same 59 analysis (Li and Durbin 2011; Palacios et al. 2015; Terhorst et al. 2017; Schiffels and 60 61 Durbin 2014; Speidel et al. 2019). However, the role of mutation remains central in the estimation of the lengths of genealogy branches and the impact of recombination is 62 63 restricted to a small genomic scale. With fairly accurate estimates of N_e in the ancient past of several thousands of generations, these methods are not expected to provide good 64 estimations for very recent timeframes. 65

Models based exclusively on the theory of linkage disequilibrium (LD) between loci 66 measure the time by the rate of occurrence of recombination events, which typically can 67 take values much larger than mutation rates when loci are distant. Thus, the occurrence of 68 mutations becomes irrelevant and the inference of population sizes from LD concerns 69 essentially the recent demographic history, which is key to understand the current genetic 70 composition of small populations. To some extent, the structure of LD of a population can 71 be described by the distribution of lengths of identity by descent (IBD) segments and, from 72 it, the recent demography can be inferred by the principle that longer segments shared by 73 individuals correspond to more recent common ancestors (Hayes et al. 2003; Palamara et 74 al. 2012; Browning and Browning 2015). However, only long IBD segments, which are 75 infrequent in small samples from large populations, can be reliably identified. Thus, large 76 77 samples of phased genotypes are usually needed in order to reach some resolution for a general trend. 78

79 A simplified representation of the structure of LD is given by the correlation 80 between alleles of pairs of loci (Sved and Hill 2018). Two locus statistics provide 81 additional power over one locus statistics in recovering past demography (Ragsdale and Gutenkunst 2017). This basic theory has proven to be useful for estimating the current N_e of 82 small populations from LD between unlinked loci (Waples 2006; Sved et al. 2013; Waples 83 and Do 2008; Wang et al. 2016) and has also been extended to infer changes in N_e in the 84 85 recent past from LD between linked loci (Hayes et al. 2003; Tenesa et al. 2007; Qanbari et al. 2010; Corbin et al. 2012; Mörseburg et al. 2016). The fundamental idea is that LD 86 87 between pairs of SNPs at different genetic distances provides differential information on N_e at different time points in the past. 88

89 Several methods assume that the expected LD between loci at a particular recombination rate is the result of genetic drift at a particular generation (Barbato et al. 90 91 2015; Mezzavilla and Ghirotto 2015; Hollenbeck et al. 2016). By assuming that the observed LD between loci pairs at a genetic distance 1/(2t) Morgans reflects the N_e value t 92 93 generations back in time, they are able to estimate general trends with slow increases or decreases in population size, which is a remarkable achievement for a rather simplistic 94 approach. However, although LD for closely linked loci depends more strongly on genetic 95 drift occurred far in the past than LD for loosely linked loci, the magnitude of LD between 96 loci at any given genetic distance is the result of the cumulative effects of genetic drift 97 (determined by N_e^{-1} , which generates LD) and recombination (determined by genetic 98 distance, which reduces LD) occurred over all the previous generations. 99

Here, we derive equations for the expected contributions of each of the past 100 101 generations to the LD of pairs of loci separated by a particular genetic distance. We also 102 develop corrections for the sampling effects (i.e. LD due to finite sample size), covering the most general types of SNP data from both genotyping and DNA sequencing: diploid 103 unphased genotypes, diploid phased genotypes and pseudo-haploid genotypes of low-104 coverage genomes usually resulting from sequencing ancient DNA (Haak et al. 2015). 105 106 Based on the principle that the observed LD for different genetic distances provides differential information of past N_e at different generations, we develop an iterative 107 108 optimization approach (GONE; Genetic Optimization for Ne Estimation) to infer the recent demographic history of a population from SNP data of a small sample of contemporary 109

110 individuals. The method is validated by simulation under different demographic scenarios,

- and is compared with the previous leading methods, MSMC (Schiffels and Durbin 2014),
- 112 Relate (Speidel et al. 2019) and the algorithms used by previous LD-temporal N_e methods,
- such as SNeP (Barbato et al. 2015), NeON (Mezzavilla and Ghirotto 2015) or LinkNe
- 114 (Hollenbeck et al. 2016). We next inferred the historic population sizes from a number of
- real datasets from animal and human populations.
- 116

117 Results

118 **Theoretical developments**

119 We derived the expectations for the squared covariance between the alleles of a given pair

- 120 of loci (D^2) and the product of their two genetic variances (W), such that the linkage
- 121 disequilibrium (LD) between the loci is measured by the standardized quantity $\delta^2 =$
- 122 $E[D^2]/E[W]$ (Ohta and Kimura 1969) (see Supplementary File).
- 123 Constant effective population size: When population size is kept constant over generations,
- 124 the expected values $E[D^2]$ and E[W] in consecutive generations can be obtained by
- 125 considering a third statistic E[D(1-2p)(1-2q)], where p and q are the allele frequencies at
- both loci (Hill and Robertson 1968; Hill 1975). This third statistic is equivalent to the
- moment of order (2,2)th that we approximate in terms of D^2 and W by assuming that most
- 128 of the new LD produced at any generation is built by drift acting on old variation (see
- 129 Supplementary File).

130 At equilibrium, after many generations with constant effective population size N_e , 131 constant mutation rate and recombination rate c, δ^2 can be predicted by N_e and c as

132
$$\delta_c^2 = \frac{1+c^2+N_e^{-1}}{2N_e(1-(1-c)^2)+2.2(1-c)^2}$$
 (1)

133

Note that δ^2 is, in fact, the squared correlation coefficient $r^2 = D^2/W$ (Hill and Robertson 135 1968; Rogers 2014) weighted by the product of variances, *i.e.* $\delta^2 = E[r^2W]/E[W]$. Under 136 simplified assumptions (negligible c^2 and N_e^{-1}), equation (1) is close to the classical Sved's 137 (1971) approximation, $r^2 \approx 1 / [4N_ec + 2]$, for the case of unknown phase. Equation (1) is 138 valid for the whole range of *c* values. For independent loci ($c = \frac{1}{2}$), neglecting the term N_e^{-1} 139 ¹, equation (1) is simplified to $\frac{5}{6N_e}$. Likewise, the corresponding equation for haploid 140 genomes (Eqn. S2 in Supplementary File) reduces to $\frac{2}{3N_e}$. The quantitative difference 141 between δ^2 and r^2 has been considered typically small, particularly for intermediate allele 142 frequencies. However, important biases in the estimation of N_e could be found if r^2 instead 143 of δ^2 is used (Supplementary Fig. S1).

In practice, sampling could also generate LD (equivalent to one extra-generation of recombination and drift) and thus its effects need to be corrected to obtain the population estimate of δ^2 . Approximate corrections for several data types (haploids, phased diploids, unphased diploids and pseudo-haploid genomes) are given in the Supplementary File.

148 *Variable effective population size:* When population size changes with time, the 149 above equation for δ^2 does not hold and the historical series of N_e cannot be inferred from a 150 single δ^2 value. For a particular recombination rate (*c*), the expectation of the current D_c^2 151 can be expressed as

152 $E[D_c^2] \approx \sum_{g=0}^{\infty} (C_g \cdot 2N_g \mu) ,$

153

where C_g (Supplementary File) is the contribution to the current squared covariance of a single mutation occurred at generation g back in time and the term $2N_g\mu$ is the number of new mutations at that generation, N_g being the effective population size at generation g and μ the mutation frequency that is assumed to be constant across loci and generations.

158

In the same way, $E[W_c]$ can be expressed as (Supplementary File):

159 $E[W_c] = \sum_{g=0}^{\infty} (w_g \cdot 2N_g \mu) \approx \mu \sum_{g=0}^{\infty} \left[V_x \cdot \prod_{i=0}^{g-1} \left(1 - \frac{1}{N_i} \right) \right],$

where w_g is the contribution to the current product of variances from a mutation occurred at generation g, and V_x is the background neutral variance. The product of the sequence of terms with negative upper bound equals 1. Note that the expression in the right-hand side shows the decline in genetic variation by genetic drift. The ratio of expectations $E[D_c^2]$ and $E[W_c]$ for a particular recombination value c becomes independent of μ ,

165
$$\delta_c^2 = \frac{E[D_c^2]}{E[W_c]} = \frac{\sum_{g=0}^{\infty} (C_g \cdot 2N_g)}{\sum_{g=0}^{\infty} \left[V_x \cdot \prod_{i=0}^{g-1} \left(1 - \frac{1}{N_i} \right) \right]}$$
166

167 An estimate of the temporal series of N_g values can be obtained from the observed 168 δ_c^2 values for pairs of markers with different recombination rates *c*. Consequently we 169 developed a genetic algorithm implemented into a computer program (GONE) to search for 170 the temporal N_g values that minimize the sum of squares of the difference between the expected (calculated above) and observed δ_c^2 values (see Methods). Supplementary Fig. S2 shows the close agreement between the observed and optimized values of δ_c^2 for different demographic scenarios.

174

175 Simulation results

Over 10⁸ replicates were simulated for each combination of recombination rate and 176 population size in order to check the accuracy of the predictions of δ^2 for constant 177 population sizes for diploids (Eqn. 1) and haploids (Eqn. S2 in Supplementary File). 178 Predictions resulted to be very close to simulations over the whole range of recombination 179 rates (Supplementary Table S1). They are accurate even at the two boundaries of the range 180 of recombination rates c = 0.5 and c = 0, where the true δ^2 value used to be controversial. 181 Moreover, δ^2 marginally increases when N decreases in both predictions and simulations at 182 both *c* bounds. The table also shows predictions by other methods. 183

We evaluated GONE for the ability to infer the true historic series of N_{ρ} values of 184 simulated populations. Inferences were carried out from LD data between loci with 185 recombination frequencies from 0.001 to 0.5. Several profiles of changes in population size 186 were simulated, and the resulting genetic data were analyzed by GONE in comparisons 187 with three of the leading methods, MSMC (Schiffels and Durbin 2014), Relate (Speidel et 188 189 al. 2019), and the algorithms used by the previous LD-temporal N_e methods (such as SNeP, NeON or LinkNe). The results are shown in Figure 1 for a representative sample of 190 191 demographic scenarios. Within the range of the most recent 200 generations, GONE outperforms any of the other methods, which are, at most, able to detect a general trend for 192 both phased and unphased data. The previous LD-temporal N_e approach, which is a simple 193 method based on bi-locus LD, performs fairly well when compared with Relate and 194 MSMC, particularly for unphased data. Relate is prone to large deviations in recent 195 generations, which suggests that coalescence methods are better suited for ancient N_e 196 estimations. 197

Figure 2 illustrates different characteristics of the estimations by GONE. First, the accuracy of the estimations decreases with time: Ancient demographic changes, like a bottleneck at generation 140 in the figure (panel B), are detected with lower precision than recent ones (panel A). Second, overlapping generations causes some underestimations in

the recent generations estimates and a wildly series of estimates in latter generations (Panel 202 C). Third, the inferences from synthetic populations created by mixing of several 203 204 populations in past times do not show distortions in N_e estimations from the time of mixing to present (panel D). Fourth, no distortion or bias occurs when the analysis deals with 205 206 metapopulations structured according to the standard island model, and the migration rate between subpopulations is low without extinctions (panel E). The estimates correspond to 207 208 the total size of the metapopulation, in agreement with the expected effective population size from the classical N_e theory. However, there are substantial biases in the estimates for 209 recent generations when the migration rate is high (panel F). Fifth, base calling errors do 210 211 not affect estimates in a significant way if they are not larger than 1%, which is a reasonable assumption for data from common commercial genotyping and sequencing 212 platforms (panel G). Other methods need high quality sequences or the application of a 213 threshold MAF to eliminate the distortion caused either on genealogies or on correlations 214 between alleles at different loci. Sixth, the sampling of non-contemporary individuals 215 causes a bias in the estimations of the most recent generations (panel H). This scenario 216 217 assumes that each of the individuals are sampled in each of the last 100 generations. The distortion in these estimates seems to be significant but affecting a time of inference which 218 219 is smaller (about a quarter) than the length of the sampling period. Finally, the random selection of individuals of a small sample leads to differences in the estimations from 220 221 different samples, particularly for the most recent generations (panel I). These differences are mitigated if data from distant loci (say c > 0.05) are not included in the analysis, leading 222 223 to more consistent estimations (panel J).

224

225 Application to real data

We next apply the method to make inferences on the recent demographic changes of several human and animal populations (Figure 3) with large differences in size. In order to reduce the effect of sampling in recent generations observed in simulations, LD data for recombination frequencies larger than 0.05 were excluded from the analysis. Inferences of N_e from a herd of domestic pigs, which was founded from a population of unknown origin and then maintained under controlled mating conditions for 26 generations before sampling, are in agreement with estimates obtained from the observed genealogical information of individuals (Saura et al. 2015) except for generations close to the setup of
the population. This deviation is exactly the kind of artifact expected after mixing of
different populations as shown by simulations (Fig. 2D).

The estimated N_e values in pigs contrast with the large recent N_e values inferred 236 from a sample of 99 individuals from the Finnish population, which has experienced a rapid 237 growth during the last 15 generations. In this case, the data refers to sequencing analysis 238 239 and a large number of SNPs (more than 9 million) were available. Thus, 20 replicates of estimation were carried out for each of which 50,000 SNPs were randomly sampled per 240 241 chromosome. The red thick line is the average over replicates and the shadow area gives the 242 interval of confidence obtained from the replicates. These estimations show some 243 differences with a previous study based on the analysis of IBD segments of a much larger sample of 5,402 individuals (Browning and Browning 2015). While the IBD inference 244 assumed a monotonic increase of population size, we detect a reduction in the Finnish 245 population during the middle ages, which could be in fact a result of the admixture of 246 247 partially differentiated populations in iron age and medieval times (Översti et al. 2019). Our estimations for recent times are clearly under the actual numbers of Finns. This deviation 248 can only be partially explained by the substantial differences between effective sizes (N_e) 249 and census sizes (N) generally observed in natural populations. In general, large sample 250 sizes (n) are needed by GONE to infer large population sizes with some precision (see 251 Methods), particularly for very recent generations, which relates to the difference between 252 the drift signal (proportional to 1/N) and the magnitude of sampling error (proportional to 253 1/n). Additionally, Figure 3 shows that the alternative use of a map with constant 254 255 recombination rate of 1.2 cM/Mb across the genome (thin continuous line) does not make a 256 big difference in the estimations of demography of the Finnish population.

The analyses of salmon samples composed by individuals born between 1985 and 1992 from two tributaries of River Dee in Scotland highlights the consistency of the method when applied to replicates. Both estimates are coincident with a drop in population size about 10 generations before sampling. While fine-scale recombination maps were used for pigs and humans, this salmon analysis assumes a constant rate of recombination of 1 cM/Mb for the whole genome, which is an approximated average of estimates by several authors (Philips et al. 2009; Lien et al. 2011; Tsai et al. 2016). Salmon genome underwent a recent event of diploidization and several chromosome rearrangements (Lien et al. 2016) and is still polymorphic for some of them. Consequently, there is a lack of continuity between the assumed physical and the estimated genetic maps but, by ignoring large recombination rates (over c = 0.05 in this analysis), we avoid most complications due to gaps or lacks of continuity.

Analysis of samples of ancient human remains dated between 2,500 and 4,500 years 269 270 BCE (Olalde et al. 2018) produces N_e estimates between 2,000 and 6,000 individuals from two Scottish samples. The "random draw" method of genotyping of these ancient-DNA 271 272 samples results in pseudo-haploid genomes (Haak et al. 2015). While other N_e estimators do not perform adequately with this type of data, our method can be straightforwardly 273 274 modified to accommodate it (Supplementary File). Simulation results accounting for an extended sampling period of 100 generations (Fig. 2H) showed estimation bias for about a 275 276 quarter of the time of sampling. Therefore, most recent N_e estimations from these samples should be disregarded. 277

278 Inferences from two samples of Ashkenazi Jews from Eastern and Western Europe (Behar et al. 2010) show similar N_e trajectories with increased deviations for the most 279 distant generations. The strong reduction in N_e inferred around generation 60 is 280 approximately contemporary with the Jewish-Roman wars of the First Century, which are 281 commonly considered to have contributed to the expansion of the Jewish diaspora across 282 Europe, Africa and Asia (Goodman 2004). The large expansion of this ethnic group in 283 recent times (Slatkin 2004) is not observed in our results, which only show a moderate 284 increase. This, again, illustrates the difficulties of the method in detecting large increases of 285 N_e in recent times from very small samples. The analysis of Mizrahim genomes does not 286 287 show any decline in N_e at generation 60, which is coincident with the fact that these communities were included in the Parthian Empire by that time and were not affected by 288 the Jewish-Roman wars (Goodman 2004). No significant effect of the later expansion of 289 Islam on N_e is observed but a sharp drop in N_e is detected particularly in Caucasian 290 Mizhrahims, which is coincident with the repeated invasions of the region between the 13th 291 and 16th centuries (Singer et al. 1906), and a later decline is observed in Mizhahims from 292 293 Iran and Iraq.

295 Discussion

Our method is able to infer demographic histories within a hundred generations in the past 296 from both phased and unphased genotypes. These short-term inferences appear to be more 297 298 accurate than those obtained by current coalescence methods. The mapping of mutations to estimate the length of branches of genealogical trees makes coalescence theory rather more 299 suitable for modeling ancient demography because mutations accumulate very slowly in 300 301 populations. Consequently, estimations from coalescence methods deviate from the real N_e 302 for recent generations as can be observed for Relate estimations from simulated data (Fig. 303 1). On the contrary, MSMC makes use of the observed changes in heterozygosity across the genome to infer demography, which considers both mutation and recombination events. 304 Although MSMC performs better than Relate, it lacks enough power to resolve recent 305 demographic changes. The reason is probably because few recombination events between 306 307 consecutive sites are dated in recent times even when eight haplotypes are included in the sample. The inclusion of more haplotypes could improve the recent N_e estimates but the 308 309 method would probably become computationally intractable.

GONE makes use of the information from a wide range of recombination rates, 310 311 including distant loci for which at least one crossover event is expected in every meiosis. 312 Every new mutation generates a small amount of LD between the mutation site and any 313 other polymorphic site. This LD is expected to increase by genetic drift over consecutive 314 generations at a rate which depends on N_e . At the same time, LD is constantly removed by recombination at a rate which depends on the genetic distance between loci. Thus, the 315 observed LD between distant loci is mainly the result of the recent drift because the effect 316 of old drift is removed by intense recombination in a few generations, whereas LD between 317 closely linked loci is the result of drift generated both recently and remotely in the past 318 (Hayes et al. 2003). 319

Relevant aspects of GONE allow the detection of demographic changes in scenarios where previous LD methods fail. One of them is the use of δ^2 (Ohta and Kimura 1969) to measure LD instead of the generally used Pearson's r. The use of r^2 to infer temporal changes of N_e is problematic, as there are not analytic solutions for its sampling error. This makes difficult to reach accurate predictions of the cumulative effects of drift on LD over generations, particularly when the recombination rate is small. The general approximation

by Fisher (1915) for the normal distribution and some related variations (Tenesa et al. 2007) 326 are inaccurate for a bivariate binomial distribution, for which r^2 depends on gene 327 frequencies in an intricate way. On the contrary, δ^2 is the ratio of two statistics whose 328 expectations in consecutive generations can be established. In addition, because δ^2 is a 329 measure of LD weighted by the genetic variances of the involved loci (Rogers 2014), it is 330 much less affected than r^2 by sampling of low frequency variants and by genotyping 331 errors, which usually generate singleton variants in samples. Methods using r^2 (Tenesa et 332 333 al. 2007; Saura et al. 2015; Mörseburg et al. 2016; etc.) are prone to overestimations of N_e 334 under those circumstances, which are only partially corrected by applying an arbitrary MAF threshold to data (Supplementary Fig. S1). For our method, however, MAF should 335 not be applied a priori. In fact, the application of MAF thresholds results in slightly biased 336 estimates of N_e . However, there is one scenario in which MAF thresholds clearly results in 337 improved estimations: when there are sequencing errors. The application of MAF results in 338 acceptable estimates of N_e except when the rate of errors is extremely high (say 10%) 339 (Figure 2G). We have derived accurate and computationally efficient equations to predict 340 the change of δ^2 over consecutive generations. This accuracy is critical because the 341 inference of N_e across time is the result of the comparison of the accumulated contributions 342 of all previous generations to the observed δ^2 values for pairs of loci with different 343 recombination rates. We also derived appropriate corrections for sampling, some of them 344 similar but more accurate than previous developments, and extended them to new sampling 345 methods. 346

Several authors reached solutions for the expected value of δ^2 (Ohta and Kimura 347 1971; Hill 1975; McVean 2002; Weir and Hill 1980). Recently Ragsdale and Gravel (2020) 348 developed a combinatorial method to find estimators of several statistics related with δ^2 , 349 350 which were combined with the predictive theory by Hill and Robertson (1968) in order to 351 consider sampling-without-replacement in the genetic transition of a population from one generation to the next one. The resulting predictions of LD at equilibrium when c = 0.5 and 352 population size is constant over time, were $\delta^2 = 1/(6N)$ and $\delta^2 = 1/(3N)$ for haploid and 353 diploid populations, respectively. Simulations show that our predictions of δ^2 with constant 354 population size are generally more accurate for the whole range of recombination rates than 355

those predicted by previous theory (Supplementary Table S1). Particularly for c = 0.5, our result is $\delta^2 \approx 2/(3N)$ and 5/(6N) for diploids and haploids, respectively.

As we have explained above, the expected LD for a particular recombination rate is 358 not only a consequence of the N_e at a particular generation. Previous two-loci LD-based 359 360 methods (Hayes et al. 2003; Tenesa et al. 2007; Barbato et al 2015; Mezzavilla and Ghirotto 2015; Hollenbeck et al. 2016) assume a univocal correspondence between N_e at a 361 particular generation g in the past and the observed LD between pairs of loci with a 362 particular recombination rate c = 1/(2g). This relationship was deduced by Hayes et al. 363 (2003) in the context of the probability that two chromosome segments, which are flanked 364 by two markers with recombination rate c, come from a common ancestor without 365 intervening recombination. As stated by Hayes et al. (2003), this approach would be only 366 367 valid for constant N_e or a linear increment or decrement of N_e across generations (Hayes et al. 2003). Our method, however, provides a solution for the inference of the historical N_e 368 369 without any previous assumption on the magnitude or the trend of changes. In addition, the 370 method is quite robust for base-calling errors, deviations for the genetic map and deviations 371 from the assumption of a single unstructured population. Overlapping generations tend to produce underestimations of the recent N_e , as has been reported for the estimations of the 372 373 current N_e (Waples et al. 2014). Also, while the admixture of differentiated populations distorts the structure of LD, inferences are valid for the derived population up to nearly the 374 375 generation of admixture.

Although all bins for pairs of SNPs at different distances can be used in the 376 377 estimation procedure, it is advised in practice to ignore those corresponding to the largest recombination frequencies. In fact, the default largest value of c used in our application is 378 379 0.05. The reason for this is tripled. First, random sampling of few individuals can lead to 380 deviations from the average coancestry of the population (Fig. 2I). The consequences of these deviations on the inference of temporal N_e are larger for large c values than for small 381 ones because genealogies of a finite sample of individuals mix progressively with the 382 population backwards in time. That is, inferences of recent N_e are more affected by 383 384 sampling than inferences of ancient N_e . These biases are partially corrected by disregarding large values of c (cf. Fig. 2I and 2J). Second, the observed LD for any particular c value 385 does not depend exclusively on the N_e at a particular generation back in time. However, 386

while LD of SNP pairs with c = 0.5 depends on the N_e of a few recent generations (say a 387 couple generations back in time), LD of bins with smaller c values depends on the historical 388 389 N_e values of a wider span of time from past to present, including the recent generations. As the inferences of N_e at different generations are interconnected in this way, biases in the 390 measure of LD of bins with large c values affect more the inference of the whole series of 391 temporal N_e than biases of LD of small c values do. Finally, when populations are strongly 392 393 geographically structured, the distortion in LD can be very large (Fig. 2F). This effect is relatively similar to the random sampling of a few individuals in a panmictic population. 394 395 By ignoring bins of large c values, the distortion in the inference of past N_e is mitigated (see Fig. 2F). Nevertheless, our recommendation of considering the largest value c as 0.05 is a 396 397 compromise solution which can be changed by the user by setting the switch of this option to any other value between 0 and 0.5. For example, for simulation results, where the 398 399 sampling of individuals is a random sample of the population, the use of the largest c values is justified unless the sample size is very small. 400

401 Inferences by GONE are restricted to recent changes in N_e , with the highest 402 resolution within a hundred generations before sampling. Drastic demographic changes partially erase the linkage disequilibrium footprint of older events. Therefore, if older 403 changes are relatively small or there are many demographic changes involved in the time 404 period considered, the method will fail to detect them accurately or will only detect the 405 most recent ones. The lack of precision of N_e estimates of ancient events (Fig. 2A vs. 2B) 406 could be a consequence of the fact that ancient N_e estimates rely on a large number of 407 measures of LD of different recombination-rate bins. Thus, cumulative errors are expected 408 to be larger for ancient estimates than for recent ones. 409

410 To a good approximation, the accuracy of the estimations is proportional to the sample size, to the squared root of the number of pairs of SNPs included in the analysis and 411 to the inverse of the effective population size (see Methods and Supplementary File). That 412 is, halving the sample size can be approximately compensated by doubling the number of 413 414 SNPs included in the analysis. This is consistent with previous findings related to N_e estimation by the temporal method (Waples 1989). Note, however, that this approximation 415 416 relies on the assumption that the individuals analysed are a truly random sample from the 417 population. Even so, if the sample size is very small, the accuracy of population parameter

estimates cannot be compensated by a larger number of SNPs. As noted by King et al.
(2018), with more and more loci the estimates converge on the true parameter values for the
pedigree of the sampled individuals, but not necessarily on the pedigree of the population
as a whole. For deep coalescent evaluations this is not such a big problem, as all recent
pedigrees coalesce to the same ancestral lineages as one moves back in time. However, this
is an important issue for recent generations.

424 Here we have introduced a method to infer very recent changes in effective population size from the distribution of LD between pairs of SNPs from chip genotyping or 425 426 sequencing data. Its temporal space of inference is of particular interest in the survey and 427 assessment of perspectives of endangered populations and could also be a useful 428 historiographic tool to study human demography. It is computationally efficient, accurate and fairly stable against deviations from the assumptions of the model such as genotyping 429 430 errors, non-random mating, admixture of populations, overlapping generations, and 431 alterations of the genetic map. It is applicable to populations with a wide range of 432 demographic changes and different types of genomic data. In summary, this method 433 facilitates the immediate use of a large amount of genomic information to study the recent demography of populations. 434

435

436 Methods

437 Estimation of the historical N_e

In a first step, SNP data files with map and ped formats are processed by a custom program 438 to calculate linkage disequilibrium (sample d_c^2) for bins of pairs of SNPs with different 439 genetic distances (c). The analysis is made for individual chromosomes, which can be run 440 in parallel on several processors. It has a number of options: (a) the number and length of 441 442 bins assumed; (b) the use of the observed genetic distances between SNPs, if available in the map file, or the use of genetic distances calculated under the assumption of a given 443 number of cM per Mb of sequence; (c) the use of Haldane's or Kosambi's corrections for 444 genetic distances, or none of them; (d) the exclusion or inclusion of SNPs with missing 445 data; (e) the use of phased diploid data, unphased diploid data, or pseudo-haploid data; (f) a 446 predefined maximum number of SNPs to be analyzed per chromosome, taken at random 447 among all available SNPs, and excluding loci with more than two alleles; and (g) the 448

449 application of a threshold MAF if desired. Values of d_c^2 from all chromosomes are then 450 combined in a single file for estimation of historical series of N_e , although estimates from 451 individual chromosomes can also be performed.

A second program (GONE) implements a genetic algorithm (Mitchell 1998) to 452 453 search for the global optimal solution of the historical N_e series that best fits the observed δ_c^2 values, which are obtained from the d_c^2 values previously calculated by the first 454 program, after correction for sample size. The function to be minimized is the sum of the 455 squared differences between observed and predicted δ_c^2 values for the whole range of 456 recombination rates c considered in the analysis. An output of the program is the series of 457 observed and predicted d_c^2 values over the range of recombination rates and the sum of 458 squares of their differences. In this genetic algorithm, an "individual" is a particular 459 sequence of temporal N_e values for all the previous generations. In order to reduce the 460 complexity of the optimization procedure, the entire time space from 0 (i.e. at the sampling 461 point) to an infinite number of generations in the past is split into consecutive blocks, with 462 the same N_e value for all the generations within each block. In order to generate each initial 463 "individual", the time space is randomly split into four blocks with a boundary set at 464 generation $1/c_{min}$, where c_{min} is the minimum c value among all pairs of SNPs included in 465 the analysis, and random N_e values are assigned to each block. Thus, 1,000 "individuals" 466 467 are randomly generated and fitness values are assigned as the inverse of the sum of the squared differences between observed and predicted δ_c^2 values calculated from the set of N_e 468 values of the "individual". Then, the fittest 100 "individuals" are selected to be parents of 469 the next generation. In order to produce each "individual" of the next generation, two 470 "parents" are randomly selected, "crossovers" (interchange of sections of temporal N_e 471 series) between both "parents" are carried out and "mutations" (changes in the boundaries 472 of blocks and the N_e values of blocks) occur randomly. Each "crossover" introduces a new 473 474 boundary, but the number of blocks can also be reduced by random "mutations" that merge two consecutive blocks. In this way, a new set of 1,000 "individuals" is generated and 475 selection of parents starts again to produce the next generation. The block from generation 476 $1/c_{min}$ up to infinity will remain without further divisions during the whole optimization. 477 The selective process is repeated for 750 generations and the average N_e series of the best 478 10 "individuals" is considered to be the solution of the optimization process. As this 479

solution could be an "adaptive peak", that is a local optimal solution, the selective process 480 is repeated a desired number of times (say 40) and the final solution is calculated as the 481 average value of the available solutions, e.g. $40 \times 10 = 400$ "individuals". The replicated 482 estimations can also be run in parallel using several processors. Thus, GONE provides a 483 484 solution of consensus or general trend for the demographic history of a population. We have found that this solution is more consistent and repeatable than any particular optimal 485 solution. An example of the fit between optimized values of δ_c^2 and the observed simulated 486 values is given in Supplementary Figure S2. 487

The method does not generate parametric confidence intervals for the estimate. However, if the number of SNPs per chromosome is large, such as occurs with sequencing data or with some large chips, it is possible to make estimation replicates by choosing different sets of SNPs per chromosome with a functionality implemented in the scripts, as mentioned above. This would allow empirical confidence limits to be obtained. An example of this application is shown in Figure 3 for the Finnish population.

494

495 **Simulation programs**

To check the accuracy and statistical properties of the new LD based N_e estimation method, 496 simulations were performed with the software SLiM (Messer 2013; Haller et al. 2019), a 497 forward simulator of SNPs, as well as with in-house programs. For most cases, sequences 498 of 250Mb of length were run for 10,000 generations assuming absence of selection under 499 different demographic scenarios (changes in N over generations), such as bottlenecks, drops 500 or expansions of the population within the last 200 generations. Mutation and 501 recombination rates per nucleotide were assumed to be $m = c = 10^{-8}$, which implies 1 Mb = 502 503 1 cM. At the last generation, a sample of *n* diploid individuals (20 or 100) without replacement was taken for analysis. We also considered sampling with replacement in some 504 cases to check the corresponding estimations under this sampling scenario. In general, no 505 pruning was made regarding MAF, but some simulations were run by applying MAF < 506 507 0.05 and 0.1 to check the effects of rare alleles. Simulation results were based on 10-100 replicates for each scenario. A custom program was used to obtain the map and ped files 508 509 needed to start the estimation procedure.

511 Estimation of temporal N_e with other methods

- 512 The *map* and *ped* files of a number of simulated scenarios were transformed into the
- necessary file formats for MSMC (Schiffels and Durbin 2014) and Relate (Speidel et al.
- 514 2019) and parameters were set to the default options. Analyses of unphased genotypes were
- 515 implemented by indicating all the possible phasing modes in MSMC and by randomization
- of pairs of allele copies of the same individual in Relate. Likewise, the d_c^2 values obtained
- 517 in the simulations were analysed by assuming the approach of previous estimator of
- temporal N_e with LD (Tenesa et al. 2007; Barbato et al 2015; Mezzavilla and Ghirotto
- 519 2015; Hollenbeck et al. 2016) with the corresponding corrections for phased and unphased
- 520 genotypes.
- 521

522 Sample size estimation

523 By assuming some simplifications (Supplementary File), it can be shown that the power of 524 detecting fluctuations in N_e is roughly proportional to:

525
$$G = \frac{n \cdot \sqrt{\vartheta}}{N_e}$$

where *n* is the sample size and ϑ is the number of loci pairs included in the analysis. As a general rule for experiments in which the range of *c* values varies from 0.5 to 0.001, good estimations of effective population sizes are obtained when G > 100 and very poor estimations are obtained when G < 10.

530

531 Generation time

532 In order to compare inferences of N_e with references to historical events, generation time

- 533 was set to 30 years for humans (Fenner 2005).
- 534

535 Relationship between physical and recombination maps

- 536 A genetic map in centi-Morgans (cM) and a map function are needed to estimate the
- recombination frequency c between any pair of loci from their physical positions in the
- genome. A fine-scale recombination map was used for humans (Myers et al. 2005) and an
- 539 inferred map from data by Tortereau et al. (2012) was used for pigs.

There is not a consensus on physical and genetic maps to date for salmon, probably 540 due to the complexity of the chromosome rearrangements in this species. We used the 541 salmon reference genome assembly ICSASG_v2 (Lien et al. 2011) to assign locations to 542 SNPs and considered a constant ratio of 1 cM/Mb between genetic and physical maps, 543 which is an approximate average over several studies (Philips et al. 2009; Lien et al. 2011; 544 Tsai et al. 2016). Tsai et al. (2016) showed the lack of continuity between the assumed 545 546 physical and the estimated genetic maps, particularly for some chromosomes, with gaps of up to 150 cM. However, by ignoring recombination rates over 0.05 (with the option -hc 547 548 0.05) we avoided most complications due to gaps or lacks of continuity in the genome. 549 Note that, at 1cM/Mb, a recombination rate of 0.05 corresponds to 5.3Mb assuming 550 Haldane's function. Using SNPs closer than this distance makes improbable to have a significant representation of SNP pairs at different sides of a gap. 551

552553 Samples

- 554 The different sample sizes of individuals analyzed (*n*) and the number of SNPs (N_{SNP})
- analyzed in the estimations are as follows. Guadyerbas population of Iberian pig (Saura et
- al. 2015) (n = 219; $N_{SNP} = 19,144$), Finnish population (1000 Genomes Project Consortium)
- 557 $(n = 99; N_{SNP} = 1,100,000)$, Salmon from River Dee $(n = 16 \text{ for each population}; N_{SNP} =$
- 558 104,354), Neolithic West Scotland (Olalde et al. 2018) (n = 17 [10.8], where the number in
- brackets refers to the actual sample size disregarding missing genotyping data; N_{SNP} =
- 560 552,191), Neolithic North Scotland (Olalde et al. 2018) (n = 21 [14.8]; $N_{SNP} = 594,385$),
- 561 Ashkenazi East (Behar et al. 2010) (n = 9; $N_{SNP} = 478,394$), Ashkenazi West (Behar et al.
- 562 2010) $(n = 9; N_{SNP} = 477,884)$, Mizhrahi caucasus (Behar et al. 2010) $(n = 12; N_{SNP} =$
- 563 486,075), Mizhrahi Iran & Iraq (Behar et al. 2010) (n = 15; $N_{SNP} = 485,199$).
- 564

565 Supplementary Material

- 566 Supplementary data are available at Molecular Biology and Evolution online.
- 567 Program codes, binaries for Linux and Mac, and the scripts necessary to apply the method
- ⁵⁶⁸ are available at github address XXXXXXXX.
- 569 (Only for reviewing purposes temporarily at Dropbox address:
- 570 <u>https://www.dropbox.com/sh/pyvhfjxkia06qz2/AADUH2nwNFk3RtavjWzI4QVRa?dl=0</u>).

571

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586

587 Author Contributions

E.S. and A.C. conceived the work and wrote the article. E.S. developed the theory and the
computational solution. A.C. designed the structure of data and the analysis. I.N. compared
methods. A.F.P. contributed human data and investigations. M.S. contributed animal data and
analysis. J.W. provided intellectual input.

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725 **Figure 1.**

Estimates of temporal N_e of simulated populations from phased (left) and unphased (right) data under different demographic scenarios from present (generation 0) to 220 generations

in the past. The green area is the true (simulated) population size. The black, red, blue and

- purple lines are respectively estimations by GONE, MSMC, Relate and LinkNe software.
- 730Samples were composed of 4 diploid individuals (8 haplotypes) for MSMC and 20 diploid
- individuals for the other methods. The total number of SNPs involved in the estimations
- ranged between 255,000 and 450,000 depending on the scenarios. No MAF threshold was
- applied to the data.
- 734





- 738
- 739

Figure 2. 740

Estimates of temporal N_e by GONE (red line) under different simulated demographic 741

scenarios from present (generation 0) to 220 generations in the past. The true population 742 size is the green shadowed area and *n* is the sample size of individuals for analysis. For all 743

- panels, the black lines refer to an analysis where all recombination bins from c = 0.001 up 744
- 745 to c = 0.5 are considered (option hc = 0.5), whereas the red lines refer to analyses with rate
- bins from c = 0.001 up to only 0.05 (hc = 0.05). (A) and (B): Detection of bottlenecks 746
- occurring at different times. (C): Scenario with overlapping generations with three cohorts 747 per generation and mixed-cohort sampling. (**D**): A population $N_e = 1000$ was divided into 748
- two populations $N_e = 1000$ each, which were isolated for 100 generations and then mixed 749
- 50 generations ago into a single population with $N_e = 1000$. (E) and (F): Metapopulation 750
- composed of two subpopulations $N_e = 1000$ each with 2% and 0.2% of migration, 751
- respectively, between them. (G): Estimations under different base-calling error rates. From 752
- top to bottom, 10%, 1%, 0.1% and 0%, the latter two being indistinguishable. (H): A 753
- hundred individuals were sampled from the population over a period of 100 consecutive 754
- generations at a rate of one sampled individual per generation. (I) and (J): Eight small 755
- samples (n = 10 each) were taken from the same population at the same time. 756





760 Figure 3.

Estimates of temporal N_e of real populations with different sample sizes (*n*). **PIGS**:

Guadyerbas population of Iberian pigs. The thin blue line is the estimate of N_e using the

⁷⁶³ individual contributions from genealogical data (Saura et al. 2015). **FINNISH:** Estimates

of Finnish human population. The shadow area gives the confidence interval of the

restimates obtained by running 20 replicates, each one corresponding to a random sample of

50,000 SNPs for each chromosome. The thin broken blue line is the estimation obtained by

767 Browning and Browning (2015) for a Northern Finnish NFBC sample of 5,402 individuals.

The thin green line is the estimate of N_e assuming a constant recombination rate of 1.2 cM

per Mb. SALMON DEE: Atlantic salmons of two tributaries of River Dee in Scotland.
 NEOLITHIC: Two neolithic samples from West and North Scotland, where the sampling
 period accounts for about 60 generations. ASHKENAZI JEWS: Samples of eastern and

772 western European populations. **MIZHRAHI JEWS:** Samples from a Caucasus population

and from Iran and Iraq. All estimations assume no MAF threshold and unphased genomes

- except for the NEOLITHIC, which involves pseudo-haploid genomes.
- 775

