

Oral Presentation Parallel Session Thursday
24th March 2022

**Palliative Care Congress, Recovering,
Rebounding, Reinventing, 24–25
March 2022, The Telford
International Centre, Telford,
Shropshire, UK**

**“No Time to Die?” - Improving Advance &
Future Care Planning choices in NHS
Wales**

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Background: Advance & Future Care Planning in Wales has been given a more prominent position, and has been supported by Welsh Government and a specifically appointed national strategic group.^{1 2}

Method: In this session, some of these national approaches are outlined.³ Challenges, in particular during the Covid-19 pandemic, are discussed. We outline some of the recent critiques of advance care planning, including its definitions, concerns over blanket approaches and how an impact assessment was conducted regarding protected characteristics.⁴

Results: We discuss culture changes in DNACPR decision making and communication, observing that patients who hold such forms can still receive maximum healthcare and interventions as part of their day-to-day care.

Discussion: Overly outcome-focussed approaches in Advance Care Planning are likely to be misunderstood and misapplied. Rather, we put forward strategies on how a meaningful offer of such a discussion gives patients and their significant others the choice to explore the topic further and ask questions, or indeed state that they do not want this. Data from a national Welsh conference involving patient and carer representatives will be presented.⁵ Media reactions to advance care planning will also be discussed as part of this plenary, as well as out-of-hours considerations and novel approaches to teaching.^{6 7}

BMJ Supportive & Palliative Care 2022;12(Suppl 2)

References:

¹ Gething V Welsh Cabinet Statement Advance care planning. Available: <https://gov.wales/written-statement-advance-care-planning> [Accessed 01 Dec 2021]. Google Scholar

² Rietjens J, Korfrage I, Taubert M. Advance care planning: the future. *BMJ Support Palliat Care* 2021;11:89–91

³ Taubert M, Bounds L Advance and future care planning: strategic approaches in Wales *BMJ Supportive & Palliative Care* Published Online First: 01 February 2022. doi: 10.1136/bmjspcare-2021-003498

⁴ Taubert M, Norris J, Edwards S, et al. Talk CPR - a technology project to improve communication in do not attempt cardiopulmonary resuscitation decisions in palliative illness. *BMC Palliat Care* 2018;17:118

⁵ Taubert M, Pease N Advance & Future Care Planning in Wales – Consensus data from conference participants *BMJ Supportive and Palliative Care* Blog Article 27/12/2019. Available: <https://blogs.bmj.com/spcare/2019/12/27/advance-and-future-care-planning-in-wales-consensus-data-from-conference-participants/> [Accessed 02 Feb 2022].

⁶ Taubert M, Noble SIR, Nelson A What challenges good palliative care provision out-of-hours? A qualitative interview study of out-of-hours general practitioners *BMJ Supportive & Palliative Care* 2011;1:13-18.

⁷ Evans L, Taubert M State of the science: the doll is dead: simulation in palliative care education *BMJ Supportive & Palliative Care* 2019;9:117-119.