Supplementary Tables and Figures

S1: Frequency table for items in the AAG questionnaire (n = 711)

А	AAG item (and score)		3 = Agree n (%)	2= Neither agree or disagree n (%)	1= Disagree n (%)	0 = Strongly disagree n (%)	Missing n (%)	Mean (95% CI)	Median
Ou amulh alma ad	2. For me, it is difficult to switch off thoughts about the person I have lost.	309 (43.5)	217 (30.5)	95 (13.4)	58 (8.2)	27 (3.8)	5 (0.7)	3.02 (2.93 to 3.1)	3
Overwhelmed items	5. I feel that I will always carry the pain of grief with me.	330 (46.4)	230 (32.3)	79 (11.1)	47 (6.6)	18 (2.5)	7 (1)	3.15 (3.07 to 3.23)	3
	7. Life has less meaning for me after this loss.	174 (24.5)	172 (24.2)	157 (22.1)	129 (18.1)	69 (9.7)	10 (1.4)	2.36 (2.26 to 2.45)	2
	4. I believe that I must be brave in the face of loss.	102 (14.3)	266 (37.4)	151 (21.2)	126 (17.7)	57 (8)	9 (1.3)	2.33 (2.24 to 2.42)	3
Controlled items	6. For me, it is important to keep my grief under control.	93 (13.1)	284 (39.9)	164 (23.1)	107 (15)	52 (7.3)	11 (1.5)	2.37 (2.28 to 2.45)	3
	8. I think it's best just to get on with life in spite of this loss.	44 (6.2)	200 (28.1)	203 (28.6)	153 (21.5)	97 (13.6)	14 (2)	1.92 (1.82 to 1.99)	2
А	AG item (and score)	0 = Strongly agree n (%)	1 = Agree n (%)	2 = Neither agree or disagree n (%)	3 = Disagree n (%)	4 Strongly disagree n (%)	Missing n (%)	Mean (95% CI)	Median
	 I feel able to face the pain which comes with loss. 	55 (7.7)	228 (32.1)	126 (17.7)	173 (24.3)	116 (16.3)	13 (1.8)	2.1 (2.00 to 2.19)	2
Reversed	3. I feel very aware of my inner strength when faced with grief.	88 (12.4)	225 (31.6)	202 (28.4)	141 (19.8)	45 (6.3)	10 (1.4)	1.76 (1.67 to 1.84)	2
Resilience Items	9. It may not always feel like it but I do believe that I will come through this experience of grief.	111 (15.6)	333 (46.8)	145 (20.4)	73 (10.3)	39 (5.5)	10 (1.4)	1.42 (1.35 to 1.51)	1

Table S2: Descriptive statistics for the AAG questionnaire

Subscales/ Total score	n	% Missing	Mean (95% CI) [Median]	SD
Overwhelmed	705	0.8%	8.53 (8.31 to 8.72) [9.00]	2.79
Controlled	700	1.5%	6.61 (6.41 to 6.82) [7.00]	2.71
Reversed Resilience	701	1.4%	5.28 (5.07 to 5.49) [5.00]	2.82
IOV	698	1.8%	20.41 (20.06 to 20.77) [21.00]	4.77
IOV Categories	n (%)			
Low (IOV = 0-20)	338 (48.4)			
High (IOV = 21-23)	163 (23.4)			
Severe (IOV = 24-36)	197 (28.2)			

Table S3: Support needs ranked by mean level of need

High or fairly high level of support needed needed support needed needed no support needed ne		Litala au fatulo	NA - dauata	1:441			
Dealing with my feelings about the way my loved one died S9.8% 21.5% 18.7% 3.71 (3.62 to 3.80) 4					• •		
Dealing with my feelings about the way my loved one died S9.8% 21.5% 18.7% 3.71 (3.62 to 3.80) 4		_		_		Median	
Dealing with my feelings about the way my loved one died 49.9% 21.5% 18.7% (3.62 to 3.80) 4					(95% CI)		
Way my loved one died 59.8% 21.5% 18.7% (3.62 to 3.80) 4		needed	needed	needed			
Dealing with my feelings about being without my loved one Expressing my feelings and feeling understood by others Feeling comforted and reassured Feelings of anxiety and depression Loneliness and social isolation Finding balance between grieving and other areas of life Regaining sense of purpose and meaning in life Managing and maintaining my relationships with friends and family Participating in work, leisure or other regular activities (e.g. shopping, housework) Getting relevant information and advice e.g. legal, financial, available support Looking after myself/family e.g. Looking after myself/family e.g. Looking after myself/family e.g. 29.3% 20.8% 20.8% 23.9% 23.9% 23.8% 23.9% 23.8% 23.9% 20.8% 23.46 (3.35 to 3.55) 4 26.1% 33.46 (3.35 to 3.55) 4 26.1% 33.36 (3.26 to 3.46) 4 27.9% 27.9% 27.9% 3.29 (3.20 to 3.39) 3 3 27.9% 27.9% 27.9% 27% 3.29 (2.88 to 3.08) 3 2.87 (2.76 to 2.97) 3 2.87 (2.41 to 2.61) 24.38 25.38 26.38 26.49 27.99 28.49 28.49 28.48 28.49 28.48 28.49 28.49 28.49 28.48 28.49 28.48 28.48 28.48 28.48 28.48 28.48 28.48 28.48 28.58 28.58 28.58 28.58 28.58 28.58 28.58 28.59 28.59 28.59 28.59 28.50	Dealing with my feelings about the	EO 90/	21 50/	10 70/	3.71	4	
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Practical tasks e.g. managing the funeral, registering the death, other paperwork etc. Looking after myself/family e.g. 23.5% 21.7% 21.7% 21.7% 22.8% 22.8% 22.8% 22.8% 22.8% 23.8%	advice e.g. legal, financial, available	24.3%	22.3%	53.3%		2	
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funeral, registering the death, other paperwork etc. Looking after myself/family e.g. 23.5% 21.7% 54.7% (2.38 to 2.58) 2 2.25 2.25 2.25	Practical tasks e.g. managing the				2.40		
paperwork etc. (2.38 to 2.58) Looking after myself/family e.g. 15.2% 22.8% 62% 2.25	funeral, registering the death, other	23.5%	21.7%	54.7%	_	2	
Looking after myself/family e.g. 15.2% 22.8% 62% 2.25					(2.38 (0 2.58)		
		4.5	22.551	2551	2.25	_	
	getting food, medication, childcare	15.2%	22.8%	62%	(2.16 to 2.34)	2	

Note to interpret means and medians: no support = 1; little support = 2; moderate support = 3; fairly high support = 4; and high support = 5

Table S4: Results for the three IOV groups (i.e., low, high, & extreme) by relationship of bereaved person to the deceased. (Overall association between IOV and relationship: Chi-squared test: P < 0.001; "row" percentages shown are shown below, i.e., with respect to n quoted in each row for each type of relationship to the deceased.)

	n	Low	High	Severe
Partners	148	34.5%	28.4%	37.2%
Parents	390	50.3%	21.0%	28.7%
Grandparents	54	57.4%	27.8%	14.8%
Sibling	22	36.4%	40.9%	22.7%
Child	15	20.0%	40.0%	40.0%
Other family member	45	68.9%	15.6%	15.6%
Colleague or friend	24	75.0%	8.3%	16.7%

Table S5: Results for subscales and overall scale scores for the AAG questionnaire and support needed as a function of "Did you feel well supported by the healthcare professionals immediately after the death of your loved one?"

			AAG				Support Neede	ed
		Overwhelmed	Controlled	Reversed Resilience	IOV	Practical	Emotional	Overall
	n	95	95	95	95	93	93	93
Very well	Mean	8.21	6.06	4.42	18.69	2.40	3.06	2.90
supported	SD	2.58	2.74	2.66	4.50	1.00	1.04	0.96
	Median	8	6	4	20	2.33	3.1	2.92
	N	105	103	103	103	105	104	104
Fairly well	Mean	8.72	6.93	5.14	20.73	2.43	3.31	3.10
supported	SD	2.88	2.72	2.56	4.78	1.06	1.05	0.96
	Median	9	7	5	21	2.33	3.35	3.08
	n	138	137	139	137	136	136	136
A little bit	Mean	8.77	6.63	5.1	20.46	2.54	3.39	3.20
supported	SD	2.60	2.54	2.71	4.55	1.07	1.02	0.94
	Median	9	7	5	21	2.5	3.55	3.23
	n	250	248	247	246	251	249	249
Not at all	Mean	9.11	6.41	5.93	21.46	2.61	3.59	3.36
supported	SD	2.71	2.77	2.95	4.62	1.12	1.05	0.96
	Median	10	7	6	22	2.33	3.7	3.38
Maximum C	Maximum Cohen's d		0.32	0.56	0.60	0.20	0.50	0.47
One-way A	NOVA: P =	0.05	0.13	<0.001	<0.001	0.28	<0.001	0.001

Table S6: Results for subscales and scale scores for the AAG questionnaire and support needed as a function of place of death

			AA	AG		Su	upport Neede	ed
		Overwhel med	Controlle d	Reversed Resilienc e	IOV	Practical	Emotiona I	Overall
	n	406	404	406	403	395	400	400
In	Mean	8.84	6.45	5.52	20.79	2.51	3.44	3.23
hospital	SD	2.76	2.76	2.92	4.64	1.14	1.05	0.97
	Median	9	7	5	21	2.33	3.55	3.23
	N	157	156	156	156	152	154	154
In their	Mean	8.31	7.01	5.04	20.34	2.40	3.24	3.05
home	SD	2.74	2.50	2.81	4.85	1.10	1.15	1.06
	Median	9	7	5	21	2.33	3.2	3
	n	37	35	35	35	37	37	37
In a	Mean	8.86	6.94	5.20	20.83	2.24	3.36	3.10
hospice	SD	2.69	2.86	2.56	5.46	0.95	0.89	0.81
	Median	8	8	5	21	2	3.3	3
	n	90	90	89	89	91	90	90
In a care	Mean	7.34	6.68	4.65	18.70	2.08	2.96	2.75
home	SD	2.85	2.67	2.35	4.78	0.88	1.06	0.96
	Median	7.5	7	4	19	2	3	2.77
	n	13	13	13	13	13	13	13
Other / Do not	Mean	9.08	5.31	5.08	19.46	2.51	3.57	3.32
Know	SD	2.47	3.04	2.75	3.80	1.16	1.37	1.22
	Median	9	6	5	19	2.33	4	3.62
Coh	en's d	0.64	0.61	0.32	0.45	0.41	0.55	0.57
	m Cohen's	<0.001	0.10	0.05	0.01	0.01	0.01	0.003
One-way	ANOVA: P =	<0.001	0.158	0.11	0.002	0.036	0.002	0.001

Table S7: Results for subscales and scale scores for the AAG questionnaire and support needed as a function of highest qualification.

			AA	\G		Sı	ipport Neede	ed
		Overwhel med	Controlle d	Reversed Resilienc e	IOV	Practical	Emotiona I	Overall
	n	103	101	102	100	104	104	104
None / GCSEs	Mean	9.48	5.94	6.42	21.77	2.63	3.52	3.32
None / GC3L3	SD	3.00	2.83	2.94	4.1	1.19	1.07	1.02
	Median	10	6	6.5	22	2.67	3.68	3.40
	n	132	132	131	131	127	129	129
A-level/ apprenticeship /	Mean	9.29	6.61	5.55	21.48	2.53	3.57	3.33
ONC	SD	2.56	2.67	2.84	4.52	1.08	1.06	0.98
	Median	10	7	6	22	2.33	3.8	3.38
HND /	n	467	464	465	464	456	460	460
University	Mean	8.11	6.76	4.94	19.8	2.32	3.22	3.02
Degree / Postgraduate	SD	2.71	2.68	2.70	4.86	1.06	1.07	0.98
(etc)	Median	8	7	5	20	2	3.25	3
Maximum Coh	ien's d	0.50	0.30	0.52	0.44	0.28	0.33	0.32
One-way ANC)VA: <i>P</i> =	<0.001	0.03	<0.001	<0.001	0.02	0.001	0.001

Table S8: Percentages for the 3 groups with respect to IOV (low, high, severe) for pandemic-related problems.

		_		IOV Group	Cohen's h		
		n =	Low	High	Severe	Conen's II	P =
Unable to visit them	No	320	49.7%	24.4%	25.9%	0.000	0.450
prior to their death	Yes	378	47.4%	22.5%	30.2%	0.088	0.459
Limited contact with	No	293	47.1%	25.3%	27.6%		
them in last days of their life	Yes	405	49.4%	22.0%	28.6%	0.068	0.596
Unable to say goodbye	No	253	49.8%	23.3%	26.9%	0.050	0.811
as I would have liked	Yes	445	47.6%	23.4%	29.0%	0.050	
Restricted funeral	No	45	66.7%	8.9%	24.4%	0.477	0.010
arrangements [†]	Yes	653	47.2%	24.3%	28.5%	0.477	0.018
Social isolation and	No	229	61.6%	19.7%	18.8%	0.460	<0.001
loneliness	Yes	469	42.0%	25.2%	32.8%	0.460	<0.001
Limited contact with	No	131	48.9%	23.7%	27.5%		
other close relatives or friends	Yes	567	48.3%	23.3%	28.4%	0.019	0.994

Note: The same sizes for the responses "no" and "yes" are shown for each question. Results for Cohen's h measure of effect size between two proportions indicates zero to small effect sizes only. P-values are from chi-squared analysis. "Row" percentages shown are shown below, i.e., with respect to n quoted in each row for yes / no answers for each type of pandemic related problem.

[†]Sample sizes are a little low here for some groups (low, high, severe) for "no" to "restricted funeral arrangements", which is possibly why P = 0.018 (rather than, say, P < 0.001 as for social isolation and loneliness).

Table S9: Results for subscales and scale scores for the AAG questionnaire and support needed as a function of cause of death, i.e., COVID-19 (confirmed or suspected) or non-COVID-19

			AA	AG		Sı	pport Neede	ed
		Overwhel med	Controlled	Reversed Resilience	IOV	Practical	Emotional	Overall
	n	306	305	305	303	302	304	304
	Mean	8.95	6.40	5.70	21.07	2.53	3.55	3.32
	SD	2.73	2.84	2.96	4.49	1.09	0.98	0.92
COVID	Q_1	7	4.5	3	18	1.67	3	2.79
	Q ₂ (Median)	9	6	5	22	2.33	3.65	3.31
	Q ₃	11	8	8	24	3.33	4.3	4
	n	398	394	395	394	387	391	391
	Mean	8.21	6.78	4.97	19.91	2.32	3.17	2.97
Non-	SD	2.81	2.6	2.66	4.93	1.09	1.13	1.03
Covid	Q_1	6	5	3	17	1.33	2.30	2.23
	Q ₂ (Median)	8	7	5	20	2	3.2	3
	Q ₃	11	9	7	23	3	4	3.69
Cohe	Cohen's d		0.14	0.26	0.25	0.19	0.36	0.35
<i>t</i> -te	<i>t</i> -test: <i>P</i> =		0.068	0.001	0.001	0.012	<0.001	<0.001

Table S10: Results for subscales and scale scores for the AAG questionnaire and support needed as a function of the question "Did you expect your loved one to die around this time? (e.g. if they had a terminal illness)"

			AA	\G		Support Needed			
		Overwhel med	Controlled	Reversed Resilience	IOV	Practical	Emotional	Overall	
	n	113	113	113	113	108	110	110	
Yes	Mean	7.56	6.91	4.35	18.81	2.15	2.98	2.787	
163	SD	2.75	2.31	2.58	4.83	1.01	1.03	0.96	
	Median	8	7	4	19	2	3	2.82	
	n	547	543	543	541	538	541	541	
No	Mean	8.83	6.5	5.56	20.88	2.49	3.45	3.23	
INO	SD	2.74	2.79	2.84	4.72	1.11	1.07	0.99	
	Median	9	7	5	21	2.33	3.6	3.25	
Cohe	en's <i>d</i>	0.47	0.36	0.46	0.46	0.33	0.58	0.57	
P =		<0.001	0.032	<0.001	<0.001	0.002	<0.001	<0.001	

Figure S1: Scatter plots showing the IOV and overall support score as a function of the age of the bereaved person. Quadratic line fits with associated 95% confidence intervals of the estimate have been added to these figures also in order to show the general trend of a minimum in the outcomes at about an age of 50 years old more clearly.

