

This is an Open Access document downloaded from ORCA, Cardiff University's institutional repository: <https://orca.cardiff.ac.uk/id/eprint/158445/>

This is the author's version of a work that was submitted to / accepted for publication.

Citation for final published version:

Heinrich, Viola H. A., Vancutsem, Christelle, Dalagnol, Ricardo, Rosan, Thais M., Fawcett, Dominic, Silva-Junior, Celso H. L., Cassol, Henrique L. G., Achard, Frédéric, Jucker, Tommaso, Silva, Carlos A., House, Jo, Sitch, Stephen, Hales, Tristram C. and Aragão, Luiz E. O. C. 2023. The carbon sink of secondary and degraded humid tropical forests. *Nature* 615 (7952) , 436–442. 10.1038/s41586-022-05679-w

Publishers page: <http://dx.doi.org/10.1038/s41586-022-05679-w>

Please note:

Changes made as a result of publishing processes such as copy-editing, formatting and page numbers may not be reflected in this version. For the definitive version of this publication, please refer to the published source. You are advised to consult the publisher's version if you wish to cite this paper.

This version is being made available in accordance with publisher policies. See <http://orca.cf.ac.uk/policies.html> for usage policies. Copyright and moral rights for publications made available in ORCA are retained by the copyright holders.



1 This version of the article has been accepted for publication, after peer review
2 but it is not the Version of Record and does not reflect post-acceptance
3 improvements, or any corrections. The Version of Record is available online at:
4 <https://doi.org/10.1038/s41586-022-05679-w>

5

6

Accepted Manuscript

7 The carbon sink of secondary and degraded humid tropical forests

8 Authors

9 Viola H. A. Heinrich^{1,2*}, Christelle Vancutsem^{3,4}, Ricardo Dalagnol^{5,6,7}, Thais M. Rosan², Dominic
10 Fawcett², Celso H. L. Silva-Junior^{6,7,8}, Henrique L. G. Cassol^{5,9}, Frédéric Achard¹⁰, Tommaso Jucker¹¹,
11 Carlos A. Silva¹², Jo House¹, Stephen Sitch², Tristram C. Hales¹³, Luiz E. O. C. Aragão^{2,5}

12 Affiliations and Addresses

13 ¹School of Geography, University of Bristol, Bristol, UK.

14 ²Faculty of Environment, Science and Economy, University of Exeter, Exeter, UK.

15 ³FINCONs group, Milan, Italy

16 ⁴Center for International Forestry Research (CIFOR), Bogor, Indonesia

17 ⁵Earth Observation and Geoinformatics Division, National Institute for Space Research (INPE), São
18 José dos Campos, Brazil.

19 ⁶Institute of the Environment and Sustainability, University of California, Los Angeles - UCLA, CA
20 90095 USA

21 ⁷NASA-Jet Propulsion Laboratory, California Institute of Technology, Pasadena, CA 91109, USA

22 ⁸Programa de Pós-graduação em Biodiversidade e Conservação, Universidade Federal do Maranhão -
23 UFMA, São Luís, MA, Brazil.

24 ⁹School of Geosciences, University of Edinburgh, Edinburgh, UK.

25 ¹⁰European Commission, Joint Research Centre, Ispra, Italy.

26 ¹¹School of Biological Sciences, University of Bristol, Bristol UK.

27 ¹²Forest Biometrics and Remote Sensing Laboratory (Silva Lab), School of Forest, Fisheries, and
28 Geomatics Sciences, University of Florida, Gainesville, FL, USA.

29 ¹³Sustainable Places Research Institute, Cardiff University, Cardiff, UK.

30 Corresponding author Contact:

31 *Email: viola.heinrich@bristol.ac.uk

32 Summary Paragraph

33 The globally important carbon sink of intact, old-growth tropical humid forests is declining because
34 of climate change, deforestation and degradation from fire and logging¹⁻³. Recovering tropical
35 secondary and degraded forests now cover about 10% of the tropical forest area⁴, but how much
36 carbon they accumulate remains uncertain. Here we quantify the aboveground carbon sink of
37 recovering forests across three major continuous tropical humid regions: the Amazon, Borneo and
38 Central Africa^{5,6}. Based on satellite data products^{4,7}, our analysis encompasses the heterogenous
39 spatial and temporal patterns of growth in degraded and secondary forests, influenced by key
40 environmental and anthropogenic drivers. In the first twenty years of recovery, regrowth rates in
41 Borneo were up to 45% and 58% higher than in Central Africa and the Amazon, respectively. This is
42 due to variables such as temperature, water deficit and disturbance regimes. We find that regrowing
43 degraded and secondary forests accumulated 107 Tg C yr⁻¹ (90 to 130) between 1984-2018,

44 counterbalancing 26% (21% to 34%) of carbon emissions from humid tropical forest loss during the
45 same period. Protecting old-growth forests is therefore a priority. Additionally, we estimate that,
46 conserving recovering degraded and secondary forests can have a feasible future carbon sink
47 potential of 53 Tg C yr⁻¹ (44 to 62), across the major tropical regions studied.

48

49 **Main**

50 The Forest and Land use Declaration negotiated at the 26th climate change Conference of the Parties
51 (COP26)⁸ confirmed that Tropical Moist Forests (TMF) are a vital nature-based solution to addressing
52 the climate and ecological emergencies⁹. However, across the world's three largest continuous TMF
53 regions – the Amazon, Borneo and Central Africa – disturbances due to different anthropogenic
54 drivers result in ongoing forest cover losses (Supplementary Table 1)¹⁰. Between 2001 and 2019,
55 emissions from forest loss in the Amazon (370±170 Tg C yr⁻¹), Borneo (150±70 Tg C yr⁻¹), and Central
56 Africa (110±50 Tg C yr⁻¹) collectively made up 29% of global gross forest emissions¹¹. The result is a
57 patchwork of forest types at different stages of recovery from disturbance, with limited current
58 understanding of their contribution to forest carbon dynamics.

59 Here we consider two forest types which we term “Recovering Forests”: (i) secondary forests, which
60 grow on deforested, now abandoned, land and (ii) degraded forests, which are forested lands that
61 have suffered partial loss of their tree canopy, structure and function due to selective logging, fire or
62 climate extremes⁴. Forests recovering from (human-induced) disturbances are important for results-
63 based payments frameworks such as Reducing Emissions from Deforestation and Degradation
64 (REDD+). The Global Stocktakes¹², which evaluate the collective progress to reaching the Paris
65 Agreement goals, require credible Monitoring, Reporting and Verification (MRV) of all carbon
66 sources and sinks. This should include accurately quantifying the carbon accumulation rates in all
67 recovering forests, which are expanding across the tropics⁴.

68 Such quantitative information is currently only available for secondary forests, based on field-plot
69 data scaled up to large ecozones^{6,13,14} or spatially explicit satellite-based data available only for
70 specific regions¹⁵. Small-scale studies of carbon recovery in degraded forests have been conducted in
71 some regions with sufficient in-situ data^{16,17}. However, field data alone cannot capture the complex
72 forest dynamics across these vast areas. Critically, there has been no large-scale, pan-tropical,
73 assessment of the Aboveground Carbon (AGC) sink in both secondary and degraded forests,
74 resulting in uncertainties in their role in carbon removal. The increasing availability of satellite-
75 derived products offers a viable solution, providing pan-tropical, continuous spatial and temporal
76 coverage, to monitor forest dynamics.

77 The primary aim of this study was to capture the regrowth variability of all recovering forests in the
78 Amazon, Borneo, and Central Africa, considering each region's unique spatial and temporal patterns
79 of climate, geography, and socio-ecology. We provide the first satellite-based pan-tropical estimates
80 of degraded *and* secondary forest AGC growth rates for these three regions⁴. We (i) quantify the
81 spatial patterns of growth, showing how these are influenced by environmental drivers; (ii) calculate
82 the current and future carbon accumulation potential; (iii) evaluate the timing of deforestation in
83 degraded forests; and (iv) quantify the impact of deforestation on the degraded forests carbon stock
84 potential. We combined a unique satellite dataset, tracking disturbances to the TMF cover (optical,
85 30m resolution)⁴, with a global AGC product (active radar, 100m resolution)⁷ in a space-for-time
86 substitution approach to model AGC accumulation as a function of Years Since the Last (forest)
87 Disturbance (YSLD).

88 **Growth of recovering tropical forests**

89 Our analysis of the annual AGC sinks in recovering forests reveals distinct trajectories across the
90 three continents and between forest types (Figure 1). Degraded forests are most severely disturbed
91 in Borneo: after one YSLD, AGC was only 13% of the median AGC of old-growth forests, decreasing
92 from 121 Mg C ha⁻¹ (95% confidence interval from Monte Carlo simulations [CI_{MC}]: 119.3 to 122.8) to
93 16 Mg C ha⁻¹ (CI_{MC}: 2.5 to 34.9) (Figure 1a; Supplementary Table 2). In Amazonian and Central African
94 forests, the AGC in newly degraded forests (1 YSLD) was 60.0 (CI_{MC}: 41.6 to 79.1) and 57.3 Mg C ha⁻¹
95 (CI_{MC}: 40.5 to 76.0), respectively. This is approximately 50% the AGC of old-growth forests in the
96 Amazon (121 Mg C ha⁻¹ [CI_{MC}: 120.3 to 122.7]) and Central Africa (115 Mg C ha⁻¹ [CI_{MC}: 114 to 116])
97 (Supplementary Table 2; Supplementary Figures 14 to 16).

98 In the first 20 years of recovery, the average annual growth rate and associated average CI_{MC} of
99 degraded forests in Borneo was 3.60 Mg C ha⁻¹ yr⁻¹ (CI_{MC}: 2.7 to 4.5). This is 45% and 58% higher than
100 in Central Africa (1.98 Mg C ha⁻¹ yr⁻¹ [CI_{MC}: 1.8 to 2.2]) and the Amazon (1.49 Mg C ha⁻¹ yr⁻¹ [CI_{MC}: 1.3
101 to 1.7]), respectively. In secondary forests, the average growth rate in the first 20 years was similar
102 in Borneo (2.52 Mg C ha⁻¹ yr⁻¹ [CI_{MC}: 1.3 to 3.7]) and Central Africa (2.51 Mg C ha⁻¹ yr⁻¹ [CI_{MC}: 1.3 to
103 3.7]). In the Amazon, the average regrowth rate was 20% lower, but within the CI_{MC} of the other two
104 regions (2.07 Mg C ha⁻¹ yr⁻¹ [CI_{MC}: 1.2 to 2.9]) (Supplementary Table 4), suggesting there may be
105 higher spatial variability in regrowth across the Amazon.

106 The observed differences in AGC loss and subsequent regrowth can be linked to the distinct
107 degradation drivers which are dominant in each region (Supplementary Table 1), as well as
108 environmental differences. Notably, the absolute reduction in AGC was highest in Borneo since Indo-
109 Malayan forests are dominated by the ecologically and economically important, high-biomass
110 *Dipterocarpaceae* trees, which grow in high abundance and thus are subject to intense selective
111 logging¹⁸. The Amazon and Central Africa are dominated by their own ecologically and economically
112 important tree genera, such as the *Entandrophragma* in Central Africa, but at lower abundance,
113 hence forests in these two regions are subject to lower intensity selective logging¹⁹.

114 Amazonian forests are often degraded by fire, especially in the Brazilian Amazon¹⁷. Within a fire-
115 degraded forest, there is a complex combination of forest recovery from the initial disturbance, and
116 long-term reductions in AGC due to post-fire mortality^{17,20}, limiting the overall growth rates.

117 In degraded forests of Central Africa, the canopy disturbance caused by the dominant, small-scale,
118 manual clearing of individual trees may go undetected by optical remote sensing products
119 estimating land cover change⁴. The active satellite sensors estimating AGC will inherently detect the
120 impact of these small disturbances leading to (i) a potential underestimation in old-growth forest
121 AGC, and (ii) a lower growth rate estimate in recovering degraded forests due to undetected
122 ongoing disturbances (Supplementary Figure 12; Supplementary Note 1; Supplementary Discussion
123 1).

124 In contrast, the few secondary forests mapped in Central Africa were regrowing at similar rates to
125 those in the Amazon (Figure 1; Supplementary Table 4) and 1.3 times faster than degraded forests
126 (Supplementary Table 15). The faster annual recovery rate of secondary forests compared to
127 degraded forests may be an artifact of not directly accounting for wood density in our study, which
128 is unique in different recovering forests. Early successional, secondary forests in the humid tropics
129 tend to be fast-growing, low wood-density species, which are gradually replaced by higher wood-
130 density species²¹. Remote sensing datasets do not capture wood density, but rather include wood
131 density intrinsically, thus emphasizing the importance of field validation as we have done here
132 (Supplementary Note 2). Secondary forests, growing in open canopy areas, may also grow faster
133 than degraded forests, where species may still compete for resources such as light and water.

134 We used the latest, wall-to-wall AGC products that represent the best available data to inform our
135 understanding at large scale. Our regional aggregation approach enabled us to reduce the random
136 errors, which were between 25% to 72% at the pixel level (Supplementary Table 3). However,
137 systematic, or regional biases in the AGC product may still exist (Supplementary Note 1 and 2,
138 Supplementary Discussion 1). For example, our median AGC estimate for old-growth forests was
139 lower than field-study estimates in the three regions (Supplementary Note 1, Supplementary
140 Discussion 1). Exploring these biases is a priority for the AGC field-work and remote sensing
141 communities, with scientific and policy implications.

142 Across the three regions, we found the AGC of old-growth forests was not statistically different than
143 estimates from a higher resolution (~25m) but spatially limited AGC footprint product (GEDI - Global
144 Ecosystem Dynamics Investigation)²² (Supplementary Note 1; Supplementary Figure 19), giving
145 confidence that our wall-to-wall estimate is representative of old-growth forest dynamics despite its
146 lower spatial resolution.

147 A network of pan-tropical ground measurements found Asian secondary forests to have the highest
148 carbon-gains followed by African and then South American forests²³. Across the three regions, our
149 growth rate estimates, and the AGC after 20 years of recovery in both degraded and secondary
150 forests, are similar to previous studies (Extended Data Figure 1). For example, we calculated that
151 Amazonian secondary forests recovered 37% (CI_{MC}: 36% to 49%) of their AGC relative to old-growth
152 forest AGC after 20 years, similar to 33% found by Poorter et al.²⁴. By comparison, we calculated a
153 relative recovery of 62% from a modelling, meta-analysis of field data (Cook-Patton et al.)¹⁴ and
154 using refined regional default values of old-growth forests²⁵ (Supplementary Note 2; Supplementary
155 Table 18). In the Amazon the Cook-Patton et al. regrowth rates may be at the upper-end of regrowth
156 potential. Despite the high propagated uncertainty in the space-for-time substitution modelling
157 (Supplementary Table 3, Supplementary Discussion 1), the overlaps between different data
158 approaches (satellites and field data) increases our confidence in the likely boundaries of carbon
159 accumulation, and the applicability of satellite products to help refine estimates.

160 In Borneo, our results for degraded forests are comparable with field-derived estimates of carbon
161 accumulation (2.8 [CI: 2.0 to 3.6] to 4.3 [CI: 3.5 to 5.2] Mg C ha⁻¹ yr⁻¹) and recovery times (40 to 60
162 years) in recovering degraded forests in Malaysian Borneo¹⁶ (Supplementary Note 2). After 40 and
163 60 years of recovery, we estimated 91% (CI_{MC}: 82% to 99%) and 97% (CI_{MC}: 90% to 102%) of AGC to
164 have recovered, respectively in Bornean degraded forests. Our estimated carbon remaining after
165 degradation (16 Mg C ha⁻¹ [CI_{MC}: 2.5 to 34.9] Mg C ha⁻¹) (13%) is low compared to field studies in
166 Borneo (80% AGC remaining after 1 YSLD)^{26,27}, however the field studies only considered degradation
167 due to logging and no other disturbances such as burning, which we include (Supplementary Note 2;
168 Supplementary Figure 21a to c). We also considered the whole Island, including the southern parts,
169 which have lower AGC density estimates²⁸ (Supplementary Note 2).

170 **Climate-driven regrowth sensitivity**

171 To understand why the growth of recovering forests varies across the regions, we built AGC growth
172 models stratified by distinct climate conditions (Figure 2 and Extended Data Figure 3) and analysed
173 the response of AGC to different driving variables (Extended Data Figure 2). Across the three regions,
174 YSLD was the most important predictor of AGC accumulation, especially in secondary forests
175 (Extended Data Figure 2), emphasising the importance of long-term conservation for effective
176 climate mitigation.

177 To investigate the influence of environmental variables, we used the AGC after 20 years of recovery
178 (AGC₂₀) as the primary comparison because growth rates are influenced by both the Y-intercept and

179 asymptotes of the non-linear model. We show that regions with the highest average annual
180 maximum temperatures (Tmax) had significantly slower growth rates compared to regions with the
181 lowest Tmax (10 to 40% slower across all three regions; Figure 2; Supplementary Table 7; Extended
182 Data Figure 2).

183 In Bornean degraded forests the AGC₂₀ was 43% higher in the lowest quartile temperature range (14
184 to 30.6°C) than in the highest quartile temperature range (31.4 to 32.2°C). This is consistent with
185 previous studies^{2,23} and our understanding of tree physiology. Higher temperatures lead to higher
186 Vapour Pressure Deficit, causing leaf stomata closure to avoid water loss²⁹, and result in lower
187 carbon accumulation.

188 In Central Africa, the AGC₂₀ varied less across the temperature ranges in both degraded and
189 secondary forests. The AGC₂₀ was only 15% lower in the warmest region than in the cooler regions
190 (Supplementary Table 7). Growth rates were statistically similar, with overlapping confidence
191 intervals, especially in secondary forests (Supplementary Table 7; Figure 2), potentially owing to the
192 low areal extent of secondary forests mapped in this region (Supplementary Table 15; Figure 1c;
193 Supplementary Discussion 1). African forests may also be more adapted to high temperatures³⁰ so
194 that other, especially anthropogenic, processes dominate³¹.

195 Across the three regions, recovering degraded and secondary forests in drier areas exhibited 30%
196 lower growth rates than in wetter areas, defined on the basis of the Maximum Cumulative Water
197 Deficit (MCWD) index (Extended Figure 3; Supplementary Table 9). In the Amazon, MCWD
198 significantly influenced AGC recovery (Extended Data Figure 2). The AGC₂₀ in Amazonian degraded
199 and secondary forests was 25% and 33% lower in the most water deficient regions (down to –
200 611mm MCWD), respectively than in the least water deficient regions (up to 0mm) (Extended Data
201 Figure 3). The results are consistent with a previous field-based study in the Neotropics, which found
202 secondary forests to have between 20% to 40% lower AGC₂₀ in water deficient regions (-300mm to -
203 600mm), than in non-water deficient regions (0mm)⁶.

204 In Borneo, despite being the wettest of three regions in terms of MCWD, the AGC₂₀ was 38% lower
205 in the southern, most water deficient parts of the island than in the wetter, northern regions
206 (Extended Data Figure 3c; Supplementary Table 9). The larger drop in growth rates in Borneo is likely
207 because forests are more exposed to extreme drought events caused by El Niño on the southern
208 parts of the island³². Bornean forests generally have a narrower water deficit tolerance than other
209 forest regions, thus the rates of carbon accumulation across the whole island may be more
210 vulnerable to extreme drought events¹.

211 In Central Africa, MCWD had the lowest overall effect in reducing growth rates and associated AGC₂₀
212 (Extended Data Figure 2 and 3) compared to the other two regions. There was only a 13% difference
213 in the growth rates between the lowest and highest MCWD regions in secondary forests. This result,
214 combined with the low response to Tmax, is in line with previous research suggesting (i) that, unlike
215 high temperatures, drought does reduce net carbon uptake in Central African forests^{2,30} (Figure 2,
216 Extended Data Figure 2 and 3) but that (ii) overall, forests in Central Africa are more resistant to
217 climate extremes than in the Amazon and Borneo³⁰, driven in part by more drought-adapted tree
218 species in Central Africa³³.

219 Based on the consistent differences in AGC accumulation under different climate conditions
220 demonstrated here, we expect a potential reduction in the carbon sink of these forests as a response
221 to future changes in hot and dry climate extremes. Historically, this pattern has been more evident
222 in the Amazon than in Central Africa even though both regions have experienced similar drying

223 patterns and temperature increases over the past decades³⁴. Despite recent increased water
224 availability in Asia, forests in this region are more impacted by human-induced disturbances than the
225 other two regions (Figure 1)³⁴. We show that generally AGC was less influenced by MCWD and Tmax
226 in secondary forests compared to degraded forests (Extended Data Figure 2). Recovering degraded
227 forests are largely composed of late succession species, which tend to be more sensitive to
228 temperature extremes and drought as the initial disturbance may exacerbate the impact of
229 subsequent extreme events and recurrent, drought-induced, fires³⁵.

230 **Environment-driven regrowth sensitivity**

231 Our analysis also captured the influence of topography and distance from nearest old-growth forest
232 on secondary and degraded forest regrowth (Extended Data Figure 2). Across the three regions, we
233 found a complicated picture emerging of AGC stock and growth rates with changes in Height Above
234 the Nearest Drainage System (HAND) (Extended Data Figure 2 and 4). Pan-tropically, we found
235 degraded forests had higher growth rates with increased HAND (Extended Data Figure 4;
236 Supplementary Table 11). This relationship was clearest in Borneo, where the AGC₂₀ was 34% lower
237 in both degraded and secondary forests growing on floodplains proximal to the river network. This is
238 consistent with some³⁶, but not all, studies³⁷ exploring the relationship between topography and
239 AGC. Across all three regions, floodplains include low-lying carbon-rich peatlands that are
240 experiencing extensive deforestation and degradation. In Borneo, lower growth rates in these areas
241 may be due to the difficulties of restoring degraded peatlands due to poor seedbanks, their
242 distinctive hydrology, and species composition³⁸. The permanence of the remaining forests, and
243 associated AGC in peatlands, is also at increased risk to further degradation from fire and drought
244 following the initial disturbance as a result of forest fragmentation³⁹.

245
246 Soil and belowground carbon can also be reduced during disturbance. A study of secondary forests
247 in the Neotropics found that soil properties, including soil carbon, recover about 90% of their
248 properties in less than a decade, much faster than AGC²⁴. But recovery varies with soil and
249 disturbance type - a study in logged degraded forests in Malaysian Borneo, found soil carbon
250 continued to be lost after AGC recovered⁴⁰. Such studies emphasize the importance of preservation
251 in areas where natural above and below ground regeneration may be slower and the carbon
252 therefore irrecoverable within the 2100 Paris Agreement timeframe⁴¹.

253 Forest fragmentation across the three regions, represented here by the “distance from the nearest
254 old-growth forest” (see methods) affected the AGC of degraded forests (Extended Data Figure 5;
255 Supplementary Table 13). After one YSLD, degraded forests located closer to old-growth forests had
256 up to 50% higher AGC than more distant degraded forests, presumably related to a lower degree of
257 disturbance in forests proximal to old-growth forests. The AGC₂₀ was also up to 50% higher in forests
258 recovering within <120m of an old-growth forest area than in forests growing more than 1km away,
259 despite technical limitations to the approach (Supplementary Discussion 1). Higher growth rates of
260 degraded forests near old-growth forest areas can be attributed to a number of ecological
261 processes, such as increased seed availability, lower fragmentation, and less influence of
262 anthropogenic and climate disturbances such as fires⁴² and altered microclimates¹. We found that
263 the proportion of degraded forests impacted by burning increases with forest fragmentation
264 (Supplementary Figure 21d to f). This was most noticeable in the Amazon region; within 120m of a
265 large old-growth forest cluster, the proportion of degraded forests impacted by burning was 8.4%,
266 this increased to 45% in forests more than 1km away.

267 **Current and future carbon sink potential**

268 Based on our models of carbon accumulation (Figure 1), the total aboveground carbon stored in all
269 recovering forests across the three regions in 2018 equated to 3,559 Tg C (CI_{MC}: 2,994 to 4,290).
270 Most (> 90%) of the 2018 carbon stock of recovering forests was in degraded forests, with two thirds
271 in the three largest countries (Figure 3): Brazil (37%), the Democratic Republic of Congo (DRC; 16%)
272 and Indonesia (14.3%) (Extended Data Figure 6 and 7; Supplementary Figure 18). The area of
273 secondary forests in our study is a conservative estimate in the Brazilian Amazon compared to
274 previous studies (Supplementary Note 1; Supplementary Table 16). Similarly, the area of degraded
275 forests in Borneo and Central Africa is lower than in other datasets (Supplementary Note 1). The
276 characteristics of the data do not impact the analysis of growth rates (per unit area) but the
277 estimated total carbon contribution from all recovering forests is likely underestimated.

278 The spatial pattern of carbon stock followed the areas which have experienced severe human-
279 disturbances, such as the “Arc of deforestation” in the Brazilian Amazon and along logging roads in
280 Central Africa and Borneo. These could be indicative areas of focus for the UN 2021-2030 decade of
281 ecosystem restoration (Figure 3). Our results show that secondary and degraded forests across the
282 Amazon collectively store 2,124 Tg C (CI_{MC}: 1808 to 2541) (annual sink of 62 Tg C yr⁻¹ [CI_{MC}: 53 to 75]).
283 Owing largely to the Amazon’s vast spatial extent (Figure 3), the carbon stored is approximately 65%
284 higher there than in Borneo (729 Tg C [CI_{MC}: 589 to 913], where we estimate an annual sink of 24 Tg
285 C yr⁻¹ [CI_{MC}: 19 to 30]).

286 Central Africa has the lowest total carbon storage in recovering forests (707 Tg C [CI_{MC}: 597 to 836]),
287 (Figure 3c), despite being the second largest of the three regions. The low carbon sink (21 Tg C yr⁻¹
288 [CI_{MC}: 18 to 25]) is likely linked to the fact that human impact on forest cover often occurs below the
289 spatial scale detectable by the remote sensing products (Supplementary Figure 12). Monitoring and
290 protecting the remaining old-growth forest in Central Africa may therefore be more important for
291 project-scale carbon policies and frameworks such as REDD+⁴³. Central Africa has the fastest growing
292 population of the three regions, anthropogenic pressures such as continued population growth are,
293 therefore, likely to have the largest impact on forest carbon loss by the end of the 21st century,
294 which will be exacerbated by climate change³¹.

295 Our results emphasise that the type of REDD+ activities should not be uniform across the tropics.
296 Such results can be used to inform international funders and empower local, community-led efforts
297 to sustainably manage and protect recovering forests in a targeted manner, addressing the local
298 drivers of unsustainable forests loss, whilst allowing people and biodiversity to thrive⁴⁴.

299 So far we have only accounted for the carbon gains in recovering forests, however, rates of
300 deforestation and degradation in the tropics remain high (Supplementary Figure 13), with a recent
301 increasing trend in some regions⁴. We estimated that across the tropics, the AGC accumulated in
302 recovering forests (3,560 Tg C [CI_{MC}: 2994 to 4290]) counterbalanced 26% (CI_{MC}: 21% to 34%) of the
303 gross AGC emissions from deforestation (10,521 Tg C [CI_{MC}: 10,441 to 10,655]) and degradation
304 (2,916 Tg C [CI_{MC}: 2,157 to 3,602]) between 1984 to 2018 (Extended Data Table 1). The emissions
305 estimated from degradation are about 28% of deforestation-based emissions. This is similar to a
306 previous study focusing on selective logging⁴⁵. Furthermore, we found about 35% of degraded
307 forests were deforested by 2018 (Extended Data Table 2). If these degraded forests had been
308 preserved, the potential contribution from all recovering forests (5,892 Tg C [CI_{MC}: 5,114 to 6,842])
309 to counterbalance gross forest loss emissions (12,349 Tg C [CI_{MC}: 11,714 to 13,787]) could have
310 reached 48% (37% to 58%) (Extended Data Table 2).

311 Based on the existing 2018 carbon stocks of recovering forests and our estimated rates of carbon
312 accumulation (Figure 1), we modelled the potential carbon gain by 2030 for the three regions

313 assuming all recovering forests were protected and regrow (Figure 4). We calculate a potential
314 future carbon sink of 1,149 Tg C (CI_{MC} : 1010 to 1,288), a 32% increase from the 2018 carbon stock
315 (Figure 4). Thus, protecting the remaining recovering forests not only maintains carbon stock, but
316 also maximizes the carbon sink potential. However, this maximum potential value is likely
317 unfeasible. Many secondary forests are part of long-standing shifting cultivation practices, and
318 degraded forests in logging concession areas are typically cut in 15 to 40 year cycles or converted to
319 other land uses⁴⁶. Of the degraded forests that were later deforested (35%), we found that almost
320 half (44% to 47%) were deforested within the first 5 years after their last disturbance event
321 (Supplementary Figure 17), suggesting that recently degraded forests are most at risk from further
322 deforestation, making their carbon stock potentially more “vulnerable”. Recently disturbed forests
323 covered a larger area than older recovering forests (Supplementary Figure 13) and contained 29%
324 (Borneo) to 60% (Central Africa) of the modelled recovering forest carbon stock potential in 2030
325 (Figure 4; Supplementary Figure 18). Deciding which recovering forests to protect is therefore not
326 straight forward.

327 A more feasible scenario for calculating potential of conservation may be to ensure that at least
328 recently (<6 YSLD) degraded forests and older (>20 YSLD+) secondary forests are allowed to recover
329 to 2030. The combined carbon gain in such a scenario would be 639 Tg C (CI_{MC} : 533 to 744) across
330 the three regions, equivalent to ~56% of the maximum technical future carbon sink potential (1,149
331 Tg C). Limiting subsequent deforestation of recently degraded forests, increasing the interval
332 between anthropogenic disturbances, such as logging, and reducing the intensity of the disturbance
333 would ensure these forests can continue to be used sustainably by the people that depend on
334 them²⁷.

335 Our calculations demonstrate that the large-scale, maximum technical carbon sink potential may not
336 be realised at the local scale as not all forests recover from disturbance. Studies have shown that
337 degraded forests disturbed by fire, continue to be a net source of carbon for many years following
338 the initial disturbance due to legacy fluxes, post-fire disease and mortality²⁰. Future remote sensing
339 studies could identify where large-scale carbon losses continue following the initial disturbance.
340 Such an approach, combined with identification of forests according to the YSLD, as we have done
341 here, may help to prioritise areas for conservation and restoration.

342 Recovering forests can continue to provide ecosystem services. Degraded forests in Malaysian
343 Borneo were found to provide access to clean water, clean air and regulate temperature⁴⁷. Older
344 secondary forests can increase biodiversity in both species’ richness and diversity⁴⁸. In some places,
345 older secondary forests even gain protected status after a certain number of years⁴⁹. However, the
346 efforts to protect secondary and degraded forests cannot be at the expense of the conservation of
347 old-growth forests, which remains the most cost-effective climate mitigation strategy in the land-use
348 sector⁵⁰. Old-growth forests continue to be subject to unsustainable rates of deforestation and
349 degradation, and emissions from old-growth forest deforestation (10,521 Tg C) and degradation
350 (2,916 Tg C) still greatly outweigh the removals from recovery (3,560 Tg C) (Extended Data Table 1).

351 The priority for meeting the declaration on forest conservation (COP26)⁸ therefore remains
352 protecting old-growth forests. Nevertheless, our study provides the first pan-tropical quantitative
353 evidence that recovering degraded forests are a sizeable carbon sink, despite the slow, decade to
354 centennial-timescale of the recovery process. It is therefore important to invest in sustainably
355 conserving recovering forests, to safeguard their current and future carbon sink potential.

356 **References [main]**

- 357 1. Qie, L. *et al.* Erratum: Author Correction: Long-term carbon sink in Borneo's forests halted by
358 drought and vulnerable to edges (Nature communications (2017) 8 1 (1966)). *Nat. Commun.*
359 **9**, 342 (2018).
- 360 2. Hubau, W. *et al.* Asynchronous carbon sink saturation in African and Amazonian tropical
361 forests. *Nature* **579**, 80–87 (2020).
- 362 3. Gatti, L. V. *et al.* Amazonia as a carbon source linked to deforestation and climate change.
363 *Nature* **595**, (2021).
- 364 4. Vancutsem, C. *et al.* Long-term (1990–2019) monitoring of forest cover changes in the humid
365 tropics. *Sci. Adv.* **7**, eabe1603 (2021).
- 366 5. Chazdon, R. L. *et al.* Carbon sequestration potential of second-growth forest regeneration in
367 the Latin American tropics. *Sci. Adv.* **2**, e1501639 (2016).
- 368 6. Poorter, L. *et al.* Biomass resilience of Neotropical secondary forests. *Nature* **530**, 211–214
369 (2016).
- 370 7. Santoro, M. & Cartus, O. ESA Biomass Climate Change Initiative (Biomass_cci): Global
371 datasets of forest above-ground biomass for the years 2010, 2017 and 2018, v2. *Centre for*
372 *Environmental Data Analysis*
373 <http://dx.doi.org/10.5285/84403d09cef3485883158f4df2989b0c> (2021)
374 doi:10.5285/84403d09cef3485883158f4df2989b0c.
- 375 8. COP26, G. U. Glasgow Leaders' Declaration on Forests and land use.
376 <https://ukcop26.org/glasgow-leaders-declaration-on-forests-and-land-use/> (2021).
- 377 9. Seddon, N. Harnessing the potential of nature-based solutions for mitigating and adapting to
378 climate change. *Science (80-.).* **376**, 1410–1416 (2022).
- 379 10. Curtis, P. G., Slay, C. M., Harris, N. L., Tyukavina, A. & Hansen, M. C. Classifying drivers of
380 global forest loss. *Science (80-.).* **361**, 1108–1111 (2018).
- 381 11. Harris, N. L. *et al.* Global maps of twenty-first century forest carbon fluxes. *Nat. Clim. Chang.*
382 **11**, 234–240 (2021).
- 383 12. UNFCCC. Global Stocktake. <https://unfccc.int/topics/global-stocktake> (2015).
- 384 13. Requena Suarez, D. *et al.* Estimating aboveground net biomass change for tropical and
385 subtropical forests: Refinement of IPCC default rates using forest plot data. *Glob. Chang. Biol.*
386 **25**, 3609–3624 (2019).
- 387 14. Cook-Patton, S. C. *et al.* Mapping carbon accumulation potential from global natural forest
388 regrowth. *Nature* **585**, 545–550 (2020).
- 389 15. Heinrich, V. H. A. *et al.* Large carbon sink potential of secondary forests in the Brazilian
390 Amazon to mitigate climate change. *Nat. Commun.* **12**, 1785 (2021).
- 391 16. Philipson, C. D. *et al.* Active restoration accelerates the carbon recovery of human-modified
392 tropical forests. *Science (80-.).* **369**, 838–841 (2020).
- 393 17. Rappaport, D. I. *et al.* Quantifying long-term changes in carbon stocks and forest structure
394 from Amazon forest degradation. *Environ. Res. Lett.* **13**, (2018).
- 395 18. Hayward, R. M. *et al.* Three decades of post-logging tree community recovery in naturally
396 regenerating and actively restored dipterocarp forest in Borneo. *For. Ecol. Manage.* **488**,
397 119036 (2021).

- 398 19. Putz, F. E. *et al.* Intact Forest in Selective Logging Landscapes in the Tropics. *Front. For. Glob.*
399 *Chang.* **2**, (2019).
- 400 20. Silva, C. V. J. *et al.* Estimating the multi-decadal carbon deficit of burned Amazonian forests.
401 *Environ. Res. Lett.* **15**, (2020).
- 402 21. Poorter, L. *et al.* Wet and dry tropical forests show opposite successional pathways in wood
403 density but converge over time. *Nat. Ecol. Evol.* **3**, 928–934 (2019).
- 404 22. Dubayah, R. *et al.* The Global Ecosystem Dynamics Investigation: High-resolution laser ranging
405 of the Earth's forests and topography. *Sci. Remote Sens.* **1**, (2020).
- 406 23. Sullivan, M. J. P. *et al.* Long-term thermal sensitivity of earth's tropical forests. *Science (80-.)*.
407 **368**, 869–874 (2020).
- 408 24. Poorter, L. *et al.* Multidimensional tropical forest recovery. *Science (80-.)*. **374**, 1–8 (2021).
- 409 25. Rozendaal, D. *et al.* Aboveground forest biomass varies across continents, ecological zones
410 and successional stages: refined IPCC default values for tropical and subtropical forests.
411 *Environ. Res. Lett.* **17**, 014047 (2022).
- 412 26. Griscom, B., Ellis, P. & Putz, F. E. Carbon emissions performance of commercial logging in East
413 Kalimantan, Indonesia. *Glob. Chang. Biol.* **20**, 923–937 (2014).
- 414 27. Putz, F. E. *et al.* Sustaining conservation values in selectively logged tropical forests: The
415 attained and the attainable. *Conserv. Lett.* **5**, 296–303 (2012).
- 416 28. Avitabile, V. *et al.* An integrated pan-tropical biomass map using multiple reference datasets.
417 *Glob. Chang. Biol.* **22**, 1406–1420 (2016).
- 418 29. Lloyd, J. & Farquhar, G. D. Effects of rising temperatures and [CO₂] on the physiology of
419 tropical forest trees. *Philos. Trans. R. Soc. B Biol. Sci.* **363**, 1811–1817 (2008).
- 420 30. Bennett, A. C. *et al.* Resistance of African tropical forests to an extreme climate anomaly.
421 *Proc. Natl. Acad. Sci.* **118**, e2003169118 (2021).
- 422 31. Ross, C. W. *et al.* Woody-biomass projections and drivers of change in sub-Saharan Africa.
423 *Nat. Clim. Chang.* **11**, 449–455 (2021).
- 424 32. Esquivel-Muelbert, A. *et al.* A spatial and temporal risk assessment of the impacts of El Niño
425 on the tropical forest carbon cycle: Theoretical framework, scenarios, and implications.
426 *Atmosphere (Basel)*. **10**, (2019).
- 427 33. Zhou, L. *et al.* Widespread decline of Congo rainforest greenness in the past decade. *Nature*
428 **508**, 86–90 (2014).
- 429 34. Saatchi, S. *et al.* Detecting vulnerability of humid tropical forests to multiple stressors. *One*
430 *Earth* **4**, 988–1003 (2021).
- 431 35. Brando, P. M. *et al.* Abrupt increases in Amazonian tree mortality due to drought-fire
432 interactions. *Proc. Natl. Acad. Sci. U. S. A.* **111**, 6347–6352 (2014).
- 433 36. Ferraz, A. *et al.* Carbon storage potential in degraded forests of Kalimantan, Indonesia.
434 *Environ. Res. Lett.* **13**, (2018).
- 435 37. Jucker, T. *et al.* Topography shapes the structure, composition and function of tropical forest
436 landscapes. *Ecol. Lett.* **21**, 989–1000 (2018).
- 437 38. Blackham, G. V., Webb, E. L. & Corlett, R. T. Natural regeneration in a degraded tropical

- 438 peatland, Central Kalimantan, Indonesia: Implications for forest restoration. *For. Ecol.*
439 *Manage.* **324**, 8–15 (2014).
- 440 39. Nikonovas, T., Spessa, A., Doerr, S. H., Clay, G. D. & Mezbahuddin, S. Near-complete loss of
441 fire-resistant primary tropical forest cover in Sumatra and Kalimantan. *Commun. Earth*
442 *Environ.* **1**, 1–8 (2020).
- 443 40. Riutta, T. *et al.* Major and persistent shifts in below-ground carbon dynamics and soil
444 respiration following logging in tropical forests. *Glob. Chang. Biol.* **27**, 2225–2240 (2021).
- 445 41. Noon, M. L. *et al.* Mapping the irrecoverable carbon in Earth’s ecosystems. *Nat. Sustain.* **5**,
446 37–46 (2022).
- 447 42. Rosan, T. M. *et al.* Fragmentation-Driven Divergent Trends in Burned Area in Amazonia and
448 Cerrado. *Front. For. Glob. Chang.* **5**, 1–10 (2022).
- 449 43. Poulsen, J. R. *et al.* Old growth Afrotropical forests critical for maintaining forest carbon.
450 *Glob. Ecol. Biogeogr.* **29**, 1785–1798 (2020).
- 451 44. Haenssgen, M. J. *et al.* Implementation of the COP26 declaration to halt forest loss must
452 safeguard and include Indigenous people. *Nat. Ecol. Evol.* **6**, 235–236 (2022).
- 453 45. Maxwell, S. L. *et al.* Degradation and forgone removals increase the carbon impact of intact
454 forest loss by 626%. *Sci. Adv.* **5**, (2019).
- 455 46. Reynolds, G., Payne, J., Sinun, W., Mosigil, G. & Walsh, R. P. D. Changes in forest land use and
456 management in Sabah, Malaysian Borneo, 1990–2010, with a focus on the Danum Valley
457 region. *Philos. Trans. R. Soc. B Biol. Sci.* **366**, 3168–3176 (2011).
- 458 47. Boul Lefevre, N. *et al.* The value of logged tropical forests: A study of ecosystem services in
459 Sabah, Borneo. *Environ. Sci. Policy* **128**, 56–67 (2022).
- 460 48. Lennox, G. D. *et al.* Second rate or a second chance? Assessing biomass and biodiversity
461 recovery in regenerating Amazonian forests. *Glob. Chang. Biol.* **24**, 5680–5694 (2018).
- 462 49. Vieira, I. C. G., Gardner, T., Ferreira, J., Lees, A. C. & Barlow, J. Challenges of governing
463 second-growth forests: A case study from the Brazilian Amazonian state of Pará. *Forests* **5**,
464 1737–1752 (2014).
- 465 50. Roe, S. *et al.* Land-based measures to mitigate climate change: Potential and feasibility by
466 country. *Glob. Chang. Biol.* **27**, 6025–6058 (2021).

467

468 **Methods**

469 **Recovering forest carbon accumulation**

470 The primary dataset used in this analysis was the pantropical dataset that monitors the extent and
471 changes in Tropical Moist Forests (TMF) over the last three decades⁴. TMF includes all closed forests
472 (>90% crown cover) in humid forests only. This TMF dataset is based on observations of the Landsat
473 collection from 1982 to 2019, where available, with a spatial scale of 30m and an annual temporal
474 frequency over 38 years. Importantly, this dataset characterises the duration of the observations of
475 tree cover disturbances, enabling disturbances to be classified as either forest degradation events
476 (disturbances that are visible for less than 2.5 years) or deforestation events (disturbances that last
477 for more than 2.5 years). A disturbance observation was defined as the absence of tree cover in a
478 pixel that had previously been characterised as TMF cover. From this approach it was possible to

479 map degraded forests and secondary forests, amongst other forest cover types. Degraded forests
480 were defined here as tree covered pixels where disturbances were visible for a short time period
481 (between 3 months and 2.5 years maximum) whereas secondary forests were defined as pixels with
482 natural regrowing vegetation after an absence of tree cover for more than 2.5 years.

483 The TMF dataset can be used to estimate the time (in years) since the last disturbance event for any
484 recovering forests, which was considered as a good proxy of the age of secondary forests in this
485 study (Supplementary Figure 10). We used the extent of the different forest types and the metric
486 “Years Since Last Disturbance” (YSLD) as the first input data in this research. The second key input
487 data used in this study was the ESA-CCI Aboveground Biomass (AGB) dataset, available for the year
488 2018⁷. We converted the AGB into Aboveground Carbon (AGC) by applying a conversion factor of
489 0.456⁵¹. The TMF and AGC dataset were combined to determine the AGC with increasing YSLD in a
490 space-for-time substitution approach, a method that was applied by Heinrich et al (2021)¹⁵. As the
491 AGC dataset extends only to 2018, the TMF dataset was pre-processed to extract a map of YSLD in
492 2018 for degraded and secondary forests, respectively within the three main continuous tropical
493 humid forests regions, the Amazon, Island of Borneo, and Central Africa. We opted not to expand
494 the analysis to include broader regions such as the Neotropics, Western Africa and Southeast Asia
495 more generally as this would encompass many smaller, and often insular, landscapes, adding further
496 complexity to the already heterogenous environmental and anthropogenic drivers.

497 The possible range of YSLD was from 1 to 36 years, however due to limited availability in the early
498 collection of satellite imagery (i.e. in the 1980s and 1990s) this range was lower, in the three regions,
499 the oldest degraded/secondary forests were 34 years old (i.e. growing since 1984)⁴. Using ArcGIS Pro
500 (Python 3.6.10; arcpy)⁵² we grouped connected forest pixels into forest type clusters, based on the
501 YSLD and extracted the forest clusters with more than nine pixels (i.e., clusters with an area greater
502 than 0.81 ha). This is an area approximately equal to one pixel of the ESA-CCI product (100m spatial
503 scale). Following the removal, over 8.7 million clusters were available for analysis (Supplementary
504 Table 15) for which the modal AGC was determined for each forest cluster.

505 In addition we used a pan-tropical dataset of commercial and small holder oil palm cover available
506 for the year 2019⁵³ to remove oil palm plantations from the TMF secondary or degraded forests. This
507 was particularly important for Borneo, where there are large areas of small holder oil palm
508 plantations that are partly misclassified as forest regrowth in the TMF dataset. We removed all areas
509 that are classified as any type of oil palm in this ancillary dataset.

510 Following this correction we carried out our post-processing analysis in the statistical software
511 programme R (v4.0.2)⁵⁴ (Supplementary Table 17). We calculated the median AGC value per forest
512 YSLD. When applying this analysis for the secondary forest type we applied a bias correction to the
513 AGC values for each YSLD by subtracting the smallest AGC value from all values such that the data
514 began at or near 0 Mg C ha⁻¹ for a 1 year-old secondary forest¹⁵. We did not apply this kind of bias
515 correction to the degraded forest as we assumed that even after 1 YSLD the degraded forests would
516 retain some level of AGC post-disturbance.

517 Following a similar approach to Heinrich et al¹⁵ that used a space-for-time substitution approach to
518 model AGC accumulation with increasing forest age across the Brazilian Amazon¹⁵, we modelled the
519 AGC accumulation with increasing YSLD using the Chapman-Richard model for growth⁵⁵ within each
520 of the three rainforest regions:

521
$$Y_t = A(1 - e^{-kt})^c \pm \epsilon; A, k, \text{ and } c > 0 \quad (1)$$

522 Where Y_t refers to the AGC at YSLD (t); A is the AGC asymptote or the AGC of the old-growth forest; k
523 is a growth rate coefficient of Y as a function of age; c is a coefficient that determines the shape of
524 the growth curve; and ϵ is an error term. We assumed that after a given number of years, the AGC
525 could return to levels equivalent to old-growth forests and reach a precalculated asymptote. We
526 therefore extracted the AGC values corresponding to undisturbed forest pixels in the TMF map of
527 year 2018 that are here considered as a proxy for old-growth forests. The median AGC value of
528 undisturbed forest pixels were then used as the A term in equation (1). We then compared our
529 estimates of growth rates with estimates from previous studies^{14,16} and did a detailed comparison
530 with estimates of secondary forest growth in the Brazilian Amazon (Supplementary Note 1)^{15,56–58}.
531 The Brazilian Amazon was chosen to carry out the in-depth analysis as this is a region with extensive
532 previous research, with in-country remote sensing datasets for comparison. Where studies
533 indicated the conversion factor used to convert AGB to AGC we adjusted these to reflect the
534 conversion factor used in this study (0.456)⁵¹.

535 **Modelling carbon accumulation by drivers**

536 Over the period 1985 to 2018, we calculated the average of two climate variables that are known to
537 have an impact on forest dynamics to model the AGC under varying conditions of the variables: the
538 average maximum annual temperature (T_{max})⁵⁹ and the Maximum Cumulative Water Deficit
539 (MCWD), which is often used as an indicator of drought^{60–62}. Additionally, we investigated the impact
540 that a normalised terrain model (Height Above Nearest Drainage; HAND) had on the growth rates⁶³.
541 A further variable we investigated was the distance from nearest region of old-growth forest as a
542 proxy for forest fragmentation, which we developed in this study using the TMF dataset⁴. The two
543 climate variables were chosen to enable the most direct comparison with previous studies that have
544 also used these variables^{15,23,30}, enabling us to benchmark and validate our approach. The two
545 environmental variables, HAND and distance from undisturbed forest, were chosen as the impact of
546 these variables has only been explored in a few region-specific studies but never across the pan-
547 tropics, thus providing new scientific insights.

548 To determine the distance between degraded or secondary forest areas and old-growth (i.e.,
549 undisturbed) forests we first identified and extracted clusters of connected pixels of old-growth
550 forest with an area of more than 6.25ha. We did this as to exclude small patches of old-growth
551 forest. The threshold of 6.25ha, equal to ca. 70 pixels of the TMF dataset, was chosen as this is the
552 minimum area detected by the PRODES deforestation mask developed by the National Institute for
553 Space Research (INPE) in Brazil, which produces annual maps of deforestation in the Brazilian Legal
554 Amazon⁶⁴. We then expanded the perimeter of old-growth forest clusters by 4 (~120m), 17 (~500m),
555 33 (~1000m) and 67 (~2000m) pixels and aggregated the layers together to produce a map of
556 distance from large old-growth forests.

557 We determined the modal value of the respective variables overlying either the degraded or
558 secondary forest pixel within a region of the same YSLD. In R we calculated the corresponding
559 percentile of each variable value weighted by the number of connected pixels within a forest region.
560 We split the dataset into the forest regions that experienced the lowest 25%, middle 50% and upper
561 75% of the respective variables. The only variable for which we manually created the groups was the
562 “distance from old-growth forest” as the forest regions were generally heavily skewed to being close
563 to the old-growth forests. We therefore manually created three groups: (i) “< 120m”; (ii) “120m to
564 1000m”; and (iii) “1000m +” to represent distance (in metres) from nearest large patch of old-
565 growth forest. In each of these groups we again calculated the median AGC value per forest YSLD,
566 weighted by the number of connected pixels within a forest region. Finally, we applied equation 1

567 within the nls function again to model the growth in the different forest types, this time split up by
568 the variable quartiles.

569 **Modelling the importance of each driver**

570 We used a multi-linear model approach to relate AGC to the independent variables as well as the
571 YSLD within the three regions. The relative importance of each independent variable in influencing
572 AGC was assessed using a bootstrapping approach. Prior to this we assessed whether the variables
573 had (i) a linear-relationship with AGC and (ii) if any of the variables had a colinear relationship with
574 another driver using various correlation coefficients such as Pearson's R and Spearman's rho as well
575 as the linear model's Variance Inflation Factor (VIF) analysis. Where the correlation coefficients were
576 below ± 0.5 and VIF values were < 2 , we assumed the relationship between the independent
577 variables was not very strongly correlated and therefore could be used in the modelling analysis
578 (Supplementary Figure 3 and 4). Based on the assessment of linearity, we also concluded that there
579 were no relationships with AGC that were clearly non-linear (Supplementary Figure 5, 6 and 7), and
580 so we assumed a linear relationship of all the variables with AGC and scaled the variables to
581 between 0 – 1 to enable comparison between the regions. Although we assumed a non-linear
582 relationship of AGC with time (YSLD) in Equation 1, many of our comparisons to previous studies
583 used the average growth rate in the first 20 years since the last disturbance event, a linear
584 interpretation of growth that we also applied in this analysis.

585 In order to minimize spatial autocorrelation when building the linear model⁶⁵ we built an
586 exponential semi-variogram model, to test at what distance (in degrees) the linear model residuals
587 were no longer spatially autocorrelated. We estimated that a distance of 0.5 degrees (~55 km) for
588 the Amazon and Central Africa and 0.3 degrees (~33 km) for Borneo minimized spatial
589 autocorrelation and that this information could be used in a stratified spatial sampling approach⁶⁶.
590 We rounded the latitude and longitude coordinates of each forest cluster to the nearest 0.5 (0.3)
591 degrees and then sampled the data such that only 1 forest cluster of each 0.5 (0.3) grid square was
592 selected for further analysis.

593 We then applied the linear model to determine the standardised coefficients of each of the
594 environmental variables as well as YSLD in each forest type within each region. We ran the linear
595 model analysis 100,000 times, randomly sampling a forest cluster per grid square at each iteration.
596 Next, we calculated the average coefficient, standard error, and p-value at the 95% confidence
597 interval for each variable across all the iterations.

598 **Mapping regional carbon stock potential**

599 To map the carbon stock potential, we applied the region-specific growth models to all secondary
600 and degraded forest pixels respectively. We calculated the accumulated carbon stock of the standing
601 area of recovering forest in 2018 and produced a map, aggregated to 0.1-degree grid square of the
602 2018 carbon stock. Here we also show the regions identified as peatland^{67,68}, to highlight where
603 there may be additional soil carbon benefits. We also applied a similar approach to Chazdon et al.⁵
604 and modelled the potential carbon stock at the end of 2030 if all the 2018 standing forest remained
605 standing and were protected until the year 2030. We disaggregated the information by forest type
606 and by country within the regions to demonstrate the carbon stock that can be lost if the forests
607 were not left to stand, but also the carbon that could be gained if the forests are protected.

608 **Estimating forest carbon losses**

609 We estimated the gross carbon losses from deforestation and degradation in the following manner:

610 (i) For the carbon losses from deforestation, we used the TMF dataset to identify the year a forest
611 pixel was deforested. The total area that was deforested between 1984 and 2018 across the three
612 regions was multiplied by the median AGC value of old-growth forest, assuming that all AGC would
613 be lost. This provided the total amount of AGC lost due to deforestation over the study period. Old-
614 growth forests that were first degraded and then subsequently deforested are included in this
615 estimate.

616 (ii) For the carbon losses from degradation we used the difference between AGC in old-growth
617 forests and the modelled AGC in areas after the first year since the last disturbance event (i.e., 1
618 YSLD). We took these differences as the emission factor for degraded forests across the respective
619 regions and multiplied it by the area of degraded forests in 2018 to estimate the total AGC loss due
620 to degradation.

621 **Model variability and uncertainty**

622 We used more than 8.7 million secondary and degraded forest connected pixel clusters across the
623 three study regions, using their median to estimate the changes in AGC with YSLD. The use of
624 remote sensing data has the potential to capture the spatial variability in regrowth across these
625 dynamic regions, which is in part masked when taking the median value across the whole region.

626 We aimed to disaggregate this variability by environmental variables, but also wanted to
627 demonstrate the range of recovery aggregated across the three regions by running 50 Monte Carlo
628 simulations. Each simulation randomly sampled the data such that a total of ~10% of the dataset
629 was sampled at the end of the simulations. This was equivalent to sub-sampling 100 and 25 clusters
630 for each YSLD group for degraded and secondary forests, respectively. In each simulation we applied
631 the methodology described above, calculating the median AGC per YSLD group, applying Equation 1
632 and determining the 95% confidence interval. We also estimated a new old-growth forest AGC value
633 to represent the asymptote based on randomly sampled pixels of old-growth forest AGC. We then
634 estimated the 95% confidence interval from the Monte Carlo simulations to represent the model
635 variability (Supplementary Figure 14 to 16; Supplementary Table 2).

636 We estimated the uncertainty caused by the ESA-CCI dataset of AGB, a parameter which is provided
637 on a pixel-scale in the dataset as the standard error. We followed a similar methodology when
638 extracting the mean AGB values for each cluster, by determining the modal standard error for each
639 cluster of a specific YSLD. We calculated the median standard error value for each YSLD grouping in
640 each region. We then propagated the error of the dataset ($Data_{SE}$) with the error of the fitted
641 regional models. The non-linear growth model provided an estimate of the uncertainty expressed as
642 both the 95% confidence interval and the residual standard error. We propagated the residual
643 standard error of the model ($Model_{SE}$) with $Data_{SE}$ using the root square of sum method to obtain an
644 overall standard error of the regional growth models (Supplementary Table 3).

645

646 **Supplementary information**

647 Supplementary Information is available for this paper.

648 **Data Availability**

649 All the original datasets used in this research are publicly available from their sources: JRC-TMF
650 dataset⁴ (<https://forobs.jrc.ec.europa.eu/TMF/download/>); ESA-CCI AGB/AGC map⁷
651 (<https://catalogue.ceda.ac.uk/uuid/84403d09cef3485883158f4df2989b0c>); Descal et al. (2021) oil

652 palm map⁵³ ([https://developers.google.com/earth-](https://developers.google.com/earth-engine/datasets/catalog/BIOPAMA_GlobalOilPalm_v1#description)
653 [engine/datasets/catalog/BIOPAMA_GlobalOilPalm_v1#description](https://developers.google.com/earth-engine/datasets/catalog/BIOPAMA_GlobalOilPalm_v1#description)); TerraClimate Maximum
654 Temperature⁵⁹ ([https://developers.google.com/earth-](https://developers.google.com/earth-engine/datasets/catalog/IDAHO_EPSCOR_TERRACLIMATE)
655 [engine/datasets/catalog/IDAHO_EPSCOR_TERRACLIMATE](https://developers.google.com/earth-engine/datasets/catalog/IDAHO_EPSCOR_TERRACLIMATE)); MCWD data can be produced by
656 combining monthly rainfall dataset from Funk et al.⁶¹ (
657 [https://edcintl.cr.usgs.gov/downloads/sciweb1/shared/fews/web/global/monthly/chirps/final/dow-](https://edcintl.cr.usgs.gov/downloads/sciweb1/shared/fews/web/global/monthly/chirps/final/downloads/monthly/)
658 [nloads/monthly/](https://edcintl.cr.usgs.gov/downloads/sciweb1/shared/fews/web/global/monthly/chirps/final/downloads/monthly/)) with code from Campanharo and Silva Junior (2019)⁶⁰; HAND data⁶⁹
659 (<https://code.earthengine.google.com/ed75ecef7fcf94897b74ac56bfbb3f43>); Xu et al. Peatland
660 dataset⁶⁷ (<https://archive.researchdata.leeds.ac.uk/251/>); MapBiomass dataset⁷⁰
661 (<https://amazonia.mapbiomas.org/>) and the code to extract secondary forest area and age⁵⁸;
662 Logging concession areas⁷¹ ([https://data.globalforestwatch.org/datasets/managed-forest-](https://data.globalforestwatch.org/datasets/managed-forest-concessions/explore)
663 [concessions/explore](https://data.globalforestwatch.org/datasets/managed-forest-concessions/explore)). Both the Tmax and HAND indices were pre-processed in GEE. Country
664 boundaries shown in map-based figures
665 (http://thematicmapping.org/downloads/world_borders.php)⁷²

666 All final data produced in this study are available in a public repository:
667 <https://zenodo.org/record/7330549#.Y3vCo0nP1PY>⁷³

668 **Code Availability**

669 All code used to produce the main figures of the are available in a public repository:
670 <https://zenodo.org/record/7330549#.Y3vCo0nP1PY>⁷³

671 **References [Methods]**

- 672
- 673 51. Martin, A. R., Doraisami, M. & Thomas, S. C. Global patterns in wood carbon concentration
674 across the world's trees and forests. *Nat. Geosci.* **11**, 915–920 (2018).
- 675 52. ESRI. ArGIS Pro Desktop (2.6.0). (2020).
- 676 53. Descals, A. *et al.* High-resolution global map of smallholder and industrial closed-canopy oil
677 palm plantations. *Earth Syst. Sci. Data* **13**, 1211–1231 (2021).
- 678 54. R Development Core Team. R: A Language and Environment for Statistical Computing. (2008).
- 679 55. Richards, F. J. A flexible growth function for empirical use. *J. Exp. Bot.* **10**, 290–301 (1959).
- 680 56. Smith, C. C. *et al.* Secondary forests offset less than 10% of deforestation-mediated carbon
681 emissions in the Brazilian Amazon. *Glob. Chang. Biol.* 1–15 (2020) doi:10.1111/gcb.15352.
- 682 57. Nunes, S., Jr. Oliveira, L., Siqueira, J., Morton, D. C. & Souza, C. M. Unmasking secondary
683 vegetation dynamics in the Brazilian Amazon. *Environ. Res. Lett.* **15**, (2020).
- 684 58. Silva Junior, C. H. L. *et al.* Benchmark maps of 33 years of secondary forest age for Brazil. *Sci.*
685 *Data* **7**, 269 (2020).
- 686 59. Abatzoglou, J. T., Dobrowski, S. Z., Parks, S. A. & Hegewisch, K. C. TerraClimate, a high-
687 resolution global dataset of monthly climate and climatic water balance from 1958-2015. *Sci.*
688 *Data* **5**, 1–12 (2018).
- 689 60. Campanharo, W. & Silva Junior, C. H. L. Maximun Cumulative Water Deficit - MCWD: a R
690 language script. (2019) doi:10.5281/zenodo.2652629.
- 691 61. Funk, C. *et al.* The climate hazards infrared precipitation with stations - A new environmental

- 692 record for monitoring extremes. *Sci. Data* **2**, 1–21 (2015).
- 693 62. Phillips, O. L. *et al.* Drought Sensitivity of the Amazon Rainforest. *Science* (80-.). **323**, 1344–
694 1347 (2009).
- 695 63. Nobre, A. D. *et al.* Height Above the Nearest Drainage - a hydrologically relevant new terrain
696 model. *J. Hydrol.* **404**, 13–29 (2011).
- 697 64. Almeida, C. A. *et al.* High spatial resolution land use and land cover mapping of the Brazilian
698 legal Amazon in 2008 using Landsat-5/TM and MODIS data. *Acta Amaz.* **46**, 291–302 (2016).
- 699 65. Ploton, P. *et al.* Spatial validation reveals poor predictive performance of large-scale
700 ecological mapping models. *Nat. Commun.* **11**, 1–11 (2020).
- 701 66. Haining, R. . Spatial Sampling. in *International Encyclopedia of the Social and Behavioral*
702 *Sciences* (eds. Smelser, N. & Baltes, P.) 14822–14827 (Pergamon, 2001).
- 703 67. Xu, J., Morris, P. J., Liu, J. & Holden, J. PEATMAP: Refining estimates of global peatland
704 distribution based on a meta-analysis. *Catena* **160**, 134–140 (2018).
- 705 68. Xu, J., Morris, P. J., Liu, J. & Holden, J. Dataset: PEATMAP: Refining estimates of global
706 peatland distribution based on a meta-analysis.
707 <https://archive.researchdata.leeds.ac.uk/251/> (2017) doi:10.5518/252.
- 708 69. Donchyts, G., Winsemius, H., Schellekens, J., Erickson, T. & Gao, H. Global 30m Height Above
709 the Nearest Drainage. *Geophys. Res. Abstr.* **18**, (2016).
- 710 70. Souza, C. M. *et al.* Reconstructing three decades of land use and land cover changes in
711 brazilian biomes with landsat archive and earth engine. *Remote Sens.* **12**, (2020).
- 712 71. Global Forest Watch. Managed Forest concessions. www.globalforestwatch.org (2020).
- 713 72. ThematicMapping. http://thematicmapping.org/downloads/world_borders.php (2009).
- 714 73. Heinrich, V. H. A. *et al.* Data and code from paper: The carbon sink of recovering degraded
715 and secondary tropical forests. <https://zenodo.org/record/7330549#.Y3vCo0nP1PY> (2022)
716 doi:10.5281/zenodo.7330548.

717

718 Acknowledgements

719 We thank A. Esquivel-Muelbert and E. Mitchard for their valuable input during the preparation of
720 this manuscript. We thank M.Brasika, A.Jumail, H.R.Yen, C.Cheng, L.Mercado, J.Echeverría and
721 M.Heinrich for translating the Summary Paragraph. V.H.A.H. was supported by a NERC GW4+
722 Doctoral_Training Partnership studentship from the Natural Environment Research Council
723 (NE/L002434/1). R.D. was supported by São Paulo Research Foundation (FAPESP) grant 2019/21662-
724 8. T.J. was supported by a UK NERC Independent Research Fellowship (NE/S01537X/1). V.H.AH, T.R.,
725 D.F. and S.S. were supported by the RECCAP2 project which is part of the ESA Climate Change
726 Initiative (contract no. 4000123002/18/I-NB) and the H2020 European Institute of Innovation and
727 Technology (4C; grant no. 821003). H.L.G.C. was supported by São Paulo Research Foundation
728 (FAPESP) grant #2018/14423-4 and 2020/02656-4. C.V. was supported by the Directorate General
729 for Climate Action of the European Commission through the ForMonPol (Forest Monitoring for
730 Policies) Administrative Arrangement. C.H.L.S.J. was supported by The University of Manchester
731 through the "Forest Haproject. We thank the School of Geographical Sciences, University of Bristol
732 for their additional support. This research was funded in part by Natural Environment Research

733 Council (NE/L002434/1). For the purpose of open access, the author has applied a 'Creative
734 Commons Attribution (CC BY) public copyright license to any Author Accepted Manuscript (AAM)
735 version arising from this submission.

736

737 **Author Contributions**

738 V.H.A.H., J.H., S.S., T.C.H., and L.E.O.C.A designed the concept and methodological process of the
739 study. V.H.A.H carried out the main data analysis with support from R.D., D.F, T.M.R., C.H.L.S.J.,
740 H.L.G.C. and T.J.. C.V. provided the code for analysis and the data of the Tropical Moist Forest
741 dataset prior to the publication of the study with guidance from F.A.. C.A.S processed the raw GEDI
742 data for further analysis. V.H.A.H wrote the initial draft of the manuscript. All authors (V.H.A.H., C.V.,
743 R.D., T.M.R., D.F., C.H.L.S.J., H.L.G.C., F.A., T.J., C.A.S., J.H., S.S., T.C.H., and L.E.O.C.A) discussed
744 results, provided comments during the preparation of the manuscript, and gave their approval for
745 **Competing interest declaration**

746 The authors declare no competing interests, financial or otherwise.

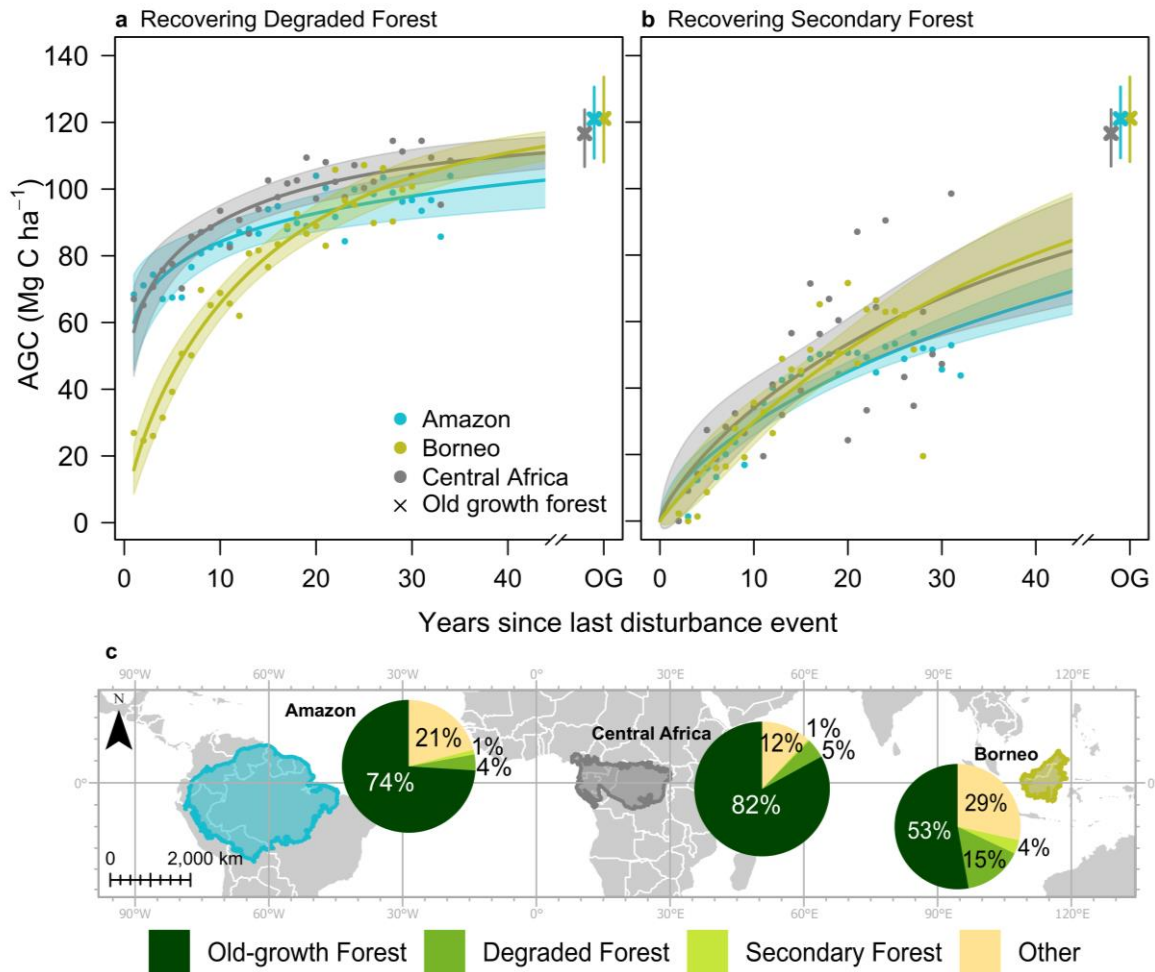
747 **Correspondence and request for material** should be addressed to V.H.A.H.

748 **Reprints and permissions information** is available at www.nature.com/reprints

749

Accepted Manuscript

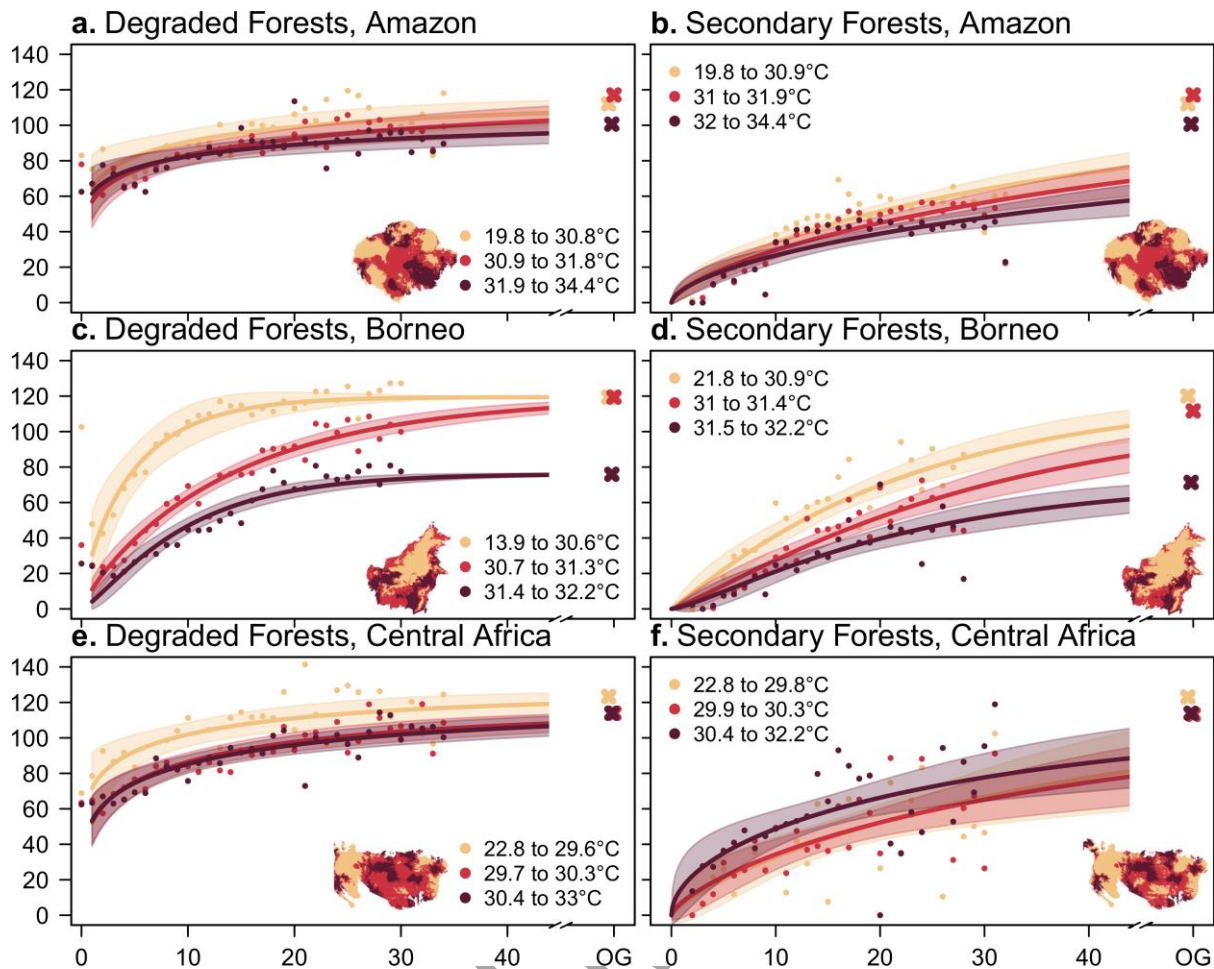
750 **Display Material Legends**



751

752 **Figure 1 | Modelled Aboveground Carbon (AGC) accumulation with Years since last forest**
 753 **disturbance (YSLD) in different tropical regions.** AGC is shown in (a) Degraded Forests and (b)
 754 Secondary Forests in the Amazon, Island of Borneo, and Central Africa tropical humid forest regions.
 755 Points denote the median AGC value calculated for each YSLD, fitted lines are based on a non-linear
 756 model (see methods). Shading denotes the 95% confidence interval of the non-linear model
 757 (Supplementary Discussion 1 for further exploration of variability and uncertainty). Crosses denote
 758 the median AGC of old growth (OG) forests in the respective regions and associated 95% confidence
 759 interval from the Monte Carlo simulation. (c) Map delineating the spatial extent used in this study
 760 representing each region as well as highlighting the percentage area occupied by different forest
 761 types used in this study as well as Other Lands. Map created using ESRI's ArcGIS Pro (2.6.0).

762



763

764

765

766

767

768

769

770

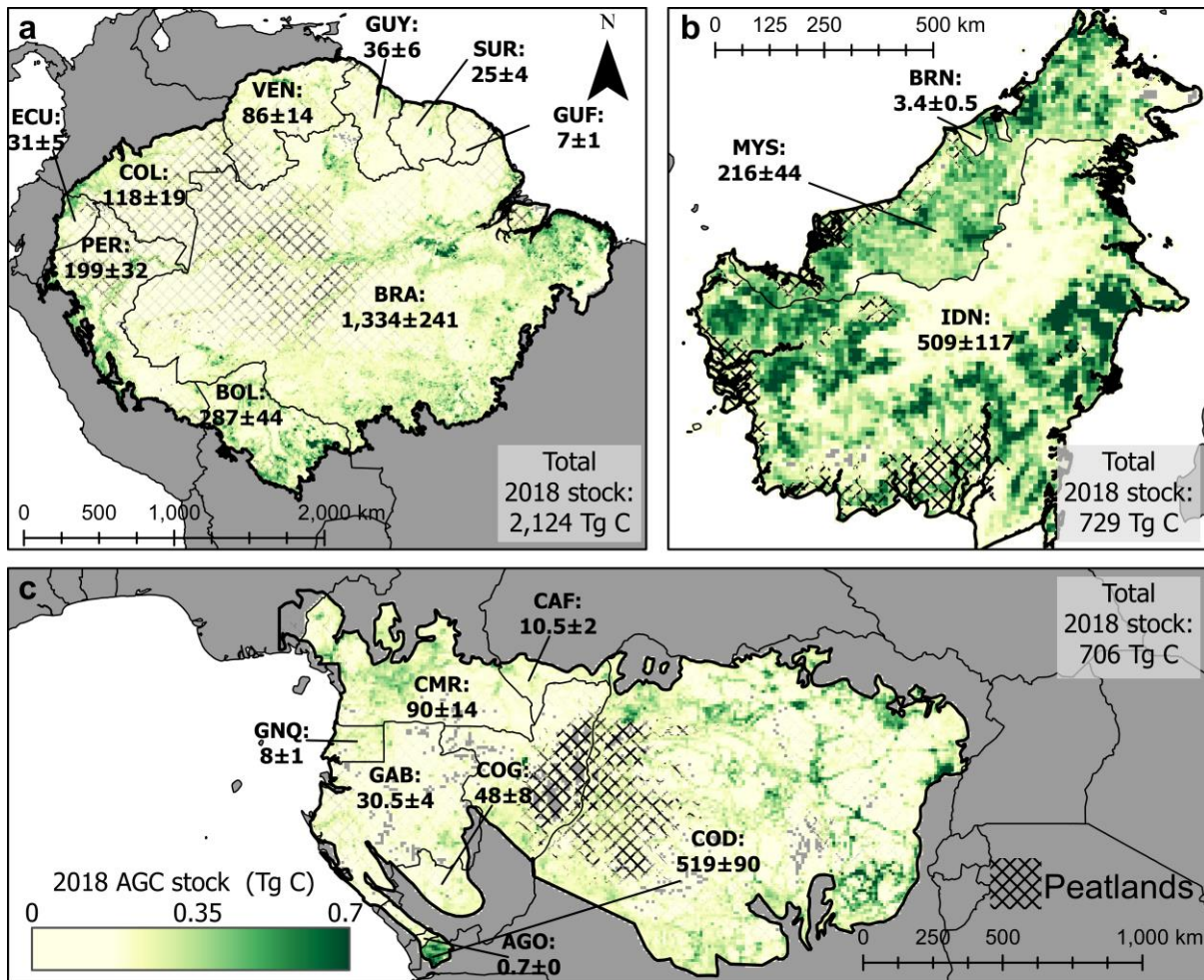
771

772

773

774

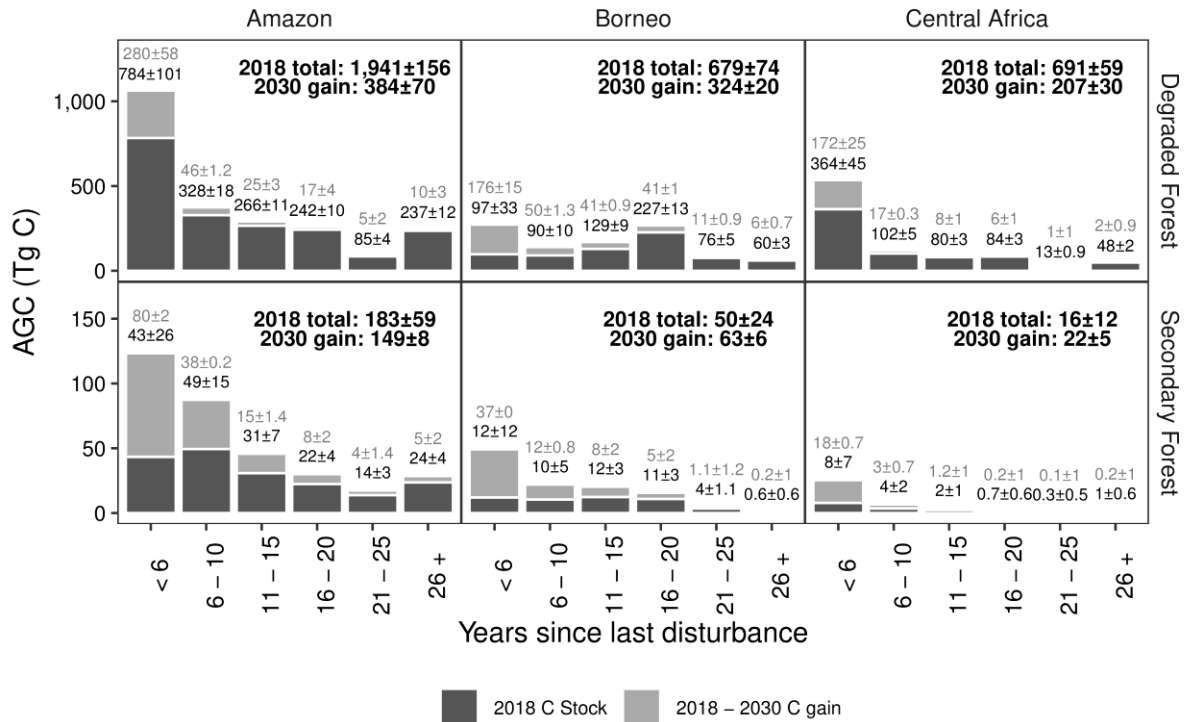
Figure 2 | Modelled Aboveground Carbon (AGC) accumulation in different maximum Temperature (Tmax) zones within different tropical regions. AGC as a function of Year since last disturbance event (YSLD) is shown for (a – b) the Amazon; (c – d) Borneo; and (e – f) Central Africa for Degraded Forests (left column) and Secondary Forests (right column). Points denote the median AGC value calculated for each YSLD, fitted lines are based on a non-linear model (see methods). Values in the legend denote the absolute lower 25% (yellow), middle 50% (red) and upper 25% (dark red) limits of the Tmax range in each location, which has units °C. Shading denotes the 95% confidence interval of the non-linear model. Crosses denote the median AGC of old-growth (OG) forests in the respective regions within the respective ranges of the variable. Each subplot contains a not-to-scale map of the region showing where the ranges for the Tmax bins can be found geographically. Maps were created using ESRI's ArcGIS Pro (2.6.0).



775

776 **Figure 3 | The modelled 2018 carbon stock in recovering forests (degraded and secondary forests)**
 777 **within the three major tropical forest regions.** The carbon stock shows the total carbon that has
 778 accumulated since the last disturbance event using the region-wide regrowth models developed in
 779 this study for (a) the Amazon, (b) Island of Borneo, (c) Central Africa Values of the carbon stock (Tg
 780 C) are aggregated to 0.1-degree grid squares and show the sum of degraded forest (Extended Data
 781 Figure 6) and secondary forest (Extended Data Figure 7), together representing recovering forest.
 782 Regions of peatland have been highlighted (see methods) and are denoted by the hatching.
 783 Annotated values denote the AGC stock and associated 95% confidence interval as estimated in this
 784 study using the Monte Carlo simulations per country expressed using ISO3 code for each country.
 785 Map created using ESRI's ArcGIS Pro (2.6.0).

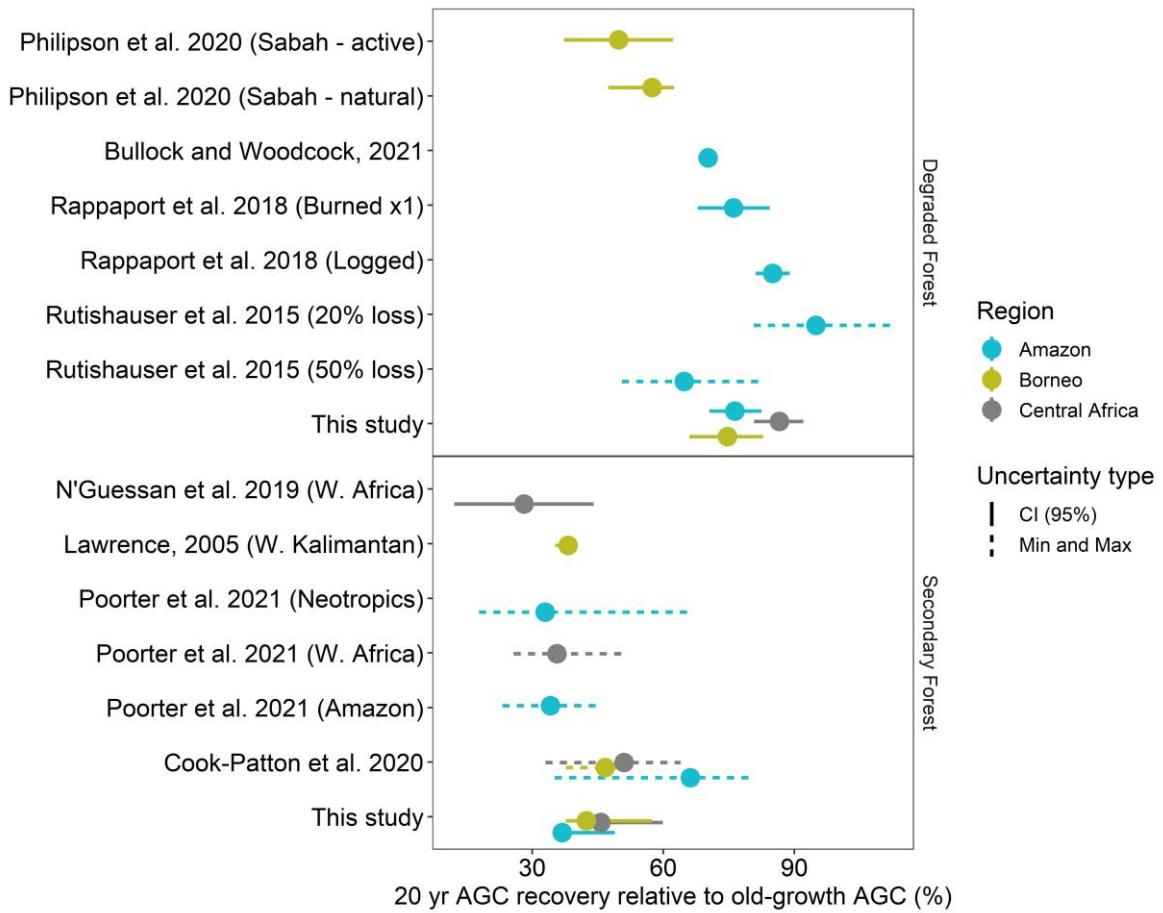
786



787

788 **Figure 4 | The 2018 carbon stock and maximum technical 2030 carbon (C) sink potential across**
 789 **recovering forests within the three major tropical forest regions.** Panels are split up according to
 790 the years since the forest was last disturbed and then further separated by region (columns) and
 791 forest type (rows). Solid bars denote the total carbon accumulated from the beginning of the growth
 792 period (since 1984 in Amazon and Central Africa, and since 1987 in Borneo) to 2018. Lighter bars
 793 denote the maximum potential carbon gain from 2018 to 2030 if the 2018 recovering forest area
 794 would remain until 2030. Black values refer to the 2018 carbon stock, grey values to the 2018 - 2030
 795 maximum technical C gain. The range (±) shows the 95% confidence interval from the Monte Carlo
 796 simulations.

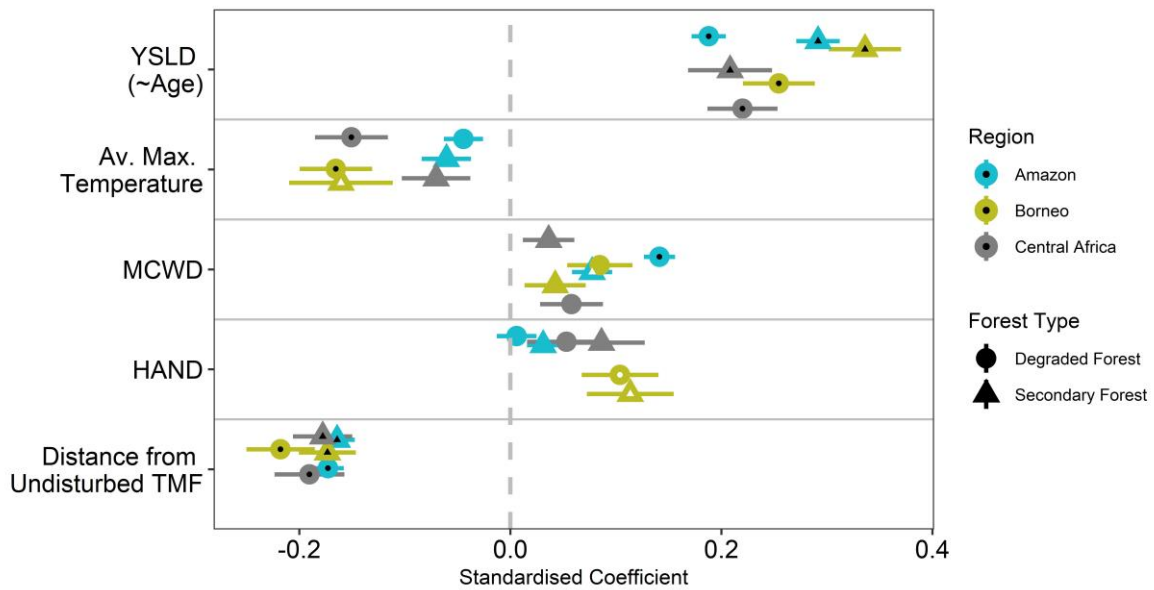
797



799

800 **Extended Data Figure 1 | The Aboveground Carbon (AGC) after 20 years in recovering forests**
 801 **relative to old-growth forest values across different studies compared to this study.** Values are
 802 expressed as the percentage (%) AGC recovered relative to old-growth forest values across the three
 803 study regions: Amazon, Borneo, and Central Africa in recovering degraded and secondary forests.
 804 Where previous studies capture a different region to those used in this study, the specific region has
 805 been indicated alongside the study name in brackets. E.g., W. Africa refers to West Africa in Poorter
 806 et al. and N'Guessan et al., this region is not in Central Africa but represents the closest region that
 807 could be found containing such information. Uncertainty types are either the 95% confidence
 808 interval (CI 95%) or the minimum and maximum values presented by the studies for the respective
 809 regions. More information on the previous studies and the associated values is given in the source
 810 data for this figure and the supplementary material.

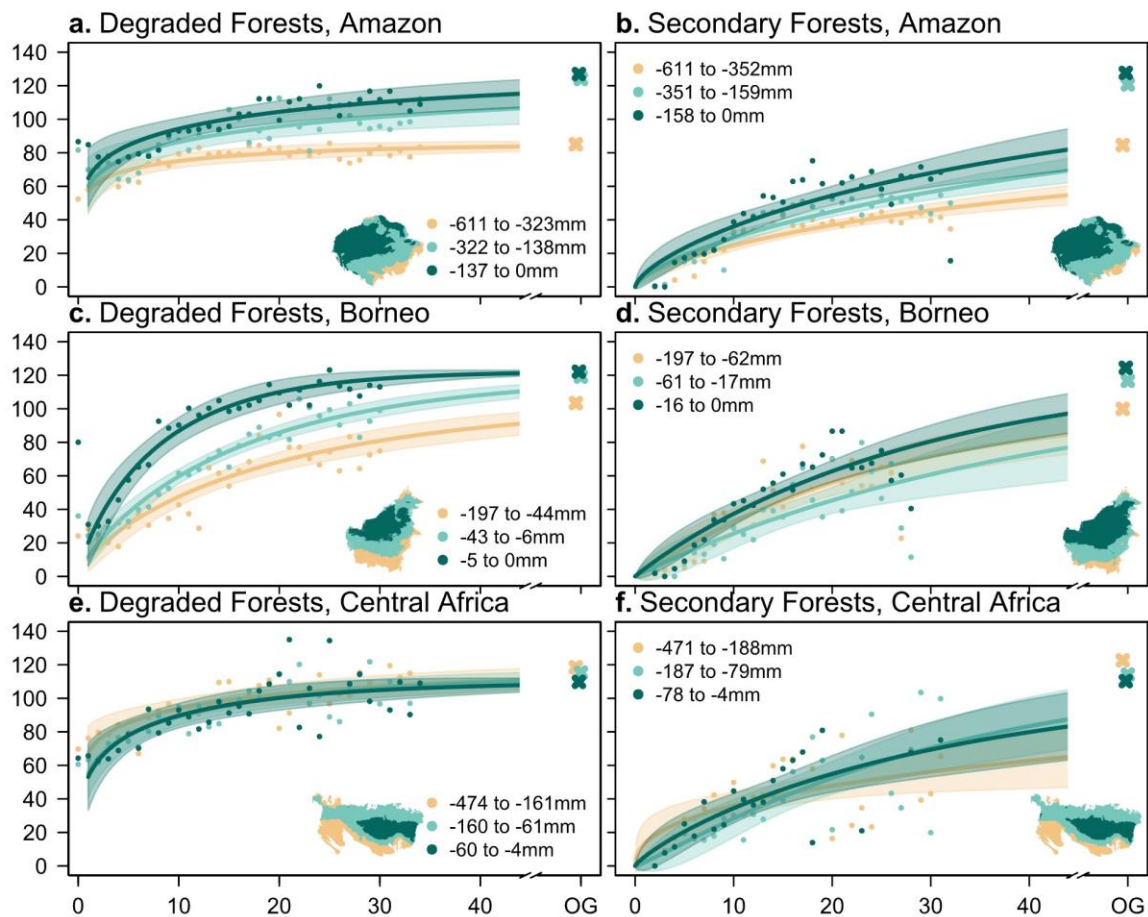
811



812

813 **Extended Data Figure 2 | Correlation coefficients of different variables driving tropical**
 814 **Aboveground Carbon (AGC) (Mg C ha^{-1}).** Values shown are the average standardised (to be within -1
 815 and 1) coefficients from multiple general linear model runs based on spatial data that was sampled
 816 via stratified random sample accounting for spatial autocorrelation of the variables. The number of
 817 model runs to determine the average was based on the number of samples in each run such that the
 818 total sample size was 100,000. Bars denote the average standard deviation. Each coloured
 819 circle/triangle represents the respective standardised coefficient in degraded/secondary forests
 820 within the 3 regions (colours). Smaller shapes within the large, coloured shapes represent whether
 821 the result was statistically significant, where black denotes $p < 0.05$, white denotes $p < 0.1$ and no
 822 colour denotes $p \geq 0.1$. The variables are Years since last Disturbance (YSLD) equivalent to age for
 823 secondary forests; Average Annual Maximum Temperature; Maximum Cumulative Water Deficit
 824 (MCWD); Height Above Nearest Drainage (HAND) and Distance from nearest undisturbed (old-
 825 growth) Tropical Moist Forest (TMF). The effects of MCWD are positive because the MCWD values
 826 are negative and so have an opposite effect: less negative values indicate less water deficit, which is
 827 associated with generally higher AGC and thus a positive coefficient.

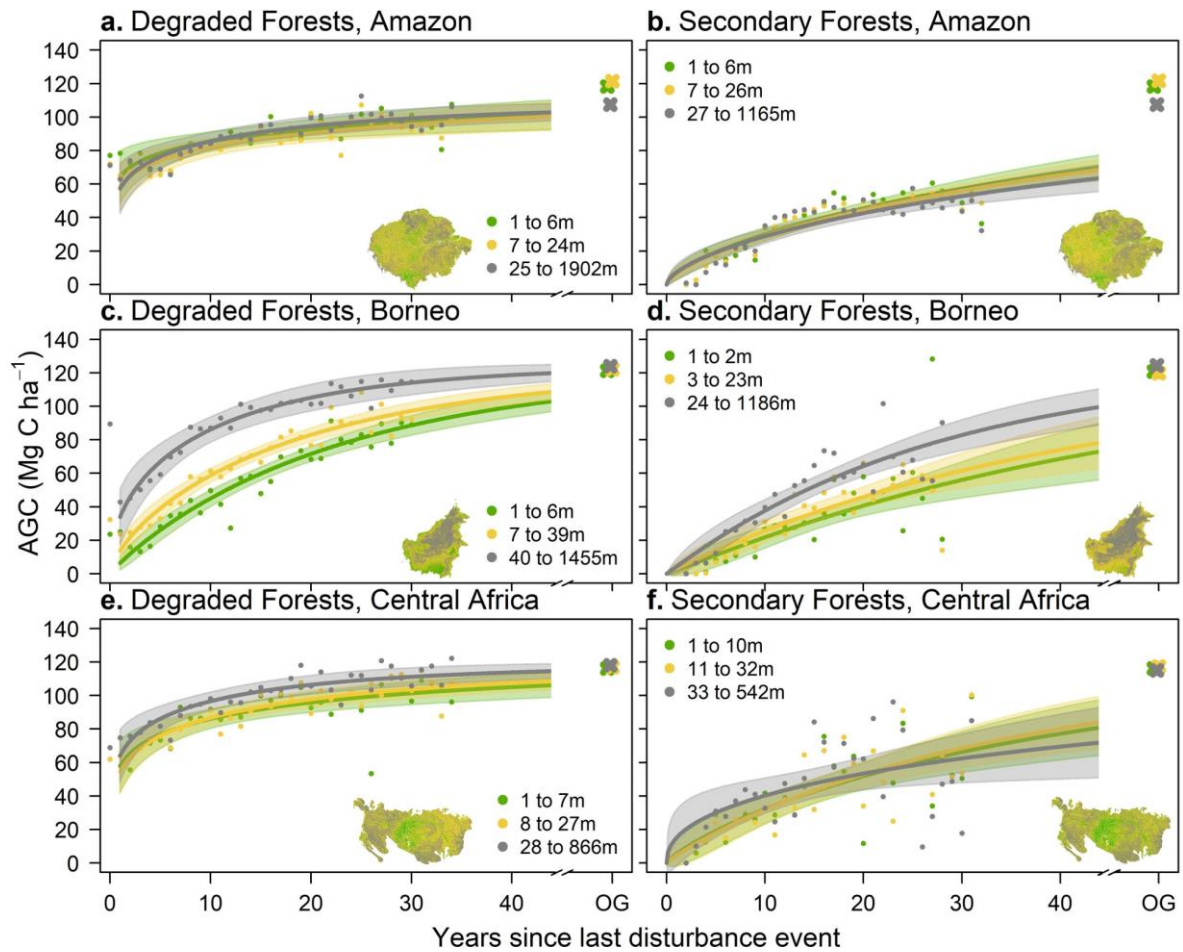
828



829

830 **Extended Data Figure 3 | Modelled Aboveground Carbon (AGC) accumulation with Maximum**
 831 **Cumulative Water Deficit (MCWD) within different tropical regions.** AGC as a function of Year since
 832 last disturbance event (YSLD) is shown in (a – b) Amazon; (c – d) Borneo; and (e – f) Central Africa for
 833 Degraded Forests (left column) and Secondary Forests (right column). Points denote the median AGC
 834 value calculated for each YSLD, fitted lines are based on a non-linear model (see methods). Values in
 835 the legend denote the absolute lower 25% (yellow), middle 50% (light green) and upper 25% (dark
 836 green) of the MCWD range, which has units -mm yr^{-1} . Shading denotes the 95% confidence interval
 837 of the non-linear model. Crosses denote the median AGC of old-growth (OG) forests in the
 838 respective regions within the respective ranges of the variable. Each subplot contains a not-to-scale
 839 map of the region showing where the ranges for the MCWD bins can be found geographically.

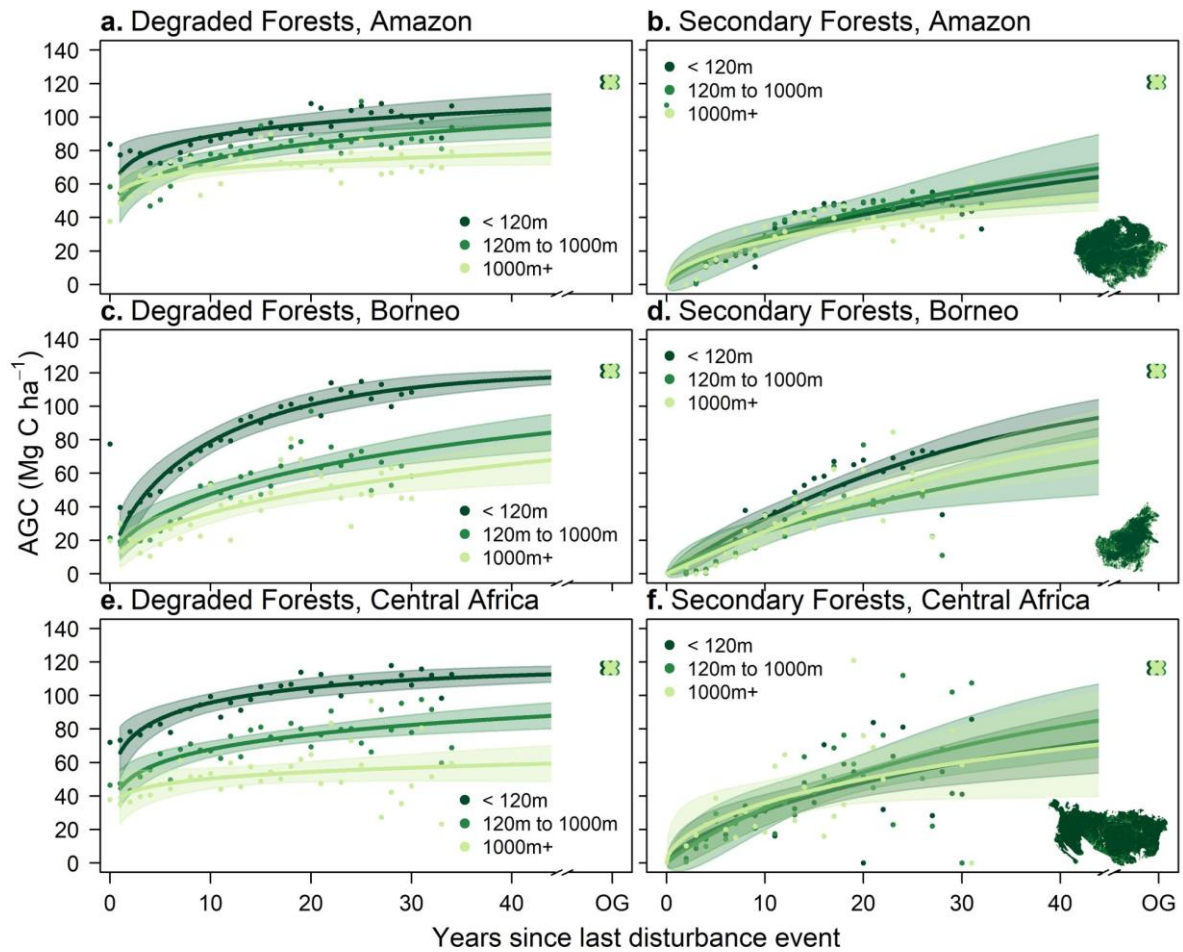
840



841

842 **Extended Data Figure 4 | Modelled Aboveground Carbon (AGC) accumulation with Height Above**
 843 **Nearest Drainage (HAND) within different tropical regions.** AGC as a function of Year since last
 844 disturbance event (YSLD) is shown in (a – b) Amazon; (c – d) Borneo; and (e – f) Central Africa for
 845 Degraded Forests (left column) and Secondary Forests (right column). Points denote the median AGC
 846 value calculated for each YSLD, fitted lines are based on a non-linear model (see methods). Values in
 847 the legend denote the absolute lower 25% (green), middle 50% (yellow) and upper 25% (grey) of the
 848 HAND range, which has units metres (m). Shading denotes the 95% confidence interval of the non-
 849 linear model. Crosses denote the median AGC of old-growth (OG) forests in the respective regions
 850 within the respective ranges of the variable. Each subplot contains a not-to-scale map of the region
 851 showing where the ranges for the HAND bins can be found geographically.

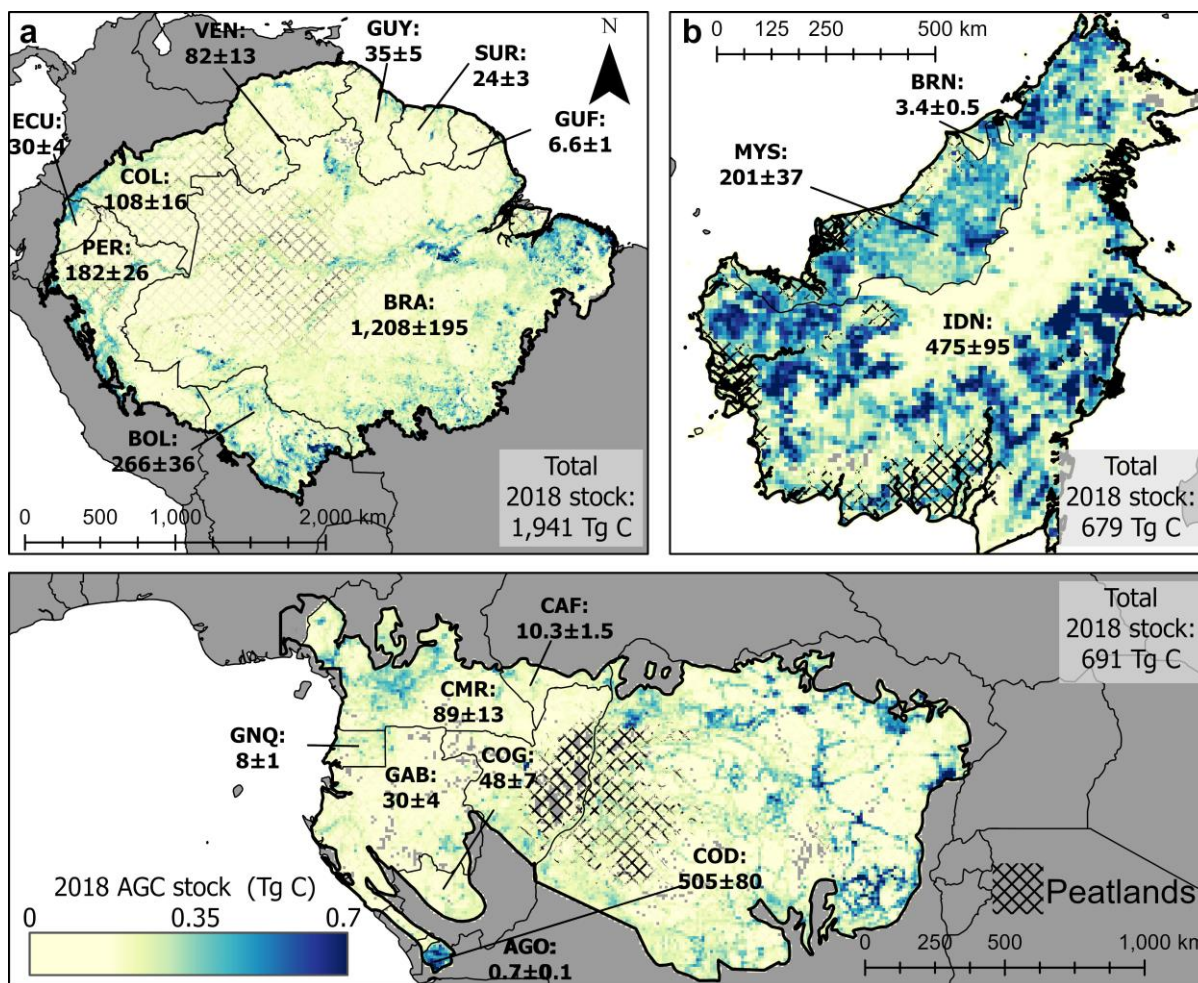
852



853

854 **Extended Data Figure 5 | Modelled Aboveground Carbon (AGC) accumulation with distance from**
 855 **nearest old-growth forest within different tropical regions.** AGC as a function of Year since last
 856 disturbance event (YSLD) is shown in (a – b) Amazon; (c – d) Borneo; and (e – f) Central Africa for
 857 Degraded Forests (left column) and Secondary Forests (right column). Points denote the median AGC
 858 value calculated for each YSLD, fitted lines are based on a non-linear model (see methods). Values in
 859 the legend denote the distances <120 m (lime green), 120m to 1000m (green) and 1000m + (dark
 860 green), representing the distance from the nearest old-growth forest. Shading denotes the 95%
 861 confidence interval of the non-linear model. Crosses denote the median AGC of old-growth (OG)
 862 forests in the respective regions within the respective ranges of the variable. In this case, only a
 863 single value of old-growth forest AGC is shown. Each subplot contains a not-to-scale map of the
 864 region showing where the ranges for the distance bins can be found geographically.

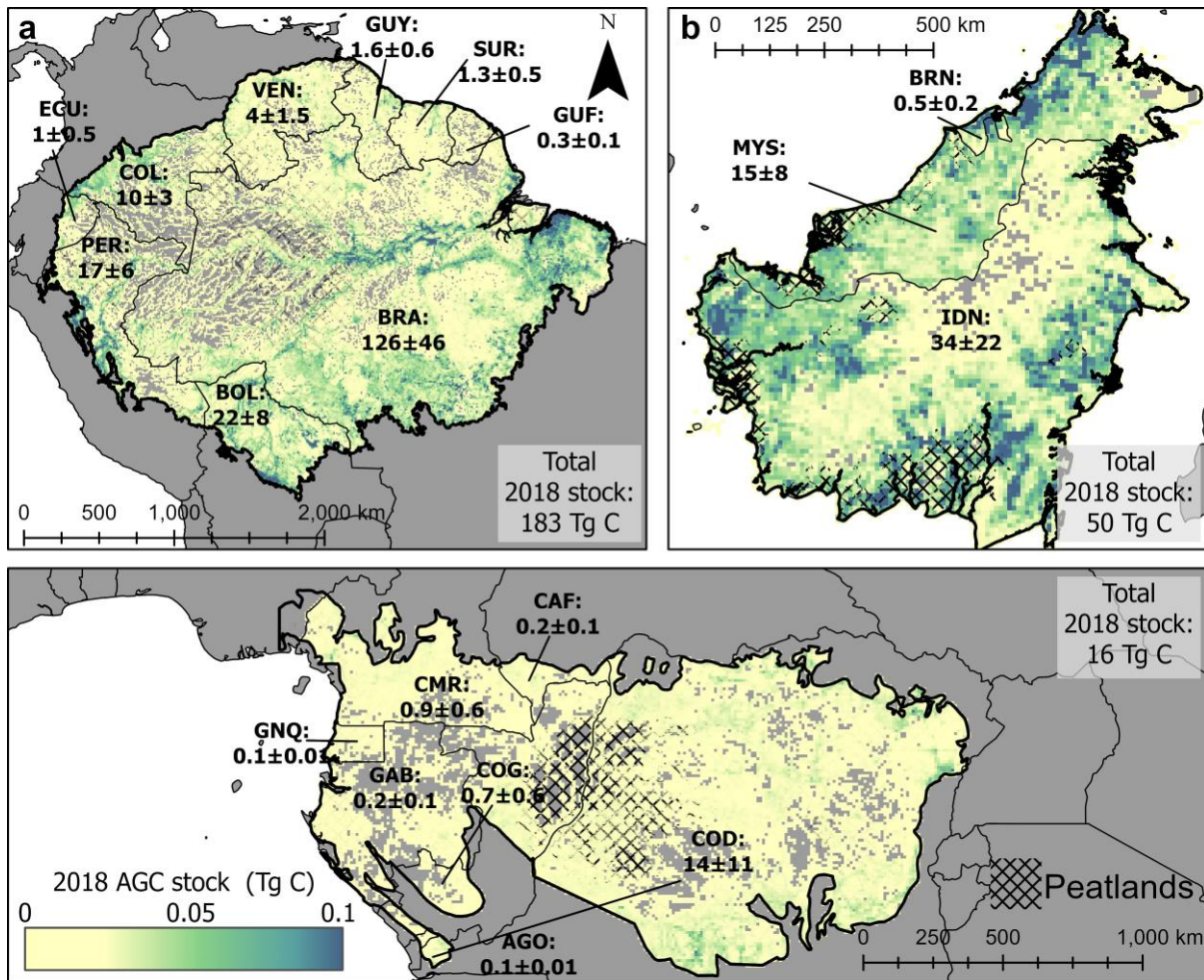
865



866

867 **Extended Data Figure 6 | The modelled 2018 carbon stock in degraded forests within the three**
 868 **major tropical forest regions.** The carbon stock shows the total carbon that has accumulated since
 869 the last disturbance event using the region-wide regrowth models developed in this study for (a)
 870 Amazon, (b) Island of Borneo, (c) Central Africa. Values of the carbon stock (Tg C) are aggregated to
 871 0.1-degree grid squares and show the sum of degraded forest . Regions of peatland have been
 872 highlighted (see methods) and are denoted by the hatching. Annotated values denote the AGC stock
 873 and associated 95% confidence interval as estimated in this study using the Monte Carlo simulations
 874 per country expressed using ISO3 code for each country. Map created using ESRI's ArcGIS Pro (2.6.0).

875



876

877 **Extended Data Figure 7 | The modelled 2018 carbon stock in secondary forests within the three**
 878 **major tropical forest regions.** The carbon stock shows the total carbon that has accumulated since
 879 the last disturbance event using the region-wide regrowth models developed in this study for (a)
 880 Amazon, (b) Island of Borneo, (c) Central Africa. Values of the carbon stock (Tg C) are aggregated to
 881 0.1-degree grid squares and show the sum of secondary forest. Regions of peatland have been
 882 highlighted (see methods) and are denoted by the hatching. Annotated values denote the AGC stock
 883 and associated 95% confidence interval as estimated in this study using the Monte Carlo simulations
 884 per country expressed using ISO3 code for each country. Map created using ESRI's ArcGIS Pro (2.6.0).

885

Region	Total carbon emissions from: (Tg C)		Average forest area per year (1990 to 2018) lost due to (%):		Recovering forests (degraded + secondary forest)	
	Deforestation (From old-growth and degraded forest deforestation)	Degradation	Deforestation	Degradation	Total carbon removed (Tg C)	Contribution to counterbalancing forest loss emissions
Amazon	7,641 (7,596 to 7,740)	1,356 (965 to 1,746)	64%	36%	2,124 (1,808 to 2,541)	24% (19% to 30%)
Borneo	1,932 (1,905 to 1,960)	1,102 (886 to 1,261)	50%	50%	729 (589 to 913)	24% (18% to 33%)
Central Africa	948 (940 to 955)	458 (306 to 595)	29%	71%	707 (597 to 836)	50% (39% to 67%)
TOTAL	10,521 (10,441 to 10,655)	2,916 (2,157 to 3,602)	57%	43%	3,560 (2,994 to 4,290)	26% (21% to 34%)

886

887

888

889

890

891

892

893

894

895

896

897

Extended Data Table 1 | Carbon emissions from forest loss and removals from recovering forest and their contribution to counterbalancing forest loss emissions accumulated up to 2018 across the three regions. Values refer to the sum of emissions/removals of Aboveground Carbon (AGC) in units Terragrams of carbon (Tg C) accumulated throughout the growth period (1984 to 2018). The emissions from deforestation were estimated based on the median value of old-growth forest AGC for each region, with the assumption that all AGC value was lost. Emissions from degradation were estimated by calculating the difference in AGC between old-growth forests and the first year since the last disturbance event. The emissions from deforestation included old-growth and degraded forest that were later deforested. Emissions from degradation only considered the AGC that was lost in degraded forests but later recovered. Values in brackets are the lower and upper estimates representing the 95% confidence interval from the Monte Carlo simulations.

Region	Percentage of degraded forests that were deforested by 2018	Total carbon emissions from degradation only (Tg C)	Total carbon removal potential from deforested degraded forest (Tg C)	Potential contribution to counterbalancing gross forest loss emissions (recovering + deforested-degraded forests) / (old-growth deforestation + observed degradation + potential degradation)
Amazon	37%	997 (710 to 1284)	1472 (1348 to 1603)	44% (34% to 51%) Mid: (2,124 + 1,472) / (5,732 + 1,472 + 997) Low: (1,808 + 1,348) / (5,811 + 1,746 + 1,603) Upper: (2,541 + 1,603) / (5,699 + 1,746 + 710)
Borneo	31%	552 (444 to 632)	440 (384 to 495)	39% (30% to 54%) Mid: (729 + 440) / (1,320 + 1,102 + 552) Low: (589 + 384) / (1,339 + 1,261 + 632) Upper: (913 + 495) / (1,301 + 886 + 444)
Central Africa	31%	270 (181 to 351)	420 (388 to 454)	96% (70% to 139%) Mid: (707 + 420) / (446 + 458 + 270) Low: (597 + 384) / (449 + 595 + 351) Upper: (836 + 454) / (441 + 306 + 181)
TOTAL	35%	1,819 (1,335 to 2,267)	2,332 (2120 to 2,552)	48% (37% to 58%)

898

899

900

901

902

903

904

905

906

907

908

909

Extended Data Table 2 | Percentage area of degraded forest that were deforested by 2018 and their potential carbon contribution to counterbalancing gross emissions from forest loss. The percentage area was calculated based on the total number of forest areas that had at one point (between 1984 and 2018) been classed as a degraded forest and the number of these areas that were deforested by 2018. The carbon removal potential was calculated based on the growth models for degraded forests in each of the three regions (Figure 1). Values in brackets are the lower and upper estimates representing the 95% confidence interval (CI) from the Monte Carlo simulations.

[End of manuscript]