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# **Detection of Periodontal Bone Loss and Periodontitis from 2D Dental Radiographs via Machine Learning and Deep Learning: Systematic Review Employing APPRAISE-AI and Meta-analysis**

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The authors declare that they have no competing interests.

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### **Abstract**

**Objectives**: Periodontitis is a serious periodontal infection that damages the soft tissues and bone around teeth and is linked to systemic conditions. Accurate diagnosis and staging, complemented by radiographic evaluation, are vital. This systematic review (PROSPERO ID: CRD42023480552) explores Artificial Intelligence (AI) applications in assessing alveolar bone loss and periodontitis on dental panoramic and periapical radiographs

**Methods:** Five databases (Medline, Embase, Scopus, Web of Science, and Cochran's Library) were searched from January 1990 to January 2024. Keywords related to 'artificial intelligence', 'Periodontal bone loss/Periodontitis', and 'Dental radiographs' were used. Risk of bias and quality assessment of included papers were performed according to the APPRAISE-AI Tool for Quantitative Evaluation of AI Studies for Clinical Decision Support. Meta analysis was carried out via the "metaprop" command in R V3.6.1.

**Results:** Thirty articles were included in the review, where ten papers were eligible for metaanalysis. Based on quality scores from the APPRAISE-AI critical appraisal tool of the 30 papers, 1 (3.3%) were of very low quality (score < 40), 3 (10.0%) were of low quality (40  $\leq$  score  $<$  50), 19 (63.3%) were of intermediate quality (50  $\leq$  score  $\leq$  60), and 7 (23.3%) were of high quality (60  $\leq$  score  $\leq$  80). No papers were of very high quality (score  $\geq$  80). Meta-analysis indicated that model performance was generally good, e.g.: sensitivity 87% (95% CI: 80% to 93%), specificity 76% (95% CI: 69% to 81%), and accuracy 84% (95% CI: 75% to 91%).

**Conclusion:** Deep Learning shows much promise in evaluating periodontal bone levels, although there was some variation in performance. AI studies can lack transparency and reporting standards could be improved.

**Keywords:** Artificial Intelligence, Deep Learning; Panoramic Radiographs, Periapical Radiographs; Periodontitis

## **Advances in knowledge:**

Our systematic review critically assesses the application of deep learning models in detecting alveolar bone loss on dental radiographs using the APPRAISE-AI tool, highlighting their efficacy and identifying areas for improvement, thus advancing the practice of clinical radiology.

# **Abbreviation List (Alphabetical Order):**



ICC - Interclass Correlation Coefficient

Inception - A type of Convolutional Neural Network architecture

- IoU Intersection over Union
- ISM Integrated Shape Model
- JI Jaccard Index
- KNN K-Nearest Neighbors
- LR Logistic Regression
- mAP Mean Average Precision
- MAD Mean Absolute Difference
- MAE Mean Absolute Error

Mask R-CNN - A type of Region-based Convolutional Neural Network used for object detection and instance segmentation

- ML Machine Learning
- NPV Negative Predictive Value
- PBL Periodontal Bone Loss
- PCK Percentage of Correct Keypoints
- PCT Periodontally Compromised Teeth
- PDCNN two-stage periodontitis detection convolutional neural network
- PICO Population Intervention Comparison and Outcome
- PPV Positive Predictive Value
- PRISMA Preferred Reporting Items for Systematic Reviews and Meta-Analysis
- RCNN Region-based Convolutional Neural Network
- ResNet Residual Networks (a type of deep learning architecture)

RF - Random Forest

- RBL Radiographic Bone Loss
- ROC Receiver Operating Characteristic
- SVM Support Vector Machine
- U-Net A type of Convolutional Neural Network architecture
	- VGG-16 Visual Geometry Group 16-layer network

#### VGG -19 - Visual Geometry Group 19 -layer network

YOLO - You Only Look Once (a type of Convolutional Neural Network architecture) .

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### **Introduction:**

#### Rationale:

Periodontitis is a serious multifactorial periodontal infection that damages the soft tissues and bone around teeth and is linked to systemic conditions  $\frac{1}{1}$ . The prevalence of periodontitis is estimated to be about 50% in the United States based on the American Academy of Periodontology <sup>2</sup>, and around 10% to 15% globally suffer from severe cases that cause loss of teeth <sup>2</sup>. Periodontitis is a complex multifactorial process that is initiated with bacterial plaque accumulation, and biofilms, followed by a host immune reaction or inflammatory response  $1,3$ . If not treated, periodontitis progression will eventually lead to teeth loss and impaired oral function <sup>4</sup>. Although no conclusive cause-and-effect has been established, studies have correlated periodontitis as a possible predisposition for systematic conditions, such as cardiovascular diseases, respiratory tract infections, adverse pregnancy outcomes, Alzheimer's disease, and oral and colorectal cancer<sup>4,5</sup>.

In addition to clinical findings of periodontal disease, dental radiography is an integral part of diagnosis and treatment planning as it provides comprehensive evaluation of hard dentoalveolar structures, as well as calculus depositions, shape of roots, and alveolar bone level  $6-8$ . Several radiographic techniques are used for periodontal examination. Bitewing provides limited details on the maxillary and mandibular teeth crowns and the alveolar crest level. Full mouth series of parallel periapical radiographs have been considered "the gold standard" for periodontal evaluation. This is because periapical radiographs provide information on teeth and supporting structures with relatively low-dose radiation, while still providing images of high resolution and that are of good quality.

 

Panoramic radiographs have become the most commonly used modality in dental examination and periodontal evaluation. Such radiographs provide a comprehensive view of the maxillofacial structures. They also capture maxillary and mandibular teeth and the alveolar bone in one image and in a few seconds. Furthermore, they involve a relatively low radiation dose and yet still give acceptable image quality <sup>6,9</sup>. The introduction of Cone Beam Computed Tomography (CBCT) allowed the 3D evaluation of periodontal structures and a comprehensive evaluation of periodontal defects such as furcation defects, fenestration, and dehiscence and postsurgical evaluation of regenerative periodontal procedures <sup>10,11</sup>. However, CBCT can lead to a high dose of radiation, as well as inherent artefacts, and so should not be used in routine examination procedures 12,13 .

Currently there is a surge in Artificial Intelligence (AI) applied to all aspects of dentistry, with a wide range of applications ranging from simple task management to complicated diagnostic evaluation and tools in decision making . A recent innovation has been the introduction of Deep Learning (DL), which is a form of AI that often involves the use of neural networks. Some dental / oral health examples in the literature are cancer cell detection and healing evaluation, enhanced restoration margins adaptation, caries detection and shade selection, pre-and post-orthognathic surgical evaluation, cephalometric analysis, periodontal evaluation and bone loss detection, CAD-CAM and 3D printing for implant treatment, root canal morphology, canal length, and vertical root fracture <sup>14,15</sup>. Additionally, Hunge *et al.* 2022<sup>16</sup> highlighted AI applications in 3D diagnostic imaging in their narrative review, especially relating to multidetector CT and CBCT to discover and delineate jaw cysts and tumors, lymph nodes metastasis, salivary glands diseases, temporomandibular joints (TMJs), maxillary sinuses studies, mandibular fracture, and dento-maxillofacial deformities. DL is extensively utilized for segmentation tasks  $17,18$ , accurately delineating

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structures in dental radiographs <sup>19</sup>. Additionally, DL models are applied for both segmentation and classification, enabling the precise identification and categorization of dental conditions <sup>20-22</sup>.

#### Objectives:

Two systematic reviews <sup>23,24</sup> have explored the application of DL in evaluating periodontal bone loss assessed via dental radiographs, excluding CBCT. There has been a noticeable increase in the number of publications since these systematic reviews were published. These papers addressed the different DL models and may provide additional information important in improving the diagnostic accuracy of these models and help in clinical implementation and support in the decision-making process. Therefore, this systematic review aims to explore, analyze, and summarize the application of DL models in evaluating periodontal bone loss using the newly developed APPRAISE-AI Tool for Quantitative Evaluation of AI Studies for Clinical Decision Support .

### **Material and Methods:**

#### Eligibility Criteria

The articles were collected in January 2024 following the PICO / PIRO (Population, Intervention / Index Test (AI-Model), Comparison/Reference Standard, and Outcome) question format was followed during the search, P: Patient with periodontal bone loss/periodontitis; I: Radiographic image evaluation with AI; C: Radiographic evaluation of clinician or relative to an established ground truth and/or gold standard, which according to authors of the papers was established either from patients records or experts who pre-labeled the images; O: periodontal bone loss detection and classification accuracy. We used PICO/PIRO instead of PICOS as almost all

studies included did not discuss the study design and all seemed cross-sectional. This highlights common problems related to transparency and reporting that are later discussed in the results and discussion section. This study included all articles published from January 1990 to January 2024; papers that were written in English; articles that applied any type of AI models, such as RCNN or SVM, to evaluate the periodontal bone level, periodontitis, and/or periodontal diseases on intraoral or extraoral radiographs, such as Periapical, Bitewings, and Panoramic radiographs. Although SVM is a machine learning algorithm (ML), it was retained due to relatively little evidence found in the literature. It fits both inclusion criteria and keywords used in the search. We also noted that it has been used as a comparison model in some of the DL studies we included  $26,27$ . We excluded studies published before 1990, non-English articles, and conference abstracts without fully published documents.

#### Information Sources:

The systematic review has been registered with PROSPERO (ID: CRD42023480552). Search parameters and keywords were developed by authors. Keywords were set initially by using the Population, Intervention/Index Test (AI-Model), Comparison/Reference Standard, and Outcome (PICO/PIRO) approach. These keywords were then iterated between all authors until a mutually agreed set of terms was found.

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#### Search Strategy:

The databases searched in January 2024 were Medline via Ovid (13 papers), Embase via Ovid (41 papers), Scopus through Elsevier (83 papers), Web of Science (62 papers), and Cochrane Library (5 papers). The total initial search yielded 204 that were exported to the EndNote Library. **Terms used:(**"Artificial intelligence" OR "AI" OR "Machine learning" OR "Neural network" OR "Deep Learning" OR "Convolutional neural networks") AND ("Alveolar bone loss" OR "Periodontal bone loss" OR "Periodontal disease" OR "Periodontitis" OR "Diagnosis of periodontal bone loss" OR "Detect alveolar bone loss") AND (Radiograph OR "Dental radiograph" OR "Periapical radiograph" OR "Panoramic radiograph" OR "Radiographic imaging" OR "Cone beam computed tomography" OR "CBCT"). The selection process, data extraction, analysis, and reporting procedures in this review follow the

PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analysis) guidelines <sup>28</sup>. A PRISMA chart <sup>29</sup> shown in Fig. 1 illustrates the stages of data extraction. The database search yielded 204 papers, 64 of which were removed during removal of duplicate sources. An additional 107 articles were found to be irrelevant according to our exclusion criteria and were removed during initial screening. 33 articles were included in the database search. Additionally, 4 papers not found in the database search were retrieved from the previous systematic reviews  $^{23,24}$  and included in the study.

#### Data Collection

Those 37 articles were uploaded to the Rayyan systematic review collaboration website to be evaluated by all other researchers. Two researchers critically appraised these articles. Three full article texts could not be retrieved and were removed from the study. Four papers were also excluded during the final evaluation as they did not meet the selection criteria as shown in the PRISMA flow chart. Finally, 30 eligible articles, on which all reviewers agreed, were included in this systematic review. Eleven of these 30 articles provided common outcomes that could be used in meta-analyses.

#### Risk of Bias Assessment:

Critical appraisal of the final 30 papers was performed by two independent reviewers to reduce the risk of bias. The appraisal tool used in this study was published by Kwong et al. (APPRAISE-AI Tool for Quantitative Evaluation of AI Studies for Clinical Decision Support)<sup>25</sup>. Each paper was scored independently using the APPRAISE-AI tool by two independent reviewers (two of the authors) on scale going from a minimum of 0 (extremely poor quality) to 100 (extremely good quality), according to APPRAISE-AI<sup>25</sup>. The two raters agreed within 6 points for 25 out of 30 papers, which indicates good agreement between the two raters in absolute terms (with respect to overall scores in the range [0,100]), and a composite mark (i.e., the mean of the two scores) was used as the final score for each paper in this case. For those cases where initial disagreement was greater than 6 marks, the two reviewers re-evaluated each paper and agreed a final score mutually. Thus, a robust estimate of quality was determined via the APPRAISE-AI score.

Six domains were identified for the APPRAISE-AI critical appraisal tool [25]: clinical relevance (maximum domain score = 4), data quality (maximum domain score = 24), methodological conduct (maximum domain score  $= 20$ ), robustness of results (maximum domain score  $= 20$ ), reporting quality (maximum domain score  $= 12$ ), and reproducibility (maximum domain score = 20). Scores for each of these domains could be determined readily also and they were found to be extremely useful in analyzing the strengths and weaknesses of the article used here. In order to facilitate comparison between these domain scores, they were also scaled linearly in the range minimum of 0 (extremely poor quality) to 100 (extremely good quality). The specific questions used for critical appraisal via the APPRAISE-AI tool are presented in the supplementary material to this paper.

#### Effect Measures

The performance of DL models in detecting periodontal bone loss/ periodontitis was measured with different parameters across studies. The following performance measures were used: accuracy, sensitivity (recall), specificity, precision (positive predictive value, PPV), F1 scores, negative predictive value (NPV), and the area under the receiving characteristic curve (AUC/ROC). Segmentation of features and localization accuracy were evaluated with intercession over Union (IoU), dice similarity coefficient (DSC), Jaccard Index JI, pixel accuracy (PA), and mean average precision (mAP). Note however that there was not enough data for meta analysis to be carried out for segmentation tasks. Bone loss or periodontitis was generally measured on a binary scale (no bone loss or bone loss). However, some studies<sup>22,30</sup> had an ordinal scale and this is dichotomized by us explicitly here to form a binary scale (e.g., no bone loss or *any* bone loss).

#### Syntheses Methods

#### Meta-Analysis

Measures such as sensitivity, specificity, accuracy, PPV, NPV, and even F1-scores (etc.) are all ratios of two integers, where the numerator counts the number of "events" with respect to some (perhaps effective for F1-scores) sample size (i.e., the denominator). (Note also that the units of sampling were images rather than subjects in all papers.) Each of these measures lies in the range [0,1] and (crucially) values for these measures have a common meaning across all articles, i.e., values near to 0 indicate extremely poor performance and values near to 1 indicate extremely good performance. Thus, we can treat each measure as a simple proportion and standard methods of meta-analysis for of a proportion can be employed. (Note that there were no consistent control

groups (or methods) and so meta-analyses via odds ratios or relative risks could not be carried out.) Here, pooled point estimates and 95% confidence intervals of a single proportion via metaanalysis were found using the "metaprop" command for the statistical software package "meta" in the statistical software environment R V3.6.1. The default "arcsine" transformation was used here to calculate an overall proportion, although other transformations (e.g., logit, double arcsine, logarithm, etc.) all gave similar results (this was tested explicitly in all cases), which is an excellent test of method.

Note that some papers used multiple types of neural networks and results are quoted here for each type of network. Augmented data was used in some papers, which inflated the effective sample size by multiple orders of magnitude compared to the other studies and so strongly affected confidence intervals. Subgroup meta-analyses of augmented versus no-augmentation is carried out here in addition to an overall meta-analyses including results from all papers. Funnel plots and statistical tests of bias did not indicate that bias was strong, where there were enough papers to allow this analysis to be carried out for all performance measures. Note finally that random effects meta-analysis was carried out for those cases with larger amounts of heterogeneity (i.e.,  $I^2$  values greater than approximately 50% and *P* < 0.05 for tests of heterogeneity). Sensitivity analyses were carried out where obvious outliers were detected, i.e., meta-analysis was repeated with any outliers removed and results were compared to the original analysis containing all studies.

#### *Figure 1: PRISMA Flowchart for the study*



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**Results:** 

#### Study Selection and Study Characteristics:

Table (1) presents the evidence table for all 30 articles based on authors, year of publication, country, sample size and type of images, AI software, main findings, statistical analysis, and appraisal score. The results show an increase in the number of publications in the year 2023 compared to previous years, with 11 out of 30 papers published in 2023 3,4,9,26,31-37, 8 papers in 2022 <sup>22,30,38-43</sup>; 4 papers in 2021<sup>20,44-46</sup>, 4 papers in 2020 <sup>27,47-49</sup>, 2 papers in 2019 <sup>50,51</sup>, and only one paper in 2018 .

#### Results of Individual Studies

The majority of the studies used panoramic radiographs to assess radiographic bone and periodontal disease through a DL approach 3,4,9,22,31-33,36,39,42,44,47-51. Periapical radiographs were used in 13 papers  $^{20,26,27,34,35,37,38,40,41,43,45,46,52,53}$ . Only one article used bitewing radiographs  $^{41}$ .

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Twenty-nine studies used AI models to assess radiographic bone loss on dental radiographs 3,4,9,20,22,26,27,30-40,42-52. Kearney et al. <sup>41</sup> used GANs to evaluate inpainted and noninpainted methods, which were used to evaluate clinical attachment loss rather than radiographic bone loss. Although this study did not assess the bone level, it still aligns with the original inclusion criteria and keywords established at the start of the search, which were never modified after the search process. It evaluated periodontal disease/periodontitis on 2D dental radiographs using an AI model. Therefore, it was not excluded from the review.

As seen in Table 1, all studies included in this review have established ground truth through expert image annotations and labeling. However, only 14 studies compared model performance to clinical experts 9,20,26,32,35,36,38,40-43,50-52.

#### Risk of Bias Assessment:

Based on the quantitative analysis of the APPRAISE-AI tools , seven papers were considered high quality (scored 60 to79): Liu et al. 2023; Tsoromokos et al. 2022; Chang et al. 2022; Lee et al. 2022; Danks et al. 2021; Kim et al. 2019; and Krois et al. 2019 <sup>36,38,40,43,46,50,51</sup>. Nineteen papers were considered intermediate quality (score 50-59), and 4 papers scored below 50 and were considered low-quality papers. The lowest scoring paper (Sameer et al. 2023 ) scored 35, which is considered very low quality. Table 2 summarizes the papers based on the AI-score rating. The mean score of all items was  $55.3$  (median =  $54.5$ ; SD =  $7.2$ ).

As noted above, the APPRAISE-AI tool splits the appraisal of each paper into distinct sections, namely, title / introduction, methods, results, conclusions, and other. Each APPRAISE-AI item was mapped to one of the following domains: clinical relevance, data quality, methodological conduct, robustness of results, reporting quality, and reproducibility. In order to compare results for domain against each other using the same scale, note again that we scale domain scores linearly to lie in the range [0,100], where: clinical relevance, mean = 97.1 & SD = 6.3; data quality, mean = 58.9 & SD = 9.4; methodological conduct, mean = 54.4 & SD = 11.6: robustness of results, mean = 42.7 & SD = 10.1; reporting quality, mean = 72.9 & SD = 16.1: and reproducibility, mean =  $45.5 \& SD = 11.4$ . Table 3 also summarizes the results of each domain. As seen, most papers are either intermediate or low-quality (i.e., domain score < 60) and only 7 papers produced high-quality results (i.e.,  $60 \le$  domain score  $\le$  80).

 





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*Table 2: Number and percentage of articles in each quality category via overall scores from the APPRAISE-AI critical appraisal tool [25]* 



*Table 3: Domain scores scaled in the range 0 (extremely poor) to 100 (extremely good) using the APPRAISE-AI critical appraisal tool <sup>25</sup>*



### Results of Syntheses<sup>[R3]</sup>:

Eleven papers  $4,9,22,27,30-32,36,37,40,49$  were found to be eligible for the meta-analysis.  $[R3]$ However, Mao's et al. 2023<sup>37</sup> study was removed from the meta-analysis, because it used a training sample for testing model performance instead of a validation sample, indicating a high risk of bias. Therefore, ten papers 4,9,22,27,30-32,36,40,49 have been used in the analysis. There was enough data for six measures to be assessed through meta-analysis. Table 3 shows results for the (point) estimates (and 95% CI) for sensitivity (recall), specificity, accuracy, precision (PPV), NPV, and F1-score. Figures 2 and 3 show forest plots for sensitivity and specificity, respectively. Additional figures of forest plots are attached as supplementary material. All results show overall high values for all parameters (i.e. sensitivity (recall), specificity, accuracy, PPV, NPV) and F1score.



*Table 4: Overview of the meta-analysis results [R3]*



 $[R3]$  Results of meta-analysis for the sensitivity are shown in Fig. 2 and Table 4, where sensitivity is given by 0.87 (95% CI: 0.75 to 0.96) for non-augmentation cases, 0.86 (95% CI: 0.82 to 0.90) for augmentation cases, and 0.87 (95% CI: 0.80 to 0.93) for both augmented and nonaugmented cases combined. Note that we consider the data to be augmented when both training and testing data used in the model are augmented. Although confidence intervals are much narrower for the augmented data (as expected given that sample sizes are much larger), no compelling differences were identified in the point estimates between augmented and nonaugmented data. There were inconclusive differences by outcome type and no difference by type of data measured for testing and training. As demonstrated, our approach acknowledges that finite test sample size itself impacts the confidence intervals in the meta-analysis. We demonstrated how augmentation reduced the confidence intervals by conducting a subgroup analysis on augmented vs non-augmented data.

#### *Figure 2: Forest plot including meta-analysis for the model performance measure: sensitivity [R3]*



Results of meta-analysis for the specificity are shown in Fig. 3 and Table 4. None of the studies used in meta-analysis for the specificity employed data augmentation. Results of metaanalysis for the specificity were  $0.69$  (95% CI: 0.56 to 0.80). Moran *et al.*'s (SVM) <sup>27</sup> study was identified as an outlier and a sensitivity analysis was carried out. Removing this study reduced heterogeneity and changed the results of meta-analysis for the specificity slightly to 0.76 (95% CI: 0.69 to 0.81) and results are shown in Fig. 3.

*Figure 3: Forest plot (excluding Moran (2020)) with meta analysis for the model performance measure: specificity* 



[R3] Meta-analysis was carried out for accuracy, PPV, NPV, and F1 score without data augmentation. Results for the accuracy were 0.82 (95% CI: 0.72 to 0.90) without augmentation across all studies. Removing the potential outlier of Moran *et al*.'s (SVM; which did not use data augmentation)<sup>27</sup>, the accuracy changed slightly to 0.84 (95% CI: 0.75 to 0.91) across all studies, thus indicating minimal impact of this potential outlier. Results for the precision (PPV) were 0.75 (95% CI: 0.67 to 0.83) without augmentation across all studies. Removing the potential outlier of Moran *et al*.'s 2020 (SVM; which did not use data augmentation)<sup>27</sup> reduced heterogeneity between studies and enabled the use of fixed-effects meta analysis, PPV was adjusted to 0.81 (95% CI: 0.77 to 0.84) across all studies. Results for the NPV were 0.81 (95% CI: 0.73 to 0.88)) across all studies. Results for the F1-score were 0.80 (95% CI: 0.74 to 0.85) across all studies. Again, note that results for all of these performance measures and across all studies are shown in Table 4 and supplementary materials.

### **Discussion**

A systematic review was carried out here of the application of DL to detect periodontitis and periodontal bone loss from radiographic dental images. The review adhered to PRISMA standards, where 30 papers were used in this review. All articles were critically appraised using the APPRAISE-AI by two independent reviewers (i.e., two authors of this paper). Measures of model performance are often ratios of two integers, where this ratio lies in the range 0 to 1 and had a meaningful interpretation, namely: a value near to zero indicating extremely poor performance and near to 1 indicating extremely good performance. Standard methods of meta-analysis for a proportion using the "metaprop" command in R V3.6.1 could therefore be employed. 11 papers provided quantitative evidence amenable to meta-analyses, and results were presented for the

sensitivity (aka recall), specificity, accuracy, positive predictive value (aka precision), negative predictive value, and F1 scores.

Using boundaries set by the APPRAISE-AI tool  $^{25}$ , critical appraisal indicated that 1 out of 30 papers (3.3%) were of very low quality (score < 40), 3 (10.0%) were of low quality (40  $\le$  score  $<$  50), 19 (63.3%) were of intermediate quality (50  $\leq$  score  $<$  60), and 7 (23.3%) were of high quality (60  $\leq$  score  $\leq$  80). No papers were of very high quality (score  $\geq$  80). This shows broadly that quality of papers was adequate on the whole, although there was some variation in quality. The APPRAISE-AI tool subdivided the papers into five key areas / domains, namely, clinical relevance, data quality, methodological conduct, robustness of results, reporting, and reproducibility.

Not surprisingly, virtually all papers scored well on the clinical relevance. This is probably because the maximum domain score was only 4 and so any attempt at the title, background, objective and problem, and clinical implementation was likely to receive a mark each. Previous systematic reviews show similar results as authors tend to have good reporting of clinical relevance and implementation and provide clear background and objectives <sup>54,55</sup>. Similarly, reporting quality had a fairly high score compared to the other domains and again its maximum score was only 12. Also, reporting of cohort characteristics, limitations, and disclosures ought to be fairly straightforward tasks, and some form of "critical analysis" is a very common task when writing a paper, as noted in other reviews  $24,55,56$ .

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Methodological conduct and data quality ought also to be straightforward tasks, but scoring for these domains was slightly lower. It is noticeable that many papers scored poorly on stating the sources of their data and also slightly less well on eligibility criteria for the data quality domain. Not surprisingly, authors tended to explain what the ground truths were and how

data was abstracted and prepared, which are both "bread and butter" tasks in image analysis using Deep Learning. Similarly, data splitting and sample size calculations were explained adequately for the methodological conduct domain, although baseline models were explained less well. It seems that other reviews identified similar issues in explaining the methodological conduct with increased risk of bias despite using different critical appraisal tools  $^{23,24,56}$ .

In addition, more than 50% of the included paper, in which expert annotated the images, did not include direct and blinded clinicians' comparison 3,4,22,27,30,31,33,34,37,39,44-49. This limits the ability to validate the models' performance in real-world experience. It might be argued that images annotation by experts can serve as baseline to which an AI model is compared and validated. However, it is crucial to directly compare AI models performance with blinded experts, especially trained oral and maxillofacial radiologists, to ensure that they can complement and enhance clinicians' diagnostic accuracy and improve trust and reliability.

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Finally, robustness and reproducibility domains scored badly. For the robustness, all items in this domain scored somewhat poorly, although error analysis was particularly poor where only a few papers even considered this. This reflects previous findings that highlight a lack of transparency and thoroughness in these areas  $23,24,37,55,56$ . The poorer score for the reproducibility domain was driven by a lack of transparency (e.g., authors not providing links to code or data) because model description and model specification tended to be reported extremely well. Overall, our analysis produced similar results to the APPRAISE-AI tool<sup>25</sup> that showed the lowest domain scores were robustness of results, reproducibility, and methodological conduct.

Results of measures of model performance (sensitivity, specificity, F1 etc.) showed that overall performance was quite good, although there is quite a lot of variation between studies and so there is some "room for improvement," which is consistent with previous studies  $23,24,56$ . There

was some evidence of a difference between sensitivity and specificity. Notably, results <sup>[R3]</sup> for the specificity of 76% (95% CI: 69% to 81%) were somewhat lower than results for the sensitivity of 87% (95% CI: 80% to 93%), indicating broadly that classifying negative cases correctly (i.e., without disease) was a harder task than classifying positive cases correctly (i.e., with disease). 95% confidence intervals were much smaller for augmented data compared to non-augmented data, which is exactly what one would expect as sample sizes have been increased synthetically compared to non-augmented data. Point estimates for these measures were broadly about the same (or perhaps slightly higher in some cases) for augmented versus non-augmented data, although this was inconclusive here. There was no evidence from this analysis that a particular type of neural network / Deep Learning model performs better than the others, although this might emerge in the future. Indeed, there appeared to be no other strong factor affecting results for measures of model performance, as far as we could tell.

One strength of the analyses carried out here is that we carry out meta-analysis for measures of model performance for AI applied to dental images. Furthermore, we have used an explicit critical appraisal tool to analyse our sources, which is another advantage. Weaknesses of our analyses are that there were relatively few studies for meta-analyses, although this is fast-moving field. Finally, we found high heterogeneity in our data, which makes the results of meta-analysis less reliable, even despite using random effects meta-analyses and sensitivity analyses. A common criticism of meta-analysis for experimental or lab-based studies is that the diverse setups (methods, populations, outcomes, etc.) render any average or composite value meaningless. However, our perspective is that meta-analysis remains valuable for gaining an overall understanding of results, as the data patterns for these measures generally show consistency across different studies.

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In relation to clinical practice, rapid progress is clearly being made in this field. The results of meta-analyses for all of the measures of model performance indicate that (on average) models are not good enough as an automated screening tool as yet. Common acceptable performance cutoff values for screening tests are often cited as sensitivity and specificity roughly greater than or equal to 80% to 90% <sup>57</sup>, although one should note that the precise levels for these cut-offs are also strongly case-dependent and/or disease-dependent <sup>57-59</sup>. However, we remark that some of the models in the papers used in this study might indeed perform well according to these criteria, but probably also require more (external) validation and testing. Critical appraisal carried out here indicates that a lack of transparency, absence of analysis of outliers and errors, and opacity regarding data sources in the articles considered here are potentially significant barriers to the subsequent adoption and translation by the dental community.

Future research should focus on transparency and rigorous explanation of study design and methods used in performing AI studies. We believe that the newly developed APPRSISE-AI tool by Kwong et al. <sup>25</sup> provides a clear baseline and tools necessary for future AI studies. It can be used as a guideline in future research to create coherent, valid, and reproducible papers.

### **Conclusion:**

Studies showed various DL models can be developed and applied in dento-alveolar detection and segmentation and subsequent periodontal bone level evaluation with high accuracy. We applied the new APPRAISE-AI Tool in our study as it takes into consideration all necessary information that has to be reported in AI studies. Meta-analysis results indicate that model efficacy, averaged across included studies, is generally good to very good. Data augmentation appeared to enhance model performance, but this wasn't statistically significant. Despite literature

heterogeneity and various performance parameters, AI models evaluated alveolar bone loss on 2D dental radiographs with high efficacy. However, it may not be good enough as an automated screening tool as yet; due to the lack of transparency, absence of analysis of outliers and errors, opacity, and discrepancy within studies. Finally, this systematic review highlights the need for more rigorous standards and clear guidelines in conducting, documenting, and reporting AI research in dentistry.

### **Supplementary material:**

AI appraisal tool results, APRAISE-AI items and domains, and additional meta-analysis figures are attached as supplementary material.

#### *Appendix:*

The specific method used for critical appraisal via the APPRAISE-AI tool is available at [APPRAISE-AI Tool for Quantitative Evaluation of AI Studies for Clinical Decision Support |](https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2809841?utm_campaign=articlePDF&utm_medium=articlePDFlink&utm_source=articlePDF&utm_content=jamanetworkopen.2023.35377)  [Artificial Intelligence | JAMA Network Open | JAMA Network.](https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2809841?utm_campaign=articlePDF&utm_medium=articlePDFlink&utm_source=articlePDF&utm_content=jamanetworkopen.2023.35377)



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# **Authors contribution and Acknowledgement:**

**Yahia H. Khubrani:** Conceptualization, Methodology, Formal analysis, Data Curation, Writing original draft, Project administration. **David Thomas:** Conceptualization, Supervision, Writing - Review & Editing. **Paddy Slator**: Conceptualization, Supervision, Writing - Review & Editing. **Richard D. White:** Conceptualization, Writing - Review & Editing. **Damian J.J. Farnell:** Conceptualization, Methodology, Supervision, Formal analysis, Data Curation.

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