

# Measurement of Factor H Variants in Plasma Using Variant-Specific Monoclonal Antibodies: Application to Assessing Risk of Age-Related Macular Degeneration

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**PURPOSE.** The Y402H polymorphism in the complement regulator factor H (fH) is strongly associated with age-related macular degeneration (AMD) across diverse populations. Persons homozygous for histidine at this position have up to 12-fold greater risk for AMD than those homozygous for tyrosine. Knowledge of fH-Y402H status is, therefore, valuable in predicting risk and focusing preventive measures in the elderly. This knowledge requires genetic analysis, which is unavailable in most laboratories and which provides no information about the levels of fH protein, a putative linked determinant of disease risk.

**METHODS.** The authors describe novel monoclonal antibodies that distinguish the two fH allelic variants in plasma. ELISA with these antibodies not only reliably identifies the fH-Y402H status, confirmed by genotyping, but also quantifies the concentration of total fH and the fH-Y402 and fH-H402 variants.

**RESULTS.** In young adult control subjects, mean fH concentration was 233 mg/L. In elderly control subjects, mean fH concentration was 269 mg/L, whereas in a matching AMD cohort, mean fH concentration was 288 mg/L. Total fH concentration was similar in each subgroup of young and elderly control subjects; however, in the AMD group, fH concentration was significantly higher in the heterozygous subgroup. Measurement of the two variants in this subgroup showed that both were elevated to a similar degree.

**CONCLUSIONS.** The novel monoclonal antibody MBI-7 was used to develop a robust assay for measurement of fH and the variants in plasma. The simplicity of the assay means that it may be used by any clinical laboratory to identify polymorphic

status and to quantify plasma levels in persons at risk for AMD. (*Invest Ophthalmol Vis Sci.* 2008;49:1983–1990) DOI: 10.1167/iov.07-1523

Complement factor H (fH) is the major fluid-phase regulator of the alternative pathway of complement and plays a key role in controlling complement activation *in vivo*. fH is produced mainly in the liver and is reported to be present in plasma at a concentration of approximately 500 mg/L.<sup>1</sup> The molecule is made up entirely of a string of 20 folded globular domains known as short consensus repeats (SCRs).<sup>2</sup>

The relevance of fH to homeostasis is apparent in patients with fH deficiency; uncontrolled complement activation consumes the components, rendering the patient secondarily deficient in C3 and, hence, susceptible to pyogenic infections.<sup>3,4</sup> Importantly, persons deficient in fH are susceptible to a specific pathologic renal condition, type II membranoproliferative glomerulonephritis (MPGN II), not seen in association with primary C3 deficiency, implying a unique and undefined role for fH in protecting the kidney from injury. In addition, common polymorphisms and rare mutations in fH have been described and shown to be associated with other diseases, including atypical hemolytic uremic syndrome (aHUS) and age-related macular degeneration (AMD).<sup>5</sup>

AMD is the leading cause of vision loss in the elderly in Western societies, with the severe, vision-threatening complications of geographic atrophy (GA) and choroidal neovascularization (CNV) accounting for nearly 50% of all blindness in the Western world.<sup>6</sup> Two major AMD susceptibility loci (1q31, *CFH*, and 10q26, LOC387715/HTRA1) that independently contribute to risk for AMD have been identified recently by candidate region linkage studies and whole genome association analyses.<sup>7–12</sup> At the *CFH* locus, the Y402H polymorphism, which represents a tyrosine (Y) to histidine (H) change at position 402 within SCR 7 of fH, is strongly associated with the disease and has been suggested as a global marker for AMD.<sup>13</sup> Persons homozygous for the H402 isoform of fH (fH-H402; 10% of Caucasians) were at increased risk for AMD compared with those homozygous for the fH-Y402 variant, which ranged between 3-fold and 12-fold in the published cohorts. No increased risk was found in Japanese or Chinese cohorts; however, the H402 variant is rare in these populations.<sup>14–16</sup>

Identification of H402-homozygous persons at high risk for disease would enable clinicians to provide an accurate risk assessment and initiate strategies to reduce extrinsic risk factors or even to implement prophylactic therapy. Current methods for identifying the fH-Y402H status of a patient require extraction of DNA followed by tedious and expensive sequencing analysis that can only be provided within specialized diagnostic laboratories. A serum assay that differentiates the relevant fH variants would simplify diagnosis and enable the screening of relevant at-risk populations. Additionally, it would provide information on the serum levels of fH that may be relevant to disease risk. Although the variants differ by only a

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single amino acid, we reasoned that monoclonal antibodies (mAbs) might be generated that would differentiate between the two, permitting the development of an assay to reveal risk for AMD from routine serum samples.

We here describe the production, characterization, and use of such reagents in the development of a variant-specific, direct sandwich enzyme-linked immunosorbent assay (ELISA) for the quantification of total fH and the fH-Y402 and fH-H402 variants in serum or plasma. The assays have been validated against the gold standard of DNA genotyping and show 100% accuracy in identifying the fH-Y402H status in healthy persons and AMD patients. In addition, the assays provide valuable information regarding the concentration of fH variants in plasma that we anticipate will help explain the association of the fH-H402 protein with AMD.

## MATERIALS AND METHODS

### Generation of fH-Immunoglobulin Fusion Proteins as Immunogen

Immunoglobulin fusion proteins comprising SCR6–8 of human fH and the Fc portion of human IgG4 (fH-Fc) were prepared using published methods.<sup>17,18</sup> Briefly, cDNA encoding SCR6–8 of fH with H at amino acid position 402 in SCR7 was amplified by RT-PCR from RNA prepared from peripheral blood mononuclear cells (PBMCs). DNA was ligated in frame with the CD33 signal sequence (SigIg; R&D Systems, Minneapolis, MN), as previously described,<sup>19</sup> and then subcloned into the expression vector pDR2ΔEF1α (gift from Ignacio Anegón, INSERM U437, Nantes, France). DNA was cloned upstream of and in-frame with that encoding the hinge and Fc domains of human IgG4, as previously described.<sup>19</sup> Using this vector as template, a second expression vector was prepared that encoded SCR6–8 of fH-Y402. Two-stage join-up PCR was used to introduce a mutation in the H402 codon such that it was replaced with Y. DNA was cloned into pDR2ΔEF1α in-frame with DNA encoding IgG4 Fc, as described. Sequencing confirmed that no errors had been introduced by PCR. Chinese hamster ovary (CHO) cells were transfected with these plasmids using lipofectamine (Invitrogen, Carlsbad, CA) according to the manufacturer's instructions. Stable lines were selected with 400 mg/L hygromycin B (Invitrogen) in RPMI-1640 (Gibco, Invitrogen) medium supplemented with 10% heat-inactivated fetal bovine serum (FBS; Gibco, Invitrogen) and maintained in hygromycin B (100 mg/L) in 5% FBS-RPMI-1640. The fH-Fc constructs were purified from the culture supernatant by protein-A affinity chromatography (HiTrap Protein A; GE Healthcare, Chalfont, St. Giles, UK), as described.<sup>17</sup>

### Identification of Subjects Homozygous for H402 and Y402 Variants

The polymorphism of *CFH* at the nucleotide position 1277, corresponding to amino acid position 402, was analyzed by PCR. Venous blood (5 mL) was collected in EDTA-containing tubes. Genomic DNA was extracted from buffy coat by proteinase K/phenol/chloroform extraction and ethanol precipitation. A fragment of 458 bp containing exon 9 of the *CFH* gene was amplified from genomic DNA using specific primers derived from the 5' and 3' intronic sequences (forward, 5'-CCT TTG TTA GTA ACT TTA GTT CGT C-3'; reverse, 5'-GGT CCA TTG GTA AAA CAA GG-3'). PCR was performed with the use of a polymerase kit (Platinum Blue PCR SuperMix; Invitrogen) in a final volume of 25 μL. The thermal profile consisted of an initial denaturation step at 94°C for 3 minutes; 35 cycles of denaturation at 94°C for 30 seconds, annealing at 57°C for 1 minute, and polymerization at 72°C for 30 seconds; and a terminal extension at 72°C for 10 minutes. Amplification was verified by electrophoresis of PCR products on 1.6% agarose gels. PCR products were purified using a PCR purification kit (QIAquick; Qiagen, Valencia, CA). Direct sequencing of PCR products

was performed using an amplification primer (3130xl Genetic Analyzer; ABI Prism; Applied Biosystems, Foster City, CA).

### Purification of Full-Length fH from Human Plasma

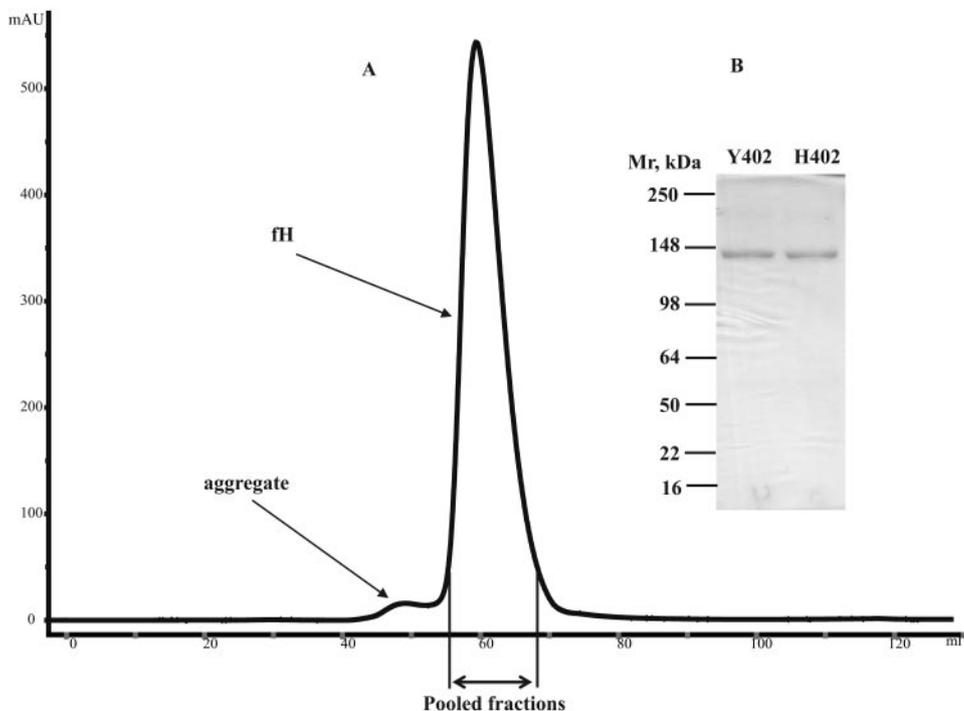
fH was purified from the plasma of subjects homozygous for either the H402 or the Y402 variants by a sequential three-step FPLC method at 4°C on ÄKTApriime (GE Healthcare). First, filtered plasma (100 mL) was applied to a 5-mL column (HiTrap; GE Healthcare) to which 10 mg mouse anti-human fH mAb 35H9 (generated in house) was coupled. Bound protein was eluted at low pH, and fractions containing fH (identified by ELISA) were pooled, dialyzed against phosphate-buffered saline (PBS; 137 mM NaCl, 10 mM phosphate, 2.7 mM KCl, pH 7.4), and applied to a heparin column (HiTrap; GE Healthcare) equilibrated with PBS. Bound proteins were eluted with 1 M NaCl in PBS. Fractions containing fH were pooled and polished by gel filtration on preparative grade matrix (Superdex-200; GE Healthcare) in a XK16/70 column (GE Healthcare). Purity was confirmed by sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE); using plasma from identified homozygous donors, preparations of fH-H402 and fH-Y402 were obtained without any detectable contaminants or aggregates by this three-step method (Figs. 1A, B). Proteins were also free of fH-like-1 (FHL-1) and fH-related proteins. Yield was 25% to 50% and was similar for the two variants. Purified fH was used for testing established mAb and as a primary standard in the ELISA.

To obtain absolute protein concentrations for the fH assay standard, aliquots of pure fH-Y402 and fH-H402 (in 20 mM Tris buffer [pH 7.4], 150 mM NaCl) of known absorbance at 280 nm were lyophilized to dryness and hydrolyzed by incubation in 6 M HCl for 24 hours at 110°C. Standard (norleucine, 3 nM) was added, and the resultant amino acids were quantified on an amino acid analyzer (Biochrom 20; Pfizer, New York, NY). From these data, extinction coefficients ( $\epsilon$ ) at 280 nm for the fH-Y402 and fH-H402 proteins were calculated to be 2.0 and 1.9  $\text{cm}^{-1}(\text{mg/mL})^{-1}$ , respectively, reflecting the additional absorbing Y residue in the former. A mean value of 1.95  $\text{cm}^{-1}(\text{mg/mL})^{-1}$  was used for subsequent fH preparations so that an absorbance at 280 nm of 1.0 corresponded to 513 mg/L.

### Immunization and Generation of Monoclonal and Polyclonal Antibodies

Female BALB/c mice were immunized subcutaneously four times at 3-week intervals with 100 μg fH(6–8)-H402-Fc in Freund adjuvant, as described. Three weeks after the last injection, the mouse with the highest titer of anti-fH antibodies (tested in ELISA) was boosted intraperitoneally with 100 μg fH(6–8)-H402-Fc in PBS. Three days later, the spleen was harvested, and splenocytes were fused with a mouse myeloma cell line Sp2/0-Ag, as described.<sup>20</sup> Hybridoma clones were selected and screened in ELISA for reactivity toward purified fH from pooled plasma. Positive clones were further screened for reactivity by comparing their binding activity to purified fH-H402 and fH-Y402 in ELISA. Hybridomas producing mAbs that recognized only fH-H402 variant were identified, subcloned, and expanded. The mAbs were purified by protein G affinity chromatography (HiTrap Protein G; GE Healthcare). The isotype of the mAb was determined using an isotyping kit (IsoStrip Mouse Monoclonal Antibody Isotyping Kit; Roche Applied Science, Indianapolis, IN) according to the manufacturer's instructions. A similar strategy was adopted for obtaining fH-Y402-specific mAb by immunizing with fH(6–8)-Y402-Fc. No hybridomas producing mAb specific for the fH-Y402 variant were identified in any of three fusions.

Rabbit antiserum against fH was produced by repeated immunization with pure fH in adjuvant. Specific immunoglobulin was purified from antiserum by affinity chromatography using fH immobilized on a NHS column (Hi-Trap; GE Healthcare). Aliquots of mAb and affinity-purified rabbit polyclonal anti-fH antibody were labeled with horseradish peroxidase (EZ-Link Plus Activated Peroxidase Kit; Pierce Biotechnology, Inc., Rockford, IL). Animals were handled in accordance with



**FIGURE 1.** (A) Gel-filtration chromatogram from the final step of plasma fH purification after immunoaffinity and heparin affinity steps. The *y*-axis (milliabsorbance units [mAU]) plots absorbance at 280 nm, and the *x*-axis plots retention time in minutes. (B) Coomassie staining of final fH preparations.

the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research.

### Confirmation of Specificity of mAbs

**Western Blotting.** fH-H402 and fH-Y402 were subjected to SDS-PAGE and transferred to a nitrocellulose membrane. After blocking with 5% skimmed milk in PBS, the membrane was washed in PBS-Tween 20 (0.1% vol/vol) and incubated with the mAb (5 mg/L) in PBS-5% milk for 1 hour at room temperature. After extensive washing in PBS-Tween 20, bound mAb was detected using an HRP-conjugated goat anti-mouse IgG and visualized by enhanced chemiluminescence (ECL; GE Healthcare).

**Dot Blotting.** Serial dilutions of fH-H402 and -Y402 variants were spotted on a nitrocellulose membrane using a microfiltration apparatus (Bio-Dot SF; Bio-Rad, Hercules, CA). After blocking, immobilization of the proteins was confirmed by immunodetection, as described.

**ELISA.** fH-H402 and -Y402 variants (5 mg/L in bicarbonate coating buffer, pH 9.6) were immobilized on a microtiter plate for 1 hour at 37°C. After blocking in 1% PBS-BSA, serial dilutions of mAb in blocking buffer were added. The interaction was detected by an HRP-conjugated goat anti-mouse IgG in combination with orthophenylenediamine (OPD; AbD Serotec, Martinsreid, Germany).

**Surface Plasmon Resonance Analysis.** Binding of mAb to fH-H402 and -Y402 variants was analyzed by surface plasmon resonance using a biosensor (Biacore 3000; Biacore, Uppsala, Sweden). fH-H402 or -Y402 (300 RU) was immobilized on the CM-5 sensor chip using the amine-coupling kit (Biacore) according to the manufacturer's instructions. The reference flow cell was activated with ethyl-*N*-(3-diethylaminopropyl)carbodiimide and *N*-hydroxysuccinimide and was blocked with ethanolamine. Binding experiments were performed in HBSP buffer (10 mM HEPES, pH 7.4, 150 mM NaCl, 0.005% P20 surfactant). mAb was injected in triplicate at concentrations of 0 (blank control), 6.25, 12.5, 25, 50, and 100 nM, at a flow rate of 20  $\mu$ L/min for 1 minute and a dissociation time of 15 minutes. Reference curves were obtained by injection of mAb over the reference flow cell. Experimental data were corrected for the reference and blank control and were analyzed using Biacore software (BIAevaluation 4.1). The kinetic association,  $k_a$ , and dissociation,  $k_d$ , constants were estimated by global fitting analysis of the binding curves to the 1:1 Langmuir interaction

model. The equilibrium dissociation constant ( $K_D$ ) was calculated as  $K_D = k_d/k_a$ .

As a positive control in this series of experiments, mouse anti-human fH mAbs OX-24<sup>21</sup> and 35H9, which detect both variants of fH, were used.

### Development of a Quantitative ELISA Distinguishing the fH-Y402H Variants

Affinity-purified rabbit anti-fH was diluted in coating buffer and dispensed into a 96-well microtiter plate at 0.5  $\mu$ g/well. After 1 hour at 37°C, the plate was washed in PBS/0.1% Tween 20 (PBS/T) and then blocked with 1% BSA in PBS. After washing, standards or serum samples (100  $\mu$ L, diluted 1:5000 in PBS) were added in triplicate or duplicate and incubated for 1 hour. Wells were washed and either HRP-labeled affinity-purified rabbit anti-fH (100  $\mu$ L; 1 mg/L) or HRP-labeled H402-specific mAb (100  $\mu$ L; 1 mg/L) added to measure total fH or fH-H402, respectively. After 1 hour, wells were washed three times, and bound antibody was detected using OPD substrate. Development was stopped by the addition of 10% sulfuric acid, and absorbance at 492 nm was measured. All incubation steps were performed for 1 hour at 37°C unless stated otherwise. Purified fH-H402 and an equimolar mixture of both variants were used as standards for estimation of plasma fH-H402 and total fH, respectively. Concentrations of total fH and fH-H402 in plasma were calculated by reference to the appropriate calibration curve prepared from the standards and expressed as milligram per liter of plasma. Standards were included on each plate, and the genotypes of subjects were not known before assay. Concentration of fH-Y402 was calculated by subtraction of fH-H402 from total fH concentration. The detection limit and working range in the ELISA were determined, as described.<sup>22</sup>

### Measurement of fH Variants in Plasma Samples from Healthy Donors and AMD Patients

Samples were collected for studies approved by the Ethics Committee of the University of Navarra, and the study described adhered to the tenets of the Declaration of Helsinki. Written informed consent was obtained from all participants.

EDTA plasma was obtained from freshly drawn blood from 63 healthy young volunteers (Cardiff cohort; mean age, 35.0 years).

Plasma was separated within 1 hour of collection and was stored in aliquots at  $-80^{\circ}\text{C}$ . fh variant concentrations in plasma samples were measured as described. Identical standards were used in each ELISA plate, and samples from control subjects and AMD patients were randomly assigned to plates to eliminate any possibility of bias in the assay.

fh concentration and the concentrations of the Y402 and H402 variants were also measured in plasma samples from 53 AMD patients (36 with the wet form and 17 with the dry form) and 75 age- and sex-matched control subjects (Spanish cohort). Most participants in the Spanish cohorts were current or recent smokers, making it impossible to independently assess effects of smoking behavior. All controls were examined by trained ophthalmologists to screen for any form of AMD.

### Statistical Analysis

Data evaluation was performed with SPSS 13.0 (SPSS Inc., Chicago, IL). Obtained data were checked for normality with Komolovrov-Smirnov test. The fh concentration in human plasma was expressed as the mean  $\pm$  SD for each group. After a significant one-way ANOVA, differences between groups were evaluated using Student's *t*-test for independent samples.  $P < 0.05$  was considered significant.

## RESULTS

### Preparation and Characterization of Anti-fh-H402 mAb

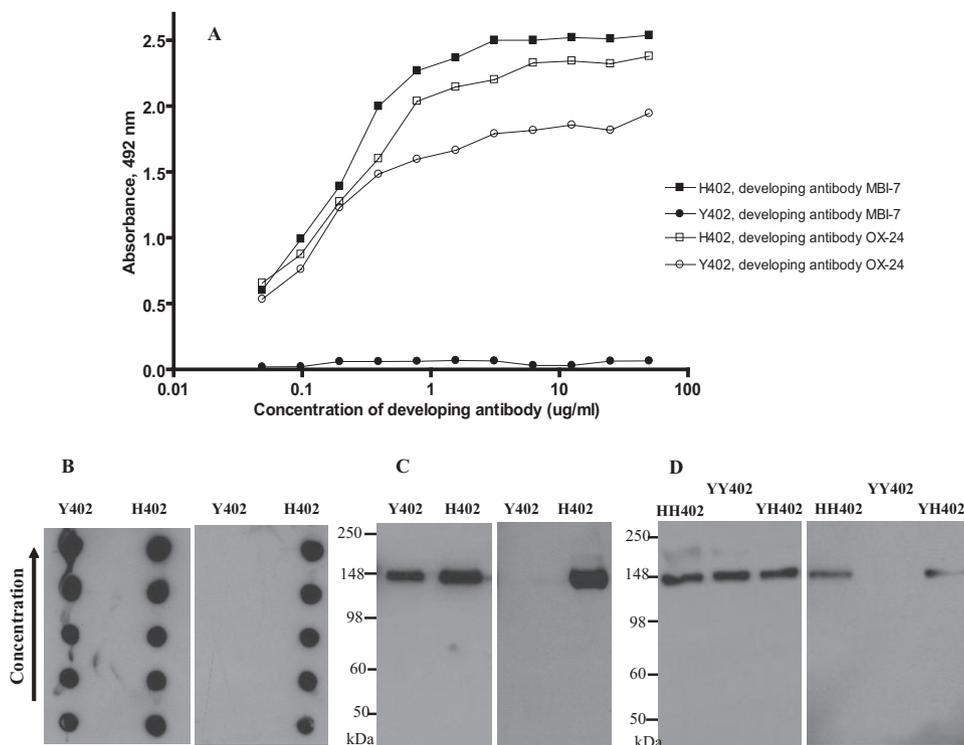
From 20 positive wells cloned by limiting dilution, three stable anti-fh hybridomas were obtained that preferentially bound fh-H402 in screening ELISA; all were IgG<sub>1</sub> isotype. One of these, designated MBI-7, was confirmed in subsequent ELISA (Fig. 2A), dot blot, and Western blot (Fig. 2B) assays to react exclusively with fh-H402. Blotting of plasma samples from heterozygous donors or those homozygous for fh-H402 or fh-Y402 confirmed the specificity of MBI-7 for fh-H402 (Fig. 2C). The mAb was grown in bulk and purified. As a further test of specificity, plasma from homozygous or heterozygous do-

nors was applied to a column of MBI-7-sepharose. This column failed to bind any fh from fh-Y402 homozygous donors, efficiently bound fh-H402 from fh-H402 homozygous donors, and selectively bound only fh-H402 from heterozygous donors (data not shown).

Comparison of the relative affinities of MBI-7 and OX-24 for fh-Y402 and fh-H402 was performed by surface plasmon resonance analysis (Biacore 3000; Biacore). The 1:1 Langmuir interaction data-fitting model was used to predict dissociation constants ( $K_D$ ; Table 1). MBI-7 failed to bind fh-Y402 but bound fh-H402 with a  $K_D$  of 1.7 nM, whereas OX-24 bound both variants with a similar  $K_D$  (approximately 0.1 nM).

### Establishment of a Sandwich ELISA for Quantification of Total fh and Its H402 Variant

Sandwich ELISA for quantification of the two forms of fh in plasma or serum samples was developed by using affinity-purified rabbit anti-fh as capture and either HRP-labeled affinity-purified rabbit anti-fh (to measure total fh) or HRP-labeled MBI-7 (to measure fh-H402) as detection. Calibration curves using different proportions of the fh variants as standard were identical for the total fh assay and precisely reflected the proportion of fh-H402 for the fh-H402-specific assay (not shown). Plasma and serum samples were diluted 1:5000 for assay; the calculated detection limit of the assay was 0.007 mg/L, and the working range was 0.01 to 0.2 mg/L. Assay performance was assessed by taking multiple measures from independently diluted aliquots of the same plasma samples, either within the same assay or in separate assays. The within-assay precision ranged from 4.1% to 7.0%, with an average of 5.5% for total fh measurement, and from 7.7% to 12.8%, with an average of 11.0% for fh-H402 measurement. Between-assay precision ranged from 4.9% to 10.1%, with an average of 8.0% for total fh measurement, and from 10.1% to 15.8%, with an average of 12.5% for fh-H402 measurement.



**FIGURE 2.** Specific detection of fh-H402 with MBI-7. (A) ELISA with each fh variant directly immobilized on plate. (B) Dot blot for detection of fh variants using nonselective (OX-24; *left*) and H402-specific (MBI-7; *right*) mAb. (C) Western blot detection of purified fh variants using mAb, as described. (D) Western blot detection of fh in plasma samples of H402 homozygous, Y402 homozygous, and YH402 heterozygous participants using mAb, as described.

**TABLE 1.** Kinetic Constants for the Interaction of OX-24 and MBI-7 Monoclonal Anti-fH Antibodies with Immobilized fH-H402 (300 RU) or fH-Y402 (300 RU) as Determined by Surface Plasmon Resonance

	$k_a$ (1/Ms)	$k_d$ (1/s)	$K_D$ (M)	$R_{max}$ (RU)
OX-24 with fH-H402	$3.36 \times 10^5$	$3.98 \times 10^{-5}$	$1.19 \times 10^{-10}$	49.8
MBI-7 with fH-H402	$4.01 \times 10^5$	$6.8 \times 10^{-4}$	$1.69 \times 10^{-9}$	49.3
OX-24 with fH-Y402	$2.74 \times 10^5$	$3.27 \times 10^{-5}$	$1.19 \times 10^{-10}$	60.0
MBI-7 with fH-Y402	NB	NB	NB	NB

NB, no binding detected.

### Measurement of Total fH and Its H402Y Variants in Healthy Donors and AMD Patients

Concentrations of total fH and fH-H402 were measured by ELISA in plasma from 63 healthy donors collected in the Cardiff laboratory (Table 2; Fig. 3A); concentration of fH-Y402 was calculated by subtraction. Y402H status of donors in this group, assigned by ELISA, was verified by subsequent genotyping of DNA of 30 of the donors; in every donor genotyped, the status assigned by ELISA was confirmed (data not shown). Of note, the concentrations of fH measured in the assay using, for the first time, absolute protein standards obtained with the extinction coefficient measured as described were less than half those quoted in the literature.<sup>1,23</sup> Previous studies have assumed an extinction coefficient close to  $1.0 \text{ cm}^{-1}(\text{mg/mL})^{-1}$  and so have systematically overestimated plasma concentrations. In young healthy donors, the mean total fH concentration was 233 mg/L and was not different in the three groups (YY402, YH402, and HH402). In the HH402 group, the fH-H402-specific ELISA yielded values almost identical with those obtained from the same samples in the total fH assay (mean, 260 mg/L vs. 249 mg/L). YY402 values were not above background in this assay, but YH402 donors had intermediate values, as expected (Fig. 3B).

Plasma samples from a cohort of Spanish patients with diagnoses of AMD ( $n = 53$ ; 17 dry AMD, 36 wet AMD) and age- and sex-matched healthy controls ( $n = 75$ ) were also analyzed (Table 3; Fig. 4). Y402H variant status was readily assigned from the ELISA and revealed an increased frequency of the H allele in the patients (Y/H ratios: 0.73:0.27 in controls and 0.59:0.41 in patients). Results were verified by genotyping of DNA of all donors; in every donor, the status assigned by ELISA was confirmed. Total fH concentration in the controls was not different among the three groups (YY402, HH402, YH402), whereas in AMD patients, total fH concentration was significantly

higher in the YH402 group than in either the YY402 or the HH402 group (Fig. 4A). To further explore this observation, the concentrations of fH-H402 and fH-Y402 in heterozygous patients and controls was measured (Fig. 4B). Both variants were elevated to a similar degree in patients compared with controls.

### DISCUSSION

A considerable body of evidence is accumulating to support the conjecture that AMD is a disease caused by dysregulation of the alternative complement pathway. The first clues came from the demonstration that complement components and regulators are abundant in drusen, the pathologic hallmark of AMD.<sup>24-26</sup> The discovery that a common polymorphism in fH, the principal fluid-phase regulator of the alternative pathway, is a major risk factor for AMD brought complement to the fore.<sup>7-10</sup> Recently, several other complement associations have been described, including a common fH haplotype that includes deletion of the fH-related proteins 1 and 3 (fHR-1 and fHR-3) and is protective against AMD.<sup>27,28</sup> The common F/S polymorphic variant in C3, the key player in the alternative pathway, has recently been reported to modulate risk for AMD,<sup>29</sup> and protective haplotypes in the linked C2/fB genes have been described.<sup>30,31</sup> A recent analysis of polymorphisms in the gene encoding fH described seven SNPs that modulated susceptibility to AMD; of these, only two (rs1061170, Y402H; rs800292, I62V) caused amino acid changes in the fH protein.<sup>32</sup> The other five were synonymous exonic substitutions or changes in noncoding regions, all of which are likely to mediate their effects by modulating expression levels of the gene to alter fH concentrations in plasma.

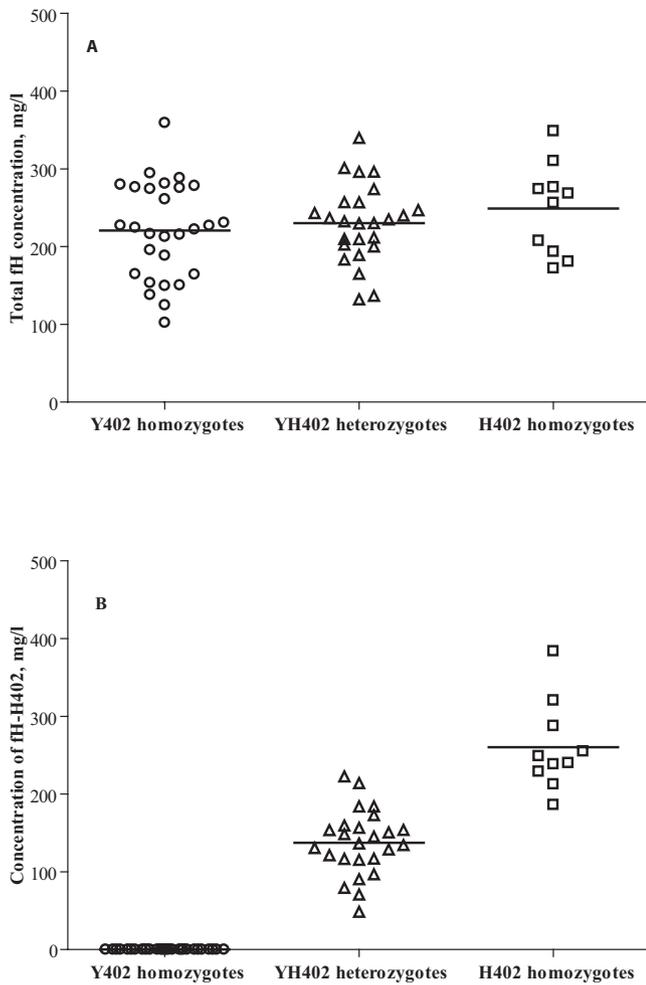
Identification of carriers of risk alleles for fH and other complement proteins would aid prediction of disease risk and

**TABLE 2.** Characteristics of fH Concentrations in the Cardiff Control Cohort

Characteristics	Values
No. of subjects	63
Females (%)	62
Age (years)*	$35.03 \pm 8.88$ (21-56)
fH concentration (mg/L)*	$233.24 \pm 56.65$ (135.54-349.27)
Y402 homozygous (%)	44.4
Y402 homozygous (fH; mg/L)*	$220.63 \pm 61.83$ (102.28-359.35)
H402 homozygous (%)	15.9
H402 homozygous (fH; mg/L)*	$248.89 \pm 58.51$ (172.06-348.65)
Y402H heterozygous (%)	39.7
Y402H heterozygous (fH; mg/L)*	$230.21 \pm 49.60$ (132.28-339.81)
Y402H heterozygous (H402; mg/L)*	$136.86 \pm 41.64$ (48.45-222.68)
Y402H heterozygous (Y402; mg/L)*	$92.95 \pm 37.84$ (30.54-177.67)
Y402: H402 allele frequency	0.64 : 0.36

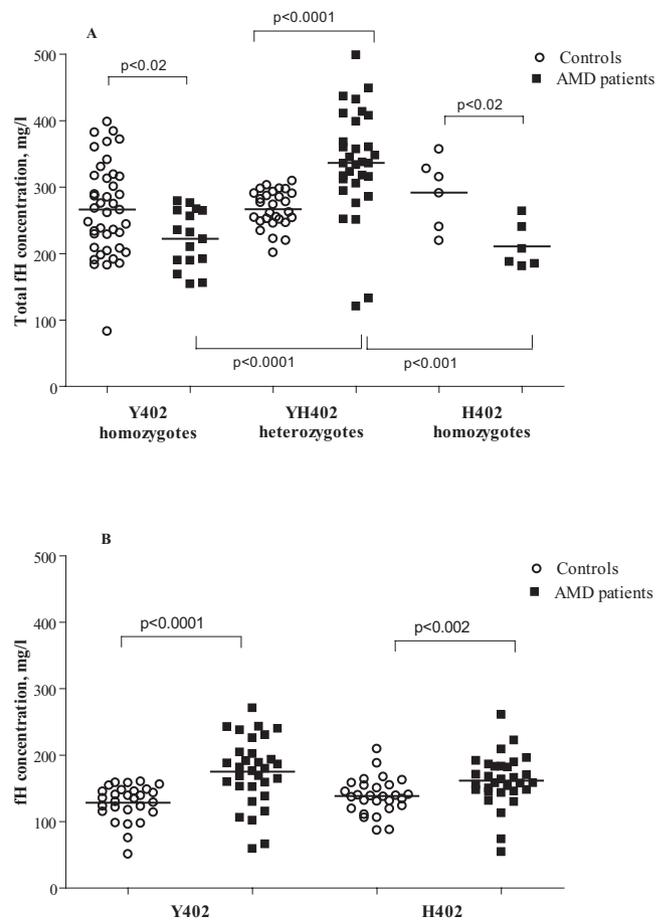
fH-Y402H polymorphic status was assigned from the ELISA and confirmed by sequencing. The total fH concentration and concentrations (in mg/L) of each variant were determined in each subgroup.

\* Values are mean  $\pm$  SD (range).



**FIGURE 3.** (A) Concentration of total fH in Y402 homozygous, Y402H heterozygous, and H402 homozygous subjects in the Cardiff control cohort. (B) Concentrations of fH-H402 variant in Y402 homozygous, Y402H heterozygous, and H402 homozygous subjects in Cardiff control cohort.

guide attempts to reduce risk. For example, smoking is an important extrinsic risk factor for AMD, and it has recently been demonstrated that smoking is a much greater risk factor



**FIGURE 4.** (A) Concentrations of total fH in Y402 homozygous, Y402H heterozygous, and H402 homozygous participants in the elderly control and AMD groups. (B) Concentrations of the fH variants in Y402H heterozygous participants in the elderly control and AMD groups.

in those carrying the H402 allele.<sup>33,34</sup> Targeting smoking cessation therapies to this group would be of particular benefit. Interestingly, smoking has previously been associated with lower plasma levels of fH.<sup>35</sup> Current genotyping methods are not well suited for rapid screening in the clinic; a rapid, simple, and accurate serum test, amenable to near-patient use, is there-

**TABLE 3.** Characteristics of fH Concentrations in the Spanish Control and AMD Cohorts and Concentrations (in mg/L) of Each Variant Were Determined in Each Subgroup

	Controls	AMD
No. of subjects	75	53
Females (%)	40.0	43.4
Age (years)*	72.92 ± 6.40 (58-89)	75.98 ± 8.13 (56-93)
fH concentration (mg/L)*	268.69 ± 55.62 (83.05-398.38)	287.84 ± 88.44 (120.49-498.76)
Y402 homozygous (%)	54.7	30.2
Y402 homozygous (fH; mg/L)*	266.48 ± 69.03 (83.05-398.38)	222.37 ± 43.49 (150.41-279.41)
H402 homozygous (%)	8.0	11.3
H402 homozygous (fH; mg/L)*	291.87 ± 52.89 (219.47-357.16)	210.91 ± 34.03 (181.11-264.02)
Y402H heterozygous (%)	37.3	58.5
Y402H heterozygous (fH; mg/L)*	266.97 ± 27.73 (201.46-309.53)	336.52 ± 80.62 (120.49-498.76)
Y402H heterozygous (H402; mg/L)*	138.47 ± 27.14 (87.06-209.57)	161.53 ± 39.11 (54.37-260.90)
Y402H heterozygous (Y402; mg/L)*	128.50 ± 26.27 (50.84-160.15)	175.00 ± 51.34 (59.12-270.79)
Y402/H402 allele frequency	0.73/0.27	0.59/0.41

fH-Y402H polymorphic status was assigned from the ELISA and confirmed by sequencing. The total fH concentration and concentrations (in mg/L) of each variant were determined in each subgroup.

\* Values are mean ± SD (range).

fore needed to identify the polymorphic status of the patient and also to give information on the plasma levels of fH protein. To this end, we first generated a panel of mAbs against SCR6–8 of fH and screened these for mAbs that specifically detected only one of the Y402H polymorphic variants. One mAb, termed MBI-7, was strongly reactive against fH-H402 and showed no reactivity against fH-Y402 in multiple tests. This mAb specifically bound native fH-H402 in ELISA and immunoaffinity purification protocols and denatured fH-H402 after SDS-PAGE and Western blotting.

These findings demonstrate that this single, nonconservative amino acid change is sufficient to create a unique epitope in fH-H402. Indeed, a recent paper describes the production of polyclonal antipeptide antibodies that, after multiple adsorption and purification steps, differentiate the fH-Y402H variants in Western blot analysis.<sup>36</sup> However, no fluid-phase binding data were presented for these reagents, suggesting that, in common with many antipeptide reagents, they detect only the denatured molecule and are unsuitable for ELISA or other fluid-phase assays. There are numerous precedents in the literature in which single-residue substitutions have been shown to create or delete an epitope for a specific mAb in a large protein, such as mAbs that differentiate hemoglobins A and S<sup>37</sup> and placental and germ-line alkaline phosphatase.<sup>38</sup> Often, these changes are associated with conformational changes in the protein that amplify the differences between the two forms.<sup>39,40</sup> Several recent studies have investigated the structural consequences of the fH-Y402H polymorphism. Comparison by ultracentrifugation and x-ray scattering of fH SCR6–8 constructs containing either H or Y at the relevant position in SCR7 revealed no major differences other than a small increase in self-association for the former,<sup>41</sup> while comparison of nuclear magnetic resonance structures of SCR7 containing H or Y at the relevant position showed that they were almost identical.<sup>42</sup> These reports suggest that there are no major conformational changes associated with the polymorphism. Comparison of crystal structures, already solved for the SCR6–8 construct containing H at the relevant position in SCR7,<sup>43</sup> will provide a definitive answer to the degree of conformational change.

The mAb MBI-7 was used to develop a simple and robust assay for measurement of fH and the variants in plasma. The assay correctly identified the polymorphic status of all participants tested, confirmed by sequencing. ELISA and other antibody-based methods are the bedrock of the clinical immunology laboratory, and all necessary equipment and expertise are in place; in contrast, molecular detection of mutations requires access to patient DNA, specialist equipment, and expertise that is less widely available and more commonly found in the clinical genetics laboratory. The simplicity of the ELISA described here means that it could, subject to appropriate ethical constraints, be adopted by any clinical immunology laboratory, either in its current form or as a dip-stick test, to identify from a plasma sample the polymorphic status of those at risk for AMD. The association of noncoding and synonymous exonic polymorphisms in fH with AMD strongly suggests that altered expression,<sup>32</sup> hence measurement of plasma concentration of fH, will likely provide important additional information. Current clinical assays for quantification of fH use radial immunodiffusion or related methods and are compromised by the lack of international standards for fH measurement. The ELISA described here not only provides a measure of total fH but also a measure in those who are heterozygous of the amount of each form of fH in the plasma, a neglected parameter that may have major significance for understanding the roles of fH in health and disease. Analysis of plasma from healthy young volunteers showed that total fH levels varied widely, a finding previously attributed to genetic variation.<sup>35</sup> The fH-Y402H polymorphic status was easily assigned in this population and showed 100%

agreement with genotyping. Plasma levels of fH were similar regardless of polymorphic status.

Plasma from a Spanish cohort of AMD patients and age- and sex-matched controls was then tested in the assay. Samples were assayed blind, and assignment of phenotype was made before knowledge of the genetic analyses; all patients and controls were correctly assigned in the ELISA. The elderly control group had significantly higher plasma levels of fH than the younger control group, in agreement with previous data.<sup>35</sup> Of note, these two control groups were not matched for other relevant factors such as smoking behavior, so no attempt was made here to directly compare the groups. Total fH levels of AMD patients were slightly higher than levels of the matched elderly controls. fH levels in the H402 homozygous, Y402 homozygous, and heterozygous subgroups were similar in elderly controls, but in AMD patients, fH levels were significantly higher in the heterozygous subgroup than in the other subgroups, and both variants were increased to a similar extent. We have no explanation for these differences and await confirmation in other cohorts.

The specificity of mAb MBI-7 for fH-H402 was retained, even after denaturation in Western blots. Our preliminary data show that this mAb also detects fH in immunohistochemical staining in tissues; we are confirming its specificity in this context before applying it to AMD tissue to further explore the roles of fH in pathology. The capacity to differentiate between the fH isoforms deposited in tissue may prove helpful in further elucidating mechanisms in AMD and other diseases in which fH is known to be deposited in the tissues.

The mechanism by which the fH-H402 variant increases risk for AMD has been the subject of intense interest in the past 2 years. It has been suggested that fH-H402 shows reduced binding to C-reactive protein, heparin, and cell surfaces, perhaps resulting in reduced capacity to protect cells, and that this deficit extends to fHL-1-H402.<sup>36,44–46</sup> However, others have found no difference in binding of the variants to relevant targets.<sup>47</sup> Further work is needed to elucidate the mechanism, and the reagents described here may facilitate these studies. Understanding of the mechanism and the precise roles of fH and complement activation will guide therapies targeted at fH itself or to inhibit complement activation locally or systemically.

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