

Appendices

Appendix 1- Outcome of Second Search Within Systematic Review

The second search conducted, as part of the systematic review, looking for papers that reported on the relationship between cognitive emotional regulation and challenging behaviour in people with a learning disability. This combined terms from the lists below, search terms 1, 2 and 4.

Search terms- 1, Learning Disability etc.

Learning disab*	Intellectual disab*	Intellectual* impair*
Mental* retard*	Learning difficult*	Mental* impair*
Mental* handicap*	Mental* subnormal*	

Search terms-2 , Challenging Behaviour etc.

Challenging behav*	Problem behav*	Violen*
Aggress*	Behav* problems	Self harm
Self injur*	Behaviours that challenge	Destruct*

Search terms- 4, Emotional Cognition, Thinking Styles etc.

Cognitive emotion*	Emotion* regulation	Thinking errors
Thinking styles		

All papers were rejected after reviewing titles and abstracts when the inclusion and exclusion criteria were applied. A total of 20 papers were identified in the search. The reasons for the papers being excluded are as follows:

The participants did not have a learning disability = 14

The research focussed on the needs of carers = 3

The research was not related to cognitive emotional regulation strategies = 3

**Appendix 2- The Strengthening Reporting of Observational Studies in
Epidemiology (STROBE) Statement**