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Multitrait analysis of fresh-cut cantaloupe melon enables discrimination between storage times and temperatures and identifies potential markers for quality assessments.

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Abbreviated running title: Multi-trait analysis of post-harvest storage in fresh-cut melon.

Abstract

Fresh-cut cantaloupe melon is valued for its aroma but is highly perishable. Temperature of storage (typically 0 to 5 °C) is critical for maintaining fresh-cut melon quality, but often reaches 10 °C during transportation and in retail outlets. A comparison amongst 0, 5 and 10 °C storage temperatures for fresh-cut melon over 14 days reveals that storage at 0 °C is optimal for avoiding increases in microbial load and loss of vitamin C especially at later time points. However, higher temperatures maintain better the balance of esters (acetate versus non-acetate) and phenolic content. The whole volatile organic compound (VOC) profile can be used to discriminate both time and temperature effects especially at earlier time points. Potential VOC markers for changes in vitamin C from day 0 to day 6 of storage (3-methyl butane nitrile) and temperature (limonene) are identified through a multi-trait analysis.

143 words

Key words: *Cucumis melo*, functional and nutritional quality, post-harvest storage, fresh-cut melon, volatile organic compounds.

Chemical compounds:

Catechin (PubChem CID: 9064), ethyl butanoate (PubChem CID: 7762), ethyl 2-methylbutanoate (PubChem CID: 24020), ethyl acetate (PubChem CID: 8857), 3-methylbutanenitrile (PubChem CID: 12244), limonene (PubChem CID: 440917), eucalyptol (PubChem CID: 2758), (3E)-3-hexen-1-yl acetate (PubChem CID: 5363388), butyl acetate (PubChem CID: 31272), isobutyl acetate (PubChem CID: 8038).

1. Introduction

Melon (*Cucumis melo* L.) is a widely cultivated crop, consumed worldwide. *C. melo* var. *Cantaloupensis* is a climacteric variety of melon, valued for its aroma and commonly used as fresh-cut fruit in fruit salads. However, fresh-cut melon has a very limited shelf-life. Temperature is the key factor limiting its post-harvest life affecting respiration rate and metabolic activity, microbial growth and water loss (Cantwell and Suslow, 1999). Microbial contamination is further enhanced by the high pH of melon flesh compared to other fruit (Soliva-Fortuny and Martín-Belloso, 2003). To retain cantaloupe melon quality including appearance, taste and aroma, and reduce the effects of wounding stress for the maximum time, fresh-cut melon is recommended to be stored at temperatures of 0 - 5 °C (Bett-Garber et al., 2011) although temperatures of up to 10 °C may be experienced during breaches of the cold chain, at the retail outlet or post-purchase.

Melon is valued for containing biologically active compounds, present in small quantities but with important effects on human health, including phenolic compounds, ascorbic acid (vitamin C) and β -carotene (Lester and Hodges, 2008). Although cantaloupe melon fruit does not rank particularly high in phenolic content (Fu et al., 2011), melons contain benzoic, vanillic, and *trans*-cinnamic acids (Kolayli et al., 2010), with reported health benefits (Williamson et al., 2005). However, both aromatic and nutritional quality of cantaloupe melon, including vitamin C is lost quickly during post-harvest storage (Beaulieu, 2006a), and even faster when processed (Lamikanra and Richard, 2002; Kalt, 2005).

Fresh melon aroma is composed of a large heterogeneous group of VOCs, with esters as the predominant chemical group, consisting of a wide range of acetate and non-acetate esters, but also alcohols, organic acids, aldehydes, ketones, terpenes, and sulphur compounds (El Hadi et al., 2013). The exact composition varies amongst cultivars (e.g. Amaro et al., 2012) with the proportion of acetate esters correlating positively with firmness across different cultivars

(Aubert and Bourger, 2004). Aroma profile is also affected by the stage of maturity at harvest (Beaulieu, 2006a).

Acetate esters such as 2-methylpropyl acetate, hexyl acetate, butyl acetate, 2-methylbutyl acetate, benzyl acetate and hexyl acetate were major components of the VOC profile when analysed from homogenised flesh after organic extraction (Aubert and Bourger, 2004) or by SPME (Beaulieu et al., 2006b). The abundance and proportion of each of the compounds found in the bouquet produces the characteristic cantaloupe melon aroma, with both abundance and odour activity value (OAV) of the compound being important for determining overall quality of the bouquet (El Hadi et al., 2013). However, the VOC profile reported also varies with the method of analysis: for example, extraction from homogenised melon flesh (Beaulieu, 2006b; Pang et al., 2012) found C6 and C9 aldehydes not found by others using headspace collection (Bauchot et al., 1998).

A compromise between sensorial and nutritional values is a major challenge as low storage temperatures may negatively affect the production of important biologically active compounds and VOCs. Storage temperature (5 °C or 10 °C) had little effect on total antioxidant activities in orange-fleshed honeydew, but ascorbate, β -carotene, and folic acid contents were differentially affected by storage temperature in different cultivars (Lester and Hodges, 2008). VOCs are also affected by storage time and temperature: at 4 °C the ratio of non-acetate to acetate esters rose with time (Beaulieu, 2006b) and it was hypothesised that some of the change may be due to degradation of metabolites during storage providing new substrates for the biosynthesis of non-acetate esters. VOCs can also provide easily measurable markers which reflect internal qualities or effects of storage and processing such as nutritional value and microbial growth (Spadafora et al., 2016).

In this study VOCs were analysed using passive headspace analysis by thermal desorption gas chromatography time of flight mass spectroscopy (TD-GC-TOF-MS) which

enables a rapid and non-destructive analysis of VOCs directly from the fresh-cut fruit without further processing. This enables a highly sensitive and representative profile of the aroma VOCs during post-harvest storage to be correlated with changes in physiological, biochemical and microbial status. We show that this methodology has excellent discriminating power at early time-points and between temperatures indicating that it has potential use for assessing breaches in the cold supply chain that may affect quality. Furthermore, a multi-trait analysis identifies correlations between VOCs and other metabolite content with potential for the development of diagnostic markers.

2. Materials and methods

2.1 Raw material and fruit processing

Orange fleshed cantaloupe melons (*Cucumis melo* var. *cantaloupensis* cv. Arapaho) were grown in the Santarém region in Portugal, using integrated farming with no specific supplementary irrigation or nutrition. Melons were harvested at commercial maturity (3/4 slip, peduncle almost abscised) and immediately transported to commercial fruit processing facilities where they were stored at low temperature (7 °C) until processing. Melons were inspected carefully for bruising and compression damage, and fruit with no visual defects and uniform in shape and size were selected. Fruits were washed in cold water, dipped in 100 µg L⁻¹ sodium hypochlorite solution for 2 min, rinsed with deionised water and allowed to drain. In accordance with commercial methods, the skin was removed uniformly, the blossom and stem ends were discarded, the melons were then sliced open and placental tissue and seeds were removed. Trapezoidal pieces (approximately 2.5 x 3.5 cm²) were cut using a sharp knife. All cutting tools and containers were sanitized with 70 % ethanol and allowed to dry before use.

2.2 Packaging and storage conditions

Trapezoidal melon pieces prepared from numerous fruits were randomized before packaging. Fresh-cut melon (ca. 175 g) were placed in 500 g clamshells (in triplicate) with no

perforation, stored at 0, 5, or 10 °C. After 0, 2, 6, 9 and 14 days samples of melon pieces were removed from storage and divided randomly for the different analyses.

2.3 Respiration rate and package CO₂ accumulation

For respiration rate determination, a closed system method was used: fresh-cut melon pieces from each temperature treatment were weighed (ca. 50 g) and placed in 250 mL sealed glass jars, for 3 h. CO₂ production was determined using a CheckMate II, (PBI Dansensor, Ringsted, Denmark) by inserting a small needle into the glass jar or package headspace through a rubber septum, for respiration rate and package CO₂ accumulation, respectively.

2.4 Colour and firmness

Surface colour of the fresh-cut melon cubes was measured in the CIE L*a*b* color space with a CR-400 colorimeter (Konica Minolta, Osaka, Japan), using the D65 illuminant and observer at 2°. Hue angle ($h^\circ = \arctan(b^*/a^*)$) and chroma [$C^* = (a^{*2} + b^{*2})^{1/2}$] were calculated from the primary a* and b* readings.

Firmness was measured with a TA-XT2 Plus texture analyzer (Stable Micro Systems, Godalming, UK) equipped with a 5 kg load cell. The force required to perforate the tissue to a depth of 5 mm with a cylindrical probe of 5 mm diameter at a speed of 1.5 mm s⁻¹ was registered.

One firmness and two colour measurements were taken from the lateral cut surface of each of three cubes from three replicated packages of each temperature treatment.

2.5 Total phenolic compound content, catechin, and antioxidant activity

Total phenolic compound content was determined according to Ferrante et al. (2004) and Spadafora et al. (2016) using about 2.5 g of fresh-cut melon tissue, homogenized with 10 mL methanol. Methanol extract (50 µL) was added to 50 µL Folin-Ciocalteu reagent and 1 mL of 1 N sodium carbonate (Sigma-Aldrich), made up to 2.5 mL with deionized water. Samples were reacted in the dark for 30 min and absorbance measured at 765 nm. The total phenolic

content was calculated from a calibration curve, and the results expressed as mg of gallic acid equivalent per 100 g of fresh weight.

Profiles of individual phenolic compounds were determined by HPLC-DAD (Waters Series 600, Mildford MA, USA) exactly as described in Spadafora et al. (2016) using a reverse phase Symmetry® C18 column (250 x 4.6 mm i.d., 5 µm particle size and 125 Å pore size) with a guard column containing the same stationary phase (Symmetry® C18). Separation was carried out using solvent A – water, methanol and formic acid (92.5:5:2.5) – and solvent B – methanol and water (94:6) with a linear gradient of 0 – 10 % solvent B from 0 to 10 min at 0.5 mL min⁻¹, 10-30 % from 10 to 50 min at 0.65 mL min⁻¹, 30-50 % for 50 to 70 min at 0.75 mL min⁻¹ and from 50 to 0 % from 70 to 80 min at 1 mL min⁻¹. Injection volume was 20 µL. Detection was with a diode array detector (Waters, Massachussets, EUA) at 200 to 600 nm in 2 nm intervals. Retention times and compound spectra were analysed by comparison with pure standards; quantification was by calibration with catechin and absorbance at 280 nm and 320 nm and expressed as µg g FW⁻¹.

The ABTS ((2,2-azinobis(3-ethylbenzothiazoline-6-sulphonic) acid) diammonium salt) radical scavenging activity of methanol extracted samples was measured according to Gião et al. (2007). Total antioxidant activity was quantified by measuring absorbance at 734 nm with a UV mini 1240 spectrophotometer (Shimadzu, Tokyo, Japan), using a calibration curve of ascorbic acid (0.021-0.5 g L⁻¹). Results are expressed as mg g FW⁻¹.

2.6 Total carotenoid content and β-carotene

Total carotenoid content was determined as previously described (Lavelli et al. 2008) with slight modifications. Fresh-cut melon samples (2.5 g) were homogenised with 10 mL of cooled ethanol using an Ultra-Turrax (IKA T18, Wilmington, NC, USA) before 10 mL of hexane were added. Following centrifugation (5000 g for 10 min at 4 °C) the hexane layer was transferred to a 20 ml volumetric flask. The residue, was re-extracted with 2.5 mL of saturated

sodium chloride solution and hexane (12 mL), and centrifuged as above, and the two hexane extracts were combined (made up to 20 ml with hexane). Saponification was according to Kimura et al. (1990). Hexane extract (15 mL) was added to 15 mL of 10 % methanolic potassium hydroxide in a sealed Pyrex bottle wrapped in aluminium foil to exclude light. The reaction was carried out for 16 h at room temperature, with gentle agitation. The mixture was then washed with 10% NaCl (50 mL) and then deionized water, until the pH of the rinse was neutral. β -Carotene was quantified by measuring absorbance at 454 nm as above using a calibration curve of pure β -Carotene standard (Extrasynthese, Lyon, France) and expressed as $\mu\text{g g}^{-1}$ FW.

Carotenoid content was also analyzed by HPLC after drying the extract under a stream of nitrogen and resuspension in 1ml of eluent using a Vydac 201TP54 C18 column (250 mm \times 4.6 mm), equipped with a C18 pre-column. Carotenoids were eluted using acetonitrile, methanol, dichloromethane, hexane and ammonium acetate (55:22:11.5:11.5:0.02) under isocratic conditions at 1.0 mL min⁻¹ flow rate over 20 min, at 25 °C. Injection volume was 40 μL and the detector was set at 454 nm. β -Carotene was quantified using a calibration curve as above.

Three independent analyses were performed in each of the triplicate extracts for each treatment.

2.7 Identification and quantification of ascorbic acid (AA)

Qualitative and quantitative profile of ascorbic acid (AA) was determined by HPLC after derivatization of DHAA into the fluorophore 3-(1,2-dihydroxyethyl)furo[3,4-b]quinoxaline-1-one (DFQ), with 1,2-phenylenediamine dihydrochloride (OPDA) according to Zapata and Dufour (1992). Fresh melon pieces (3 g) were ground in liquid nitrogen and homogenized with 6 mL of methanol–water (5:95) containing citric acid (21.0 g L⁻¹) and EDTA (0.5 g L⁻¹; Martínez- Sánchez et al. 2008). Freshly prepared OPDA solution (250 μL) was added to melon

extract (750 μL). Samples (20 μL) reacted for 37 min at room temperature in the dark and analysed by HPLC-DAD (Waters Series 600, Mildford MA, USA). Separation was performed in a reverse phase Symmetry® C18 column (250 x 4.6 mm i.d., 5 μm particle size and 125 Å pore size) with a guard column containing the same stationary phase (Symmetry® C18). The mobile phase was MeOH/H₂O (5:95 v/v) containing 5 mM cetrimide and 50 mM NaH₂PO₄ at pH 4.5. The flow rate was 0.9 mL min⁻¹. Detection was achieved by a diode array detector (Waters, Mildford MA, EUA) at 348 nm for DAA and 261 nm for AA. Retention times and compound spectra were analysed by comparison to pure standards; quantification was performed using calibration curves of ascorbic acid (AA) and expressed as mg g⁻¹ FW. Three independent analyses were performed in each of the triplicate extracts obtained for each treatment.

2.8 Collection and analysis of VOCs

At each time point melon flesh cubes (175 g) were placed in a multipurpose roasting bag (25 cm x 38 cm, TJM Ltd). The bag was sealed around a capped 1.5 mL Eppendorf tube (with its bottom cut off), using an elastic band, to ensure a tight seal. The headspace was equilibrated at 20 °C for 1 h and then headspace samples (200 μL) were collected with an EasyVOC manual pump (Markes International Ltd.) onto SafeLok thermal desorption tubes (Tenax TA & Sulficarb, Markes International Ltd.). The sampling end of the tube was inserted tightly into the Eppendorf tube, that was tightly sealed to the bag, and the pump was connected to the other end of the tube. As controls, samples were also collected from empty bags on site. Retention standards were prepared by loading 1 μL C8-C20 alkane standard (Sigma Aldrich) onto a separate TD collection tube. Three biological replicates were collected for each time point from separate samples of melon cubes and was performed at Universidade Católica Portuguesa. Tubes were transported to Cardiff University by courier and desorbed on a TD100 thermal desorption system (Markes International Ltd.) as follows: 10 min at 280 °C, with a trap flow

of 40 mL min⁻¹ and for trap desorption and transfer: 40 °C s⁻¹ to 300 °C, split flow of 40 mL min⁻¹ with a split ratio of 11:1 into a GC (7890A; Agilent Technologies, Inc).

VOCs were separated over 60 m, 0.32 mm I.D., 0.5 µm Rx5ms (Restek) with 2 mL min⁻¹ helium carrier gas using constant flow and the following programme: initial temperature 35 °C for 5 min, 5 °C min⁻¹ to 100 °C, then, 15 °C min⁻¹ to 250 °C, final hold 5 min. Mass spectra were recorded from m/z 35 – 500 on a time-of-flight mass spectrometer (BenchTOF-dx, Markes International Ltd).

2.9 Analysis of GC-MS data

Initial processing of data from GC-MS measurements was carried out using MSD ChemStation software (E.02.01.1177; Agilent Technologies, Inc) and was then deconvoluted and integrated using AMDIS (NIST11) and a custom retention-indexed mass spectral library. VOCs that were not present in at least two out of the three replicates of one data point, and compounds abundant in controls, were excluded from statistical analyses. MS spectra from the deconvolution were searched against the NIST 2011 library (Software by Stein et al., version 2.0 g, 2011). Only compounds scoring > 80 % (in forward and backward fit) were included into the custom mass spectral library. Putative identifications of VOCs were based on a match of mass spectra (> 80 %) and a retention index of RI +/- 15.

2.10 Statistical analysis

Physiological and nutritional properties, were evaluated per sampling day using GraphPad Prism 5 software (GraphPad Software, USA) and SPSS statistics 21 (IBM Corporation, USA), using one-way analysis of variance (ANOVA). All data are presented as the mean of three biological replicates ± standard deviation (SD). Where data was missing this was taken into account in the statistical analysis.

For VOCs, data were analysed essentially as described in Spadafora et al. (2016) using R software (version 3.1.3; R core development team 2015) following area normalisation (peak

areas were normalised to the total area of the chromatogram) and square root transformation to reduce the weight of larger components. PerMANOVA (Permutational Multivariate Analysis of Variance) and CAP analysis (Canonical Analysis of Principal coordinates) statistical tests (Anderson and Willis, 2003) were performed using the ‘vegan’ package (Oksanen, et al. 2013) and the ‘BiodiversityR’ package (Kindt and Coe, 2005). This analysis uses the whole VOC profile as a single variable without making the assumption that each VOC can be treated as an independent variable. Ordination plots were generated for the storage days and temperature and a 95 % confidence interval was fitted. Weighted Correlation (Gene) Network Analysis (WC(G)NA), to display interactions between VOCs, physiological and biochemical parameters used the WCNA package in R (Langfelder & Horvath 2012) with a soft threshold power of 6, a deep-split of 3 and module size of 5. WGCNA identifies groups of characters whose change against the parameter chosen (in this case time or temperature) most closely correlate with each other and with that parameter (e.g. a negative correlation with increasing temperature). From within modules that were significantly correlated to that parameter in the WGCNA output, heatmaps were derived using R from the mean abundance of compounds of the same chemical class that showed significant correlation with the parameter (time or temperature),

3. Results

3.1 Respiration rate and gaseous atmosphere within the packaging are affected by temperature of storage

Respiration rate was significantly affected by all temperature treatments. Throughout storage, the production of CO₂ by samples stored at 0 °C was significantly lower and relatively constant when compared to samples stored at 5 °C and 10 °C which by day 9 reached 67.3 and 193.3 mmol CO₂ kg⁻¹h⁻¹, respectively (Fig. 1a).

Packages stored at 10 °C showed a significantly faster accumulation of CO₂ compared to 0 °C, over the entire storage time. Storage at 5 °C resulted in higher CO₂ compared to 0 °C after day 6 (Fig. 1b).

3.1 Colour was most affected at low temperature and firmness at high temperature of storage

Changes in surface colour occurred mainly in samples stored at 0 °C, where lightness (L*) values increased from 62.6 to 68.9 by day 2 of storage, remained constant until day 6 and then decreased to 52.6 by day 9. At 5 and 10 °C L* remained relatively unchanged throughout storage and lower than samples stored at 0 °C until day 9 (Fig. 1c; Supplementary Fig. 1).

Samples stored at 0 °C showed the highest values for firmness (Fig. 1d). At 10 °C a significant decrease in firmness was observed between days 2 and 6 while at 5 °C, this decrease was delayed to between days 6 and 9. By day 9, firmness values when stored at 10 °C were 1.60 N, significantly lower than 2.27 and 2.34 N obtained at 5 and 0 °C, respectively.

3.2 Microbial and fungal load increase was delayed at lower temperatures

Although low counts of aerobic mesophilic bacteria and fungi were present on day 0 there was an immediate increase in samples stored at 10 °C reaching 10⁴ and 10⁶ CFU g⁻¹ FW, by day 2 of storage, for microbial and fungal counts respectively (Fig. 2a). Significantly increased bacterial contamination at 5 °C was only observed by day 6 (10³ CFU g⁻¹ FW) and at 0 °C it was delayed until day 9 (10⁴ CFU g⁻¹ FW). Fungal counts increased at a higher rate particularly at 10 °C, although at 0 °C they remained stable until day 9.

3.3 Antioxidant activity and content of total phenolic compounds show similar trends over time and temperature, while catechin concentration rose in some temperature storage regimes.

Antioxidant activity and total phenolics in the melon cubes dropped significantly over the first 6 days of storage thereafter remaining relatively stable (Supplementary Fig. 2). No differences between temperatures were observed until day 6, when both were significantly lower in samples stored at 0 °C compared to 10 °C.

Catechin concentration rose steadily at all three temperatures between day 2 and day 9 of storage with a continued increase at day 14 in samples stored at 5 °C (Fig 2c).

3.4 β -carotene fell between 6 and 9 days of storage and ascorbic acid content fell dramatically in all temperature regimes

Initial total carotenoid content ($36.6 \mu\text{g g}^{-1}$ FW) remained stable with no differences amongst treatments until day 2 of storage, and up to day 9 was better retained at 10 °C. (Fig. 2b).

β -carotene content increased in the first 2 days of storage at 5 and 10 °C, from 2.81 to 4.65 and $5.86 \mu\text{g g}^{-1}$ FW, respectively (Fig. 2d). At 0 °C β -carotene peaked at day 6 but from day 9 to 14 it fell at all three storage temperatures.

Vitamin C contents did not present significant changes amongst treatments until day 9 (Fig. 2e), but fell significantly immediately after processing, and stayed low until day 6.

3.5 Both time and temperature of storage are discriminated by the volatile organic compound profile

Based on comparison to custom libraries derived from NIST11, a total of 82 compounds were identified in the aroma profile of the fresh-cut melon cubes throughout the storage period and across all three temperatures (Supplementary Table 1). Esters were the largest group and the most abundant in the VOC profile (55 VOCs). They were split into acetate esters (27), and non-acetate esters (28). Other VOCs included sulphur compounds (5), alcohols (3), aldehydes (3), terpenes (2), alkanes (2), organic acids (2), ketones (2), nitrile compounds (1), anhydrides (1), aromatic compounds (1), and trienes (1). Four compounds could not be identified.

The relatively most abundant three VOCs across all samples were an acetate ester: ethyl acetate and two non-acetate esters: ethyl butanoate and ethyl 2-methyl-butanoate (Supplementary Table 2; Supplementary Fig. 3). Ethyl acetate was by far the most abundant VOC with a mean abundance over all the samples that was 1.76 times the abundance of the

next most abundant VOC (ethyl butanoate). In no sample was any one VOC >28.6 % of the total VOC signal.

The number of VOCs fell significantly over the time of storage ($P < 0.001$) from a mean of 69 in fresh-cut to 44 after 14 days, and the ratio of all non-acetate to all acetate esters rose significantly ($P < 0.05$) over the storage period at 0 °C (from 0.54 to 1.0). However, at 5 °C and 10 °C there was no significant change in ester ratio over time (Fig. 2f).

The overall pattern of abundance of VOC profiles (abundance of each VOC as a proportion of the total profile abundance) differed significantly amongst days of storage (PerMANOVA, $P < 0.001$, $R^2 = 0.492$), temperature of storage (PerMANOVA, $P < 0.001$, $R^2 = 0.136$) and showed a significant interaction between days and temperature of storage (PerMANOVA, $P < 0.005$, $R^2 = 0.143$) (Fig. 3). Overall the PerMANOVA analysis accounted for 77.1 % of the variation of the data set. Linear discrimination plots produced from CAP separated days of storage with a percentage of correct classification of 100 % ($P < 0.001$) (Fig. 3a). Fresh-cut was clearly separated from all the storage days, and each day was clearly separated from all other time-points on the basis of its VOC profile using a 95% confidence interval. The CAP also separated temperature of storage with 83.3 % ($P < 0.001$) correct classification separating fresh-cut from all the stored samples, and clearly separating melon cubes stored at 10 °C from those stored at lower temperatures, but the 0 °C and 5 °C stored melon were not discriminated. (Fig. 3b).

CAP on storage time and temperature combined into a single category (10 samples) resulted in correct classification of 86.7 % ($P < 0.001$) (Fig. 3c). Fresh-cut was clearly separated from all other samples; at day 2 VOCs from samples stored at 5 °C were discriminated from the other two temperatures. At day 6 samples stored at 10 °C were well-separated from all the other later time points, although the samples stored at the two lower temperatures were discriminated from each other and from samples stored for 14 days. By day 14, samples stored

at 5 and 10 °C were not discriminated from each other by the VOC profiles, however the sample held at 0 °C was clearly discriminated. (Fig. 3c).

3.6 Correlation analysis of VOC profiles with physiological and biochemical parameters

WCNA was used to correlate changes in the patterns of VOC profiles with changes in the physiology and nutritional content of the melon cubes over the first six days of storage at the different storage temperatures. The analysis clustered the parameters analysed into nine modules (Fig. 4a; Supplementary Table 3). Four modules (blue, brown, pink and turquoise) showed statistically significant negative correlation with both temperature and day of storage while three modules (black, green and red) showed negative correlation only with day of storage and one module was positively correlated only with temperature (yellow). The highest negative correlation was with day of storage (brown module, $R^2 = -0.85$) and positive (yellow module, $R^2 = 0.64$) with temperature. All of the 45 VOCs whose change correlated significantly with time were negatively correlated with this parameter. Furthermore, of the 28 VOCs that correlated with change in temperature, only four (ethyl (2Z)-2-butenate, (3E)-3-hexen-1-yl acetate, butyl acetate and isobutyl acetate) were positively correlated with an increase in temperature, as was respiration rate. Thus overall, the WGCNA revealed a predominantly negative correlation between VOCs and both increasing days and temperature.

Two heat maps were created using individual VOCs (grouped into chemical families) physiological and phytochemical characters from these modules that correlated significantly with day of storage (Fig. 4b; Supplementary Table 4) or temperature (Fig. 4c; Supplementary Table 4). VOCs that were significantly negatively correlated with time of storage, were dominated by non-acetate esters (19) followed by acetate esters (11). Vitamin C, total phenolics and total carotenoids were also negatively correlated with days of storage. There was a close correlation between the fall in abundance vitamin C and a nitrile compound: 3-methylbutanenitrile (Fig 4b). The decrease of non-acetate esters and two terpenes (limonene

and eucalyptol) correlated with the fall in total antioxidants over time. The fall in total phenolics and carotenoids over time correlated (though less tightly) with the reduction in terpenes, non-acetate esters and 3-methylbutanenitrile.

VOCs that were negatively correlated with temperature of storage were also highly dominated by non-acetate esters (16) with only two acetate esters in this category. Change in temperature of storage correlated with changes in VOC profiles, physiological parameters and phytochemical content (Fig. 4c). Vitamin C content correlated negatively with rising temperature of storage and showed a close correlation with the change in terpenes, represented by limonene. The fall in β -carotene was also closely correlated with the fall in limonene. In contrast the rise in respiration rate with temperature correlated most closely with the rise in three acetate esters: (3E)-3-hexen-1-yl acetate, butyl acetate and isobutyl acetate.

4. Discussion

Effects of changing the temperature by 5 °C increments supports previous studies indicating that respiration rate, firmness, and colour are all adversely affected by an increase in storage temperature between 0 and 5 °C (Aguayo et al., 2004). The big change in respiration rate from 0 - 10 °C is also in agreement with previous studies (Watada et al., 1999). Colour changes have been reported during storage of fresh-cut melon (Amaro et al., 2012). In this study, L^* values were highest between days 2 and 6, when storage was performed at 0 °C. Changes in L^* value can be an indicator of water soaking (Bai et al., 2001) a disorder often observed in fresh-cut cantaloupe melon, however, no evidence of water soaking was visually detected in this study. At the higher storage temperature (10 °C), the firmness decrease occurred earlier and was more noticeable as also previously noted (Aguayo et al., 2004).

There was a clear temperature-dependent shift in the timing of increase of microbial populations seen in this study. The very steep rise in microbial load at 10 °C, also probably

contributes to the peak in respiration rate seen at 9 days of storage. In agreement with Lamikanra et al., (2000) microbial growth in melon stored at 10 °C started to increase exponentially within 2 days of storage, while at 5 °C this was delayed until day 9. The maximal levels of microbial load reached in this study within the 14 day period (approx. 10^7 CFU/g) are also in line with previous reports (Ayhan and Chism, 1998). Microbial counts under 10^6 CFU g^{-1} are considered acceptable for fresh-cut produce (Gilbert et al., 2000). These levels of contamination were reached by day 6 in samples stored at 10 °C, and by day 9 in samples stored at 5 °C, while samples stored at 0 °C never reached this contamination limit, indicating that this very low storage temperature is optimal for a shelf-life assessment based on only on microbial load and not considering also quality factors.

The content of total antioxidants, phenolics, and carotenoids, all showed a similar pattern of change with a decrease until day 6-9 and then a rise. This late rise may be due to further stress responses elicited by the long storage time or a release of more metabolites from the cells as they degrade increasing extraction efficiency. Total antioxidant level was not greatly affected by temperature, whereas total phenolics and total carotenoids were reduced at lower temperatures in the first 6-9 days compared to the melon stored at 10 °C. Thus, lower storage temperatures (0-5 °C) may in fact be detrimental to phenolic compound retention. Moreover, the pattern for individual phenolics and carotenoids, such as catechin and β -carotene, is complex. The rise in catechin content at 5 and 10 °C, between day 2 and 14, may be a response to wounding damage that stimulates secondary metabolite production (Brecht, 1995). The fall in β -carotene after day 6 may be attributed to carotenoid degradation resulting from exposure to oxygen, and cellular disruption caused by wounding that exposes the carotenoids to lipoxygenase action (Britton and Khachik, 2009). The rapid reduction in ascorbic acid within 2 days of storage is likely due to the relatively low acidity of melon flesh, since an acid environment is required for maintaining ascorbic acid stability (Kalt, 2005). Its rise at day 9

may be due to an increased softening of the tissue making its extraction more efficient rather than an actual increase in concentration within the tissue.

A similar number of VOCs was detected compared to other studies (e.g. Allwood et al., 2014) but unlike some studies where the most abundant three VOCs made up over 60% of the total signal (Bauchot et al., 1998) in this study the maximum content of the three most abundant VOCs was only 46% of the total signal. This may be due to the properties of the method of collection used which reduces saturation by single compounds. As found in other studies (e.g. Beaulieu, 2006b) the majority of the VOCs were represented by esters (68%), in this study equally divided between acetate and non-acetate esters when considered across all samples together. Of the 24 VOCs identified as characteristic impact flavor or aroma compounds (CIFACs; Beaulieu, 2006b) twelve were also found in this study, and many of the other 70 VOCs identified in this study were also found in previous studies (e.g. Wang et al., 1996, from *C. melo* var. *reticulatus* cv. Makdimon; Aubert and Bourger, 2004, from a mixture of cultivars of *C. melo* var. *cantalupensis*). More recently Allwood et al. (2014) also found the most abundant esters in a range of cultivars of *C. melo* to include ethyl butanoate, propyl acetate, butyl acetate, and 2-methylbutyl acetate which are amongst the top 10 most abundant VOCs in this study. Two of the three most abundant VOCs, ethyl butanoate and ethyl 2-methylbutanoate are also noted as amongst the most potent odorants (Bauchot et al., 1998).

In previous studies a high degree of wounding (thin slicing) was associated with a rapid loss of esters within the first day of storage at 4 °C (Lamikanra and Richard, 2002) while this was not found when the melon was cut into thicker slices (Beaulieu, 2006b). In this study the slicing was most similar to that of Beaulieu (2006b) and again there was no dramatic loss of esters supporting the hypothesis that the loss is due to excessive wounding. Using melon wedges from $\frac{3}{4}$ slip fruit (as used in this study) held at 4 °C for 14 days Beaulieu (2006b) found the ratio of non-acetate to acetate esters changed over time with a steady increase over the first

12 days of storage from around 0.5 to 2.7; thereafter the ratio remained fell back to 2.5. In this study the change in this ratio at 0 °C and 5 °C shows a similar trend: although the change was not as great by 14 days, there was a similar pattern of acceleration of change at later time points. However, at 10 °C there was much less change in the ratio. This suggests that at this temperature the negative effects of storage on aroma may be less pronounced. Beaulieu (2006b) hypothesised that the relative increase in non-acetate esters during storage is due to a limitation in the supply of acetyl-CoA or a preferential hydrolysis of acetate esters by esterases due to differences in steric hindrance. Differences seen in this study amongst temperatures of storage might reflect differential activity of esterases at different temperatures or perhaps a greater availability of acetyl-CoA though the higher metabolic rate seen at 10 °C.

The separation of temperatures of storage seen using the whole VOC profile is consistent with this marked difference between storage at the lower two temperatures compared to 10 °C. Although at later time-points individual sample separation becomes less clear-cut. This indicates that the whole VOC profile could be used reliably at earlier stages of storage to detect breaches in the cold chain. At later stages the rise in microbial load may also be contributing to the VOC profiles, especially at the higher two temperatures.

Of particular interest is the correlation between changes in specific classes of VOCs and nutritionally-relevant metabolites over the first half of the storage period where visible changes may be less evident. The nitrile VOC, 3-methylbutanenitrile whose loss correlates with loss of vitamin C over time was previously identified in a medium shelf-life Charentais cantaloupe melon cultivar (*C. melo* L. var. *cantalupensis*, cv. Match; Lignou et al., 2014), significantly associated with stage of fruit maturity. It was also associated with fruit ripening in tomato (Wang et al., 2016). This VOC, along with other short-branched-chain amino acid-related VOCs was one of the few VOCs detected in whole tomato fruit (Rambla et al., 2015), and its level did not increase with fruit homogenization. Detection of 3-methylbutanenitrile was also

reported to be better via TD than SPME (Rambla et al. 2015). Hence use of this marker to detect loss of vitamin C in intact melons may be possible and best assessed using TD. Loss of total antioxidants over time could also be assessed through the close correlation to loss of non-acetate esters, and the terpenes limonene and eucalyptol.

Vitamin C and β -carotene levels also fell with increasing temperature and were closely correlated with the fall of a single terpene: limonene. In citrus juice, a fall in limonene also correlates with a fall in Vitamin C when the juice is subjected to heat treatments (Pérez et al., 2005), thus indicating that limonene may provide a potential marker for assessing breaches in the cold chain that may have affected vitamin C content.

5. Conclusions

Overall the choice of storage temperature needs to strike a compromise: 0 °C is best for reducing microbial load and preserving vitamin C but 10 °C is better for preservation of phenolics and flavour-related VOCs. TD may be preferable to SPME for an accurate analysis of the proportions of VOC components and the whole VOC profile provides a good indicator for day and temperature of storage. Two useful VOC markers are identified for changes in vitamin C: 3-methylbutane nitrile in relation to storage time and limonene for cold chain breaches.

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Conflict of interest

The authors declare no conflict of interest.

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Supplementary Data

Supplementary Table 1. List of VOCs detected across all samples and codes for physiological and biochemical data

Supplementary Table 2. Abundance of VOCs across all samples

Supplementary Table 3. Output from WGCNA

Supplementary Table 4. Characters significantly correlated with day or temperature

Supplementary Fig. 1. Changes in colour attributes through storage of melon cubes for 14 days at three temperatures: 0, 5 and 10 °C: (a) Hue, (b) C and (c) a*

Supplementary Figure 2 - Changes in (a) total antioxidants (b) total phenolics,

Supplementary Figure 3 Mean VOC abundance (+/- SD) across all samples (data from Supp. Table 2)

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Figure Legends

Figure 1. Physiological responses: (a) respiration rate, (b) CO₂, (c) colour (L*) and (d) firmness in melon cubes stored at 0 °C, (●), 5 °C (■) and 10 °C (▲) during 14 days of storage (mean ± S.E.; n= 3). Lowercase letters above symbols indicate statistically different values between the different temperatures at each time point, upper case letters (H= 10, M = 5 and L = 0 °C) indicate significant differences between each time point or to the fresh cut control for each temperature using ANOVA and Tukey's range test (P < 0.05). Only significant differences are shown at each time point

Figure 2. Microbial growth and metabolite content: changes in (a) bacterial and fungal Growth, (b) total carotenoids, (c) catechin, (d) β-carotene, (e) vitamin C(f) ratio of non-acetate: acetate esters; n=3, in melon cubes stored at 0 °C (●), 5 °C (■) and 10 °C (▲) during 14 days of storage (mean ± S.E.). Lowercase letters indicate statistically different values between the different temperatures at each time point, upper case letters (H= 10, M = 5 and L = 0 °C) indicate significant differences between each time point or the fresh cut control, using ANOVA and Tukey's range test (P < 0.05). Only significant differences are shown at each time point. For microbial growth, solid line and lower case letters are used for fungal growth; upper case letters and broken line for bacterial growth.

Figure 3. Canonical Analysis of Principal coordinates based on all VOCs from melon using TD-GC-TOF-MS: A CAP model was produced for melon samples stored (a) for 0, 2, 6, and 14 days, (b) at 0, 5 or 10°C and (c) combined time (0, 2, 6, and 14 d) and temperature (0, 5 or 10°C) into a single sample category. The plots use the first two linear discriminants (LD); each ellipse represents the 95% confidence interval. Percentage of correct classifications was 100% ($P < 0.001$, $n = 9$) for days of storage (a), 83.3% ($P < 0.001$, $n = 9$) for temperature of storage (b) and 86.7% ($P < 0.001$, $n = 3$) for combined days of storage and temperature.

Figure 4. Multi-trait correlation analysis of physiological indicators, nutritionally relevant phytochemicals and VOCs in melon stored at three different temperatures (0, 5 °C and 10 °C) over a 14 day storage period. (a) WCNA modules: the score and significance (P values in brackets) are according to a Pearson analysis, (b) and (c) heat maps of multi-trait correlation analysis based on (b) days of storage and (c) temperature nutritionally relevant phytochemicals (***bold italics***) and VOCs. Blue indicates a low content, green intermediate and red a high content for each character.