Transcriptome-wide association study of schizophrenia and chromatin activity yields mechanistic disease insights

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ABSTRACT

Genome-wide association studies (GWAS) have identified over 100 risk loci for schizophrenia, but the causal mechanisms remain largely unknown. We performed a transcriptome-wide association study (TWAS) integrating expression data from brain, blood, and adipose tissues across 3,693 individuals with schizophrenia GWAS of 79,845 individuals from the Psychiatric Genomics Consortium. We identified 157 genes with a transcriptome-wide significant association, of which 35 did not overlap a known GWAS locus; the largest number involved alternative splicing in brain. 42/157 genes were also associated to specific chromatin phenotypes measured in 121 independent samples (a 4-fold enrichment over background genes). This high through put connection of GWAS findings to specific genes, tissues, and regulatory mechanisms is an essential step toward understanding the biology of schizophrenia and moving towards therapeutic interventions.

Introduction

Genome-wide association studies (GWAS) have yielded thousands of robustly associated variants for schizophrenia (SCZ) and many other complex traits, but relatively few of these associations have implicated specific biological mechanisms as GWAS association signals often span many putative target genes, may affect gene expression through regulatory or structural elements, and may affect genes at considerable genomic distances via chromatin looping. A growing body of research has demonstrated the enrichment of SCZ GWAS risk variants and heritability within regulatory elements identified through maps of chromatin modifications and accessibility. Since chromatin modifications are themselves under genetic control a causal mechanism for SCZ loci could lead from genetic variation to chromatin modifiers to gene expression and finally to disease risk. Indeed, QTLs for chromatin (and other molecular phenotypes) are enriched within GWAS associations, further supporting this hypothesis.

In this work, we leveraged large gene expression cohorts from multiple tissues, as well as splice variants in brain, to perform a transcriptome-wide association study (TWAS) in a large SCZ GWAS data set to identify genes whose expression is associated with SCZ and mediated by genetics. We subsequently performed a TWAS for a diverse set of chromatin phenotypes to identify SCZ susceptibility genes that are also associated with specific regulatory elements. To our knowledge, this is the first TWAS to integrate analysis of gene expression, differential splicing, and chromatin variation, moving beyond top SNPs to implicate SCZ-associated molecular features across the regulatory cascade (Figure 1A).

Results

TWAS for schizophrenia identifies new susceptibility genes.

We analyzed gene-expression and genome-wide SNP-array data in 3,693 individuals across four expression reference panels: RNA-seq from the dorsolateral prefrontal cortex of 621 individuals (including 283 schizophrenia cases, 47 bipolar cases, and 291 controls) collected by the CommonMind Consortium (CMC), expression array data measured in peripheral blood from 1,245 unrelated control individuals from the Netherlands Twin Registry (NTR), expression array data measured in adipose tissue from the Young Finns Study (YFS), and RNA-seq data measured in adipose tissue from 563 control individuals from the Metabolic Syndrome in Men study (METSIM); pre-computed weights from ref. were

used for the YFS/METSIM studies. We further characterized splicing events in the CMC brain RNA-seq data (Methods). The average cis and trans estimates of the SNP heritability of expression (hg 2, Methods) were highly significant in each panel, with a total of a total of 18,084 genes summed across the four panels (10,819 unique genes; Supplementary Table 1), as well as an additional 9,009 splicing events in the brain (in 3,908 unique genes; Supplementary Table 1) exhibiting nominally significant cis-hg 2 (P < 0.01 by likelihood ratio test).

We performed a TWAS using each of the four gene-expression reference panels and summary-level data from the Psychiatric Genomics Consortium (PGC) schizophrenia GWAS of 79,845 individuals1 to identify genes associated with schizophrenia (Fig. 1 and Supplementary Fig. 1a). Briefly, this approach integrated information from expression reference panels (SNP–expression correlation), GWAS summary statistics (SNP–schizophrenia correlation), and linkage disequilibrium (LD) reference panels (SNP–SNP correlation) to assess the association between the cis-genetic component of expression and phenotype (expression–schizophrenia correlation). In practice, the expression reference panel was used as the LD reference panel, and cis-SNP-expression effect sizes were estimated with a sparse mixed linear model (Methods). Because schizophrenia is a highly polygenic trait, we expected these control reference samples to carry disease-affecting regulatory variants. By leveraging genetic predictors of expression, our approach was not affected by reverse causality (disease \rightarrow expression), but pleiotropic effects on expression and trait could not be ruled out without additional analyses (Discussion).

The TWAS identified 247 transcriptome transcriptome-wide-significant geneschizophrenia and intron-schizophrenia associations (summed across expression reference panels) for a total of 157 unique genes, including 49 genes that were significant in more than one expression panel (Fig. 2, Table 1, Supplementary Fig. 2 and Supplementary Tables 2 and 3). We observed no significant differences when performing the TWAS by using brain expression data from schizophrenia/ bipolar cases or controls separately, thus confirming that the presence of cases in the reference panel did not affect our results (Supplementary Note and Supplementary Table 4). We observed hotspots of multiple TWAS-associated genes at 33 loci (defined by genes < 500 kb apart). However, only 6/33 loci exhibited evidence of statistically independent genetic effects in a summary-based joint test, thus suggesting that most of these loci could be explained by a single underlying genetic effect (Methods and Supplementary Table 3). Across all TWAS associations, the implicated gene was the nearest gene to the top SNP at the locus in only 56% of instances (with the 10,819 cis-heritable genes used as background; this value decreased to 24% of instances when all 26,469 known RefSeq genes were used), thus underscoring previous findings. We confirmed that the summary-based approach was consistent with individual-level predictions by using individual-level PGC data, and we replicated the associations in aggregate by using out-of-sample schizophrenia plus bipolar phenotypes (Supplementary Note, Supplementary Tables 5 and 6, and Supplementary Figs. 1a and 3-5).

Fig. 1 | Schematic of the TWAS approach. Illustration of the TWAS approach: the genetic predictor of gene expression (*E*g) is learned in are reference panel (top), integrated with schizophrenia GWAS association statistics to infer schizophrenia–*E*g

association (middle), and further integrated with individual-level chromatin phenotypes to infer genes with schizophrenia and chromatin–*E*g associations (bottom). Detailed analysis flowchart in Supplementary Fig. 1. SCZ, schizophrenia.



Of the 108 published PGC GWAS regions1, 47 regions were located near (\pm 500 kb) at least one TWAS gene (accounting for 122/157 genes), and the remaining 35/157 genes implicated novel targets. The GWAS association statistics at novel TWAS loci were often well below genome-wide significance (Supplementary Fig. 6), and we hypothesized that some of the new discoveries might be driven by the TWAS aggregating partially independent effects on schizophrenia that operate through a single gene. As evidence of this model, the TWAS association was stronger than the lead SNP for 27% of TWAS associations that did not overlap a genome-wide-significant SNP, but for only 3% of TWAS associations that did overlap a

genomewide- significant SNP (Fisher's exact $P = 8.1 \times 10-7$). Across all TWAS associations, 21/247 were more significant than the lead GWAS SNP, and the percentage of cis expression heritability that was explained by the top expression QTL (eQTL) for these 21 genes was significantly lower than that for the rest (56% versus 88%, *t*-test $P = 9.6 \times 10-5$), a result indicative of secondary QTL effects. We excluded the major histocompatibility complex region (chromosome (chr) 6: 28–34 Mb) from our primary analyses because of its complex haplotype and LD structure. However, as a positive control, we specifically tested the *C4A* gene, which has recently been fine mapped for schizophrenia4 and lies inside the major histocompatibility complex region, and we confirmed a highly significant TWAS association between *C4A* expression in brain tissue and schizophrenia ($P = 1.8 \times 10-18$).



Fig. 2 | Schizophrenia TWAS associations and polygenic effects. Top, Manhattan plot of all TWAS associations. Each point represents a single gene tested, with physical position plotted on the *x* axis and *Z* score of association between gene and schizophrenia plotted on the *y* axis. Transcriptome-widesignificant associations are highlighted as red points, with jointly significant independent associations (Methods) labeled with gene names and color coded according to expression reference (red, CMC; blue, METSIM; purple, YFS; green, NTR; black, all). Bottom, polygenic TWAS effects across reference tissues. Out-of-sample schizophrenia prediction *R*2 for GE-PRS as a function of significance cutoff. Significant correlations (after Bonferroni correction for number of thresholds tested) are indicated with an asterisk, and the most significant *P* value is reported. Rightmost panel shows prediction from all tissues jointly (black) and from CMC brain genes plus splicing events jointly (red). *R*2 was computed after subtraction of ancestry principal components and conversion to liability scale with a population prevalence of 1%.

Splicing events in the brain accounted for 46 transcriptomewide- significant gene associations (of which ten were at novel loci), a number comparable to the 44 significant gene associations from the brain (Table 1 and Supplementary Table 3), although splicing events accounted for 30% fewer significantly cis-heritable genes than total expression (Supplementary Table 1). Overall, 20/46 associations corresponded to genes that were not tested in the analysis of total gene expression, owing to nonsignificant expression heritability, and 19 of the remaining 26 associations did not have a transcriptome- wide-significant association for total gene expression. This result was consistent with the recent observation that splicing QTLs are typically independent of eQTLs at the same gene. We caution that effect direction for splicing events is difficult to interpret because alternatively spliced exons are often negatively correlated (Supplementary Note and Supplementary Fig. 7). Although the largest number of associations came from the brain, the enrichment was not striking after the total number of heritable genes was accounted for (Table 1), thus suggesting that expression-data guality and sample size currently are more important than tissue specificity in finding significant associations.

Table 1 Number of TWAS-associated genes across all phenotypes and tissues									
	CMC brain splicing ^a	CMC brain	NTR blood	YFS blood	METSIM adipose	Total⁵			
Heritable	(9,009) 3,890	5,514	2,743	5,418	4,654	11,749			
Schizophrenia associated	(80) 46	44	35	48	39	157			
Schizophrenia associated (novel ^c)	(12) 10	9	6	6	7	35			
Chromatin associated	(224) 125	244	182	346	232	806			
Schizophrenia and chromatin associated	(10) 8	11	10	13	7	42			
*Number of unique genes reported, with number of splicing events reported in parentheses. *Total number of unique gene associations. *Novel is defined as not overlapping (±500 kb) with 108 published PGC schizonhrenia GWAS regions.									





Fig. 3 | Chromatin TWAS associations compared with top eSNP–cQTL associations. Number of unique genes significantly associated with a chromatin peak after Bonferroni correction for a given distance from the gene (*x* axis), determined by using the top eSNP in the chromatin cohort (left) or using chromatin TWAS from all reference panels (right). Results from CEU and YRI populations are shown at top and bottom, respectively.

QTLs are typically independent of eQTLs at the same gene. We caution that effect direction for splicing events is difficult to interpret because alternatively spliced exons are often negatively correlated (Supplementary Note and Supplementary Fig. 7). Although the largest number of associations came from the brain, the enrichment was not striking after the total number of heritable genes was accounted for (Table 1), thus suggesting that expression-data quality and sample size currently are more important than tissue specificity in finding significant associations. TWAS associations may be caused by coincidental overlap between eQTLs and noncausal disease variants at a GWAS locus, a possibility that we investigated through formal colocalization and conditional analyses. First, we used the COLOC method to estimate the posterior probability of a single shared causal variant for TWAS implicated genes and schizophrenia by using the marginal association statistics. We calibrated a 5% false-discovery threshold for considering a gene 'colocalized', using randomly selected heritable genes in the same schizophrenia GWAS regions (Methods). Colocalization between eQTLs and schizophrenia was observed for 55% of the TWAS-implicated genes (Supplementary Fig. 8 and Supplementary Table 3). We note that COLOC's posterior is highly dependent on the prior probability of a single shared causal variant (Supplementary Fig. 9) and is conservative when multiple causal variants mediate the effects on expression and trait, so that colocalization at the remaining loci may be underestimated. For the 45% genes that did not significantly colocalize, the percentage of cis expression heritability explained by the top eQTL was lower than that explained by the rest (79% versus 89%), thus suggesting secondary effects; however, the difference was not statistically significant. Second, conditioning on the predicted expression of a TWAS-associated gene (using summary-level data; Methods) reduced the x2 of the lead GWAS SNP at the locus (including genome-wide-significant and nonsignificant loci) from 42 to 10 on average, and explained more of the association signal than did conditioning on the corresponding top eQTL (Supplementary Table 7). For the 43 lead GWAS SNPs at genome-wide-significant loci that were correlated ($r^2 > 0.05$) with the predicted expression of at least one TWAS-significant gene (out of 47 overlapping index

SNPs), joint conditioning on the predicted expression of all such genes decreased the median SNP *P* value from *P* = 1.2 × 10–10 to *P* = 0.028 (Methods and Supplementary Table 8). Given that the expression predictor typically captures only 60–80% of the cis component of gene expression at the expression-panel sample sizes used here, the complete elucidation of the cis component may potentially explain the entire GWAS signal at these loci. This schizophrenia GWAS dataset1 has recently been evaluated in a TWAS with gene expression in blood through summary-based Mendelian randomization (SMR), which identified 16 transcriptome-wide-significant associated genes (in contrast to 157 identified here). Of the 16 gene associations identified by SMR, 12 were tested in our study in blood; all replicated at nominal *P* <0.05 (with consistent sign), and 9 were transcriptome-wide significant—a striking concordance given the different methods and independent expression panels used.

Functional validation of TWAS-associated genes by using

chromatin-interaction data. We leveraged recently published chromatin-interaction (Hi-C) data in the developing human brain to investigate whether TWAS-associated genes were supported by physical chromatin interactions that occur during brain development (Supplementary Fig. 1b). We used the Hi-C data to construct a set of comparison schizophrenia-risk genes on the basis of 3D chromatin interactions between gene transcription start sites (TSSs) and SNPs in the fine-mapped 95%causal credible set (Methods). This procedure yielded a set of 59 loci with both TWAS and fine-mapped Hi-C data, containing 474 Hi-C-predicted schizophrenia- risk genes. The 474 Hi-C-predicted genes overlapped with 105/157 TWAS-associated genes (Supplementary Fig. 10; Fisher's exact test $P = 1.03 \times 10-18$, odds ratio = 4.68 compared with random heritable genes at these loci), thus indicating that most of the TWAS associated genes were supported by 3D chromatin interactions with a schizophrenia SNP in the developing brain. The TWAS associations were also significantly correlated with higher expression during mid fetal developmental in independent samples (P < 0.05/19; Supplementary Note and Supplementary Figs. 11 and 12), thus further underscoring the etiological relevance of mechanisms active during brain development.



Fig. 4 | Chromatin and schizophrenia TWAS association at PPP2R3C. Example association of *PPP2R3C* gene expression and schizophrenia and four nearby chromatin peaks. a, Locus schematic showing all nearby genes and chromatin peaks; TWAS-associated features are highlighted in blue and green. b-g, Left, Manhattan plots of marginal association statistics before and after conditioning on the TWAS-predicted expression (colored and dark dots, respectively). Dashed line shows the local significance threshold after Bonferroni correction for the number of SNPs. Right, relationship between marginal GWAS-QTL association (y axis) and the correlation (x axis) between TWAS-predicted expression (GEpred estimated in the 1000 Genomes reference) and marginal GWAS-QTL association. The color of each point reflects the eQTL effect size of the expression used for GEpred, and the size of each point reflects the absolute significance of the eQTL. b, Schizophrenia GWAS association. c, PPP2R3C expression phenotype used for TWAS prediction and associated with schizophrenia/chromatin. d, First TWAS-associated H3K27ac peak in CEU. e, Second TWAS-associated H3K27ac peak in CEU. f, First TWASassociated H3K4me1 peak in CEU. g, Second TWAS-associated H3K4me1 peak in CEU. Additional examples and simulations in Supplementary Note and Supplementary Figs. 32–34.

Polygenic TWAS signal largely explained by expression in the brain. To assess the full polygenic architecture of the TWAS associations, we relaxed the transcriptome-wide-significance threshold and constructed gene-based polygenic risk scores (GE-PRS) from their predicted expression in the CMC (schizophrenia plus bipolar) case–control samples (Supplementary Fig. 1c). For each out-of-sample

individual, the GE-PRS was the sum of predicted expression weighted by its signed schizophrenia TWAS *Z* score (Methods). The GE-PRS was significantly associated with schizophrenia status (conditioned on ancestry) across the full spectrum of TWAS association *P* values (Fig. 2), as seen with SNP-based polygenic scores. Although the prediction was significant in all tissues individually, there was clear evidence of an increased effect in the brain (in contrast to the transcriptome-wide-significant results), and the prediction from the brain (genes and splicing events) captured 92% of the joint prediction from all tissues (Fig. 2 and Supplementary Fig. 13). A GE-PRS from actual measured expression and differential splicing in the brain was significant but substantially less so than the genetic GE-PRS (Supplementary Fig. 13). According to polygenic theory36,37, the best TWAS GE-PRS was estimated to account for 26% of the total schizophrenia SNP heritability, thus providing an upper bound on the amount of trait variance that could be mediated by the steady-state expression in these tissues (Supplementary Note).



Fig. 5 | Chromatin and schizophrenia TWAS association at *KLC1*. Example association of *KLC1* splice event and schizophrenia, with evidence of chromatin interaction in Hi-C from the developing brain. **a**, Locus schematic with all nearby genes and chromatin peaks; TWAS-associated features are highlighted in blue and green. Hi-C germinal zone (GZ) and cortical and subcortical plate (CP) rows show the significance of the Hi-C chromatin interaction between the 10-kb block containing the associated chromatin peaks (gray, with neighboring white blocks not tested) and every other 10-kb block in the region (with 10 kb being the highest resolution for this Hi-C data). Darker-red shading indicates higher significance, and interactions

significant at 0.01 FDR are labelled with asterisks. The most significant interaction in the locus overlaps the KLC1 promoter. The interactions are shown for fetal-brain data from CP and GZ, and corresponding topological domains are outlined with solid black lines. b-f, Left, Manhattan plots of marginal association statistics before and after conditioning on the TWAS-predicted expression (colored and dark dots, respectively). Dashed line shows local significance threshold after Bonferroni correction for number of SNPs. Right, relationship between the marginal GWAS-QTL association (y axis) and the correlation (x axis) between TWASpredicted expression (GEpred estimated in the 1000 Genomes reference) and marginal GWAS-QTL association. The color of each point reflects the eQTL effect size of the expression used for GEpred, and the size of each point reflects the absolute significance of the eQTL. b, Schizophrenia GWAS association. c, KLC1 total expression. Both panels show independence from the TWAS-predicted expression. d, KLC1 splicing-event phenotype used for TWAS prediction and associated with schizophrenia/chromatin. spQTL, splicing QTL. e, TWAS-associated H3K4me1 chromatin peak in YRI. f, TWAS-associated H3K4me3 chromatin peak in YRI. Additional examples and simulations in Supplementary Note and Supplementary Figs. 32–34.

Chromatin TWAS identifies specific regulatory features associated with expression. We next sought to identify relationships between the expression of TWAS genes and cis regulatory elements marked by chromatin activity. We used population-level chromatin immunoprecipitation-DNA sequencing (ChIP-seq) chromatin phenotypes measured in 76 HapMap Yoruba in Ibadan, Nigeria (YRI) lymphoblastoid cell lines (LCLs) for acetylated histone H3 Lys27 (H3K27ac; marking active enhancers), methylated H3 Lys4 (H3K4me1; enhancers), trimethylated H3 Lys4 (H3K4me3; promoters), and DNase I-hypersensitive sites (DHS; open chromatin), and in 45 HapMap Utah residents with Northern and Western European ancestry from the CEPH collection (CEU) LCLs for H3K27ac, H3K4me1, H3K4me3, the regulatory transcription factor PU1, and RNA polymerase II (RPB2, associated with active transcription). For each of the nine chromatin phenotypes, regions with an excess of ChIP-seq reads were segmented into local peaks, and the chromatin abundance within each peak was treated as a quantitative trait. Both cohorts additionally had gene expression measured by RNA-seg in the same samples, and we confirmed that the genetic correlation was highly significant between expression and each chromatin mark (as well as between different chromatin marks) and persisted as far as 500 kb from the TSS (Supplementary Figs. 14–16, Supplementary Table 9 and Methods). We applied individual-level TWAS methods to predict expression of the 10,819 significantly heritable genes and 9,009 differentially spliced introns into samples with chromatin phenotypes and searched for expression-chromatin associations (Fig. 1 and Supplementary Fig. 1d). Prediction was performed from expression to chromatin-phenotype samples (instead of from chromatin-phenotype to expression samples) because of higher prediction accuracy in the larger expression panels, but this choice was agnostic to the direction of causality (Supplementary Note). Our approach yielded an average of 2.4× more Bonferroni-significant expression- chromatin associations than the conventional approach using in-sample lead cis expression-associated SNP (eSNP)-chromatin QTL (cQTL) overlap, primarily because of associations > 10 kb from the TSS (Fig. 3 and Supplementary Fig. 17). We obtained similar results when overlapping all cis eQTLs and in simulation (Supplementary Note, Supplementary

Figs. 18-20 and Supplementary Table 10). Across all tissues, 806 unique genes had a transcriptome-wide-significant association (Methods) with at least one chromatin phenotype (Supplementary Fig. 18b and Supplementary Table 11), and 4,294 genes were significant at the 10% (per-phenotype) false discovery rate (FDR) used in previous studies (Supplementary Table 12). In contrast, only 224 of 9,009 splicing events in the CMC had a transcriptome-wide-significant chromatin association, corresponding to two- to three-times-fewer associations than we identified by using total CMC gene expression (depending on the chromatin phenotype; Supplementary Table 13). Half of the chromatin associations were distal (10–500 kb from the TSS), and these were significantly enriched in Hi-C interactions in LCLs6 relative to random (distance-matched) gene-peak pairs (Supplementary Figs. 1g and 21-24). No other differences in chromatin-mark usage or mark-gene distance were observed across the expression reference panels. However, we found that genes with associations with multiple chromatin peaks were more likely to be driven by a single eQTL (Supplementary Table 14), thus suggesting that multiple chromatin TWAS peaks were typically related by a single genetic mechanism.

We used the measured RNA-seq expression in the chromatin individuals to confirm these associations. Across the 806 chromatin TWAS-associated genes, the correlation between measured expression and an associated chromatin phenotype was highly significant when compared against a distance-matched background null (Supplementary Figs. 1e and 14b), and the average TWASassociated chromatin peak explained a striking 20% of the variance in expression of its target gene in CEU (Supplementary Figs. 25–28 and Supplementary Table 16). For the three chromatin phenotypes that were measured in both CEU and YRI, chromatin TWAS peaks implicated in one population were predictive of a correlation with measured expression in the other (Supplementary Figs. 1f, 29 and 30, and Supplementary Table 17), thus supporting our use of chromatin phenotypes from multiple populations.

Putative regulatory mechanisms for schizophrenia-associated genes. Focusing on the 157 transcriptome-wide-significant genes from the schizophrenia TWAS, we identified 42 genes (including seven genes at novel loci) that also had Bonferroni significant chromatin TWAS associations (to a total of 78 individual chromatin peaks) in analyses using the same expression reference panel (Tables 1 and 2, Supplementary Fig. 1h and Supplementary Tables 3, 18 and 19). Only 8 of the 78 chromatin peaks underlying joint schizophrenia TWAS and chromatin TWAS associations were within the promoter (± 2 kb from the TSS) of their associated gene, thus suggesting that most regulatory elements affecting schizophrenia are distally located, as previously observed in other traits. Schizophrenia TWAS genes were nominally enriched in chromatin TWAS associations (odds ratio = 1.53, Fisher's exact $P = 4 \times 10-4$), but the effect was largely dampened after matching on the cisgenetic properties of genes (P = 0.01; Supplementary Table 20) and may potentially be explained by other unknown properties. We observed significant evidence of chromatin-schizophrenia association and colocalization for most of the identified peaks by using independent statistical methods (Supplementary Fig. 1h). We analyzed the subset of schizophrenia TWAS loci with expression-chromatin associations by applying COLOC to (i) SNP-expression and SNP-chromatin association data to investigate expression- chromatin colocalization and (ii) SNPchromatin and SNP-schizophrenia association data to investigate chromatinschizophrenia colocalization. Colocalization was observed for 100% of the

expression– chromatin associations and 97% of the chromatin–schizophrenia associations in CEU (Supplementary Fig. 8 and Supplementary Table 19). The chromatin associations in YRI pose a model violation for COLOC, owing to differences in LD structure between populations, but colocalization still remained much higher than background, and 70% (43%) of expression–chromatin (chromatin schizophrenia) associations colocalized (Supplementary Fig. 8). Estimating pleiotropic associations between chromatin activity and schizophrenia by using SMR24 (which tests only the best cQTL) or predicting chromatin activity by using a TWAS-like test (testing all SNPs in the Bayesian sparse linear mixed model (BSLMM) predictor) replicated > 60% of the associations at Bonferroni significance and > 90% at P < 0.05 (Supplementary Note and Supplementary Tables 3, 19 and 21). However, the chromatin sample size was insufficient to robustly estimate genetic predictors of chromatin and carry out a full chromatin-wide association study.

Examples of schizophrenia and chromatin TWAS loci. We highlight three examples of TWAS associations with both schizophrenia and chromatin phenotypes. We visualized these loci by using a 'TWAS scatter plot' of the relationship between each marginal GWAS–QTL association (Z score, y axis) and the correlation (x axis) between TWAS-predicted expression (GEpred) and the marginal GWAS-QTL association. This relationship was expected to be linear and without outliers under the TWAS model (Figs. 4 and 5, Supplementary Figs. 32–34 and Supplementary Note). First, the total expression of *PPP2R3C* in NTR blood was associated with schizophrenia (TWAS $P = 3.4 \times 10-6$)—despite no genome-wide-significant SNPs at the locus—as well as four distal chromatin peaks (minimum $P = 1.0 \times 10-9$; Fig. 4). Conditioning each GWAS SNP on the predicted expression of PPP2R3C explained all significant marginal associations for the implicated phenotypes, and formal colocalization was supported between all features and schizophrenia (average posterior = 92%; Supplementary Table 24). PPP2R3C was the nearest gene to the most significantly associated SNP at the locus and to the implicated chromatin peaks. However, because the locus was not genome-wide significant, this association would not have been identified in a conventional analysis of known GWAS loci. PPP2R3C has recently been identified by SMR analysis of schizophrenia in an independent expression panel, and our findings pinpoint specific regulatory elements for experimental follow-up. Second, a splicing event at KLC1 in CMC had a schizophrenia TWAS $P = 6.7 \times 10-12$ and overlapping H3K4me1/me3 chromatin TWAS associations (minimum $P = 2.5 \times 10-7$) (Fig. 5). Conditioning on the top splicing QTL explained all significant schizophrenia GWAS signal at the locus, whereas conditioning on the most significant eQTL had a negligible effect, thus highlighting an effect on schizophrenia that was explained by splicing and was independent of total expression. Notably, both chromatin TWAS associations were supported by Hi-C interactions with the *KLC1* promoter in the developing brain (FDR 0.01 significant, and the most significant interaction in the locus), thus providing a functional validation of coordinated activity (Fig. 5 and Supplementary Fig. 35). We performed a TWAS-like test for chromatin-schizophrenia association, which was highly significant for both peaks (best $P = 2.6 \times 10-13$; Supplementary Table 3). Evidence for colocalization was high for KLC1 splicing and schizophrenia (posterior = 58%) as well as for the chromatin phenotypes and both KLC1 splicing and schizophrenia (posterior > 80%), even though the chromatin phenotypes were identified in YRI and may exhibit LD differences across populations (Supplementary Table 24). Differential DNA methylation and expression at *KLC1* in schizophrenia

cases versus controls has recently been identified in two independent analyses of brain tissue, thus further supporting a cis-regulatory effect on schizophrenia. Third, total expression of MAPK3 in CMC brain data was associated with schizophrenia (P = $1.3 \times 10-6$) as well as two chromatin peaks near the TSS: H3K27ac (P = 7 x 10–6) and RPB2 ($P = 1 \times 10-11$). In the CEU chromatin phenotype samples, in which MAPK3 expression was also measured in LCLs, the H3K27ac and RPB2 peaks explained 36% ($P = 7 \times 10-6$) and 23% ($P = 5 \times 10-4$) of the variance in measured expression, respectively, but only the H3K27ac peak was significant in a joint model. Formal colocalization analysis supported a single shared causal variant across all eQTL-cQTL- GWAS combinations for the implicated features (posterior probabilities 54-97%; Supplementary Table 24). We confirmed that the associated peaks were observed in epigenetic data from H3K27ac, H3K4me3 and assay for transposase-accessible chromatin using sequencing (ATAC-seq) measured in brain tissues and contained two SNPs with significant allele-specific effects on MAPK3 (Supplementary Note and Supplementary Figs. 36–39). Strikingly, these peaks overlapped two recently identified human gained neurodevelopmental enhancers in independent fetal cortex tissues (Supplementary Fig. 36). This class of enhancers clusters with genes important for cortical development and neuronal differentiation and has been hypothesized to play a key role in human cortical evolution.

Functional interrogation of *mapk3* in zebrafish. *MAPK3* mapswithin the 16p11.2 600-kb copy number variant that has been associated with both schizophrenia and autism. Previous studieshave shown that dosage perturbation of another transcript in that region, KCTD13 can induce reciprocal head-size and neuronal proliferative defects, characteristics consistent with the anatomical pathology in patients. Critically, pairwise dosage analyses haveshown a genetic interaction of KCTD13 with MAPK3 (as well as a third locus, MVP), whereas independent transcriptional studiesin human cells and mouse models have highlighted a functional'cassette' composed of KCTD13, MVP, and MAPK3, a set of coregulatedgenes associated with the head-size phenotype. Togetherwith our TWAS observations, these data implicate a transcriptional relationship between these genes in the 16p11.2 region and suggest that MAPK3 (and its expression) might be a functional trigger. If so, suppression of MAPK3 should rescue the pathology induced by increased expression of *KCTD13*. To test this hypothesis, we performed an experimental assay in zebrafish embryos (Methods). In agreement with findings from prior studies, overexpression of human KCTD13 (associated with microcephaly in humans) induced both a decrease in head size and a concomitant decrease in the number of cycling cells in the brain (Fig. 6). However, suppression of endogenous mapk3 in *KCTD13*-overexpressing embryos rescued both phenotypes reproducibly (Fig. 6).

Discussion

The landmark PGC schizophrenia GWAS paper has concluded that "if most risk variants are regulatory, available eQTL catalogues do not yet provide power, cellular specificity, or developmental diversity to provide clear mechanistic hypotheses for follow-up experiments" In this work, we integrated data from GWAS, expression, splicing, and chromatin activity to identify mechanistic hypotheses. We found 157 unique genes with transcriptome-wide-significant associations with schizophrenia, which were significantly supported by chromatin contact measured during brain development. Genes below the transcriptome-wide-significance threshold continued to be strongly associated with schizophrenia and exhibited enrichment for expression

and splicing in the brain (though this result may also reflect expression-data quality). Associations for splicing events that were independent of total expression highlighted an important source of disease-relevant variation27 with potential therapeutic implications. Notably, 42 of the 157 schizophrenia-associated genes were significantly associated with nearby chromatin phenotypes, thus implicating specific regulatory features for functional follow-up. We interrogated one TWAS association, MAPK3, in zebrafish embryos and observed a significant effect on neurodevelopmental phenotypes with consistent direction; thus, we prioritized this as a candidate for further follow-up. We conclude with several limitations and future directions of this study. First, although TWAS is not confounded by reverse causality (disease \rightarrow expression independent of SNP), instances of pleiotropy (in which a SNP or linked SNPs influence schizophrenia and expression independently) are statistically indistinguishable from truly causal susceptibility genes. As more molecular studies are performed, and the chance of incidental QTL-GWAS overlap increases, experimental causal inference is necessary to validate these findings. Second, the chromatin phenotypes analyzed here were measured in LCLs (because population-level chromatin data from other tissues are currently unavailable), thus preventing us from identifying brain-specific expression-chromatin associations. Third, the use of summary-based data necessitates linear predictors of expression, which may lead to misinterpretation of relationships between expression and disease/chromatin, if, for example, the weaker/secondary eQTLs/cQTLs have stronger effects on the trait because of context specificity. Finally, although we did not observe significant pathway/ontology enrichment for the identified susceptibility genes, we posit that these genes and chromatin features may serve as anchors for network-based analyses of genomewide coexpression and co-regulation; we view this direction as an intriguing prospect for future investigation.

Because tissue acquisition may pose the greatest hurdle for producing larger datasets, methods that do not depend on measurements from the same samples will remain critical. Beyond specific mechanistic findings for schizophrenia, this work outlines a systematic approach to identify functional mediators of complex disease.

Table 2 1475 genes with association with schizophrenia and chroniatin phenotypes												
Gene	Chromo- some	Position	YFS blood	METSIM adipose	NTR blood	CMC brain	DHS	H3K27ac	H3K4me1	H3K4me3	PU1	RPB2
RERE	1	8483747	4×10-7	2×10-6	2×10-6							3
SLC45A1	1	8378144	-	-	-	4×10-	-	-	-	-	-	1
MAP7D1*	1	36621565	6×10-4	-	1×10-6	-	-	-	-	-	-	1
MED8	1	43855483	5×10-1	-	-	2×10-6	-	-	1	-	-	-
ANP32E	1	150207026	-	-	1×10-8	-	-	-	-	1	-	-
MRPS21	1	150266261	3×10-6	3×10-ª	6×10-3	2×10-2	-	-	1	-	-	-
COP1*b	1	176176380	4×10-4	-	-	-	-	-	1	-	-	-
C2orf69	2	200775978	-	6x10-10	-	-	-	-	-	1	-	-
GLT8D1 ^b	3	52737714	-	-	5×10-8	3×10-8	-	1	-	-	-	-
GLYCTK	3	52321835	2×10-8	-	-	-	-	1	-	-	-	-
GNL3	3	52719935	7×10-9	6x10-7	-	5 x 10 ⁻²	-	-	-	1	-	-
NEK4 ^b	3	52804965	-	-	-	2×10 ⁻⁹	-	-	-	1	-	-
NT5DC2 ^b	3	52567793	6×10-6	6×10-6	-	7 x 10 ⁻¹	-	1	-	1	-	-
PPM1M	3	52279808	2×10-7	2×10-7	-	2×10-3	-	1	-	-	-	-
TMEM110	3	52931597	1×10 ⁻²	4×10 ⁻¹	1×10 ⁻⁸	6×10-6	-	1	1	2	-	-
PCCB	3	135969166	1×10 ⁻⁸	1x 10 ⁻¹⁰	-	3×10-10	1	-	3	-	-	-
RP11-53019.3	5	44826178	-	6x10-4	-	-	-	-	1	-	-	-
DND1	5	140053171	-	8×10-7	1×10-2	-	-	1	-	1	-	-
IK ^b	5	140027383	4×10-6	1x 10-6	-	5×10-5	-	1	-	1	-	-
NDUFA2	5	140027370	2×10-6	-	-	4×10-6	-	1	-	2	-	-
PCDHA2	5	140174443	-	-	-	7×10-6	-	1	-	1	-	-
ZMAT2	5	140080031	5×10-6	1×10-ª	-	3×10-6	-	-	-	1	-	-
AS3MT	10	104629209	-	6×10-8	7×10-9	1×10-5	-	1	-	-	-	-
MPHOSPH9 ^b	12	123717785	4×10-9	1×10-s	-	2×10-8	-	1	-	-	1	-
KIAA0391*	14	35591526	7×10 ⁻¹	2×10-7	5×10-1	-	-	2	1	-	-	-
PPP2R3C*	14	35591748	6×10-5	1×10-1	3×10-6	2×10-2	-	2	2	-	-	-
МАРКЗ	16	30134630	5×10-5	-	-	1×10-6	-	1	-	-	-	1
GFOD2	16	67753273	-	-	6×10-7	2×10-5	-	1	-	2	-	-
TSNAXIP1	16	67840780	-	-	-	2×10-6	-	-	1	2	-	-
DUS2	16	68038024	1×10-6	-	3×10-6	4×10-4	-	-	-	2	-	-
PRMT⊅	16	68344876	1×10-5	8×10-4	-	8×10-6	-	-	1	1	-	-
GRAP *	17	18950336	-	-	5×10-7	-	-	-	-	-	-	1
RNF112*	17	19314490	8×10-6	-	-	-	-	-	-	-	-	1
ACTR5 ^b	20	37377096	2×10-7	2×10-4	-	7 × 10 ⁻¹	1	-	1	-	-	-
CBR3	21	37507262	6×10-ª	2 x 10 ^{-a}	2×10-6	5×10-4	1	-	2	-	-	-
CMC brain sp	licing											
TBC1D5	3	17255862-17279655	-	-	-	3×10-6	-	-	1	-	-	-
NEK4 ^b	3	52800010-52800194	-	-	-	1×10-6	-	-	1	-	-	-
CCDC90B	11	82985783-82991184	-	-	-	3×10-7	-	1	-	-	-	-
SBNO1 ^b	12	123821038-123825535	-	-	-	4×10-10	-	-	-	-	1	-
KLC1	14	104145855-104151323	-	-	-	7×10-12	-	-	1	1	-	-
RTN1 ^a	14	60074210-60193637	-	-	-	1×10-6	-	-	1	-	-	-
TAOK2 ⁶	16	29997825-29998165	-	-	-	4×10-6	-	-	-	-	-	1
PPP4C ^b	16	30094168-30094715	-	-	-	2×10-6	-	-	-	-	-	1

Table 2 | TWAS genes with association with schizophrenia and chromatin phenotypes

Novel, not overlapping with 108 PGC schizophrenia GWAS loci. No significant schizophrenia colocalization posterior in any reterence (excluding chromatin features in YRI). Forly-two genes (including the seven genes at novel loci?) had a significant TWAS association with schizophrenia and chromatin phenotypes. For each significant TWAS association with schizophrenia, the number of significant genechromatin associations (tamily-wise error rate 5% among TWAS gene-mark associations, by Bontomori correction) are reported. In the middle columns, dashes represent genes that were not heritable in the study and therefore not TWAS associated. In the right columns, dashes represent no identified association: genes with no chromatin associations are not shown. Top, results from genes, with TSS listed as position; bottom, results from splicing events in CMC with exon-exon junction listed as position (details in Supplementary Table 18). For loci without additional evidence of colocalization of cQTL/AQTL with schizophrenia*, full numerical results are shown in Supplementary Table 3.



Fig. 6 | Suppression of endogenous *mapk3* **rescues the microcephaly and neuronal-proliferation phenotypes induced by overexpression of wild-type** *KCTD13*. **a-d**, Dorsal views of control larvae (**a**) and embryos injected with morpholino (MO) against endogenous *mapk3* (**b**), human capped wild-type (WT) *KCTD13* mRNA (**c**) or *mapk3* MO plus WT human *KCTD13* mRNA (**d**) at 4 days postfertilization (dpf). **e**, Quantification of the head-size phenotype across the four conditions. **f-i**, Dorsal view of 3-dpf embryos stained with an antibody to phospho-histone 3 (PH3), a marker of neuronal proliferation of control larvae (**f**), or embryos injected with MO against *mapk3* (**g**), human capped WT *KCTD13* mRNA (**h**) or both (**i**). **j**, Graph showing quantification of the proliferating neuronal count across the four conditions. Student's t test (two tailed) was used to determine statistical significance. The sample size for the head-size assay consisted of control = 67, *mapk3* MO = 59, *KCTD13* WT = 61 and *mapk3* MO + *KCTD13* WT = 60; for PH3, it consisted of control = 37, *mapk3* MO = 40, *KCTD13* WT = 39 and *mapk3* MO + *KCTD13* WT = 40. All experiments were repeated in duplicate and were scored by investigators blinded to injection cocktail. For box plots (**e**,**j**), the horizontal line drawn along the box in each evaluated condition marks the median. The boxes above and below the median line represent the first and third quartiles of the numerical values graphed, respectively. The whisker outside the first quartile marks the minimum values for each condition.

TWAS associations (minimum $P = 2.5 \times 10^{-7}$) (Fig. 5). Conditioning on the top splicing QTL explained all significant schizophrenia GWAS signal at the locus, whereas conditioning on the most significant eQTL had a negligible effect, thus highlighting an effect on schizophrenia that was explained by splicing and was independent of total expression. Notably, both chromatin TWAS associations were supported by Hi-C interactions with the KLC1 promoter in the developing brain33 (FDR 0.01 significant, and the most significant interaction in the locus), thus providing a functional validation of coordinated activity (Fig. 5 and Supplementary Fig. 35). We performed a TWAS-like test for chromatin-schizophrenia association, which was highly significant for both peaks (best $P = 2.6 \times 10^{-13}$; Supplementary Table 3). Evidence for colocalization was high for KLC1 splicing and schizophrenia (posterior = 58%) as well as for the chromatin phenotypes and both KLC1 splicing and schizophrenia (posterior > 80%), even though the chromatin phenotypes were identified in YRI and may exhibit LD differences across populations (Supplementary Table 24). Differential DNA methylation 40 and expression at KLC1 in schizophrenia cases versus controls has recently been identified in two independent analyses of brain tissue, thus further supporting a cis-regulatory effect on schizophrenia.

Third, total expression of *MAPK3* in CMC brain data was associated with schizophrenia ($P = 1.3 \times 10-6$) as well as two chromatin peaks near the TSS: H3K27ac ($P = 7 \times 10-6$) and RPB2 ($P = 1 \times 10-11$). In the CEU chromatin phenotype samples, in which *MAPK3* expression was also measured in LCLs, the H3K27ac and RPB2 peaks explained 36% ($P = 7 \times 10-6$) and 23% ($P = 5 \times 10-4$) of the variance in measured expression, respectively, but only the H3K27ac peak was

significant in a joint model. Formal colocalization analysis supported a single shared causal variant across all eQTL–cQTL– GWAS combinations for the implicated features (posterior probabilities 54–97%; Supplementary Table 24). We confirmed that the associated peaks were observed in epigenetic data from H3K27ac, H3K4me3 and assay for transposase-accessible chromatin using sequencing (ATAC-seq) measured in brain tissues41 and contained two SNPs with significant allele-specific effects42 on *MAPK3* (Supplementary Note and Supplementary Figs. 36–39). Strikingly, these peaks overlapped two recently identified human gained neurodevelopmental enhancers in independent fetal cortex tissues43 (Supplementary Fig. 36). This class of enhancers clusters with genes important for cortical development and neuronal differentiation and has been hypothesized to play a key role in human cortical evolution.

Functional interrogation of mapk3 in zebrafish. MAPK3 maps within the 16p11.2 600-kb copy number variant that has been associated with both schizophrenia and autism44–48. Previous studies have shown that dosage perturbation of another transcript in that region, KCTD13 can induce reciprocal head-size and neuronal pathology in patients44. Critically, pairwise dosage analyses have shown a genetic interaction of KCTD13 with MAPK3 (as well as a third locus, MVP)44, whereas independent transcriptional studies in human cells and mouse models have highlighted a functional 'cassette' composed of KCTD13, MVP, and MAPK3, a set of coregulated genes associated with the head-size phenotype47. Together with our TWAS observations, these data implicate a transcriptional relationship between these genes in the 16p11.2 region and suggest that MAPK3 (and its expression) might be a functional trigger. If so, suppression of MAPK3 should rescue the pathology induced by increased expression of KCTD13. To test this hypothesis, we performed an experimental assay in zebrafish embryos (Methods). In agreement with findings from prior studies, overexpression of human KCTD13 (associated with microcephaly in humans) induced both a decrease in head size and a concomitant decrease in the number of cycling cells in the brain (Fig. 6). However, suppression of endogenous *mapk3* in *KCTD13*-overexpressing embryos rescued both phenotypes reproducibly (Fig. 6).

Discussion

The landmark PGC schizophrenia GWAS paper has concluded that "if most risk variants are regulatory, available eQTL catalogues do not yet provide power, cellular specificity, or developmental diversity to provide clear mechanistic hypotheses for follow-up experiments". In this work, we integrated data from GWAS, expression, splicing, and chromatin activity to identify mechanistic hypotheses. We found 157 unique genes with transcriptome-wide-significant associations with schizophrenia, which were significantly supported by chromatin contact measured during brain development. Genes below the transcriptome-wide-significance threshold continued to be strongly associated with schizophrenia and exhibited enrichment for expression and splicing in the brain (though this result may also reflect expression-data quality). Associations for splicing events that were independent of total expression highlighted an important source of disease-relevant variation with potential therapeutic implications. Notably, 42 of the 157 schizophrenia-associated genes were significantly associated with nearby chromatin phenotypes, thus implicating specific regulatory features for functional follow-up. We interrogated one TWAS association, MAPK3, in zebrafish embryos and observed a significant effect on

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genomics.org/plink2/; PsychENCODE knowledge portal, <u>https://www.synapse</u>. org/#!Synapse:syn4921369/wiki/235539/; SNPWeights for principal component analysis, <u>http://www.hsph.harvard.edu/alkes-price/software/</u>.

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Author contributions

A.G., B.P., and A.L.P. designed the study. A.G., N.M., H.W., H.K.F., and Y.R. conducted analyses. M.K., L.S., A.S., G.E.C., D.H.G., N.K., and P.F.S. conducted and supervised experiments. The Psychiatric Genomics Consortium, S.M., B.M.N., R.A.O., M.C.O., and P.F.S. collected the data. A.G., B.P., and A.L.P. wrote the paper.

Competing interests

The authors declare no competing interests.