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| 2 3 | NOVEL HAEMODYNAMIC STRUCTURES IN THE HUMAN GLOMERULUS |
| 3 4 | NOVEL HAEMODINAMIC SIRUCIURES IN THE HUMAN GLOWERULUS |
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37 Abstract

To investigate human glomerular structure under conditions of physiological perfusion we have analysed fresh and perfusion fixed normal human glomeruli at physiological hydrostatic and oncotic pressures using serial resin section reconstruction, confocal, multiphoton and electron microscope imaging.

Afferent and efferent arterioles (21.5±1.2µm and 15.9±1.2µm diameter), 42 43 recognised from vascular origins, lead into previously undescribed wider regions 44 $(43.2\pm2.8 \ \mu m \text{ and } 38.4\pm4.9 \ \mu m \text{ diameter})$ we have termed vascular chambers (VCs) 45 embedded in the mesangium of the vascular pole. Afferent VC(AVC) volume was 1.6 46 fold greater than Efferent VC(EVC) volume. From the AVC long non-branching high 47 capacity conduit vessels (n=7) (Con; $15.9\pm0.7\mu m$ diameter) led to the glomerular edge 48 where branching was more frequent. Conduit vessels have fewer podocytes than filtration 49 capillaries. VCs were confirmed in fixed and unfixed specimens with a layer of banded collagen identified in AVC walls by multiphoton and electron microscopy. Thirteen 50 51 highly branched efferent first order vessels (E1;9.9 \pm 0.4µm diam.) converge on the EVC 52 draining into the efferent arteriole (15.9±1.2µm diam.). Banded collagen was scarce 53 around EVC.

54 This previously undescribed branching topology does not conform to the 55 branching of minimum energy expenditure (Murray's law), suggesting even distribution 56 of pressure/flow to the filtration capillaries is more important than maintaining the 57 minimum work required for blood flow. We propose that AVCs act as plenum manifolds 58 possibly aided by vortical flow in distributing and balancing blood flow/pressure to 59 conduit vessels supplying glomerular lobules. These major adaptations to glomerular 60 capillary structure could regulate haemodynamic pressure and flow in human glomerular 61 capillaries.

62

63 Introduction

64 The control of glomerular blood flow is crucial for maintaining efficient 65 ultrafiltration across the glomerular filtration barrier (GFB). Glomerular disease is characterised by molecular and physiological perturbations and altered glomerular 66 67 haemodynamics (intraglomerular pressure and hyper-perfusion), however, most of the 68 models of glomerular haemodynamics in humans are based on experimental animals with 69 small glomeruli. A few studies have attempted to reconstruct the human glomerular 70 vascular network; a wax model of a human neonate glomerulus was reconstructed by 71 Johnston in 1899 (21) and in 1956 plastic glomerular vessels were reconstructed from 72 wax moulded outlines (6). These and later casting techniques render impressions of the 73 glomerular surface capillaries with deeper vessels remaining largely hidden.

74 More recent computational methods have revealed nodes and branching in rat and 75 human glomerular vasculature (33, 34, 47, 48, 53). The human reconstructions were 76 performed on 5µm sections and/or on immersion fixed sources or only on small 77 glomerular regions and the few studies of the vascular pole of the human glomerulus 78 have used biopsy or cadaver recovered material (33, 56). To date, only one reconstructive 79 study has been published using perfusion-fixation of a human transplant kidney but at 80 elevated hydrostatic pressure (140mm Hg) where the authors chose a stereological 81 approach for vessel analysis rather than reconstruction (4).

82 Glomerular capillaries operate at relatively high pressure in life which in turn sets 83 urinary driving pressure in the Bowman's capsule and tubules producing tubular flow. 84 For instance, the human glomerular capillary hydrostatic pressure of 60 to 65 mmHg at 85 the afferent end (43) falls only 2-3mmHg to the efferent end. Countering this filtration pressure is an afferent plasma colloid osmotic pressure of 25mmHg rising to 32mmHg at 86 87 the efferent end (1). As a result of filtration, urinary space hydrostatic pressure is 20-88 25mmHg (61) pressurizing the proximal convoluted tubule producing flow through to the 89 collecting duct and the renal hilus. Thus, the function and structure of the whole nephron 90 relies upon the glomerular perfusion of an oncotically appropriate fluid at the correct 91 hydrostatic pressure to raise the right physiological pressures and flows in the tubules. In 92 biopsy/necropsy kidney specimens the absence of pressure during immersion fixation 93 results in the collapse of both the glomeruli and tubules. Fixing at the correct 94 physiological pressures (oncotic and hydrostatic) is therefore essential in investigating the 95 true 'functionally inflated' architecture of the glomerulus.

96 We have previously shown that 3D ultrastructural reconstruction of animal and 97 human glomeruli fixed under hydrostatic and oncotic physiological conditions allow the 98 detailed analysis of the GFB and the identification of novel structural features such as the 99 subpodocyte space (SPS)(39) One unexpected feature of light microscopic sections from 100 these resin embedded human glomeruli was the frequency of wide vessel regions at the 101 vascular pole when compared with rodent vascular poles implying different vascular 102 structure. No mention of any such difference could be found in any recent study of 103 human glomerular structure.

104 The haemodynamic requirements of rat and human glomeruli could shed light on 105 any differing evolved morphologies. For instance, if glomerular volume is assumed to estimate perfused glomerular volume, this parameter does not scale in size with the 106 107 increase in afferent arteriolar conductivity between rodents and humans. The human afferent arteriole has a conductivity 13 fold greater than that of the mouse $(14000 \mu m^4 v s)$ 108 1100µm⁴) but supplies a 23 fold larger glomerular volume [see Footnote 1]. Similarly, it 109 110 is 3 times as conductive as that of the rat $(4600\mu m^4)$, while supplying a 5 fold larger 111 glomerular volume. If human glomerular morphology was simply scaled up from a small 112 rodent pattern, then afferent arterioles should be closer to 26µm in diameter instead of 113 21µm.

114 This study therefore aimed to investigate these novel wide vascular regions of 115 human glomeruli. How big were these regions? What was the wall structure and dimensions and were there any other associated features? Did the region constitute a 116 117 wider region at the base of the afferent arteriole or a region of a thin walled capillary? Could these structural differences be involved in compensating for a high glomerular 118 119 volume relative to the vascular input in human glomeruli? To address such questions, 120 human kidneys were perfuse fixed (at physiological hydrostatic and oncotic pressures) 121 and processed in such a way to reduce any accompanying tissue volume changes. 122 Glomerular vasculature was observed and reconstructions made from fresh or fixed 123 human kidney cortex using conventional light microscopy, confocal microscopy, 124 multiphoton microscopy and transmission electron microscopy.

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- 126

127 Methods

128 **Fixation techniques**

129 Human kidney tissue was sourced (with full ethical approval and consent of next 130 of kin) from transplant kidneys (n=9) unused for technical reasons (eg poor major vessel 131 condition, damage at retrieval, tumour in the contralateral kidney). The transport solution 132 perfused through the kidney was Soltran (Potassium Citrate 0.86% w/v, Sodium Citrate 133 0.82% w/v, Mannitol 3.38% w/v, Magnesium Sulphate 1.0% w/v; Baxter Healthcare, 134 UK). Approximately 2-3 litres of the solution was perfused through the kidney 135 (200ml/minute, 120-140mmHg, 4°C) and then stored on ice. All other chemicals were 136 sourced from Sigma-Aldrich, UK.

137 Kidneys were transported in ice-cold flush media. Centimetre diameter fresh 138 cortical tissue was sampled from one pole for confocal and multiphoton microscopy and 139 stored in chilled (4°C) HEPES buffered Ringers solution. Smaller 1mm diameter tissue 140 pieces were taken from the cut surface and fixed in 2.5% glutaraldehyde in HEPES buffer 141 to serve as immersion fixed samples for TEM. At 4-10°C kidneys were debrided of 142 excess fat preserving the hilar components (renal artery, vein and ureter) and the sampled 143 polar area of the kidney was clamped off with a large locking forceps. The renal artery 144 was cannulated and the renal vein was cleared of any debris to allow outflow of perfusion 145 fluid.

146 To offset any hyperfiltration and hyperperfusion during fixation normal 147 hydrostatic and oncotic pressures were re-established by perfusing with an oncotically 148 balanced (25mmHg oncotic pressure) flush solution (50ml, 20°C). Colloid osmotic 149 pressures were measured using a modified Hanson osmometer. The flush solution 150 temperature was kept low to minimise autolytic/proteolytic activity. The hydrostatic 151 pressure in the renal artery was set at 100mmHg (similar to human mean arterial 152 pressure). After the flush bolus, 400ml of fixative was perfused through the kidney at the 153 same pressures and temperature. Flush solution concentration was (mM); NaCl(132), KCl 154 (4.6), MgSO₄ (1.3), CaCl₂ (2), HEPES (5), NaHCO₃ (25), D-glucose (5.5), 6.5% (w/v) 155 Ficoll 400. Fixative was the same as the flush solution but with 1.25% (w/v) 156 glutaraldehyde. The glycocalyx stain 0.5% lanthanum nitrate and 0.5% dysprosium 157 chloride was incorporated into the solutions in 2 kidneys.

158 1mm diameter samples of perfusion fixed kidney were taken from a medial sub-159 capsular position and together with subcapsular immersion fixed samples were post-fixed 160 in osmium tetroxide, dehydrated with ethanol and processed into Araldite resin using 161 standard procedures.

162 To promote consistency in structural comparisons, measurement and observations 163 were limited on the glomeruli of the outer (subcapsular) cortex of kidneys in a medial 164 location half way between the poles (unless otherwise stated).

165

166 **Reconstruction of vascular poles from perfusion fixed kidneys**

167 Seven areas of resin embedded kidneys (n=4) which contained a high density of 168 glomeruli were identified in Toluidine Blue stained sections. These areas were serially 169 sectioned on a Reichert Ultracut microtome at 1μ m thickness (2,095 sections 170 approximately 300 sections per area). From these serial section runs, 3 or 4 fully 171 sectioned glomeruli from each kidney were selected that clearly showed a vascular pole. 172 The afferent arterioles of each of the 14 glomeruli were identified by tracing to a larger 173 artery and/or the efferent arteriole traced to a peritubular position. Digital micrographs (1,834) of serial sections of glomeruli (n=14) were made using a x40 objective on a Nikon E400 microscope. Digital images were repositioned, aligned, calibrated and measured using Image J software (NIH opensource ImageJ 1.46r & 1.470) and compiled into image stacks. Topological maps were made of the route and diameter of the blood vessels coursing through the afferent and efferent parts of the vascular pole.

180

181 **Resin section thickness calibration and glomerular diameter**

182 Measurement and reconstruction in the sectioning direction is reliant upon the 183 precision of the ultramicrotome mechanism controlling section thickness. To test the 184 accuracy of the ultramicrotome, glomeruli were assumed to be spherical and of similar 185 diameter in all directions. Glomerular diameter was measured in the sectioning direction (z) as well as in the section plane (x,y). An ellipse was fitted over the largest glomerular 186 profile of a section image (x,y) and maximum and minimum diameters measured from 187 188 this, the results were pooled (194.4 \pm 5.1 μ m n=28). In the image stacks of a glomerulus 189 the first and last sections to contain the edge of glomerular blood vessels were found and 190 the number of intervening sections counted (202.4 ± 5.0 n=14). Assuming 1µm section 191 thickness there was no significant difference between the estimates of glomerular 192 diameter from either method (t-test; P=0.325) and no correction was needed for section 193 thickness or measurements of length in the sectioning direction (z).

194 The glomerular diameters $(2r_x 2r_y 2r_z)$ measured during the calibration of section 195 thickness were used to calculate glomerular volume ($V_G = 1.33 \pi r_x r_y r_z$).

196

197 Glomerular and vascular orientation in resin section reconstruction

198 Vascular pole recognition was most easily achieved in 1µm serial resin sections 199 where the section plane was par-axial with the vascular pole - urinary pole axis of the 200 glomerulus, as a result reconstructed glomeruli were sectioned close to a paraxial plane. 201 The true diameters of any vessel profile was measured by searching the sequential images 202 for the appropriate vessel section and measuring vessel width (x,y). Section depth 203 diameter was taken from the limits of vessel walls in the sectioning direction (z). Vessel 204 lengths (between branch points for example) through the image stack were measured on 205 section if possible or by triangulating through the stack using sectioning depth and 206 horizontal 'on section' distance.

207 The three diameters of VCs (x,y and z) used to calculate the means in table 1 and 208 2 were further used to calculate afferent and efferent vascular chamber volume ($V_{AVC} =$ 209 1.33 π r'_{AVC} r''_{AVC} ; $V_{EVC} = 1.33 \pi$ r'_{EVC} r''_{EVC}).

Bends between arterioles and VCs were assessed in resin section image stacks of 10 glomeruli by assessing the afferent and efferent arteriole axis vector and measuring the change in angle into the VC axis vector (Fig.3A). This included measurements on section and in the sectioning direction and triangulation in vessels moving at angles to the section plane.

215

216 Afferent first order (conduit) vessel ballooning in resin sections

Any ballooning or hyperinflation of first order afferent (conduit) vessels was estimated initially by comparing conduit diameters in areas of potentially high transmural pressure gradient (conduit vessels with large areas of GFB, 0-60% mesangial cover) with conduit diameters in areas of potentially low transmural pressure gradient (conduit vessels with 80-100% mesangial cover). These data were further dissected in each conduit vessel by subdividing the initial 0-60% mesangial cover group into 4 groups and using the 80-100% mesangial cover group as a baseline to calculate the fold change in diameter.

225

226 **Podocyte cell body coverage of conduit vessels**

Podocyte cell body (PCB) coverage on the urinary side of conduit vessels was estimated by measuring length of GFB in a vessel image covered by a visible podocyte cytoplasmic region and the accompanying areas where no cell body was apparent. This was compared with similar measurements from filtration capillaries.

231

232 VC recognition in single resin sections

233 To test whether evidence of VCs could be seen in single sections of glomeruli 234 (being the more common way of looking at human biopsy glomeruli) the occurrence of 235 widened vasculature at the vascular poles was assessed in single sections of renal cortex. 236 In an additional 13 resin-embedded human kidneys, immersion and perfusion fixed single 237 cortical sections (1µm thick) were stained with Toluidine Blue. Glomerular sections 238 showing vascular poles were assessed for the frequency of vascular widening around the 239 poles. Width was assessed by placing an ellipse around widened vascular profiles and 240 taking the minimum diameter to eliminate oblique vascular diameter measurements.

241

242 Confocal and multiphoton light microscopy on fresh kidney slices

Aqueous fresh and fixed kidney was observed using confocal and multiphoton microscope techniques.

A Nikon confocal microscope (Nikon Eclipse Ti) was set to image fixation induced autofluorescence (FIA). Millimetre and sub millimetre thick fixed renal cortical slices were washed in HEPES Ringer solution and the autofluorescent signal (FIA) at 488nm wavelength was used to image and obtain z stacks from glomerular vascular poles of up to 100µm depth from the cut surface.

250 Using a multiphoton microscope, two fresh and two fixed unstained slices of renal 251 cortex, were imaged as previously described (2). Two imaging modes were applied, 252 fibrous collagen was visualised using second harmonic generation (SHG) and elastin 253 from its intrinsic two photon fluorescence (TPF) along with any background 254 fluorescence. TPF and SHG images were obtained using a modified confocal microscope 255 (FluoView IX71 and F300, Olympus). Signal was produced using the 800 nm output of a 256 mode-locked Ti:sapphire laser (Mira 900-D, Coherent Inc) pumped by a 532 nm solid 257 state laser (Verdi V10, Coherent Inc.). The pulsed laser had a pulse width of 100 fs and a 258 repetition rate of 76 MHz. The light was focused on to the sample using a 60X 1.2 NA 259 water immersion objective (UPlanS Apo; Olympus). Signal was collected in the epi-260 direction using the objective lens and separated from the laser fundamental using a long 261 pass dichroic mirror (670dcxr; Chroma Technologies). The signal was then passed 262 through two filters (for TPF: CG-BG-39 and F70-500-3-PFU; and for SHG: CG-BG-39 263 and F10-400-5-QBL; CVI Laser) before being focused on a photomultiplier tube (R3896, 264 Hamamatsu). Each 1024×1024 pixel image took 29 seconds to acquire, meaning a stack

of 100 images, each separated in the z-direction by 1 μm, took approximately 50 minutes
 to complete.

267

268 Electron microscopy

From 1µm Resin sections of renal cortex showing identifiable VCs, further sections were cut at 70-100nm thickness and stained with 10% Phosphotungstic acid (10 minutes). Sections were viewed and digital images taken on a Tecnai T12 (FEI UK Ltd).

273 Calculation of vascular resistance

 $R'_{Con} = 1 \\ r_{Con}^{4} \cdot n_{Con}$

The resistance to flow along the terminal part of the arterioles will change as blood enters AVCs and conduits, and exits EVCs. Assessing such resistances may give a better understanding of how blood flow will be affected by VCs and conduits, **a** correlate of total conduit resistance per unit length (R'_{Con}) was derived from the Poiseuille equation (see Appendix 1)

Eq.1

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280

281

282

283 Where r_{Con} is the mean conduit vessel radius and n_{Con} is the number of conduit 284 vessels merging from an AVC. R'_{Con} provides a value that scales proportionately with 285 total vascular resistance per unit length. Similarly a correlate of first order efferent (E1) 286 resistance per unit length (R'_{E1}) was estimated from $1/r_{E1}^4 n_{E1}$ and arteriole resistance per 287 unit length (R'_{AA}, R'_{EA}) was calculated from $1/r_{AA}^4$ and $1/r_{EA}^4$.

289 Statistics

Data were represented throughout as either mean ± standard error of the mean or as median (interquartile range). Excel was used for collating data and initial statistics, Prism software (Graphpad Software Inc.) was used for statistical analysis generating histograms, correlations, parametric and non-parametric tests.

294

295 **Results**

296

Glomerular structure from resin serial section image stacks

298 Glomerular Arterioles

Assigning afferent and efferent labels to arterioles was accomplished by tracing the origin of these vessels in the serial section image stacks. Branches of cortical radial or interlobular arteries (38, 58) were traced to the afferent arterioles (Fig.1) and efferent vessels showed a characteristic peritubular branching course on emerging from glomeruli.

304 Afferent and efferent arteriole wall thickness were significantly different 305 ($6.6\pm0.3\mu$ m, $3.0\pm0.1\mu$ m respectively, paired t-test p<0.0001 n=7) as were afferent and 306 efferent luminal diameter ($23.2\pm1.8\mu$ m, $17.6\pm2.0\mu$ m respectively, paired t-test p=0.02 307 n=7). Wall thickness being a better predictor of arteriole type than luminal diameter. No 308 correlation was found between the afferent (R'_{AA}) and efferent (R'_{EA}) arteriole resistance 309 measure (Tab.3 $R^2 = 0.033 P=0.53$). The efferent picture was confused by multiple efferent arterioles in 4 out of 14 glomeruli. Major efferent arterioles have been shown in table 2, the extra 1 to 3 minor efferents were in series or parallel with EVC and were 4.6-8µm diameter with one 11.5µm in series with an efferent VC. No extra afferent arterioles were seen.

314

315 **Reconstruction of VCs and 1st order vessels**

All 14 glomeruli (4 kidneys) analysed from image stacks of 1µm resin serial sections showed afferent and efferent widening of the arterioles, resulting in vascular chambers (VCs) embedded in the mesangium of the vascular pole (Fig.2, see supplemental video 2a and 2b for full image stacks). Some afferent VCs (AVCs) protruded into a hilar or juxta-glomerular position (sections 198 & 209, Fig.2B).

321 Vascular width and connectivity is illustrated in a scale diagram in figure 3A, 322 (measurements from tables 1&2). To summarize, the 21 um diameter afferent arteriole 323 (AA) leads into an ellipsoidal afferent vascular chamber (AVC; 49x48x32µm) which 324 branches into on average 7 first order afferent vessels of 16µm diameter we have termed 325 conduit vessels (Con; Fig.2A, B, Fig.3A, Tab.1). These vessels had secondary vessels 326 (A2) emerging at spacings of 32.8µm (median), with 41% of branches intervals between 327 A2 greater than 40µm with a quarter of these above 100µm (Fig.4A). Conduit branches 328 into A2 were more frequent distal to the AVC at the glomerular edge (Fig.2B. & 329 supplemental video 2a and 2b). Conduit vessels coursed through mesangium and then 330 either through the centre of the glomerulus or peripherally over the glomerular surface 331 before branching into capillary networks (Fig.2A & B) [Supplementary videos S2c and 332 S2d (Fig.2B as a reconstructions)].

At the efferent end of the filtration capillary network first order efferent vessels (E1) were more numerous (13 v. 7) and narrower than conduits ($10\mu m v. 16\mu m$ diameter; Fig.4B; Tab.1&2). Secondary efferents (E2) merged at 15µm intervals into 13 first order vessels (E1) (Figs.2A, B & 3A). Only 4% of E2 branch intervals on E1 vessels were above 40µm - (Fig.4A). E1s converged into an efferent vascular chamber (EVC; 46x43x26µm) in turn disgorging into a 16µm diameter efferent arteriole (EA; Figs.2A, B 339 & 3A, Tab.2).

In 10 of the 14 glomeruli where the orientation of afferent and efferent arterioles on entry into the VCs could be easily assessed, the AA bent 60° off its straight track into the AVC (AA/AVC angle = $120\pm6^{\circ}$), similarly, the EA bent 71° off track into EVC (EA/EVC angle = $109\pm7^{\circ}$ Fig.3A).

344

345 VC and glomerular size

AVC volume ($V_{AVC} = 41 \pm 5 \times 10^3 \mu m^3$) was 1.6 fold greater than EVC volume ($V_{EVC} = 28 \pm 7 \times 10^3 \mu m^3$), with no correlation between them ($R^2 = 0.164 P=0.152$). V_{AVC} varied over a greater size range (15-70x10³ μm^3) with V_{EVC} more conserved (12 out of 14 between 10-40x10³ μm^3). Both V_{AVC} and V_{EVC} correlated significantly with V_G (Fig.4C, D, Tab.4), V_G being 100 fold larger than V_{AVC} and 150 fold larger than V_{EVC} 150. This implies a relationship of both the input the output manifold with the magnitude of the perfused volume.

If the glomerular and VC volume (Fig.4C, D) correlation is extrapolated back from larger glomeruli then a minimal VC volume can be reached where the volume describes a mere continuation of the attached arteriole (Fig.3B). Accordingly, a

⁸

cylindrical minimum VC volume was calculated using average VC length (L) and arteriole radius (r), a minimum AVC volume of $1.57 \times 10^4 \mu m^3$ would occur at a V_G of 2.2x10⁶µm³ (Fig.4c). Similarly, a minimum EVC volume of $0.75 \times 10^4 \mu m^3$ would occur at a V_G of 2.9x10⁶µm³ (Fig.4D). Translating V_G into glomerular diameter, VCs would be minimal (a continuation of the arteriole) in human glomeruli below 160-180µm diameter (i.e.V_G = 2 - 3x10⁶µm³).

362

363 **Conduit podocytes**

364 In resin section image stacks spanning a conduit vessel, we noted a significant 365 lack of coverage of podocyte cell bodies (PCB) over the GFB surface (e.g.Fig.2A Con in 366 sections 312 & 329; Supplemental 2a & 2b). Narrower, shorter first order efferent vessels 367 (E1) were embedded in mesangium adjacent to the EVC and so had zero podocyte coverage (e.g.Fig.2B E1 in sections 249, 258 & 266). PCB area coverage was estimated 368 369 in GFB conduit regions (n=10, i.e.Fig.2; GFB.Con Fig.3) and small filtration capillary 370 regions (n=22) from 4 human glomeruli. Conduit vessel PCB area coverage was halved 371 compared with small filtration capillaries (29±3% v. 55±3%; ttest - P<0.0001; Fig.5B).

372

373 Conduit mesangial support

374 Conduit vessels proceed from a central glomerular region with mesangium on all 375 sides (Fig.3A Mes.Con) to regions with less mesangial attachment and areas of filtration 376 barrier (Fig.3A GFB.Con). Appendix 2 shows that moving from mesangial supported 377 regions of conduit to regions where this support is replaced by GFB more than doubles 378 the hoop stress tending to inflate or expand the vessel wall. To test if the GFB conduit 379 regions showed any ballooning due to lack of mesangial support, conduit vessel 380 diameters measured in 13 glomeruli (resin reconstruction method) were the same in high 381 (80-100%) mesangial cover) and low mesangial cover regions overall 382 (17.7±0.8µm,17.9±0.4µm respectively, paired t-test, n=61, p=0.28). However, after 383 further division of the low mesangial cover data set, conduit vessels with the lowest 384 mesangial cover (<15% mesangium, >85% GFB) showed significant inflation of 7% 385 compared to high mesangial cover regions close to the AVC (paired t-test P=0.04, 386 Wilcoxon P=0.04; Fig.5A).

387

388 Vascular Resistance and volume relationships

Since Poiseuille flow conditions do not apply to an ellipsoidal chamber manifold with many branches, the vascular resistance per unit length could not be calculated for VCs, therefore their capacity, V_{AVC} or V_{EVC} , was compared with glomerular vessel resistance parameters. Glomerular volume (V_G) was used as a correlate of perfusion volume and compared with the resistance parameters.

 R'_{AA} did not correlate with any of the other R' parameters or V values, no correlation was found between R'_{AA} for afferent arterioles and V_{AVC} ($R^2 = 0.014$, P=0.68) or V_G which it supplies ($R^2 = 0.065$, P=0.38) (Tab.3). From the afferent VC there was a significant negative correlation between V_{AVC} and R'_{Con} ($R^2 = 0.327$, P=0.033; Fig.5C; Tab.3) showing that as the input manifold gets larger the supply conduits to the filtration capillary regions get proportionally more conductive (wider).

400 On the efferent side there was no similar correlation between efferent first order 401 vessels R'_{E1} and V_{EVC} ($R^2 = 0.088$, P=0.303) though both of these correlated with V_G 402 implying a link with perfusion volume. No correlation was found between R'_{EA} and V_{EVC} 403 ($R^2 = 0.22$, P=0.094) but R'_{EA} does correlate inversely with V_G ($R^2 = 0.47$, P=0.007; 404 Fig.5D, Tab.3) and directly with both first order afferents (R'_{Con}) and efferents (R'_{EI}).

Table 3 summarizes the capacity and resistance parameter correlations in the human glomerulus; strikingly, R'_{AA} remains independent of all glomerular parameters but all other glomerular vascular entities appear fluid dynamically tied together.

409 VC in single resin sections.

410 Single sections of immersion and perfusion fixed kidney (n=13) revealed 411 randomly orientated profiles of glomeruli with vascular poles (n=177). There was no 412 significant difference in the occurrence of vascular widening at the vascular poles 413 between immersion and perfusion fixed glomeruli or between juxta medullary (JM) and 414 subcapsular (SC) glomeruli (Fig.6A). Analysis of all glomeruli together where no 415 descrimination was made in glomerular position (JMSC) in 8 immersion fixed tissues 416 revealed vascular widening in $53\pm5\%$ of vascular pole sections. Overall frequency was 417 60±4% for vascular widening in single sections of glomerular vascular poles.

The widened vascular regions found at SC vascular poles were $28.5\pm3\mu$ m and 30.7±2.1µm (minimal diameter) after immersion or perfusion fixation respectively and represented randomly oriented sections of presumably both vascular chambers. This lack of collapse shows that VCs appear to remain open even when the vascular pressure is reduced during fixation. The full morphology of JM vascular chambers remains to be investigated with serial sections.

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5 VC imaged by confocal and multiphoton microscopy

Using a combination of fixation induced autofluorescence (FIA), two photon
fluorescence (TPF) and second harmonic generation (SHG) modes, AVC could be seen
with attached wide conduit vessels and AA in both fixed and fresh kidney slices (Fig.7).
EVC was more difficult to observe with narrower blood vessels (E1) emerging from
them. Measurements of recognised structures show similar dimensions using these
optical sectioning methods and resin section reconstruction methods (Tab.4).

432 In addition to morphology SHG can detect collagen without the need for fixation 433 or labelling. Coherent emission in SHG mode in unfixed glomeruli revealed a signal 434 consistent with banded collagen which when overlaid with co-registered TPF images was 435 positioned in the AVC walls (Fig.7, Supplemental video S3). The collagen sheath 436 extended throughout the AVC and a short distance along the attached conduit vessel 437 walls. A similar banded collagen signal was also seen in fixed tissues. TPF imaging 438 showed fresh glomeruli with extensive vessel collapse in the filtration networks but VCs 439 appeared resistant to collapse as was found with resin section reconstruction and resin 440 single sections.

441

442 VC wall appearance under electron microscopy

443 No visible sign of collagen fibres could be seen in the 1μ m light microscopy resin 444 sections. Electron microscopy sections of AVC showed regions of banded collagen fibres 445 in the surrounding mesangial matrix. The banding was sparse and poorly stained 446 (30±1nm band spacing) and width of the fibres (30±2nm) in this partial sheath was 447 consistent with Collagen I and III (Fig.8a-d). The collagen bundles extended to a depth of

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448 4μm from the VC surface (Fig.8C; Tab.4). The endothelial lining of AVC contained few
449 fenestrations together with cellular distortions and membrane blebs (Fig.8C), unlike the
450 abundant fenestral density of the filtration capillaries.

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454 **Discussion**

455

456 Vascular chambers

Human glomerular microvascular architecture is not as depicted in current texts. The vascular layout developed over the last 170 years since William Bowman (5) is of a single afferent arteriole which branches until filtration capillaries are reached. These filtration capillaries converge to form a single efferent arteriole conveying blood to the peri-tubular vasculature. This classic picture has been built up from biopsies or necropsies of mammalian kidney.

463

In human glomeruli both arterioles exhibit vascular widenings more frequently associated with low pressure veins (venous sinuses of the brain) or with large arteries (carotid sinus). However, the glomerular VCs are high pressure arteriolar afferent and efferent chambers with multiple openings, the closest definition in physical terms is a plenum manifold (plenum - a chamber containing pressurized fluid to control distribution; manifold - a pipe or chamber branching into several openings).

470 Plenums and manifolds in industry stabilize, distribute or balance fluid flow 471 through multiple inlets and outlets (i.e. inlet and exhaust manifolds on internal 472 combustion engines). Therefore, our initial hypothesis for glomerular vascular chambers 473 is that they function to balance the pressure and/or flow through the intervening filtration 474 regions without the need for conventional branching within the confined space of the 475 glomerulus. These haemodynamic considerations are not relevant in smaller rodent 476 glomeruli with smaller perfusion volumes relative to arteriolar conductivity (see 477 introduction).

These VC manifolds persist in the glomerulus despite pressure changes, VC walls are resistant to collapse during immersion fixation or when observed fresh at zero pressure. The VC position at the vascular pole allows mesangial structural support and Collagen I/III appears to provide (additional) structural integrity. The physiological significance of this collapse resistance is not yet clear.

Collagen III has been observed in glomeruli of collagen nephropathies (7, 14) with collagen III in mesangium and/or capillary walls. No report could be found of Collagen I or III in mesangium of normal glomeruli and this report is the first to find banded Collagen (I and/or III) in normal glomeruli close to the vascular pole. Banded collagen has previously been found in kidney cortex, where 30nm fibres showed hybrid labelling with Collagen I and III (13), however, the identity of VC wall banded collagen remains to be confirmed by immunohistochemistry.

490

491 VCs appear to be ubiquitous in the adult kidney. We confined resin section
 492 reconstructions in this study to subcapsular glomeruli to surmount any size difference
 493 between subcapsular and juxtaglomerular glomeruli seen in humans and other species

(17, 34, 51, 55, 58) Evenso, the resin single section work shows a surprisingly similar
occurrence of vascular widening in 50-60% of vascular pole glomerular profiles (Fig.6),
implying that VCs exist in both cortical locations with similar sized VCs in both juxtamedullary and subcapsular glomeruli.

498

499 Afferent and efferent arterioles

500 No previous study has measured the diameter of fully opened human glomerular 501 arterioles perfusion fixed at their operating pressures. Previous human AA diameters vary 502 from 13-16µm (18) to diabetic biopsy diameters of 29µm for AA and 19µm for EA(44). 503 Other than biological variability, this range of arteriolar diameter is likely due to: volume 504 changes in tissue processing, oblique sections of vessel or low pressure fixation 505 producing collapsed profiles (for example; Tab.4 fresh AA - 13.8µm; Fig.1 in ref.(45)). 506 These problems appear minimized with the fixation and resin embedding techniques of 507 this paper.

A correlation between afferent arteriolar diameter and mean glomerular capillary area has previously been seen as consistent with loss of autoregulation (18). Here a correlate of AA resistance per unit length (R'_{AA}) did not scale with any other glomerular parameter measured including R'_{EA} (Tab.3) preserving the independent autoregulatory control of AA. In contrast EA resistance per unit length (R'_{EA}) was inversely correlated with V_G (Fig.5D; Tab.3), and correlating remarkably with R'_{Con} at the afferent end (Tab.3). Unlike AA, EA is linked in fluid dynamic terms with the Glomerulus it drains.

515

516 **Conduit vessels**

517 The first order afferent vessels or conduits were noted by Bowman in 1842, with 518 2 to 8 branches which visibly 'subdivide only once or twice as they advance over the 519 surface of the ball' (5). The few buried deep inside the glomerulus unseen by Bowman 520 may explains the result of 2 to 11 seen in this current study. We also confirm the luminal 521 width of these first order afferent vessels as being as wide as the efferent arteriole (21).

522 Conduit vessels show fewer branches than their efferent counterparts but branch 523 frequency increases at the start of perfusion regions often at some point on the glomerular 524 periphery (Fig.2). No previous branch data exists for these vessels however, the 525 interbranch length for all rat glomerular vessels at $26.3\pm24.9\mu$ m(SD) (48) is between the 526 medians, 32.8μ m (conduit afferent) and 15μ m (efferent) of the skewed distributions 527 found here.

528 Conduit vessels close to the AVC are embedded in mesangium, those distal to the 529 AVC have a GFB. While detailed conduit ultrastructure remains to be confirmed, no 530 aberrant GFB capillary morphology has been noted in all our studies of normal human 531 glomeruli (data not shown). It appears that conduit GFB is similar to filtration capillary 532 GFB except for the scarcity of podocyte cell bodies on the conduit GFB surface. It 533 remains to be determined if conduit podocytes are just responding to local conditions or 534 are a sub-population of conduit podocytes with the extra-long major processes necessary 535 to cover the GFB area in foot processes.

The GFB is known to remain intact and expand under excess pressure (25, 27) and conduit vessels with a 86-100% GFB - or a sparse 0-14% mesangial attachment around the circumference showed diameter expansion by 7% compared to conduit vessels surrounded by and embedded in mesangium (Fig. 5A) - not enough GFB expansion to 540 explain podocyte cell body free areas on the conduit vessels but below the damaged 541 'giant capillary' inflation levels previously reported (25). Conduit inflation might be 542 expected considering the reduced podocyte coverage, thin walls and wide diameter and 543 estimates of wall forces show conduit vessels with a high proportion of GFB and low 544 mesangial attachment are the most susceptible to hoop stress of all glomerular vessels 545 (Appendix 2). This marks conduits as a target in hypertensive disease and hoop stress 546 failure has been observed in rat primary afferents (equivalent to conduits) due to 547 glomerular hypertension (with marking albuminuria and glomerulosclerosis) (26).

The subpodocyte space, identified under podocytes (39) should be present under conduit podocyte cell bodies (awaiting EM confirmation). Incidentally, the light microscopy derived filtration capillary podocyte cell body (PCB) area coverage of 55% of the GFB fits well with the electron microscopy derived subpodocyte space coverage of 60% for filtration capillaries found previously (41, 50) suggesting most of human subpodocyte space is under the podocyte cell body.

554

555 Other evidence for vascular chambers and conduits

Reconstructed rat glomeruli do not show vascular chambers (48). We confirmed
these findings by reconstructing rat glomeruli with Serial Block Face Scanning Electron
Microscopy (data not shown) and also found no evidence of VC.

559 Mammalian arterioles can widen pathologically (32), for instance, mesangiolysis 560 can remove mesangial support causing glomerular vessel aneurysms (35) but such 561 features would not be as highly conserved in shape or have an organized collagenous 562 support as seen in VC found here. Bowman also noted in the larger horse glomerulus that 563 afferent arterioles dilate on the surface prior to dividing but not in human glomeruli (5) 564 we show here that human glomerular vascular dilations are subsurface and would have 565 been invisible to Bowman. The modern conventional description merely reports that the 566 afferent arteriole branches into the glomerular capillary network (22).

567 VCs may not be present in all human glomeruli, during development, glomerular 568 capillaries arise from one dilated vessel (11) and neonate vascular widening has been 569 shown prior to the five first order afferent branches (21) although this has been ascribed 570 to a vessel remnant from the developing nephron (11). Interestingly, the glomerular 571 diameter increase in children from 112µm (birth) to 167µm (15years) (34) and VC 572 scaling with V_{G} shows that VCs may not exist in child glomeruli which are below 160-573 180µm diameter, providing these glomeruli follow the adult glomerular correlation (Fig. 574 3B & 4C,D). Conduit vessel resistance (R'_{Con}) also scales with V_G, whether this 575 correlation continues in smaller (child) glomeruli or whether the primary afferents in 576 children even constitute 'conduit' vessels needs evaluation.

577 Renal biopsies do occasionally show evidence of VCs and conduit vessels in 578 section, a survey of images in biomedical journals reveal light micrographs showing a 579 $15\mu m$ conduit vessel and $20\mu m$ VC (20), a $30\mu m$ diameter VC (52) and VCs at both 580 efferent and afferent ends (44). However, without the context of a serial section stack 581 these micrographs remain as widened vascular profiles.

582 VCs could be artefacts of processing volume changes, however, glomerular
583 diameters (~200µm) derived here were between immersion fixed (160 - 170µm) (10, 31)
584 and autopsy diameters (260-270µm) (8) and closely match in vivo ultrasound values of

585 200µm (15, 23), suggesting glomerular volume changes during processing were minimal586 overall.

587 Wide profiles at the vascular pole in singles sections can be dismissed as 588 collapsed vessels. Put simply, an afferent arteriole terminus of 21µm diameter with a 589 circumference of 66µm could conceivably collapse to a flattened squashed-circle profile 590 approximately 30µm wide which if sectioned longitudinally would fit exactly with the 591 28-30µm wide profiles measured, however, 60% of randomly oreinted single sections of 592 vascular poles all showed these wide vascular regions - far too frequent for the collapse 593 argument. Additionally, in this study vessel collapse was seen in filtration capillaries in 594 fresh glomeruli (multiphoton microscope: Supplemental Fig. S3) but with VCs held open. 595 VCs are not collapse artefacts but stiff walled vascular structures.

596

597 The Murray relationship

598 The relationship between branching vessel diameters was derived by Murray on 599 the principle of minimum work for blood flow (36, 37) where the radius cubed of the 600 parent vessel equals the sum of the cubes of the daughter vessel radii. The Murray 601 relationship holds for arteries and venules of rat kidney down to the afferent arterioles 602 and venules leading away from the tubular networks (42), but it is not known if it 603 continues into the glomerulus. The Murray relationship in whole human kidney also 604 remains to be assessed.

605 A Murray constant (K) was calculated for each set of vessels leading into and 606 away from human glomerular VCs in all 14 glomeruli reconstructed from resin sections:

eq.2

607

608 $K = r^3 n_V$

609

610 Where n_V is the number of vessels and r is the radius. Using r_{AA} , r_{AVC} , r_{Con} , r_{E1} , 611 r_{EVC} , r_{EA} and appropriate n to calculate K, the Murray relationship breaks at the VCs and 612 the first order vessels (conduit and E1 vessels; Fig.6B), where daughter vessels do not 613 have the same Murray constant as parent vessels.

This is an exception to Murray's Law – a plenum/manifold exception, where flow distribution from a single arteriole provides a high pressure distributive flow into many glomerular lobes in a short distance. An estimate of K values for second order afferent vessels (A2 in 2 glomeruli) showed that K may return to the value predicted by the afferent arteriolar radius after skipping the VC and conduit vessels (Fig.6B). Other Murray's law exceptions occur where a higher surface area is required in the exchange vessels of an organ, for instance alveolar capillary networks (59).

The possible mechanisms producing a set of vessels following Murray's law includes an endothelial transducer triggering remodelling after a shear force threshold was exceeded(46). Altering the threshold could induce the vessel diameter changes seen here. However, the Murray relationship requires laminar flow through vessels and the haemodynamic flow will be complex from an afferent arteriole into an ellipsoidal vascular chamber with several outlets.

627

628 VC haemodynamics

629 If glomerular volume is used as a measure of perfusion capacity, it rises and falls
630 along with the size of the AVC and the EVC (Fig.4 C&D). Larger AVCs feed more

blood to larger glomerular filtration regions and thence to larger EVCs. As the size increases the resistance of the conduit vessels, E1 and EA (not AA) falls to accommodate the flow (vessels get wider in proportion to Poiseuille flow) (Fig.5 C&D). All of the major vessels of the human glomerulus past the afferent arteriole are linked in some way in terms of flow and capacity (Tab.3). How would flow progress from laminar flow in an afferent arteriole through the AVC to the conduit vessels? And similarly from efferent E1 vessels through EVC to the efferent arterioles?

638 A clue to VC flow characteristics comes from the kinks and bends in AAs. One 639 constant feature of the glomeruli analysed is the bend as the afferent arteriole enters the 640 AVC. These bends can be readily seen in the glomeruli of figures 1, 2A and 2B 641 (supplemental videos 2a and 2b) and showed an average 60° deviation from a straight 642 path. The fluid flow at a bend in a channel is known to induce vortices (49), we 643 hypothesize that the summation of all bends in an afferent arteriole (i.e. see bend from 644 interlobular -AA junction in Fig.1) could induce a single major vortex in the AVC possibly aiding distributive flow centrifugally into conduit vessels. 645

646 If such a vortex with its axis in the midline of the AVC adopts the properties of a 647 "rigid-body" or "rotational" vortex, then the pressure at the AVC edge at the conduit 648 vessel openings would depend both on the hydrostatic pressure and the dynamic pressure 649 (set by the angular momentum of the moving fluid – ½ρω², where ρ=density; ω = angular 650 velocity). Crucially however the dynamic pressures within this form of vortex are 651 uniform (3).

652 We speculate that in health the AVC and the complex (vortical) fluid movement 653 within it, may ensure a uniform driving pressure into the conduit vessels – maximising a 654 uniform distribution of flow to each of the glomerular lobules. The loss of this equalising distributary mechanism through microvascular disease, mesangial proliferation occluding 655 656 the AVC, hyperperfusion or immunological injury, could potentially result in localised 657 hyperfiltration and excess shear stress in some glomerular segments with stasis in others. This has implications for glomerular disease in which only some perfused regions of the 658 659 glomerulus appear to have sustained sclerotic/fibrotic damage (eg FSGS) while adjacent 660 lobules appear normal.

661 The structure of the efferent vascular chamber, with many microvessels 662 converging on a chamber, lends itself to the development of an irrotational vortex (plug 663 hole vortex) balancing EVC pressure gradients and promoting balanced removal of blood 664 from the glomerular tuft (3).

665

666 Conclusion

667 We show for the first time in human glomeruli that clearly defined afferent arterioles lead into afferent vascular chambers of ellipsoid shape and structure embedded 668 669 in the mesangium of the glomerular vascular pole and ensheathed in collagen fibrils. 670 These chambers are plenum manifolds with many emergent relatively unbranched wide 671 blood vessels or conduits conveying blood to the periphery of the glomerulus. Branching 672 frequency increases at the end of the conduits leading to filtration capillary networks 673 which lead back to smaller efferent vascular chambers in the mesangium of the vascular 674 pole and then the efferent arteriole. The conduit vessels are sparsely covered with 675 podocytes, and conduit fluid resistance scales with the size of the afferent vascular 676 chambers. Both vascular chambers scale with glomerular capacity suggesting absence of 677 vascular chambers in glomeruli below 160µm diameter (the glomeruli of children). 678 Resistance correlates of first order afferent (conduit) and efferent vessels and efferent 679 arterioles (but not afferent arterioles) scale together and inversely with glomerular 680 volume. We propose that all these_structures represent a large glomerulus adaptation 681 allowing even haemodynamic flow distribution and pressure balance across the many 682 lobes of a human glomerulus. 683 684 685 686 687 688 Appendix 1. 689 Vascular resistance 690 691 The vascular resistance to flow will change as blood flows along AA into AVCs 692 and conduits and later pools in EVCs before flowing into EA. To better understand how 693 blood flow is affected by the changing morphology a correlate of vascular resistance 694 R'_{Con}) was derived from the Poiseuille equation using vessel radii and vessel number. For 695 VCs the flow will be complex and non-laminar in the spheroidal shape and so the 696 Poiseuille equation could not be used so_VC volume was used as a measure of VC 697 capacity. 698 699 Resistance changes in arterioles and conduit vessels 700 For conduit vessel resistance ($\sum R_{Con}$) coming out of the afferent VC where R_{Con3} 701 is the resistance of the 3rd conduit vessel in parallel: 702 $\frac{1}{\sum R_{Con}} = \frac{1}{R_{Con1}} + \frac{1}{R_{Con2}} + \frac{1}{R_{Con3}} - \frac{1}{R_{Conn}}$ eqA1.1 703 704 705 706 For n_{Con} similar conduit vessel resistances R_{ConX} $\frac{1}{\sum R_{Con}} = \frac{n_{Con}}{R_{ConX}}$ egA1.2 707 708 709 710 For fluid of viscosity η , the resistance to flow through a tube of length L is inversely 711 proportional to the 4th power of the radius (Poiseuille's law), similarly: 712 713 714 $R_{ConX} = \frac{8 \eta_{Con} L_{Con}}{\pi r_{Con}^{4}}$ eqA1.3 715 716 717 718 Where L_{Con} is conduit vessel length and r_{Con} the mean conduit vessel radius. If the 719 viscosity of the blood flowing through VC and attached vessels (η_{Con}) is assumed not to

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720 change (low filtration into mesangium in these vessels) then η_{Con} with π and 8 can be 721 combined into a constant k_{Con} :

722

723 724

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741

743

726 Combining equation eqA1.2 and eqA1.4:

 $R_{ConX} = \frac{k_{Con}L_{Con}}{r_{Con}^4}$

 $\frac{1}{\Sigma R_{Con}} = \frac{r_{Con}^{4} n_{Con}}{k_{Con} L_{Con}} eqA1.5$

eqA1.4

eg.A2.1

731 Inverting eqA1.5 and dividing by L_{Con} and K_{Con} yields a measure of the total conduit 732 vessel resistance per unit length (R'_{Con}). 733

 $\frac{\sum R_{Con}}{L_{Con} k_{Con}} = \frac{1}{r_{Con}^4} = R'_{Con} \quad eqA1.6$

737 $1/r_{Con}^4 n_{Con}$ was used to estimate a correlate of vascular resistance per unit length of all 738 conduit vessels in parallel (R'_{Con}). Similarly, 1st order efferents were assessed using 739 $1/r_{E1}^4 n_{E1}$. (R'_{E1}). Correlates of afferent and efferent arteriole resistance per unit length 740 (R'_{AA} , R'_{EA}) were estimated with $1/r_{AA}^4$ and $1/r_{EA}^4$.

742 Appendix 2.

744 Vascular wall stress

The conduit vessel wall morphology appears similar to filtration capillaries however, conduits are much wider. Greater diameter tubes or vessels of the same wall thickness are more susceptible to pressure damage or rupture. How might conduit vessel wall stress compare with other glomerular vessels?

749 750

VC and conduit vessel wall stress

 $S_{hCon} = \frac{\Delta P_{Con} r_{Con}}{t_{Con}}$

The effective wall strength and compliance of systemic capillaries is largely due to basement membrane/basal lamina (40). Assuming that glomerular vascular wall strength is due to the glomerular basement membrane (GBM, $0.3\mu m$ and less than $1/10^{th}$ of vessel radius) then the Laplace equation (60) can be used to derive the hoop stress (S_h) of the vascular wall (the force exerted circumferentially trying to pull the wall apart). For cylindrical conduit vessels:

757 758

759 760

761 Where ΔP_{Con} is the hydrostatic pressure difference across conduit vessel wall of 762 radius r_{Con} , and effective wall thickness t_{Con} .

763 The equation for a near spherical VC is half that of an equivalent diameter cylinder:

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764 $S_{hVC} = \underline{\Delta P_{VC} r_{VC}}{2 t_{VC}}$ eq.A2.2 765 766 767 768 Where ΔP_{VC} is the hydrostatic pressure difference across the VC wall of radius 769 r_{VC} , and effective wall thickness t_{VC} . The effective strength of the arteriolar wall will be 770 a composite of strengths of this thick multilayered structure, however, the arteriole 771 smooth muscle wall thins as it transitions into the VC with only endothelium, basal 772 lamina and collagen sheath surrounded by mesangial matrix. 773 774 Parameters used in Calculations 775 S_{hAVC} for afferent VC (AVC): 776 $r_{AVC} = 22 \mu m$ [mean of r'_{AVC} , r''_{AVC} , r''_{AVC} ; Tab.1], 777 $t_{AVC} = 0.5-4 \mu m$ [between the first mesangial lamina thickness ~ 0.5 \mu m (see 778 Fig.8d) and the collagen sheath dispersed over $4\mu m$ (Tab.4, Fig.8)] 779 $\Delta P_{AVC} = 23mmHg$ [AVC luminal pressure of 63mmHg (43) minus mesangial 780 pressure - a high proportion of capillary hydrostatic pressure (9) - likely 40mmHg since 781 mesangial cells respond to 40mmHg and above (19, 30). 782 783 $S_{hAVC} = 8 - 66 \, kPa$ (equation A2.2) [$\leq 8 \, kPa$ if the effective ΔP_{AVC} is lower due to 784 pressure dissipating gradients and effective t_{AVC} thicker due to additional mesangial 785 *matrix support (7)*] 786 787 S_{hMC} for mesangial conduit vessel (MC): 788 The mesangial backed conduit vessels (Fig.3a, Mes.Con) adjacent to AVCs would 789 share the same mesangial protection and possibly collagen sheath as the AVCs. 790 $r_{MC} = 8\mu m [Tab.1]$ 791 $t_{MC} = 0.5 \mu m \text{ to } 4 \mu m \text{ [Tab.4, Fig.8]}$ 792 $\Delta P_{MC} = 23 mmHg$ [see above] 793 794 $S_{hMC} = 6 - 48 \, kPa \, (equation \, A2.1) \, [\leq 6 \, kPa, S_{hAVC} \, caveat \, as \, above)$ 795 796 S_{hGC} for glomerular filtration barrier conduit vessel (GC): 797 The conduit vessels away from the AVC are connected to mesangium only on a 798 small part of their circumference the rest being normal GFB and GBM (Fig.3a, GFB 799 Con) 800 $r_{GC} = 8\mu m [Tab.1]$ 801 $t_{GC} = 0.3 \mu m [GBM thickness]$ $\Delta P_{GC} = 38mmHg$ [luminal P (63mmHg) minus urinary space P (25mmHg)] 802 803 804 $S_{hGC} = 133 \text{ kPa} (equation A2.1)$ 805 806 S_{hFC} for filtration capillaries (FC): 807 $r_{FC} = 3.5 \mu m$ 808 $t_{FC} = 0.3 \mu m [GBM thickness]$ 809 $\Delta P_{FC} = 38 mmHg \ [luminal P \ (63 mmHg) minus urinary space P \ (25 mmHg)]$

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812

 $S_{hFC} = 58 \ kPa \ (equation \ A2.1)$

| | Subscript | ΔP | r | t | S _h | |
|-------------------|--------------|---------------|------|---------|----------------|--|
| | abbreviation | <u>(mmHg)</u> | (µm) | (µm) | (kPa) | |
| Afferent VC | AVC | 23 | 22 | 0.5-4.0 | <i>≤</i> 8-66 | |
| Mesangial conduit | MC | 23 | 8 | 0.5-4.0 | <i>≤</i> 6-48 | |
| GFB conduit | GC | 38 | 8 | 0.3 | 133 * | |
| Filtration Caps. | FC | 38 | 3.5 | 0.3 | 58 | |

813 **Table A1.** Calculated vascular hoop stress S_h . The peak is in the GFB conduit vessels (*). 814

815 S_h is difficult to estimate in the mesangial backed AVC and mesangial conduit 816 vessels but our maximum estimate is less than half the value for the GFB Conduit. S_h falls 817 in the filtration capillaries of the same wall thickness but these are protected by their 818 small radius. At the efferent end the reduced radii and complete mesangial encasement of 819 VC and of the short E1 vessels would result in lower S_h of the equivalent efferent vessels 820 (not shown).

821 In conclusion, in human glomeruli, GFB conduit walls (GC) mark a peak of hoop 822 stress caused by the relatively thin wall for the large diameter. While the AVC and the 823 early conduit vessel are protected by mesangial backing, any mesangial disruption 824 through immune-mediated damage, cell invasion or proliferation or disruption to the 825 collagen sheath will change S_{hAVC} and S_{hMC} making AVC and mesangial conduit vessels 826 vulnerable to pressure changes.

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827

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996 Figure 2A&B. Serial resin sections through a glomerulus. Selected light micrographs 997 from 2 complete 1µm serial section series to show the route blood takes from an afferent 998 arteriole (AA) into an afferent vascular chamber (AVC) leading into conduit vessels 999 (Con) of high capacity and few branches. At the other end of the microcirculation many branching efferent 1st order vessels (E1) drain into a smaller efferent vascular chamber 1000 1001 (EVC) leading to an efferent arteriole (EA). Serial section numbers at bottom left. Scale 1002 bar 100µm in micrograph of section 254 or 198 (see Supplemental video S2A and S2B 1003 for glomerular image stacks of Fig.2A and B respectively, Supplemental S2C and S2D 1004 for a reconstruction of afferent and efferent parts of Fig.2B)

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1006 Figure 3. Scale diagram of glomerular vasculature; the smallest vascular chambers. 1007 A/ Scale diagram of the Afferent (light grey) and Efferent (white) ends of the glomerular 1008 vasculature. Diagram shows size and branch relationships between arterioles, VCs and 1009 1st order vessels (mesangium close to vascular pole - dark grey) (diameters from tab. 1010 1&2). To illustrate VC volume in relation to attached vessels the length of attached 1011 vessels accommodating VC volume has been shown - AVC volume would distribute 1012 along 112µm length (delimited by hoops x, y) of afferent arteriole (AA) or distribute along $31\mu m$ length (delimited by hoops x', y') of 7 conduit vessels (Con; 3 of 7 shown). 1013 1014 The EVC volume would fill 138 μ m length of efferent arteriole (EA; hoops p, q) or 28 μ m length of 13 1^{st} order vessels (E1; hoops p', q', 4 of 13 shown). Scale bar 100µm. A2 1015 1016 and E2 - second order vessel examples. Mes.Con - Conduit vessel embedded in 1017 mesangium. GFB.Con - Conduit vessel with GFB surface and minor mesangial 1018 attachment. B/ Minimal Vascular Chambers. The upper diagram shows VC as in our 1019 reconstructions but both V_{AVC} and V_{EVC} decrease as V_G decreases (Fig.4c&d). VC 1020 shrinkage in the radial direction would reduce the diameter and VC volume until it was a 1021 continuation of the attached arteriole (Fig.4 C&D).

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1023Figure 4. Conduit branching and diameter; VC volume scales with glomerular1024volume. A/ Histogram of branch separation between 2^{nd} order branches (A2 or E2)1025emerging from 1^{st} order vessels (Con or E1). Branch intervals were assessed in 91026glomeruli, conduit vessels (Con, filled bars) are longer and less branched than 1^{st} order1027efferent vessels (E1, open bars) (Mann Whitney U test medians (32.8, 15µm),1028P<0.0001).</td>B/ Histogram of 1^{st} order vessel diameter coming off Vascular Chambers.

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1029 Conduit vessels (filled bars) are significantly wider than Efferent first order vessels (open 1030 bars), efferent distribution is skewed towards lower values (15.3(12.8-18.9) v. 9.0(7.0-1031 11.1); median(IQR); Mann Whitney U test, p<0.0001). C/ Afferent VC volume and D/ 1032 Efferent VC volume scale with glomerular volume to a highly significant level ($R^2 =$ 1033 0.517 P=0.004; $R^2 = 0.419$ P=0.012 respectively). A minimum possible V_{AVC} and V_{EVC} 1034 (See Fig.3B) is also plotted to show V_G where VCs are a continuation of the attached 1035 arteriole (i.e. no VC widening).

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1037 Figure 5. Conduit diameter changes with mesangium; conduit podocyte attachment; 1038 resistance v capacity examples A/ Conduit diameter changes relative to mesangial 1039 cover. Conduit vessel diameters adjacent to the afferent VC with mesangial cover of 80-1040 100% (GFB coverage 0-20%) were compared with diameters of low mesangial covered 1041 (distal) regions of the same vessel. The fold change in diameter shows a significant 1042 diameter increase of 7.4% (*) when mesangial cover is minimal (0-14% i.e. GFB 86-1043 100%). Paired t-tests and Wilcoxon matched pair test (P=0.04). B/ Histogram of 1044 podocyte cell body (PCB) area coverage of the filtration barrier of conduit vessels (filled 1045 bars) and small filtration capillaries (open bars). Conduits have significantly less PCB 1046 coverage of the GFB than filtration capillaries (ttest - P<0.0001). C/ Conduit resistance 1047 versus Afferent VC volume. A significant negative correlation exists between a correlate of conduit resistance (R'_{Con}) and afferent VC volume (V_{AVC}) ($R^2 = 0.327$, P=0.033). D/ 1048 Efferent arteriole resistance per unit length (R'_{EA}) reduces in line with increasing V_G (R^2 1049 1050 = 0.47, P=0.007).

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Figure 6. Vascular widenings in single sections. Murray constant from vascular 1053 1054 radii A/ Observed occurrence of glomerular vascular widening in single sections. The frequency with which widening (implying VC presence) was observed at vascular poles 1055 1056 in immersion and perfusion fixed glomeruli. SC - subcapsular glomeruli; JM - juxta-1057 medullary glomeruli; JMSC - JM and SC glomeruli combined. (n = number of kidneys) **B**/ In 14 glomeruli a Murray constant (K = $r^3 n_V$; where r is radius, n_V is vessel number; 1058 see text) was calculated for the afferent and efferent arteriolar tree leading through the 1059 VCs and thence into the 1st order vessels (Con and E1). In 2 glomeruli K was calculated 1060 for 2nd order vessels. The Murray relationship of equal K at each vessel level is absent in 1061 the AVC. EVC and conduit vessels. 1062

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1064 Figure 7. Multiphoton imaging of glomeruli. Images obtained by combining two 1065 photon fluorescence (TPF) signal images with second harmonic generation (SHG) images 1066 of an unfixed human glomerulus. The capillary walls emit a TPF signal (green) with most 1067 of the smaller filtration capillaries showing collapse. A banded Collagen signal (SHG 1068 blue) is located adjacent to a VC wall (intense Bowman's capsule Collagen has been 1069 blanked). Section s1 is close to the tissues physical surface; A - arteriole, (optical section 1070 1µm deep). S31 shows a wide incomplete region of banded collagen around an 1071 uncollapsed region (VC) connected with A in s1. The banded collagen region has 1072 disappeared in s37 but offshoots in attached vessels appear in s37 (right of VC) and s52 1073 (left of VC position). Diameter of field - 200µm. (See supplemental video S3 for full 1074 section series)

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Figure 8. Transmission electron micrographs of Vascular chamber walls. Vascular 1077 1078 Chamber were imaged using a Tecnai 12 electron microscope, low power (A) shows a 1079 vascular pole an AVC, conduit vessels (Con) and urinary space (US). (B) Montage of 1080 micrographs to show the disposition of the banded collagen fibres around the VC walls. 1081 White dotted lines show the extent of the mesangial matrix where banded collagen fibres 1082 were evident. (C) Area C from montage B with matrix rich in banded collagen (BCM) 1083 and where collagen is absent (M). (D) Area D from montage B with banded collagen 1084 fibres.

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1086 Table 1 & 2. Afferent and efferent vascular diameters. Diameters of afferent and 1087 efferent vessels from resin embedded glomeruli (14) from 4 human kidneys. In all cases 1088 the afferent and efferent arterioles widen to form ellipsoidal chambers with between 2 1089 and 11 high capacity conduit vessels emerging and conveying fluid away to the filtration 1090 capillaries. Blood from the filtration capillaries converges into 3 to 22 narrow efferent 1091 first order vessels which converge into the Efferent VC and thence the efferent arteriole. 1092 [In the 14 glomeruli analysed, 2 extra wide conduit vessels (19-24µm) were found, 1 1093 extrawide E1 drainage vessel (20-27 μ m) but the branching was frequent as in other E1 1094 vessels]. Vascular chamber dimensions: min.diam.; minimum diameter measured in the 1095 section plane avoiding oblique vessel sections. max.diam.; maximum diameter measured 1096 in the section plane avoiding oblique vessel sections. Secn. depth diam; diameter 1097 measured in the sectioning direction. sem; standard error of the mean

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1099**Table 3. Vascular resistance and capacity relationships.** Significant correlationships1100(8 out of 21) between 7 variables measured in human glomerular initial vasculature.1101Correlates of vascular resistance for afferent arterioles (R_{AA}), Conduit vessels (R_{Con}), first1102order efferent vessels (R_{E1}) and efferent arterioles (R_{EA}) were compared with each other1103and with AVC volume (V_{AVC}) glomerular volume (V_G) and EVC volume (V_{EVC}). +1104positive correlation, - negative correlation; * = P < 0.05, ** = P ≤ 0.01; **** = P ≤</td>11050.0001; § higher significance with outlier removed.

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1108 Table.4. Vascular diameters and wall thicknesses - all experiments. Comparison of 1109 AA, AVC, Conduit, E1, EVC, and EA measurements from resin section reconstruction 1110 with the same features in fixed and fresh glomeruli reconstructed from confocal and 1111 multiphoton microscope z stacks (SHG and TPF). EVC and AVC values have been 1112 averaged together for all 3 axes. AVC Collagen sheath (AVC Coll) enshrouded AVC and 1113 some parts of conduit vessels but scant evidence in EVC or E1 (multiphoton microscopy 1114 only). G and K indicate numbers of glomeruli and kidneys used. * not all quantities were 1115 observable and measureable.

- 1116
- 1117 Supplemental
- 1118 Supplemental video legends
- 1119
- 1120 Video S2a. Image stack for Fig 2a glomerulus.

Video to show the full image stack formed by Image J software from original 1μm
serial section images. Stills in Fig.2a. Field of view 170 x 200μm approximately.

- 1123
- 1124 Video S2b, Image stack for Fig 2b glomerulus.

Video to show the full image stack formed by Image J software from original 1μm
serial section images. Stills in Fig.2b. Field of view 190 x 220μm approximately.

1127

1128 Video S2c. Reconstruction x derived from Fig. S2b.

1129 Red afferent arteriole derived vessels meeting with blue efferent arteriole derived 1130 vessels at purple points. Rotation around x axis. Not all vessels shown. Scale marks in 1131 μm .

1132

1133 Video S2d. Reconstruction y derived from Fig. S2b.

Red afferent arteriole derived vessels meeting with blue efferent arteriole derived
vessels at purple points. Rotation around y axis. Not all vessels shown. Scale marks in
μm.

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1138 Video S3. Reconstruction of an unfixed glomerulus from multiphoton microscope 1139 images. TPF and SHG modes were used to image the vessel walls (green) and banded 1140 collagen (blue) respectively. The intense blue signal from the collagen of Bowman's 1141 capsule was covered by a circular black mask. The afferent arteriole opens into a VC at 1142 the 7 o'clock position, the banded collagen signal follows the walls of the VC and into 1143 the conduit vessels. Field width 200µm

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1145 *Footnote 1*

- 1146 [Afferent arteriole conductance estimated from the 4^{th} power of vessel radii (mice, r = 5-
- 1147 6.5 μ m,(16, 28, 29); rats, $r = 7-9.5\mu$ m(12, 24, 54, 57); human, $r = 11\mu$ m[this article])
- 1148 with human glomerular volume estimated from glomerular diameter (mouse=70µm,
- 1149 *rat=120μm and human=200μm)]*
- 1150



Figure 1. Afferent arteriole and glomerulus connectivity. Selected light micrographs from a 1 μ m serial section stack to show the connectivity of an afferent arteriole (25 μ m diameter) with a small artery (110 μ m diameter interlobular or feed artery). Identifying the root/route of the vessels entering the glomerulus allows identification of afferent and efferent arterioles. Notice the afferent arteriole goes through a right angle as it enters the glomerulus. AA – afferent arteriole; GC - glomerular capillary; serial section number at bottom right.



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Figure 6. Vascular widenings in single sections. Murray constant from vascular radii A/ Observed occurrence of glomerular vascular widening in single sections. The frequency with which widening (implying VC presence) was observed at vascular poles in immersion and perfusion fixed glomeruli. SC subcapsular glomeruli; JM - juxtamedullary glomeruli; JMSC - JM and SC glomeruli combined. (n = number of kidneys)

B/ In 14 glomeruli a Murray constant (K = $r^3 n_V$; where r is radius, n_V is vessel number; see text) was calculated for the afferent and efferent arteriolar tree leading through the VCs and thence into the 1st order vessels (Con and E1). In 2 glomeruli K was calculated for 2nd order vessels. The Murray relationship of equal K at each vessel level is absent in the AVC, EVC and conduit vessels.

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Figure 7. Multiphoton imaging of glomeruli. Images obtained by combining two photon fluorescence (TPF) signal images with second harmonic generation (SHG) images of an unfixed human glomerulus. The capillary walls emit a TPF signal (green) with most of the smaller filtration capillaries showing collapse. A banded Collagen signal (SHG blue) is located adjacent to a VC wall (intense Bowman's capsule Collagen has been blanked). Section s1 is close to the tissues physical surface; A - arteriole, (optical section 1µm deep). S31 shows a wide incomplete region of banded collagen around an uncollapsed region (VC) connected with A in s1. The banded collagen region has disappeared in s37 but offshoots in attached vessels appear in s37 (right of VC) and s52 (left of VC position). Diameter of field - 200µm, (See supplemental video S3 for full section series)

field - 200µm, (See supplemental video S3 for full section series) Downloaded from www.physiology.org/journal/ajprenal by \${individualUser.givenNames} \${individualUser.surname} (146.200.087.050) on August 30, 2018. Copyright © 2018 American Physiological Society. All rights reserved.



Figure 8. Transmission electron micrographs of Vascular chamber walls. Vascular Chamber were imaged using a Tecnai 12 electron microscope, low power (A) shows a vascular pole an AVC, conduit vessels (Con) and urinary space (US). (B) Montage of micrographs to show the disposition of the banded collagen fibres around the VC walls. White dotted lines show the extent of the mesangial matrix where banded collagen fibres were evident. (C) Area C from montage B with matrix rich in banded collagen (BCM) and where collagen is absent (M). Downloaded from www.physiology.org/journal/ajprenal by \${individualUser.givenNames} {{individualUser.surname}(146.200.087.050) on August 30, 2018.
 (D) Area D from montage B with banded collagen physiology.org/logres.2018 American Physiological Society. All rights reserved.

| Table 1. | Afferent Arteriole AA | Affere | nt Vascular Cha AVC | Afferent first order vessels Conduit vessels | | |
|-------------|--|---|--|---|---|------------------|
| | diameter (2 r _{AA}) µm | min. diam. (2 r' _{AVC}) μm | Secn.depth diam. (2 r" _{AVC}) | max. diam. (2 r ^{'''} _{AVC}) μm | diameter (2 r _{Con}) µm | n _{Con} |
| mean sem | 21.5 1.2 | 32.1 1.5 | 49.4 3.4 | 48.0 3.6 | 15.9 0.7 | 6.6 0.6 |

| Table 2. | Efferent Arteriole EA | Efferei | nt Vascular Cha EVC | Efferent first order vessels E1 | | |
|-------------|----------------------------------|--|---|--|---|-----------------|
| | diameter (2 r _{EA}) | min. diam. (2 r' _{EVC}) um | Secn.depth diam. (2 r ^{''} _{EVC}) | max. diam. (2 r ^{'''} EVC) | diameter (2 r _{E1}) | n _{E1} |
| mean sem | 15.9 1.2 | 26.2 1.4 | 45.9 9.1 | 43.1 4.3 | 9.9 0.4 | 12.6 1.4 |

Table 1 & 2. Afferent and efferent vascular diameters. Diameters of afferent and efferent vessels from resin embedded glomeruli (14) from 4 human kidneys. In all cases the afferent and efferent arterioles widen to form ellipsoidal chambers with between 2 and 11 high capacity conduit vessels emerging and conveying fluid away to the filtration capillaries. Blood from the filtration capillaries converges into 3 to 22 narrow efferent first order vessels which converge into the Efferent VC and thence the efferent arteriole. [In the 14 glomeruli analysed, 2 extra wide conduit vessels (19-24μm) were found, 1 extrawide E1 drainage vessel (20-27μm) but the branching was frequent as in other E1 vessels]. Vascular chamber dimensions: min.diam.; minimum diameter measured in the section plane avoiding oblique vessel sections. Secn. depth diam; diameter measured in the section plane aron of the mean

sectioning direction. sem; standard error of the mean Downloaded from www.physiology.org/journal/ajprenal by \${individualUser.givenNames} \${individualUser.surname} (146.200.087.050) on August 30, 2018. Copyright © 2018 American Physiological Society. All rights reserved.



Table 3. Vascular resistance and capacity relationships. Significant correlationships (8 out of 21) between 7 variables measured in human glomerular initial vasculature. Correlates of vascular resistance for afferent arterioles (R_{AA}), Conduit vessels (R_{Con}), first order efferent vessels (R_{E1}) and efferent arterioles (R_{EA}) were compared with each other and with AVC volume (V_{AVC}) glomerular volume (V_G) and EVC volume (V_{EVC}). + positive correlation, - negative correlation; * = P < 0.05, ** = P ≤ 0.01; **** = P ≤ 0.0001; § higher significance with outlier removed.

| | | AA Diam. (μm) | AA Wall t (μm) | AVC Diam. (μm) | AVC Coll. Wall t (μm) | Conduit Diam. (µm) | E1 Diam. (μm) | EVC Diam. (μm) | EA Diam. (μm) | EA Wall. t (μm) |
|--------------------------|---------------------|------------------|----------------------|-------------------|--------------------------------|-----------------------|---------------------|----------------------|---------------------|-----------------------|
| Fixed Resin Recon. | 14G, 4K | 21.5±1.2 | 6.6±0.3 | 43.2±2.8 | (µm) * | 15.9±0.7 | 9.9±0.4 | 38.4±4.9 | (µiii) 15.9±1.2 | 3.0±0.1 |
| Fixed Aq. Confocal | 4G*, 1K | 28.4±1.9 | 6.3±0.8 | 35.8±3.5 | * | 16.0±1.2 | 8.2 | 24.2 | 12.8 | * |
| Fixed Aq. Multipho | 3G*, 1K | * | * | 50.2±3.7 | 4.2±0.8 | 12.8±1.6 | 6.9 | 28.1 | 7.4 | * |
| Fresh Aq. Multipho | 3G*, 2K | 13.8 | 3.0 | 35.8±4.1 | 4.1±1.9 | 14.4±0.9 | * | * | * | * |
| Fresh Aq. Multipho | lsolated1 G*, 1K | 23.0 | * | 54.2 | 2.5 | 27.4 | * | * | * | * |

Table.4. Vascular diameters and wall thicknesses - all experiments. Comparison of AA, AVC, Conduit, E1, EVC, and EA measurements from resin section reconstruction with the same features in fixed and fresh glomeruli reconstructed from confocal and multiphoton microscope z stacks (SHG and TPF). EVC and AVC values have been averaged together for all 3 axes. AVC Collagen sheath (AVC Coll) enshrouded AVC and some parts of conduit vessels but scant evidence in EVC or E1 (multiphoton microscopy only). G and K indicate numbers of glomeruli and kidneys used. * not all quantities were observable and measureable.