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**Table 1**

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*Quality ratings using CASP (2010) checklist*

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CASP criteria	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
1. Was there a clear statement of the aims of the research?	0.5	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
2. Is a qualitative methodology appropriate?	0.5	1	1	1	1	1	1	1	1	1	1	1	0.5	1	1	1	1	1	1
3. Was the research design appropriate to address the aims?	0.5	1	1	1	1	1	0.5	1	0.5	1	1	1	0.5	0.5	0.5	0.5	1	1	1
4. Was the recruitment strategy appropriate to the aims?	0	0	0.5	1	1	1	0.5	1	1	0.5	0.5	1	0.5	0.5	0.5	1	0.5	0.5	1
5. Was the data collected in a way that addressed the research issue?	0.5	0.5	1	1	1	0.5	0.5	0.5	1	1	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5
6. Was the researcher-participant relationship adequately considered?	0	0	0.5	0	0	1	1	0	0	0	1	0	0	0	0	0	0	0	1
7. Have ethical issues been taken into consideration?	1	0	0.5	1	0.5	1	1	1	1	0.5	1	1	1	1	1	1	1	0.5	0
8. Was the data analysis sufficiently rigorous?	1	0.5	1	1	0.5	1	1	1	0.5	1	1	1	1	0.5	0.5	0.5	1	1	0.5
9. Is there a clear statement of findings?	0.5	1	1	1	1	1	1	1	0.5	0.5	0.5	0.5	1	1	1	1	0.5	1	1
10. How valuable is the research?	0.5	0.5	1	1	1	1	1	1	1	1	1	0.5	1	1	1	1	1	1	1
Total score	5	5.5	8.5	9	8	9.5	8.5	8.5	7.5	7.5	8.5	7.5	7	7	7	7.5	7.5	7.5	8

CASP criterion	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37
1. Was there a clear statement of the aims of the research?	1	1	1	1	1	1	1	0.5	1	1	0.5	1	1	1	1	1	1	1
2. Is a qualitative methodology appropriate?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
3. Was the research design appropriate to address the aims?	1	1	1	0.5	0.5	1	0.5	1	0.5	0.5	0.5	0.5	0.5	1	1	1	0.5	0.5
4. Was the recruitment strategy appropriate to the aims?	1	1	0.5	1	0	1	1	0.5	0.5	1	1	0.5	0.5	1	1	0	1	1
5. Was the data collected in a way that addressed the research issue?	0.5	0.5	0.5	0.5	1	0.5	1	0.5	0.5	1	1	0.5	0.5	1	1	1	1	0.5
6. Was the researcher-participant relationship adequately considered?	1	1	1	1	0	0.5	1	0	0	0	0	0	0	1	0	0	0.5	0
7. Have ethical issues been taken into consideration?	1	1	1	1	1	0.5	1	1	0.5	1	1	1	0	1	1	1	1	1
8. Was the data analysis sufficiently rigorous?	1	0.5	1	0.5	0.5	0.5	1	0.5	0.5	0.5	0.5	1	1	1	0	0.5	0.5	0.5
9. Is there a clear statement of findings?	1	1	1	1	0.5	1	1	0.5	1	1	1	1	1	1	0.5	1	1	0.5
10. How valuable is the research?	1	1	1	1	1	1	1	0.5	1	1	1	1	1	1	0.5	1	1	0.5
Total score	9.5	9	9	8.5	6.5	8	9.5	6	6.5	8	7.5	7.5	6.5	10	7	7.5	8.5	6.5