




# Identification and functional characterization of a novel heterozygous missense variant in the *LPL* associated with recurrent hypertriglyceridemia-induced acute pancreatitis in pregnancy

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## Abstract

**Background:** Acute pancreatitis in pregnancy (APIP) is a life-threatening disease for both mother and fetus. To date, only three patients with recurrent hypertriglyceridemia-induced APIP (HTG-APIP) have been reported to carry rare variants in the lipoprotein lipase (*LPL*) gene, which encodes the key enzyme responsible for triglyceride (TG) metabolism. Coincidentally, all three patients harbored *LPL* variants on both alleles and presented with complete or severe *LPL* deficiency.

**Methods:** The entire coding regions and splice junctions of *LPL* and four other TG metabolism genes (*APOC2*, *APOA5*, *GPIHBP1*, and *LMF1*) were analyzed by Sanger sequencing in a Han Chinese patient who had experienced two episodes of HTG-APIP. The impact of a novel *LPL* missense variant on *LPL* protein expression and activity was analyzed by transient expression in HEK293T cells.

**Results:** A novel heterozygous *LPL* missense variant, p.His210Leu (c.629A > T), was identified in our patient. This variant did not affect protein synthesis but significantly impaired *LPL* secretion and completely abolished the enzymatic activity of the mutant protein.

**Conclusion:** This report describes the first identification and functional characterization of a heterozygous variant in the *LPL* that predisposed to recurrent HTG-APIP. Our findings confirm a major genetic contribution to the etiology of individual predisposition to HTG-APIP.

## KEYWORDS

HTG-APIP, lipoprotein lipase (*LPL*) gene, missense variant, recurrent acute pancreatitis in pregnancy

Xiao-Lei Shi and Qi Yang equally contributed to this work.

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## 1 | INTRODUCTION

Acute pancreatitis in pregnancy (APIP) is a life-threatening disease for both mother and fetus, with an incidence of 1 in 1,000–10,000 pregnancies (Igbinsosa, Poddar, & Pitchumoni, 2013; Zhang et al., 2013). Over the past decades, significant improvements in diagnosis and management have reduced the mortality rate from 37% to 3.3% for mothers and from 60% to 11.6% for the fetus, respectively (Ducarme, Maire, Chatel, Luton, & Hammel, 2014; Fan et al., 2018; Ramin, Ramin, Richey, & Cunningham, 1995; Tang, Xu, Song, Mei, & Zhang, 2018; Vilallonga, Calero-Lillo, Charco, & Balsells, 2014; Xu, Wang, & Zhang, 2015). Gallstones are the leading cause of APIP worldwide while hypertriglyceridemia (HTG) ranks second in China and third in Western countries, respectively (Luo et al., 2018; Papadakis, Sarigianni, Mikhailidis, Mamopoulos, & Karagiannis, 2011). Compared to biliary APIP, HTG-induced APIP (HTG-APIP) often has a more severe disease course, is associated with a poorer outcome, and causes more maternal and fetal deaths (Deng, Wang, Wu, Tang, & Chen, 2014; Liu, Lun, Lv, Hou, & Wang, 2016; Luo et al., 2018; Sun, Fan, & Wang, 2013; Tang et al., 2018).

A normal triglyceride (TG) level is less than 1.7 mmol/L (150 mg/dl). During the late stages of gestation, the maternal TG concentration normally increases two- to fourfold due to a high-fat diet, lack of exercise, increase in estrogen, and other factors (Alvarez, Montelongo, Iglesias, Lasuncion, & Herrera, 1996; Basaran, 2009). However, the TG level in HTG-APIP patients can increase to more than 11.3 mmol/L (1,000 mg/dl), the threshold for defining severe HTG (Garg, Garg, Hegele, & Lewis, 2019), which may be determined by genetic factors associated with TG metabolism. In this regard, variants in the lipoprotein lipase (*LPL*) gene (OMIM# 609708), which encode the key enzyme responsible for TG metabolism, have been reported in a dozen of HTG-APIP patients (Bartha et al., 2009; Gilbert, Rouis, Griglio, de Lumley, & Laplaud, 2001; Goldberg & Hegele, 2012; Hieronimus, Benlian, Bayer, Bongain, & Fredenrich, 2005; Keilson, Vary, Sprecher, & Renfrew, 1996; Liu et al., 2016; Ma et al., 1993, 1994; Murugasu et al., 1998; Suga et al., 1998; Xie et al., 2015). Of these patients, only three had experienced a recurrence of HTG-APIP. Interestingly, all three of these recurrent HTG-APIP patients harbored *LPL* variants on both alleles and exhibited either no or very low-plasma post-heparin LPL activity (Liu et al., 2016; Murugasu et al., 1998; Suga et al., 1998). Herein, we report the first identification and functional characterization of a heterozygous variant in the *LPL* predisposing to recurrent HTG-APIP.

## 2 | MATERIALS AND METHODS

### 2.1 | Ethical compliance

This study was approved by the Ethics Committee of Jinling Hospital. Informed consent was obtained from all participants.

### 2.2 | Patient

The patient is of Han Chinese origin. She had been pregnant twice and had suffered from HTG-APIP during each pregnancy.

The patient experienced her first episode of acute pancreatitis at 40(+1) weeks of gestation in 2012 (at the age of 26), with a fasting TG level of 12.55 mmol/L (1,104.2 mg/dl) (Figure 1). She underwent emergency cesarean section and a healthy baby girl was delivered with an Apgar score of 10. About 200 ml chylous ascites were drained from her abdominal cavity during the cesarean delivery. The severity of the pancreatitis was mild in accordance with the Atlanta criteria (Banks et al., 2013). The patient was successfully managed with fasting, and was discharged 11 days after delivery without any complications.

The second attack of acute pancreatitis occurred at 37(+2) weeks of pregnancy in 2017 (at the age of 31), with an even higher fasting TG level, namely 20.1 mmol/L (1,777.9 mg/dl), being observed (Figure 1). Again she underwent cesarean section; a healthy baby boy was delivered with an Apgar score of 10. Once again, chylous ascites (300 ml) were drained from the abdominal cavity. The patient was treated with fasting, gastrointestinal decompression, inhibition of acid and enzyme secretion, and fluid therapy in an intensive care unit but had a persistent fever (38.5°C–4°C) beginning 7 days after delivery. She was therefore transferred to the Surgical Intensive Care Unit (SICU) at Nanjing, the largest acute pancreatitis therapy center in Southern China, for further treatment at 22 days after delivery, by which time her fasting serum TG level had decreased to a borderline high level (i.e., 2.1 mmol/L (185.94 mg/dl)).

In our center, the patient was diagnosed with severe acute pancreatitis exacerbated by infected pancreatic necrosis (Figure 2a). She was treated twice with computer tomography-guided percutaneous peritoneal drainage (Figure 2b), 10 days of tigecycline administration, and one procedure of endoscopic removal of necrotic pancreatic tissue, followed by enteral nutrition and parenteral nutrition. By 66 days after delivery, the patient's physical condition had improved remarkably and she was started on an oral fluid diet. Two days later, the patient was transferred to our rehabilitation center for further recovery. After 40 more days, the patient was discharged from our hospital, with the peripancreatic exudation and necrosis being greatly reduced (Figure 2c).

Finally, it is important to note that the patient's serum TG level was in the normal range (ranging from 0.8 to 1.3 mmol/L) without

taking medications between the two episodes of acute pancreatitis and from the end of 2017 to the end of 2018 (Figure 1).

## 2.3 | Plasma lipid profile analysis

A blood sample was taken from the patient after fasting for 12 hr. Serum TG and other lipid levels were measured enzymatically on an automatic analyzer (Hitachi High-Tech, 7600–120).

## 2.4 | Variant screening

Genomic DNA was extracted from peripheral blood cells using the Gentra Puregene Blood kit (Qiagen) according to the manufacturer's instructions. All exons and splicing junctions of the *LPL* as well as the four other canonical TG metabolism genes, namely *APOC2* (OMIM# 608083), *APOA5* (OMIM# 606368), *LMF1* (OMIM# 611761), and *GPIHBP1* (OMIM# 612757), were amplified from genomic DNA, and analyzed by Sanger sequencing (Chen et al., 2019). The identified variants were confirmed by independent PCR amplification and sequencing.

## 2.5 | Reference sequence and variant nomenclature

NM\_000237.3 and NC\_000008.11 were employed as the *LPL* mRNA and genomic reference sequences, respectively.

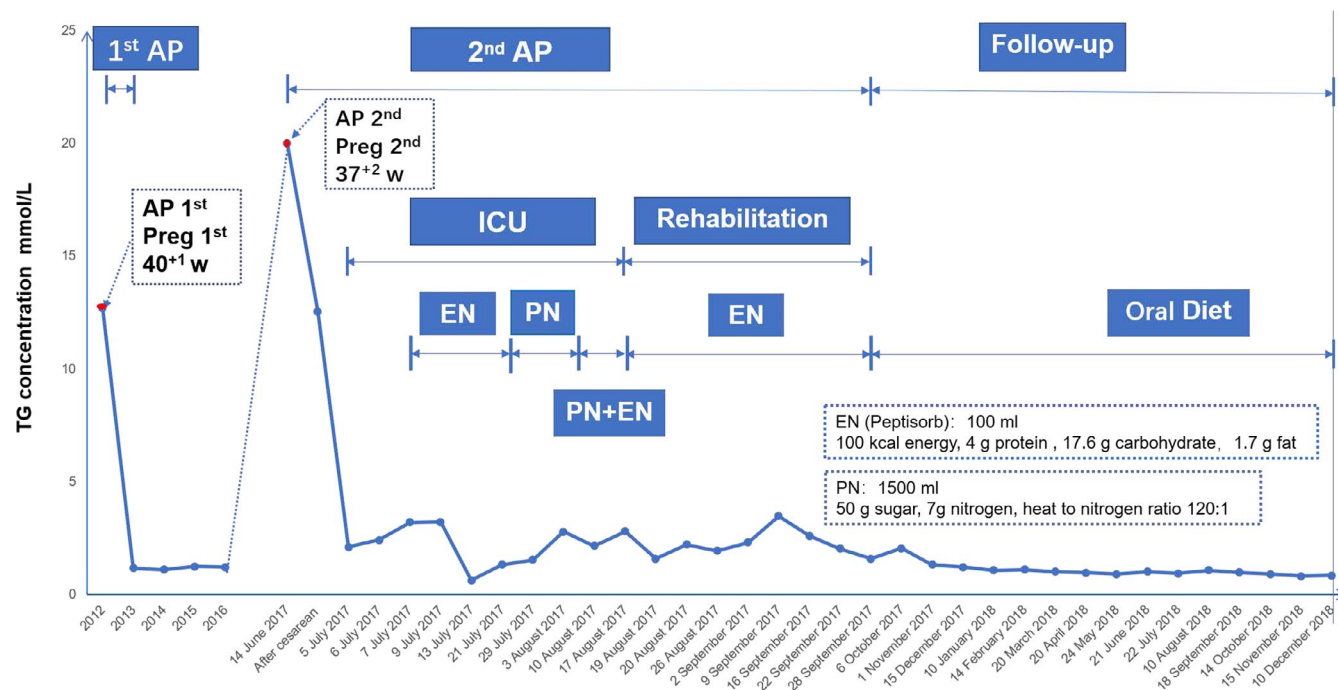
Nomenclature for the description of *LDL* variants was in accordance with the recommendations of the Human Genome Variation Society (HGVS) (den Dunnen et al., 2016).

## 2.6 | In silico analysis

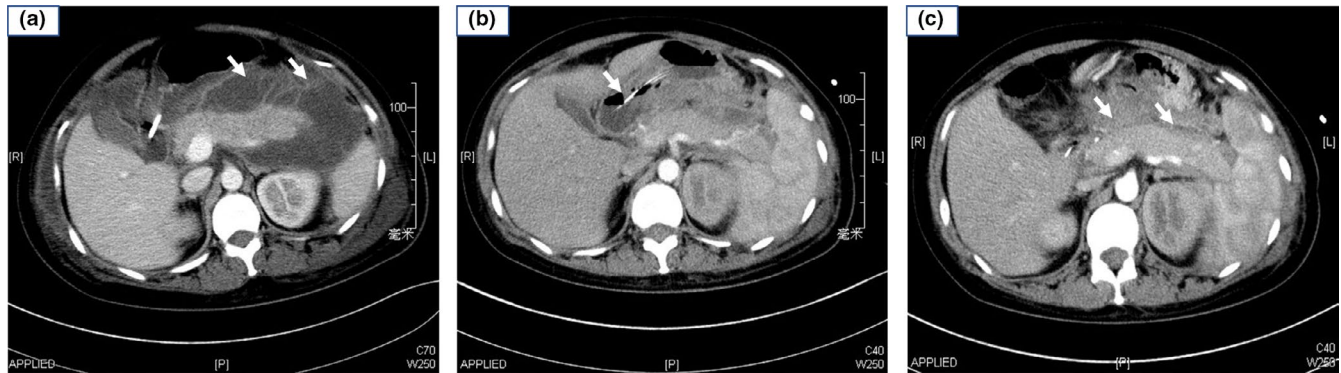
The Combined Annotation-Dependent Depletion (CADD) tool (Kircher et al., 2014) and the PP3 rule established by VarSome (Kopanos et al., 2019) were employed to predict the pathogenicity of the *LPL* missense variant detected. CADD integrates more than 60 diverse annotations into a single measure (C-score) for each variant, with a C-score of >20 being regarded as evidence of pathogenicity. VarSome's PP3 rule was based upon a combined consideration of predictions from 10 in silico programs, namely DANN, MutationTaster, dbNSFP.FATHMM, MetaSVM, MetaLR, GERP, LRT, MutationAssessor, PROVEAN, and SIFT.

## 2.7 | Analysis of LPL mass and activity in the patient's plasma

A blood sample was collected from the patient after overnight fasting and 10 min after an intravenous injection of heparin (60 IU/kg body weight). Blood plasma was then prepared by centrifugation at 400 g for 30 min. Plasma LPL mass was determined with a human LPL Elisa kit (TSZ Biological Trade). Plasma total lipase activity and plasma hepatic lipase activity were both



**FIGURE 1** Timeline of the patient's two episodes of hypertriglyceridemia-induced acute pancreatitis during pregnancy and her triglyceride (TG) levels. Note that (i) only some of the treatment procedures adopted have been illustrated and (ii) the patient was transferred to the Surgical Intensive Care Unit (SICU) at Nanjing on the 5 July 2017. AP, acute pancreatitis; EN, enteral nutrition; PN, parenteral nutrition



**FIGURE 2** Computer tomography images of the patient taken during her second episode of hypertriglyceridemia-induced acute pancreatitis during pregnancy. (a) Image taken upon the patient's admission to our service. Arrows indicate walled-off pancreatic necrosis. (b) Image showing puncture and drainage of accumulated fluid in the affected pancreas under computer tomography guidance. Arrow indicates the puncture needle. (c) Image taken at discharge from our hospital. Peripancreatic fluid collection and necrosis were greatly reduced (arrows)

determined using a Free Fatty Acid (FFA) assay kit (Wako kit, NEFA-HR(2)). In the case of the plasma hepatic lipase activity assay, the sample was pretreated with 1 M NaCl and incubated for 60 min at 4°C to inactivate the LPL. Plasma LPL activity was then calculated by subtracting total lipase activity from hepatic lipase activity. All assays were performed in triplicate.

## 2.8 | Cell culture and transfection

Human wild-type and mutant *LPL* cDNAs were synthesized and cloned into the pcDNA3.1 vector by GeneArt Gene Synthesis (Vigene Biosciences), and confirmed by DNA sequencing. HEK293T (ATCC, CRL-3216) cells, which have no endogenous *LPL* expression, were cultured in DMEM medium with 10% FBS and 1% PS at 37°C in a humidified chamber supplemented with 5% CO<sub>2</sub>. Transfection was performed using Lipofectamine 3,000 (Thermo, L3000015) in 6-well plates (Costar, 3,516) according to the manufacturer's instructions. Six hours after transfection, the medium was changed into fresh DMEM with 2% FBS and the cells were then cultured for 48 hr before LPL mass and activity analysis. In the case of heparin treatment, the medium was further changed to a 500-μl heparin-DMEM mixture (the ratio of DMEM and heparin is 500:8, heparin is 20 units/ml) per well, and the cells were cultured for an additional 30 min.

## 2.9 | Analysis of LPL mass and activity in transfected cell medium and lysate

The transfected cell medium was centrifuged to remove cells and cell debris, and stored at −20°C for later analysis. The transfected cells were treated by RIPA Lysis Buffer (Beyotime, China, P0013) and centrifuged at 4°C for 10 min at 12,000 g; the resulting supernatant was stored at −20°C for later analysis.

The expression of LPL protein in cell medium and lysate was analyzed by Western blot. The antibodies used were as listed below: 1:200 primary rabbit LPL antibodies (Cell Signaling Technology), 1:5000 primary mouse GAPDH antibody (Santa Cruz Biotechnology), 1:2000 secondary anti-mouse, and 1:5000 anti-rabbit HRP-conjugated IgGs (Santa Cruz Biotechnology). Band intensities were quantified using the ImageJ software.

LPL activity in cell medium and lysate was determined using the abovementioned FFA assay (Wako kit, NEFA-HR(2)).

## 3 | RESULTS

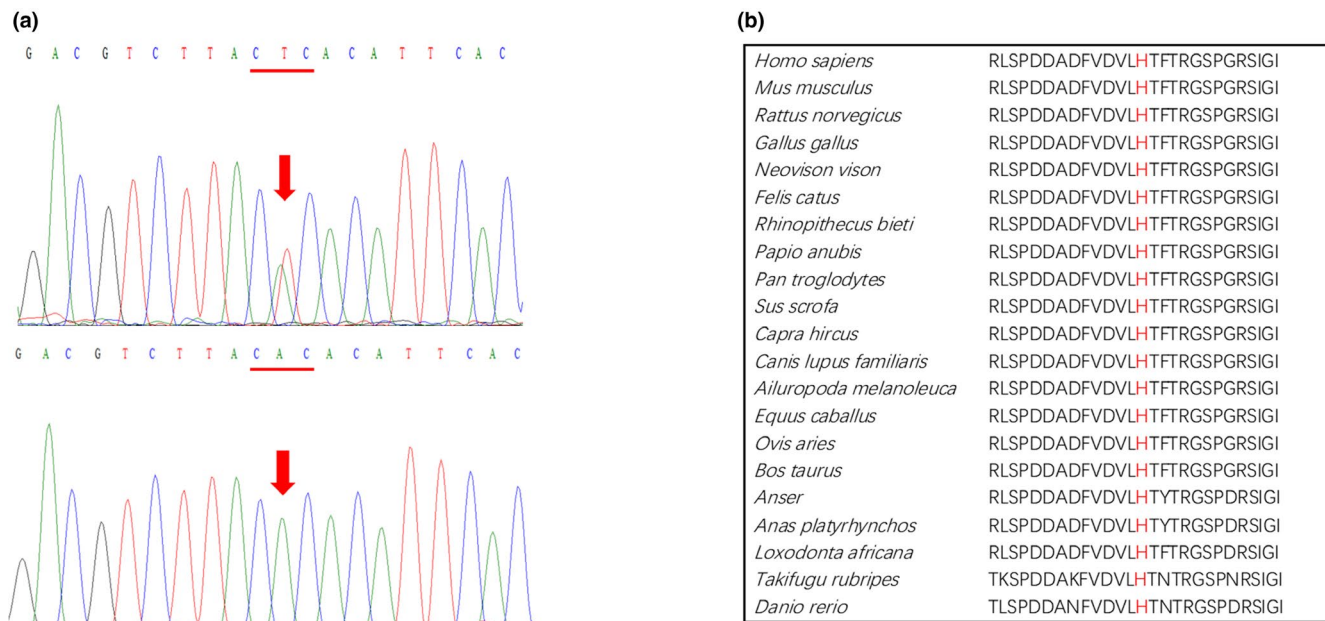
### 3.1 | Genetic findings

We analyzed the entire coding regions and proximal flanking intronic sequences of the *LPL*, *APOC2*, *APOA5*, *GPIHBP1*, and *LMF1* in the patient by means of Sanger sequencing. We focused on the rare coding variants that resulted in missense, frameshift, or nonsense mutations and rare intronic variants that altered canonical splice sites. Rare variants are defined here as having an allele frequency of <1% in the East Asian population according to the gnomAD database (Lek et al., 2016). We identified only one such variant, c.629A > T, in exon 5 of the *LPL*, which was predicted to result in a missense variant, p.His210Leu (Figure 3a). This variant is absent from the gnomAD database, has not been previously reported in the literature, and was also not found in any of our other 28 Chinese HTG-APIP patients.

### 3.2 | Pathogenicity prediction

The histidine residue at LPL amino acid position 210 is highly conserved from zebrafish (*Danio rerio*) to humans (Figure 3b). Moreover, leucine, an aliphatic and uncharged residue, is significantly different from histidine, a polar and positively charged





**FIGURE 3** The novel *LPL* missense variant found in the patient. (a) Sanger sequencing electropherogram showing the heterozygous A > T substitution at position c.629 of the *LPL* (indicated by arrow) that would be predicted to change the CAC codon for histidine at position p.210 (underlined) to a CTC codon specifying leucine (i.e., p.His210Leu). Upper panel, patient. Lower panel, a healthy control. (b) Alignment of *LPL* amino acid sequences from a range of vertebrates illustrating the strict evolutionary conservation of histidine at residue 210

residue, in terms of physicochemical properties. Taken together, these observations suggest that the p.His210Leu missense variant is highly likely to affect *LPL* protein structure and function. Indeed, it was predicted to be pathogenic by both CADD (C-score, 26.2) and VarSome (in accordance with its PP3 rule).

### 3.3 | Analysis of *LPL* mass and activity in the patient's plasma

Plasma *LPL* mass and activity were measured when the patient was admitted to our center. Her *LPL* mass was determined to be  $185.7 \pm 12.49$  U/L, approximately half of the mean value of 10 normal controls ( $382 \pm 75.62$  U/L). Her *LPL* activity was  $0.071 \pm 0.025$  mEq L<sup>-1</sup> hr<sup>-1</sup>, approximately 60% of the mean value of 10 normal controls ( $0.118 \pm 0.055$  mEq L<sup>-1</sup> hr<sup>-1</sup>).

### 3.4 | In vitro functional characterization of the *LPL* missense variant

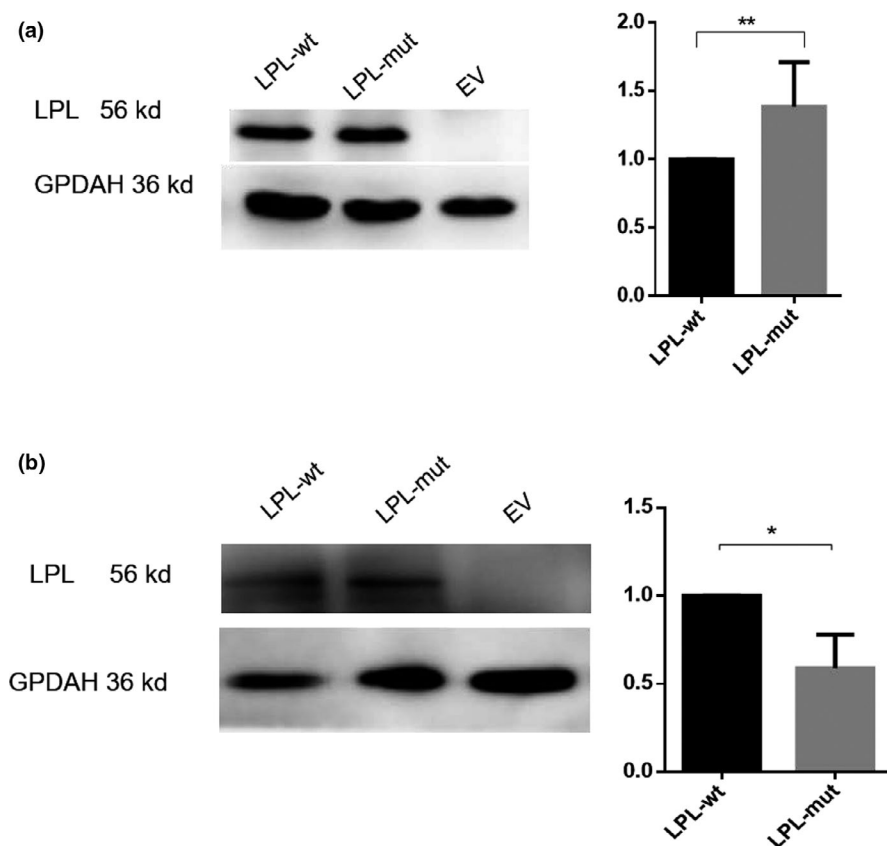
The *LPL* wild-type and p.His210Leu mutant coding sequences were transiently expressed in HEK293T cells. We first compared *LPL* expression levels in cell lysates and media of wild-type and mutant transfected cells with heparin treatment by

means of Western blotting. Exogenous heparin triggers the release of cell surface-bound *LPL* into the medium. Significantly higher *LPL* expression was found in the cell lysate but significantly lower *LPL* expression was noted in the medium of the mutant transfected cells as compared to those of the wild-type transfected cells (Figure 4). These results indicated that the p.His210Leu variant greatly reduced *LPL* secretion. We then compared *LPL* expression levels in the cell lysates of wild-type and mutant transfected cells without heparin treatment, finding no significant difference (Figure 5). This latter finding indicated that the p.His210Leu variant has no effect on *LPL* synthesis.

By contrast, *LPL* activity was not detectable in either the cell lysate or the medium of mutant vector-transfected cells with heparin treatment. This indicated that the p.His210Leu variant completely abolished the enzymatic activity of the mutant *LPL* protein. For comparison, *LPL* activities in the cell lysate and medium of wild-type transfected cells with heparin treatment were  $0.35 \pm 0.24$  mEq L<sup>-1</sup> hr<sup>-1</sup> and  $0.33 \pm 0.19$  mEq L<sup>-1</sup> hr<sup>-1</sup>.

## 4 | DISCUSSION

In the present study, we identified a novel heterozygous *LPL* missense variant, p.His210Leu (c.629A > T), in a Chinese patient with recurrent HTG-APIP. The



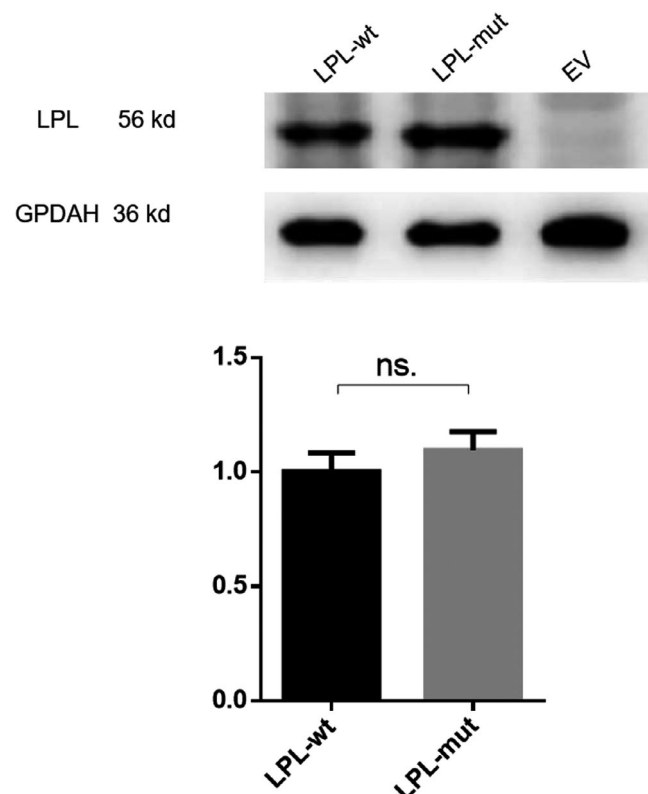
**FIGURE 4** Western blot analysis of LPL expression in cell lysates (a) and media (b) of transfected human embryonic kidney (HEK293T) cells treated with heparin, whose role was to release LPL into the cell medium. In each panel, a representative blot is shown on the left while the LPL expression level in the p.His201Leu mutant vector-transfected cells relative to that in the wild-type vector-transfected cells is shown on the right. Results were the average taken from three independent experiments. EV, empty vector; mut, mutant; wt, wild-type. GPDAH was used as a loading control.

\* $p < .05$ ; \*\* $p < .01$

pathogenicity of this variant was supported by predictions made using CADD and VarSome, then demonstrated by virtue of the significantly reduced LPL mass and activity in the patient's plasma (compared to that of normal controls), and finally confirmed by in vitro functional analyses. The in vitro analysis demonstrated that the p.His210Leu missense variant did not affect protein synthesis but significantly impaired LPL secretion and completely abolished enzymatic activity of the mutant protein. It should be noted that two other missense variants, p.His210Asp (c.628C > G) and p.His210Arg (c.629A > G), have been reported in LPL amino acid residue 210. p.His210Asp also caused a complete loss of LPL activity when tested in vitro (Holzl et al., 2000). However, in vitro protein analysis was not performed on this variant and no data on plasma LPL mass in the carrier were available. Therefore, it remains unclear whether the complete loss of enzyme activity caused by the p.His210Asp missense variant is due to its impact on enzymatic activity or alternatively whether it exerts its effects on protein synthesis and/or secretion. p.His210Arg was not functionally characterized in vitro; however, the patient, who was homozygous for this variant, exhibited a LPL activity deficiency but a LPL mass value within the normal range (Ariza et al., 2018). In short, all three missense variants caused a complete or almost complete functional loss of the affected allele, highlighting the importance of

the evolutionarily strictly conserved residue 210 for LPL structure and function. In this regard, it is pertinent to note that based upon the LPL crystal structure, “the active site cleft is lined by the hydrophobic side chains of W82, V84, W113, Y121, Y158, L160, A185, P187, F212, I221, F239, V260, V264, and K265, which would form van der Waals interactions with (and stabilize) the hydrophobic tails of lipid substrates in the active site” (Birrane et al., 2019). The spatial proximity of residue 210 to these active site-defining residues or structures speaks for itself.

As mentioned earlier, only three patients with recurrent HTG-APIP have so far been reported to carry rare *LPL* variants (Liu et al., 2016; Murugasu et al., 1998; Suga et al., 1998). Coincidentally, all three patients had severe LPL deficiency and were each found to have two affected *LPL* alleles. One patient, who had complete LPL deficiency, was homozygous for a nonsense variant, p.Trp409\* (c.1227G > A) (Suga et al., 1998); one patient, with almost complete LPL deficiency, was homozygous for a missense variant, p.Cys291Tyr (c.872G > A) (Murugasu et al., 1998); and the third patient, whose post-heparin LPL activity was <17% that of normal controls, was compound heterozygous for p.Glu269Lys (c.805G > A) and p.Leu279Val (c.835C > G) (Liu et al., 2016). The p.Trp409\* homozygous patient, when not pregnant, managed to maintain a mild HTG state with a plasma TG level ranging from 5.6 to 11.3 mmol/L by ingesting a low-fat diet (Suga



**FIGURE 5** Western blot analysis of LPL expression in cell lysates of transfected HEK293T cells without heparin treatment. A representative blot is shown on the left. The LPL expression level in the p.His201Leu mutant vector-transfected cells relative to that in the wild-type vector-transfected cells is shown on the right. Results were the average taken from three independent experiments. EV, empty vector; mut, mutant; ns, not significant; wt, wild-type. GPDAH was used as a loading control

et al., 1998); after discharge, the compound heterozygous [p.Glu269Lys and p.Leu279Val] patient maintained a consistently elevated TG level (ranging from 7 to 11 mmol/L) by following a lipid-lowering drug regimen (Liu et al., 2016); finally, in the case of the p.Cys291Tyr homozygous patient, her TG level at 4 weeks postpartum (25.5 mmol/L) exhibited no significant decrease by comparison to that measured at 18 weeks of gestation (29.6 mmol/L) (Murugasu et al., 1998). By contrast, our patient was characterized by a much higher post-heparin LPL activity (i.e., ~50% of normal controls), harbored a heterozygous *LPL* missense variant that led to the complete functional loss of the affected allele, but exhibited normal TG levels in the follow-up periods without taking any medication. This notwithstanding, it is clear that *LPL* variants, whether heterozygous, compound heterozygous, or homozygous, can predispose to recurring HTG-APIP. In this regard, it is also worth mentioning that the development of severe HTG in pregnancy could also be ascribed to polygenic inheritance (Dron et al., 2019). Under the pregnancy metabolic setting, a combination of variants in many genes may

raise plasma TG with various mechanisms related or not to LPL.

In our patient, her second episode of HTG-APIP was associated with a higher peak TG level, an increase in chylous ascites, and more severe pancreatitis as compared to the first episode experienced. It also appears that TG levels in all three previously reported HTG-APIP patients tended to be higher in later episodes of the disease than the earlier ones (Liu et al., 2016; Murugasu et al., 1998; Suga et al., 1998). These findings are consistent with recent observations suggesting that (a) an episode of acute pancreatitis may predispose to the risk of developing more severe metabolic derangements (Singh et al., 2018) and (b) more severe HTG may result in more severe disease (Jo et al., 2019).

There is one final point to make. Our patient bore two healthy children owing to timely cesarean section. It follows that early diagnosis and clinical intervention are vitally important to acute pancreatitis patients caused by gestational HTG and should help to improve the prognosis of the fetus.

## 5 | CONCLUSIONS

The present study describes the first identification and functional characterization of a heterozygous variant in the *LPL* that predisposed to recurrent HTG-APIP. Our findings not only underscore the importance of genetic defects in predisposing to HTG and/or acute pancreatitis but also shed new light on the complexity underlying the etiology of these phenotypes.

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## CONFLICT OF INTEREST

The authors declare no conflict of interest.

## AUTHOR CONTRIBUTIONS

Qi Yang, Xiao-Lei Shi, and Wei-Qin Li conceived and designed the study. Xiao-Lei Shi performed the experiments. Qi Yang, Xiao-Lei, Na Pu, Xiao-Yao Li, Wei-Wei Chen,

Jing Zhou, Gang Li, and Zhi-Hui Tong collected patient data. Xiao-Lei Shi, Qi Yang, and Jian-Min Chen drafted the paper. Claude Férec, David N. Cooper, and Wei-Qin Li critically revised the manuscript. All authors read and approved the manuscript.

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