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	Recruited Participants (n=75)	PRCI group (n=24)	Control group (n=23)
Mean age (range)	33.53 (19-44)	31.79 (20-42)	33.91 (19-42)
Ethnic Group n (%)			
White British	69 (92)	21 (87.5)	23 (100)
Chinese	1 (1.3)	0	0
Other	4 (5.3)	3 (12.5)	0
Missing Data	1 (1.3)	0	0
Level of Education n (%)			
None	2 (2.7)	0	1 (4.3)
GCSE / O Levels	17 (22.7)	4 (16.7)	5 (21.7)
A Levels	4 (5.3)	3 (12.5)	1 (4.3)
Higher Degree	37 (49.3)	15 (62.5)	12 (52.2)
Other	14 (18.7)	2 (8.3)	4 (17.4)
Missing data	1 (1.3)	0	0
Number of previous miscarriages n (%)			
3	29 (38.7)	10 (41.7)	9 (39.1)
4	30 (40)	7 (29.2)	12 (52.2)
5	5 (6.7)	3 (12.5)	1 (4.3)
6	3 (4)	1 (4.2)	1 (4.3)
7	3 (4)	2 (8.3)	0
8	1 (1.3)	0	0
9	2 (2.7)	0	0
10	1 (1.3)	1 (4.2)	0
Missing data	1 (1.3)	0	0
Already have child with partner n (%)			
Yes	34 (45.3)	11 (45.8)	11 (47.8)
No	40 (53.3)	13 (54.2)	12 (52.2)
Missing data	1 (1.3)	0	0
Diagnosed medical reason for miscarriages n (%)			
Yes	9 (12)	3 (12.5)	1 (4.3)
No	65 (86.7)	21 (87.5)	22 (95.7)
Missing data	1 (1.3)	0	0
Seen counsellor for problems related to miscarriages n (%)			
Yes	5 (6.7)	3 (12.5)	2 (8.7)
No	66 (88)	19 (79.2)	21 (91.3)
Missing data	4 (5.3)	2 (8.3)	0

Table 1: Baseline information and sample characteristics of intervention and control groups