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5 Childhood conduct problems are associated with reduced white matter fibre density and

6 morphology

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19

**Abstract**

20 Childhood conduct problems are an important public health issue as these children are

21 at-risk of adverse outcomes. Studies using diffusion Magnetic Resonance Imaging (dMRI)

22 have found that conduct problems in adults are characterised by abnormal white-matter  
23 microstructure within a range of white matter pathways underpinning socio-emotional  
24 processing, while evidence within children and adolescents has been less conclusive based on  
25 non-specific diffusion tensor imaging metrics. Fixel-based analysis (FBA) provides measures  
26 of fibre density and morphology that are more sensitive to developmental changes in white  
27 matter microstructure. The current study used FBA to investigate whether childhood conduct  
28 problems were related both cross-sectionally and longitudinally to microstructural alterations  
29 within the fornix, inferior fronto-occipital fasciculus (IFOF), inferior longitudinal fasciculus  
30 (ILF), superior longitudinal fasciculus (SLF), and the uncinate fasciculus (UF). dMRI data was  
31 obtained for 130 children across two time-points in a community sample with high levels of  
32 externalising difficulties (age: time-point 1 = 9.47 – 11.86 years, time-point 2 = 10.67 -13.45  
33 years). Conduct problems were indexed at each time-point using the Conduct Problems  
34 subscale of the parent-informant Strengths and Difficulties Questionnaire (SDQ). Conduct  
35 problems were related to lower fibre density in the fornix at both time-points, and in the ILF at  
36 time-point 2. We also observed lower fibre cross-section in the UF at time-point 1. The change  
37 in conduct problems did not predict longitudinal changes in white-matter microstructure across  
38 time-points. The current study suggests that childhood conduct problems are related to reduced  
39 fibre-specific microstructure within white matter fibre pathways implicated in socio-emotional  
40 functioning.

41       **Keywords:** Childhood conduct problems; Fixel-based analysis; Diffusion tensor  
42 imaging; Emotional processing.

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45 Antisocial behaviour is increasingly recognised as a public health issue (National  
46 Institute for Health and Care Excellence (NICE), 2013) and conceptualised in research as a  
47 multifaceted neurodevelopmental construct with its origins emerging early in development  
48 (Raine, 2018). Childhood conduct problems - characterised by a pattern of antisocial  
49 behaviours including aggression, angry mood, rule-breaking, and oppositional behaviour - are  
50 therefore understood as a behavioural precursor to later antisocial behaviour (Fairchild, Van  
51 Goozen, Calder, & Goodyer, 2013; Piquero, Farrington, Nagin, & Moffitt, 2010; Raine, 2018).  
52 In addition, early conduct problems are a risk factor for a range of negative outcomes - such as  
53 imprisonment, psychopathology, substance misuse, lower educational attainment and poorer  
54 physical health (Fergusson, John Horwood, & Ridder, 2005; Moffitt & Scott, 2008; Mordre,  
55 Groholt, Kjelsberg, Sandstad, & Myhre, 2011; Odgers et al., 2007; Odgers et al., 2008). The  
56 adverse developmental trajectory of childhood conduct problem highlights the importance to  
57 investigate underlying neurodevelopmental factors early in development that may contribute  
58 to childhood conduct difficulties.

59 There is considerable evidence that children and adolescents with conduct problems are  
60 characterised by emotional processing impairments, such as reduced empathy, lower  
61 physiological affective responsivity, diminished capacity to learn about punishment and  
62 reward, and emotional dysregulation (Blair, 1999; Fanti et al., 2019; Gao, Raine, Venables,  
63 Dawson, & Mednick, 2010; Hunnikin, Wells, Ash, & Van Goozen, 2019; Van Goozen,  
64 Fairchild, Snoek, & Harold, 2007; Van Langen, Wissink, Van Vugt, Van der Stouwe, & Stams,  
65 2014). Using magnetic resonance imaging (MRI), studies have identified that children with  
66 conduct difficulties showed structural and functional abnormalities in limbic brain regions  
67 important for processing emotion, in particular the amygdala, and prefrontal regions implicated  
68 in affective decision-making, learning and regulation, such as the orbitofrontal and

69 ventromedial prefrontal cortex (Baker, Clanton, Rogers, & De Brito, 2015; Noordermeer,  
70 Luman, & Oosterlaan, 2016; Rogers & De Brito, 2016). In addition, youths high in antisocial  
71 behaviour demonstrated reduced functional connectivity between limbic and prefrontal regions  
72 (Finger et al., 2012; Stoddard et al., 2017). Theories of antisociality have therefore proposed  
73 that antisocial behaviour reflects dysfunction in neural networks implicated in emotional  
74 processing and learning, including disrupted connections between limbic and prefrontal  
75 regions (Blair, 2005; Kiehl, 2006; Raine, 2018).

76         More recent research has used diffusion tensor imaging (DTI) to examine white matter  
77 microstructure between brain regions within children and adolescents high in antisociality. DTI  
78 measures such as fractional anisotropy (FA) are sensitive to the anisotropic organisation of a  
79 white matter fibre and generally increases with age, whereas mean diffusivity (MD) can  
80 represent the mean mobility of water molecules and generally decreases with age (Lebel &  
81 Beaulieu, 2011). Given the theorised abnormality between limbic and prefrontal regions in  
82 relation to antisociality, there has been much focus on examining the microstructure of the  
83 uncinate fasciculus (UF) - a long range white matter pathway that connects limbic regions  
84 within the temporal lobe to frontal regions. While DTI studies have found that adults with  
85 antisocial behaviour have reduced white matter organisation in the UF (Craig et al., 2009;  
86 Hoppenbrouwers et al., 2013; Sundram et al., 2012), and additional association pathways  
87 including the inferior fronto-occipital fasciculus (IFOF), inferior longitudinal fasciculus (ILF),  
88 superior longitudinal fasciculus (SLF), and fornix (Bolhuis et al., 2019; Hoppenbrouwers et  
89 al., 2013; Karlsgodt et al., 2015; Lindner et al., 2016; Sethi et al., 2015; Sundram et al., 2012),  
90 studies investigating conduct problems in children and adolescents have produced mixed  
91 findings. There is evidence for greater white matter microstructural organisation in adolescents  
92 with conduct difficulties across association tracts (Breedon, Cardinale, Lozier, VanMeter, &

93 Marsh, 2015; Decety, Yoder, & Lahey, 2015; Haney-Caron, Caprihan, & Stevens, 2014; Li,  
94 Mathews, Wang, Dunn, & Kronenberger, 2005), while other studies have reported lower  
95 microstructural organisation (Grazioplene et al., 2020; Passamonti et al., 2012; Peper, De Reus,  
96 Van Den Heuvel, & Schutter, 2015; Sarkar et al., 2013; Zhang, Zhu, et al., 2014) or no  
97 difference compared to adolescents without conduct problems (Decety et al., 2015; Finger et  
98 al., 2012; Hummer, Wang, Kronenberger, Dunn, & Mathews, 2015; Passamonti et al., 2012;  
99 Puzzo et al., 2018; Sarkar et al., 2013; Zhang, Gao, et al., 2014; Zhang, Zhu, et al., 2014).

100         Many of these studies recruited youths with wide age ranges, which may have  
101 contributed to the inconsistent findings given that white matter microstructure develops in a  
102 time-dependent fashion within major white-matter tracts (Lebel & Beaulieu, 2011; Lebel,  
103 Walker, Leemans, Phillips, & Beaulieu, 2008). In addition, the effects of cooccurring forms of  
104 psychopathology could influence white matter microstructure given the comorbidity of conduct  
105 problems with alternative externalising and internalising difficulties (Lahey et al., 2008;  
106 Patalay et al., 2015), which may have contributed to the inconsistent literature. It is therefore  
107 important to examine the effect of conduct problems alongside additional forms of  
108 psychopathology to investigate the specificity of altered white matter microstructure.

109         One further potential reason for the contrasting results observed in children and  
110 adolescents may be due to the metrics previously used in DTI studies to index white matter  
111 microstructure. Measures such as FA and MD are relatively non-specific at distinguishing  
112 between specific fibre properties, such as axon density, crossing fibres and myelination, which  
113 are separate physio-anatomical white matter properties important for understanding  
114 developmental changes (Beaulieu, 2014). Recent developments in diffusion MRI analysis  
115 techniques provide the means and opportunity to uncover more specific tissue properties  
116 compared with the diffusion tensor model. Analysis approaches such as Neurite Orientation

117 Dispersion and Density Imaging (NODDI; Zhang, Schneider, Wheeler-Kingshott, &  
118 Alexander, 2012) and fixel-based analysis (FBA; Raffelt et al., 2012, 2017) have been shown  
119 to be more sensitive to age-related development of specific microstructural properties such as  
120 axon density (Lynch, Cabeen, Toga, & Clark, 2020; Genc et al., 2020). FBA is a framework of  
121 particular interest for group-wise and longitudinal analyses, enabling fibre level comparisons.  
122 FBA produces metrics that index fibre density (FD), which represents the intra-axonal volume  
123 fraction of white matter fibres, fibre cross-section (FC), which refers to the cross-sectional area  
124 of voxels that a fibre occupies, as well as the combined effect of fibre density and cross-section  
125 (FDC) (Raffelt et al., 2017). These indices aim to quantify and disentangle fibre-specific white  
126 matter properties more accurately compared to more traditional DTI metrics such as FA  
127 (Kelley, Plass, Bender, & Polk, 2019).

128         Grazioplene et al. (2020) is the only study to date to have used fixel-based analysis to  
129 examine childhood conduct problems and white matter microstructure. Using a cross-sectional  
130 design, a group of 70 children with parent-rated aggressive behaviour were compared to  
131 matched controls aged 8 – 16 years old for FD across a range white matter tracts. Children  
132 showing aggression demonstrated lower FD in a cluster of limbic and cortical pathways  
133 including the IFOF and fornix relative to controls, higher FD in the corpus callosum, and  
134 dimensional analysis revealed an association between aggression and reduced FD in the  
135 cingulum bundle. The current study intended to build upon this study and previous research to  
136 investigate childhood conduct problems in relation to fibre density *and* morphology as both  
137 measures are sensitive to changes during development (Genc et al., 2018), and to examine these  
138 relationships within a longitudinal design to study the effects of conduct problems on white  
139 matter microstructural development.

## 140 **Current Study**

141 We investigated conduct problems and white matter microstructure in a large  
142 community-based sample of children aged 9-13 years across two time-points. We implemented  
143 FBA to investigate tract-specific fibre density and morphology within the fornix, IFOF, ILF,  
144 SLF and UF, which are all implicated within socio-emotional processing systems (Ameis &  
145 Catani, 2015) and have been linked with antisociality (Waller, Dotterer, Murray, Maxwell, &  
146 Hyde, 2017). Importantly, the age-ranges were narrow at each time-point across participants to  
147 examine white-matter microstructure at specific developmental stages and to allow us to  
148 precisely explore developmental changes across time. We also considered cooccurring  
149 dimensions of psychopathology to examine the specificity of white matter microstructure effect  
150 to conduct problems. We hypothesised that conduct problems would be cross-sectionally  
151 associated with lower FD, with no relationship observed for FC, consistent with research that  
152 has linked neurodevelopmental difficulties with decreased white matter fibre density in  
153 adolescence, rather than lower macroscopic cross-section of fibres (Dimond et al., 2019; Genc  
154 et al., 2020). We also predicted longitudinal relationships such that change in conduct problems  
155 across time-points would be associated with FD development within each tract, with no  
156 relationship emerging for FC development.

157

## **Method**

### 158 **Participants**

159 Participants were recruited as part of the Neuroimaging of the Children's Attention  
160 Project (NICAP; Silk et al. 2016), an Australian longitudinal multimodal neuroimaging study  
161 of community-based cohort of children with and without Attention Deficit Hyperactivity  
162 Disorder (ADHD). This longitudinal study was approved by The Royal Children's Hospital  
163 Melbourne Human Research Ethics Committee (HREC #34071). Written informed consent



164 was obtained from the parent/guardian of all children enrolled in the study. Children were  
165 excluded from the study if they had a neurological disorder, intellectual disability, or serious  
166 medical condition (e.g. diabetes, kidney disease).

167 Full details of the NICAP cohort and assessment methods are detailed in Silk et al.  
168 (2016). Briefly, children were initially recruited from 43 socio-economically diverse primary  
169 schools distributed across the Melbourne metropolitan area, Victoria, Australia (Sciberras  
170 2013), and underwent comprehensive assessment for ADHD at age 7 via the Diagnostic  
171 Interview Schedule for Children (DISC-IV) completed with parents face-to-face (Sciberras et  
172 al. 2013). Children were categorised as either meeting a negative or positive diagnosis for  
173 ADHD. At a 36-month follow-up, a subset of participants were invited for an appointment at  
174 The Melbourne Children's campus, which included a child assessment, parent questionnaire,  
175 mock scan, and MRI scan at age 10 (subsequently referred to as time-point 1). Youths with  
176 ADHD represent an at-risk adolescent sample for conduct problems given the high comorbidity  
177 between ADHD and additional externalising difficulties including oppositional defiant  
178 disorder (ODD) and conduct disorder (CD) (Beauchaine, Hinshaw, & Pang, 2010; Blair, White,  
179 Meffert, & Hwang, 2013; Lahey et al., 2008). The DISC-IV was repeated at time-point 1 to re-  
180 assess ADHD group status, as well as to examine ODD status (see Table 1); 40% of the children  
181 met diagnostic criteria for ADHD, 30 % met criteria for ODD, and 6.9 % met criteria for CD.  
182 Children were invited for a follow-up appointment (subsequently referred to as time-point 2)  
183 approximately 16 months following their initial visit ( $M = 16.08$ ,  $SD = 2.32$  months). Overall,  
184 only data from the two imaging time-points: time-point 1 (age:  $M = 10.38$ ,  $SD = 0.44$  years  
185 old) and time-point 2 (age:  $M = 11.72$ ,  $SD = 0.51$  years old); were included for analysis in the  
186 current study. Direct assessments and MRI scans were performed by a trained research assistant  
187 blind to the child's diagnostic status.

188 Participant's socio-economic status was indexed based on scores from the Index of  
189 Relative Socio-economic Advantage and Disadvantage (IRSAD) taken from the Socio-  
190 Economic Indexes for Areas obtained at each time-point from the Australian Bureau of  
191 Statistics (<https://www.abs.gov.au/websitedbs/censushome.nsf/home/seifa>). IRSAD scores  
192 were developed based on several variables for a given area, including income, education,  
193 unemployment, and are standardised to a mean of 1000 with a standard deviation of 100.  
194 Participant's estimated full-scale intellectual functioning (IQ) was assessed at a previous  
195 assessment at age 7 (Mage = 7.23, SDage = 0.38) using the vocabulary and matrix reasoning  
196 subtests of the Wechsler Abbreviated Scale of Intelligence (WASI (Wechsler, 1999)).

### 197 **Conduct problems**

198 Conduct problems were indexed using the Conduct scale of the parent-rated Strengths  
199 and Difficulties Questionnaire (SDQ; Goodman, 1997) completed at time-point 1 and 2. The  
200 SDQ is a 25-item screening tool that assess children across several areas of functioning  
201 including conduct, emotional, hyperactivity/inattention, interpersonal problems, as well as  
202 examining prosocial behaviours. The conduct problems scale includes 5-items (e.g. "Often  
203 fights with other children", "Often lies or cheats" and "Steals from home, school or elsewhere")  
204 scored across 0 (Not true), 1 (Somewhat true), and 2 (Certainly true).

### 205 **Magnetic resonance imaging (MRI)**

206 Diffusion MRI data were acquired at two distinct time-points on a 3.0 T Siemens Tim  
207 Trio, at The Melbourne Children's Campus, Parkville, Australia. Data were acquired using the  
208 following protocol: b = 2800 s/mm<sup>2</sup> (60 directions), voxel-size = 2.4 x 2.4 x 2.4 mm, echo-time  
209 / repetition time (TE/TR) = 110/3200 ms, matrix = 110 x 110, 63 slices. A total of 152  
210 participants had longitudinal MRI data. Of those, 130 participants had useable diffusion MRI  
211 data at both time-points, therefore the subsequent image processing and analysis was performed

212 on these 130 participants with imaging data at two time-points. All dMRI data were processed  
213 using MRtrix3 (v3.0RC3; Tournier et al., 2019) using pre-processing steps from a  
214 recommended longitudinal fixel-based analysis (FBA) pipeline (Raffelt et al., 2017; Genc et  
215 al., 2018). Full details of processing and analysis steps are listed in Genc et al. (2020). Briefly,  
216 images were denoised, corrected for motion, eddy current and susceptibility induced  
217 distortions, bias field corrected, and upsampled. Fibre orientation distributions (FODs) were  
218 computed using a group average response function. To perform our analyses in a common  
219 space, we built a population-based template using FOD maps from 40 participants. First, we  
220 generated inter-subject templates using images from time-point 1 and 2 transformed to their  
221 midway space. Then, we generated an unbiased intra-subject template, which were used as  
222 input to the population template generation step (Raffelt 2017). Finally, we performed non-  
223 linear registrations of each individual's FOD image to this longitudinal template.

224 Images were visually inspected for motion artefact (assessed by the presence of  
225 Venetian blinding artefact), and whole datasets were excluded if excessive motion was present.  
226 In addition, we calculated mean frame-wise displacement using the FSL software library  
227 (v5.0.10) (Smith et al. 2004).

## 228 **White matter tract dissection**

229 We chose to delineate five bilateral fibre pathways that have been previously found to  
230 show diminished white matter organisation for individuals with antisocial behaviour: Inferior  
231 fronto-occipital fasciculus (IFOF); superior longitudinal fasciculus (SLF); inferior longitudinal  
232 fasciculus (ILF); uncinate fasciculus (UF); and the fornix (FX) in our population template  
233 space. First, we transformed and warped tractography masks from the JHU-ICBM atlas (Smith  
234 et al., 2004) to our longitudinal template. Then, we placed anatomically informed regions of  
235 interest (ROIs) from a defined protocol (Wakana et al., 2007) ensuring that these regions

236 overlapped with both the warped tractography masks as well as the whole brain tractogram.  
 237 Finally, we segmented fixels (fibre-specific voxels) from the whole-brain template which  
 238 corresponded with our tracts of interest.

### 239 **Statistical Analysis**

240 Statistical analyses were performed within R (version 3.6.2) and visualisations were  
 241 carried out in RStudio (version 1.2.1335). We tested the cross-sectional relationship between  
 242 SDQ conduct problems and each FBA metric (mean FD and mean FC) at each time-point. We  
 243 also assessed the change in conduct problems scores and the change in each FBA metric  
 244 (termed  $FD_{diff}/FC_{diff}$ ) across time-points to assess the longitudinal relationship between conduct  
 245 problems and white-matter development. For both cross-sectional and longitudinal analyses,  
 246 linear mixed-effects models were computed using *lme4* for each FBA metric with conduct  
 247 problems entered as random effects and white-matter tract as fixed effects to explore the main  
 248 effect of SDQ conduct problems and the interaction between conduct problems and white-  
 249 matter tract. We also included participant age, IQ, socio-economic status, sex, ADHD  
 250 diagnostic status, participant in-scanner motion and total intracranial volume (for FC and  
 251  $FC_{diff}$ ) as covariates within each model. Examples of the models used for the cross-sectional  
 252 (1) and longitudinal analysis (2) for mean FD are detailed below:

$$\text{lmer}(\text{scale}(\text{FDtime1}) \sim \text{Conduct Problems} * \text{Tract} + (1|\text{ID}) + \text{Gender} + \text{Age} + \text{IQ} + \text{ADHDgroup} + \text{SocioEconomicStatus}, \text{data} = \text{data}) \quad (1)$$

$$\text{lmer}(\text{scale}(\text{FDdiff}) \sim \text{Conduct Problems Change} * \text{Tract} + (1|\text{ID}) + \text{Gender} + \text{Age} + \text{IQ} + \text{ADHDgroup} + \text{SocioEconomicStatus}, \text{data} = \text{data}) \quad (2)$$

Significant main effects and interactions for conduct scores and white-matter tracts were explored further by running individual correlations between conduct problems scores and the relevant FBA metric for each white matter tract. Within these individual correlations, we

covaried only for variables that were predictive in the previous mixed effects model to maintain statistical power. As multiple correlations were run for each FBA metric, *p*-values were adjusted when running the correlational analysis using False Discovery Rate (FDR) correction (Benjamini & Hochberg, 1995). All variables were centred prior to analysis.

## Results

Table 1 details the demographic characteristics of the adolescent sample across time-points. The sample included showed a range of conduct problem scores including 27.7% of children who were rated as high or very high risk of conduct problems at time-point 1 and 24.7% at time-point. Figure 1A and 1B illustrate the age and conduct problems scores for the sample at each time-point. Mean FBA metrics for each white-matter tract are included across time-points in Table 2. Each FBA metric correlated highly across time-points for each tract (*ps* < .001).

### Cross-sectional analysis

Linear mixed-effects models revealed that there was a main effect of conduct problems for mean FD at time-point 2,  $F(1,122) = 4.74, p = .03$ , but not for the remaining FBA metrics/time-points (*ps* > .10). There was a significant interaction between conduct problems and tract region for mean FD at both time-point 1,  $F(4, 492) = 5.05, p < .001$ , and time-point 2,  $F(4, 512) = 5.77, p < .001$ , as well as for mean FC at time-point 1,  $F(4, 492) = 2.72, p = .03$ . This supported the investigation of tract-specific relationships with respect to conduct problems. There was no interaction between conduct problems and tract region for mean FC at time-point 2,  $F(4, 512) = 1.74, p = .14$ .

To follow up significant interactions, we ran zero-order/partial correlations between conduct problems and FD at both time-points and FC at time-point 1 for each white matter tract individually (see Table 3). We included variables that were significant predictors in the original

linear mixed effects models as covariates (total intracranial volume for FC at time-point 1, IQ for FD at time-point 2), although the results were unaltered when controlling for IQ and so the results are reported with this variable removed to maintain statistical power. Conduct problems were related with lower mean FD in the fornix at time-point 1 and 2, as well as the ILF at time-point 2 ( $p_{\text{FDR}} < .05$ ). Conduct problems were associated with low mean FC in the UF at time-point 2, although this failed to survive FDR-adjusted statistical significance. Figure 1C-1F illustrates these significant relationships.

### **Longitudinal analysis**

Linear mixed-effects models revealed that there was no main effect of the change in conduct problems across time-points nor an interaction with tract region for either  $\text{FD}_{\text{diff}}$  and  $\text{FC}_{\text{diff}}$  ( $p_s > .22$ ) so no further analyses were conducted for these longitudinal FBA metrics.

### **Specificity of cross-sectional findings to childhood conduct problems**

Given the comorbidity of neurodevelopmental difficulties including conduct problems (Lahey et al., 2008; Patalay et al., 2015), we also assessed whether conduct problems were driving the observed findings in relation to the SDQ subscales. We ran multiple linear regressions entering all SDQ subscales (conduct, emotional, hyperactivity/inattention, interpersonal problems, and prosocial behaviours) to predict the specific FBA metrics at the relevant time-point that we had previously identified as associated with conduct difficulties. We continued to control for total intracranial volume when predicting FC. The analysis showed that when all SDQ subscales were entered as predictor variables, conduct problems was the primary unique predictor of reduced mean FD for the fornix across both time-points (time-point 1,  $t(5, 119) = -1.95, p = .05, \beta = -.24$ ; time-point 2,  $t(5, 124) = -2.28, p = .02, \beta = -.29$ ) and within the ILF at time-point 2 (although this did not surpass statistical significance),  $t(5, 124) = -1.83, p = .07, \beta = -.23$ , and the remaining SDQ subscales did not uniquely predict any

of these FBA metrics. SDQ Conduct Problems were however not uniquely predictive of mean FC within the UF  $t(6, 118) = -1.35, p = .18, \beta = -.13$ , likewise to the remaining SDQ subscales.

### **General Discussion**

In this longitudinal study of children aged 9-13 years, we used fixel-based analyses to determine whether conduct problems were related to specific microstructural alterations within several white matter tracts both cross-sectionally and longitudinally. We identified that greater conduct problems were related to lower fibre density in the fornix at both time-points, as well as in the ILF at the second time-point. Longitudinally, the change in conduct difficulties did not predict the development of either fibre density or morphology across time-points. These results partially support our hypotheses as abnormalities related to conduct difficulties were specific to FD, rather than FC, although these alterations were not universal across all white matter tracts and did not extend to altered longitudinal development in FD.

By using an advanced analysis technique to examine specific fibre properties within white matter tracts, we identified that conduct problems in childhood were related to reduced fibre density within several association white-matter pathways, which was consistent with Grazioplene et al. (2020). Specifically, we found that conduct difficulties in late childhood/early adolescence were characterised by a lower intra-axonal volume fraction for the fornix and ILF that indicates reduced density of axons along these pathways. The current research extended Grazioplene et al. (2020) to also examine fibre cross-section and found conduct problems were associated with macroscopic cross-section of fibres within the UF specific to the earlier time-point. Alterations to axonal microstructure, by way of reduced axon count or diameter, could result in deficiencies for processing speed and conduction velocity across the brain (Drakesmith et al., 2019; Horowitz et al., 2015), and altered white matter microstructure in these pathways may contribute to the risk of conduct difficulties. We however

note that only reduced fibre density within the fornix and ILF were specifically associated with conduct problems when co-occurring dimensions of psychopathology were controlled for, which may indicate that reduced axonal density is the driving property underlying microstructural alterations specific to conduct problems. The current study also examined the longitudinal effect of conduct problems on FBA metrics, but no associations emerged for white matter development. The current study increases our understanding of the specific underlying microstructural properties associated with conduct problems during development.

The fornix, ILF and UF have each been implicated in wider socio-emotional networks (Ameis & Catani, 2015) and therefore developmental microstructural alterations – and potentially inefficient processing - within these networks may reflect emerging socio-emotional impairments observed in relation to conduct difficulties. The UF has been suggested as the key connection within a ‘temporo-amygdala-orbitofrontal’ network (Catani, Dell’Acqua, & De Schotten, 2013) that is critical to the regulation of social and emotional behaviour (Von Der Heide, Skipper, Klobusicky, & Olson, 2013). The ILF also demonstrates connections within the temporal lobe with projections at the posterior temporal lobes and occipital lobes (Catani, Jones, Donato, & Ffytche, 2003). By virtue of these connections with temporal regions, including the amygdala (Fox, Iaria, & Barton, 2008), the ILF has been linked to the integration of visual and emotional processes (Catani, Howard, Pajevic, & Jones, 2002) and both the ILF and UF have been implicated in facial expression processing (Coad et al., 2017; Unger, Alm, Collins, O’Leary, & Olson, 2016), which has been demonstrated to be impaired in antisocial populations (Dawel, O’Kearney, McKone, & Palermo, 2012; Marsh & Blair, 2008).

Conversely, no study in adults have linked antisociality to disrupted microstructure in the fornix, although Breeden et al. (2015) has reported that adolescents with high antisocial



behaviour showed reduced FA compared to non-antisocial controls, which was linked to callous symptoms. The fornix represents a major output pathway of the amygdala that projects to the mammillary bodies and hypothalamic regions implicated in fear processing (Walker, Toufexis, & Davis, 2003). The fornix also forms part of the Papez circuit, which is an important structure within the limbic system, and involved in the regulation of emotions by higher order frontal areas (Lövlblad, Schaller, & Vargas, 2014). In addition, there is evidence that increased white-matter microstructural organisation within the fornix is associated with elevated anxiety (Modi et al., 2013) and, therefore, reduced white-matter microstructural organisation within the fornix may reflect diminished anxiety, consistent with patterns of fearlessness associated with conduct problems and callous symptoms in children (Fanti, 2016).

We note that the relationships between conduct difficulties and altered mean FD were specific to the fornix and ILF. There is evidence that the fornix and ILF show an early peak in FA suggesting earlier developmental maturation compared to many of the other major white-matter tracts (Lebel et al., 2012; Lebel, Treit, & Beaulieu, 2017; Slater et al., 2019). Altered white matter microstructural development may therefore be more evident at a younger age within the fornix and ILF, which may account for the specificity of the current findings in relation to conduct problems. In contrast, white matter tracts such as the SLF, IFOF and in particular the UF show a later peak in FA values suggesting more delayed developmental maturation (Lebel et al., 2012; Sawiak et al., 2018; Slater et al., 2019) and we did not observe altered FD within these tracts. It may therefore be possible that FBA metrics within an older sample with conduct problems would identify more pervasive (and severe) microstructural impairments across association white-matter tracts. Likewise to the current study, Grazioplene et al. (2020) found no effect of childhood aggression on FD within the UF. However, we did identify that conduct problems were associated with reduced FC within the UF, suggesting that

the macroscopic cross-section of fibres may be a more sensitive index for detecting developmental alterations to white matter microstructure within the UF.

A strength of the current study is the relatively narrow age range at each of the two imaging time-points, which allowed for a more focused analysis of the effect of conduct problems and white-matter microstructural properties within development. We also examined white-matter microstructural development across these two time-points, and while conduct problems were related to white-matter alterations at each time-point, we observed no effects of change in conduct difficulties on longitudinal white-matter development between time-points. This was contrary to expectation but may reflect the limited duration between imaging time-points (approximately 16 months) and a longer gap may have allowed for greater developmental differences to emerge in relation to conduct difficulties as the majority of the sample showed no change (42.4%) or a single point change (decrease, 16.8%; increase, 17.6%) from their initial conduct problems score. A further strength of the current study is that we employed a dimensional approach that allowed us to explore the specificity of our findings to conduct problems; this approach is consistent with contemporary conceptualisations of antisocial behaviour as a heterogeneous construct that varies in severity and encapsulates a wide range of externalising and internalising difficulties (Raine, 2018). Importantly, we identified that reduced FD across the fornix and the ILF was primarily driven by increased conduct difficulties rather than emotional, hyperactivity, peer or prosocial problems. This finding is consistent with Grazioplene et al. (2020) who reported that childhood aggression was linked with lower FD and neither anxiety nor callous-unemotional symptoms – the prosocial scale of the SDQ, as used in the current study, has been previously reverse scored to index callous-unemotional traits (Dadds, Fraser, Frost, & Hawes, 2005; Viding, Blair, Moffitt, & Plomin, 2005) – affected this relationship. However, we also found that reduced FC within the

UF was not uniquely predicted by either conduct, emotional, hyperactivity, peer or prosocial problems; this may suggest that shared variance across these neurodevelopmental dimensions potentially explains altered FC in development.

Overall, we found that childhood conduct difficulties were related to reductions in white matter fibre density and morphology within the fornix, ILF and UF. Our findings suggest that the development of specific white matter fibre pathways underpinning socio-emotional functioning are related to early conduct problems in childhood.

## **Author statement**

### **Contributors**

Author T.J.S. acquired the funding and supervised the running of the study. Author S.G. contributed to data collection and imaging processing. D.T.B and T.J.S conceived of the focus of the manuscript. D.T.B and S.G. conducted the data analysis. D.T.B. wrote the manuscript, which was reviewed and edited by S.G. and T.J.S.

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### **Conflicts of interest**

The authors report no conflicts of interest.

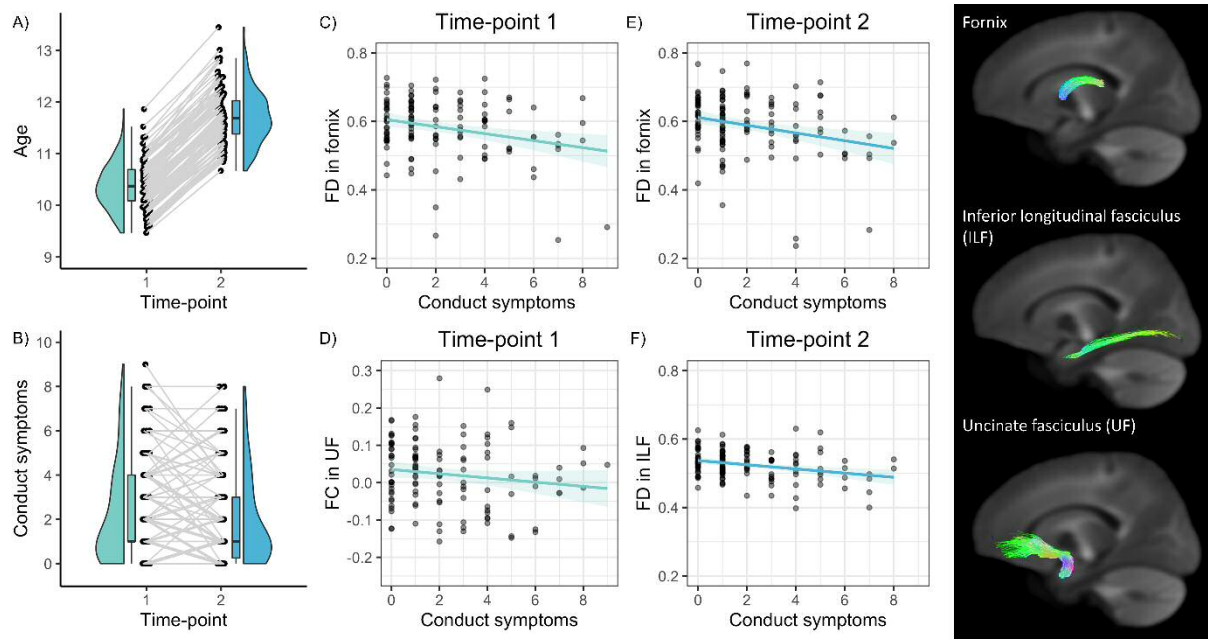


Figure 1. Panels A-B. Participant age and change in SDQ conduct problems over the two time-points. Longitudinal data points are connected by a line.

Figure 1. Panels C-F. Significant relationships between SDQ Conduct Problems and mean FBA metrics across tracts and time-points: Panel C, fibre density within the fornix at time-point 1; Panel D, fibre density within the inferior longitudinal fasciculus, ILF, at time-point 1; Panel E, fibre density within the fornix at time-point 2; Panel F, fibre density within the uncinate fasciculus at time-point 1. Trend-line is illustrated with 95% confidence interval.

Table 1. Demographic information for the sample across imaging time-points.

	Time-point 1	Time-point 2
Sex		
Female/male	47/83	
IQ		
M (SD)	100.21 (13.95)	
Age at MRI		
M (SD)	10.38 (0.44)	11.72 (0.51)
Min., Max.	9.47 – 11.86	10.67 – 13.45
Socio-economic status		
M (SD)	1016.57 (45.15)	1016.36 (45.19)
SDQ Conduct Problems		
M (SD)	2.26 (2.25)	2.00 (2.04)
High-risk*	27.7 %	24.7 %
SDQ Conduct Problems change from time-point 1		
M (SD)		-0.26 (1.46)
Min., Max.		-5, 3
DISC-IV ADHD <i>n</i> (%)	52 (40 %)	
DISC-IV ODD <i>n</i> (%)	39 (30 %)	
DISC-IV CD <i>n</i> (%)	9 (6.9 %)	

Socio-economic status is based on the index of relative socio-economic advantage and disadvantage (IRSAD), scores are standardised to a mean of 1000 with a standard deviation of 100.

\* High risk for the SDQ Conduct Problems scale was defined as scores within the ‘High’ or ‘Very High’ categorisation.

Table 2: Descriptive data for fibre density and fibre cross-section for each white-matter tract at each time-points.

	Fibre density			Fibre cross-section		
	Time-point 1	Time-point 2	Change	Time-point 1	Time-point 2	Change
	M (SD) Min, Max	M (SD) Min, Max	M (SD) Min, Max	M (SD), Range	M (SD), Range	M (SD) Min, Max
Fx	.58 (.08) .25, .73	.59 (.09) .24, .77	.007 (.03) -.08, .13	-.07 (.10) -.26, .23	-.06 (.11) -.26, .34	.011 (.03) -.06, .10
IFOF	.56 (.03) .48, .64	.57 (.03) .49, .64	.006 (.01) -.03, .04	.04 (.07) -.13, .21	.05 (.07) -.12, .22	.010 (.02) -.06, .07
ILF	.52 (.05) .38, .65	.53 (.04) .40, .63	.006 (.02) -.03, .07	.08 (.10) -.11, .32	.12 (.10) -.09, .43	.015 (.04) -.08, .14
SLF	.54 (.04) .45, .61	.54 (.04) .47, .63	.009 (.01) -.02, .04	.08 (.11) -.19, .32	.11 (.11) -.15, .35	.032 (.03) -.08, .18
UF	.56 (.04) .41, .68	.57 (.04) .44, .70	.004 (.03) -.07, .07	.02 (.09) -.28, .28	.03 (.09) -.24, .28	.009 (.03) -.10, .12

Time-point 1,  $n = 125$ ; time-point 2,  $N = 130$

Fx, Fornix, IFOF, inferior fronto-occipital fasciculus; ILF, inferior longitudinal fasciculus; SLF, superior longitudinal fasciculus; UF, uncinata fasciculus.

Table 3. Zero-order and partial correlations between parent-rated SDQ conduct problems and fixel-based analysis metrics across white-matter tracts.

	Fibre density				Fibre cross-section	
	Time-point 1		Time-point 2		Time-point 1	
	<i>r</i>	<i>p</i>	<i>r</i>	<i>p</i>	<i>r</i>	<i>p</i>
Fx	<b>-.27*</b>	<b>.003</b>	<b>-.27*</b>	<b>.002</b>	-.03	.72
IFOF	-.13	.16	-.17	.05	-.06	.51
ILF	-.14	.13	<b>-.29*</b>	<b>.001</b>	-.02	.88
SLF	-.02	.86	.01	.92	.14	.12
UF	-.12	.17	-.09	.30	<b>-.20</b>	<b>.03</b>

*Note.* Correlations were run only for metrics and time-points where a significant SDQ conduct problems and white matter tract interaction had been identified within the previous mixed-effects model analysis.

Significant relationships highlighted in bold and associations that survived adjusted statistical significance at  $p_{\text{FDR}} < .05$  are annotated with an asterisk (\*)

Time-point 1,  $n = 125$ ; time-point 2,  $N = 130$

Total intracranial volume entered as a covariate for FC at time-point 1

Fx, Fornix, IFOF, inferior fronto-occipital fasciculus; ILF, inferior longitudinal fasciculus; SLF, superior longitudinal fasciculus; UF, uncinate fasciculus.



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