



ARTICLE

Risk-reducing hysterectomy and bilateral salpingo-oophorectomy in female heterozygotes of pathogenic mismatch repair variants: a Prospective Lynch Syndrome Database report

Mev Dominguez-Valentin, PhD , Emma J. Crosbie, PhD, MRCOG et al.[#]

PURPOSE: To determine impact of risk-reducing hysterectomy and bilateral salpingo-oophorectomy (BSO) on gynecological cancer incidence and death in heterozygotes of pathogenic MMR (*path_MMR*) variants.

METHODS: The Prospective Lynch Syndrome Database was used to investigate the effects of gynecological risk-reducing surgery (RRS) at different ages.

RESULTS: Risk-reducing hysterectomy at 25 years of age prevents endometrial cancer before 50 years in 15%, 18%, 13%, and 0% of *path_MLH1*, *path_MSH2*, *path_MSH6*, and *path_PMS2* heterozygotes and death in 2%, 2%, 1%, and 0%, respectively. Risk-reducing BSO at 25 years of age prevents ovarian cancer before 50 years in 6%, 11%, 2%, and 0% and death in 1%, 2%, 0%, and 0%, respectively. Risk-reducing hysterectomy at 40 years prevents endometrial cancer by 50 years in 13%, 16%, 11%, and 0% and death in 1%, 2%, 1%, and 0%, respectively. BSO at 40 years prevents ovarian cancer before 50 years in 4%, 8%, 0%, and 0%, and death in 1%, 1%, 0%, and 0%, respectively.

CONCLUSION: Little benefit is gained by performing RRS before 40 years of age and premenopausal BSO in *path_MSH6* and *path_PMS2* heterozygotes has no measurable benefit for mortality. These findings may aid decision making for women with LS who are considering RRS.

Genetics in Medicine _____; <https://doi.org/10.1038/s41436-020-01029-1>

INTRODUCTION

Lynch syndrome (LS) is a common hereditary cancer predisposition syndrome, present in an estimated 1 in 300 individuals, based on prevalence of the underlying genetic abnormalities in the general population. LS is caused by pathogenic variants in one of four DNA mismatch repair (MMR) genes (*path_MMR*): *path_MLH1*, *path_MSH2*, *path_MSH6*, and *path_PMS2*, each of which result in different risks for cancers, including colorectal, endometrial, ovarian, stomach, small bowel, bile duct, pancreas, urinary tract, brain, and prostate cancer.^{1–5} In women with LS, gynecological cancers are as common as gastrointestinal cancers. Until recently, clinical guidelines were similar for heterozygotes of all *path_MMR* genetic variants, endometrial cancer prognosis was assumed to be similar in heterozygotes and MMR variant-negative individuals, and the prognosis for ovarian cancer was assumed to be similar to ovarian cancer in *path_BRCA1* heterozygotes. The recent Manchester International Consensus Group publication⁶ described the risk for, and survival after, gynecological cancers in LS by genotype, as initially reported by the Prospective Lynch Syndrome Database (PLSD).^{1–4,7} Later, the PLSD reported findings in an additional independent cohort of *path_MMR* heterozygotes that validated the results from its original cohort and allowed merger of both cohorts to obtain more precise risk estimates and calculation of 5-year and 10-year crude survival after cancer.²

Risk-reducing surgery (RRS) including total hysterectomy and bilateral salpingo-oophorectomy (BSO) prevents gynecological cancer in Lynch syndrome.⁸ The Manchester International

Consensus Group strongly recommended that risk-reducing hysterectomy and BSO are offered no earlier than 35–40 years of age, following completion of childbearing in *path_MLH1*, *path_MSH2*, and *path_MSH6* heterozygotes but the data supporting such recommendations are not strong, and various practices currently exist. There was insufficient evidence to strongly recommend risk-reducing surgery for *path_PMS2* heterozygotes.⁶

In this report, we determine the impact on cancer incidence and mortality of RRS at different ages in heterozygotes of pathogenic MMR variants.

MATERIALS AND METHODS

The PLSD is an international, multicenter, prospective observational study without a control group. The PLSD design and its inclusion criteria have been described previously in detail.^{1,3,4,9,10}

In brief, *path_MMR* heterozygotes, including probands and their relatives, were recruited for prospective follow-up in each participating center. Genetic variants were assumed to be inherited and were found by genetic testing either prior to, at, or after inclusion for follow-up. Inclusion was from the first prospectively planned and completed colonoscopy, and all recruits had subsequent follow-up of one year or more. Any cancers that were diagnosed before or at the same age as the first prospectively planned and completed colonoscopy were scored as previous cancers. Time to first cancer after inclusion was calculated for each organ or groups of organs. Only heterozygotes with pathogenic variants confirmed as class 4 or 5 (clinically actionable) in the International Society for Gastrointestinal Hereditary Tumors (InSiGHT) database (<https://databases.lovd.nl/shared/genes>) were included. Each patient was censored at the age at which the

[#]A full list of authors and their affiliations appears at the end of the paper.

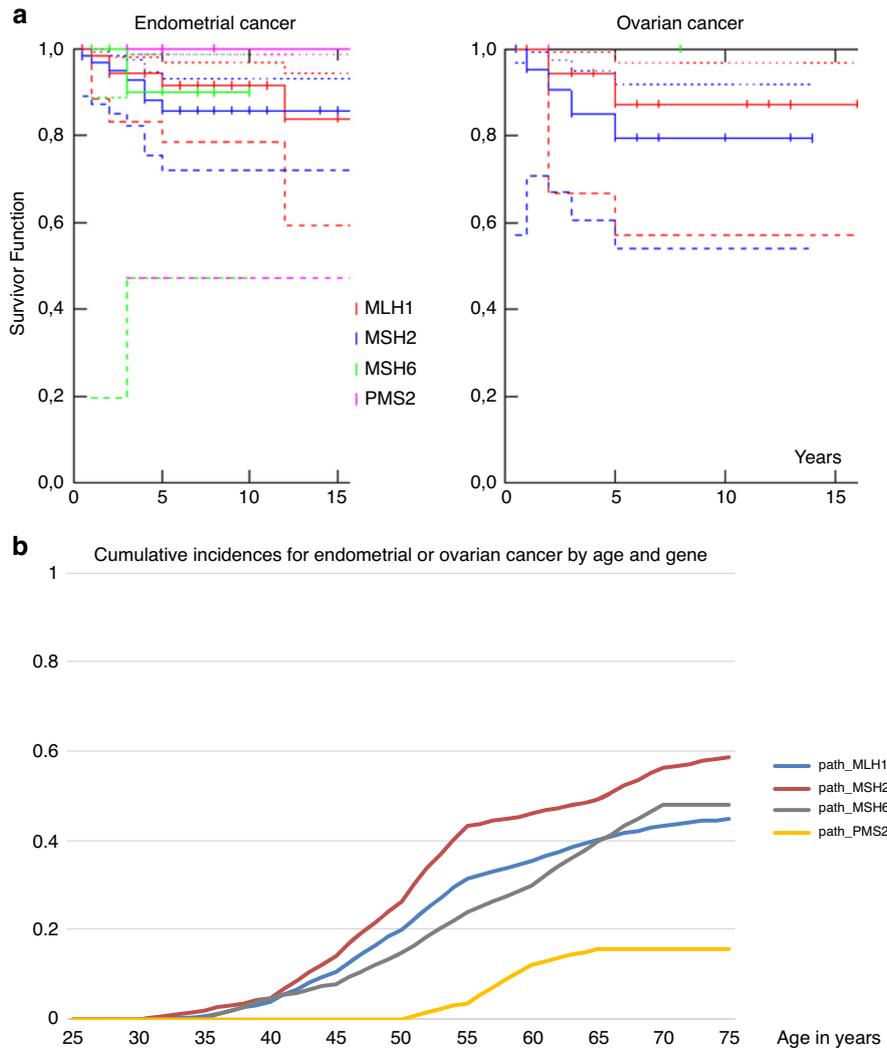


Fig. 1 Survival when endometrial or ovarian cancer and cumulative risk by age for endometrial and/or ovarian cancer by pathogenic genetic variant. Whole line indicate point estimates, dotted lines indicate 95% confidence intervals. **a** Survival of endometrial cancer and ovarian cancer by gene. **b** Cumulative incidences of endometrial or ovarian cancer by age and gene.

last information was available, which might have been a colonoscopy, any other clinical examination, a report from an examination done by others, or information that the patient had died, whichever came last. Observation time was censored at organ removal (therapeutic or prophylactic) when calculating incidences for cancer in specific organs.¹

Impact on cancer incidence of risk-reducing hysterectomy and/or BSO by age and gene

The inclusion criteria for calculating the endometrial and ovarian cancer risks were (1) female, (2) heterozygotes with pathogenic (class 4 or 5) MMR variant as classified in the InSiGHT database (<http://insight-database.org/>), (3) no previous hysterectomy or BSO, and (4) aged 25 to 74 years at start of follow-up. The following information was used for analyses: age at last observation, incident endometrial and/or ovarian cancer, *path_MMR* variant, age at hysterectomy, and age at oophorectomy. In this report, we assume the oophorectomies undertaken were all BSO.

Endometrial and ovarian cancer risks are reported by 5-year age groups. These risks may be considered to represent cancers that would have been prevented if surgery had been undertaken before the ages concerned.

All risks used for calculations and their 95% confidence intervals are derived from our previous publications.^{1–4} Briefly, annual incidence rates (AIRs) by age were calculated in 5-year cohorts from 25 to 75 years of age. Cumulative incidence, denoted by Q , was computed starting at age 25, assuming zero incidence rate before age 25, using the formula $Q(\text{age}) = Q(\text{age} - 1) + [1 - Q(\text{age} - 1)] \times \text{AIR}(\text{age})$ where $\text{AIR}(\text{age})$ is the annual

incidence rate as estimated from the corresponding 5-year interval. The observed AIRs and cumulative incidence of endometrial and/or ovarian cancer in the current data set have not been described previously and are now presented here in the Supplementary file.

Risk of dying from endometrial or ovarian cancer

As in all previous PLSD reports, cancer incidence at 25 years of age (the minimum age from which PLSD collects prospective data) was assumed to be zero. In this report, we provide estimates of the risk of dying following endometrial or ovarian cancer, stratified by MMR gene from 25 to 69 years of age. As displayed at our interactive website (www.plsd.eu), the confidence intervals for these measures are wide for patients with heterozygous *path_MSH6* and *path_PMS2* variants, and the point estimates of risks for patients with these genotypes must be used with caution.

Survival after cancer was estimated by the Kaplan–Meier survival function as crude survival from age at diagnosis until last observation or death. All the AIRs and cumulative incidences are prospectively observed empirical observations, while the survival following endometrial and/or ovarian cancer was calculated as follows: at any given age for cumulative incidences in the tables for endometrial or ovarian cancer separately, we calculated the relative risk for having endometrial or ovarian cancer as the incidence of the one divided by the sum of the two incidences.

Survival after endometrial and/or ovarian cancer was calculated as follows. The following observed factors (with acronyms) were entered into the calculations: risk of endometrial cancer (EC_{risk}), risk of ovarian cancer

Table 1. Risks for endometrial cancer in heterozygotes of each *path_MMR* gene, 10-year survival, and mortality within 10 years.

Age group	Risk of endometrial cancer diagnosed in the age interval for a heterozygote without cancer at or before entry to the age group				10-year survival				Risk of endometrial cancer diagnosed in the age interval indicated and dying of this within 10 years, for a heterozygote without previous cancer at or before entry to the age group			
	<i>path_MLH1</i>	<i>path_MSH2</i>	<i>path_MSH6</i>	<i>path_PMS2</i>	<i>path_MLH1</i>	<i>path_MSH2</i>	<i>path_MSH6</i>	<i>path_PMS2</i>	<i>path_MLH1</i>	<i>path_MSH2</i>	<i>path_MSH6</i>	<i>path_PMS2</i>
25 to 40 years	2%	2%	2%	0%	89%	0%	0%	0%	0%	0%	0%	0%
25 to 50 years	15%	18%	13%	0%	89%	2%	1%	0%	2%	1%	0%	0%
25 to 60 years	27%	38%	28%	9%	89%	3%	3%	1%	4%	3%	1%	1%
25 to 70 years	35%	47%	41%	13%	89%	4%	5%	1%	5%	5%	1%	1%
40 to 70 years	34%	45%	40%	13%	89%	4%	4%	1%	5%	4%	1%	1%
50 to 70 years	24%	35%	33%	13%	89%	3%	4%	1%	4%	4%	1%	1%
60 to 70 years	11%	14%	18%	4%	89%	1%	2%	0%	2%	2%	0%	0%
40 to 50 years	13%	16%	11%	0%	89%	1%	1%	0%	2%	1%	1%	0%
50 to 60 years	15%	25%	18%	9%	89%	2%	3%	1%	3%	2%	1%	1%

To the left: the upper four rows indicate risk for endometrial cancer from 25 to 40, 50, 60, or 70 years of age, respectively, if hysterectomy is not undertaken before the ages indicated (i.e., the risk for cancers that could have been prevented by hysterectomy at age 25). The middle three rows indicate the risk for heterozygotes from 40, 50, or 60 years of age, respectively, up to 70 years of age, for cancers that could be prevented by hysterectomy at age 40, 50, or 60 years of age, respectively. The lower two rows indicate the risk for heterozygotes in the age intervals indicated, for cancers that could be prevented by hysterectomy at age 40 or 50, respectively.

(OC_{risk}), risk of ovarian and/or endometrial cancer ($ECOC_{risk}$), survival after endometrial cancer ($EC_{survival}$), and survival after ovarian cancer ($OC_{survival}$). The three former were age-dependent while the two latter were the same for all ages. From the two latter, the difference between the survival for ovarian and endometrial cancer ($SURV_{diff}$) was ($EC_{survival} - OC_{survival}$) = 5%, which was the same for all ages. For each age cohort given in the table, the fraction of endometrial cancer ($EC_{fraction}$) was calculated as the risk for endometrial cancer divided by the sum of the risks for endometrial and ovarian cancer as $EC_{risk}/(EC_{risk} + OC_{risk})$. OC survival was lower than EC survival and the survival when ovarian and/or endometrial cancer was scored as an event; the interpolated combined survival indicated in the table was calculated as $OC_{survival} + SURV_{diff} * EC_{fraction}$ for all age groups.

RESULTS

Survival after endometrial or ovarian cancer

There were 58, 61, 18, and 4 cases of prospectively observed endometrial cancer included in the survival analyses in *path_MLH1*, *path_MSH2*, *path_MSH6*, and *path_PMS2* heterozygotes, respectively. There were 22, 23, 1, and 1 prospectively detected ovarian cancer cases included in the survival analyses in *path_MLH1*, *path_MSH2*, *path_MSH6*, and *path_PMS2* heterozygotes, respectively. The average for all cases was used to estimate survival for all heterozygotes in this report, but numbers of *path_MSH6* and *path_PMS2* heterozygotes were too low for us to determine whether the average survival pertains to these heterozygotes. The numbers of cases were also too few to permit calculations of survival by the age at which cancer occurred.

Estimates of five- and ten-year survival after endometrial or ovarian cancer in LS, but not stratified by gene, have been published previously.¹ Figure 1 presents survival by gene. As illustrated, there were no significant differences between the genes. After a few early deaths, the curves for both endometrial and ovarian cancer survival flatten out. This is in contrast to the lower reported survival in *path_BRCA1/2*-associated or sporadic ovarian cancer cases for which the survival curve does not flatten out, although deaths beyond 5 years in *BRCA1/2* cases are usually predicted by recurrence before that time.¹¹

Impact on cancer incidence and mortality of risk-reducing hysterectomy and/or BSO by age and gene

Among the heterozygotes included in the last PLSD report¹ there were 7838 observed female years for *path_MLH1* heterozygotes, 5487 for *path_MSH2*, 1614 for *path_MSH6*, and 862 for *path_PMS2* that met the selection criteria for the current study.

In Table 1 and Fig. 2, the risks for endometrial cancer from 25 up to 40, 50, 60, or 70 years of age are given by gene for patients who did not have surgery before each respective age cutoff. Risks from 40, 50, and 60 up to 70 years of age are given to indicate the potential for endometrial cancers to be prevented if hysterectomy is undertaken at these ages. The risks for developing cancer in each 10-year cohort are also given. In Table 2, the corresponding risks for ovarian cancer by age and gene are given. The combined risks for developing and dying from gynecological cancers by age and gene in the absence of risk-reducing hysterectomy and/or BSO are described in Table 3.

If risk-reducing hysterectomy were performed at 25 years of age, endometrial cancer before 50 years would be prevented in 15%, 18%, 13%, and 0%, in patients with heterozygous *path_MLH1*, *path_MSH2*, *path_MSH6*, and *path_PMS2* variants, respectively, and death in 2%, 2%, 1%, and 0%. If risk-reducing BSO had been performed at 25 years of age, this would have prevented the observed risks of ovarian cancer to age 50 years of 6%, 11%, 2%, and 0% in patients with heterozygous *path_MLH1*, *path_MSH2*, *path_MSH6*, and *path_PMS2* variants, respectively. Correspondingly, the observed ovarian cancer death risks by age 50 years of 1%, 2%, 0%, and 0% would have been prevented (Tables 1 and 2).

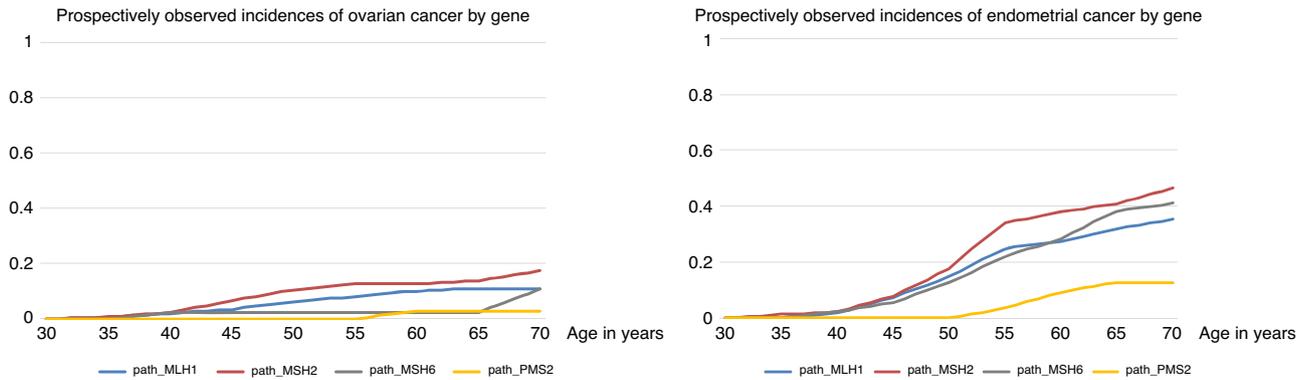


Fig. 2 Cumulative incidences of endometrial (to the right) or ovarian (to the left) cancer by age and genetic variant.

Risk-reducing hysterectomy at 40 years of age was estimated to prevent endometrial cancer by 50 years in 13%, 16%, 11%, and 0% of patients and death in 1%, 2%, 1%, and 0% for *path_MLH1*, *path_MSH2*, *path_MSH6*, and *path_PMS2* heterozygotes, respectively. Similarly, BSO carried out at 40 years of age was estimated to prevent ovarian cancer before 50 years of age in 4%, 8%, 0%, and 0%, and to prevent death before 50 years in 1%, 1%, 0%, and 0%, respectively.

DISCUSSION

In this report, we describe the consequences of RRS by age and gene on incident gynecological cancer risk and associated deaths using observational data from the PLSD from 25 to 69 years of age for different intervention and observation endpoints. Our intention is to empower individual *path_MMR* heterozygotes to make an informed choice regarding whether or not to have risk-reducing gynecological surgery, and the optimal timing for this.

The results in Tables 1, 2, and 3 showing the consequences of having or not having hysterectomy and/or BSO at various ages demonstrate for *path_MLH1*, *path_MSH2*, and *path_MSH6* heterozygotes a small cumulative cancer risk (2%) up to 40 years of age, and a more substantial risk (1.1% to 2.5% annual incidence)¹ for endometrial cancer from 40 years of age onward. For these patients, the cumulative risk for ovarian cancer from 25 to 50 years is 6%, 11%, and 2% respectively, which combined with the average mortality, which is substantially lower than in *BRCA1/2*-associated or sporadic ovarian cancer, indicate a risk of dying from a premenopausal ovarian cancer to be 1%, 2%, and 0%, respectively. There is also a risk for postmenopausal ovarian cancer. Interpretation of estimates for RRS-associated endometrial and ovarian cancer survival benefit indicates that the absolute reduction in risk of cancer death achieved by very early RRS is small. Performing RRS on 25-year-olds instead of 40-year-olds yields incidence benefits of 0–3%, depending on the *path_MMR* gene, for endometrial and ovarian cancer mortality. These risk estimates are the best we currently have for informing the outcome of premenopausal BSO.

For *path_PMS2* heterozygotes, there is no demonstrable risk for premenopausal endometrial or ovarian cancer, and therefore no argument for considering premenopausal RRS. Similarly, no increase in risk for postmenopausal ovarian cancer has been demonstrated in *path_PMS2* heterozygotes and therefore there is no argument to consider postmenopausal BSO in this group differently from the general population.^{1,12}

The cumulative risks for endometrial cancer in *path_MLH1*, *path_MSH2*, and *path_MSH6* heterozygotes illustrated in Fig. 1 may give the impression that the annual incidence rates are substantially lower at older ages. As seen in Table 1, however, this is not so: the risk for endometrial cancer remains high at older

ages. Figure 1 shows the typical S-shaped curves generated by conditional probabilities when risk initially increases with age. Because there are fewer older female heterozygotes who have not had endometrial cancer (or hysterectomy), residual risk at older ages results in a lower number of cancer cases than at younger ages, despite high annual incidence among older heterozygotes who have not already had cancer. The higher the risk in younger heterozygotes, the more pronounced this effect will be. Similarly, the combined cumulative incidence by age for endometrial or ovarian cancer as seen in Table 3 is slightly lower than the sum of the two as presented in Tables 1 and 2, because standard treatment of the one removes the risk of having the other at a later time.

While Tables 1 and 2 indicate risks for cancer and survival by age and gene at entry into each age group, any patient may input her actual age and specific genetic variant into the interactive website www.plsd.eu, which will return the risk for cancer in any organ from her current age to any future selected age. From this, one may calculate the risk of dying from that cancer using our previously published survival estimates for LS patients who are affected by that cancer. The figures derived are point estimates and should be interpreted with appropriate caution.

Daily intake of acetyl-salicylic acid (aspirin) has been demonstrated to reduce colon cancer risk in heterozygotes for *path_MMR* variants by about 50%.¹² A recent study also demonstrates a reduction in endometrial cancer incidence in heterozygotes for *path_MMR* variants taking acetyl-salicylic acid.¹³ The results in both of these reports were not stratified by MMR gene or age. The reduced cancer risk was a long-term effect and did not achieve statistical significance for endometrial cancer alone.

This report calculates the impact of RRS on gynecological cancer risk in *path_MMR* heterozygotes according to age and affected MMR gene, and reports an estimate of a survival benefit in terms of deaths that are actually prevented by RRS. Our calculations are based on the largest international LS database in the world, reporting 15,800 prospective observation years for female *path_MMR* heterozygotes. The prospective registration of incident cancers and associated deaths minimizes ascertainment bias.

There are some limitations to the current study. Low number of patients with *path_MSH6* and *path_PMS2* variants may reflect that they are infrequently identified by the Amsterdam or Bethesda criteria and are infrequently subjected to genetic testing.¹⁴ With the advent of universal screening of colorectal and endometrial cancers for LS, this situation is likely to change.⁶ We restricted our analysis to report the prospectively observed endometrial and ovarian cancer incidence and survival in women who had not had prophylactic RRS to provide a robust analysis of cancer risk and associated deaths using observational data from the PLSD. We have not investigated for endometrial or ovarian cancer after RRS. When considering survival, it must be

Table 2. Risks for ovarian cancer in heterozygotes of each *path_MMR* gene, 10-year survival, and mortality within 10 years.

Age group	Risk of ovarian cancer diagnosed in the age interval for a heterozygote without cancer at or before entry to the age group			10-year survival			Risk of ovarian cancer diagnosed in the age interval indicated and dying of this within 10 years, for a heterozygote without previous cancer at or before entry to the age group			
	<i>path_MLH1</i>	<i>path_MSH2</i>	<i>path_MSH6</i>	<i>path_PMS2</i>	<i>path_MSH2</i>	<i>path_MSH6</i>	<i>path_MLH1</i>	<i>path_MSH2</i>	<i>path_MSH6</i>	<i>path_PMS2</i>
25 to 40 years	2%	2%	2%	0%	84%	0%	0%	0%	0%	0%
25 to 50 years	6%	11%	2%	0%	84%	1%	2%	0%	0%	0%
25 to 60 years	10%	13%	2%	3%	84%	2%	2%	0%	0%	0%
25 to 70 years	11%	17%	11%	3%	84%	2%	3%	2%	2%	0%
40 to 70 years	9%	16%	9%	3%	84%	1%	3%	1%	1%	2%
50 to 70 years	5%	8%	9%	3%	84%	1%	1%	1%	1%	2%
60 to 70 years	1%	6%	9%	0%	84%	0%	1%	1%	1%	1%
40 to 50 years	4%	8%	0%	0%	84%	1%	1%	0%	0%	0%
50 to 60 years	4%	2%	0%	3%	84%	1%	0%	0%	0%	1%

To the left: the upper four rows indicate risk for ovarian cancer from 25 to 40, 50, 60, or 70 years of age, respectively, if bilateral salpingo-oophorectomy (BSO) is not undertaken before the ages indicated (i.e., the risk for cancers that could have been prevented by BSO at age 25). The middle three rows indicate the risk for heterozygotes from 40, 50, or 60 years of age, respectively, up to 70 years of age, for cancers that could be prevented by hysterectomy at age 40, 50, or 60 years of age, respectively. The lower two rows indicate the risk for heterozygotes in the age intervals indicated, for cancers that could be prevented by hysterectomy at age 40 or 50, respectively.

Table 3. Risks for ovarian or endometrial cancer in heterozygotes of each *path_MMR* gene, 10-year survival, and mortality within 10 years.

Age group	Risk for a healthy heterozygote entering the age group to develop endometrial or ovarian cancer			Combined survival by gene as interpolation of survival as fraction of endometrial and ovarian cancer			Probability of dying from endometrial or ovarian cancer diagnosed in the age group				
	<i>path_MLH1</i>	<i>path_MSH2</i>	<i>path_MSH6</i>	<i>path_PMS2</i>	<i>path_MLH1</i>	<i>path_MSH2</i>	<i>path_MSH6</i>	<i>path_MLH1</i>	<i>path_MSH2</i>	<i>path_MSH6</i>	<i>path_PMS2</i>
25 to 40 years	4%	5%	5%	87%	87%	87%	87%	1%	1%	1%	0%
25 to 50 years	20%	27%	15%	88%	87%	88%	88%	2%	3%	2%	0%
25 to 60 years	35%	47%	30%	88%	88%	89%	89%	4%	6%	3%	1%
25 to 70 years	43%	58%	48%	88%	88%	88%	88%	5%	7%	6%	2%
40 to 70 years	41%	56%	46%	88%	88%	88%	88%	5%	7%	5%	2%
50 to 70 years	29%	42%	39%	88%	88%	88%	88%	3%	5%	5%	2%
60 to 70 years	12%	20%	26%	89%	88%	87%	87%	1%	2%	3%	1%
40 to 50 years	17%	23%	11%	88%	87%	89%	89%	2%	3%	1%	0%
50 to 60 years	19%	28%	18%	88%	89%	89%	89%	2%	3%	2%	2%

To the left: the upper four rows indicate risk for ovarian cancer from 25 to 40, 50, 60, or 70 years of age, respectively if hysterectomy and bilateral salpingo-oophorectomy (BSO) are not undertaken before the ages indicated (i.e., the risk for cancers that could have been prevented by hysterectomy and BSO at age 25). The middle three rows indicate the risk for heterozygotes from 40, 50, or 60 years of age, respectively, up to 70 years of age, for cancers that could be prevented by hysterectomy and BSO at age 40, 50, or 60 years of age, respectively. The lower two rows indicate the risk for heterozygotes in the age intervals indicated, for cancers that could be prevented by hysterectomy and BSO at age 40 or 50, respectively.

remembered that the results presented here were obtained prior to use of immunotherapy for microsatellite unstable tumors: future treatment modalities may further improve the survival, which is already much better than in sporadic or *BRCA*-associated ovarian cancer. Improved imaging and liquid biopsy may make early diagnosis and treatment more effective in future. We have assumed that all bilateral oophorectomies were BSO because type of RRS was not included in our data call.

There is a time-trend bias in the uptake of risk-reducing hysterectomy and BSO: older women may not have had the same option of early risk-reducing surgery that is advocated and available today (and they may not have known they were at risk when they were younger) and the uptake among older women may not be representative of what younger heterozygotes choose today. Because of the inherent time-trend bias, from which no statistical procedures can escape, we considered it inappropriate to investigate the reported uptake of these interventions using more sophisticated statistical methods.

The offer of RRS is currently recommended for women with *path_MMR* variants no earlier than 35–40 years of age⁶ (also see Seppala et al.,⁷ patient 2286). Our intention is to empower individual *path_MMR* heterozygotes to make an informed choice. We do not make management recommendations; rather, we promote personal choice for each *path_MMR* heterozygote based on current data. Since the figures derived are point estimates and should be interpreted with appropriate caution, the use of this information in decision making should be discussed with appropriately trained health-care professionals.

Conclusions

Our findings may be useful when disclosing results of genetic testing for *path_MMR* variants, since female heterozygotes have to decide which health-care options to select to manage their gynecological cancer risks. Clinical guideline recommendations should now be updated to take account of empirically observed risks for endometrial or ovarian cancers in *path_MMR* heterozygotes by age and gene.

DATA AVAILABILITY

The data sets used and/or analyzed during the current study are available from the corresponding author on reasonable request. We have published a website (www.lscarisk.org) on which cancer risks for all published data can be reviewed and calculated in graphic form.

Received: 2 June 2020; Accepted: 21 October 2020;
Published online: 01 December 2020

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ACKNOWLEDGEMENTS

The study was supported by a Pink Ribbon grant (194751) from Den Norske Kreftforening to E.H. We express our gratitude to Heikki Järvinen, Beatrice Alcalá-Repo, Teresa Ocaña, María Pellisé, Sabela Carballal, Liseth Rivero, Lorena Moreno, Gerhard Jung, Antoni Castells, Joaquin Cubiella, Laura Rivas, Luis Bujanda, Inés Gil, Jesús Bañales, Catalina Garau, Rodrigo Jover, María Dolores Picó, Xavier Bessa, Cristina Álvarez, Montserrat Andreu, Carmen Poves, Pedro Pérez Segura, Lucía Cid, Marta Carrillo, Enrique Quintero, Ángeles Pizarro, Marta Garzón, Adolfo Suárez, Inmaculada Salces, Daniel Rodríguez-Alcalde, Judith Balmaña, Adrià López, Nuria Dueñas, Gemma Llorc, Carmen Yagüe, Teresa Ramón i Cajal, David Fisas Masferrer, Alexandra Gisbert Beamud, Consol López San Martín, Maite Herráiz, Pilar Pérez, Cristina Carretero, Maite Betés, Marta Ponce, Elena Aguirre, Nora Alfaro, Carlos Sarroca, and Marianne Haeusler for their efforts over many years. We also thank the Finnish Cancer Foundation, Jane and Aatos Erkkö Foundation, Emil Aaltonen Foundation, Finnish Medical Foundation, Instrumentarium Science Foundation, Sigrid Juselius Foundation, and the Norwegian Cancer Society (contract 194751–2017) for funding. D.G.E. and E.J.C. are supported by the all Manchester National Institute for Health Research (NIHR) Biomedical Research Center (IS-BRC-1215–20007) and J.R.S. by Health and Care Research Wales through Wales Gene Park. N.R. was a Medical Research Council Doctoral Research Fellow (MR/M018431/1). Research reported in this publication was supported by the National Cancer Institute (NCI) of the National Institutes of Health (NIH) under award number UM1CA167551 and through cooperative agreements with the following The Colon Cancer Family Registry (CCFR) centers: Australasian Colorectal Cancer Family Registry (NCI/NIH U01 CA074778 and U01/U24 CA097735), Mayo Clinic Cooperative Family Registry for Colon Cancer Studies (NCI/NIH U01/U24 CA074800), Ontario Familial Colorectal Cancer Registry (NCI/NIH U01/U24 CA074783), Seattle Colorectal Cancer Family Registry (NCI/NIH U01/U24 CA074794), University of Hawaii Colorectal Cancer Family Registry (NCI/NIH U01/U24 CA074806 and R01 CA104132 to L.L.), USC Consortium Colorectal Cancer Family Registry (NCI/NIH U01/U24 CA074799). The German Consortium for Familial Intestinal Cancer has been supported by grants from the German Cancer Aid. Data collection from Wales, UK was supported by the Wales Gene Park. This work was cofunded by the European Regional Development Fund (ERDF). M.N. and S.W.t.B. were supported by a grant from the Dutch Cancer Society (DCS), grant number UL 2017-8223. G.C., M.P., and J.B.V. were funded by the Spanish Ministry of Economy and Competitiveness and cofunded by FEDER funds (A Way to Build Europe) (grant SAF2015-68016-R), CIBERONC, the Government of Catalonia (grant 2017SGR1282).

AUTHOR CONTRIBUTIONS

MD-V, EC and PM designed the study and wrote the manuscript with TTS and JRS. PM calculated the results. All others: acquisition of data, commenting and revising the manuscript.

COMPETING INTERESTS

Reinhard Büttner: Co-founder and the chief scientific officer of Targos Mol Path Inc., Kassel, Germany. Sir Joh Burn: Has a patent for high speed low cost tumour profiling pending to John Burn and QuantuMDx.

ETHICS DECLARATION

All reporting centers exported de-identified data to the PLSD and the patients had been followed up prospectively according to local clinical guidelines, as previously described.^{1–4,9,10,15}

ADDITIONAL INFORMATION

The online version of this article (<https://doi.org/10.1038/s41436-020-01029-1>) contains supplementary material, which is available to authorized users.

Correspondence and requests for materials should be addressed to M.D.-V, E. J.C. or P.M.

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Mev Dominguez-Valentin, PhD^{1,75}✉, Emma J. Crosbie, PhD, MRCOG^{2,3,75}✉, Christoph Engel, MD⁴, Stefan Aretz, MD^{5,6}, Finlay Macrae, MD^{7,8}, Ingrid Winship, MD^{7,8}, Gabriel Capella, MD⁹, Huw Thomas, PhD, FRCP¹⁰, Sigve Nakken, PhD^{1,11}, Eivind Hovig, PhD^{1,12}, Maartje Nielsen, MD¹³, Rolf H. Sijmons, MD¹⁴, Lucio Bertario, MD^{15,16}, Bernardo Bonanni, MD¹⁵, Maria Grazia Tibiletti, MD¹⁷, Giulia Martina Cavestro, MD¹⁸, Miriam Mints, MD¹⁹, Nathan Gluck, MD, PhD^{20,21}, Lior Katz, MD²², Karl Heinemann, MD²³, Carlos A. Vaccaro, MD^{24,25}, Kate Green, MD²⁶, Fiona Lalloo, MD, FRCP²⁶, James Hill, MD²⁷, Wolff Schmiegel, MD²⁸, Deepak Vangala, MD²⁸, Claudia Perne, MD^{5,6}, Hans-Georg Strauß, MD²⁹, Johanna Tecklenburg, MD³⁰, Elke Holinski-Feder, MD^{31,32}, Verena Steinke-Lange, MD^{31,32}, Jukka-Pekka Mecklin, MD^{33,34}, John-Paul Plazzer, BE³⁵, Marta Pineda, PhD³⁶, Matilde Navarro, MD³⁶, Joan Brunet Vidal, MD³⁶, Revital Kariv, MD²¹, Guy Rosner, MD²¹, Tamara Alejandra Piñero, PhD²⁵, María Laura Gonzalez, MD²⁵, Pablo Kalfayan, MD²⁵, Neil Ryan, MD, PhD², Sanne W. ten Broeke, MD, PhD¹⁴, Mark A. Jenkins, PhD³⁷, Lone Sunde, MD^{38,39}, Inge Bernstein, MD^{40,41}, John Burn, MD, FMedSci⁴², Marc Greenblatt, MD⁴³, Wouter H. de Vos tot Nederveen Cappel, MD⁴⁴, Adriana Della Valle, MD⁴⁵, Francisco Lopez-Koestner, MD⁴⁶, Karin Alvarez, PhD⁴⁶, Reinhard Büttner, MD⁴⁷, Heike Görgens, MD⁴⁸, Monika Morak, PhD^{31,32}, Stefanie Holzappel, MD^{6,49}, Robert Hüneburg, MD^{6,49}, Magnus von Knebel Doeberitz, MD^{50,51}, Markus Loeffler, MD⁴, Nils Rahner, MD⁵², Jürgen Weitz, MD⁴⁸, Kirsi Pylvänäinen, MD⁵³, Laura Renkonen-Sinisalo, MD⁵⁴, Anna Lepistö, MD⁵⁵, Annika Auranen, MD⁵⁴, John L. Hopper, PhD⁵⁷, Aung Ko Win, PhD³⁷, Robert W. Haile, PhD⁵⁶, Noralane M. Lindor, MD⁵⁷, Steven Gallinger, MD, PhD⁵⁸, Loïc Le Marchand, PhD⁵⁹, Polly A. Newcomb, PhD⁶⁰, Jane C. Figuereido, PhD⁶¹, Stephen N. Thibodeau, PhD⁶², Christina Therkildsen, PhD⁶³, Henrik Okkels, PhD⁶⁴, Zohreh Ketabi, MD⁶⁵, Oliver G. Denton, BSc⁶⁶, Einar Andreas Rødland, PhD¹, Hans Vasen, MD⁶⁷, Florencia Neffa, MD⁴⁷, Patricia Esperon, PhD⁴⁷, Douglas Tjandra, MD^{68,69}, Gabriela Möslin, MD⁷⁰, Julian R. Sampson, DM, FMedSci⁶⁶, D. Gareth Evans, MD, FRCP^{71,72}, Toni T. Seppälä, MD, PhD^{73,74} and Pål Møller, MD¹✉

¹Department of Department of Tumor Biology, Institute of Cancer Research, The Norwegian Radium Hospital, Oslo, Norway. ²Division of Cancer Sciences, Faculty of Biology, Medicine and Health, University of Manchester and St Mary's Hospital, Manchester, UK. ³Directorate of Gynaecology, Manchester University NHS Foundation Trust, Manchester, UK. ⁴Institute for Medical Informatics, Statistics and Epidemiology, University of Leipzig, Leipzig, Germany. ⁵Institute of Human Genetics, University of Bonn, Bonn, Germany. ⁶National Center for Hereditary Tumor Syndromes, University Hospital Bonn, Bonn, Germany. ⁷Colorectal Medicine and Genetics, The Royal Melbourne Hospital, Melbourne, Australia. ⁸Department of Medicine, Melbourne University, Melbourne, Australia. ⁹Hereditary Cancer Program, Institut Catal. d'Oncologia-IDIBELL, L'Hospitalet de Llobregat, Barcelona, Spain. ¹⁰St Mark's Hospital, Department of Surgery and Cancer, Imperial College London, London, UK. ¹¹Centre for Cancer Cell Reprogramming, Institute of Clinical Medicine, Faculty of Medicine, University of Oslo, Oslo, Norway. ¹²Department of Informatics, University of Oslo, Oslo, Norway. ¹³Leids Universitair Medisch Centrum, Leiden, Netherlands. ¹⁴Department of Genetics, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands. ¹⁵IEO, European Institute of Oncology IRCCS, Milan, Italy. ¹⁶Fondazione IRCCS Istituto Nazionale dei Tumori, Milan, Italy. ¹⁷Ospedale di Circolo ASST Settelaghi, Centro di Ricerca tumori eredo-familiari, Università dell'Insubria, Varese, Italy. ¹⁸Gastroenterology and Gastrointestinal Endoscopy Unit, Vita-Salute San Raffaele University, San Raffaele Scientific Institute, Milan, Italy. ¹⁹Department of Women's and Children's health, Division of Obstetrics and Gynaecology, Karolinska Institutet, Karolinska University Hospital, Solna, Stockholm, Sweden. ²⁰Tel-Aviv Sourasky Medical Center, Research Center for Digestive Disorders and Liver Diseases, Tel-Aviv, Israel. ²¹Department of Gastroenterology, Tel-Aviv Sourasky Medical Center and Sackler Faculty of Medicine, Tel-Aviv University, Tel-Aviv, Israel. ²²High Risk and GI Cancer prevention Clinic, Gastro-Oncology Unit, The Department of Gastroenterology, Sheba Medical Center, Tel-Aviv, Israel. ²³Medical Genetics, Institute for Medical Genetics and Pathology, University Hospital Basel, Basel, Switzerland. ²⁴Hereditary Cancer Program (PROCANHE) Hospital Italiano de Buenos Aires, Buenos Aires, Argentina. ²⁵Instituto de Ciencias Básicas y Medicina Experimental (ICBME)-Instituto Universitario (IU)-Hospital, Buenos Aires, Argentina. ²⁶Manchester Centre for Genomic Medicine, Manchester University Hospitals NHS Foundation Trust, Manchester, UK. ²⁷Department of Surgery, Manchester University Hospitals NHS Foundation Trust and University of Manchester, Manchester, UK. ²⁸Department of Medicine, Knappschafts-Krankenhaus, Ruhr-University Bochum, Bochum, Germany. ²⁹Department of Gynaecology, University Clinics, Martin-Luther University, Halle-Wittenberg, Germany. ³⁰Institute of Human Genetics, Hannover Medical School, Hannover, Germany. ³¹Medizinische Klinik und Poliklinik IV, Campus Innenstadt, Klinikum der Universität München, Munich, Germany. ³²MGZ Medical Genetics Center, Munich, Germany. ³³Faculty of Sport and Health Sciences, University of Jyväskylä, Jyväskylä, Finland. ³⁴Department of Surgery, Central Finland Health Care District, Jyväskylä, Finland. ³⁵The Royal Melbourne Hospital, Melbourne, Australia. ³⁶Hereditary Cancer Program, Institut Català d'Oncologia-IDIBELL, L'Hospitalet de Llobregat, Barcelona, Spain. ³⁷Centre for Epidemiology and Biostatistics, Melbourne School of Population and Global Health, The University of Melbourne, Parkville, VIC, Australia. ³⁸Department of Clinical Genetics, Aalborg University Hospital, Aalborg, Denmark. ³⁹Department of Biomedicine, Aarhus University, Aarhus, Denmark. ⁴⁰Department of Surgical Gastroenterology, Aalborg University Hospital, Aalborg, Denmark. ⁴¹Department of Clinical Medicine, Aalborg University, Aalborg, Denmark. ⁴²Faculty of Medical Sciences, Newcastle University, Newcastle upon Tyne, UK. ⁴³University of Vermont, Larner College of Medicine, Burlington, VT 05405, USA. ⁴⁴Department of Gastroenterology and Hepatology, Isala Clinics, Zwolle, The Netherlands. ⁴⁵Grupo Colaborativo Uruguayo, Investigación de Afecciones Oncológicas Hereditarias (GCU), Hospital Fuerzas Armadas, Montevideo, Uruguay. ⁴⁶Lab. Oncología y Genética Molecular, Unidad de coloproctología Clínica Las Condes, Santiago, Chile. ⁴⁷Institute of Pathology, University of Cologne, Cologne, Germany. ⁴⁸Department of Surgery,

Technische Universität Dresden, Dresden, Germany. ⁴⁹Department of Internal Medicine I, University Hospital Bonn; National Center for Hereditary Tumor Syndromes, University Hospital Bonn, Bonn, Germany. ⁵⁰Department of Applied Tumour Biology, Institute of Pathology, University Hospital Heidelberg, Heidelberg, Germany. ⁵¹Cooperation Unit Applied Tumour Biology, German Cancer Research Center (DKFZ), Heidelberg, Germany. ⁵²Institute of Human Genetics, Medical School, Heinrich Heine University, Duesseldorf, Germany. ⁵³Department of Education and Science, Central Finland Health Care District, yväskylä, Finland. ⁵⁴Department of Obstetrics and Gynecology and Tays Cancer Centre, Tampere University Hospital and Tampere University, Tampere, Finland. ⁵⁵Department of Gastrointestinal Surgery, Helsinki University Central Hospital, Applied Tumour Genomics Research Program, University of Helsinki, Helsinki, Finland. ⁵⁶Department of Medicine, Division of Oncology, Stanford Cancer Institute, Stanford University, Stanford, USA. ⁵⁷Department of Health Science Research, Mayo Clinic Arizona, Phoenix, AZ, USA. ⁵⁸Lunenfeld Tanenbaum Research Institute, Mount Sinai Hospital, University of Toronto, Toronto, ON, Canada. ⁵⁹University of Hawaii Cancer Center, Honolulu, HI, USA. ⁶⁰Public Health Sciences Division, Fred Hutchinson Cancer Research Center, Seattle, WA, USA. ⁶¹Public Health Sciences Division, Fred Hutchinson Cancer Research Center, Seattle, WA, USA. ⁶²Department of Laboratory Medicine and Pathology, Mayo Clinic, Rochester, MN, USA. ⁶³The Danish HNPCC register, Clinical Research Centre, Copenhagen University Hospital, Hvidovre, Denmark. ⁶⁴Department of Molecular Diagnostics, Aalborg University Hospital, Aalborg, Denmark. ⁶⁵Dept. of Obstetrics and Gynaecology, Copenhagen University Hospital, Rigshospitalet, Denmark. ⁶⁶Institute of Medical Genetics, Division of Cancer and Genetics, Cardiff University School of Medicine, Cardiff, UK. ⁶⁷Department of Gastroenterology and Hepatology, Leiden University Medical Centre, Leiden, The Netherlands. ⁶⁸Colorectal Medicine and Genetics, The Royal Melbourne Hospital, Melbourne, Australia. ⁶⁹Department of Medicine, Melbourne University, Melbourne, Australia. ⁷⁰Surgical Center for Hereditary Tumors, Ev. Bethesda Khs Duisburg, University Witten-Herdecke, Herdecke, Germany. ⁷¹Division of Evolution and Genomic Medicine, University of Manchester, Manchester, UK. ⁷²Manchester Centre for Genomic Medicine, Manchester University NHS Foundation Trust, Manchester Academic Health Science Centre, Manchester, UK. ⁷³Department of Gastrointestinal Surgery, Helsinki University Central Hospital, University of Helsinki, Helsinki, Finland. ⁷⁴Department of Surgical Oncology, Johns Hopkins Hospital, Baltimore, MD, USA. ⁷⁵These authors contributed equally: Mev Dominguez-Valentin, Emma J. Crosbie. ✉email: mev.dominguez.valentin@rr-research.no; Emma.Crosbie@manchester.ac.uk; moller.pal@gmail.com