

This is an Open Access document downloaded from ORCA, Cardiff University's institutional repository: <https://orca.cardiff.ac.uk/id/eprint/136847/>

This is the author's version of a work that was submitted to / accepted for publication.

Citation for final published version:

Rice, Frances , Ng-Knight, Terry, Riglin, Lucy, Powell, Victoria, Moore, Graham F. , McManus, Chris I., Shelton, Katherine H. and Frederickson, Norah 2021. Pupil mental health, concerns and expectations about secondary school as predictors of adjustment across the transition to secondary school: A longitudinal multi-informant study. *School Mental Health* 13 , pp. 279-298. 10.1007/s12310-021-09415-z

Publishers page: <http://dx.doi.org/10.1007/s12310-021-09415-z>

Please note:

Changes made as a result of publishing processes such as copy-editing, formatting and page numbers may not be reflected in this version. For the definitive version of this publication, please refer to the published source. You are advised to consult the publisher's version if you wish to cite this paper.

This version is being made available in accordance with publisher policies. See <http://orca.cf.ac.uk/policies.html> for usage policies. Copyright and moral rights for publications made available in ORCA are retained by the copyright holders.



## Figure 1

### *The Secondary Transition Adjustment Rating Tool (START)*

#### **Question stems**

Parents (pre-transition): Do you expect your child to settle in well at secondary school?

Teachers (pre-transition): Do you expect this child to settle in well at secondary school?

Parents (post-transition): My child has settled in well at secondary school...

Teachers (post-transition): This child has settled in well at secondary school...

---

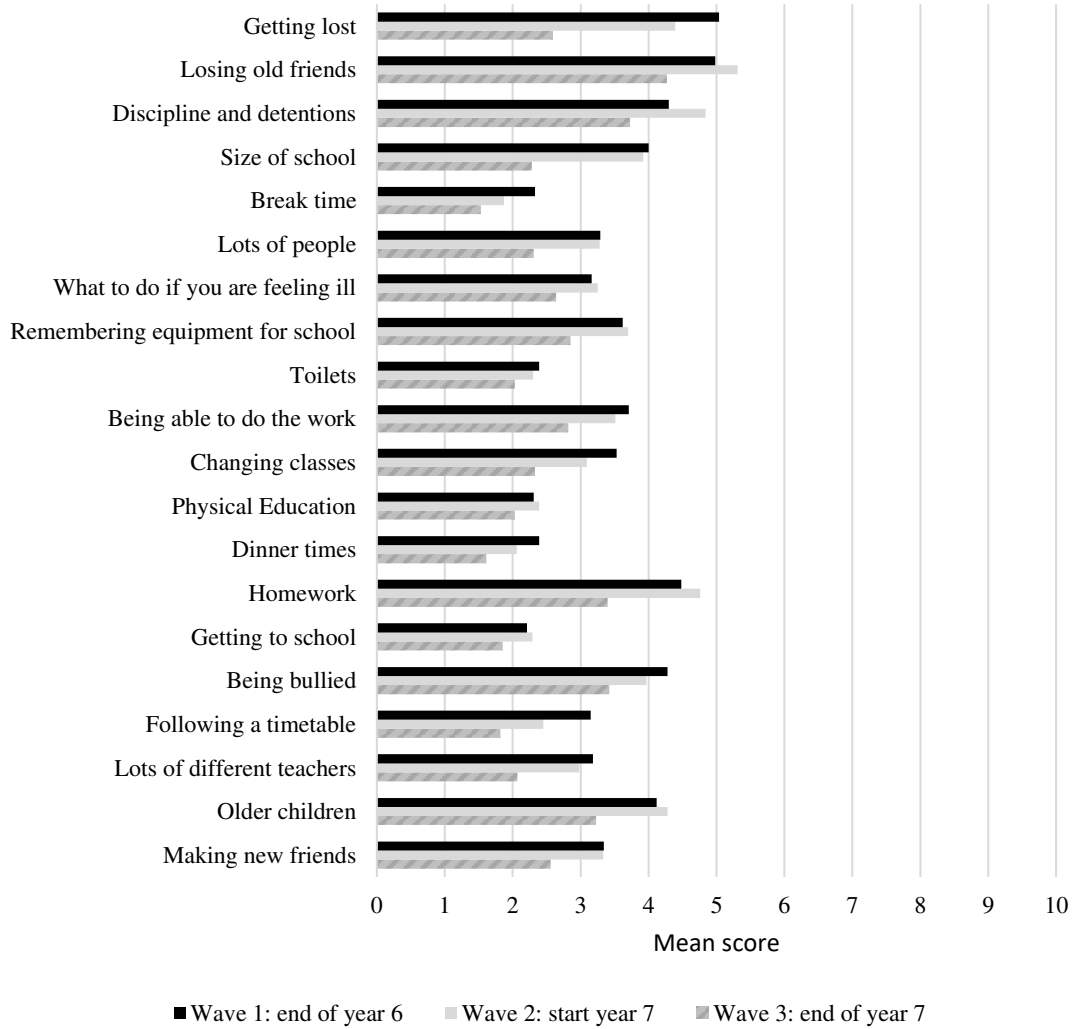
	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree
● Academically	1	2	3	4	5
● Socially (with peers)	1	2	3	4	5
● Socially (with teachers)	1	2	3	4	5
● To the new routine	1	2	3	4	5

---

# TRANSITION TO SECONDARY AND PUPIL ADJUSTMENT

**Figure 2**

*Pupil Concerns Across Study Waves*



**Figure 3**

*Pupil Concerns for Males and Females Separately Across Study Waves*

