
Publishers page: http://dx.doi.org/10.1016/S1470-2045(17)30457-6
<http://dx.doi.org/10.1016/S1470-2045(17)30457-6>

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First-line selective internal radiotherapy plus chemotherapy versus chemotherapy alone in patients with liver metastases from colorectal cancer (FOXFIRE, SIRFLOX, and FOXFIRE-Global): a combined analysis of three multicentre, randomised, phase 3 trials

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Summary

Background Data suggest selective internal radiotherapy (SIRT) in third-line or subsequent therapy for metastatic colorectal cancer has clinical benefit in patients with colorectal liver metastases with liver-dominant disease after chemotherapy. The FOXFIRE, SIRFLOX, and FOXFIRE-Global randomised studies evaluated the efficacy of combining first-line chemotherapy with SIRT using yttrium-90 resin microspheres in patients with metastatic colorectal cancer with liver metastases. The studies were designed for combined analysis of overall survival.

Methods FOXFIRE, SIRFLOX, and FOXFIRE-Global were randomised, phase 3 trials done in hospitals and specialist liver centres in 14 countries worldwide (Australia, Belgium, France, Germany, Israel, Italy, New Zealand, Portugal, South Korea, Singapore, Spain, Taiwan, the UK, and the USA). Chemotherapy-naive patients with metastatic colorectal cancer (WHO performance status 0 or 1) with liver metastases not suitable for curative resection or ablation were randomly assigned (1:1) to either oxaliplatin-based chemotherapy (FOLFOX: leucovorin, fluorouracil, and oxaliplatin) or FOLFOX plus single treatment SIRT concurrent with cycle 1 or 2 of chemotherapy. In FOXFIRE, FOLFOX chemotherapy was OxMdG (oxaliplatin modified de Gramont chemotherapy; 85 mg/m² oxaliplatin infusion over 2 h, L-leucovorin 175 mg or D,L-leucovorin 350 mg infusion over 2 h, and 400 mg/m² bolus fluorouracil followed by a 2400 mg/m² continuous fluorouracil infusion over 46 h). In SIRFLOX and FOXFIRE-Global, FOLFOX chemotherapy was modified FOLFOS6 (85 mg/m² oxaliplatin infusion over 2 h, 200 mg leucovorin, and 400 mg/m² bolus fluorouracil followed by a 2400 mg/m² continuous fluorouracil infusion over 46 h). Randomisation was done by central minimisation with four factors: presence of extrahepatic metastases, tumour involvement of the liver, planned use of a biological agent, and investigational centre. Participants and investigators were not masked to treatment. The primary endpoint was overall survival, analysed in the intention-to-treat population, using a two-stage meta-analysis of pooled individual patient data. All three trials have completed 2 years of follow-up. FOXFIRE is registered with the ISRCTN registry, number ISRCTN83867919. SIRFLOX and FOXFIRE-Global are registered with ClinicalTrials.gov, numbers NCT00724503 (SIRFLOX) and NCT01721954 (FOXFIRE-Global).

Findings Between Oct 11, 2006, and Dec 23, 2014, 549 patients were randomly assigned to FOLFOX alone and 554 patients were assigned FOLFOX plus SIRT. Median follow-up was 43·3 months (IQR 31·6–58·4). There were 411 (75%) deaths in 549 patients in the FOLFOX alone group and 433 (78%) deaths in 554 patients in the FOLFOX plus SIRT group. There was no difference in overall survival (hazard ratio [HR] 1·04, 95% CI 0·90–1·19; p=0·61). The median survival time in the FOLFOX plus SIRT group was 22·6 months (95% CI 21·0–24·5) compared with 23·3 months (21·8–24·7) in the FOLFOX alone group. In the safety population containing patients who received at least one dose of study treatment, as treated, the most common grade 3–4 adverse event was neutropenia (137 [24%] of 571 patients receiving FOLFOX alone vs 186 [37%] of 507 patients receiving FOLFOX plus SIRT). Serious adverse events of any grade occurred in 244 (43%) of 571 patients receiving FOLFOX alone and 274 (54%) of 507 patients receiving FOLFOX plus SIRT. 10 patients in the FOLFOX plus SIRT group and 11 patients in the FOLFOX alone group died due to an adverse event; eight treatment-related deaths occurred in the FOLFOX plus SIRT group and three treatment-related deaths occurred in the FOLFOX alone group.

Interpretation Addition of SIRT to first-line FOLFOX chemotherapy for patients with liver-only and liver-dominant metastatic colorectal cancer did not improve overall survival compared with that for FOLFOX alone. Therefore, early use of SIRT in combination with chemotherapy in unselected patients with metastatic colorectal cancer cannot be recommended. To further define the role of SIRT in metastatic colorectal cancer, careful patient selection and studies investigating the role of SIRT as consolidation therapy after chemotherapy are needed.
Introduction

Metastatic disease affects approximately 40–50% of the more than one million patients diagnosed with colorectal cancer worldwide every year. 5-year overall survival for patients with metastatic colorectal cancer is approximately 13%. The liver is the dominant site of metastases in colorectal cancer and liver metastases are the commonest cause of death for patients with colorectal cancer.1

Modest, but steady, advances in systemic therapy have improved the outlook for patients with metastatic colorectal cancer over the past two decades.Nevertheless, surgery remains the only curative treatment. In this disease, compelling evidence suggests that improved local control of colorectal liver metastases could translate into prolonged overall survival. After complete resection of liver metastases from metastatic colorectal cancer, approximately 35–40% of patients survive for 5 years. In the European Organisation for Research and Treatment of Cancer (EORTC) intergroup CLOCC 40004, randomised study of the addition of radiofrequency ablation with or without surgery to chemotherapy in 119 patients with up to nine colorectal liver metastases, a significant effect on progression-free survival did translate into a significant overall survival benefit. At present, the proportion of patients eligible for surgical resection is only 20%. Among the liver-directed therapies that might improve local control and increase downsizing of tumours to operability, selective internal radiation therapy (SIRT) is a leading technology.4 SIR-Spheres Y-90 resin microspheres (Sirtex Medical Limited; Sydney, NSW, Australia) containing the β-emitter yttrium-90 (Y-90) are delivered into the arterial supply of the liver under fluoroscopic guidance. The delivery of the resin microspheres into branches of the hepatic artery, which supplies the majority of blood to liver tumours, results in selective targeting by high-dose radiotherapy because the healthy liver is supplied predominantly by the portal venous system and therefore relatively spared from radiation exposure.9

Research in context

Evidence before this study

Metastatic disease affects up to 50% of the more than one million patients diagnosed with colorectal cancer worldwide every year. The liver is the dominant site of metastases in colorectal cancer; liver metastases are the commonest cause of death for patients with colorectal cancer. Amongst the liver-directed therapies that might improve local control and decrease downsizing of tumours to operability, selective internal radiation therapy (SIRT) is a new technology. The efficacy of SIRT in third-line or subsequent therapy for metastatic colorectal cancer has been evaluated and there are data to suggest that SIRT has clinical benefit in patients with colorectal liver metastases with liver-dominant disease after chemotherapy. We previously published a phase 1/2 trial that established the maximum tolerated dose of oxaliplatin-fluorouracil (FOLFOX) chemotherapy to combine as concomitant radiosensitising chemotherapy with SIRT. At the time of planning our studies in 2006, we searched PubMed and Web of Science for articles published between Jan 1, 1980, and May 31, 2006, with the search terms: "colorectal cancer", "colon cancer", "rectal cancer", "oxaliplatin chemotherapy", "5-fluorouracil chemotherapy", "fluropirimidine", "selective internal radiotherapy", "yttrium-90 microsphere", "radio-embolisation", "radio-embolisation", "trans-arterial radio-embolisation", "liver metastasis", and "hepatic metastasis". Original articles and review articles, published in English, were reviewed. No meta-analyses of SIRT treatment of liver metastasis were identified at the time of protocol writing in 2006.

Added value of this study

The FOXFIRE, SIRFOX, and FOXFIRE-Global, randomised clinical trials were designed to study whether SIRT in combination with FOLFOX chemotherapy as first-line therapy for metastatic colorectal cancer can improve overall survival compared with FOLFOX alone. To our knowledge, the combined study represents the largest, randomised analysis performed in the field of interventional oncology to address the question of whether improved local control of colorectal liver metastases impacts on overall survival. Despite higher proportions of patients achieving a response and improved liver-specific progression-free survival, the addition of SIRT to first-line oxaliplatin-fluorouracil chemotherapy for patients with liver-only and liver-dominant metastatic colorectal cancer did not improve overall survival or progression-free survival. Additionally, to our knowledge, this study provides the most comprehensive account of the risk of adverse events which can occur secondary to SIRT when it is used in combination with FOLFOX chemotherapy.

Implications of all the available evidence

Because of the absence of overall survival benefit, early use of SIRT in combination with first-line, oxaliplatin-fluorouracil-based chemotherapy in unselected patients with metastatic colorectal cancer cannot be recommended. Careful patient selection and studies investigating the role of SIRT as a post-chemotherapy consolidation therapy are required to define the role of SIRT in treating metastatic colorectal cancer.
Building on our phase 1/2 trial, in which we established the maximum tolerated dose of oxaliplatin-fluorouracil (FOLFOX) chemotherapy to combine as concomitant radiosensitising chemotherapy with SIRT,10 the FOXFIRE, SIRFLOX, and FOXFIRE-Global clinical trials were designed to study SIRT in combination with FOLFOX chemotherapy compared with FOLFOX alone as first-line therapy for metastatic colorectal cancer.11,12 Eligibility criteria and trial designs were pre-planned to be similar so that the three trials could be prospectively combined for analysis of overall survival and secondary endpoints. We previously reported that the combination of SIRT with FOLFOX in SIRFLOX13 increased liver-specific progression-free survival compared with FOLFOX chemotherapy alone, but there was no effect on overall progression-free survival. In this combined study, we sought to address the question of whether improved local control of colorectal liver metastases impacts on overall survival.

Methods

Study design and participants

The FOXFIRE, SIRFLOX, and FOXFIRE-Global randomised, phase 3 trials were done in 14 countries (Australia, Belgium, France, Germany, Israel, Italy, New Zealand, Portugal, South Korea, Singapore, Spain, Taiwan, the UK, and the USA): in 28 hospitals and specialist liver centres for FOXFIRE, 87 hospitals or centres for SIRFLOX, and 69 hospitals or centres for FOXFIRE-Global (appendix pp 28–34). Two complementary trials were originally planned (FOXFIRE and SIRFLOX), but the FOXFIRE study took longer than anticipated to set up and recruit, so a third study (FOXFIRE-Global) was added as an independent trial.

Patients had to be eligible for systemic chemotherapy as first-line treatment for metastatic colorectal cancer.11,12 Eligibility criteria were similar between the three trials, but not identical. Similarities and differences are highlighted in the combined study protocol paper.14 Inclusion criteria included histologically confirmed colorectal cancer with liver-only or liver-dominant metastases with or without the primary tumour in situ, WHO performance status of 0 or 1, limited extrahepatic disease, age of 18 years or older, and life expectancy 3 months or longer. The full list of inclusion criteria have previously been published.14 Eligibility was confirmed by haematological, renal, and hepatic function tests. Exclusion criteria included ascites, cirrhosis, or portal hypertension (all established by clinical or radiological assessment); thrombosis of the main portal vein; and peripheral neuropathy grade 1 or worse. Full lists of exclusion criteria have previously been published.13,14

The trials were done according to the principles of ISO14155 Good Clinical Practice and the Declaration of Helsinki. All participants provided written, informed consent. The protocols for FOXFIRE and SIRLOX trials and for this combined study have previously been published.13,14

Randomisation and masking

In all three trials, patients were randomly assigned (1:1) to either FOLFOX chemotherapy alone or FOLFOX plus SIRT with minimisation, based on the strata metastasis site (liver-only vs liver plus extrahepatic metastases), extent of tumour involvement of the liver (≤25% vs >25% measured objectively on baseline CT scan), planned use of a biological agent, and investigational centre.

In FOXFIRE, patients were allocated using minimisation with a probability of 0·8 to the treatment that most reduced the imbalance of the above factors. If there were equal numbers of patients in each treatment group, then patients were allocated to each treatment with a probability of 0–5. The first 30 treatments were allocated using (simple) block randomisation (using variable block sizes of 2, 4, and 6 in a ratio of 1:2:1). In SIRFLOX and FOXFIRE-Global, an imbalance window of 5 was used; if the treatment imbalance between the two groups was less than 5, the treatment was randomly allocated. If the treatment imbalance reached 5, the next treatment allocation was forced to reduce the imbalance. In FOXFIRE, computer-based randomisation was done centrally at the Oncology Clinical Trials Office (OCTO; Oxford, UK). While the trial was in progress, access to the full randomisation lists was restricted to the Database Development Manager at OCTO and the trial statistician at the Centre for Statistics in Medicine (CSM; Oxford, UK). In SIRFLOX and FOXFIRE-Global, randomisation was done centrally at the National Health and Medical Research Council Clinical Trials Centre (Camperdown, NSW, Australia) via an interactive voice response system. Participants were enrolled by the investigators in all three trials. As none of the trials were masked, once patients were allocated to treatment, participants, all members of the trial team, and treating medical staff knew the treatment allocation.

Procedures

In FOXFIRE, systemic FOLFOX chemotherapy consisted of OxMdG (oxaliplatin modified de Gramont chemotherapy; 85 mg/m² oxaliplatin infusion over 2 h, L-leucovorin 175 mg or D,L-leucovorin 350 mg infusion over 2 h, and 400 mg/m² bolus fluorouracil followed by a 2400 mg/m² continuous fluorouracil infusion over 46 h). Systemic FOLFOX chemotherapy in SIRFLOX and FOXFIRE-Global consisted of modified FOLFOX6 (85 mg/m² oxaliplatin infusion over 2 h, 200 mg leucovorin, and 400 mg/m² bolus fluorouracil followed by a 2400 mg/m² continuous fluorouracil infusion over 46 h). Oxaliplatin and fluorouracil were from hospital stock; D,L-leucovorin referred to the racemic mixture. In FOXFIRE, protocol chemotherapy was 12 cycles; in SIRFLOX and FOXFIRE-Global, protocol chemotherapy continued until disease progression or dose-limiting...
toxicity. The oxaliplatin dose was reduced from 85 mg/m² to 60 mg/m² for three cycles from the cycle coinciding with SIRT administration and for two cycles thereafter, based on phase 1/2 data.\textsuperscript{10} Dose modifications were permitted in line with standard care (appendix pp 3–8). Each chemotherapy cycle lasted 14 days. We used a hepatic arteriogram and a liver-to-lung breakthrough nuclear medicine scan to assess patient suitability to receive SIRT. We used the patient’s body surface area, percentage of tumour involvement, and magnitude of liver-to-lung shunting to establish the activity (GBq) per dosing chart.\textsuperscript{11} Planned SIRT was done on cycle 1 day 3 or 4 or cycle 2 day 3 or 4.\textsuperscript{15} In FOXFIRE, patients could receive anti-VEGF (eg, bevacizumab) or anti-EGFR (eg, cetuximab) from cycle 1 in the FOLFOX alone group and from cycle 7 onwards in the FOLFOT plus SIRT group. In SIRFLOX and FOXFIRE-Global, patients could receive bevacizumab from cycle 1 in the FOLFOX alone group and from cycle 4 onwards in the FOLFOX plus SIRT group. The addition of anti-VEGF or anti-EGFR treatments to protocol therapy was at the discretion of the treating physician and doses prescribed were according to local policy at the treating centre.

We assessed patients by CT scan every 8–12 weeks until hepatic progression. Follow-up assessments included clinical assessment; CT of chest, abdomen, and pelvis; and health-related quality-of-life (HRQoL) assessment.\textsuperscript{12–15} Scans were independently reviewed by Pharmtrace (Berlin, Germany) for overall and hepatic progression in FOXFIRE using Response Evaluation Criteria in Solid Tumors (RECIST; version 1.0) and in SIRFLOX with RECIST (version 1.0) with minor modifications.\textsuperscript{15} Independent reviews were not done in FOXFIRE-Global. We assessed all patients for suitability for liver resection at 6 months. After protocol therapy, patients could receive any subsequent treatment as best available care determined by the treating physician. All patients were followed up until death or for a minimum of 2 years.

Health-related quality of life was assessed with the EuroQol-5D three-level questionnaire (EQ-5D-3L), a generic HRQoL instrument\textsuperscript{16} measuring health in five dimensions (mobility, self-care, usual activities, pain or discomfort, and anxiety or depression), which is summarised as a utility score.\textsuperscript{16} The EQ-5D-3L was administered during clinic visits at baseline, between the second and the third months after randomisation, at 6 months, at 12 months, and once per year until 60 months from the start of protocol treatment. Grading of adverse events used the National Cancer Institute Common Terminology Criteria for Adverse Events (version 3).

Outcomes

The primary outcome of this analysis was overall survival, defined as the time from randomisation to death from any cause, with patients who were still alive censored at their last known follow-up date. Secondary outcomes included progression-free survival, liver-specific progression-free survival, HRQoL, tumour response, liver resection rate, and adverse event profiles. The primary and secondary outcomes in each of the individual trials are in the appendix (p 13). We defined progression-free survival as the time from randomisation to radiological progression or death from any cause, whichever occurred first. Patients who did not progress or die during the trial were censored at their last known progression-free follow-up date. Liver-specific progression-free survival was defined as the time from randomisation to radiological hepatic progression. Progression not involving the liver and death before progression were regarded as competing events. We deemed hepatic progression to have occurred immediately before non-liver progression in patients who had identical hepatic and extrahepatic progression dates. Patients who withdrew from study treatment before documented progression were censored at commencement of non-study treatment for both the progression-free survival and liver-specific progression-free survival endpoints. Time of resection was not deemed a censoring point for progression-free survival or liver-specific progression-free survival. The proportion of patients achieving an objective response in each treatment group was defined as the number of patients achieving a complete or partial response at any point during the trial, up to their first occurrence of hepatic resection, over the number randomised in that group (early deaths by any cause and unknown responses were included in the denominator). The percentage resected in each group was defined as the number of patients who underwent a hepatic resection divided by the number randomly assigned to that group.

Statistical analysis

For the primary combined overall survival analysis, a sample size of 810 was originally calculated, but subsequently updated to 1075 patients (710 deaths) using a protocol-specified hazard ratio (HR) of 0·8, with a control group median overall survival of 19·7 months and SIRT group median overall survival of 24·6 months, two-sided 5% significance, 80% power, and allowing for 5% non-compliance.\textsuperscript{16} The updated sample size allowed for a higher median overall survival, the addition of biological agents to protocol chemotherapy (planned use added as a stratification factor to the randomisation in May, 2011, for FOXFIRE and SIRFLOX, and incorporated in FOXFIRE-Global since set-up) and crossover in both directions. The study also had 80% power to detect a 6-month overall survival benefit in the subgroup of patients with metastatic disease restricted to the liver: 708 patients (463 deaths) were needed. The cutoff for analysis was chosen such that there was a minimum of 710 deaths overall and 463 deaths in the liver-only subgroup (assuming a 6-month increase in overall survival in the SIRT-treated, liver-metastasis-only patients) and a minimum follow-up of 2 years since
the last patient was randomly assigned to treatment. We did two interim toxicity and safety analyses with the combined data from the FOXFIRE and SIRFLOX trials 8 months after at least 80 patients were randomly assigned (40 patients per trial) and 8 months after 300 were randomly assigned (minimum of 120 patients per trial); FOXFIRE-Global was not included in the interim analyses on the combined data.

We calculated median follow-up time using the reverse Kaplan-Meier method. We did all efficacy analyses on an intention-to-treat basis per the published statistical analysis plan. We estimated overall survival and progression-free survival for each trial using Kaplan-Meier survival curves, unadjusted log-rank tests, and Cox proportional hazards survival models. We checked the proportionality assumption using Schoenfeld residuals. HRs for overall survival and progression-free survival from the individual trials were combined using a two-stage, fixed-effect, inverse-variance weighted individual participant data meta-analysis approach. The $I^2$ statistic indicates the proportion of variation in the treatment effect that is due to heterogeneity rather than chance. Sensitivity analyses included using only eligible patients, and using radiological scan data as reported by sites for all three trials. We assessed liver-specific progression-free survival using cumulative incidence curves, and Fine and Gray subdistribution hazard regression models stratified by trial. We checked model assumptions by including a time-varying coefficient for treatment. We also estimated cause-specific hazards. For overall survival, progression-free survival, and liver-specific progression-free survival, we investigated the potential treatment benefit in patients presenting with disease confined to the liver using survival models stratified by trial (prespecified subgroup analysis). The odds of patients having a resection or achieving a response (overall and liver-specific) were compared between treatment groups by pooling individual trial odds ratios (OR) using two-stage individual participant data meta-analysis. The EQ-5D-3L health states reported by patients were expressed as utility scores derived by weighting the responses using US EQ-5D valuations with a score of 1 corresponding to full health and 0 to death. A minimum clinically significant difference in EQ-5D scores of 0.08 has been suggested across all cancers. We used analysis of covariance to analyse differences in EQ-5D-3L utility scores between the two treatment groups, adjusted for EQ-5D-3L baseline values. We made post-hoc comparisons between treatment groups of treatment received after protocol therapy using the Mantel-Haenszel test, stratifying by trial.

We did safety analyses on patients who received at least one dose of chemotherapy in either group and on an as-treated basis. We included adverse events reported up to 28 days after the end of trial treatment or 7 months after treatment.

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**Figure 1: Trial profile**

OxMdxG and mFOLFOX6 are equivalent oxaliplatin-fluorouracil-based FOLFOX chemotherapy regimens. FOLFOX=leucovorin, fluorouracil, and oxaliplatin. MDT=multidisciplinary team. mFOLFOX6=modified FOLFOX. OxMdxG=oxaliplatin modified de Gramont chemotherapy. SIRT=selective internal radiotherapy. *Includes 122 ineligible patients; 49 protocol waivers and 73 retrospectively identified. †Discontinuation data were available for patients in FOXFIRE and for a subset of patients in SIRFLOX, but were not available for patients in FOXFIRE-Global.
randomisation, whichever was earlier (deemed the safety window). We combined individual trial ORs using two-stage individual participant data meta-analysis to assess the association of grade 3 or worse adverse events with treatment. An independent data and safety monitoring committee oversaw the study. Formal interim monitoring of the accumulating data was done at regular intervals (approximately every 6 months) by the independent data and safety monitoring committee for each trial separately.

Data were analysed with Stata (version 14.1) and R (version 3.3.2). All hypothesis tests were two-sided. We used a significance level of 5%. Partial dates were imputed, but no statistical imputation techniques were used.

FOXFIRE is registered with the ISRCTN registry, number ISRCTN83867919. SIRFLOX and FOXFIRE-Global are registered with ClinicalTrials.gov, numbers NCT00724503 (SIRFLOX) and NCT01721954 (FOXFIRE-Global).

Role of the funding source
The sponsor had no role in the FOXFIRE study design, data collection, or data analysis. Employees of Sirtex were involved in all stages of the SIRFLOX and FOXFIRE-Global studies, and in the process of combining the three trial datasets. The funders had no role in data analysis or interpretation for the combined study. The sponsor reviewed the manuscript and provided comments. JMo, PD, PSV, and SL had full access to all of the data in the study and the corresponding author had final responsibility for the decision to submit for publication.

Results
Between Oct 11, 2006, and Dec 23, 2014, 1103 patients were enrolled and randomly assigned to either FOLFOX chemotherapy (n=549) or FOLFOX plus single treatment SIRT (n=554) (figure 1). Patients were recruited for the FOXFIRE study between Nov 13, 2009, and Oct 31, 2014. Patients in the SIRFLOX study were recruited between
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Oct 11, 2006, and April 25, 2013. Patients were recruited for the FOXFIRE-Global study between May 20, 2013, and Dec 23, 2014. End of follow-up was Oct 31, 2016, for FOXFIRE, June 1, 2016, for SIRFLOX, and Nov 30, 2016, for FOXFIRE-Global, ensuring 2 years of follow-up after the last patient was enrolled (appendix p 13). The data lock dates for analysis were Dec 23, 2016, for SIRFLOX and FOXFIRE-Global and Feb 6, 2017, for FOXFIRE. Minimisation factors and other baseline characteristics were evenly balanced between treatment groups and between trials (table 1, appendix pp 14–15). Median follow-up was 43.3 months (IQR 31.6–58.4).

In the first 12 cycles of treatment, 3193 (59% of 5369) oxaliplatin cycles in the FOLFOX plus SIRT group and 3608 (68%) of 5344 cycles in the FOLFOX alone group were at full protocol dose. Dose reduction data were not readily available. The median number of cycles of FOLFOX treatment was 12 (IQR 7–13) in the FOLFOX plus SIRT group and 12 (7–15) in the FOLFOX alone group. Bevacizumab was given to 197 (36%) of 554 patients in the FOLFOX plus SIRT group and 256 (47%) of 549 patients in the FOLFOX alone group. In FOXFIRE, 13 (4%) of 364 patients received cetuximab (four in the FOLFOX plus SIRT group and nine in the FOLFOX group). After finishing protocol therapy, fewer patients in the FOLFOX plus SIRT group were given irinotecan, fluoropyrimidine, anti-VEGF, or anti-EGFR systemic therapies upon progression than were patients in the FOLFOX alone group (appendix p 16). 66 (12%) of 549 patients randomly assigned to the FOLFOX alone group received SIRT in a later course of therapy, whereas 47 (8%) of 554 patients randomly assigned to SIRT did not receive SIRT.

There were 844 (77%) deaths in 1103 patients in the intention-to-treat population over the follow-up period: 296 (81%) deaths in 364 patients in FOXFIRE, 424 (80%) in 530 patients in SIRFLOX, and 124 (59%) in 209 patients in FOXFIRE-Global. There were 433 (78%) deaths in 554 patients in the FOLFOX plus SIRT group and 411 (75%) in 549 patients in the FOLFOX alone group. The median survival time in the FOLFOX plus SIRT group was 22.6 months (95% CI 21.0–24.5) compared with 23.3 months (21.8–24.7) in the FOLFOX alone group; the pooled HR was 1.04 (95% CI 0.90–1.19; p=0.61; figure 2A, C). Overall survival in each trial is shown in the appendix (p 9). No difference between treatment groups was found in the prespecified, liver-metastasis-only subgroup analysis of overall survival.

**Figure 2**: Overall survival (A, C) and progression-free survival (B, D) in the intention-to-treat population

HR=hazard ratio. SIRT=selective internal radiotherapy. Red line indicates the overall, pooled estimate. Size of shaded grey boxes indicates the relative weight of the study.
HR=hazard ratio. SIRT=selective internal radiotherapy.

Figure 3: Treatment effect on overall survival by subgroup

HR=hazard ratio. SIRT=selective internal radiotherapy.

Figure 4: Cumulative incidence of radiological progression within the liver (A) and non-liver progression or death without radiological progression having been documented (B)

HR=hazard ratio. SIRT=selective internal radiotherapy.

(261 [73%] of 358 patients in the FOLFOX group, median overall survival 24·6 months, 95% CI 22·1–26·4; 264 [74%] of 355 patients in the FOLFOX plus SIRT group, 24·5 months, 22·3–26·3; pooled HR 1·00, 95% CI 0·85–1·19, p=0·96). In a sensitivity analysis of overall survival excluding ineligible patients (62 [11%] of 549 patients in the FOLFOX group and 60 [11%] of 554 patients in the FOLFOX plus SIRT group were ineligible; reasons for ineligibility not reported), there were 360 deaths (74%) in 487 patients in the FOLFOX group and 382 deaths (77%) in 494 patients in the FOLFOX plus SIRT group. Median overall survival was 23·9 months (95% CI 21·8–25·0) in the FOLFOX group and 23·4 months (21·8–25·2) in the FOLFOX plus SIRT group; pooled HR was 1·01 (95% CI 0·88–1·17, p=0·86). Subgroup comparisons for overall survival of the prespecified subgroups metastatic site, liver involvement, age, sex, WHO performance status, and tumour in situ, and the post-hoc subgroups primary tumour site, bevacizumab administration, and timing of metastasis are shown in figure 3.

941 (85%) of 1103 patients had an observed radiological progression or died before progression: 304 (84%) of 364 patients in FOXXFIRE, 452 (85%) of 530 patients in SIRFLOX, and 185 (89%) of 209 patients in FOXXFIRE-Glob. 467 (85%) of 549 patients in the FOLFOX group and 474 (86%) of 554 patients in the FOLFOX plus SIRT had progression or died. Progression-free survival was not significantly different between treatment groups (pooled HR 0·90, 95% CI 0·79–1·02, p=0·11; figure 2B, D). The median progression-free survival in the FOLFOX plus SIRT group was 11·0 months (95% CI 10·2–11·8) compared with 10·3 months (9·7–10·9) in the FOLFOX alone group. Similar results were found in the prespecified subgroup analysis restricted to patients with liver-only metastatic colorectal cancer at baseline: 297 (83%) of 358 patients in the FOLFOX group had progressed or died in the liver-only subgroup analysis (median progression-free survival 11·1 months, 95% CI 10·0–12·1; 292 (82%) of 355 patients in the FOLFOX plus SIRT group had progressed or died (11·9 months, 11·0–13·8; HR 0·86, 95% CI 0·73–1·01, p=0·066). The results of a prespecified sensitivity analysis using radiological scan data as reported by sites from all three trials were consistent with the analysis of the centrally reviewed data (HR 0·89, 95% CI 0·80–1·03, p=0·15).

In 271 (49%) of 549 patients in the FOLFOX and 173 (31%) of 554 patients in the FOLFOX plus SIRT group, first progression events were radiologically observed in the liver (figure 4A). The cumulative incidence of first progression in the liver was lower in the FOLFOX plus SIRT group than the FOLFOX alone group (figure 4A; appendix p 17). The cumulative incidence of progression within the liver in the first 12 months of follow-up was 22% (95% CI 19–26) in the FOLFOX plus SIRT group and 39% (35–43) in the FOLFOX alone group. In 196 (36%) of 549 patients in the FOLFOX group and 301 (54%) of 554 patients in the FOLFOX plus SIRT group, first progression was extrahepatic or death occurred before recorded radiological progression (figure 4B, appendix p 17). The cumulative incidence of first progression occurring outside the liver or death before recorded radiological progression was higher in the FOLFOX plus
SIRT group than in the FOLFOX alone group (figure 4B; appendix p 17). The cumulative incidence of progression outside the liver or death before recorded radiological progression in 12 months of follow-up was 33% (95% CI 29–37) in the FOLFOX plus SIRT group and 19% (16–23) in the FOLFOX alone group. Cause-specific HRs were in the same direction as, and of similar magnitudes to, the subdistribution HRs (appendix p 17).

An objective (complete or partial) response over the study duration was achieved in 746 (68%) of 1103 patients; 400 (72%) of 554 in the FOLFOX plus SIRT group and 346 (63%) of 549 in the FOLFOX alone group (pooled OR 1·52, 95% CI 1·18–1·96, p=0·0012; appendix pp 10, 17). An objective response was observed in more patients in the FOLFOX plus SIRT group than in the FOLFOX alone group in each of the individual trials (appendix p 17). The odds of achieving an objective response in the liver were also higher in the FOLFOX plus SIRT group than in the FOLFOX alone group (pooled OR 1·78, 95% CI 1·37–2·31, p<0·0001; appendix p 18).

<table>
<thead>
<tr>
<th></th>
<th>FOLFOX alone (n=571)</th>
<th></th>
<th>FOLFOX plus SIRT (n=507)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Grade 1-2</td>
<td>Grade 3</td>
<td>Grade 4</td>
<td>Grade 5</td>
</tr>
<tr>
<td>Overall</td>
<td>189 (33%)</td>
<td>266 (47%)</td>
<td>103 (18%)</td>
<td>11 (2%)</td>
</tr>
<tr>
<td>Haematological</td>
<td>102 (18%)</td>
<td>108 (19%)</td>
<td>56 (10%)</td>
<td>11 (1%)</td>
</tr>
<tr>
<td>Neutropenia</td>
<td>50 (9%)</td>
<td>89 (16%)</td>
<td>48 (8%)</td>
<td>11 (1%)</td>
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<tr>
<td>Fever neutropenia</td>
<td>0</td>
<td>11 (2%)</td>
<td>5 (1%)</td>
<td>0</td>
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<tr>
<td>Thrombocytopenia</td>
<td>77 (13%)</td>
<td>6 (1%)</td>
<td>1 (1%)</td>
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</tr>
<tr>
<td>Leucopenia</td>
<td>28 (5%)</td>
<td>10 (2%)</td>
<td>3 (1%)</td>
<td>0</td>
</tr>
<tr>
<td>Non-haematological</td>
<td>265 (46%)</td>
<td>232 (41%)</td>
<td>61 (11%)</td>
<td>10 (2%)</td>
</tr>
<tr>
<td>Fatigue</td>
<td>275 (48%)</td>
<td>28 (5%)</td>
<td>0</td>
<td>0</td>
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<tr>
<td>Diarrhoea</td>
<td>256 (45%)</td>
<td>35 (6%)</td>
<td>2 (1%)</td>
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<tr>
<td>Pulmonary embolism</td>
<td>1 (1%)</td>
<td>7 (1%)</td>
<td>19 (3%)</td>
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<tr>
<td>Neuropathy peripheral</td>
<td>307 (54%)</td>
<td>32 (6%)</td>
<td>1 (1%)</td>
<td>0</td>
</tr>
<tr>
<td>Abdominal pain</td>
<td>95 (17%)</td>
<td>13 (2%)</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

Data are n (%). Table shows grade 3 or worse haematological events occurring in at least 5% of patients, grade 3 or worse non-haematological events occurring in at least 5% of patients, and all SIRT-associated adverse events. Worst grade reported per patient per category, sorted by prevalence of grade 3 or worse. SIRT=selective internal radiotherapy.

Table 2: Adverse events reported in each treatment group
Over the follow-up period, 182 (17%) of 1103 patients had at least one hepatic resection. Overall, 94 (17%) of 554 patients in the FOLFOX plus SIRT group and 88 (16%) of 549 patients in the FOLFOX alone group had a resection. The odds of undergoing a resection were not significantly different between treatment groups (pooled OR 1.07, 95% CI 0.78–1.48, p=0.67; appendix p 11).

The proportion of patients who had a grade 3 or worse adverse event at each treatment cycle by treatment group, overall and for haematological adverse events, non-haematological adverse events, and neutropenia are shown in the appendix (p 12). Of 1078 patients who received at least one dose of study treatment in the as-treated population, 755 (70%) had a grade 3 or worse adverse event (up to 28 days after the end of protocol chemotherapy or in the first 7 months after randomisation, whichever was earlier); 375 (74%) of 507 patients in the FOLFOX plus SIRT group and 380 (67%) of 571 patients in the FOLFOX alone group (table 2). The odds of a patient having a grade 3 or worse adverse event were higher in the FOLFOX plus SIRT group than in the FOLFOX alone group (pooled OR 1.42, 95% CI 1.09–1.85, p=0.0089, appendix p 13). Of 507 patients who received SIRT, 231 (46%) had a haematological grade 3 or worse adverse event, whereas 165 (29%) of the 571 patients who did not have SIRT had a haematological grade 3 or worse adverse event, the most frequent being neutropaenia (186 [37%] in the FOLFOX plus SIRT group vs 138 [24%] in the FOLFOX alone group; table 2). Adverse events of grade 1 or 2 occurring in 10% of patients or more and all grade 3 or worse events are shown in the appendix (pp 18–26). In FOXFIRE, 15 (8%) of 182 patients in the FOLFOX group and 25 (14%) of 182 patients in the FOLFOX plus SIRT group discontinued treatment because of an adverse event or serious adverse event; data were not fully available for SIRFLOX and not available for FOXFIRE-Global. Serious adverse events of any grade occurred in 244 (43%) of 571 patients receiving FOLFOX alone and 274 (54%) of 507 patients receiving FOLFOX plus SIRT (appendix p 27). 10 patients in the FOLFOX plus SIRT group and 11 patients in the FOLFOX alone group died due to an adverse event during the main safety window (appendix p 26). 11 (1%) of 844 deaths were treatment-related (appendix p 27); eight in FOLFOX plus SIRT group and three in the FOLFOX alone group. Of the eight treatment-related deaths in the FOLFOX plus SIRT group, three deaths due to radiation-induced liver disease, two due to complications of surgery, one due to drug-induced pneumonitis, and one due to off-target delivery of microspheres. There were three treatment-related deaths in the FOLFOX alone group: one due to complications of surgery, one due to neutropenic sepsis, and one due to bowel perforation. With specific reference to risk of long-term toxicity to the liver from protocol treatment, during continued observation after the main safety window until the end of the follow-up period, there were two deaths due to hepatic events (hepatic failure or ascites) in the FOLFOX plus SIRT group.

EQ-5D-3L results were reported for the first 24 months of the trial using US EQ-5D valuations; questionnaire mean utility value at each timepoint is shown in the appendix (p 27). Average unadjusted EQ-5D-3L utility scores were not significantly different between treatment groups at any time point except at 2–3 months (appendix p 27); however, this difference would not be deemed clinically meaningful.

Discussion

The FOXFIRE, SIRFLOX, and FOXFIRE-Global randomised studies designed to definitively assess the combination of SIRT with FOLFOX versus FOLFOX alone for colorectal liver metastases in the first-line setting have not shown a benefit of adding SIRT on overall survival. The combined analysis of these three randomised clinical trials shows that a global, multidisciplinary trial involving a complex liver-directed therapy can be done with adequate power to answer an important clinical question.

The efficacy of SIRT in third-line or subsequent therapy for metastatic colorectal cancer (ie, salvage therapy of chemotherapy-refractory disease) has previously been evaluated. A randomised trial salvage in patients with metastatic colorectal cancer with liver-confined disease showed a significant benefit of chemotherapy plus SIRT versus chemotherapy alone in time to progression. These data suggest that SIRT has clinical benefit in patients with colorectal liver metastases with liver-dominant disease after chemotherapy.

Metastatic colorectal cancer in which the liver is the only site of disease occurs frequently in a subset of patients; some of these patients can be resected with long-term cures. In our study, the significant improvement in liver disease control assessed by competing risk analyses did not translate to a benefit in overall survival. This finding contrasts with that from the EORTC CLOCC study, which showed that a significant effect of radiofrequency ablation with or without surgery on progression-free survival translated into a highly significant overall survival benefit in patients who did not have primary tumour in situ or extrahepatic metastases at trial entry. The absence of benefit of the addition of SIRT to FOLFOX on progression-free survival and overall survival in our combined study could be partly explained by the high proportion of patients who developed first progression at an extrahepatic site, independently of whether the metastases were liver-only at baseline or whether there were extrahepatic metastases or primary tumour in situ at baseline. Despite the better liver control in the FOLFOX plus SIRT group compared with the FOLFOX alone group, this observation of extrahepatic progression might also explain the absence of a
significant difference between the groups in the frequency of surgical resection of the liver metastases being done during or after protocol therapy. To avoid possible ascertainment bias in interpreting responses and difficulties differentiating disease progression from radiation reaction of the hepatic parenchyma in patients undergoing the interventional radiotherapy liver procedure, scans were centrally reviewed by independent readers. The absence of an overall survival benefit suggests that early use of SIRT in combination with first-line oxaliplatin-based chemotherapy cannot be recommended in unselected patients with metastatic colorectal cancer.

In our study, the SIRT-treated patients had a similar quality of life to the patients who had chemotherapy only. Toxicity was higher in the SIRT group, particularly neutropenia and SIRT-related expected toxicities. In the as-treated population in the FOLFOX plus SIRT group (n=507 patients), hepatic failure resulted in death of one patient during the main safety window and death of a further two patients during extended follow-up. The increased toxicity in the SIRT-treated patients did not translate into inferior overall survival. This study provides the most comprehensive account of the risk of adverse events that might occur secondary to SIRT when used in combination with FOLFOX chemotherapy.

One possible limitation of our study is that significant changes to the management of metastatic colorectal cancer occurred during the 8-year recruitment period with the introduction of bevacizumab and EGFR inhibitors as first-line standards of care, and increased use of liver interventions such as surgery and ablation. However, there is no reason to believe that treatment differences occurred between treatment groups. Another limitation is that some patients were found not to have met the entry criteria after randomisation. Sensitivity analyses excluding all ineligible patients indicated that the findings were robust. The non-identical design of the individual trials might also be considered a limitation, but is accounted for by the use of appropriate statistical methods.

Little progress has been reported in improving overall survival in molecularly unselected populations since the CRYSTAL, PRIME, and TRIBE studies. The crossover was anticipated and 12% of patients randomised to FOLFOX alone received SIRT with a later line of therapy. Furthermore, 8% of patients assigned to SIRT did not receive SIRT, a proportion consistent with our previously published data in patients with metastatic colorectal cancer. The difference in exposure to post-trial treatments between the two treatment groups might have affected the primary endpoint. It is possible that the improved liver disease control observed in the FOLFOX plus SIRT group might have influenced physicians to bias towards less intensive subsequent treatment, particularly as so-called treatment-holiday strategies were evolving during the recruitment and follow-up periods of these trials. Alternatively, it could be postulated that the reduced use of irinotecan after protocol therapy might have been related to increased or prolonged toxicities in the patients in the FOLFOX plus SIRT group, including the risk of myelosuppression. Our analysis of these toxicities for both groups over time showed an apparent increase of grade 3 or worse adverse events in the FOLFOX plus SIRT group, particularly haematological events, with the curves gradually converging after 6 months of protocol therapy.

In the past decade, the focus of clinical trials has been on improving outcomes for selected biological subtypes in metastatic colorectal cancer with predefined molecular criteria (eg, mutant RAS or BRAF). Several studies from the past 2 years have reported that patients with right-sided primary tumours have worse survival outcomes and it is possible that these patients benefit less from standard therapies. Molecular subtypes in our study are not currently available, but in the dataset available, 179 (25%) of 718 patients had right sided-tumours. Based on preliminary data currently available, patients with colorectal liver metastases from right-sided tumours could be a clinical subgroup that benefits from SIRT. Further analyses are underway to investigate this exploratory finding, with specific scrutiny of RAS mutation, BRAF mutation, and tumour location in study populations who have received SIRT in clinical trials. Further studies designed to define the potential benefit of SIRT to treat colorectal liver metastases from right-sided primaries are warranted.

In conclusion, despite better liver-specific disease control and improved radiological response, the FOXFIRE prospective trials did not show a benefit of the combination of SIRT with FOLFOX for progression-free survival or overall survival. The routine early integration of SIRT in combination with oxaliplatin-based, first-line chemotherapy cannot be recommended as therapy for metastatic colorectal cancer. Further studies are needed to study the role of SIRT in carefully selected patient populations and as a consolidation therapy after chemotherapy.

Contributors

HSW, PG, SL, VG, AG, GvH, and RAS designed the study and wrote the protocol. HSW, PG, NKS, JT, VH, JR, MP, MF, AW, JM, CW, RA, AF, JMo, PSV, PD, SL, VG, AG, GvH, and RAS led the trial, recruited patients, and collected data. JMo, PSV, PD, SL, and VG analysed the data. HSW, PG, NKS, JT, VH, JR, MP, MF, AW, JM, CW, RA, AF, JMo, PSV, PD, SL, VG, AG, GvH, and RAS interpreted the data, wrote the manuscript, and approved the paper.

Declaration of interests

HSW reports grants, personal fees, non-financial support, and other uncompensated work from Sirtex Medical and Merck Serono; personal fees and non-financial support from Celgene; grants and non-financial support from Pfizer; personal fees and non-financial support from Roche and Lilly outside the submitted work. PG reports personal fees from SIROT: grants and personal fees from Roche, Amgen, Pfizer, Merck, Bayer, and Servier, during the conduct of the study. NKS reports speakers’ bureau and travel fees from Sirtex Medical, outside the submitted work. JT reports honoraria from Roche, Amgen, Merck, Lilly, Sanofi, Baxalta, Celgene, and Servier, outside the submitted work. VH
reports grants, personal fees, and non-financial support from Sirtex Medical, Merck, and Roche, during the conduct of the study; involvement in a scientific project on radiological imaging from Sirtex Medical; grants, personal fees, and non-financial support from Merck and Roche; grants and non-financial support from Amgen; grants and personal fees from Sanofi; grants from Pfizer and Boehringer Ingelheim; and personal fees from Bristol-Myers Squibb, MSD, and Novartis, outside the submitted work. JR reports personal fees from Sirtex Medical, during the conduct of the study; and grants from Sirtex Medical, outside the submitted work. MP reports personal fees from Sirtex Medical, during the conduct of the study and outside the submitted work. MF reports grants from Sirtex Medical, during the conduct of the study; and reports personal fees from Sirtex Medical, Astellas, Janssen, Lily, and Roche, outside the submitted work. CW reports receiving travel grants from Sirtex, outside the submitted work. RA reports personal fees and non-financial support from Merck Serono, Amgen, Bristol-Myers Squibb, and Sanofi, outside the submitted work. AF reports grants from Cancer Research UK; and grants and non-financial support from Sirtex Medical, during the conduct of the study; AJ reports grants from Cancer Research UK and Sirtex Medical, during the conduct of the study; and non-financial support from Sirtex Medical, outside the submitted work. PD reports grants from Cancer Research UK and Sirtex Medical, during the conduct of the study; and non-financial support from Sirtex Medical, outside the submitted work. PSV reports grants from Sirtex Medical and Cancer Research UK, during the conduct of the study. SL reports grants from Sirtex Medical and Cancer Research UK, during the conduct of the study. VG reports personal fees from Sirtex Medical, during the course of the study; and grants and personal fees from Sirtex Medical, outside the submitted work. AG reports grants from Cancer Research UK during the conduct of the study. GVH reports personal fees and non-financial support from Sirtex Medical, during the conduct of the study; and reports personal fees from Sirtex Medical, Astellas, Janssen, Lily, and Roche, outside the submitted work. AW declares no competing interests.

Acknowledgments

The FOXFIRE study design was reviewed and endorsed by the Clinical Study Group and the National Institute for Health Research Clinical Research Network and equivalents in devolved nations, and was developed by the National Cancer Research Institute Colorectal Central-Berkshire (research ethics committee reference 09/H0505/1), approved by the National Research Ethics Service Committee South West A, and by the North West Research Ethics Committee South West B (research ethics committee reference 11/NW/0190). The FOXFIRE final analysis was approved by the National Research Ethics Service Committee South West A (research ethics committee reference 13/WA0019). The FOXFIRE study was funded by Cancer Research UK and Sirtex Medical. The randomized phase III trial被评为 the SIRFLOX study, which was registered at ClinicalTrials.gov (NCT01521638). The trial was sponsored by the University of Oxford, and was approved by the West Berkshire Research Ethics Committee. The authors thank Dr Robert A. van Hooijdonk for contributions to the study design. The authors report no competing interests.

References


