## **Supplementary Materials B**

Table 1. T-test comparisons of eczema versus psoriasis participants.

	Eczema		Psoriasis		t	p
	М	SD	М	SD		
<u>Parents</u>						
Age	39.79	6.88	40.44	7.92	0.58	.56
Dispositional mindfulness (FFMQ Total)	124.29	19.46	126.93	18.91	0.89	.38
Parental Stress (PIP Frequency)	97.24	33.40	90.25	32.89	1.35	.18
Parental Stress (PIP Difficulty)	96.00	37.51	88.59	34.18	1.30	.20
Depression (DASS-21)	6.62	6.62	4.65	5.60	2.16	.032
Anxiety (DASS-21)	5.82	5.58	4.91	5.05	1.08	.28
General Stress (DASS-21)	9.04	6.63	7.09	4.94	2.31	.022

Quality of Life (FDLQI)	13.40	7.93	10.82	6.65	2.38	.019
Children						
Age	9.60	3.91	11.64	3.62	3.29	< .001
Duration of condition	7.45	4.18	4.01	3.57	5.15	< .001
Quality of Life (CDLQI)	10.62	71.13	8.75	7.14	2.89	.004
Itch Intensity	6.62	2.60	5.34	2.78	1.63	.11

Table 2. Chi-square comparisons of eczema versus psoriasis participants.

	Eczema	Psoriasis	$\chi^2$	р
<u>Parents</u>				
Gender	88.8% female	85.7% female	0.37	.54
Employment status	70.7% employed	71.9% employed	0.03	.86
Ethnicity	67.1% White British	86.0% White British	7.32	.007
Education	56.4% secondary school or lower	71.9% secondary school or lower	4.18	.04
Children				
Gender	56% female	69.1% female	2.72	.099
Other medical conditions	50.4% have other medical conditions	34.5% have other medical conditions	3.87	.050
Skin condition severity	13.6% mild; 37.6% moderate; 48.8% severe	16.7% mild; 59.3% moderate; 24.1% severe	9.83	.007
Gender	56% female	69.1% female	2.72	.099