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1 **The procoagulant effects of extracellular vesicles derived**
2 **from hypoxic endothelial cells can be selectively inhibited**
3 **by inorganic nitrite.**

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11 **Running title:** Procoagulant effects of hypoxic endothelial cell-derived vesicles

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18 **Essentials**

- 19 • Endothelial-derived extracellular vesicles (EVs) are elevated in cardiovascular disease.
- 20 • EV produced following a hypoxic insult exhibit increased tissue factor and have reduced
- 21 levels of tissue pathway factor inhibitor in comparison to normoxia-derived EVs.
- 22 • Endothelial-derived EVs produced under hypoxic conditions demonstrate increased pro-
- 23 coagulant behaviour in in vitro assays including fibrin polymer formation following
- 24 stimulation with thrombin, platelet activity and the clot microstructure.
- 25 • This pro-coagulant effect of hypoxia-derived EVs is abrogated by pre-treatment of
- 26 endothelial cells in hypoxia with inorganic nitrite.

27 **Key words:** Extracellular vesicles, nitrite, coagulation, thrombosis, haemostasis

28 **Abstract**

29 **Background:** Extracellular vesicles (EVs) derived from endothelial cells are elevated in
30 cardiovascular disease and promote inflammation and coagulation. Hypoxia is often a key
31 feature and is itself a potent stimulator of increased EV production. Inorganic nitrite (NO_2^-)
32 has beneficial and protective effects that are enhanced in hypoxia.

33 **Objectives:** Investigate the impact of hypoxia on the functional capacity of EV derived from
34 endothelial cells under hypoxia, and assess whether pre-treatment of endothelial cells with
35 NO_2^- can alter EV function.

36 **Methods:** Differential ultracentrifugation was used to isolate EV from the cultured
37 endothelial cell line HECV (CEV), and from primary human umbilical cord derived
38 endothelial cells (PEV), with time-resolved fluorescence used to assess EV protein
39 composition. Clot formation was induced by thrombin and calcium in two assays; using an
40 Alexa Fluor 594 human fibrinogen conjugate assay and standard turbidometry. Platelet
41 aggregation was determined using multiple electrode aggregometry. Scanning electron
42 microscopy was used to visualise fibrin clots.

43 **Results:** Hypoxia exposure (1% O_2) significantly increased CEV production in comparison
44 to normoxia (21% O_2) (1825 ± 72 EVs/cell vs 117 ± 9 EVs/cell, $p < 0.001$, respectively) but had
45 no effect on CEV mean size (221 ± 6 nm vs 203 ± 4 nm, $p > 0.05$). Hypoxia-derived PEVs
46 contained significantly more tissue factor than normoxia-derived EVs (Relative Fluorescence
47 Units (RFU) = 7666 ± 1698 vs 5958 ± 1644 , $p < 0.001$, respectively) and less tissue factor
48 pathway inhibitor (RFU = 9799 ± 2353 vs 19723 ± 2698 , $p < 0.05$). Hypoxia significantly
49 increased CEV induced fibrin polymer formation compared to normoxia (% area
50 = 46.98 ± 0.97 vs 36.36 ± 0.72 , $p < 0.05$). Pre-treatment of endothelial cells with NO_2^- in hypoxia
51 abrogated this effect (% area = 15.70 ± 1.99 , $p < 0.001$). Hypoxia derived CEV non-significantly
52 increased the maximum clot formed, shortened time to max clot, and increased time to clot
53 lysis by turbidometry. ADP-mediated platelet aggregation was significantly elevated with
54 PEV derived from hypoxia compared to normoxia (888.0 ± 32.2 AU*min vs $671.5.2 \pm 28.3$
55 AU*min, $p < 0.01$). This was abrogated by pre-treatment of hypoxic endothelial cells with
56 NO_2^- (716.5 ± 744.3 AU*min, $p < 0.001$).

57 **Conclusions:** Hypoxia-derived PEVs and CEVs exhibit increased procoagulant activity
58 compared to normoxia-derived EVs, which we confirm to be mediated by an imbalance of

59 TF/TFPI. Pre-treatment of endothelial cells with NO_2^- reduces the pro-coagulant activity of
60 EVs via a mechanism that is Hypoxia-inducible factor 1 (HIF-1) dependent, but independent
61 of TF/TFPI.

62 **Abbreviations**

- 63 Extracellular vesicles (EVs)
- 64 Primary Human Umbilical Vein derived Endothelial Cells (HUVEC)
- 65 Human Vascular Endothelial Cell Line (HECV)
- 66 Primary HUVEC EVs (PEVs)
- 67 Cultured HECV EVs (CEVs)
- 68 Hypoxia-inducible factor 1 (HIF-1)
- 69 Nitrate (NO_3^-)
- 70 Nitrite (NO_2^-)
- 71 Nitric oxide (NO)
- 72 Nanoparticle tracking analysis (NTA)
- 73 Sodium nitrite (NaNO_2)
- 74 Serum-free medium (SFM)
- 75 Time-resolved fluorescence (TRF)
- 76 Tissue factor (TF)
- 77 Tissue factor pathway inhibitor (TFPI)
- 78 Von Willebrand factor (vWF)

79 **Introduction**

80 Extracellular vesicles (EVs) are defined as membrane-bound, submicron particles released by
81 multiple cell types [1]. Increased EV production has been shown in a plethora of disease
82 states, where the bioactive cargo EVs harbour is typically reflective of the stimuli which
83 triggered their release from the parent cell [2]. Elevated levels of EV have been found in
84 cancer [3–5], neurodegenerative disorders [6–9], and cardiovascular disease [10–12].
85 Endothelial cell derived EVs possess surface markers specific to endothelial cells including
86 CD144 and CD62E [13,14] and express tissue factor, suggesting a role in augmenting the
87 coagulation cascade [15]. When oxygen supply is limited to a particular tissue region, such
88 as in instances of acute hypoxia or ischaemia during trans-ischaemic attack, myocardial
89 infarction, or stroke, the number of EVs released from endothelial cells increases
90 significantly [16,17] which then re-enter the normal circulation. Under these conditions,
91 increased stability of hypoxia inducible factor (HIF) 1- α when O₂ is below 2% is responsible
92 for the transcription of various genes involved in angiogenesis and inflammation [18,19], and
93 as shown by our group and others, takes a central role in inducing increased endothelial
94 derived- EVs [19,20]. These EVs exhibit markedly altered RNA and protein composition,
95 although their role in inducing a downstream pro-coagulative state remains uncertain [21].

96 Hypoxia exposure of endothelial cells can reduce the expression of thrombomodulin and
97 tissue factor pathway inhibitor (TFPI) and increase plasminogen activator inhibitor-1
98 expression, resulting in accelerated thrombin activity and stability of fibrin clots [22-24].
99 There is also accumulating evidence that has shown EVs derived from hypoxic conditions
100 have increased pro-coagulant properties, including elevated tissue factor (TF) activity,
101 thrombin generation and promotion of fibrinogenesis [25-28].

102 Nitrite (NO₂⁻) is capable of eliciting vasoprotective effects via its chemical reduction to nitric
103 oxide (NO) or other NO_x species, which is greatly augmented in hypoxia [29]. Endogenous
104 NO₂⁻ regulates hypoxic vasodilation via its reduction to NO, matching blood flow and O₂
105 supply to the metabolic demand under hypoxic conditions [30]. Exogenous NO₂⁻ (applied via
106 dietary nitrate supplement) reduces mean arterial blood pressure by ~5-10mmHg and can
107 reduce patient derived platelet aggregation [31,32]. NO itself is known to modulate the
108 cellular response to hypoxia by preventing the stabilization of HIF-1 α via an increase in
109 prolyl hydroxylase-mediated degradation [33]. Its role in modulating endothelial derived EV
110 is less clear. Impaired endogenous NO production in primary endothelial cells (HUVECs) has

111 been shown to increase EV formation [34]. Furthermore, we have previously shown that
112 NO_2^- derived NO is capable of reducing hypoxia-mediated EV production in endothelial cells
113 in a HIF-1 α dependant manner [20]. Although the effect of NO_2^- on vascular homeostasis is
114 already established [35-37], its influence on the pro-thrombotic function of hypoxia-derived
115 EVs has not been evaluated.

116

117 The aim of this study was to firstly assess the coagulation capacity of endothelial-derived
118 EVs generated under hypoxic conditions and identify the pathways involved, and secondly,
119 investigate whether pre-treatment of endothelial cells with inorganic NO_2^- was able to
120 modulate the pro-coagulant capacity of EV produced.

121

122

123

124

125 **Methods**

126 **Cell Culture**

127 The human vascular endothelial cell line (HECV) is a clone line previously purchased from
128 Interlab (Milan, Italy) and routinely used in our laboratory. Cells were maintained in 90%
129 Dulbecco's Modified Eagle Medium (DMEM) (PAA Laboratories, UK) supplemented with
130 10% (v/v) foetal bovine serum (FBS) (PAA Laboratories, UK) and 1% streptomycin/penicillin
131 (Invitrogen, UK). Cells were incubated at 37°C in 5% CO₂. At approximately 90% confluence
132 cells underwent passage using Trypsin-EDTA (Invitrogen, UK) and exhibited a "cobble-
133 stone"-like appearance typical of endothelial cells. HECVs were exposed to hypoxia using an
134 InVivo2 hypoxic workstation 400 (Baker Ruskinn, UK) and maintained at 1% O₂ for 24 hours.
135 The oxygen concentration was monitored using an i-CO2N2 gas mixing system (Baker
136 Ruskinn, UK). 1% O₂ was chosen specifically because it is equivalent to a pO₂ ~7.6mmHg and
137 in vitro model of ischaemia, as we and others have utilised extensively [20].

138 Sodium nitrite (NaNO₂) was administered simultaneous to hypoxic exposure, or in normoxia
139 as a control, to endothelial cells at a final concentration of 30µM, which is a supra-
140 physiological dose based upon the previously established maximal inhibition effect of NO₂⁻ on
141 EV production [20].

142

143 HUVECs were isolated directly from umbilical cords, as previously described, with minor
144 modifications [38]. Human umbilical cords were obtained from the Delivery Suite, Cardiff and
145 Vale University Health Board Trust. Ethical approval was obtained from a Research Ethics
146 Committee (REC) (REC reference: 14/NW/1459). Umbilical cords were cut to approximately
147 15 cm, avoiding any damage from clamps used during birth. Cords were washed with 0.9%
148 saline to remove excess blood and clots. The vein was located and washed through with saline
149 until the solution ran clear. One end of the cord was clamped, and collagenase (1 mg/mL) was
150 infused into the umbilical vein, before incubation at room temperature for 30 minutes. The
151 collagenase solution was removed and placed into a centrifuge tube, gently squeezing the cord
152 to ensure complete cell detachment. The resulting solution was then centrifuged at 300 x g for
153 5 minutes to pellet HUVECs. HUVECs were resuspended in complete M199 medium (Gibco,
154 ThermoFisher Scientific, UK), before being plated onto cell culture plates or flasks pre-coated
155 with 1% gelatin. Cells were left to adhere overnight, before medium was changed after 12-18
156 hours in order to remove erythrocyte contamination. HUVECs were counted manually using a

157 haemocytometer. HUVECs were exposed to hypoxia using to an InVivo2 hypoxic workstation
158 and NaNO₂ administered as for HECV (above).

159 **EV isolation**

160 HUVECs and HECVs were grown to confluence and incubated under their specified conditions
161 in serum-free media (SFM) for 24 hours prior to EV isolation. Cell-conditioned culture medium
162 was then removed and subjected to a differential ultracentrifugation method, as described
163 previously [39]. Briefly, cell media (typically 30mLs) was centrifuged at 300 x g for 5 minutes
164 to remove any detached cells in suspension. This supernatant was taken and subjected to a
165 second centrifugation at 15,000 x g for 15 minutes at 4°C to pellet any cellular debris or
166 apoptotic bodies. This supernatant was then isolated and subjected to a third and final
167 ultracentrifugation at 100,000 x g for 60 minutes at 4°C in order to pellet EVs (typically
168 ~100µL). This pellet was then resuspended in 750µL 1x PBS, which had been filtered with a
169 0.22 µm filter (Millex®, Merck Millipore, Ireland).

170 **Nanoparticle Tracking Analysis**

171 The concentration of PEVs and CEVs was determined using nanoparticle tracking analysis
172 (NTA, NanoSight LM10 system, UK) as we have described previously [40]. NTA is a laser
173 illuminated microscopic technique equipped with a 642 nm laser and a high sensitivity digital
174 camera system (OrcaFlash2.8, Hamamatsu, NanoSight Ltd) that determines the Brownian
175 motion of individual nanoparticles in real-time to assess size and concentration. Sixty-second
176 videos were recorded, and particle movement was analysed using NTA software (version 2.3).
177 Shutter speed was fixed at 30.01 ms and camera gain to 500. Camera sensitivity and detection
178 threshold were typically (11–14) and (4–6), respectively. PEV and CEV samples were diluted
179 in EV-free sterile water (Fresenius Kabi, Runcorn, UK) and the EV concentration was
180 normalised prior to application to in vitro functional assays.

181

182 **Characterisation of EVs**

183 Time-resolved fluorescence coupled with a modified ELISA technique was used to assess
184 both the surface protein and content of the isolated PEVs derived from various conditions, as
185 described previously [40]. PEVs were loaded onto a high protein binding 96-well plate
186 (Greiner Bio-One, Germany) overnight at 4°C, before non-specific sites were blocked with
187 1% BSA (R&D Systems) for two hours. PEVs were permeabilised using a RIPA lysis buffer
188 (Santa Cruz, CA, USA) to allow analysis of intra-vesicular proteins. PEVs were incubated

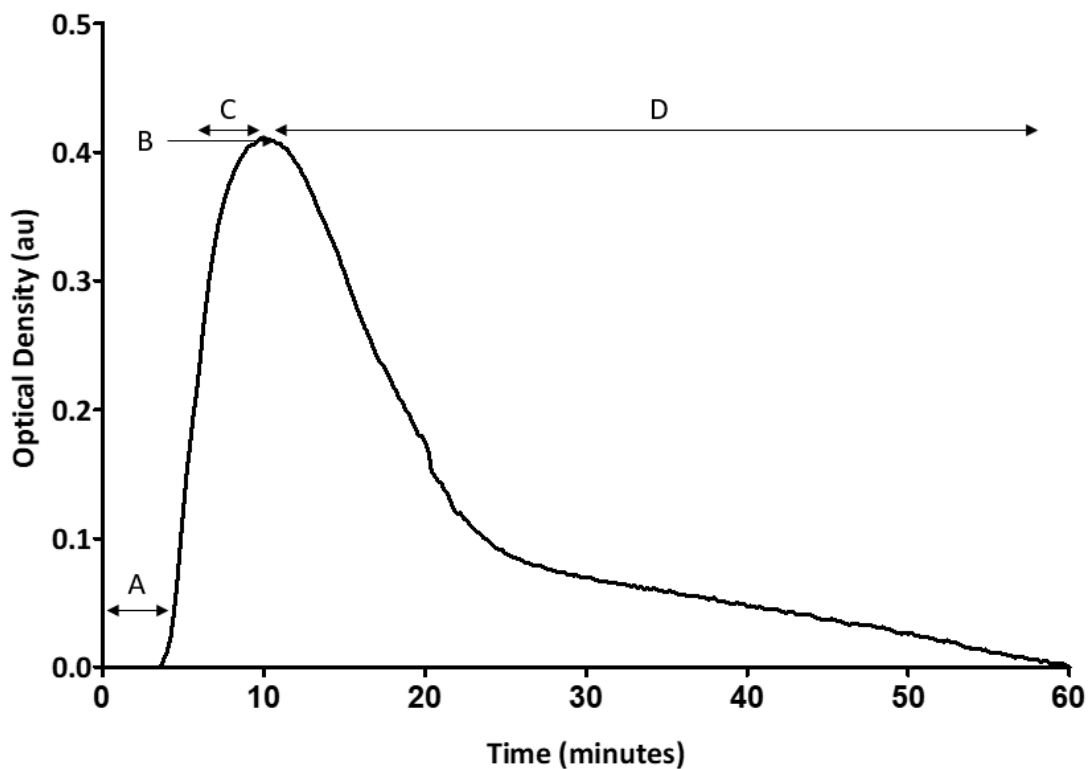
189 overnight with mouse anti-human antibodies for typical EV markers CD9, ALIX, and
190 TSG101, and for typical endothelial markers CD144 (VE-Cadherin), Von Willebrand factor
191 (vWF), tissue factor (TF), and TFPI, (all Abcam, Cambridge, UK) overnight at 4°C. Markers
192 were detected using a biotinylated anti-mouse IgG secondary antibody (PerkinElmer,
193 Buckinghamshire, UK) and a streptavidin:europium conjugate (PerkinElmer,
194 Buckinghamshire, UK) and measured by time-resolved fluorescence (delay time: 400 μ s,
195 measurement window: 400 μ s) using a BMG Labtech CLARIOstar.

196 **Fluorescent Fibrin Polymer Formation**

197 The Alexa Fluor 594 human fibrinogen conjugate (Thermo Fisher Scientific, USA), with
198 absorption and emission maxima of 592 nm and 618 nm respectively, was used to visualise
199 the formation of fibrin-based polymers in real time, adapted from a method previously
200 described [41] and reviewed [42,43]. Thawed human plasma was introduced to fluorescent
201 fibrinogen at a final concentration of 5% and endothelial CEVs at a concentration of 1×10^9
202 EVs/mL in 100 μ L consecutively. Simultaneously, a Hanks Based Salt-Solution (HBSS)
203 containing 5U/mL thrombin (Merck, USA) and 200mM calcium chloride (CaCl_2) (Beckman
204 Coulter, UK) was added to the plasma containing CEVs and fluorescent fibrinogen, for a
205 final concentration of 0.5U/mL thrombin and 20mM CaCl_2 in 100 μ L. The introduction of
206 HBSS to plasma represented time point 0. A high concentration of thrombin catalyses the
207 conversion of fibrinogen to fibrin. 20 μ L of this mixture was placed on a glass microscope
208 slide and covered with a coverslip. Fibrin polymer formation was monitored over time at
209 100x magnification on a Nikon-80i microscope (Nikon, Japan) and captured using Volocity-
210 64x software (a typical time-course is shown in supplementary material – Figure 1). Maximal
211 clot formation was reflected from images captured and measured at 15 minutes, where
212 beyond 15 minutes, only a slight increase in fluorescence occurs [41]. Controls were lacking
213 the addition of CEVs. Results were analysed on Adobe Photoshop (Adobe Inc., California,
214 USA) from 16 individual points of interest on each single repetition, where ‘fibrin percentage
215 area’ represents a pixel-by-pixel coverage of the image by fibrin polymers versus total pixels,
216 where 14.42 pixels represents 1 μ m. The number of fibrin polymers intersecting at a junction
217 was determined by the number of strands per junction and is a measure of fibrin clot
218 formation.

219 **Turbidometry**

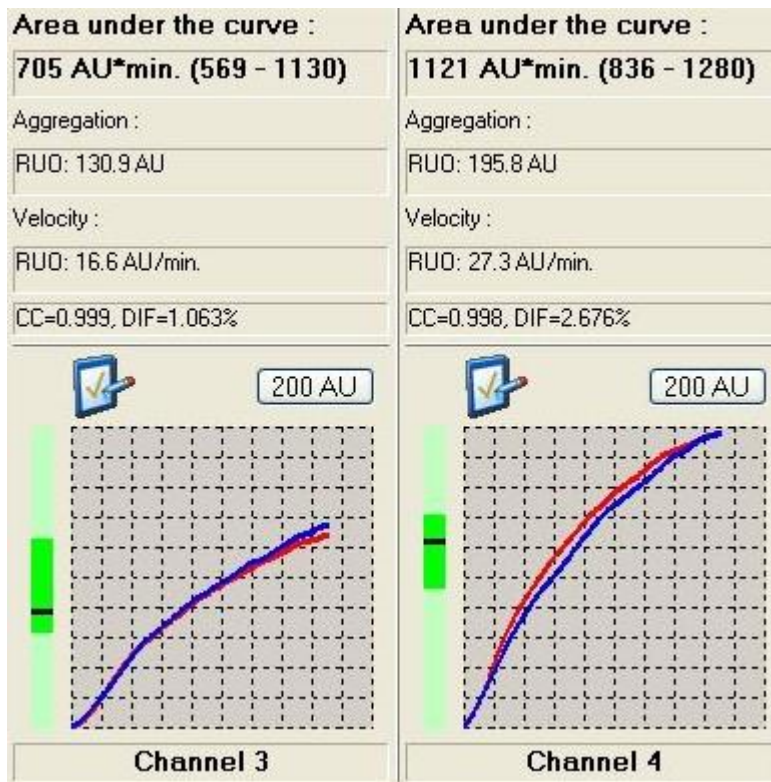
220 Turbidometry was employed to analyse clot formation and lysis. The assay was originally
221 developed by Professor Ajjan's group at Leeds University Hospital [44,45] and modified as
222 follows. EVs from cells subjected to normoxic and hypoxic conditions (+/- nitrite),
223 respectively, were added to human plasma (a pooled standard that had originated from healthy
224 control subjects) at a concentration of 1×10^9 EVs/mL in $100 \mu\text{L}$ before the addition of thrombin
225 and calcium at a final concentration of 0.03U/mL thrombin, 7.5mM CaCl_2 , and 83.2ng/mL
226 tissue plasminogen activator (tPA) in a total assay volume of $150 \mu\text{L}$. Samples were prepared
227 in triplicate. Absorbance readings at 340 nm were recorded using a CLARIOstar Plus 96 well
228 plate reader (BMG Labtech, England) at 37°C for up to 60 min . From the absorbance profile
229 over time, the maximal clot formed was measured from the peak absorbance, the rate of clot
230 formation calculated from baseline to peak absorbance over time, rate of clot lysis calculated
231 from the peak to baseline return over time, and time to 50% lysis. These were compared to a
232 paired control consisting of plasma with no EVs added.
233



234 **Figure 1. Typical coagulation trace using thrombin as the activator and tPA as the lysis initiator in platelet**
235 **free plasma without the addition of EVs. A = the delay in clot formation (seconds). B = the maximum optical**
236 **density (au), the maximum strength of the clot. C = clot formation, from which the time taken for clot formation**
237 **to reach its maximum point can be calculated (minutes). D = Clot lysis, the rate of clot lysis can be calculated**
238 **(minutes). The graph demonstrates clot formation and lysis is complete within 1 hour.**
239

240 **Platelet aggregation**

241 Whole blood (300 μ L) of healthy volunteers collected into a hirudin BD Vacutainer[®] was
 242 diluted 1:1 with EVs in PBS (final concentration: 2×10^8 /mL) and preheated to 37°C in a
 243 single use test cell for 3 minutes for Multiplate[®] platelet aggregometry. Samples were
 244 continuously homogenised using a Teflon coated stirring bar at 1000 rpm. Platelet activation
 245 was then initiated by the addition of either ADP (20 μ L, final concentration 6.5 μ M) or TRAP
 246 (Thrombin receptor activating peptide, 20 μ L, final concentration 32 μ M) (Roche Diagnostics
 247 Ltd, Switzerland). An example of ADP and TRAP aggregation curves is shown in Figure 2.
 248 An increase in electrical impedance was recorded for 6 minutes, with timing based on
 249 Multiplate[®] test parameters that are required to assess velocity of aggregation, maximum
 250 aggregation, and area under the curve (AUC), and expressed as arbitrary aggregation units.



251

252 **Figure 2. Representative aggregation curves for ADP and TRAP.** Whole blood was incubated, before
 253 platelets were stimulated with either ADP (left) or TRAP (right). Aggregation units calculated as area under the
 254 curve after 6 minutes (impedance:time).

255 **Fractal Dimension and Clot Formation Time**

256 The haemorheological gel point technique has been previously described [46,47]. Briefly,
 257 blood was loaded into a double concentric measuring geometry on a controlled stress
 258 rheometer, AR-G2 (TA Instruments, New Castle, DE, USA). Small amplitude oscillatory

259 shear measurements were performed at test frequencies (2 Hz, 0.93 Hz, 0.43 Hz and 0.2 Hz)
260 with a peak stress amplitude of 0.03 Pa. This allowed the phase angle (δ) (the difference
261 between the applied stress and measured strain) to be determined. The method detects the Gel
262 Point (GP) by measuring the difference in δ at the varying frequencies with respect to time.
263 GP represents the formation of the incipient blood clot; the first point at which the fluid
264 transitions to a solid. GP allows quantification of how the fibrin clot is organised using fractal
265 analysis, to determine the clot's fractal dimension (d_f), which was normalised to the PBS
266 control. In addition, measurement of the GP provides a measure of clot formation time (T_{GP})
267 which is the time taken to form the clot.

268 Blood from healthy volunteers was taken into 3.2% sodium citrate vacutainers®, aliquoted
269 into 7mL vials and incubated at 37°C with PEVs (final concentration 2×10^8 /mL) for 15
270 minutes. Citrated blood samples were then re-calcified by adding 334 μ L 0.2M calcium
271 chloride, before being immediately loaded into the rheometer. The process from recalcifying
272 the blood to initialization of the measurement was performed in less than 60 seconds.
273 Samples were allowed to run for sufficient time to reach the GP, never exceeding more than
274 10 minutes.

275 **Thrombin generation assay**

276 Thrombin activity was assessed using the Thrombin activity assay kit (Abcam, Cambridge,
277 United Kingdom). The assay was undertaken as per the manufacturer's instructions. Briefly,
278 a set of thrombin standards was prepared, before plasma isolated from the blood of healthy
279 volunteers was diluted and added to the microplate. PEVs were added to plasma samples
280 (final concentration 2×10^8 /mL) and incubated for 1 hour at 37°C, before a reaction mix
281 (containing the fluorogenic thrombin substrate and buffer) was added to both plasma and
282 standard wells. Fluorescence was measured at Ex/Em = 350/450 nm every 3 minutes for 60
283 minutes at 37°C. Following completion of this incubation, two time points were chosen
284 within the linear portion of the time course to calculate the change in fluorescence and thus
285 Thrombin activity. This change in fluorescence was then compared to a standard curve in
286 order to calculate ng of Thrombin, allowing thrombin activity to be expressed as ng/mL.

287 **Scanning electron microscopy**

288 Scanning electron microscopy was used to visualise fibrin clots and the influence of PEVs in
289 whole blood. Fibrin clots were formed at 37°C for 2 hours (due to correlations between

290 gelation time and final clot structure) by adding CaCl₂ (20mM). Clots were washed 3 times
291 with sodium cacodylate buffer (0.2M), before being fixed in 2% glutaraldehyde in PBS (v/v)
292 for 1 hour at room temperature. Clots were subjected to dehydration through graded ethanol
293 (30-100%), before being fixed using hexamethyldisiazane. Finally, the sample was splutter
294 coated with gold, and imaged using a Hitachi Ultra-high resolution FE-SEM S-4800.

295 **Statistics**

296 Data were analysed using GraphPad Prism (version 5.0; GraphPad Software Inc., San Diego,
297 USA). D'Agostino's K-squared test was used to check data for normality. Multiple
298 comparison of means were undertaken using one-way ANOVA followed by a Tukey's
299 multiple pairwise comparisons test. Results are expressed as mean \pm standard error (SE)
300 unless stated. A p-value of < 0.05 was regarded as statistically significant throughout. All
301 experimental runs are paired with relevant controls. The authors acknowledge that as a
302 consequence this can lead to results that can engender substantial variability within the
303 methodology and the controls, however, this also ensures experimental repeats are considered
304 in the context of negative and positive controls.

305

306 **Results**

307

308 **Effect of hypoxia on EV concentration, size, and size distribution**

309 As Table 1 indicates, hypoxia exposure (1% O₂ – EV^{hypoxia}) significantly increased CEV
310 production in comparison to CEVs in normoxia (21% O₂ - EV^{normoxia}) (EV^{hypoxia}: 1825 ± 72 EVs/cell
311 vs EV^{normoxia}: 117 ± 9 EVs/cell, *p* < 0.001, respectively). CEV production was significantly
312 reduced following the introduction of nitrite to cells prior to incubation in hypoxia (EV^{hypoxia+N}:
313 842 ± 91, *p* < 0.001). However, neither hypoxic conditions, nor the introduction of nitrite,
314 affected EV mean size (EV^{hypoxia}: 221 ± 6 nm, EV^{normoxia}: 203 ± 4 nm, EV^{hypoxia+N}: 211 ± 7 nm,
315 EV^{normoxia+N}: 206 ± 3, *p* > 0.05).

316

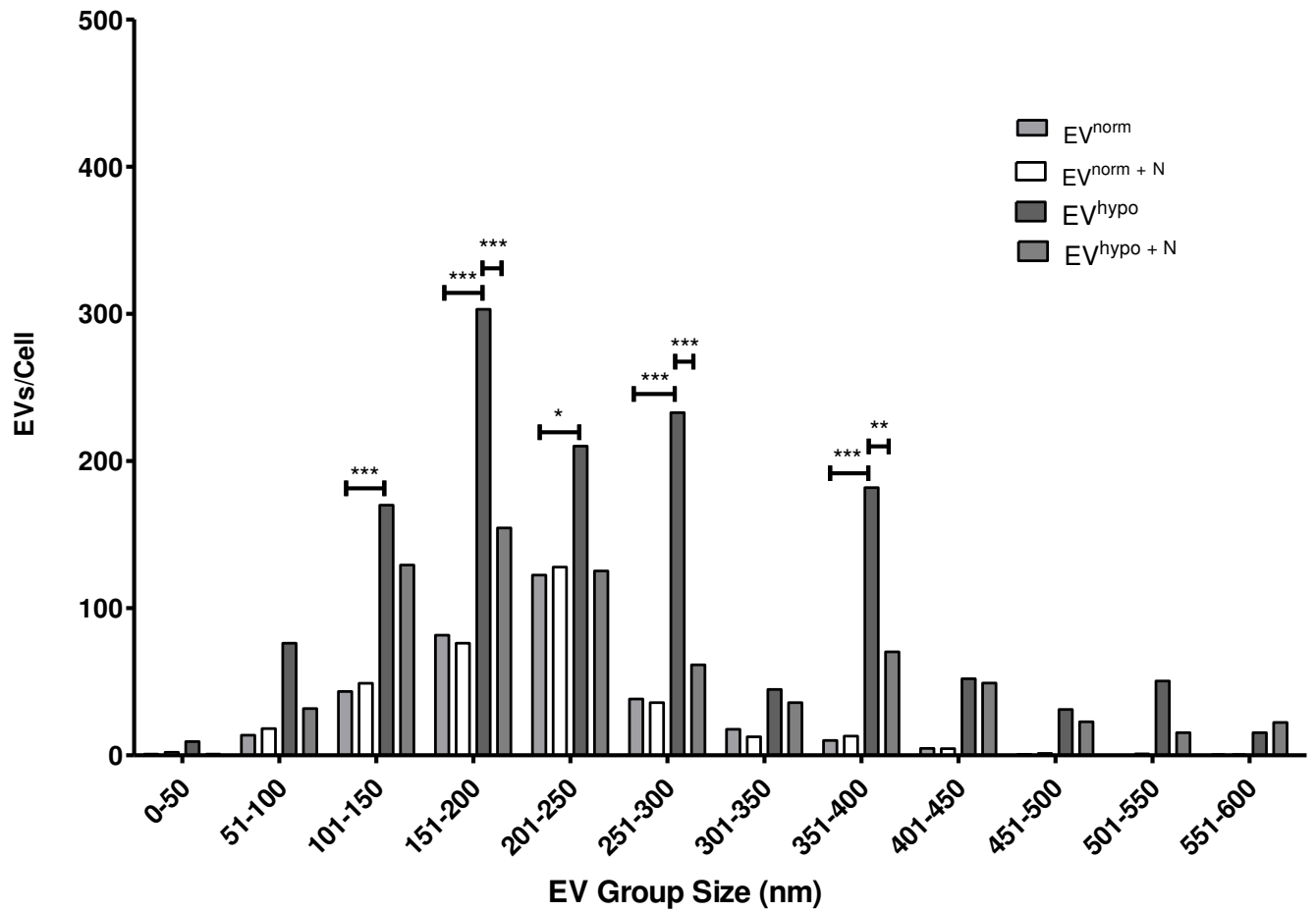
317 CEV size distribution was assessed (according to 50 nm bin size), showing EV^{hypoxia} exhibited
318 an elevated concentration of CEVs at bin size ranges 101-300 nm, and 351-400 nm. The
319 introduction of nitrite to cells incubated in hypoxia reduced the concentration of CEVs versus
320 cells exposed to hypoxia alone at bin size ranges 151-200 nm, 251-300 nm, and 351-400 nm
321 respectively. See Figure 3 for the depiction of CEV size distribution.

322

	Normoxia		Hypoxia	
	Without NO ₂ ⁻	With NO ₂ ⁻	Without NO ₂ ⁻	With NO ₂ ⁻
CEV concentration (EVs/cell)	117 ± 9	123 ± 11	1825 ± 72***	842 ± 91 ^{†††}
CEV size (nm)	203 ± 4	206 ± 3	221 ± 6	211 ± 7

323

324 **Table 1. The effect of hypoxia on CEV concentration and size.** CEVs were measured using nanoparticle
325 tracking analysis. *** represents *p* < 0.001 compared to normoxia. ^{†††} represents *p* < 0.001 compared to hypoxia
326 without NO₂⁻. Results reflect N=5.



327

328 **Figure 3. The effect of hypoxia and nitrite on CEV size distribution.** CEVs were measured using nanoparticle
 329 tracking analysis. Assessed in 50 nm bin sizes, results reflect N=5. EV^{norm} = normoxic EV, EV^{norm+N} = normoxic
 330 EV + nitrite, EV^{hypo} = hypoxic EV, EV^{hypo+N} = hypoxic EV + nitrite. ***, ** and * reflect p < 0.001, 0.01 and
 331 0.05, respectively.

332

333

334 **Characterisation of EVs**

335 HECV are a cell line and as such do not express all the characteristics of primary endothelial
 336 cells. We therefore chose to assess the influence of hypoxia and nitrite using primary HUVEC.
 337 Like HECVs, hypoxia significantly increases the PEV yield from HUVEC (PEVs/Cell = 1227
 338 \pm 50 vs 361 \pm 20, $p < 0.001$). Table 2 illustrates that TFPI expression was significantly reduced
 339 in EV^{hypoxia} compared to EV^{norm} (RFU = 9799 \pm 2353 vs 19723 \pm 2698, $p < 0.05$, respectively).
 340 The simultaneous addition of NO₂⁻ to hypoxia-treated HUVECs had no impact on the TFPI
 341 expression of the PEVs produced (EV^{hypoxia+N}) (RFU = 9799 \pm 2353). TF expression was
 342 significantly elevated in EV^{hypoxia} and EV^{hypoxia+N} compared to pre-treatment of HUVECs incubated
 343 in normoxia with NO₂⁻ (EV^{norm+N}) (EV^{hypoxia}: RFU = 7666 \pm 1698, EV^{hypoxia+N}: 9505 \pm 1260 vs
 344 EV^{norm+N}: 4239 \pm 605, $p < 0.001$, respectively). EV^{hypoxia+N} also expressed significantly higher
 345 TF than EV^{norm} (9505 \pm 1260 vs 5958 \pm 1644, $p < 0.001$). EV^{norm+N} also had no effect on the
 346 expression of PEV vWF, TF or TFPI. EV^{norm} and EV^{hypoxia} exhibited similar levels of the
 347 endothelial marker CD144 and the EV associated markers CD9, ALIX, and TSG101 (see
 348 Supplementary Data – Figure 2).

349

	EV ^{norm}		EV ^{hypoxia}	
	Without NO ₂ ⁻	With NO ₂ ⁻	Without NO ₂ ⁻	With NO ₂ ⁻
vWF	11389 \pm 1765	12534 \pm 3688	12385 \pm 2186	10111 \pm 1103
TF	5958 \pm 1644	4239 \pm 605	7666 \pm 1698 [^]	9505 \pm 1260 ^{^s}
TFPI	19723 \pm 2698	19323 \pm 2053	9799 \pm 2353 [*]	8524 \pm 1084 ^{*†}

350 **Table 2. Level of coagulation proteins expressed on PEVs.** Results are relative fluorescent units (RFU). [^]
 351 represents $p < 0.001$ compared to normoxia with NO₂⁻. ^s represents $p < 0.001$ compared to normoxia without NO₂⁻
 352 . ^{*} represents $p < 0.05$ compared to normoxia without NO₂⁻. [†] represents $p < 0.05$ compared to normoxia with
 353 NO₂⁻. Results reflect N=4.

354

355 **Fluorescent fibrin polymer formation**

356 As displayed by Figures 4A and 4C, fibrin polymer formation was significantly increased
357 following the addition of EV^{norm} to plasma in comparison to control (plasma alone - no CEVs
358 added) (% area = 36.36 ± 0.72 vs. 16.66 ± 1.17 , $p < 0.001$, respectively). Similarly, the addition
359 of EV^{hypo} significantly increased the fibrin % area compared to control (% area = 46.98 ± 0.97 ,
360 $p < 0.001$). The influence of EV^{hypo} was significantly greater than EV^{norm} ($p < 0.01$). Given
361 TFPI regulates the action of the extrinsic coagulation cascade and EV^{hypo} expressed more TF
362 and less TFPI than EV^{norm}, we investigated if the addition of exogenous TFPI restored fibrin
363 polymerization to the level observed with addition of EV^{norm}. The increased fibrin % area seen
364 following the addition of EV^{hypo} was fully attenuated following the addition of exogenous TFPI
365 in combination with hypoxia-derived EVs (EV^{hypo+TFPI}) (19.91 ± 4.91 , $p < 0.001$). The addition
366 of TFPI in combination with normoxia-derived EVs had no effect on the fibrin % area (% area
367 = 26.60 ± 0.59 , $p > 0.05$). Following the addition of EV^{hypo+N} to plasma, fibrin % area was
368 significantly reduced in comparison to EV^{hypo} (% area = 15.70 ± 1.99 vs 35.97 ± 3.28 ,
369 respectively, $p < 0.001$). EV^{hypo+N} returned levels to baseline, comparable to EV^{norm}. There was
370 no significant difference between EV^{norm+N} and EV^{norm} (% area = 19.06 ± 2.34 vs 18.59 ± 2.02 ,
371 respectively, $p > 0.05$). Supplementary Data - Figure 3 illustrates typical formation of fibrin
372 polymers with the addition of normoxia- and hypoxia-derived EVs in the presence and absence
373 of nitrite.

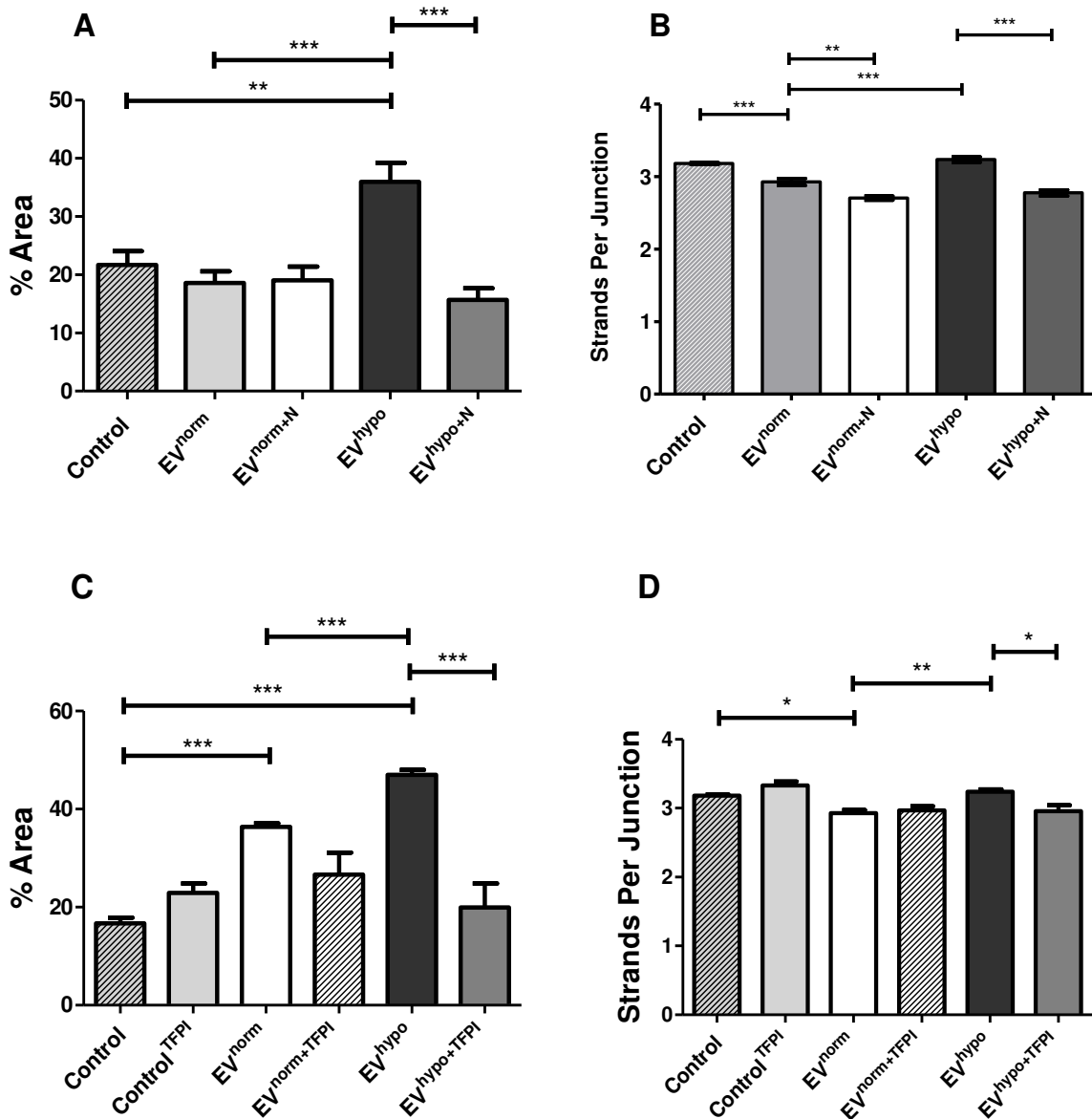
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375 Figures 4B and 4D compare the number of fibrin strands at each junction. This is a measure of
376 the mechanical strength and hence its resistance to breakdown [48]. The addition of EV^{norm} to
377 plasma significantly reduced strands per junction compared to control plasma ($spj = 2.93 \pm$
378 0.05 vs 3.18 ± 0.02 , respectively, $p < 0.05$). Following the addition of EV^{norm+N}, strands per
379 junction were reduced further compared to EV^{norm} alone ($spj = 2.71 \pm 0.03$ vs 2.93 ± 0.05 ,
380 respectively, $p < 0.001$). This effect was mirrored by the addition of EV^{hypo+N} compared to
381 EV^{hypo} ($spj = 2.79 \pm 0.04$ vs 3.24 ± 0.04 , respectively, $p < 0.001$).

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387 **Figure 4. The effect of nitrite and/or TFPI treated CEVs on the contribution to clot formation.** CEVs were
 388 incubated with platelet poor plasma before clot formation was initiated with a combination of calcium and
 389 thrombin. Images were then captured after 15 minutes. **A. % Area (EV with NO₂⁻).** **B. Strands Per Junction (EV**
 390 **with NO₂⁻).** **C. % Area (EV with TFPI).** **D. Strands Per Junction (EV with TFPI).** EV^{norm} = normoxic EV, EV^{norm+N}
 391 = normoxic EV + nitrite, EV^{hypo} = hypoxic EV, EV^{hypo+N} = hypoxic EV + nitrite. Control – Filtered PBS. EVs at
 392 concentration 1 x 10⁹ EVs. Results represent [N=6]. ***, ** and * reflect p < 0.001, 0.01 and 0.05, respectively.

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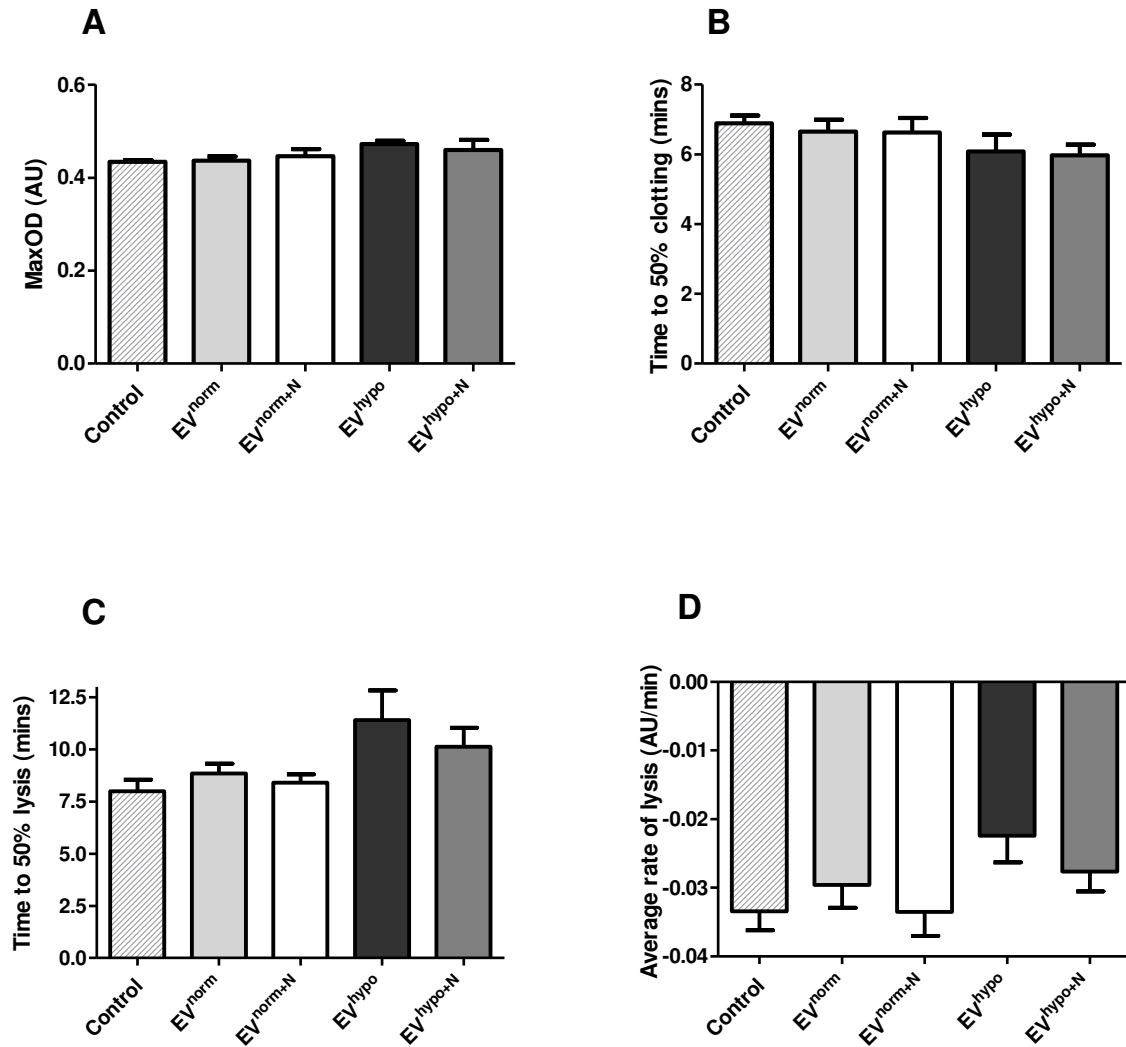
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397 **Turbidometry**

398 The maximum optical density (MaxOD), reflecting total clot formed, was greater following
399 addition of CEVs produced under hypoxia compared to normoxia, however this did not reach
400 statistical significance (EV^{norm} : 0.437 ± 0.009 AU, EV^{norm+N} : 0.446 ± 0.015 AU, EV^{hypo} :
401 0.472 ± 0.007 AU, EV^{hypo+N} : 0.459 ± 0.022 AU, Control: 0.434 ± 0.004 AU, respectively, $p >$
402 0.05) (Figure 5A).

403 The time taken for optical density to reach 50% of its MaxOD reflects the rate of clot
404 formation. No significant differences were observed between CEV samples (EV^{norm} : $6.66 \pm$
405 0.338 mins, EV^{norm+N} : 6.628 ± 0.417 mins, EV^{hypo} : 6.086 ± 0.482 mins, EV^{hypo+N} : $5.978 \pm$
406 0.298 mins, Control: 6.89 ± 0.227 mins, respectively, $p > 0.05$) (Figure 5B). The time taken
407 for the optical density to return to 50% of its MaxOD reflects lysis and is a surrogate for the
408 strength of the clot. In the presence of EV^{hypo} the time to 50% lysis was greater than EV^{norm}
409 however this did not reach statistical significance (EV^{norm} : 8.84 ± 0.471 mins, EV^{norm+N} : $8.4 \pm$
410 0.4 mins, EV^{hypo} : 11.4 ± 1.421 mins, EV^{hypo+N} : 10.12 ± 0.913 mins, Control: 8 ± 0.544 mins,
411 $p > 0.05$) (Figure 5C). Similarly, the rate of lysis in the presence of EVs +/- nitrite did not
412 show significant differences (EV^{norm} : -0.030 ± 0.003 AU/min, EV^{norm+N} : -0.034 ± 0.004
413 AU/min, EV^{hypo} : -0.022 ± 0.004 AU/min, EV^{hypo+N} : -0.028 ± 0.003 AU/min, Control: -0.033
414 ± 0.003 AU/min, $p > 0.05$) (Figure 5D).



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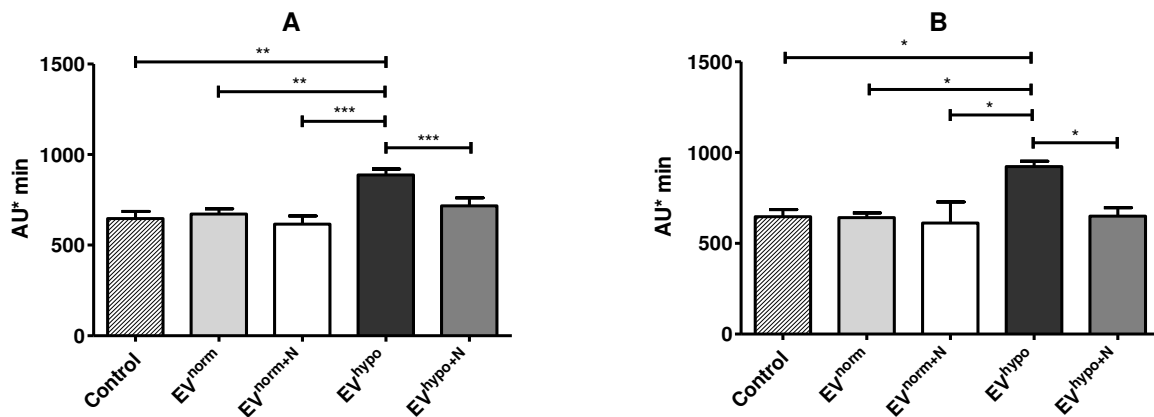
Figure 5. The effect of CEVs on thrombin and calcium induced turbidometry. CEVs were incubated with platelet poor plasma before clot formation was initiated with a combination of calcium and thrombin. **A.** *MaxOD* **B.** *Time to 50% clotting* **C.** *Time to 50% lysis* **D.** *Average rate of lysis*. EV^{norm} = normoxic EV, EV^{norm+N} = normoxic EV + nitrite, EV^{hypo} = hypoxic EV, EV^{hypo+N} = hypoxic EV + nitrite. Control – Filtered PBS. Results reflect [N=5].

422 **Platelet activity**

423 Platelet aggregation in response to ADP in the presence of PEV was significantly increased
424 following whole blood incubation with EV^{hypo} compared to control (888.0 ± 32.2 AU*min vs
425 647.2 ± 38.1 AU*min respectively, *p* < 0.01) (Figure 6A). EV^{hypo} also demonstrated an
426 increase in platelet activity following stimulation by ADP, in comparison to EV^{norm} (671.5 ±
427 28.3 AU*min, *p* < 0.01) and EV^{norm+N} (616.0 ± 44.9 AU*min, *p* < 0.001). EV^{hypo+N}
428 significantly reduced platelet aggregation in response to ADP compared to EV^{hypo} to levels
429 similar to EV^{norm} (716.5 ± 44.3 AU*min vs 888.0 ± 32.2 AU*min respectively, *p* < 0.001).
430 EV^{norm} and EV^{norm+N} had no effect on platelet activity stimulated via ADP in comparison to
431 control (EV^{norm}: 671.5 ± 28.3 AU*min, EV^{norm+N}: 616.0 ± 44.9 AU*min, control: 647.2 ±
432 38.1 AU*min, *p* > 0.05).

433

434 Following stimulation with TRAP in the presence of PEV, EV^{hypo} increased platelet
435 aggregation in comparison to EV^{norm} (922.2 ± 30.1 AU*min vs 641.2 ± 25.2 AU*min, *p* <
436 0.05) (Figure 6B). EV^{hypo+N} significantly reduced platelet aggregation compared to EV^{hypo}
437 (650.3 ± 45.4 AU*min vs 922.2 ± 30.1 AU*min respectively, *p* < 0.05). EV^{norm+N} had no
438 effect on platelet aggregation compared to EV^{norm} (612.3 ± 115.2 AU*min vs 641.2.0 ± 25.2
439 AU*min respectively, *p* > 0.05).



440

441 **Figure 6. The effect of PEVs on ADP- and TRAP- mediated platelet aggregation.** PEVs were incubated with
442 whole blood, before platelets were stimulated with either ADP (A) or TRAP (B). Aggregation units calculated as
443 area under the curve after 6 minutes (impedance:time). EV^{norm} = normoxic EV, EV^{norm+N} = normoxic EV + nitrite,
444 EV^{hypo} = hypoxic EV, EV^{hypo+N} = hypoxic EV + nitrite. Control – Filtered PBS. Results represent [N=6]. ***, **
445 and * reflect *p* < 0.001 and 0.01 and 0.05, respectively.

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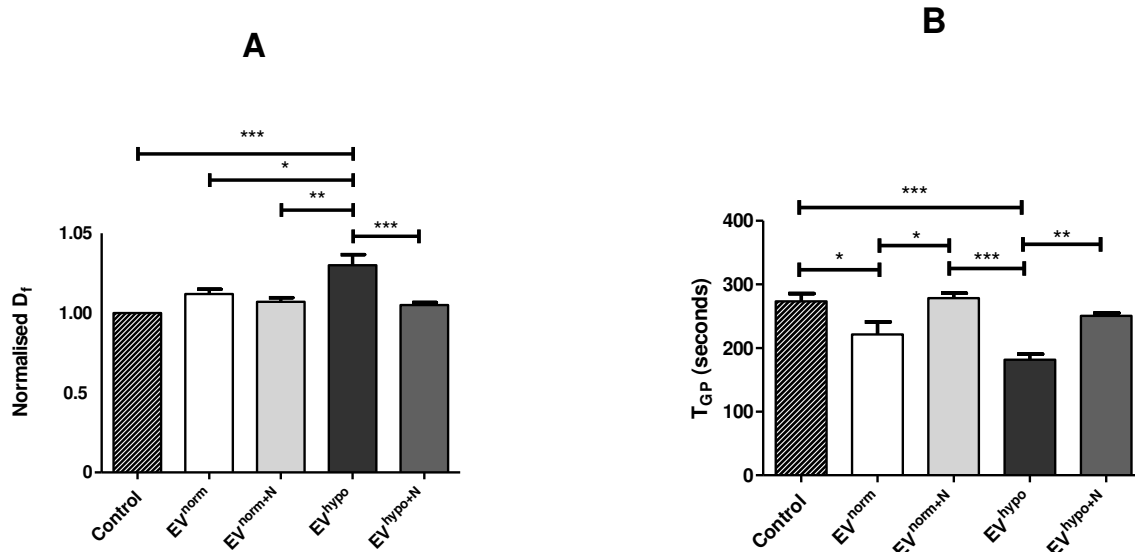
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449 **Fractal Dimension and Clot Formation Time**

450 To corroborate the findings of the plasma fibrinogen assay in a whole blood assay, fractal
451 dimension (d_f) and clot formation time (T_{GP}) were measured in the presence and absence of
452 PEV produced under various conditions. d_f was significantly elevated following the addition
453 of EV^{hypo} to whole blood, in comparison to control ($d_f = 1.03 \pm 0.0067$ vs 1.00 ± 0.00 ,
454 respectively, $p < 0.001$) (Figure 7A). EV^{hypo} also significantly increased d_f in whole blood in
455 comparison to EV^{norm} and EV^{norm+N} ($d_f = EV^{hypo}$: 1.030 ± 0.0067 , EV^{norm} : 1.012 ± 0.0029 ,
456 EV^{norm+N} : 1.007 ± 0.0027 , $p < 0.05$ and $p < 0.01$ respectively). Interestingly, EV^{hypo+N}
457 significantly reduced d_f in comparison to EV^{hypo} alone, to similar levels seen with EV^{norm} (d_f
458 $= 1.005 \pm 0.0017$ vs 1.012 ± 0.0029 respectively, $p < 0.001$). d_f was not significantly different
459 between EV^{norm} and control ($d_f = 1.012 \pm 0.0030$ vs 1.00 ± 0.00 respectively, $p > 0.05$).
460 EV^{norm+N} had no influence on d_f in comparison to EV^{norm} ($d_f = 1.007 \pm 0.0026$ vs $1.012 \pm$
461 0.0030 , respectively, $p > 0.05$).

462 T_{GP} was significantly reduced by EV^{norm} in comparison to control ($T_{GP} = 221.4 \pm 19.71$
463 seconds vs 273.4 ± 12.31 seconds respectively, $p < 0.05$) (Figure 7B). EV^{norm+N} increased T_{GP}
464 in comparison to EV^{norm} ($T_{GP} = 278.6 \pm 7.78$ secs vs 221.4 ± 19.71 secs respectively, $p <$
465 0.05). EV^{hypo} significantly reduced T_{GP} in comparison to control ($T_{GP} = 181.6 \pm 8.98$ seconds
466 vs 273.4 ± 12.31 seconds respectively, $p < 0.05$). Interestingly, EV^{hypo} did not significantly
467 alter T_{GP} in comparison to EV^{norm} ($T_{GP} = 181.6 \pm 8.98$ seconds vs 221.4 ± 19.71 seconds
468 respectively, $p > 0.05$). EV^{hypo+N} appeared to reverse the effect of EV^{hypo} on T_{GP} , with
469 EV^{hypo+N} restoring T_{GP} to a similar level as the control ($T_{GP} = EV^{hypo+N}$: 250.8 ± 4.2 seconds
470 vs EV^{hypo} : 181.6 ± 8.99 seconds, $p < 0.01$).



471

472 **Figure 7. The effect of hypoxia and nitrite treated PEVs on fractal dimension (d_f) and clot formation time**

473 (T_{GP}). **A.** EVs were added to whole blood and incubated for 15 minutes form, in seconds. Results are normalised

474 to an EV-free PBS control, and represent mean \pm standard error. EV^{norm} = normoxic EV, EV^{norm+N} = normoxic

475 EV + nitrite, EV^{hypo} = hypoxic EV, EV^{hypo+N} = hypoxic EV + nitrite. Control – EV-free filtered PBS. **B.** T_{GP}

476 represents the time taken for a blood clot to EVs. d_f results are normalised to the EV-free control. Results

477 represent [N=5]. ***, ** and * reflect p < 0.001, 0.01 and 0.05, respectively.

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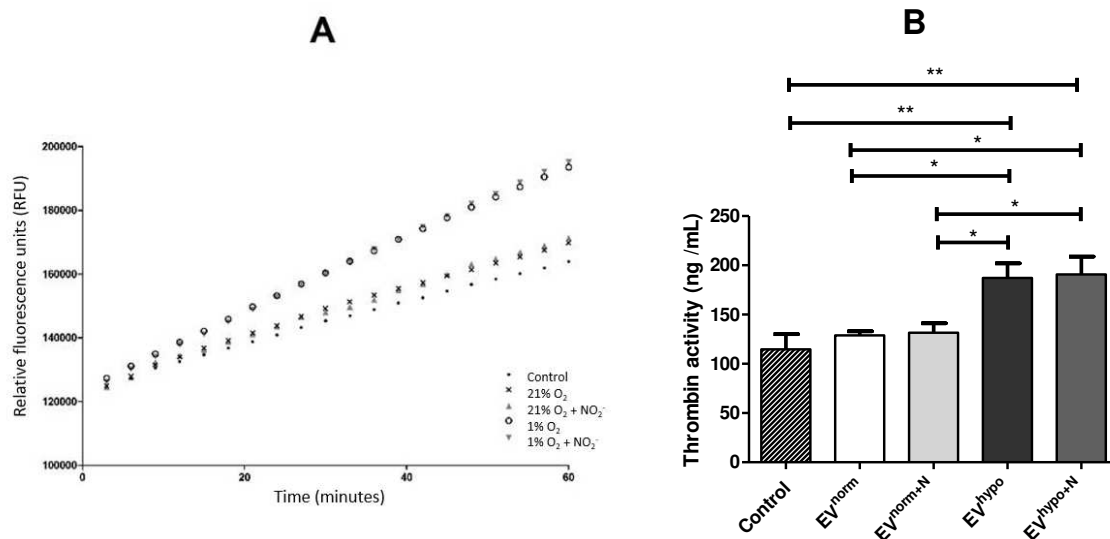
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498 **Thrombin activity**

499 Thrombin activity was measured in the plasma of healthy volunteers and was not affected by
500 the presence of EV^{norm} in comparison to control (128.9 ± 4.2 ng/mL vs 114.6 ± 15.6 ng/mL
501 respectively, $p > 0.05$) (Figure 8). EV^{norm+N} did not alter thrombin activity compared to EV^{norm}
502 (EV^{norm+N}: 131.6 ± 9.5 ng/mL vs EV^{norm}: 128.9 ± 4.2 ng/mL, $p > 0.05$). EV^{hypo} significantly
503 increased thrombin activity in comparison to both EV^{norm} and EV^{norm+N} (EV^{hypo}: 187.1 ± 14.8
504 ng/mL, EV^{norm}: 128.9 ± 4.2 ng/mL, EV^{norm+N}: 131.6 ± 9.5 ng/mL, $p < 0.05$). EV^{hypo+N} did not
505 significantly reduce thrombin activity in comparison to EV^{hypo} (190.7 ± 18.1 ng/mL vs 187.1 ±
506 14.8 ng/mL, respectively). EV^{hypo+N} significantly increased thrombin activity in comparison to
507 EV^{norm} and EV^{norm+N} (EV^{hypo+N}: 190.7 ± 18.1 ng/mL, EV^{norm}: 128.9 ± 4.2 ng/mL, EV^{norm+N}:
508 131.6 ± 9.5 ng/mL, $p < 0.05$).

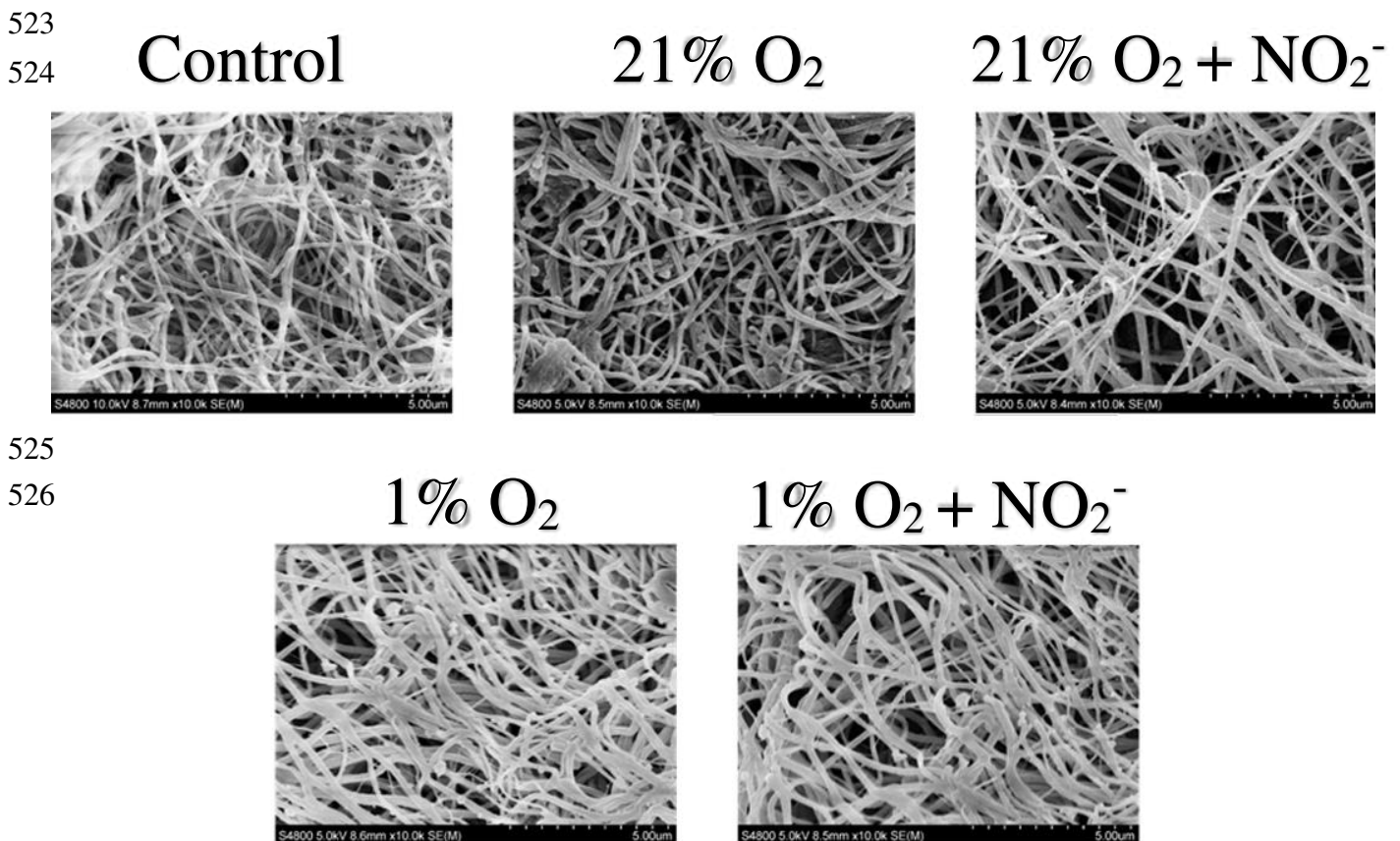


509

510 **Figure 8. The effect of PEVs on thrombin activity.** **A.** Thrombin generation was measured in the plasma of
511 healthy volunteers incubated with EVs over the course of 60 minutes. **B.** Thrombin activity was then calculated,
512 using a standard curve of known thrombin concentration. EV^{norm} = normoxic EV, EV^{norm+N} = normoxic EV +
513 nitrite, EV^{hypo} = hypoxic EV, EV^{hypo+N} = hypoxic EV + nitrite. Control – Filtered PBS. Results reflect [N=8] **
514 and * reflect $p < 0.05$ and 0.01, respectively.

515 **Electron microscopy**

516 Scanning electron microscopy highlighted structural differences in fibrin clots produced
517 following whole blood incubation with PEV isolated from various conditions (Figure 9). The
518 addition of PEV appeared to lead to direct incorporation into the fibrin clot, with multiple sub-
519 micron particles visibly attached to the fibres, largely absent in the control (no EV added).
520 Qualitatively, clots formed in the presence of EV^{hypo} and EV^{hypo+N} appear denser and more
521 compact. EV^{norm+N} appeared to reduce the density of the clot in comparison to EV^{norm}, a finding
522 consistent with the quantitative fibrin clot formation assay and fractal dimension results.



527 **Figure 9. Typical scanning electron micrographs of fibrin clots.** PEV appear to be incorporated within the
528 fibrin network. Control – Filtered PBS added to whole blood. The magnification bar is 5 µm for all images, shown
529 in 500 nm increments.

530

531 **Discussion**

532

533 This study demonstrates that endothelial cell-derived EV production is markedly increased
534 under hypoxic conditions, and these EV exhibit pro-coagulant characteristics and function
535 under normal conditions in comparison to endothelial EVs derived from normoxia. The
536 mechanism appears to be mediated by an imbalance in TF/TFPI content of hypoxia-derived
537 EVs. Pre-incubation of hypoxic HUVECs with inorganic NO_2^- abrogated the ability of the
538 PEVs to exert their pro-coagulant effect measured in three separate model systems of clot
539 formation.

540

541 The mechanical properties of blood clots are essential for homeostasis and the prevention of
542 blood loss. However, clots composed of compact fibrin strands are more resistant to lysis, and
543 can predispose individuals to arterial thrombotic events [48–52]. Indeed, alterations in clot
544 structure have been implicated in various thrombotic diseases, including ischemic stroke
545 [48,51], heart failure [52] and coronary artery disease [53,54]. The structural composition of
546 the clot defines its fibrinolytic properties, with a compact, tight fibrin network reducing the
547 penetration of fibrinolytic components. Conversely, a loose structure with thick fibres is more
548 susceptible to lysis due to high plasmin penetration of fibrinolytic components [55, 56].

549

550 EVs derived from platelets and endothelial cells form an intrinsic part of clot formation and
551 stability. Consistent with this, our data in three separate model systems shows endothelial EVs
552 generated under hypoxic conditions exhibit increased pro-coagulative capacity when tested
553 under normal conditions. Significant increases in fibrin polymerisation were induced on
554 addition of EV^{hypo} to plasma. This effect was abrogated when plasma was incubated with
555 $\text{EV}^{\text{hypo+N}}$, confirming that NO_2^- is capable of modulating the character of EVs produced under
556 hypoxic conditions. EV^{norm} and $\text{EV}^{\text{norm+N}}$ had no effect on fibrin polymerisation in comparison
557 to control. Platelet aggregation in whole blood was also elevated in response to the agonists
558 ADP and TRAP when pre-incubated with EV^{hypo} , whilst addition of NO_2^- to cells alleviated
559 this effect, regardless of the agonist used for stimulation. Thus, NO_2^- appears to protect against
560 the generation of pro coagulant, hypoxic CEVs. This was further confirmed using fractal
561 dimension (d_f) and clot formation time (T_{GP}) in whole blood. A significant relationship has

562 previously been observed between the SEM of fibrin clots and d_f , whereby a higher d_f was
563 associated with highly dense clots formed of smaller fibrin fibres [57,58].

564

565 We also show that EV^{hypO} elevated thrombin production significantly. However, NO_2^- pre-
566 treatment of cells had no effect on thrombin generating capacity of EV^{hypO} . On examination of
567 the biogenic cargo of the PEVs, NO_2^- had no effect on levels of vWF, TF, thrombomodulin or
568 TFPI, suggesting the NO_2^- effect is independent of the presence of these mediators of the
569 coagulation cascade.

570

571 Qualitatively, scanning electron microscopy revealed EV^{hypO} promoted the formation of a more
572 compact, denser clot in comparison to EV^{norm} , which may imply greater resistance to
573 subsequent fibrinolysis. This is consistent with our findings of adding EV^{hypO} in our fluorescent
574 fibrin assay and d_f analysis. Previous work by Weisel *et al* has shown that platelet-derived EVs
575 attach to fibrin and incorporate themselves within the clot network [59]. Consistent with this,
576 we observed that EV treatment leads to the incorporation of spherical particles 200-500 nm in
577 size into the fibrin clot that are largely absent in the controls.

578

579 Prior to clot activation we observed only diffuse fluorescence (fibrinogen) which became
580 visible as fibrin strands only when incorporated into the fibrin polymer network stimulated by
581 thrombin (see Supplementary Figure 3). Interestingly, even in the absence of hypoxia, pre-
582 incubation of endothelial cells with NO_2^- resulted in CEVs that significantly reduced the
583 number of fibrin strands per junction, compared to controls, implying NO_2^- can reduce the pro-
584 coagulant effect of normoxic CEV. NO_2^- at a concentration similar to that which was used in
585 our own study [59-63] is thought to elicit its vasoprotective effects via reduction to “NOx”
586 species, a pathway that is significantly enhanced during hypoxia. *In vivo*, there is certainly
587 evidence that NO_2^- may also elicit its effects via hypoxia-independent mechanisms involving
588 the formation of a nitrosothiol (RSNO) [64,65]. Feelisch *et al* [66] have recently shown that
589 NO_2^- induces delayed and long-lasting blood pressure lowering effects even in normoxia via
590 an NO-independent mechanism involving redox intermediates. Importantly, in the present
591 studies NO_2^- (30 μ M) was added to cells in culture and the resulting EVs harvested via multiple
592 ultracentrifugation steps. To confirm little carry over of NO_2^- into our functional assays, ozone-
593 based chemiluminescence detection of NO_2^- [67] showed levels typically <100nM.
594 Furthermore, addition of NO_2^- at 30 μ M directly to plasma without CEV had no effect on fibrin
595 strand formation. In order to test for differential metabolism of NO_2^- by endothelial cells in

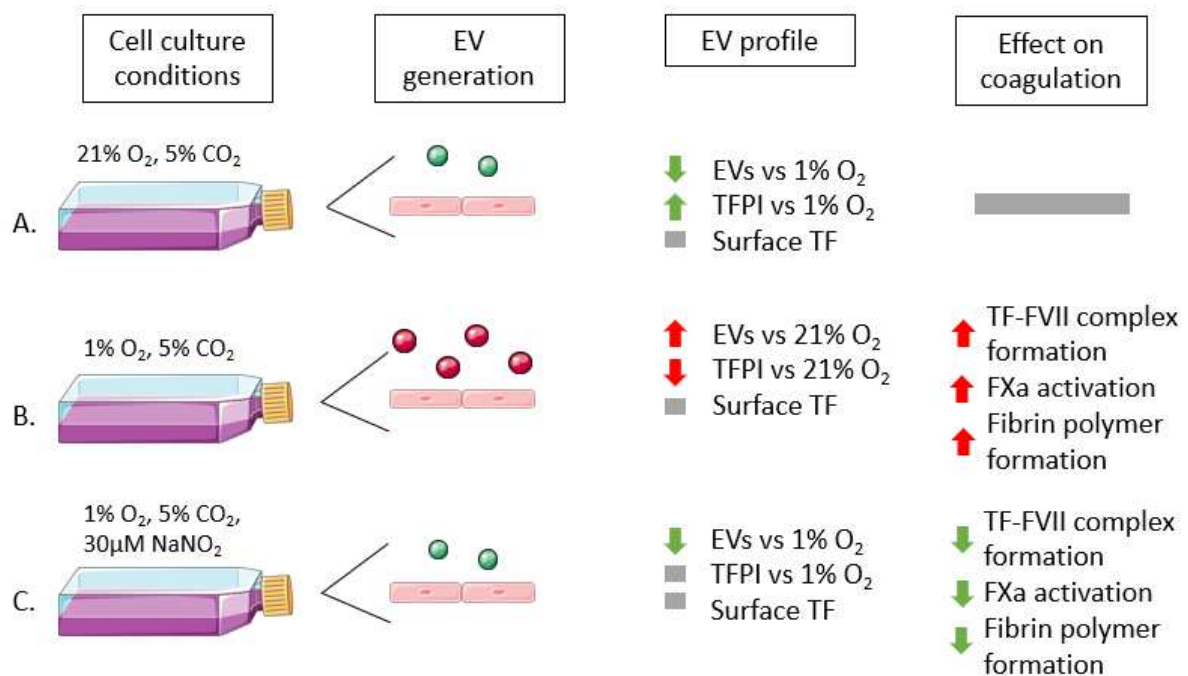
596 normoxia compared to hypoxia, we measured nitrite and nitrate by ozone based
597 chemiluminescence and observed a relatively small 2.82 μ M and 1.61 μ M decrease in NO₂⁻,
598 respectively (N=3). This indicates overall reduced nitrite metabolism under hypoxic
599 conditions. The authors are careful not to over interpret this result, since we had predicted the
600 overall nitrite/nitrate concentration would remain unchanged. This was based on the fact
601 production of NO from NO₂⁻ under hypoxic conditions will ultimately lead to products that are
602 relatively unstable and will ultimately re-cycle back to nitrite and nitrate that are detected by
603 ozone-based chemiluminescence in the cell culture medium. However, in our experience
604 studies undertaken to recover nitrite/nitrate from cell culture based experiments are fraught
605 with difficulty including the sampling time point and the stability of multiple products formed.
606 The importance of NO₂⁻ reduction and involvement of NO in control of EV generation by
607 endothelial cells under hypoxic conditions has previously been confirmed [20]. Approximately
608 60% of NO₂⁻ reduction is attributable to xanthine oxidoreductase activity at 1% O₂, as shown
609 by co-treatment with Allopurinol (100 μ M). Furthermore, the importance of nitrite reduction to
610 NO in hypoxia in the context of inhibiting the stability of HIF-1 α and induction of EV
611 production (as opposed to a direct effect of nitrite on HIF-1) is also evident from our previous
612 finding that addition of nitrite to cells co-treated with the hypoxia mimetic agent
613 Desferrioxamine (100 μ M) under normoxic conditions so as to induce HIF had no effect on
614 typical “hypoxia” mediated increases in EV.

615

616 Hypoxia has been shown to induce changes in several proteins in cells involved in coagulation
617 via HIF-1, including upregulation of TF [68] and PAI-1 [24], and downregulation of
618 thrombomodulin [69] and TFPI [70]. Our immunoassay results suggest that EV^{hypo} reflect the
619 composition of their parent cells; with significant reductions in TFPI levels compared to
620 EV^{norm}. The addition of exogenous TFPI to the assay in combination with EV^{hypo} to plasma,
621 resulted in a significant reduction in total fibrin polymerisation compared to EV^{hypo} alone,
622 confirming EV^{hypo} exhibit their pro-coagulant effect primarily through the extrinsic pathway
623 of the coagulation cascade. Taken together with the finding that EV^{hypo} also express increased
624 levels of TF compared to EV^{norm}, the imbalance in TF/TFPI can result in increased TF-FVII
625 complex formation, activation of factor Xa and ultimately, enhanced fibrin polymerization.
626 The effect of endothelial EVs under different culture conditions on the coagulation cascade is
627 summarised in Figure 10.

628

629 Previous studies have shown that hypoxia-derived EVs express increased TF [71-73]. In
 630 agreement with this, EV^{hyp} expressed increased TF in the presence and absence of nitrite. HIFs
 631 are capable of repressing transcription of genes such as TFPI by directly binding to the hormone
 632 response element (HRE) [22], as shown previously in breast cancer cells where inhibition of
 633 HIF-1 α reversed the effects of hypoxia on TFPI expression [70]. There is also evidence to
 634 suggest HIF may also regulate TF expression, however this is yet to be fully elucidated [73,74].
 635 Interestingly, a previous study identified an imbalance between TF and TFPI within circulating
 636 EVs in individuals with Behçet's Syndrome and concluded this may predispose these
 637 individuals to thrombosis [75].
 638
 639



640
 641 **Figure 10. Summary of the influence of oxygen concentration on EV generation and EV-mediated**
 642 **coagulation.** A. EVs isolated from cells conditioned in 21% O₂. B. EVs isolated from cells conditioned in 1%
 643 O₂. C. EVs isolated from cells conditioned in 1% O₂, pre-conditioned with NaNO₂. Green EV represent EV high
 644 in TFPI, whereas red EV represent EV with low TFPI.

645 On examination of the biogenic cargo of the EVs, NO₂⁻ had no effect on levels of vWF, TF or
 646 TFPI, suggesting the inhibitory effects of NO₂⁻ observed are independent of EV supply of these
 647 mediators of the coagulation cascade. The high level of pro-coagulant phosphatidylserine (PS)
 648 exposure on the surface of EVs can also provide a negatively charged surface for formation of
 649 the prothrombinase complex [76], mediated by the calcium-dependent floppase and scramblase

650 membrane bound enzymes [77]. Since NO elicits many of its effects, including modulation of
651 platelet activation and vasodilation, via a reduction in intracellular calcium [78], it is reasonable
652 to suggest NO_2^- could act via a similar mechanism. In addition, we have previously observed
653 that treatment of endothelial cells with NO_2^- under hypoxic conditions abrogates the hypoxia-
654 induced increase in EV number via its destabilising effects on HIF-1 α . Since PS exposure on
655 the cell membrane is a critical step in EV generation, it is reasonable to predict that the effects
656 of NO_2^- on PS exposure might be linked to its effects on HIF-1 α under hypoxic conditions [20].
657 This remains to be confirmed.

658

659 The pathological role of endothelial EV within cardiovascular disease, specifically coagulation,
660 is well established [79,80]. Clinically, the role of hypoxia in stimulating endothelial EV in the
661 context of acute ischaemic stroke [81] and myocardial infarction [82, 83] is now recognised.
662 Extrapolating the results from this study to *in vivo*, modulation of the pro-thrombotic character
663 of hypoxia derived endothelial EV by increasing NO_2^- availability may prove beneficial in
664 patients at risk of thrombotic events. Our group have previously shown increases in plasma
665 NO_2^- and RSNO (via an acute dietary nitrate supplement) in CAD patients can reduce
666 circulating plasma EV, coupled with a reduction in platelet aggregation [16], studies which
667 need replicating in large patient cohorts.

668 An important limitation of these studies is we chose to focus on a NO_2^- dose of 30 μM based
669 upon the maximal inhibition effect of NO_2^- on EV production [20]. This is significantly
670 higher than typical baseline nitrite concentration observed in plasma. However, we are keen
671 to point out when exogenous nitrite is given to subjects (either directly in the form of an
672 infusion or indirectly in the form of dietary nitrate such as beetroot), plasma nitrite peak
673 reaches low μM ranges of NO_2^- in healthy subjects (reviewed in [84]). Nevertheless, it is
674 important to point out 30 μM represents a supra-physiological level and these studies are
675 proof of principle. A further limitation is we chose 1% O_2 as an *in vitro* model of tissue
676 ischaemia. We had previously shown that HIF is expressed at O_2 concentrations <2% [20]
677 and we have applied this model extensively to mimic *in vivo* hypoxia associated with
678 ischaemia. This is consistent with the concept that hypoxia in cell culture models is
679 considered to be below 5% O_2 [85]. It also agrees with the work of Mann *et al* [86] who have
680 studied the concept of “Physioxia” extensively and suggest between 3-13% O_2 best represents

681 true physiological conditions in an in vitro setting (depending on the cell type) whereas below
682 this should be termed “Hypoxia”.

683

684 In summary, this study highlights the pro-coagulant potential of hypoxia-derived endothelial-
685 EVs and confirms this to be mediated by an imbalance in EV TF/TFPI content. Pre-
686 incubation of endothelial cells in hypoxia with NO_2^- alleviated the pro-coagulant effect of the
687 resulting EV, however, the mechanism was independent of TF/TFPI and appears to be
688 mediated by the de-stabilizing effect of NO (from NO_2^-) on HIF-1 α . Future studies should
689 further elucidate the mechanisms by which NO_2^- modulates the biogenic cargo and
690 subsequent function of pro-coagulant EVs.

691

692 **Conflict of Interests**

693 None declared.

694

695 **Acknowledgements**

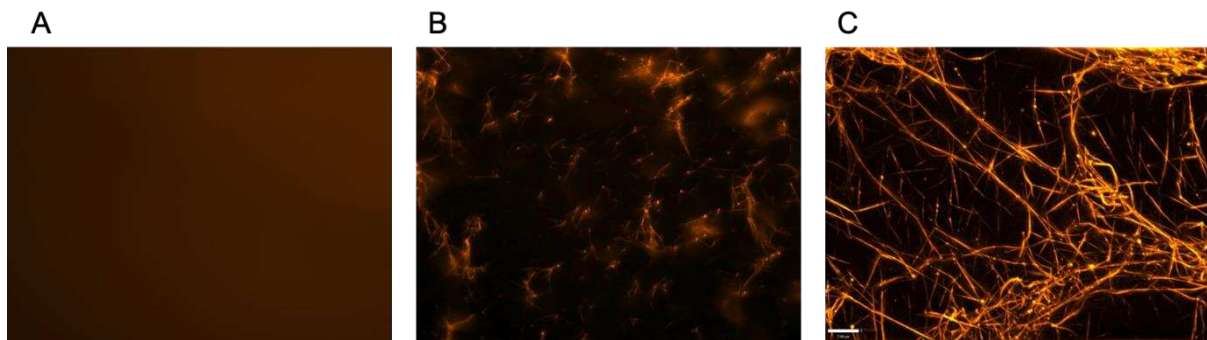
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697 Medicine, Swansea University) for their technical support and assistance with the electron
698 microscopy and running the d_f samples.

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701 NBH.

702

703 **Supplemental Data**
 704
 705 **Fluorescent fibrin polymer formation**

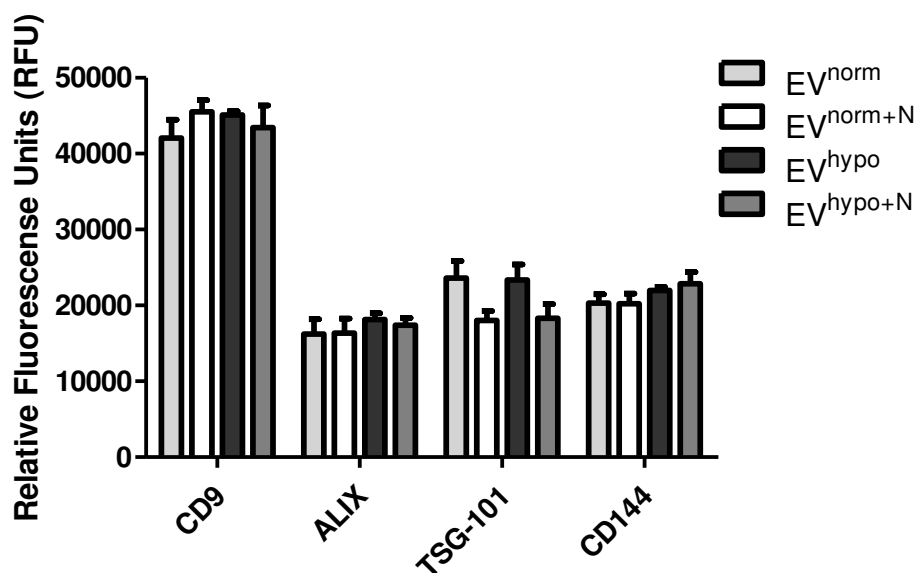


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 708 **Figure 1. Image capture of fluorescently labelled fibrin polymer formation over 15 minutes.** A – represents
 709 5 minutes post clot activation using thrombin and CaCl₂. B – captured 10 minutes post activation. C – captured
 710 15 minutes post activation and used to perform the analysis on. Images captured at 100x magnification. This is
 711 based on modification of a previously established assay [41].

712 **Characterisation of EVs**

713 EVs derived from all conditions displayed similar levels of exosomal (CD9, ALIX, TSG101)
 714 and endothelial (CD144) markers, with no significant differences observed between groups
 715 (Figure 2).

716
 717



718
 719 **Figure 2. Character of PEVs incubated in hypoxia ± nitrite.** EV, exosomal and endothelial marker levels.
 720 EV^{norm} = normoxic EV, EV^{norm+N} = normoxic EV + nitrite, EV^{hypo} = hypoxic EV, EV^{hypo+N} = hypoxic EV +
 721 nitrite. Results reflect N=4. * reflects p < 0.05.

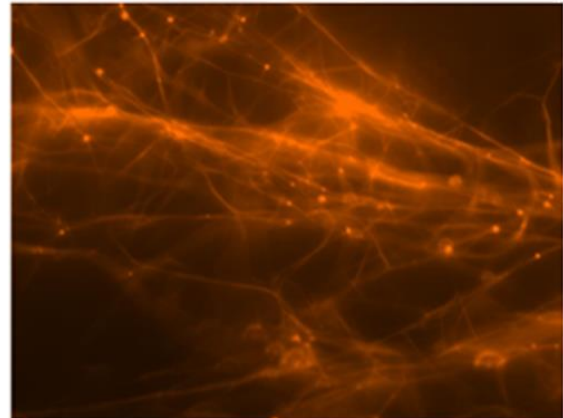
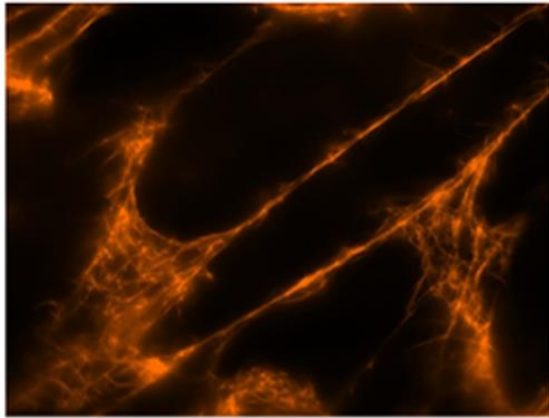
722 **Fluorescent fibrin polymer formation**

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724

21% O₂

1% O₂

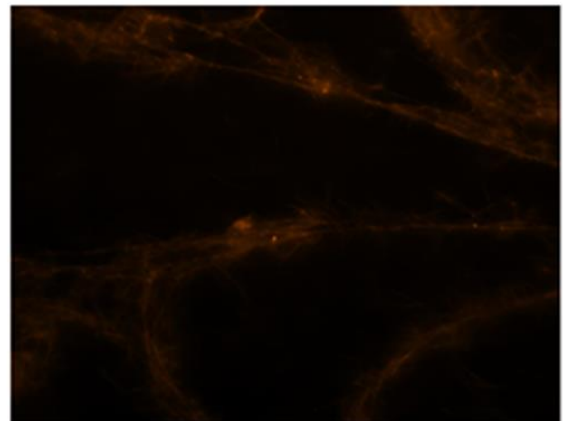
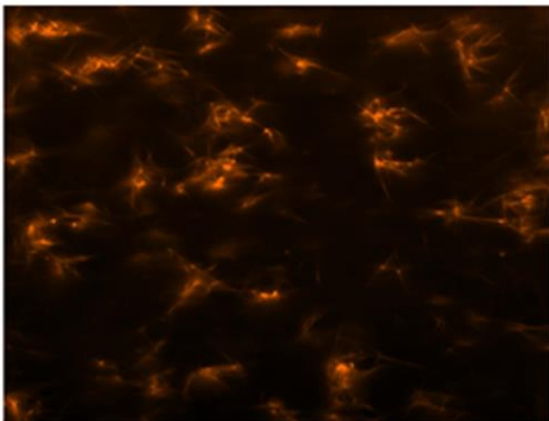


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726

21% O₂ + NO₂⁻

1% O₂ + NO₂⁻



727 **Figure 3. Typical images captured following the formation of fibrin polymers with the addition of CEVs.**

728 Combined image overlay of activated clot with the addition of an EV subgroup. Captured 15 minutes post clot

729 activation using a 488nm laser at 100x magnification.

730

731 **References**

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