

Presentation title:

Applying a human rights-based framework for health equity purposes in community-based adolescent self-harm research. A participatory research methods case study of the barriers and facilitators for adolescents' and young people's participation in adolescent self-harm preventative intervention research in secondary schools in Wales.

This participatory research methods case study presentation is centred upon a current adolescent self-harm preventative intervention research project at DECIPHER (Centre for Development, Evaluation, Complexity and Implementation in Public Health Improvement), Cardiff University. It delivers an overview of the project's participatory research method design which was built from a human rights-based framework to promote health equity for adolescents and young people through their active participation in adolescent self-harm research. The presentation exposits the main barriers and facilitators to adolescents and young people's participation in community-based self-harm preventative intervention research in Wales, delivering key information and recommendations drawn from this research project. This work is designed to help address some of the current research barriers in completing participatory-based adolescent self-harm prevention intervention research with adolescents and young people in order to promote health equity. This approach aims to strengthen adolescents' and young people's ability to participate and their views to be incorporated in community-based adolescent self-harm prevention intervention research, which this project successfully achieved.