1	SUPPLEMENTARY INFORMATION
2	
3	Single residue modulators of amyloid formation in the N-terminal
4	P1-region of α -synuclein
5	
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9	
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Supplementary Tables

12 Supplementary Table 1

а							
Figure 2	αWT, pH 4.5	αWT, pH 7.5	ΔΡ1, pH 4.5	ΔΡ1, pH 7.5	P1-SG- αSyn, pH 4.5	P1-SG- αSyn, pH 7.5	
Lag time [h]	2.0 ± 0.3	48.9 ± 0.9	18.4 ± 0.8	-	21.2 ± 1.4	-	
Elongation rate*	0.7 ± 0.5	0.2 ± 0.05	2.0 ± 0.2	-	1.3 ± 0.2	-	
t ₅₀ [h]	5.0 ± 1.0	67.6 ± 3.3	20.8 ± 1.4	-	29.1 ± 10.1	-	
% pellet	100	65	95	5	60	5	

b										
Figure 3	WT: peptide	WT: peptide	WT: peptide	WT: peptide P1-SG	WT: peptide					
	P1 1:0	P1 1:1	P1 1:10	1:1	P1-SG 1:10					
Lag time [h]	48.6 ± 3.6	30.6 ± 2.2	27.4 ± 1.8	74.8 ± 7.7	91.7 ± 8.1					
Elongation rate*	0.38 ± 0.07	0.7 ± 0.1	3.1 ± 2.1	0.6 ± 0.1	1.0 ± 0.3					
t ₅₀ [h]	51.3 ± 2.2	40.1 ± 7.2	26.6 ± 3.9	81.6 ±9.2	80.0 ± 10.9					
% pellet	65	40	65	65	15					
	ΔP1: peptide P1 1:0	ΔP1: peptide P1	ΔP1: peptide P1 1:10	ΔP1: peptide P1-SG 1:1	ΔP1: peptide P1-					
Lag time [h]	1.0	-	119+01	-	30.6 + 1.1					
Flongation rate*	-	-	2.2 + 0.4	-	0.9 + 0.04					
t ₅₀ [h]	-	-	14.4 ± 0.7	-	37.0 ±2.5					
% pellet	0	0	70	0	50					
	∆∆: peptide P1 1:0	∆∆: peptide P1 1:1	∆∆: peptide P1 1:10	∆∆: peptide P1-SG 1:1	ΔΔ: peptide P1- SG 1:10					
Lag time [h]	-	-	16.3 ± 1.8	-	-					
Elongation rate*	-	-	2.9 ± 0.5	-	-					
t ₅₀ [h]	-	-	20.1 ± 1.5	-	-					
% pellet	5	10	90	5	5					

c									
Figure 5	WT	G36A	V37A	L38A	Y39A	V40A	G41A	S42A	
Lag time [h]	65.0 ± 4.0	72.6 ± 4.8	40.2 ± 3.4	56.7 ± 6.7	-	42.5 ± 4.2	53.6 ± 3.5	-	
Elongation rate*	0.38 ± 0.07	0.51 ± 0.1	0.33 ± 0.09	0.30 ± 0.07	-	0.24 ± 0.03	0.41 ± 0.03	-	
t ₅₀ [h]	79.8 ± 6.0	83.3 ± 4.0	57.5 ± 7.2	74.6 ± 10.0	-	61.8 ± 5.5	66.1 ± 3.0	-	
% pellet	65	65	75	75	25	40	65	10	

d						
Figure 6	уWT	L38A	L38M	L38M, seed	L38I	L38I, seed
Lag time [h]	-	56.7 ± 6.7	-	0	28.1 ± 3.6	0
Elongation rate*	-	0.30 ± 0.07	-	2.3 ± 0.4	0.2 ± 0.04	1.5 ± 0.1
t ₅₀ [h]	-	74.6 ± 10.0	-	1.4 ± 0.1	44.3 ± 5.8	1.9 ± 0.08
% pellet	0	75	40	90	35	75

e									
Figure 7	yM38L	yA42S	yM38L/A42S						
Lag time [h]	-	-	-						
Elongation rate*	-	-	-						
t ₅₀ [h]	-	-	-						
% pellet	0	0	0						

¹³

2, Figure 3, Figure 5, Figure 6 and Figure 7 of the main text. The rates of aggregation in each condition were
measured in at least triplicate measurements and two biological repeats. The errors show the standard deviation

17 of the mean of the replicates. No aggregation after 100 h incubation is indicated by "-". Given errors in estimating

18 % pellet via SDS PAGE subsequent to centrifugation (see Methods) the values were rounded to the nearest 5%.

¹⁹ *units of elongation rate are 10*[RFU/h]. All experiments were carried out using 100 μ M α Syn, pH 7.5, 200 mM

20 NaCl, 37°C, 600 rpm unless stated otherwise.

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Table S1: Lag times, elongation rates, t_{50} and % pellet for α Syn variants. Measured parameters correlate to Figure 2. Simula 2

22 Supplementary Table 2

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a										
Supp Fig 6	WT	G36A	V37A	L38A	Y39A	V40A	G41A	S42A		
Lag time [h]	0	0	0	0	0	0	0	0		
Elongation rate*	2.1 ± 0.2	2.9 ± 1.0	0.1 ± 0.07	0.87 ± 0.08	2.2 ± 0.2	0.52 ± 0.04	1.7 ± 0.1	0.6 ± 0.008		
t50 [h]	1.5 ± 0.1	1.5 ± 0.5	4.8 ± 0.3	3.6 ± 0.3	1.5 ± 0.2	9.2 ± 2.3	2.4 ± 0.1	4.4 ± 0.6		
% pellet	85	75	80	90	85	50	85	85		

b		
Supp Fig 5	ΔP1, seed	P1-SG-αSyn, seed
Lag time [h]	-	-
Elongation rate*	-	-
t ₅₀ [h]	-	-
% pellet	20	20

с				
Supp Fig 9	yWT, seed	yM38L, seed	yA42S, seed	yM38L/A 42S, seed
Lag time [h]	-	-	-	-
Elongation rate*	-	-	-	-
t _{1/2}	-	-	-	-
% pellet	10	5	5	15

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Table S2: Lag times, elongation rates, t₅₀ and % pellet of αSyn variants. Measured parameters correlate to Supplementary Figure 6 and Supplementary Figure 9. The rates of aggregation in each condition were measured in at least triplicate measurements and two biological repeats. The errors show the standard deviation of the

28 mean of the replicates. No aggregation after 100 h incubation (or 42 h for seeded experiments) is indicated by "-

29 ". Given errors in estimating % pellet via SDS PAGE subsequent to centrifugation (see Methods), the values were

30 rounded to the nearest 5%. *The elongation rate is in units of 10*[RFU/h]. All experiments were carried out using

31 100 μ M α Syn, pH 7.5, 200 mM NaCl, 37°C, 600 rpm unless stated otherwise.

33 Supplementary Table 3

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Variant	Fibril Length	Fibril Height	Oligomer	Monomer	Number
	[nm]	[nm]	Height [nm]	height [nm]	measured (n)
WT	106 ± 73	13.6 ± 3.4	-	-	232
	(n = 232)	(100%)	(0%)	(0%)	
Y39A	170 ± 115	13.5 ± 3.8	$\textbf{4.3}\pm\textbf{3.3}$	$\textbf{1.6} \pm \textbf{1.0}$	2,355
	(n = 27)	(1.1%)	(61%)	(38%)	
S42A	153 ± 74	14.6 ± 2.0	$\textbf{3.9}\pm\textbf{2.1}$	2.5 ± 0.8	898
	(n= 135)	(15%)	(65%)	(20%)	
L38M	-	-	2.6 ± 1.7	1.4 ± 0.8	2,502
		(0%)	(45%)	(55%)	

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36 **Table S3:** Physical properties of aggregates imaged by AFM. Fibril lengths are averages with errors showing the

37 standard deviation of the mean (n = number of fibrils measured). Height and height errors show the peak position

38 and standard deviation of Gaussian fitting to height histograms. % values give proportion of each feature. -

39 indicates no particles of that type were observed.

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Supplementary Figures



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44 45

Supplementary Figure 1: The synthetic peptides P1 and P1-SG do not aggregate in isolation under the conditions
employed. Analysis of (a,b) the P1 peptide or (c,d) the peptide P1-SG in isolation (100 μM or 1 mM (pH 7.5, 200

48 mM NaCl, 37°C, 600 rpm)) by ThT fluorescence (n=2 biological replicates) (a,c), far UV CD (inset) and negative

stain TEM (b,d) shows that the peptides do not aggregate in isolation under the conditions employed (n=1). Note:
data points for 100 μM and 1mM P1 peptide overlay in (a). Source data are provided as a Source Data file.



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54 55 Supplementary Figure 2: The interaction between WT α Syn, Δ P1 and the P1 peptide characterised by native 56 nESI-MS. (a) Positive-ion nESI mass spectra of (i) Δ P1 α Syn alone, theoretical mass 13784 Da; (ii) Δ P1 α Syn with 57 added P1 peptide (theoretical mass 1708 Da) at a molar ratio of ΔP1 αSyn:P1 peptide of 1:10; (iii) WT αSyn alone, 58 theoretical mass 14460 Da; (iv) WT α Syn with added P1 peptide at a molar ratio of WT α syn:P1 peptide of 1:10. 59 1:1 peptide:protein binding is denoted with a blue circle. (b) ESI mass spectra obtained of the WT aSyn-peptide 60 P1 complex at different trap cell voltages; (i) 20 V; (ii) 30 V; (iii) 40 V; (iv) 50 V performed through collision induced 61 dissociation (CID). (c) as (b), but for the Δ P1 α Syn-peptide P1 complex. (d) Collison induced dissociation of WT 62 α Syn-peptide P1 complex and Δ P1 α Syn-peptide P1 complex with the intensity of the complex relative to the 63 sum of the bound and unbound intensities plotted versus the trap cell voltage. The experiment was performed 64 in duplicate (as indicated in the inset legend) and the data fitted to a sigmoid function (solid line). Source data 65 are provided as a Source Data file.



Supplementary Figure 3: Cross-peaks of ¹H-¹⁵N HSQC spectra to identify differences between pH titration and
P1-peptide addition. Peaks for WT αSyn in 20 mM Tris HCl pH 7.5 (blue), αSyn WT in 20 mM sodium acetate pH
4.5 (pink) (both with 200 mM NaCl)and αSyn WT with 10x P1 peptide (orange). Black arrows indicate direction
of HN-CSPs. Each box is labelled with the corresponding residue, black residue label: changes occur along a similar
vector, green residue label: no change for any of the conditions, yellow: no change for one of the conditions but
a clear CSP for the other, red: distinct HN-CSPs for the pH titration and peptide addition. These data indicate that
similar, but not identical, conformational changes occur under the two conditions.



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79Supplementary Figure 4: Binding of peptide P1 alters the conformational ensemble of ΔP1. (a) HN-CSPs and (b)80 1 H- 15 N PRE effects upon addition of peptide-P1 to 100 µM 15 N-labelled ΔP1 (pH 7.5, 200 mM, 15°C). The black81line represents the median value over a rolling window of 5 residues (here using equimolar peptide P1:ΔP1. (c)

82 Comparison of the median value PREs of WT α Syn and Δ P1 upon the addition of equimolar P1-peptide are

83 compared to highlight their similar profiles. Note that residues 36-42 are deleted in Δ P1. The N-terminal region

84 is shaded light blue, NAC is in purple and the C-terminal region in red. The P1 and P2 regions are highlighted in

85 darker blue. Source data are provided as a Source Data file.



100 nm



Supplementary Figure 5: Quantification and characterisation of material fractionated in the pelleting assay for variants with reduced aggregation propensity. (A-D) ThT fluorescence intensity kinetic profiles for Δ P1, L38M, Y39A and S42A α Syn over 110 h. (E) % protein of an end-point sample that is found in the pellet after bench top centrifugation at 13000 rpm for 30 mins. Bars are the average of three biological repeats, errors are the standard error of the mean. (F) TEM imaging of samples before/after centrifugation. For each variant, wide (9,300x or 11,000x magnification) and magnified (30,000x or 49,000x magnification) views are of a representative image chosen from one biological repeat shown before centrifugation ("whole") and after (clarified solution is "supernatant", pellet resuspended in the same volume as the supernatant is "pellet"). Source data are provided as a Source Data file.



Supplementary Figure 6: Cross-seeding α Syn variants with pre-formed fibrils of WT α Syn. (a) Schematic of α Syn showing the sequence of P1. (b-k) The ability of the different α Syn variants to elongate seeds formed from WT α Syn at pH 7.5 was assessed using ThT fluorescence. For each sample 10% (*w/w*) preformed fibril seeds of WT α Syn formed at pH 7.5 (Methods) were added to monomers (100 μ M) of each variant and fibril growth was monitored at pH 7.5 (200 mM NaCl, 37°C), quiescent. Fibril growth was monitored in the presence (dark colours) or absence (light colours) of fibril seeds. Representative TEM images (selected from replicate experiments) after each seeding experiment (42 h) are shown inset (scale bar 200 nm). Note that the data points with/without seeding in (j) and (k) overlay. Lag times, elongation rate, t₅₀ values and % pellet are shown in Supplementary Table 2a,b. Source data are provided as a Source Data file



Supplementary Figure 7: In silico analysis of the α - and γ -synuclein sequences. Zyggregator⁶², Camsol⁶³ and ZipperDB⁶⁴ profiles for (a) α Syn and (b) γ Syn. Red bars indicate aggregation-prone/low solubility regions. Pink bars indicate residues with a higher than average aggregation propensity/low solubility, but which do not meet the threshold and blue bars represent residues with low aggregation propensity. Red dashed lines indicate the low solubility/high aggregation propensity threshold, while blue dashed lines show threshold values for high solubility/low aggregation propensity. For Zipper DB, the red/pink dashed lines show the threshold value of residues with a high probability of β -zipper formation⁶⁴. P1 and P2 region are highlighted in grey and NAC region in pale red. Data for (a) are redrawn from²⁷. Source data are provided as a Source Data file.



Supplementary Figure 8: Overlay of ThT aggregation assays of α Syn L38X variants. Direct comparison of the aggregation kinetics of WT α Syn (black), L38A (light blue), L38M (dark blue) and L38I (green) variants of α Syn using 100 μ M protein, 20 mM Tris-HCl, pH 7.5, 200 mM NaCl, 37°C, 600 rpm. Data are reproduced from Figures 5 and 6 to enable their direct comparison. Source data are provided as a Source Data file.



Supplementary Figure 9: Cross-seeding γ Syn constructs with 10% (*w/w*) preformed α Syn WT seeds does not result in fibril formation. Aggregation kinetics of (a) WT γ Syn, (b) γ Syn M38L, (c) γ Syn A42S and (d) γ Syn M38L/A42S seeded with 10% (*w/w*) seeds of preformed WT α Syn fibrils formed at pH 7.5, 200 mM NaCl. Each experiment was performed using 100 μ M γ Syn at pH 7.5 (200 mM NaCl, 37°C) quiescent. The inserts show representative (chosen from replicate experiments) negative stain TEM images taken at the endpoint of one experiment (42 h). % pellet are shown in Supplementary Table 2c. Source data are provided as a Source Data file.



Supplementary Figure 10: Western Blot analysis of expression level of synuclein::YFP levels in different *C. elegans* strains. (a) Western blot using anti-GFP to visualise synuclein expression levels. Tubulin was used as a loading control. The loading control (anti-tubulin) was run on a different gel and membrane loaded with the same protein sample and treated and analysed in an identical manner (necessitated by the similar mass of synuclein:YFP and tubulin). The images are cropped, showing all relevant bands. (b) Densitometry of three biological replicates of the western blot analysis. Mean expression levels are normalised (by densitometry) to those of WT α Syn (α WT). Error bars show the standard deviation over the three biological replicates. Source data are provided as a Source Data file. (c) exact P-values for two-sided Student's t test for worms expressing WT α Syn against listed construct for number of aggregates (Figure 8a) and body bends per second (Figure 8c)



Supplementary Figure 11: Summary of all solved α Syn cryo-EM high resolution structures to date. Fibril structures are illustrated from the top view. Structures of amyloid fibrils (a) formed *in vitro* for full length WT α Syn, (b) formed in *vitro* using truncated α Syn, (c) extracted from MSA patient, (d) amplified *in vitro* using MSA fibrils to seed WT α Syn monomers, (e) formed *in vitro* from α Syn phosphorylated at Y39 and (f) formed *in vitro* from familial PD associated variants. For all structures, the residues in the N-terminal region of the protein visualised in the solved structure is coloured in blue, the P1 region is highlighted in cyan (in ball and stick), the NAC region is pink, and residues observed in the fibril core from the C-terminal region are in red. Note that for some structures the P1 region (as well as other residues in N- and/or C-terminal regions) do not form part of the stable core and are therefore not illustrated here. Below each fibril structure, the PDB file, important characteristics and the associated publication are provided.