Supplementary Information for

Last deglacial abrupt climate changes caused by meltwater pulses in the Labrador Sea

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This document includes:

Supplementary Table 1: AMS ¹⁴C dates of Core MSM12/2-5-1.

Supplementary Fig. 1: Modern hydrography of study area.

Supplementary Fig. 2: Records of lithology and bulk parameters (Core MSM12/2-5-1).

Supplementary Fig. 3: X-ray photographs of Core MSM12/2-5-1 (depth extent 500-1200 cm) showing internal structure of sediments.

Supplementary Fig. 4: P_DIP₂₅ plot and scatter plot of concentrations of sea ice proxy IP₂₅ versus open-water phytoplankton proxy dinosterol (Core MSM12/2-5-1).

Supplementary Fig. 5: Proxy records for sediment provenance and bottom current intensity

(Core MSM12/2-5-1 and other cores referred to).

Supplementary Fig. 6: Spectral analysis record of meltwater proxy %C_{37:4} (Core MSM12/2-5-1).

Supplementary Fig. 7: Comparation between different proxy records from the North Atlantic during the last deglaciation.

Supplementary Fig. 8: Proxy records of MW4 (Core MSM12/2-5-1) versus the 8.2 ka BP cold event based on Marine 20 calibration curve.

Data availability:

All relevant data in this supplementary information is available at PANGAEA Data Publisher (https://doi.org/10.1594/PANGAEA.952329)¹

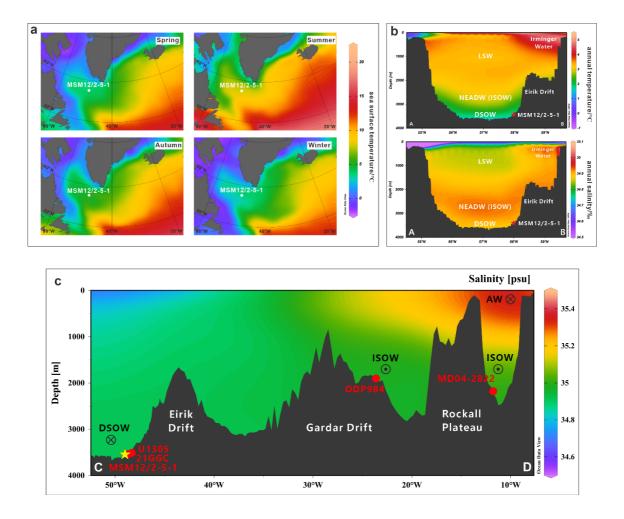
Lab ID	Depth/cm	Species	AMS ¹⁴ C age (yr.)	∆R	Calib. age median (yr. BP)	Model age median (yr. BP)
SUERC-45889*	4.75	N. pachyderma	2082 ± 35	$0{\pm}200$	1669	1899
SUERC-47577	108.5	Ñ. pachyderma	3450 ± 38	0 ± 200	3314	3281
SUERC-45890	200.5	N. pachyderma	4227 ± 37	0 ± 200	4319	4420
SUERC-47579	300.5	N. pachyderma	5473 ± 39	$0{\pm}200$	5857	5875
SUERC-47579	390.5	N. pachyderma	6737 ± 37	$0{\pm}200$	7236	7208
AWI-6946.1.1**	440.5	N. pachyderma	7520 ± 85	$0{\pm}200$	7986	7860
AWI-6947.1.1	470.5	N. pachyderma	7933 ± 86	$0{\pm}200$	8420	8123
AWI-6948.1.1	500.5	N. pachyderma	8115 ± 84	0 ± 200	8641	8334
AWI-6949.1.1	600.5	N. pachyderma	8134 ± 84	$0{\pm}200$	8664	8852
AWI-6950.1.1	620.5	N. pachyderma	8298 ± 83	$0{\pm}200$	8849	8962
SUERC-45891	650.5	N. pachyderma	8449 ± 38	$0{\pm}200$	9038	9154
SUERC-47582	720.5	N. pachyderma	9049 ± 40	$0{\pm}200$	9793	9625
AWI-5788.1.1	749.5	N. pachyderma	9096±122	$0{\pm}200$	9847	9802
AWI-5789.1.1	799.5	N. pachyderma	9585±117	$0{\pm}200$	10464	10099
AWI-5793.1.1	919.5	N. pachyderma	9831±127	$0{\pm}200$	10767	10680
AWI-5794.1.1	929.5	N. pachyderma	9606±120	$0{\pm}200$	10490	10729
AWI-5795.1.1	952.5	N. pachyderma	9641±119	$0{\pm}200$	10534	10855
AWI-5798.1.1	999.5	N. pachyderma	9860±119	$0{\pm}200$	10802	11131
AWI-5799.1.1	1029.5	N. pachyderma	10029 ± 125	$0{\pm}200$	11008	11409
AWI-5800.1.1	1059.5	N. pachyderma	10428 ± 128	$0{\pm}200$	11627	11744
AWI-5803.1.1	1108.5	N. pachyderma	10543 ± 129	0 ± 200	11788	12275
AWI-6484.1.1	1114.5	N. pachyderma	10621 ± 100	$0{\pm}200$	11908	12308
AWI-6485.1.1	1118.5	N. pachyderma	11130 ± 101	$0{\pm}200$	12611	12332
AWI-6486.1.1	1123.5	N. pachyderma	11141±94	0 ± 200	12626	12635
AWI-6487.1.1	1127.5	N. pachyderma	11752 ± 95	$0{\pm}200$	13213	12969
AWI-5952.1.1	1130.5	N. pachyderma	11854±131	$0{\pm}200$	13320	13217
SUERC-47583	1140.5	N. pachyderma	12379 ± 43	0 ± 200	13869	14027
SUERC-51888	1150.5	N. pachyderma	12975 ± 44	$0{\pm}200$	14794	14374
AWI-6488.1.1	1153.5	N. pachyderma	12942 ± 102	0 ± 200	14742	14483
AWI-6489.1.1	1155.5	N. pachyderma	12671 ± 102	$0{\pm}200$	14356	14555
AWI-6490.1.1	1157.5	N. pachyderma	12518 ± 106	$0{\pm}200$	14086	14629
AWI-6491.1.1	1159.5	N. pachyderma	12721 ± 106	0 ± 200	14434	14699
AWI-5954.1.1	1160.5	N. pachyderma	12544 ± 120	$0{\pm}200$	14135	14851
AWI-6492.1.1	1162.5	N. pachyderma	12972 ± 105	$0{\pm}200$	14789	15387
AWI-5955.1.1	1165.5	N. pachyderma	13965±135	$0{\pm}200$	16361	16192
AWI-5956.1.1	1167.5	N. pachyderma	14937±147	$0{\pm}200$	17683	16731
SUERC-47584	1170.5	N. pachyderma	15386±51	$0{\pm}200$	18212	17542
SUERC-51887	1190.5	N. pachyderma	17007 ± 57	$0{\pm}200$	20031	20358

Supplementary Table 1 AMS ¹⁴C dates of Core MSM12/2-5-1.

* AMS ¹⁴C dates have been carried out at the NERC Radiocarbon Laboratory at SUERC (Scottish Universities Environment Research Centre, the University of Glasgow). They were recalculated from the unpublished data of the PhD dissertation of Williams².

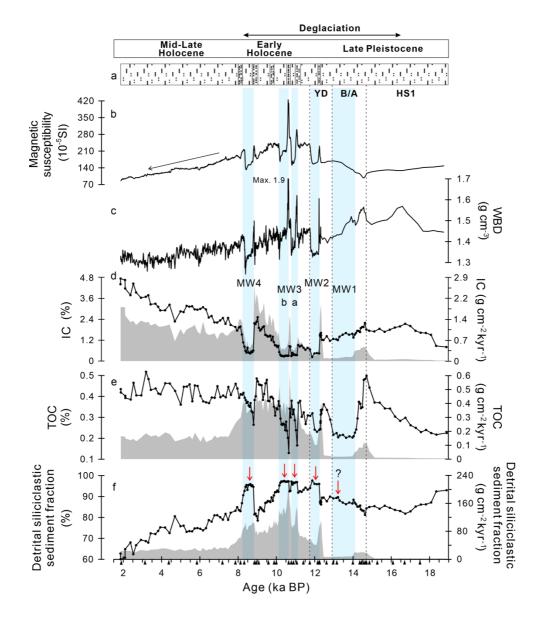
** AMS ¹⁴C dates were measured at the Alfred Wegener Institute, Bremerhaven.

A global mean reservoir age (R=405 years) was used for calibration to keep consistency with most of studies in the open North Atlantic regions (e.g., Refs.^{3,4}), and a $\triangle R$ of 0 ± 200 years was applied to account for the reservoir age variations, which is in line with other studies in the North Atlantic (cf., Refs.^{5–7}).



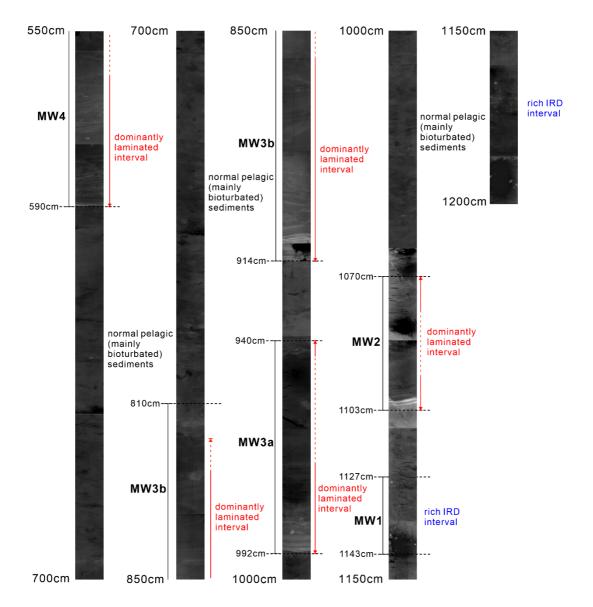
Supplementary Fig. 1 Modern hydrography of study area.

(a) Modern seasonal variability of SST in the subpolar western North Atlantic regions; (b) Vertical distribution of water masses in terms of temperature and salinity at profile A to B. northeastern Atlantic Deep Water (NEADW) in the Labrador Sea is derived from ISOW; (c) salinity profile in the North Atlantic from C to D. For location of profiles A to B and C to D see map of Figure 1. Data is from World Ocean Atlas 2018 (https://odv.awi.de/data/ocean/). Profiles were produced with Ocean Data View software (https://odv.awi.de).



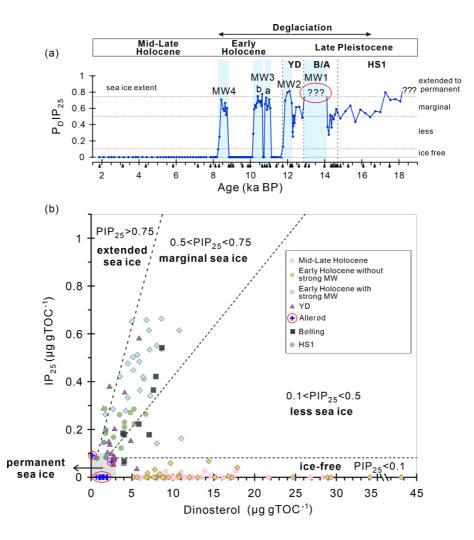
Supplementary Fig. 2 Records of lithology and bulk parameters (Core MSM12/2-5-1).

(a) Illustration of core lithology⁸; (b) Magnetic susceptibility (MS); the decreasing trend of MS values since the middle to late Holocene are explained by increased input of carbonate and decreased input of siliciclastic material; (c) Wet bulk density (WBD); (d) Content (line) and accumulation rate (shading) of inorganic carbon (IC); (e) Content and accumulation rate of detrital siliciclastic sediment fraction (bulk sediment without TOC and carbonate). Concentration and accumulation rate of carbonate were calculated assuming that calcite is the predominant carbonate phase (CaCO₃=(TC-TOC) × 8.333). As biogenic opal is insignificant in study area⁹, this predominantly represent the terrigenous/detrital siliciclastic sediment fraction. Red arrows indicate higher non-biogenic fraction input corresponding to peaks of sedimentation rate (Fig. 2). Black triangles mark available AMS¹⁴C dates.



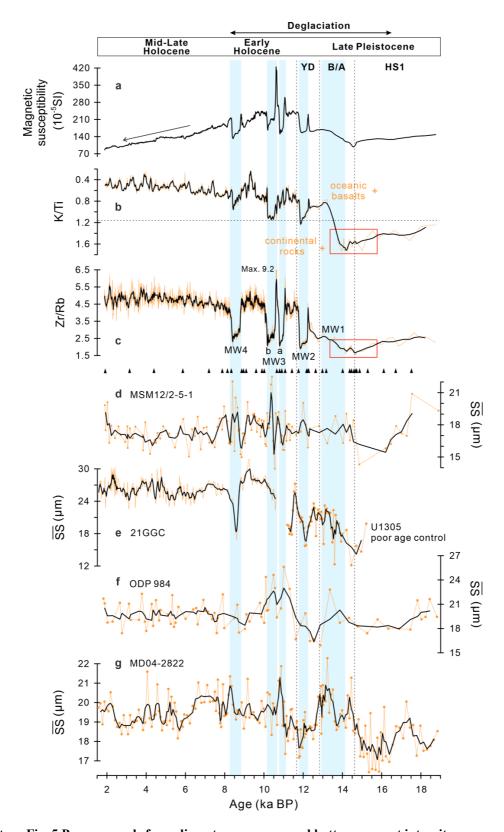
Supplementary Fig. 3 X-ray photographs of Core MSM12/2-5-1 (depth extent 500-1200 cm) showing internal structure of sediments.

MW1 to MW4 are characterised by silty clay/clayey silt laminations (interpreted as plumites) related to meltwater plumes as shown in the X-ray photographs. The dominant laminated intervals and IRD-rich intervals are highlighted. The bioturbated sediments are intercalated by dominant laminated intervals. For source of X-ray photographs of core MSM12/2-5-1 we refer to Ref.¹⁰.

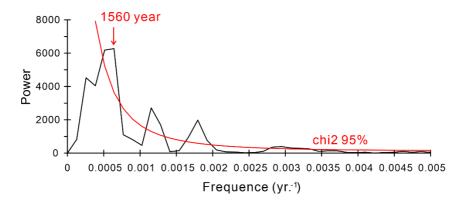


Supplementary Fig. 4 (a) P_DIP₂₅ plot and (b) Scatter plot of concentrations of sea ice proxy IP₂₅ versus openwater phytoplankton proxy dinosterol (Core MSM12/2-5-1).

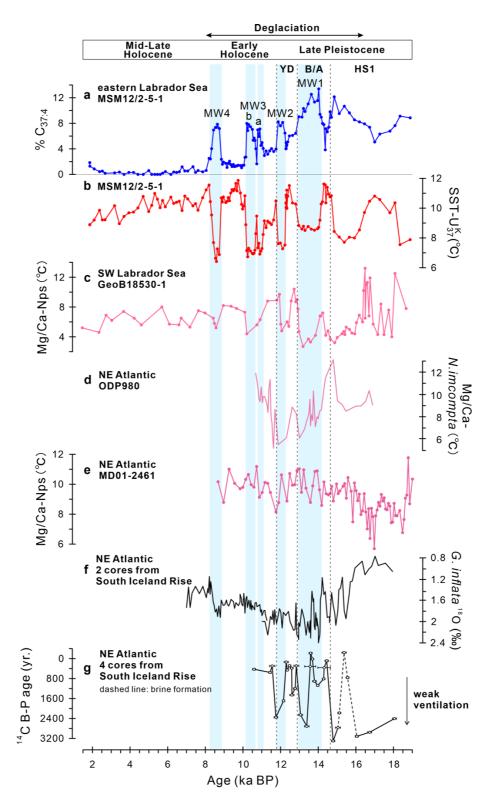
Classification of sea ice cover according to Müller et al.¹¹. For zero or minimum concentrations of IP₂₅ and phytoplankton biomarkers, i.e., for the data points in the light grey background square close to the origin of the plot (**b**), reliable P_DIP_{25} cannot be calculated (highlighted by question marks in (**a**)) and set to "1" in the original work by Müller et al.¹¹, assuming a permanent sea ice cover. Such interpretation is unrealistic in our case as SST values are well above 0 °C during these time intervals (for details see the text). Black triangles mark available AMS¹⁴C dates.



Supplementary Fig. 5 Proxy records for sediment provenance and bottom current intensity. Records from Core MSM12/2-5-1 (a-d) and reference cores (e-g). (a) Magnetic susceptibility; the decreasing trend of MS values since the middle to late Holocene are explained by increased input of carbonate and decreased input of siliciclastic material (cf., Supplementary Fig. 2); (b) XRF-K/Ti ratios as proxy for sediment provenance. K might be indicative for input of weathering products of continental rocks¹², whereas Ti is more related to weathering products of basalts, e.g., from Iceland/eastern Greenland¹³. Red box shows high input of continental rocks; (c) XRF-Zr/Rb ratios as proxy for coarse- versus fine-grained matter. The ratios during the late HS1 to Bølling periods could be highly influenced by increased input of continental sediments, causing high K but also high Rb values^{12,14} and resulting in higher K/Ti and lower Zr/Rb ratios as shown in our records; (d) Sortable silt mean size (\overline{SS}) record of Core MSM12/2-5-1; black line shows 3 points running average of \overline{SS} values; (e) \overline{SS} record of Core MD04-2822 from Rockall Plateau¹⁷. Black triangles mark available AMS¹⁴C dates.

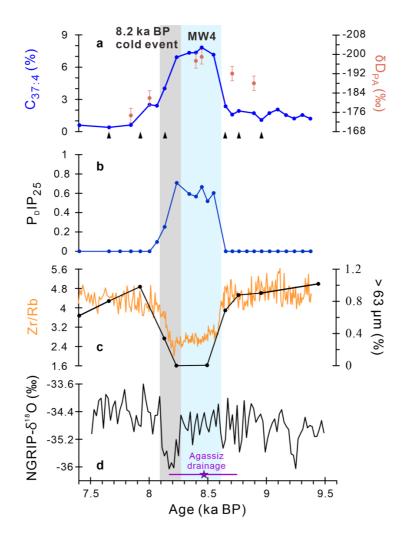


Supplementary Fig. 6 Spectral analysis record of meltwater proxy %C_{37:4} (Core MSM12/2-5-1). %C_{37:4} data during 14-8.2 ka BP was used for spectral analysis. The red line indicates 95% confidence level. The 1560-year cycle shows the highest power.



Supplementary Fig. 7 Comparation between different proxy records from the North Atlantic during the last deglaciation.

(a) Percentage of $C_{37:4}$ as proxy for meltwater discharge from Core MSM12/2-5-1; (b) SST reconstruction based on U_{37}^{K7} from Core MSM12/2-5-1; (c) Subsurface temperature record based on Nps-Mg/Ca ratios from Core GeoB18530-1¹⁸; (d) Subsurface temperature estimates based on Ma/Ca ratios of *N. incompta* from ODP Site 980¹⁹; (e) Subsurface temperature record based on Nps-Mg/Ca ratios from Core MD01-2461²⁰; (f) δ^{18} O record of *G. inflata* from South Iceland Rise²¹; (g) Difference in ¹⁴C between benthic and planktic foraminifera from South Iceland Rise, indicating the ventilation in the North Atlantic²². The horizontal error bars represent the propagated uncertainties of ¹⁴C measurement.



Supplementary Fig. 8 Proxy records of MW4 (Core MSM12/2-5-1) versus the 8.2 ka BP cold event based on Marine 20 calibration curve²³.

(**a-c**) Proxy records for abrupt change in MW4 from Core MSM12/2-5-1. (**a**) $%C_{37:4}$ and stable hydrogen isotope composition of palmitic acid (δD_{PA}) as proxies for meltwater discharge (with higher $%C_{37:4}$ and lower δD_{PA} representing lower salinity). Vertical error bars represent the standard deviation of the δD_{PA} measurements (3 ‰); (**b**) P_DIP₂₅ as proxy for sea ice extent; (**c**) XRF-Zr/Rb ratios indicating coarse versus fine-grained matter; percentage of coarse fraction (>63 µm); (**d**) Greenland Ice Core record²⁴. The age of ice core was calculated to cal. ka BP from GICC05 age. The purple star indicates the age for Lake Agassiz drainage event: 8.47 ka BP with 1 σ uncertainties (purple line, 8.16-8.74 ka BP)²⁵. Light blue shading shows the meltwater event 4 (MW4), whereas grey shading indicates the 8.2 ka BP cold event shown in the Greenland Ice Core. Based on the Marine 20 calibration, the 8.2 ka BP cold event probably occurred at the end of MW4. That means, in comparison to the Marine 13 calibration, all three proxy records become around 200 years younger (see Fig. 5 in the main text). Black triangles mark available AMS¹⁴C dates.

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