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1 **Polymerization force-regulated actin filament-Arp2/3 complex**  
2 **interaction dominates self-adaptive cell migrations**

3  
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17  
18 *Classification:* cell mechanics, biophysics and cell migration.

19 *Keywords:* propulsive force, Arp2/3 complex, branched actin filaments, self-adaptive cell  
20 migrations, extracellular microenvironments.



## 21 **Abstract**

22 Cells migrate by adapting their leading-edge behaviours to heterogeneous extracellular  
23 microenvironments (ECMs) during cancer invasions and immune responses. Yet it remains  
24 poorly understood how such complicated dynamic behaviours emerge from millisecond-scale  
25 assembling activities of protein molecules, which are hard to probe experimentally. To address  
26 this gap, we establish a spatiotemporal “resistance-adaptive propulsion” theory based on the  
27 protein interactions between Arp2/3 complexes and polymerizing actin filaments, and a  
28 multiscale dynamic modelling system spanning from molecular proteins to the cell. Combining  
29 spatiotemporal simulations with experiments, we quantitatively find that cells can accurately  
30 self-adapt propulsive forces to overcome heterogeneous ECMs via a resistance-triggered  
31 positive feedback mechanism, dominated by polymerization-induced actin filament bending  
32 and the bending-regulated actin-Arp2/3 binding. However, for high resistance regions,  
33 resistance triggered a negative feedback, hindering branched filament assembly, which adapts  
34 cellular morphologies to circumnavigate the obstacles. Strikingly, the synergy of the two  
35 opposite feedbacks not only empowers the cell with both powerful and flexible migratory  
36 capabilities to deal with complex ECMs but also enables efficient utilization of intracellular  
37 proteins by the cell. In addition, we identify that the nature of cell migration velocity depending  
38 on ECM history stems from the inherent temporal hysteresis of cytoskeleton remodeling. We  
39 also show that directional cell migration is dictated by the competition between the local  
40 stiffness of ECMs and the local polymerizing rate of actin network caused by chemotactic cues.  
41 Our results reveal that it is the polymerization force-regulated actin filament-Arp2/3 complex  
42 binding interaction that dominates self-adaptive cell migrations in complex ECMs, and we  
43 provide a predictive theory and a spatiotemporal multiscale modeling system at the protein  
44 level.

45

46 **Significance**

47 Understanding how migrating cells mechano-sense complex extracellular microenvironment  
48 (ECM) and make adaptive responses based on protein behaviors is an important yet challenging  
49 issue. By combining spatiotemporal biophysical theory derivation, protein-protein interaction  
50 analysis and dynamic multiscale modelling with experimental living imaging, we find, for the  
51 first time, that actin filament polymerization force regulates the binding affinity of Arp2/3  
52 complex and thereby dominates self-adaptive cell migrations in ECMs via positive and  
53 negative feedbacks. Cells can sense the intensities of ECM resistances through the  
54 polymerization-induced bending states of actin filaments, and accurately determine appropriate  
55 force generations and migratory responses through the bending-regulated binding interactions  
56 of Arp2/3 complex. We demonstrate that branched actin filaments can adaptively generate  
57 propulsive force, and reveal its underlying mechanism.

58

## 59 **Introduction**

60 Cells migrate through coupling their propulsive forces generated by assembling  
61 cytoskeletons to extracellular microenvironments (ECMs) (1-4). Actin-based lamellipodia  
62 protrusion is a powerful force-generating system that drives cell migrations during cancer  
63 invasion, immune surveillance, and embryonic development (1, 5-9). Arp2/3 complex binds  
64 on an existing actin filament and then nucleates a daughter filament, assembling into branched  
65 actin networks in lamellipodia and invadopodia (10, 11). The polymerization of the network  
66 generates a pushing force to open a sufficient wide channel in ECM to drive individual or  
67 collective cell migrations (12-14).

68 Clinical studies show that Arp2/3 complex-mediated migration is tightly associated with  
69 cancer invasion (15-20), and patients over expressing Arp2/3 complex have poor survivals in  
70 lung (16), breast (17), pancreatic (20), and colorectal cancers (15). In addition, the migrations  
71 of immune cells, such as dendritic cells and T cells, in three-dimensional ECMs are also  
72 extensively driven by the Arp2/3 complex formed lamellipodial protrusions (6, 7). However,  
73 ECMs *in vivo* are highly mechanically heterogeneous (21, 22). Both invasive cancer cells and  
74 immune cells need to migrate long distances to establish new tumors (21, 23) and to find killing  
75 targets(7, 24), respectively. Experimental studies show that the magnitude of ECM resistance  
76 can affect the density of lamellipodial branched actin filaments (1, 5, 11, 25), and the  
77 lamellipodial leading-edge velocity exhibits resistance-history dependent (1, 26). In addition,  
78 cells predominantly migrate along the path with the least resistance in heterogeneous  
79 extracellular microenvironments (HTECMs) (6). All these studies suggested that the leading  
80 edge of migratory cells actively mechano-senses variations of ECMs and adapts its migrating  
81 behaviour (Fig. 1A) (1, 5, 6, 27) in response to complex ECMs. However, the migratory leading  
82 edge involves highly dynamic interplays of various proteins, including Arp2/3 complexes,  
83 actin monomers, actin filaments, Wiskott-Aldrich syndrome proteins (WASPs), ATP, capping

84 proteins, leading-edge membrane, integrin-based adhesions and ECMs (5, 10, 11, 28). Due to  
85 both the temporal and spatial cross-scale complexities (29) (Fig. 1A), live imaging protein  
86 behaviours at millisecond and nanometre scales is intrinsically difficult (30). Thus,  
87 quantitatively interpreting how these complicated cell-scale self-adaptive migration behaviours  
88 (Fig. 1A) emerge from the dynamic activities of molecular proteins has been a grand and long-  
89 lasting challenge (31, 32). It not only seriously hampers our in-depth mechanistic  
90 understandings of *in vivo* cell migrations, but also hinders us from discovering target proteins  
91 for designing new medicines and gene editing therapies to prevent cancer cells from invasions  
92 or enhance immune cell infiltrations for solid cancer immunotherapy.

93 Constructing a predictive spatiotemporal multiscale modelling system that can describe  
94 cellular dynamic behaviours from the molecular to cellular scales at the intersection of biology,  
95 physics, chemistry and computer science will greatly accelerate biomedical advancements (33,  
96 34). From the level of molecular protein-protein interactions, we here derive a spatiotemporal  
97 ‘resistance-adaptive propulsion’ (RAP) theory based on the geometric nonlinear deformation  
98 mechanisms of polymerizing actin filaments and the mechano-chemical assembling behaviours  
99 of Arp2/3 complexes. The theory describes both spatial and temporal mechanical interactions  
100 between the polymerizing branched actin filaments and the bent leading-edge membrane  
101 constrained by ECM. On the basis of this RAP theory, we develop a multiscale spatiotemporal  
102 modelling system, which encompasses dynamic actin polymerization, capping protein  
103 inhabiting actin filament polymerization, nonlinear deformation of actin filaments, actin  
104 monomer diffusion, ATP binding on actin monomers and Arp2/3 complex, mechano-chemical  
105 assembly of Arp2/3 complex, detachments of molecular linkers, bent leading-edge membrane  
106 and HTECMs. It can not only simulate dynamic cell migrations in complex environments but  
107 also quantitatively shed light on synchronous interacting and assembling behaviours of  
108 multiple proteins. Combining spatiotemporal simulations with experiments tracking actin



109 dynamics during cell migration, we discovered a resistance-triggered positive feedback  
110 mechanism at the protein level for adapting propulsive forces to overcome the heterogeneity in  
111 ECM, and a resistance-triggered negative feedback mechanism for adapting cell morphology  
112 to circumnavigate regions with high ECM resistance. Strikingly, the combination of the two  
113 opposite feedback mechanisms along the broad lamellipodial leading edge shows formidable  
114 synergistic effects, empowering cells with both powerful and flexible migratory capabilities to  
115 deal with complex ECMs, and meanwhile endowing intracellular ATP resource with an optimal  
116 efficiency in fuelling cell migration. These insights explain why it is hard to prevent metastasis  
117 by cancer cells once they have acquired invasive ability. By monitoring the assembling  
118 behaviours of proteins, we further find that the nature of migration velocity depending on the  
119 resistance history of ECM is derived from the temporal hysteresis of adaptive actin  
120 cytoskeleton remodeling. In addition, we reveal that directional cell migration is dictated by  
121 the competition between the local stiffness of ECMs and the local polymerizing rates of the  
122 leading-edge actin cytoskeleton in response to gradients of chemotactic cues. Overall, we  
123 establish the first, to our knowledge, spatiotemporal biophysical theory and multiscale  
124 modelling system, which can accurately predict self-adaptive cell migrations in complex ECMs  
125 from protein behaviours that happen at the milliseconds *in vivo*. Establishing such predictive  
126 biophysical theory and spatiotemporal modelling system will allow computer simulations to  
127 replace some laboratory experiments to quantitatively test how new drugs and gene editing  
128 technologies targeting on proteins affect cell dynamics in the future.

## 129 **Spatiotemporal self-adaptive propulsion theory and multiscale modelling** 130 **system**

131 Branched actin network protrusion is an important way that drives cell migrations in ECMs.  
132 Through adding actin monomers to the barbed ends, polymerizing branched actin filaments

133 grow and thus generate pushing force on the leading-edge membrane (5). Before being capped  
 134 by capping proteins, the growing length of filaments with the polymerizing time  $t$  can be  
 135 expressed as

$$136 \quad l(t) = \delta \int_{t^{nuc}}^{t^{cap}} [\gamma(\Phi) \cdot \psi(D_a) \cdot C_a \cdot k_p(\mathbf{p}) \cdot k_{on} - k_{off}] dt \quad (1)$$

137 where  $\delta$  is the radius of an actin monomer;  $t^{nuc}$  and  $t^{cap}$  are the nucleation time and the  
 138 capping time, respectively;  $C_a$  is the local concentration of actin monomers in the cell;  $\gamma(\Phi)$   
 139 is the consuming factor of actin monomers, introducing the relation that polymerizing rate is  
 140 proportional to the ratio of the concentration of actin monomers to the density of polymerizing  
 141 filaments  $\Phi$  (35);  $\psi$  is a scaled diffusion coefficient  $D_a$  of actin monomers and is to introduce  
 142 the effect of actin filament density on the actin diffusion flux towards the polymerizing barbed  
 143 ends based on the Fick's first law of diffusion;  $k_{on}$  and  $k_{off}$  are the polymerization and  
 144 depolymerization rate constants, respectively;  $k_p(\mathbf{p})$  is an exponential distribution probability  
 145 density function  $k_p(\mathbf{p}) = 1/\exp^{\lambda p}$  where  $\lambda$  is the parameter of the exponential distribution  
 146 probability density function and  $P$  is the value of the interacting force  $\mathbf{P}$ .  $k_p(\mathbf{p})$  is utilized to  
 147 introduce a force-dependent probability of actin filament polymerization in each time step.  
 148 Specifically, when there is a stronger interacting force between the barbed end of actin  
 149 filaments and the cell membrane, it becomes more challenging for an actin monomer to  
 150 polymerize at the barbed end (36).

151 The leading-edge membrane under the polymerizing force of filaments is in a bending state.  
 152 We simplify it into several continuous inclined planes based on the theory of differential  
 153 geometry (Supplementary Fig. 2B). Though the mechanical interactions between all  
 154 polymerizing actin filaments and the leading-edge membrane are in three-dimensional space,  
 155 the interaction between a single polymerizing actin filament and the local membrane can be

156 described in a two-dimensional deformation plane (Fig. 1B and Supplementary Fig. 2C). Then,  
 157 based on the geometric nonlinear deformation theory of continuum mechanics, the spatial and  
 158 temporal mechanical interactions between the growing (polymerizing) actin filament and the  
 159 leading-edge membrane are derived as (Fig. 1B, Supplementary Methods)

$$160 \quad \beta(s,t) = \frac{\mathbf{P}}{EI} \int_{s(t)}^{l(t)} [(1-\varepsilon(s,t)) \int_0^{s(t)} (1-\varepsilon(r,t)) \sin \beta(r,t) dr] ds + \frac{2\kappa(1+\nu)\mathbf{p} \sin \beta(s,t)}{EA} + \theta \quad (2)$$

161 where  $\beta(s,t)$  is the deformed angle along the actin filament due to the combined effects of  
 162 bending, axial compression and transverse shear under the polymerizing growth;  $E$ ,  $\nu$ ,  $A$ ,  $I$ ,  
 163  $\kappa$  are the Young's modulus, Poisson's ratio, cross-sectional area, the second moment of the  
 164 cross-sectional area and shape factor of actin filaments, respectively. Using the deformation  
 165 compatibility condition,

$$166 \quad \int_0^{l(t)} [1-\varepsilon(s,t)] \cos \beta(s,t) ds = h(t), \quad (3)$$

167 the nonlinear deformation function in Eq. (2) can be solved through iteration.  $h$  is the distance  
 168 from the pointed end of the polymerizing actin filament to the local leading-edge membrane.

169 Then, the interacting force  $\mathbf{p}(t)$ , the propulsive force  $\mathbf{f}_p(\theta, t)$  in cell migration direction, the

170 total deformation energy  $U(t)$  and the mean bending curvature  $\xi(t) = \frac{\beta(0) - \beta(l(t))}{l(t)}$  of the

171 actin filament can all be solved (Supplementary Fig. 4A-F). The total deformation energy  $U(t)$

172 is expressed as

$$173 \quad U(t) = \frac{\mathbf{P}^2}{2EI} \int_0^{l(t)} \left[ \int_0^{s(t)} \left(1 - \frac{\mathbf{p} \cos \beta}{EA}\right) \sin \beta ds \right]^2 ds + \frac{1}{2} \int_0^{l(t)} \frac{(\mathbf{p} \cos \beta)^2}{EA} \left(1 - \frac{\mathbf{p} \cos \beta}{EA}\right) ds \\ + \int_0^{l(t)} \frac{\kappa(1+\nu)(\mathbf{p} \sin \beta)^2}{EA} \left(1 - \frac{\mathbf{p} \cos \beta}{EA}\right) ds \quad (4)$$

174 Our mechanical analysis also shows that convex side surface of the bending actin filament  
175 is stretched while the concave side surface is compressed (Fig. 1C). Their relative strain  
176  $\varepsilon_r = 2r_0\xi$  where  $r_0$  is the radius of actin filament. Experiments (37) show that *in vitro* long  
177 actin filaments ( $\sim 10\mu\text{m}$ ) exhibit large bending deformations under thermal fluctuations, and  
178 Arp2/3 complexes prefer to bind onto the convex sides of bending actin filaments. We fit the  
179 experimental data of relative branched density  $P$  with an inverted sigmoid function  
180  $P = 2/(1 + e^{0.73\xi})$  (Fig. 1D) and analyse it. Strikingly, we have, for the first time, obtained the  
181 relative curvature-dependent Arp2/3-actin filament dissociation constant  
182  $K_d(\mathbf{p})/K_d^0 = 0.5(1 + e^{0.73\xi})$  where  $K_d(\mathbf{p})$  and  $K_d^0$  are the dissociation constants in the bending  
183 and straight states, respectively (Fig. 1E and Supplementary information). The relative  
184  $K_d(\mathbf{p})/K_d^0$  shows that the affinity of Arp2/3 complex binding on the convex surface (negative  
185 curvature side) of actin filament is higher than the straight surface, which is higher than the  
186 concave surface (positive curvature side). This could be explained by the combination of our  
187 mechanical analysis and the recent cryo-electron structure of Arp2/3 complex-actin filament  
188 junction (38-40) (Fig. 1C and Supplementary Fig. 1). There are five actin subunits in mother  
189 actin filament that contact with Arp2/3 complex, with many of the contact surfaces in the  
190 grooves between these subunits (supplementary Fig. 1A) (38-40). ArpC1 of Arp2/3 even has a  
191 protrusion helix that inserts into actin subdomains for binding (supplementary Fig. 1B) (38,  
192 40). During polymerization, actin filaments undergo bending deformations under the  
193 constraints of cell membrane and ECM, leading to compressions on their concave sides (Fig.  
194 1B and C). As a result, some of the binding surfaces in the grooves on the concave side is buried  
195 (Fig. 1C), inducing the decrease of the binding affinity of Arp2/3. On the contrary, the groove  
196 sites on the convex side of the bending actin filaments undergoes stretch (Fig. 1C), which  
197 facilitates Arp2/3 complex binding and improves Arp2/3 binding affinity. To better show this  
198 force-dependent binding affinity, we also calculate the relative dissociation constant



199  $K_d^1(\mathbf{p})/K_d^2(\mathbf{p})$  where  $K_d^1(\mathbf{p})$  and  $K_d^2(\mathbf{p})$  are the dissociation constants on the convex and  
200 concave surfaces, respectively, demonstrating that the binding affinity on the convex surface  
201 is much higher than the concave surface (Fig. 1F). Our theoretical analysis has shown that  
202 although *in vivo* actin filaments are relatively short (~250nm), their polymerization force still  
203 can induce them to generate significant backward bending deformations, which could be  
204 verified by the actin retrograde flow phenomenon (41) and the recent measurement that the  
205 bending curvature can reach up to  $10 \mu\text{m}^{-1}$  (42). This indicates that the force-dependent Arp2/3  
206 complex-actin filament binding affinity occurs *in vivo*. To incorporate that Arp2/3 complex has  
207 a higher binding affinity with the convex surface of actin filaments than with straight surface,  
208 we introduce a bending curvature-dependent binding factor  $d^{arp}(\xi^{\max})$ , which is defined as  
209 the space between two adjacent Arp2/3 complex branches along an actin filament, where  $\xi^{\max}$   
210 is the biggest bending curvature in the deformation history of the actin filament (Eq. S14). The  
211 number of Arp2/3 complexes binding on the  $i$ th actin filament with polymerization length  $l_i(t)$   
212 can be determined as  $n_i^{arp} = l_i / d^{arp}(\xi_i^{\max})$ . The probabilities that an Arp2/3 complex binding  
213 on the convex and concave side of an actin filament are  $P(|\xi|)/[P(|\xi|) + P(-|\xi|)]$  and  
214  $P(-|\xi|)/[P(|\xi|) + P(-|\xi|)]$ , respectively. Thus, the total number of actin filaments  $N(t)$  pushing  
215 against the leading-edge membrane at time  $t$  is

$$216 \quad N(t) = \sum_{i=1}^{m(t)} n_i^{arp}(\xi_i^{\max}) + m(t), \quad (5)$$

217 where  $m(t)$  is the number of mother filaments. During cell migrations, some filaments are  
218 linked to the leading-edge membrane through molecular linkers, such as Ezrin and N-  
219 WASPs(12, 43-45), and generate a resultant attachment force  $\sum_{k=1}^{\Omega(t)} \mathbf{f}_{a,k}(t)$  to pull back the  
220 membrane where  $\Omega(t)$  and  $\mathbf{f}_a$  are the total number of attaching molecular linkers and attaching

221 force of each molecular linker, respectively. The total number of tethered filaments  
 222  $\Omega(t) = \alpha N(t)$ , where the parameter  $\alpha$  is the percentage of the total number of actin filaments  
 223 contacting with the leading-edge membrane. In the static state, the leading edge of migrating  
 224 cells follows the force balance condition (Fig. 1G):

$$225 \quad \sum_{j=1}^{N(t)} \mathbf{f}_{p,j}(\theta_j, t) = \sum_{k=1}^{\Omega(t)} \mathbf{f}_{a,k}(t) + \mathbf{f}_m(t) + \mathbf{f}_{ECM}(t), \quad (6)$$

226 where  $\mathbf{f}_m(t)$  and  $\mathbf{f}_{ECM}(t)$  are a backward tension force from the leading-edge membrane and a  
 227 resistance force from ECM, respectively. The total elastic deformation energy stored in all

228 branched filaments pushing the leading-edge membrane is  $\Pi(t) = \sum_{j=1}^{N(t)} U_j(\theta_j, t)$ . Experiments

229 showed that the motion of branched actin filaments is saltatory with a step size  $\Delta \mathbf{S}$  of about 1  
 230 – 10nm with time (46, 47) due to the detachment of molecular linkers(13, 43, 48). Actually,

231 in vivo, cell migration involves not only the detachments of molecular linkers from leading-  
 232 edge membrane(43), but also the local ruptures of some nascent integrin adhesions (49) and  
 233 extracellular crosslinking matrix networks owing to the propulsive force (21, 50). Since these  
 234 processes are very complex and also involves different energy barriers, in order to capture the  
 235 key characteristics of cell migration, we assume that when the resultant propulsive force

236  $\sum_{j=1}^{N(t)} \mathbf{f}_{p,j}(\theta_j, t)$  is larger than the maximum resultant stall force  $\sum_{k=1}^{\Omega(t)} \mathbf{f}_{a,k}(t) + \mathbf{f}_m(t) + \mathbf{f}_{ECM}(t)$ , some

237 molecular linkers will detach from the leading-edge membrane (43) and thus cell will migrate

238 forward with a leaping step size  $\Delta \mathbf{S}$ . Then, the position of the leading edge of the cell at time

239  $t+1$  can be expressed by

$$240 \quad \mathbf{S}(t+1) = \begin{cases} \mathbf{S}(t) & \text{if } \sum_{j=1}^{N(t+1)} \mathbf{f}_{p,j}(\theta_j, t+1) \leq \sum_{k=1}^{\Omega(t+1)} \mathbf{f}_{a,k}(t+1) + \mathbf{f}_m(t+1) + \mathbf{f}_{ECM}(t+1) \\ \mathbf{S}(t) + \Delta\mathbf{S} & \text{if } \sum_{j=1}^{N(t+1)} \mathbf{f}_{p,j}(\theta_j, t+1) > \sum_{k=1}^{\Omega(t+1)} \mathbf{f}_{a,k}(t+1) + \mathbf{f}_m(t+1) + \mathbf{f}_{ECM}(t+1) \end{cases} \quad (7)$$

241 and the transient average migration velocity  $\mathbf{V}$  is  $\Delta\mathbf{S}/\Delta t$ . Because the present theory is  
 242 derived from the spatiotemporal mechanical interactions between the polymerizing branched  
 243 actin filaments and the leading-edge membrane constrained by extracellular resistance, and  
 244 incorporates the force-dependent assembling behaviours of proteins, we name it spatiotemporal  
 245 ‘resistance-adaptive propulsion’ (RAP) model.

246 To quantitatively shed light on how the assembling behaviours of multiple proteins impact  
 247 on the dynamics of cell migration, we further develop a multiscale spatiotemporal modelling  
 248 system by applying the RAP theory and integrating the stochastic behaviours of proteins  
 249 (Supplementary Methods). This modelling framework systematically encompasses the *in vivo*  
 250 actin monomer nucleation, actin filament polymerization, capping protein terminating filament  
 251 polymerization, mechano-chemical nucleation of Arp2/3 complex, ATP binding, bent leading-  
 252 edge membrane, detachments of molecular linkers, protein gradients caused by chemotactic  
 253 cues, integrin-based adhesion and heterogeneous ECMs. Using this bottom-up approach, we  
 254 can span multiple scales in both space and time to investigate cell migration behaviours in  
 255 complex ECMs, and thus shed light on their dominating biophysical principles from the level  
 256 of specific proteins.

## 257 **ECM resistance-triggered positive feedback adapts propulsive force**

258 High extracellular resistance results in denser lamellipodial branched actin filaments during  
 259 cell migrations(1, 5). To explore quantitatively whether our spatiotemporal RAP theory can  
 260 reproduce this significant behaviour and reveal its underlying biophysical mechanism, we  
 261 perform spatiotemporal simulations of cell migrations in both mechanically homogeneous

262 extracellular microenvironment (HMECM) and HTECM (Fig. 2A). we observe that when the  
263 resistance  $f_{ECM}$  is 0.5 nN/ $\mu$ m (the normal range is 0.1–2.0 nN/ $\mu$ m of ECM(51)) in the HMECM  
264 condition, the density of polymerizing branched actin filaments  $\Phi$  stably fluctuates in a very  
265 narrow range 230–270 / $\mu$ m (Fig. 2A), agreeing well with the experimental data 150–350 / $\mu$ m  
266 (51). However, in the HTECM, when the extracellular resistance  $f_{ECM}$  increases from the low  
267 resistance (LR) 0.5 nN/ $\mu$ m to a higher resistance (HR) 1.0 nN/ $\mu$ m, the branched actin density  
268  $\Phi$  increases by ~35% (320–350 / $\mu$ m, Fig. 2A). After  $f_{ECM}$  returning to the low resistance  
269 (RLR) 0.5 nN/ $\mu$ m, the density also decreases to its previous level (Fig. 2A). The density of  
270 Arp2/3 complex assembling actin cytoskeleton cofluctuates with the resistance (Fig. 2B).  
271 Strikingly, our model well predicts the experimentally measured correlations between the  
272 extracellular resistance and the lamellipodial branched actin filament density during cell  
273 migration in refs.(1, 5, 11) (Fig. 2A). The architecture of the lamellipodial branched actin  
274 network generated in our spatiotemporal simulations is also consistent with the experimental  
275 measurements (Fig. 2C) (52). In addition, we show that when cells encounter higher resistances,  
276 the consumption rate of ATP (Fig. 2D) increases to fuel cell migrations. This prediction is also  
277 validated by the experimental data (Fig. 2D) that mitochondria and ATP levels are higher at  
278 the invasive cell leading edge in a stiffer ECM confinement (11) and that cancer cells  
279 overproduce ATP to boost their lamellipodia formations and invasions (53).

280 Next, we analyse the spatiotemporal propulsive force (Fig. 2E) and the elastic deformation  
281 energy  $\Pi$  stored in the branched filaments (Fig. 2F). It is found that both synchronously  
282 fluctuate with the density of branched actin filaments. We further quantitatively identify that  
283 the adaptation of filament density is to meet the propulsive force and energy demands for  
284 overcoming the varying extracellular resistance. To shed light on the more fundamental cross-  
285 scale biophysical mechanism of such significant adaptive behaviours in response to ECMs, we



286 then examine the assembly of protein molecules that happens at milliseconds, finding an ECM  
287 resistance-triggered positive feedback (Fig. 2G). When the resistance  $f_{ECM}$  increases,  
288 polymerizing (growing) actin filaments under the ECM confinement will automatically have  
289 larger nonlinear bending deformations, which increase the probability that Arp2/3 complex  
290 will bind and nucleate daughter actin filaments, and vice versa. Through this mechanism, cells  
291 can adapt the density of branched actin network and thus the propulsive force and energy for  
292 migrations. More importantly, through the extent of bending deformations, cells can sense the  
293 ECM resistance, so a larger resistance induces a larger bending deformation. Thus, from the  
294 protein level, we reveal that migrating cells can sensitively sense the immediate variations of  
295 ECM resistance through the polymerizing growth of actin filaments, and then accordingly  
296 make accurate adaptive responses in filament density, propulsive force and energy through the  
297 mechano-triggered Arp2/3 complex-actin filament assembling behaviours (Fig. 2G). This  
298 mechanism also endows migrating cells with an optimization ability to accurately employ their  
299 intracellular proteins and ATP (Fig. 2A, B and D) according to their demands in complex ECMs.

### 300 **Leading-edge velocity depends on the temporal hysteresis of filament density** 301 **adaptation to varying ECM**

302 We next explore how the leading-edge migration velocity responds to the varying stiffness  
303 of the ECMs and how the underlying biophysical mechanisms operate at the level of protein  
304 molecules. The spatiotemporal simulations in HTECMs show that when migrating cell  
305 encounters an increased extracellular resistance  $f_{ECM}$ , its leading-edge migrating velocity  $V$   
306 suddenly decreases from 3.3  $\mu\text{m}/\text{min}$  to 0.7  $\mu\text{m}/\text{min}$  (from stage I to II in the black ellipse in  
307 Fig. 2H), which is lower than the velocity 1.7–5.2  $\mu\text{m}/\text{min}$  in the HMECMs with  $f_{ECM} = 0.5$   
308 nN/ $\mu\text{m}$ . However, with the continuing polymerization of branched filaments, the decreased  
309 velocity partially recovers. This is owing to the gradual increase in the filament density based

310 on the ECM resistance-triggered positive feedback. Afterwards, we reduce the extracellular  
311 resistance from 1 nN/ $\mu\text{m}$  to its previous value 0.5 nN/ $\mu\text{m}$  for the HTECMs. Strikingly, the  
312 leading-edge velocity abruptly increases to a very high value 10.7  $\mu\text{m}/\text{min}$ , and then gradually  
313 decreases to the previous range 1.7-5.2  $\mu\text{m}/\text{min}$  (Fig. 2H). The spatiotemporal predictions from  
314 stage I to V are validated by the experimental data (Fig. 2H) (1, 26). To gain insight into the  
315 protein behaviours, we check the evolution of the spatiotemporal remodeling of the growing  
316 lamellipodial actin network. Previous studies (26) described this phenomenon as velocity  
317 dependence on loading history. Here, we quantitatively show that the nature of the leading-  
318 edge velocity variations in the HTECMs stems from that the adaptation of branched actin  
319 filament density is always temporally hysteretic to its triggering reason, i.e., varying ECM  
320 resistance (Fig. 2I). This is because the generation of daughter filaments and their growths to  
321 the leading-edge membrane always cost some time due to actin monomer nucleation, filament  
322 polymerization, Arp2/3 activation and assembly (Fig. 2I). Although the extracellular resistance  
323  $\mathbf{f}_{ECM}$  has increased or decreased, the density, propulsive force and deformation energy of  
324 polymerizing actin filaments keep unchanged in this process. Thus, the velocity suddenly  
325 decreases because of incapable of overcoming the increased resistance, and increases because  
326 of easily overcoming the decreased resistance to release the excess deformation energy,  
327 respectively (Fig. 2E and F). This also indicates that, in HTECMs, there exists no one-to-one  
328 correspondence between  $\mathbf{V}\cdot\mathbf{f}_{ECM}$  that can describe the leading-edge migrating behaviours.  
329 However, in HMECMs, the one-to-one  $\mathbf{V}\cdot\mathbf{f}_{ECM}$  relationship exists.

### 330 **High ECM resistance-triggered negative feedback adapts cell morphology** 331 **for pathfinding**

332 The above study focuses on the low ranges of ECM resistance. However, the leading edge  
333 usually faces some local dense collagen regions with high resistances in ECM. Thus, we here

334 investigate migratory pathfinding in this kind of complex ECMs and shed light on its  
335 underlying mechanistic operating basis at the protein level. We design an ECM as  
336 demonstrated by Fig. 3A. The ECM is divided into two stages. In the first stage (from 0 to 110  
337 nm), it is mechanically homogeneous and has a resistance  $f_{ECM}$  of 0.5 nN/ $\mu$ m. However, in the  
338 second stage (from 110 to 300 nm), its resistance becomes 1.0 nN/ $\mu$ m, and there are two very  
339 dense collagen regions with a very high resistance  $f_{ECM}^{right} = f_{ECM}^{left} = 5$  nN/ $\mu$ m.

340 Spatiotemporal simulations show that, in the first homogeneous mechanical environment,  
341 the left, central and right parts of the leading edge migrate forward synchronously with similar  
342 velocities (Fig. 3B). The density of branched actin filaments is approximately homogeneous  
343 (Fig. 3C). However, when the cell encounters the two dense collagen ECM regions, it stops  
344 moving forward from the left and right sides, and turns to squeeze out from the central region  
345 where the resistance is weak (Fig. 3B). Unexpectedly, even though the leading edges on the  
346 left and right sides have not overcome their local resistances, the increase of the density of actin  
347 filaments stops (red ellipse area in Fig. 3C). Interestingly, this indicates that when the ECM  
348 resistance is very high, the mechanism of resistance-triggered positive feedback no longer work.  
349 We perform experiments to validate this spatiotemporal model prediction. We record  
350 Human retinal pigment epithelial-1 (RPE1) cells expressing green fluorescent protein linked to  
351 a small peptide (Lifeact-GFP) with affinity for actin microfilaments. We image the dynamic  
352 cell migration processes in the microchannels with constrictions (Fig. 3D), and track the  
353 temporal actin intensity when the cell encounters the constriction regions. The experimental  
354 results of the temporal variations of leading-edge actin intensity (50% increase, Fig. 3E) are  
355 consistent with the modelling predictions (70% increase, Fig. 3C) when the leading edge  
356 encounters a very high ECM resistance. We then check how our spatiotemporal simulations  
357 operate at the protein level (Fig. 3F and G). Migrating cells apply the resistance-triggered  
358 positive feedback to adapt filament density and propulsive force to try to overcome the

359 obstacles until high forces between the leading-edge membrane and actin filaments (Fig. 3H)  
360 compromise the intercalations of actin monomers with the barbed ends (Fig. 3F), which stops  
361 the bending deformation of filaments (Fig. 3I) and the assembly of Arp2/3 complex (Fig. 3G).  
362 These results of our simulation are strongly validated by *in vitro* experiments (25). We also  
363 find that the porosity of the leading-edge actin network is reduced due to the increased density  
364 of actin filaments (Fig. 3J). This lowers the diffusion of actin monomers to the free barbed  
365 ends, and reduces the polymerization rate at the leading edge (Fig. 3K).

366 Unexpectedly, we find that an ECM resistance-triggered negative adaptation feedback (Fig.  
367 3L) coexists with the resistance-triggered positive adaptation feedback (Fig. 2G) in migrating  
368 cells. While the positive feedback adapts cell propulsive force to overcome ECMs, the negative  
369 feedback can adapt cell morphology by stopping actin polymerization to circumnavigate the  
370 high resistance regions in ECMs. This behaviour can avoid unnecessary consumptions of  
371 intracellular proteins and ATP resources (Fig. 3F and G), and thus improve cell migration  
372 efficiency. The synergy of the two opposite feedbacks allows the leading edge to discriminate  
373 whether the local ECM confinement is weak to overcome or strong enough to require  
374 circumnavigation with a formidable efficiency. It endows the cell with both powerful and  
375 flexible migration capabilities to widely adapt morphologies to the complex ECMs (Fig. 3M).  
376 This may explain why cancer metastasis is extremely hard to prevent once they acquire  
377 invasive ability. In addition, our results reveal that the initiation of cellular morphology  
378 adaptations, a prominent characteristic of invasive cancer cells, derives from the leading edge  
379 sensing strong barriers and escaping from them.

### 380 **Directional cell migration is steered by a balanced and competing relation**

381 Cells typically follow the gradients of chemotactic cues to migrate (6). The nucleus of  
382 migrating cells acts as a mechanical gauge to make temporary adaptations while choosing a



383 passable path (6, 54, 55). Given the global migration direction predefined by chemotactic cues,  
384 leading edge is much more important in persistently directing cell migration towards the final  
385 destination. Our simulations demonstrate that different local stiffness of ECM results in  
386 different local densities of branched filaments along the leading edge. Here, we investigate  
387 another challenging question of how the complex interplays between the multiple simultaneous  
388 factors of extracellular resistance, density heterogeneity of branched actin filaments, and the  
389 external diffusible chemotactic stimuli synergistically steer directional cell migration in  
390 HTECM. We introduce a gradient diffusion of a localised chemotactic cue sensed by  
391 transmembrane receptors (Fig. 4A), rendering a gradient distribution of intracellular actin  
392 monomers. We design and simulate three cases A–C (Fig. 4B), in which local leading edges at  
393 the positions of  $\mathbf{x}_1$  and  $\mathbf{x}_2$  simultaneously drive cell migrations. Based on the experimental  
394 observations (6), it is reasonable to hypothesize that the fastest migration direction of local  
395 leading edges is the main migration direction of a cell. Our simulations in case A show that the  
396 migration distance of the leading edge at the position  $\mathbf{x}_2$  are larger than those at the position  $\mathbf{x}_1$   
397 (Fig. 4C), concluding that when the extracellular mechanical microenvironments are  
398 homogeneous, cells more actively migrate toward the site where the local concentration of actin  
399 monomers is higher. Since homogeneous ECM induces homogeneous density of branch  
400 filaments in the whole leading edge (Fig. 4D), a higher local concentration of actin monomers  
401 means that sufficient actin monomers can be supplied to the polymerizing barbed ends of the  
402 local branched actin filaments. The chemotactic cue determines the local protein concentration  
403 to steer directional cell migration. Then, we test case B, in which the left and right sides are  
404 designed to have the same local concentrations of actin monomers due to homogeneous  
405 distribution of the chemotactic cue, but different extracellular resistances. Cells migrate toward  
406 the low resistance  $\mathbf{x}_1$  side (Fig. 4E), because higher resistance on the right-side results in denser  
407 branched actin filaments there (Fig. 4F), which deplete action monomers locally and thus slows

408 polymerization rate at barbed ends. This case highlights that extracellular resistance plays a  
409 determining role in directing cell migration. However, the results of case C (Supplementary  
410 Fig. 5), in contrary to case B, shows that cells migrate toward the high resistance  $x_2$  side (Fig.  
411 4G). Even though the denser polymerizing filaments consume more actin monomers on the  
412  $x_2$  side (Fig. 4H), the strong chemotactic cue can sustain a high local concentration of actin  
413 monomers, which enable branched actin filaments to polymerize at a higher rate than that on  
414 the  $x_1$  side. Although here we take actin monomers as an example, local variations in the  
415 concentrations of other intracellular proteins, such as Arp2/3 complex, WASPs, FMNL, aprin  
416 and profilin, have the same effect on cell migration by enhancing or inhibiting nucleation,  
417 branch formation and filament polymerization.

418 From the distinct results of cases A–C, we find that directional cell migration is not solely  
419 steered by either the gradients of intracellular proteins induced by chemotactic cues or the local  
420 stiffness of ECMs. It is a balanced competing consequence between the two (Fig. 4I and J).  
421 While strong chemotactic cues improve the local nucleation, branch formation and  
422 polymerization rate of actin filaments, stiffer local ECMs result in denser local branched actin  
423 filaments, which in turn reduce these rates and slow down cell migration. In addition, through  
424 the collaboration of the resistance-triggered positive feedback mechanism and the high  
425 resistance-triggered negative feedback mechanism, here our results further indicate that as long  
426 as the chemotactic cues are strong enough in sustaining the high gradients of proteins for  
427 keeping a high branching and polymerizing rates, the leading edge will drive cells to migrate  
428 globally and persistently toward the prescribed final destination by overcoming weak  
429 confinements and circumnavigating strong barriers encountered.

## 430 **Discussions**

431 Although cell migrations have been studied many decades, how cells mechano-sense and  
432 make self-adaptive responses to complex ECMs at the protein level still remains elusive. In  
433 this study, by analysing the spatiotemporal nonlinear deformation of polymerizing actin  
434 filaments and the polymerization force-regulated Arp2/3 complex-actin filament binding  
435 interactions, we derive a spatiotemporal ‘resistance-adaptive propulsion’ (RAP) theory for cell  
436 migrations. Then, with the RAP theory, we develop a spatiotemporal multiscale modelling  
437 system, which can not only simulate dynamic cell migrations in ECMs, but also shed light on  
438 the assembling behaviours of single proteins. Our simulations predict many important spatial  
439 and temporal adaptive cell migration behaviours observed experimentally and clinically (Table  
440 1), and reveal their underlying operating mechanisms emerged from proteins behaviours.

441 We find that it is the polymerization force-regulated actin filament-Arp2/3 complex binding  
442 interaction that dominates self-adaptive cell migrations in complex ECMs, through the  
443 synergistic effects of positive and negative feedbacks. **This binding interaction essentially**  
444 **determines the self-adaptive generation of actin filament density (Supplementary Fig. 6) and**  
445 **the orientations of polymerizing actin filaments relative to the direction of cell migration (Fig.**  
446 **2C and Supplementary Fig. 7). During cell migrations, the polymerization-induced bending**  
447 **state of actin filaments serves as a mechano-sensor of cells and a triggering factor for**  
448 **remodeling the actin network based on Arp2/3 complex behaviors.** Our finding is highly  
449 consistent with recent studies that show bending force (42) and polymerization force (56) evoke  
450 conformational changes of actin filaments and thus affect the binding behaviours of actin-  
451 binding proteins. In fact, mechanical force-induced conformational change of proteins is a key  
452 regulator of protein-protein interactions (57), thereby regulating physiological and  
453 pathophysiological cellular behaviours. **In addition, actin filaments in cells can grow longer**  
454 **when they are protected from capping by formins or VASP molecules (58, 59) or when the**

455 concentration of capping proteins is low (5). Our simulation results show that longer actin  
456 filaments can improve cell migration velocity (Supplementary Fig. 8A), which is also validated  
457 by the experimental data that Ena/VASP make actin filaments grow longer and thus promotes  
458 cell migration velocity (60). The longer actin filaments contribute to the formation of a denser  
459 actin network (Supplementary Fig. 8B), and each polymerizing actin filament bears a smaller  
460 force. This enables them to not only more easily overcome ECM resistance but also polymerize  
461 at a higher rate.

462 Previous studies indicated that increased extracellular resistance induced denser branched  
463 actin filaments in the migration leading edge (1, 5, 25). Here, we identify that the enhanced  
464 leading-edge actin filament density is to improve the propulsive force and energy to overcome  
465 the resistance. Our results physically interpret why Arp2/3 complex overexpression is tightly  
466 associated with cancer cell invasions (15-19), poor patient survival in cancers (61) and high  
467 migratory force (62). We indicate that Arp2/3 is a key target protein for developing anti-cancer  
468 drugs, especially for patients in the advanced stages of cancer. It should be mentioned that the  
469 current simulations are for the conditions that integrin-based adhesions are sufficient for fixing  
470 the branched actin network. In the event that the levels of integrin or vinculin are not abundant,  
471 it is conceivable that high ECM resistance could trigger a rapid actin retrograde flow (41, 63)  
472 based on the positive feedback, resulting in an increased backward movement of the branched  
473 actin network and subsequently reducing the velocity of cell protrusion. This represents an  
474 additional type of negative feedback mechanism that can arise from excessively high ECM  
475 resistance. In addition, while cytoskeletal biopolymers generally possess a viscous property  
476 (64, 65), it is worth noting that the viscous behaviors of actin filaments become negligible in  
477 the millisecond time range (66). As a result, we neglect this aspect in the analysis.

478 It should be emphasized that polymerization of Arp2/3 complex-branched actin filament  
479 network is the most important way for cells to generate propulsive forces to interact with their

480 surrounding microenvironments and perform their functions. It participates in phagocytosis of  
481 immune responses (67), endocytosis (68), dendritic spine formation of cortical neurons (69),  
482 T-cell and cancer cell interactions (70), and promoting of DNA fork repair (71) and chromatin  
483 organization (72, 73). All these processes require cells to mechano-sense the surrounding  
484 microenvironments and then make adaptive force generation responses. Thus, besides cell  
485 migrations, our cross-scale findings and the spatiotemporal multiscale modelling system can  
486 also be applied to investigate these dynamic physiological cell activities.

487

## 488 **Materials and Methods**

### 489 *Cell culture*

490 Human telomerase-immortalized, retinal-pigmented epithelial cells expressing GFP-LifeAct  
491 (CellLight Actin-GFP, BacMam 2.0 from Thermo Fischer Scientific) were grown in a  
492 humidified incubator at 37°C and 5% CO<sub>2</sub> in DMEM/F12 supplemented with 10% fetal bovine  
493 serum and 1% penicillin-streptomycin. All cell culture products were purchased from  
494 GIBCO/Life Technologies. Cell lines were regularly checked for mycoplasma contamination  
495 (MycoAlert, Lonza).

### 496 *Cell fixation and immunostaining*

497 Cells were pre-permeabilized in 0.5% Triton X-100 in cytoskeleton buffer for 15 s for  
498 tubulin and then fixed in 0.5% glutaraldehyde (no.00216-30; Polysciences) in cytoskeleton  
499 buffer with 0.5% Triton X-100 and 10% sucrose for 15 min at room temperature. Cells were  
500 then washed three times with PBS-tween 0.1% and incubated in a quenching agent of 1mg ml-  
501 1 sodium borohydride for 10 min at room temperature. After fixation, the cells were washed  
502 with PBS-Tween 0.1% and then blocked with 3% bovine serum albumin (BSA) overnight. The

503 cells were incubated with appropriate dilutions of primary antibodies in PBS containing 3%  
504 BSA and 0.1% Tween overnight at 4 °C in a humid chamber. After washing three times with  
505 PBS-tween 0.1%, the coverslips were then incubated with appropriate dilutions of secondary  
506 antibodies diluted in PBS containing 3% BSA and 0.1% for 1 h at room temperature in a humid  
507 chamber. After washing three times with PBS-Tween 0.1%, coverslips were then mounted onto  
508 slides using Prolong Gold antifade reagent (no. P36935; Invitrogen). Here, we used rat  
509 monoclonal antibodies against  $\alpha$ -tubulin (no. ab6160, Abcam) and Alexa Fluor 555 goat anti-  
510 rat (1:500, no.A21434; Invitrogen) as secondary antibody. Antibodies were diluted as followed  
511 for immunofluorescence:  $\alpha$ -tubulin (primary: 1:500) and secondary (1:1000). For actin  
512 immunofluorescence, Phalloidin-Atto 488 (49409, Sigma-Aldrich) was used to and diluted as  
513 1:1000 to stabilize actin filaments in cells.

#### 514 *Cell migration under constriction*

515 Micro-channels were prepared as previously described (doi:10.1007/978-1-61779-207-  
516 6\_28). Briefly, polydimethylsiloxane (PDMS, 10/1 w/w PDMS A / crosslinker B) (GE  
517 Silicones) was used to prepare 12  $\mu$ m wide and 5 $\mu$ m high micro-channels with a constriction  
518 of 2  $\mu$ m. For confined migration in Fig. 3D, coverslip and micro-channels were treated by  
519 plasma for 1mins and then were stuck together at 70 °C for 10mins. Before cell seeding, the  
520 microchannels were treated with fibronectin at 10  $\mu$ g ml<sup>-1</sup> for 30mins and incubate with culture  
521 medium for 3 hrs at room temperature. GFP-LifeAct RPE1 cells were then seeded in the  
522 microchannels with a concentration at 2x10<sup>5</sup> cells ml<sup>-1</sup>. Imaging was performed after the  
523 overnight incubation of the microchannels.

#### 524 *Imaging*

525 Images of the immunostainings were acquired on a Zeiss LSM900 confocal microscopes  
526 (Axio Observer) using a 63x magnification objective (Plan- Apochromat 63X/1.4 oil). Image

527 acquisition for time-lapse of GFP life-act RPE1 cells in constrictions was performed on a  
528 confocal spinning-disc system (EclipseTi-E Nikon inverted microscope equipped with a  
529 CSUX1-A1 Yokogawa confocal head, an Evolve EMCCD camera from Roper Scientific,  
530 Princeton Instruments) through an 63x magnification objective (Nikon CFI Plan Fluor 60X/0.7  
531 oil) objective every 4 s during 2 hrs for each time-lapse. The set-up was equipped with a live  
532 cell chamber, and the temperature was constantly kept at 37 °C. Labelled-actin was excited  
533 with a 491 nm laser line, and emission was observed with a standard GFP filter. The microscope  
534 was monitored with MetaMorph software (Universal Imaging).

### 535 *Spatiotemporal theoretical model and dynamic multiscale modelling system*

536 The derivation of the spatiotemporal biophysical theory and the developing process of the  
537 spatiotemporal multiscale dynamic modelling system are provided in the Supplementary Text.

538

### 539 **Data availability**

540 The data that support the findings of this study are available from the corresponding author  
541 on reasonable request.

### 542 **Author contributions**

543 X.D.C., X.Q.F., H.X.Z. and M.G. designed the research. X.D.C., H.X.Z. and X.Q.F.  
544 developed the theory and the spatiotemporal simulation framework. X.D.C performed the  
545 simulations. X.D.C., B.W.X. and Y.H.M analysed the data. X.D.C. and Y.H.L. did the  
546 experiments and analysed experimental data. X.D.C., X.Q.F., H.X.Z., Y.H.L. and M.G. wrote  
547 the manuscript.

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## 554 **Competing interests**

555 The authors declare no conflict of interest.

## 556 **Code availability**

557 All computer codes are available from the corresponding authors on reasonable request.

558

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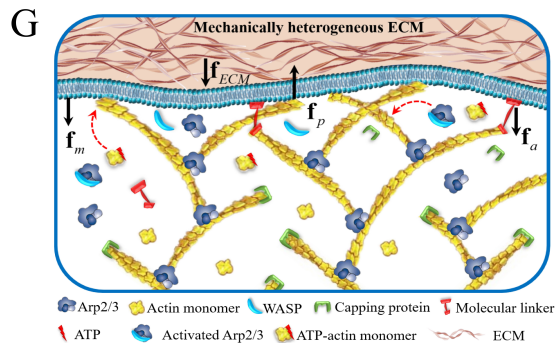
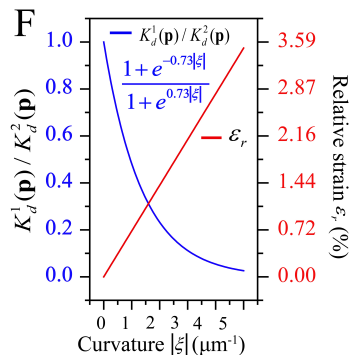
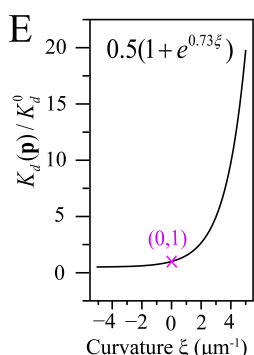
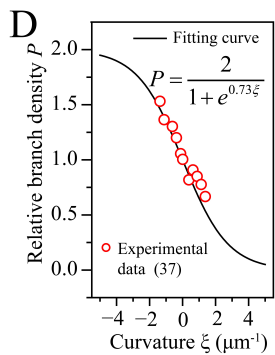
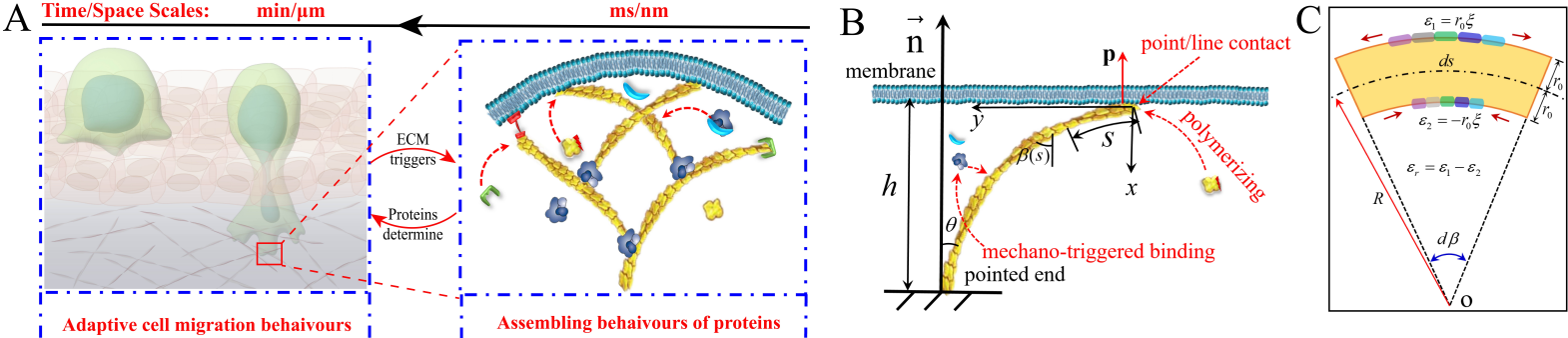
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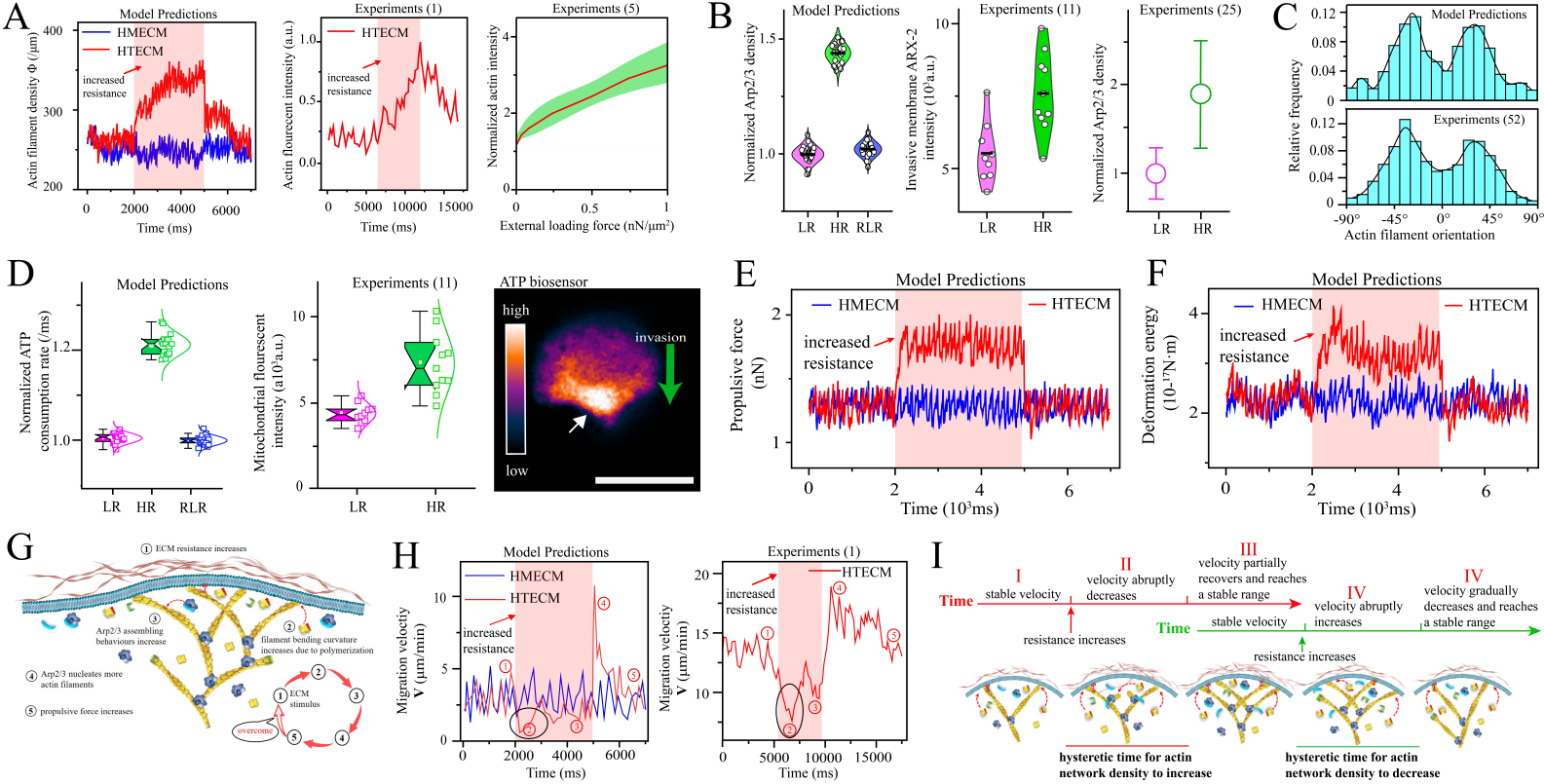
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730 **Figures 1–4**

731



732 **Fig. 1.** Polymerizing branched actin filaments at lamellipodial leading edge drive cells  
733 to migrate in ECMs. (A) Cell migrations in ECMs are spatial and temporal cross-scale  
734 biophysical behaviours performed by proteins. (B) Demonstration of the two-  
735 dimensional mechanical interaction for theoretical analysis. (C) Polymerization-induced  
736 deformation analysis of a small segment  $ds$  of actin filament. The convex side surface  
737 is stretched with a strain  $\varepsilon_1 = r_0\xi$  while the concave side surface is compressed with a  
738 strain  $\varepsilon_2 = -r_0\xi$  where  $r_0$  is the radius of actin filaments. The colour bar regions denote  
739 the binding surfaces of Arp2/3 complex on the convex and concave sides of the actin  
740 filaments. (D) Relationship between relative branched density and actin filament  
741 curvature from experimental data (37). It is fitted by an inverted sigmoid function, which  
742 is more reasonable than a linear fitting because the relative branched density should be  
743 neither minus nor excessively high. The relative branched density  $P$  is the ratio of the  
744 number of branch points with different curvatures to the corresponding number of mother  
745 actin filaments. (E) Relationship between the relative dissociation constants  $K_d(\mathbf{p})/K_d^0$   
746 and actin filament curvature where  $K_d(\mathbf{p})$  and  $K_d^0$  are the dissociation constants in the  
747 bending and straight states, respectively (Supplementary information). (F) The relative  
748 dissociation constants  $K_d^1(\mathbf{p})/K_d^2(\mathbf{p})$  shows that the binding affinity of Arp2/3 complex  
749 on the convex side ( $K_d^1(\mathbf{p})$ ) of a bending actin filament is much higher than the concave  
750 surface ( $K_d^2(\mathbf{p})$ ). (G) Forces acting on the leading-edge membrane when a cell is  
751 migrating in ECMs.  $\mathbf{f}_p$  is the propulsive force generated by the polymerization of a  
752 branched actin filament.  $\mathbf{f}_{ECM}$  is the extracellular resistance from the ECM.  $\mathbf{f}_m$  is the  
753 tension force of the top and bottom lamellipodial membrane.  $\mathbf{f}_a$  is the attachment force  
754 of a molecular linker, which links actin filament and the leading-edge membrane.



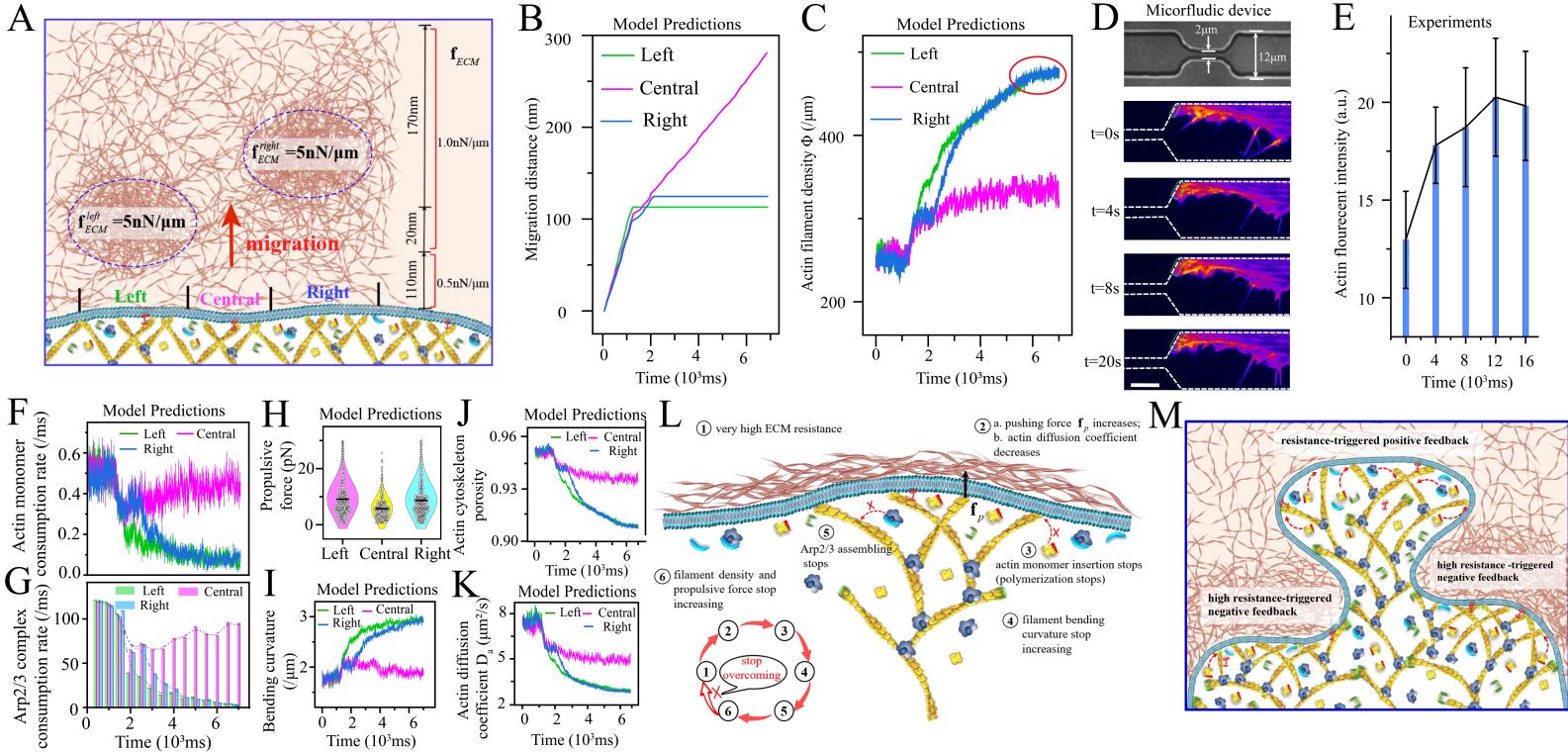


755 **Fig. 2.** Spatiotemporal simulations from protein behaviours accurately predict self-  
756 adaptive cell migrations in complex ECMs and reveal their underlying biophysical  
757 mechanisms. (A) Resistance force-induced branched actin network density adaption.  
758 Model predictions: temporal fluctuations of polymerizing actin cytoskeletal density at  
759 the leading edge in HMECM (blue line) and HTECM (red line). The extracellular  
760 resistance  $f_{ECM}$  of the HMECM is 0.5 nN/ $\mu\text{m}$ . For the HTECM condition (red line), the  
761  $f_{ECM}$  is 1.0nN/ $\mu\text{m}$  in the time frame 2000–5000 ms (shadow region), and is 0.5 nN/ $\mu\text{m}$   
762 in the time frames of 0–2000 ms and 5000–7000 ms. The induced actin density along the  
763 leading edge in the two conditions is 200–350 / $\mu\text{m}$ , agreeing well with the experimental  
764 data 150–350 / $\mu\text{m}$ (51). The first experimental data is the temporal fluctuations of actin  
765 reporter lifeact: GFP intensity at the leading edge of migrating fish keratocytes in  
766 HTECMs from experiments in ref. (1). The second experimental data is the fluctuations  
767 of polymerizing branched actin density in responding to varying external loads from  
768 experiments in ref.(5). Actin density is normalized by that of the unloaded condition(5).  
769 Green region is the standard deviation. (B) Resistance force-induced Arp2/3 complex  
770 density adaption. Model predictions: temporal fluctuations of the leading-edge Arp2/3  
771 density in responding to HTECMs (n=30 each group). The Arp2/3 density is normalized  
772 by that of the homogeneous ECM condition. The first experimental data: adaptive  
773 fluorescent intensity of ARX-2::GFP for Arp2/3 complex at the leading edge when cells  
774 invade ECMs with low resistance and high resistance (n=10 each group) from  
775 experiments in ref. (11). The second experimental data: Arp2/3 complex density under  
776 increasing resistance (n=15 each group) from experiments in ref. (25). The HR condition  
777 is normalized by the LR condition. (C) Model predictions and published experimental  
778 measurements(52) of the orientation frequency of lamellipodial actin filaments relative  
779 to the migration direction, which is defined as 0° direction. (D) Adaptive ATP

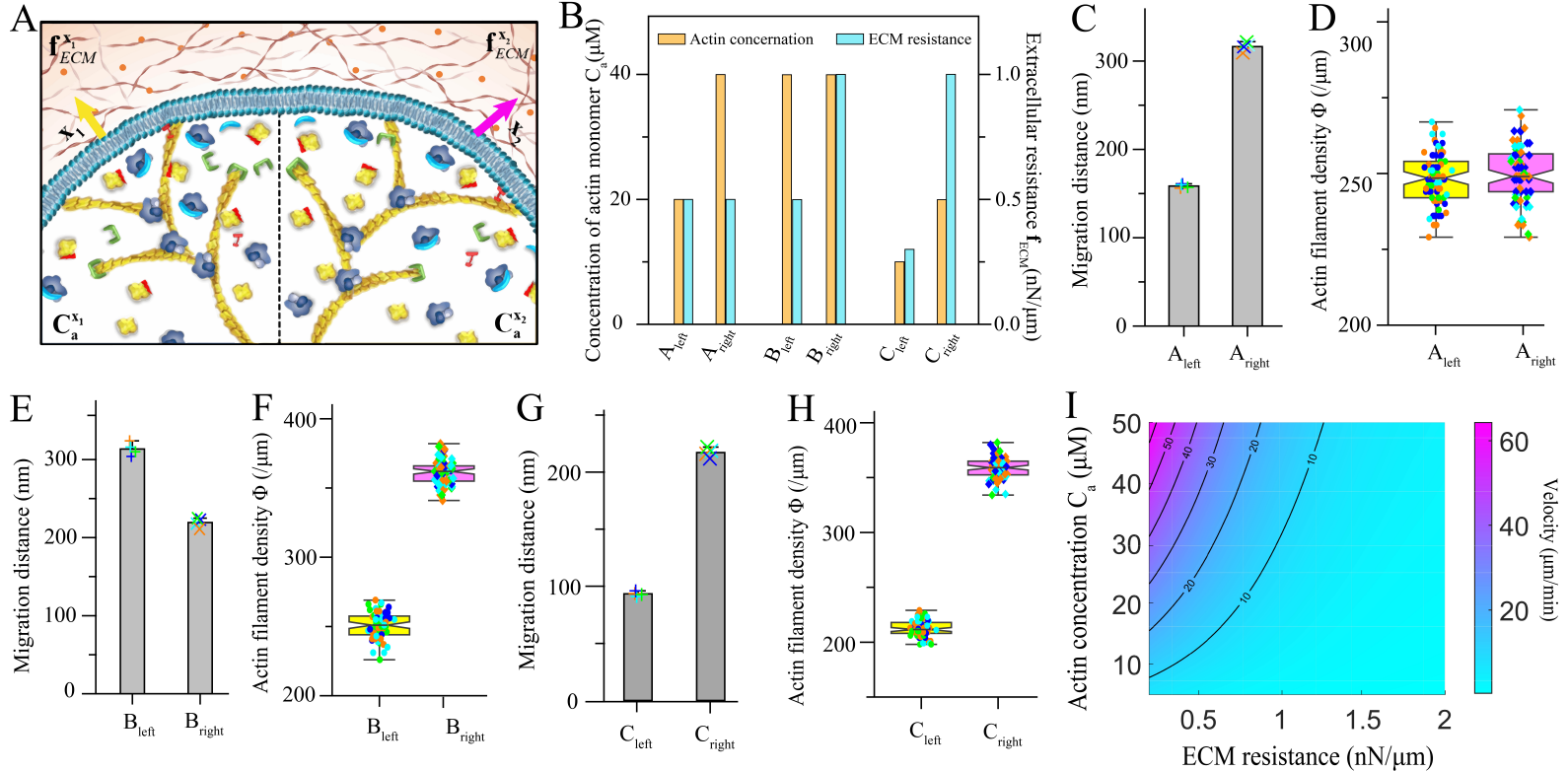
780 consumption rate for fuelling cells migrating through HTECMs. Model predictions: the  
781 ATP consumption rate is the average number of ATP used for assembling actin  
782 cytoskeleton per micro-second, and is normalized by that of the HMECM condition  
783 (n=20 each group). Experiments: adaptive fluorescent intensity of mitochondria and ATP  
784 at the leading edge when cells invade ECMs with low resistance and high resistance  
785 (n=10 each group) from ref. (11). Scale bar is 5  $\mu$ m. Temporal fluctuations of propulsive  
786 force (*E*) and deformation energy (*F*) generated by the leading-edge actin cytoskeleton  
787 in HMECM and HTECM. (*G*) Molecular protein-level biophysical mechanism of the  
788 positive feedback that migrating cells mechano-sense the variation of ECM and then  
789 accurately adapt their propulsive forces to overcome it. (*H*) Velocity adaptation. Model  
790 predictions: temporal fluctuations of leading-edge migration velocities in HMECM and  
791 HTECM. Experiments: temporal fluctuations of leading-edge migration velocity in  
792 responding to HTECM from the experiments in ref.(1). (*I*) **Molecular biophysical**  
793 **mechanism of leading-edge migration velocity depending on extracellular resistance**  
794 **history is the temporal hysteresis of the leading-edge actin cytoskeleton remodeling and**  
795 **adaptation. The red and green time lines correspond to the velocity adaptations caused**  
796 **by the increased and decreased ECM resistances, respectively. Velocity adaptation stages**  
797 **I–V in (*I*) correspond to the stages ①–⑤ in (*H*), respectively.**

798

799



800 **Fig. 3.** High extracellular resistance triggers negative feedback to adapt cell morphology  
801 to circumnavigate obstacles for compromisingly pathfinding. (A) The designed HTECM  
802 in simulations. It is divided into two stages, where extracellular resistances in the first (in  
803 the range of 0–110 nm in front of the migrating cell leading edge) and second stages (in  
804 the range of 110–300 nm in front of the migrating cell leading edge) are 0.5 nN/ $\mu$ m and  
805 1.0 nN/ $\mu$ m, respectively. However, the second stage has two dense ECM regions with a  
806 very high resistance  $\mathbf{f}_{ECM}^{left} = \mathbf{f}_{ECM}^{right} = 5$  nN/ $\mu$ m. The red arrow denotes cell migration  
807 direction. Spatiotemporal migration distances (B) and leading-edge actin filament  
808 densities (C) at the left, central and right parts of the leading edge. (D and E) Microfluidic  
809 device and temporal fluctuation of actin reporter GFP-lifeact: the actin intensity as a  
810 function of the time at the leading edge when migrating cells encounter an obstacle (n=10  
811 each group). Scale bar in (D) is 5  $\mu$ m. Temporal actin monomer (F) and Arp2/3 complex  
812 (G) consumption rates at the left, central and right local leading edges. Actin monomer  
813 consumption rate is the ratio of the number of actin monomers adding to the barbed ends  
814 of actin filaments to the number of uncapped actin filaments per micro-second. Arp2/3  
815 complex consumption rate is the number of Arp2/3 complex assembling for the actin  
816 cytoskeleton in a time span of 500 ms. (H) Propulsive forces produced by each  
817 polymerizing actin filaments at the left, central and right local leading edges. Temporal  
818 fluctuations of the average bending curvature of polymerizing actin filaments(I), the  
819 leading-edge actin cytoskeleton porosity (J) and the actin diffusion coefficient (K). (L)  
820 Biophysical mechanism of the high ECM resistance-triggered negative adaptation  
821 feedback. (M) Demonstration of simulation results that the leading edge circumnavigates  
822 high ECM resistance regions based on the negative feedback and opens a channel in the  
823 weak region based on the positive feedback. The positive and negative feedbacks work  
824 cooperatively to adapt cell morphology and drive cell migration.



825 **Fig. 4.** Directional cell migration is steered by a balanced relation between intracellular  
826 proteins, HTECMs and chemotactic cues. (A) Demonstration of initial simulation  
827 conditions that local leading edges drive cell migration at the two locations of  $\mathbf{x}_1$  and  $\mathbf{x}_2$ .  
828 Yellow and violet arrows denote the migration directions at  $\mathbf{x}_1$  and  $\mathbf{x}_2$ , respectively. The  
829 dots represent chemoattractant of actin. (B) Local extracellular resistance of ECMs and  
830 local concentration of actin monomers caused by a gradient chemoattractant at the  
831 positions of  $\mathbf{x}_1$  and  $\mathbf{x}_2$  in cases A-C. Migration distances (*C*, *E* and *G*) and leading-edge  
832 actin cytoskeleton densities (*D*, *F* and *H*) in cases A-C ( $n=4$ ). (I) Leading-edge migration  
833 velocity for varying ECM resistance and actin concentration. (J) Directional cell  
834 migration is steered by a balanced relation between intracellular proteins for assembling  
835 leading-edge actin cytoskeleton, local resistances of HTECMs and chemotactic cues.

836

837 **Table 1. RAP model systematically predicts all the key adaptive migratory behaviours**  
 838 **discovered in experiments.**

Key lamellipodial leading edge behaviours during cell migrations	Corresponding modeling results
1. Adaptive propulsive force generation based on ECM resistance (1)	Fig. 2E and 2F
2. The orientation of actin filaments in lamellipodial is about $\pm 35^\circ$ relative to the migration direction (1, 52).	Fig. 2C
3. Increased ECM resistance induces the increase of branched actin filament density (1, 5, 11).	Fig. 2A
4. Increased resistance induces the decrease in the rates of actin nucleation and capping of barbed ends (25).	Fig. 3F
5. Increased resistance induces the decrease in the rates of Arp2/3 branching (25).	Fig. 3G
6. Overexpression of Arp2/3 complex is positively related to cell migratory ability and velocity (15, 17, 62).	Fig. 2A, 2B, 2E and 2F
7. Increased ECM resistance leads to denser mitochondria at the Arp2/3 complex-assembled invasive cell leading edge and ATP can boost cancer leading edge invasion (11, 53).	Fig. 2D
8. Migratory leading edge can circumnavigate obstacles and select the path of least resistance (6).	Fig. 3B, 3C, 3F and 3G
9. Leading edge migration velocity depends on extracellular resistance history (1, 26).	Fig. 2H
10. <b>VASP promotes actin filament elongation and thus improves cell migration velocity (60).</b>	Supplementary Fig. 7

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