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1	Polymerization force-regulated actin filament-Arp2/3 complex
2	interaction dominates self-adaptive cell migrations
3	
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20	migrations, extracellular microenvironments.

21 Abstract

22 Cells migrate by adapting their leading-edge behaviours to heterogeneous extracellular 23 microenvironments (ECMs) during cancer invasions and immune responses. Yet it remains 24 poorly understood how such complicated dynamic behaviours emerge from millisecond-scale 25 assembling activities of protein molecules, which are hard to probe experimentally. To address this gap, we establish a spatiotemporal "resistance-adaptive propulsion" theory based on the 26 27 protein interactions between Arp2/3 complexes and polymerizing actin filaments, and a 28 multiscale dynamic modelling system spanning from molecular proteins to the cell. Combining 29 spatiotemporal simulations with experiments, we quantitatively find that cells can accurately 30 self-adapt propulsive forces to overcome heterogeneous ECMs via a resistance-triggered 31 positive feedback mechanism, dominated by polymerization-induced actin filament bending 32 and the bending-regulated actin-Arp2/3 binding. However, for high resistance regions, resistance triggered a negative feedback, hindering branched filament assembly, which adapts 33 34 cellular morphologies to circumnavigate the obstacles. Strikingly, the synergy of the two 35 opposite feedbacks not only empowers the cell with both powerful and flexible migratory capabilities to deal with complex ECMs but also enables efficient utilization of intracellular 36 37 proteins by the cell. In addition, we identify that the nature of cell migration velocity depending on ECM history stems from the inherent temporal hysteresis of cytoskeleton remodeling. We 38 39 also show that directional cell migration is dictated by the competition between the local 40 stiffness of ECMs and the local polymerizing rate of actin network caused by chemotactic cues. 41 Our results reveal that it is the polymerization force-regulated actin filament-Arp2/3 complex 42 binding interaction that dominates self-adaptive cell migrations in complex ECMs, and we 43 provide a predictive theory and a spatiotemporal multiscale modeling system at the protein 44 level.

46 Significance

47 Understanding how migrating cells mechano-sense complex extracellular microenvironment 48 (ECM) and make adaptive responses based on protein behaviors is an important yet challenging 49 issue. By combining spatiotemporal biophysical theory derivation, protein-protein interaction 50 analysis and dynamic multiscale modelling with experimental living imaging, we find, for the 51 first time, that actin filament polymerization force regulates the binding affinity of Arp2/3 52 complex and thereby dominates self-adaptive cell migrations in ECMs via positive and 53 negative feedbacks. Cells can sense the intensities of ECM resistances through the polymerization-induced bending states of actin filaments, and accurately determine appropriate 54 55 force generations and migratory responses through the bending-regulated binding interactions 56 of Arp2/3 complex. We demonstrate that branched actin filaments can adaptively generate 57 propulsive force, and reveal its underlying mechanism.

59 Introduction

Cells migrate through coupling their propulsive forces generated by assembling 60 cytoskeletons to extracellular microenvironments (ECMs) (1-4). Actin-based lamellipodia 61 62 protrusion is a powerful force-generating system that drives cell migrations during cancer 63 invasion, immune surveillance, and embryonic development (1, 5-9). Arp2/3 complex binds on an existing actin filament and then nucleates a daughter filament, assembling into branched 64 actin networks in lamellipodia and invadopodia (10, 11). The polymerization of the network 65 generates a pushing force to open a sufficient wide channel in ECM to drive individual or 66 67 collective cell migrations (12-14).

68 Clinical studies show that Arp2/3 complex-medicated migration is tightly associated with 69 cancer invasion (15-20), and patients over expressing Arp2/3 complex have poor survivals in 70 lung (16), breast (17), pancreatic (20), and colorectal cancers (15). In addition, the migrations 71 of immune cells, such as dendritic cells and T cells, in three-dimensional ECMs are also 72 extensively driven by the Arp2/3 complex formed lamellipodial protrusions (6, 7). However, ECMs in vivo are highly mechanically heterogeneous (21, 22). Both invasive cancer cells and 73 74 immune cells need to migrate long distances to establish new tumors (21, 23) and to find killing targets(7, 24), respectively. Experimental studies show that the magnitude of ECM resistance 75 can affect the density of lamellipodial branched actin filaments (1, 5, 11, 25), and the 76 77 lamellipodial leading-edge velocity exhibits resistance-history dependent (1, 26). In addition, 78 cells predominantly migrate along the path with the least resistance in heterogeneous 79 extracellular microenvironments (HTECMs) (6). All these studies suggested that the leading 80 edge of migratory cells actively mechano-senses variations of ECMs and adapts its migrating 81 behaviour (Fig. 1A) (1, 5, 6, 27) in response to complex ECMs. However, the migratory leading 82 edge involves highly dynamic interplays of various proteins, including Arp2/3 complexes, 83 actin monomers, actin filaments, Wiskott-Aldrich syndrome proteins (WASPs), ATP, capping

84 proteins, leading-edge membrane, integrin-based adhesions and ECMs (5, 10, 11, 28). Due to 85 both the temporal and spatial cross-scale complexities (29) (Fig. 1A), live imaging protein behaviours at millisecond and nanometre scales is intrinsically difficult (30). Thus, 86 87 quantitatively interpreting how these complicated cell-scale self-adaptive migration behaviours (Fig. 1A) emerge from the dynamic activities of molecular proteins has been a grand and long-88 89 lasting challenge (31, 32). It not only seriously hampers our in-depth mechanistic 90 understandings of *in vivo* cell migrations, but also hinders us from discovering target proteins 91 for designing new medicines and gene editing therapies to prevent cancer cells from invasions 92 or enhance immune cell infiltrations for solid cancer immunotherapy.

93 Constructing a predictive spatiotemporal multiscale modelling system that can describe 94 cellular dynamic behaviours from the molecular to cellular scales at the intersection of biology, 95 physics, chemistry and computer science will greatly accelerate biomedical advancements (33, 96 34). From the level of molecular protein-protein interactions, we here derive a spatiotemporal 97 'resistance-adaptive propulsion' (RAP) theory based on the geometric nonlinear deformation 98 mechanisms of polymerizing actin filaments and the mechano-chemical assembling behaviours 99 of Arp2/3 complexes. The theory describes both spatial and temporal mechanical interactions 100 between the polymerizing branched actin filaments and the bent leading-edge membrane 101 constrained by ECM. On the basis of this RAP theory, we develop a multiscale spatiotemporal 102 modelling system, which encompasses dynamic actin polymerization, capping protein 103 inhabiting actin filament polymerization, nonlinear deformation of actin filaments, actin 104 monomer diffusion, ATP binding on actin monomers and Arp2/3 complex, mechano-chemical 105 assembly of Arp2/3 complex, detachments of molecular linkers, bent leading-edge membrane 106 and HTECMs. It can not only simulate dynamic cell migrations in complex environments but 107 also quantitatively shed light on synchronous interacting and assembling behaviours of 108 multiple proteins. Combining spatiotemporal simulations with experiments tracking actin

109 dynamics during cell migration, we discovered a resistance-triggered positive feedback 110 mechanism at the protein level for adapting propulsive forces to overcome the heterogeneity in 111 ECM, and a resistance-triggered negative feedback mechanism for adapting cell morphology 112 to circumnavigate regions with high ECM resistance. Strikingly, the combination of the two 113 opposite feedback mechanisms along the broad lamellipodial leading edge shows formidable 114 synergistic effects, empowering cells with both powerful and flexible migratory capabilities to deal with complex ECMs, and meanwhile endowing intracellular ATP resource with an optimal 115 116 efficiency in fuelling cell migration. These insights explain why it is hard to prevent metastasis 117 by cancer cells once they have acquired invasive ability. By monitoring the assembling 118 behaviours of proteins, we further find that the nature of migration velocity depending on the 119 resistance history of ECM is derived from the temporal hysteresis of adaptive actin 120 cytoskeleton remodeling. In addition, we reveal that directional cell migration is dictated by 121 the competition between the local stiffness of ECMs and the local polymerizing rates of the 122 leading-edge actin cytoskeleton in response to gradients of chemotactic cues. Overall, we 123 establish the first, to our knowledge, spatiotemporal biophysical theory and multiscale 124 modelling system, which can accurately predict self-adaptive cell migrations in complex ECMs 125 from protein behaviours that happen at the milliseconds in vivo. Establishing such predictive 126 biophysical theory and spatiotemporal modelling system will allow computer simulations to 127 replace some laboratory experiments to quantitatively test how new drugs and gene editing 128 technologies targeting on proteins affect cell dynamics in the future.

Spatiotemporal self-adaptive propulsion theory and multiscale modelling system

Branched actin network protrusion is an important way that drives cell migrations in ECMs.Through adding actin monomers to the barbed ends, polymerizing branched actin filaments

133 grow and thus generate pushing force on the leading-edge membrane (5). Before being capped 134 by capping proteins, the growing length of filaments with the polymerizing time t can be 135 expressed as

$$l(t) = \delta \int_{t^{nuc}}^{t^{cap}} \left[\gamma(\Phi) \cdot \psi(D_a) \cdot \mathbf{C}_a \cdot k_P(\mathbf{p}) \cdot k_{on} - k_{off} \right] \mathrm{d}t \tag{1}$$

137 where δ is the radius of an actin monomer; t^{nuc} and t^{cap} are the nucleation time and the 138 capping time, respectively; \mathbf{C}_a is the local concentration of actin monomers in the cell; $\gamma(\Phi)$ 139 is the consuming factor of actin monomers, introducing the relation that polymerizing rate is 140 proportional to the ratio of the concentration of actin monomers to the density of polymerizing 141 filaments $\Phi(35)$; ψ is a scaled diffusion coefficient D_a of actin monomers and is to introduce 142 the effect of actin filament density on the actin diffusion flux towards the polymerizing barbed 143 ends based on the Fick's first law of diffusion; k_{on} and k_{off} are the polymerization and 144 depolymerization rate constants, respectively; $k_{p}(\mathbf{p})$ is an exponential distribution probability 145 density function $k_p(\mathbf{p}) = 1/\exp^{\lambda p}$ where λ is the parameter of the exponential distribution 146 probability density function and P is the value of the interacting force **P**. $k_{P}(\mathbf{p})$ is utilized to 147 introduce a force-dependent probability of actin filament polymerization in each time step. 148 Specifically, when there is a stronger interacting force between the barbed end of actin 149 filaments and the cell membrane, it becomes more challenging for an actin monomer to 150 polymerize at the barbed end (36).

The leading-edge membrane under the polymerizing force of filaments is in a bending state. We simplify it into several continuous inclined planes based on the theory of differential geometry (Supplementary Fig. 2*B*). Though the mechanical interactions between all polymerizing actin filaments and the leading-edge membrane are in three-dimensional space, the interaction between a single polymerizing actin filament and the local membrane can be described in a two-dimensional deformation plane (Fig. 1*B* and Supplementary Fig. 2*C*). Then,
based on the geometric nonlinear deformation theory of continuum mechanics, the spatial and
temporal mechanical interactions between the growing (polymerizing) actin filament and the
leading-edge membrane are derived as (Fig. 1*B*, Supplementary Methods)

160
$$\beta(s,t) = \frac{\mathbf{p}}{EI} \int_{s(t)}^{l(t)} \left[(1 - \varepsilon(s,t)) \int_{0}^{s(t)} (1 - \varepsilon(r,t)) \sin \beta(r,t) \, \mathrm{d}r \right] \mathrm{d}s + \frac{2\kappa (1 + \nu) \mathbf{p} \sin \beta(s,t)}{EA} + \theta \qquad (2)$$

161 where $\beta(s,t)$ is the deformed angle along the actin filament due to the combined effects of 162 bending, axial compression and transverse shear under the polymerizing growth; E, v, A, I, 163 κ are the Young's modulus, Poisson's ratio, cross-sectional area, the second moment of the 164 cross-sectional area and shape factor of actin filaments, respectively. Using the deformation 165 compatibility condition,

166
$$\int_0^{l(t)} [1 - \varepsilon(s, t)] \cos \beta(s, t) \,\mathrm{d}\, s = h(t), \qquad (3)$$

167 the nonlinear deformation function in Eq. (2) can be solved through iteration. *h* is the distance 168 from the pointed end of the polymerizing actin filament to the local leading-edge membrane. 169 Then, the interacting force $\mathbf{p}(t)$, the propulsive force $\mathbf{f}_p(\theta, t)$ in cell migration direction, the 170 total deformation energy U(t) and the mean bending curvature $\xi(t) = \frac{\beta(0) - \beta(l(t))}{l(t)}$ of the 171 actin filament can all be solved (Supplementary Fig. 4*A*-*F*). The total deformation energy U(t)

173
$$U(t) = \frac{\mathbf{p}^{2}}{2EI} \int_{0}^{l(t)} \left[\int_{0}^{s(t)} (1 - \frac{\mathbf{p}\cos\beta}{EA}) \sin\beta ds \right]^{2} ds + \frac{1}{2} \int_{0}^{l(t)} \frac{(\mathbf{p}\cos\beta)^{2}}{EA} (1 - \frac{\mathbf{p}\cos\beta}{EA}) ds + \int_{0}^{l(t)} \frac{\kappa(1+\nu)(\mathbf{p}\sin\beta)^{2}}{EA} (1 - \frac{\mathbf{p}\cos\beta}{EA}) ds$$
(4)

174 Our mechanical analysis also shows that convex side surface of the bending actin filament is stretched while the concave side surface is compressed (Fig. 1C). Their relative strain 175 $\varepsilon_r = 2r_0\xi$ where r_0 is the radius of actin filament. Experiments (37) show that *in vitro* long 176 actin filaments (~10µm) exhibit large bending deformations under thermal fluctuations, and 177 178 Arp2/3 complexes prefer to bind onto the convex sides of bending actin filaments. We fit the experimental data of relative branched density P with an inverted sigmoid function 179 $P = 2/(1 + e^{0.73\xi})$ (Fig. 1D) and analyse it. Strikingly, we have , for the first time, obtained the 180 181 relative curvature-dependent Arp2/3-actin filament dissociation constant $K_d(\mathbf{p})/K_d^0 = 0.5(1 + e^{0.73\xi})$ where $K_d(\mathbf{p})$ and K_d^0 are the dissociation constants in the bending 182 and straight states, respectively (Fig. 1E and Supplementary information). The relative 183 $K_d(\mathbf{p})/K_d^0$ shows that the affinity of Arp2/3 complex binding on the convex surface (negative 184 curvature side) of actin filament is higher than the straight surface, which is higher than the 185 186 concave surface (positive curvature side). This could be explained by the combination of our 187 mechanical analysis and the recent cryo-electron structure of Arp2/3 complex-actin filament 188 junction (38-40) (Fig. 1C and Supplementary Fig. 1). There are five actin subunits in mother 189 actin filament that contact with Arp2/3 complex, with many of the contact surfaces in the 190 grooves between these subunits (supplementary Fig. 1A) (38-40). ArpC1of Arp2/3 even has a 191 protrusion helix that inserts into actin subdomains for binding (supplementary Fig. 1B) (38, 192 40). During polymerization, actin filaments undergo bending deformations under the 193 constraints of cell membrane and ECM, leading to compressions on their concave sides (Fig. 194 1B and C). As a result, some of the binding surfaces in the grooves on the concave side is buried 195 (Fig. 1*C*), inducing the decrease of the binding affinity of Arp2/3. On the contrary, the groove 196 sites on the convex side of the bending actin filaments undergoes stretch (Fig. 1C), which facilitates Arp2/3 complex binding and improves Arp2/3 binding affinity. To better show this 197 198 force-dependent binding affinity, we also calculate the relative dissociation constant

 $K_d^1(\mathbf{p})/K_d^2(\mathbf{p})$ where $K_d^1(\mathbf{p})$ and $K_d^2(\mathbf{p})$ are the dissociation constants on the convex and 199 concave surfaces, respectively, demonstrating that the binding affinity on the convex surface 200 201 is much higher than the concave surface (Fig. 1F). Our theoretical analysis has shown that 202 although in vivo actin filaments are relatively short (~250nm), their polymerization force still 203 can induce them to generate significant backward bending deformations, which could be 204 verified by the actin retrograde flow phenomenon (41) and the recent measurement that the bending curvature can reach up to 10 μ m⁻¹ (42). This indicates that the force-dependent Arp2/3 205 206 complex-actin filament binding affinity occurs in vivo. To incorporate that Arp2/3 complex has 207 a higher binding affinity with the convex surface of actin filaments than with straight surface, we introduce a bending curvature-dependent binding factor $d^{arp}(\xi^{max})$, which is defined as 208 the space between two adjacent Arp2/3 complex branches along an actin filament, where ξ^{max} 209 210 is the biggest bending curvature in the deformation history of the actin filament (Eq. S14). The 211 number of Arp2/3 complexes binding on the *i*th actin filament with polymerization length $l_i(t)$ can be determined as $n_i^{arp} = l_i / d^{arp}(\xi_i^{max})$. The probabilities that an Arp2/3 complex binding 212 on the convex and concave side of an actin filament are $P(|\xi|)/[P(|\xi|) + P(-|\xi|)]$ and 213 $P(-|\xi|)/[P(|\xi|) + P(-|\xi|)]$, respectively. Thus, the total number of actin filaments N(t) pushing 214 215 against the leading-edge membrane at time t is

216
$$N(t) = \sum_{i=1}^{m(t)} n_i^{arp}(\xi_i^{\max}) + m(t), \qquad (5)$$

where m(t) is the number of mother filaments. During cell migrations, some filaments are linked to the leading-edge membrane through molecular linkers, such as Ezrin and N-WASPs(12, 43-45), and generate a resultant attachment force $\sum_{k=1}^{\Omega(t)} \mathbf{f}_{a,k}(t)$ to pull back the

220 membrane where $\Omega(t)$ and \mathbf{f}_a are the total number of attaching molecular linkers and attaching 10 force of each molecular linker, respectively. The total number of tethered filaments $\Omega(t) = \alpha N(t)$, where the parameter α is the percentage of the total number of actin filaments contacting with the leading-edge membrane. In the static state, the leading edge of migrating cells follows the force balance condition (Fig. 1*G*):

225
$$\sum_{j=1}^{N(t)} \mathbf{f}_{p,j}(\theta_j, t) = \sum_{k=1}^{\Omega(t)} \mathbf{f}_{a,k}(t) + \mathbf{f}_m(t) + \mathbf{f}_{ECM}(t) , \qquad (6)$$

where $\mathbf{f}_{m}(t)$ and $\mathbf{f}_{ECM}(t)$ are a backward tension force from the leading-edge membrane and a resistance force from ECM, respectively. The total elastic deformation energy stored in all branched filaments pushing the leading-edge membrane is $\prod(t) = \sum_{j=1}^{N(t)} U_{j}(\theta_{j}, t)$. Experiments

229 showed that the motion of branched actin filaments is saltatory with a step size ΔS of about 1 230 - 10nm with time (46, 47) due to the detachment of molecular linkers(13, 43, 48). Actually, in vivo, cell migration involves not only the detachments of molecular linkers from leading-231 edge membrane(43), but also the local ruptures of some nascent integrin adhesions (49) and 232 233 extracellular crosslinking matrix networks owing to the propulsive force (21, 50). Since these 234 processes are very complex and also involves different energy barriers, in order to capture the 235 key characteristics of cell migration, we assume that when the resultant propulsive force $\sum_{j=1}^{N(t)} \mathbf{f}_{p,j}(\theta_j, t) \text{ is larger than the maximum resultant stall force } \sum_{k=1}^{\Omega(t)} \mathbf{f}_{a,k}(t) + \mathbf{f}_m(t) + \mathbf{f}_{ECM}(t), \text{ some}$ 236 237 molecular linkers will detach from the leading-edge membrane (43) and thus cell will migrate 238 forward with a leaping step size ΔS . Then, the position of the leading edge of the cell at time t+1 can be expressed by 239

240
$$\mathbf{S}(t+1) = \begin{cases} \mathbf{S}(t) & \text{if } \sum_{j=1}^{N(t+1)} \mathbf{f}_{p,j}(\theta_j, t+1) \le \sum_{k=1}^{\Omega(t+1)} \mathbf{f}_{a,k}(t+1) + \mathbf{f}_m(t+1) + \mathbf{f}_{ECM}(t+1) \\ \mathbf{S}(t) + \Delta \mathbf{S} & \text{if } \sum_{j=1}^{N(t+1)} \mathbf{f}_{p,j}(\theta_j, t+1) > \sum_{k=1}^{\Omega(t+1)} \mathbf{f}_{a,k}(t+1) + \mathbf{f}_m(t+1) + \mathbf{f}_{ECM}(t+1) \end{cases}$$
(7)

and the transient average migration velocity \mathbf{V} is $\Delta \mathbf{S} / \Delta t$. Because the present theory is derived from the spatiotemporal mechanical interactions between the polymerizing branched actin filaments and the leading-edge membrane constrained by extracellular resistance, and incorporates the force-dependent assembling behaviours of proteins, we name it spatiotemporal 'resistance-adaptive propulsion' (RAP) model.

246 To quantitatively shed light on how the assembling behaviours of multiple proteins impact on the dynamics of cell migration, we further develop a multiscale spatiotemporal modelling 247 248 system by applying the RAP theory and integrating the stochastic behaviours of proteins 249 (Supplementary Methods). This modelling framework systematically encompasses the in vivo 250 actin monomer nucleation, actin filament polymerization, capping protein terminating filament 251 polymerization, mechano-chemical nucleation of Arp2/3 complex, ATP binding, bent leading-252 edge membrane, detachments of molecular linkers, protein gradients caused by chemotactic 253 cues, integrin-based adhesion and heterogeneous ECMs. Using this bottom-up approach, we 254 can span multiple scales in both space and time to investigate cell migration behaviours in 255 complex ECMs, and thus shed light on their dominating biophysical principles from the level 256 of specific proteins.

257 ECM resistance-triggered positive feedback adapts propulsive force

High extracellular resistance results in denser lamellipodial branched actin filaments during cell migrations(1, 5). To explore quantitatively whether our spatiotemporal RAP theory can reproduce this significant behaviour and reveal its underlying biophysical mechanism, we perform spatiotemporal simulations of cell migrations in both mechanically homogeneous 262 extracellular microenvironment (HMECM) and HTECM (Fig. 2A). we observe that when the resistance \mathbf{f}_{ECM} is 0.5 nN/µm (the normal range is 0.1–2.0 nN/µm of ECM(51)) in the HMECM 263 264 condition, the density of polymerizing branched actin filaments Φ stably fluctuates in a very narrow range 230–270 / µm (Fig. 2A), agreeing well with the experimental data 150–350 /µm 265 (51). However, in the HTECM, when the extracellular resistance \mathbf{f}_{ECM} increases from the low 266 resistance (LR) 0.5 nN/ μ m to a higher resistance (HR) 1.0 nN/ μ m, the branched actin density 267 Φ increases by ~35% (320–350 /µm, Fig. 2A). After \mathbf{f}_{FCM} returning to the low resistance 268 269 (RLR) 0.5 nN/µm, the density also decreases to its previous level (Fig. 2A). The density of Arp2/3 complex assembling actin cytoskeleton cofluctuates with the resistance (Fig. 2B). 270 271 Strikingly, our model well predicts the experimentally measured correlations between the extracellular resistance and the lamellipodial branched actin filament density during cell 272 273 migration in refs.(1, 5, 11) (Fig. 2A). The architecture of the lamellipodial branched actin 274 network generated in our spatiotemporal simulations is also consistent with the experimental 275 measurements (Fig. 2C) (52). In addition, we show that when cells encounter higher resistances, 276 the consumption rate of ATP (Fig. 2D) increases to fuel cell migrations. This prediction is also 277 validated by the experimental data (Fig. 2D) that mitochondria and ATP levels are higher at 278 the invasive cell leading edge in a stiffer ECM confinement (11) and that cancer cells 279 overproduce ATP to boost their lamellipodia formations and invasions (53).

²⁸⁰ Next, we analyse the spatiotemporal propulsive force (Fig. 2*E*) and the elastic deformation ²⁸¹ energy Π stored in the branched filaments (Fig. 2*F*). It is found that both synchronously ²⁸² fluctuate with the density of branched actin filaments. We further quantitatively identify that ²⁸³ the adaptation of filament density is to meet the propulsive force and energy demands for ²⁸⁴ overcoming the varying extracellular resistance. To shed light on the more fundamental cross-²⁸⁵ scale biophysical mechanism of such significant adaptive behaviours in response to ECMs, we 286 then examine the assembly of protein molecules that happens at milliseconds, finding an ECM 287 resistance-triggered positive feedback (Fig. 2G). When the resistance \mathbf{f}_{FCM} increases, 288 polymerizing (growing) actin filaments under the ECM confinement will automatically have 289 larger nonlinear bending deformations, which increase the probability that Arp2/3 complex 290 will bind and nucleate daughter actin filaments, and vice versa. Through this mechanism, cells 291 can adapt the density of branched actin network and thus the propulsive force and energy for 292 migrations. More importantly, through the extent of bending deformations, cells can sense the 293 ECM resistance, so a larger resistance induces a larger bending deformation. Thus, from the 294 protein level, we reveal that migrating cells can sensitively sense the immediate variations of 295 ECM resistance through the polymerizing growth of actin filaments, and then accordingly 296 make accurate adaptive responses in filament density, propulsive force and energy through the 297 mechano-triggered Arp2/3 complex-actin filament assembling behaviours (Fig. 2G). This 298 mechanism also endows migrating cells with an optimization ability to accurately employ their 299 intracellular proteins and ATP (Fig. 2A, B and D) according to their demands in complex ECMs.

300 Leading-edge velocity depends on the temporal hysteresis of filament density 301 adaptation to varying ECM

302 We next explore how the leading-edge migration velocity responds to the varying stiffness 303 of the ECMs and how the underlying biophysical mechanisms operate at the level of protein 304 molecules. The spatiotemporal simulations in HTECMs show that when migrating cell 305 encounters an increased extracellular resistance $\mathbf{f}_{_{ECM}}$, its leading-edge migrating velocity \mathbf{V} 306 suddenly decreases from 3.3 µm/min to 0.7 µm/min (from stage I to II in the black ellipse in Fig. 2*H*), which is lower than the velocity 1.7–5.2 μ m/min in the HMECMs with $\mathbf{f}_{ECM} = 0.5$ 307 308 nN/µm. However, with the continuing polymerization of branched filaments, the decreased 309 velocity partially recovers. This is owing to the gradual increase in the filament density based 310 on the ECM resistance-triggered positive feedback. Afterwards, we reduce the extracellular 311 resistance from 1 nN/µm to its previous value 0.5 nN/µm for the HTECMs. Strikingly, the 312 leading-edge velocity abruptly increases to a very high value 10.7 µm/min, and then gradually 313 decreases to the previous range 1.7-5.2 µm/min (Fig. 2H). The spatiotemporal predictions from 314 stage I to V are validated by the experimental data (Fig. 2H) (1, 26). To gain insight into the 315 protein behaviours, we check the evolution of the spatiotemporal remodeling of the growing 316 lamellipodial actin network. Previous studies (26) described this phenomenon as velocity 317 dependence on loading history. Here, we quantitatively show that the nature of the leading-318 edge velocity variations in the HTEMCs stems from that the adaptation of branched actin 319 filament density is always temporally hysteretic to its triggering reason, i.e., varying ECM 320 resistance (Fig. 21). This is because the generation of daughter filaments and their growths to 321 the leading-edge membrane always cost some time due to actin monomer nucleation, filament 322 polymerization, Arp2/3 activation and assembly (Fig. 21). Although the extracellular resistance 323 $\mathbf{f}_{_{ECM}}$ has increased or decreased, the density, propulsive force and deformation energy of 324 polymerizing actin filaments keep unchanged in this process. Thus, the velocity suddenly 325 decreases because of incapable of overcoming the increased resistance, and increases because 326 of easily overcoming the decreased resistance to release the excess deformation energy, 327 respectively (Fig. 2E and F). This also indicates that, in HTECMs, there exists no one-to-one 328 correspondence between $V-f_{ECM}$ that can describe the leading-edge migrating behaviours. 329 However, in HMECMs, the one-to-one \mathbf{V} - \mathbf{f}_{ECM} relationship exists.

330 High ECM resistance-triggered negative feedback adapts cell morphology 331 for pathfinding

The above study focuses on the low ranges of ECM resistance. However, the leading edge usually faces some local dense collagen regions with high resistances in ECM. Thus, we here investigate migratory pathfinding in this kind of complex ECMs and shed light on its underlying mechanistic operating basis at the protein level. We design an ECM as demonstrated by Fig. 3*A*. The ECM is divided into two stages. In the first stage (from 0 to 110 nm), it is mechanically homogeneous and has a resistance \mathbf{f}_{ECM} of 0.5 nN/µm. However, in the second stage (from 110 to 300 nm), its resistance becomes 1.0 nN/µm, and there are two very dense collagen regions with a very high resistance $\mathbf{f}_{ECM}^{right} = \mathbf{f}_{ECM}^{left} = 5$ nN/µm.

340 Spatiotemporal simulations show that, in the first homogeneous mechanical environment, 341 the left, central and right parts of the leading edge migrate forward synchronously with similar 342 velocities (Fig. 3B). The density of branched actin filaments is approximately homogeneous 343 (Fig. 3C). However, when the cell encounters the two dense collagen ECM regions, it stops 344 moving forward from the left and right sides, and turns to squeeze out from the central region 345 where the resistance is weak (Fig. 3B). Unexpectedly, even though the leading edges on the 346 left and right sides have not overcome their local resistances, the increase of the density of actin 347 filaments stops (red ellipse area in Fig. 3C). Interestingly, this indicates that when the ECM 348 resistance is very high, the mechanism of resistance-triggered positive feedback no longer work. 349 We perform experiments to validate this spatiotemporal model prediction. We record 350 Human retinal pigment epithelial-1 (RPE1) cells expressing green fluorescent protein linked to 351 a small peptide (Lifeact-GFP) with affinity for actin microfilaments. We image the dynamic 352 cell migration processes in the microchannels with constrictions (Fig. 3D), and track the 353 temporal actin intensity when the cell encounters the constriction regions. The experimental 354 results of the temporal variations of leading-edge actin intensity (50% increase, Fig. 3E) are 355 consistent with the modelling predictions (70% increase, Fig. 3C) when the leading edge 356 encounters a very high ECM resistance. We then check how our spatiotemporal simulations 357 operate at the protein level (Fig. 3F and G). Migrating cells apply the resistance-triggered 358 positive feedback to adapt filament density and propulsive force to try to overcome the

obstacles until high forces between the leading-edge membrane and actin filaments (Fig. 3H) compromise the intercalations of actin monomers with the barbed ends (Fig. 3F), which stops the bending deformation of filaments (Fig. 3I) and the assembly of Arp2/3 complex (Fig. 3G). These results of our simulation are strongly validated by *in vitro* experiments (25). We also find that the porosity of the leading-edge actin network is reduced due to the increased density of actin filaments (Fig. 3J). This lowers the diffusion of actin monomers to the free barbed ends, and reduces the polymerization rate at the leading edge (Fig. 3K).

366 Unexpectedly, we find that an ECM resistance-triggered negative adaptation feedback (Fig. 367 3L) coexists with the resistance-triggered positive adaptation feedback (Fig. 2G) in migrating 368 cells. While the positive feedback adapts cell propulsive force to overcome ECMs, the negative 369 feedback can adapt cell morphology by stopping actin polymerization to circumnavigate the 370 high resistance regions in ECMs. This behaviour can avoid unnecessary consumptions of 371 intracellular proteins and ATP resources (Fig. 3F and G), and thus improve cell migration 372 efficiency. The synergy of the two opposite feedbacks allows the leading edge to discriminate 373 whether the local ECM confinement is weak to overcome or strong enough to require 374 circumnavigation with a formidable efficiency. It endows the cell with both powerful and 375 flexible migration capabilities to widely adapt morphologies to the complex ECMs (Fig. 3M). 376 This may explain why cancer metastasis is extremely hard to prevent once they acquire 377 invasive ability. In addition, our results reveal that the initiation of cellular morphology 378 adaptations, a prominent characteristic of invasive cancer cells, derives from the leading edge 379 sensing strong barriers and escaping from them.

380 Directional cell migration is steered by a balanced and competing relation

Cells typically follow the gradients of chemotactic cues to migrate (6). The nucleus of
 migrating cells acts as a mechanical gauge to make temporary adaptations while choosing a

383 passable path (6, 54, 55). Given the global migration direction predefined by chemotactic cues, 384 leading edge is much more important in persistently directing cell migration towards the final 385 destination. Our simulations demonstrate that different local stiffness of ECM results in 386 different local densities of branched filaments along the leading edge. Here, we investigate 387 another challenging question of how the complex interplays between the multiple simultaneous 388 factors of extracellular resistance, density heterogeneity of branched actin filaments, and the 389 external diffusible chemotactic stimuli synergistically steer directional cell migration in 390 HTECM. We introduce a gradient diffusion of a localised chemotactic cue sensed by 391 transmembrane receptors (Fig. 4A), rendering a gradient distribution of intracellular actin 392 monomers. We design and simulate three cases A–C (Fig. 4*B*), in which local leading edges at 393 the positions of x_1 and x_2 simultaneously drive cell migrations. Based on the experimental 394 observations (6), it is reasonable to hypothesize that the fastest migration direction of local 395 leading edges is the main migration direction of a cell. Our simulations in case A show that the 396 migration distance of the leading edge at the position \mathbf{x}_2 are larger than those at the position \mathbf{x}_1 397 (Fig. 4C), concluding that when the extracellular mechanical microenvironments are 398 homogeneous, cells more actively migrate toward the site where the local concentration of actin 399 monomers is higher. Since homogeneous ECM induces homogeneous density of branch 400 filaments in the whole leading edge (Fig. 4D), a higher local concentration of actin monomers 401 means that sufficient actin monomers can be supplied to the polymerizing barbed ends of the 402 local branched actin filaments. The chemotactic cue determines the local protein concentration 403 to steer directional cell migration. Then, we test case B, in which the left and right sides are 404 designed to have the same local concentrations of actin monomers due to homogeneous 405 distribution of the chemotactic cue, but different extracellular resistances. Cells migrate toward 406 the low resistance \mathbf{x}_1 side (Fig. 4*E*), because higher resistance on the right-side results in denser 407 branched actin filaments there (Fig. 4F), which deplete action monomers locally and thus slows

408 polymerization rate at barbed ends. This case highlights that extracellular resistance plays a 409 determining role in directing cell migration. However, the results of case C (Supplementary 410 Fig. 5), in contrary to case B, shows that cells migrate toward the high resistance \mathbf{x}_2 side (Fig. 411 4G). Even though the denser polymerizing filaments consume more action monomers on the 412 \mathbf{x}_2 side (Fig. 4*H*), the strong chemotactic cue can sustain a high local concentration of actin 413 monomers, which enable branched actin filaments to polymerize at a higher rate than that on 414 the \mathbf{x}_1 side. Although here we take actin monomers as an example, local variations in the 415 concentrations of other intracellular proteins, such as Arp2/3 complex, WASPs, FMNL, aprin 416 and profilin, have the same effect on cell migration by enhancing or inhibiting nucleation, 417 branch formation and filament polymerization.

418 From the distinct results of cases A–C, we find that directional cell migration is not solely 419 steered by either the gradients of intracellular proteins induced by chemotactic cues or the local 420 stiffness of ECMs. It is a balanced competing consequence between the two (Fig. 4I and J). 421 While strong chemotactic cues improve the local nucleation, branch formation and 422 polymerization rate of actin filaments, stiffer local ECMs result in denser local branched actin 423 filaments, which in turn reduce these rates and slow down cell migration. In addition, through 424 the collaboration of the resistance-triggered positive feedback mechanism and the high 425 resistance-triggered negative feedback mechanism, here our results further indicate that as long 426 as the chemotactic cues are strong enough in sustaining the high gradients of proteins for 427 keeping a high branching and polymerizing rates, the leading edge will drive cells to migrate 428 globally and persistently toward the prescribed final destination by overcoming weak 429 confinements and circumnavigating strong barriers encountered.

430 **Discussions**

431 Although cell migrations have been studied many decades, how cells mechano-sense and 432 make self-adaptive responses to complex ECMs at the protein level still remains elusive. In 433 this study, by analysing the spatiotemporal nonlinear deformation of polymerizing actin 434 filaments and the polymerization force-regulated Arp2/3 complex-actin filament binding 435 interactions, we derive a spatiotemporal 'resistance-adaptive propulsion' (RAP) theory for cell 436 migrations. Then, with the RAP theory, we develop a spatiotemporal multiscale modelling 437 system, which can not only simulate dynamic cell migrations in ECMs, but also shed light on 438 the assembling behaviours of single proteins. Our simulations predict many important spatial 439 and temporal adaptive cell migration behaviours observed experimentally and clinically (Table 440 1), and reveal their underlying operating mechanisms emerged from proteins behaviours.

441 We find that it is the polymerization force-regulated actin filament-Arp2/3 complex binding 442 interaction that dominates self-adaptive cell migrations in complex ECMs, through the 443 synergistic effects of positive and negative feedbacks. This binding interaction essentially 444 determines the self-adaptive generation of actin filament density (Supplementary Fig. 6) and 445 the orientations of polymerizing actin filaments relative to the direction of cell migration (Fig. 446 2C and Supplementary Fig. 7). During cell migrations, the polymerization-induced bending 447 state of actin filaments serves as a mechano-sensor of cells and a triggering factor for 448 remodeling the actin network based on Arp2/3 complex behaviors. Our finding is highly 449 consistent with recent studies that show bending force (42) and polymerization force (56) evoke 450 conformational changes of actin filaments and thus affect the binding behaviours of actin-451 binding proteins. In fact, mechanical force-induced conformational change of proteins is a key 452 regulator of protein-protein interactions (57), thereby regulating physiological and 453 pathophysiological cellular behaviours. In addition, actin filaments in cells can grow longer 454 when they are protected from capping by formins or VASP molecules (58, 59) or when the

concentration of capping proteins is low (5). Our simulation results show that longer actin
filaments can improve cell migration velocity (Supplementary Fig. 8A), which is also validated
by the experimental data that Ena/VASP make actin filaments grow longer and thus promotes
cell migration velocity (60). The longer actin filaments contribute to the formation of a denser
actin network (Supplementary Fig. 8B), and each polymerizing actin filament bears a smaller
force. This enables them to not only more easily overcome ECM resistance but also polymerize
at a higher rate.

462 Previous studies indicated that increased extracellular resistance induced denser branched 463 actin filaments in the migration leading edge (1, 5, 25). Here, we identify that the enhanced 464 leading-edge actin filament density is to improve the propulsive force and energy to overcome 465 the resistance. Our results physically interpret why Arp2/3 complex overexpression is tightly 466 associated with cancer cell invasions (15-19), poor patient survival in cancers (61) and high 467 migratory force (62). We indicate that Arp2/3 is a key target protein for developing anti-cancer 468 drugs, especially for patients in the advanced stages of cancer. It should be mentioned that the 469 current simulations are for the conditions that integrin-based adhesions are sufficient for fixing 470 the branched actin network. In the event that the levels of integrin or vinculin are not abundant, 471 it is conceivable that high ECM resistance could trigger a rapid actin retrograde flow (41, 63) 472 based on the positive feedback, resulting in an increased backward movement of the branched 473 actin network and subsequently reducing the velocity of cell protrusion. This represents an 474 additional type of negative feedback mechanism that can arise from excessively high ECM 475 resistance. In addition, while cytoskeletal biopolymers generally possess a viscous property 476 (64, 65), it is worth noting that the viscous behaviors of actin filaments become negligible in 477 the millisecond time range (66). As a result, we neglect this aspect in the analysis.

It should be emphasized that polymerization of Arp2/3 complex-branched actin filament
 network is the most important way for cells to generate propulsive forces to interact with their

surrounding microenvironments and perform their functions. It participates in phagocytosis of
immune responses (67), endocytosis (68), dendritic spine formation of cortical neurons (69),
T-cell and cancer cell interactions (70), and promoting of DNA fork repair (71) and chromatin
organization (72, 73). All these processes require cells to mechano-sense the surrounding
microenvironments and then make adaptive force generation responses. Thus, besides cell
migrations, our cross-scale findings and the spatiotemporal multiscale modelling system can
also be applied to investigate these dynamic physiological cell activities.

487

488 Materials and Methods

489 *Cell culture*

Human telomerase-immortalized, retinal-pigmented epithelial cells expressing GFP-LifeAct (CellLight Actin-GFP, BacMam 2.0 from Thermo Fischer Scientific) were grown in a humidified incubator at 37 $^{\circ}$ and 5% CO₂ in DMEM/F12 supplemented with 10% fetal bovine serum and 1% penicillin-streptomycin. All cell culture products were purchased from GIBCO/Life Technologies. Cell lines were regularly checked for mycoplasma contamination (MycoAlert, Lonza).

496 *Cell fixation and immunostaining*

497 Cells were pre-permeabilized in 0.5% Triton X-100 in cytoskeleton buffer for 15 s for 498 tubulin and then fixed in 0.5% glutaraldehyde (no.00216-30; Polysciences) in cytoskeleton 499 buffer with 0.5% Triton X-100 and 10% sucrose for 15 min at room temperature. Cells were 500 then washed three times with PBS-tween 0.1% and incubated in a quenching agent of 1mg ml-501 1 sodium borohydride for 10 min at room temperature. After fixation, the cells were washed 502 with PBS-Tween 0.1% and then blocked with 3% bovine serum albumin (BSA) overnight. The 503 cells were incubated with appropriate dilutions of primary antibodies in PBS containing 3% 504 BSA and 0.1% Tween overnight at 4 °C in a humid chamber. After washing three times with 505 PBS-tween 0.1%, the coverslips were then incubated with appropriate dilutions of secondary 506 antibodies diluted in PBS containing 3% BSA and 0.1% for 1 h at room temperature in a humid 507 chamber. After washing three times with PBS-Tween 0.1%, coverslips were then mounted onto 508 slides using Prolong Gold antifade reagent (no. P36935; Invitrogen). Here, we used rat 509 monoclonal antibodies against α-tubulin (no. ab6160, Abcam) and Alexa Fluor 555 goat anti-510 rat (1:500, no.A21434; Invitrogen) as secondary antibody. Antibodies were diluted as followed 511 for immunofluorescence: α -tubulin (primary: 1:500) and secondary (1:1000). For actin 512 immunofluorescence, Phalloidin-Atto 488 (49409, Sigma-Aldrich) was used to and diluted as 513 1:1000 to stabilize actin filaments in cells.

⁵¹⁴ Cell migration under constriction

515 Micro-channels were prepared as previously described (doi:10.1007/978-1-61779-207-516 6_28). Briefly, polydimethylsiloxane (PDMS, 10/1 w/w PDMS A / crosslinker B) (GE 517 Silicones) was used to prepare 12 µm wide and 5µm high micro-channels with a constriction 518 of 2 µm. For confined migration in Fig. 3D, coverslip and micro-channels were treated by 519 plasma for 1 mins and then were stuck together at 70 $\,^{\circ}$ C for 10 mins. Before cell seeding, the 520 microchannels were treated with fibronectin at 10 µg ml-1 for 30mins and incubate with culture 521 medium for 3 hrs at room temperature. GFP-LifeAct RPE1 cells were then seeded in the 522 microchannels with a concentration at 2x105 cells ml-1. Imaging was performed after the 523 overnight incubation of the microchannels.

524 Imaging

Images of the immunostainings were acquired on a Zeiss LSM900 confocal microscopes
 (Axio Observer) using a 63x magnification objective (Plan- Apochromat 63X/1.4 oil). Image

527 acquisition for time-lapse of GFP life-act RPE1 cells in constrictions was performed on a 528 confocal spinning-disc system (EclipseTi-E Nikon inverted microscope equipped with a 529 CSUX1-A1 Yokogawa confocal head, an Evolve EMCCD camera from Roper Scientific, 530 Princeton Instruments) through an 63x magnification objective (Nikon CFI Plan Fluor 60X/0.7 531 oil) objective every 4 s during 2 hrs for each time-lapse. The set-up was equipped with a live 532 cell chamber, and the temperature was constantly kept at 37 °C. Labelled-actin was excited 533 with a 491 nm laser line, and emission was observed with a standard GFP filter. The microscope 534 was monitored with MetaMorph software (Universal Imaging).

⁵³⁵ Spatiotemporal theoretical model and dynamic multiscale modelling system

The derivation of the spatiotemporal biophysical theory and the developing process of the spatiotemporal multiscale dynamic modelling system are provided in the Supplementary Text.

539 Data availability

The data that support the findings of this study are available from the corresponding authoron reasonable request.

542 Author contributions

X.D.C., X.Q.F., H.X.Z. and M.G. designed the research. X.D.C., H.X.Z. and X.Q.F.
developed the theory and the spatiotemporal simulation framework. X.D.C performed the
simulations. X.D.C., B.W.X. and Y.H.M analysed the data. X.D.C. and Y.H.L. did the
experiments and analysed experimental data. X.D.C., X.Q.F., H.X.Z., Y.H.L. and M.G. wrote
the manuscript.

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554 **Competing interests**

⁵⁵⁵ The authors declare no conflict of interest.

556 Code availability

⁵⁵⁷ All computer codes are available from the corresponding authors on reasonable request.

558

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730 **Figures 1**-4



732 Fig. 1. Polymerizing branched actin filaments at lamellipodial leading edge drive cells 733 to migrate in ECMs. (A) Cell migrations in ECMs are spatial and temporal cross-scale 734 biophysical behaviours performed by proteins. (B) Demonstration of the two-735 dimensional mechanical interaction for theoretical analysis. (C) Polymerization-induced 736 deformation analysis of a small segment ds of actin filament. The convex side surface 737 is stretched with a strain $\varepsilon_1 = r_0 \xi$ while the concave side surface is compressed with a 738 strain $\mathcal{E}_2 = -r_0 \xi$ where r_0 is the radius of actin filaments. The colour bar regions denote 739 the binding surfaces of Arp2/3 complex on the convex and concave sides of the actin 740 filaments. (D) Relationship between relative branched density and actin filament 741 curvature from experimental data (37). It is fitted by an inverted sigmoid function, which 742 is more reasonable than a linear fitting because the relative branched density should be 743 neither minus nor excessively high. The relative branched density P is the ratio of the 744 number of branch points with different curvatures to the corresponding number of mother 745 actin filaments. (E) Relationship between the relative dissociation constants $K_d(\mathbf{p})/K_d^0$ 746 and actin filament curvature where $K_d(\mathbf{p})$ and K_d^0 are the dissociation constants in the 747 bending and straight states, respectively (Supplementary information). (F) The relative 748 dissociation constants $K_d^1(\mathbf{p})/K_d^2(\mathbf{p})$ shows that the binding affinity of Arp2/3 complex 749 on the convex side $(K_d^1(\mathbf{p}))$ of a bending actin filament is much higher than the concave surface ($K_d^2(\mathbf{p})$). (G) Forces acting on the leading-edge membrane when a cell is 750 751 migrating in ECMs. \mathbf{f}_p is the propulsive force generated by the polymerization of a 752 branched actin filament. \mathbf{f}_{ECM} is the extracellular resistance from the ECM. \mathbf{f}_m is the 753 tension force of the top and bottom lamellipodial membrane. f_a is the attachment force 754 of a molecular linker, which links actin filament and the leading-edge membrane.



755 Fig. 2. Spatiotemporal simulations from protein behaviours accurately predict self-756 adaptive cell migrations in complex ECMs and reveal their underlying biophysical 757 mechanisms. (A) Resistance force-induced branched actin network density adaption. 758 Model predictions: temporal fluctuations of polymerizing actin cytoskeletal density at 759 the leading edge in HMECM (blue line) and HTECM (red line). The extracellular 760 resistance \mathbf{f}_{ECM} of the HMECM is 0.5 nN/µm. For the HTECM condition (red line), the 761 \mathbf{f}_{ECM} is 1.0nN/µm in the time frame 2000–5000 ms (shadow region), and is 0.5 nN/µm 762 in the time frames of 0–2000 ms and 5000–7000 ms. The induced actin density along the 763 leading edge in the two conditions is $200-350 \ /\mu m$, agreeing well with the experimental 764 data 150–350 / μ m(51). The first experimental data is the temporal fluctuations of actin 765 reporter lifeact: GFP intensity at the leading edge of migrating fish keratocytes in 766 HTECMs from experiments in ref. (1). The second experimental data is the fluctuations 767 of polymerizing branched actin density in responding to varying external loads from 768 experiments in ref.(5). Actin density is normalized by that of the unloaded condition(5). 769 Green region is the standard deviation. (B) Resistance force-induced Arp2/3 complex 770 density adaption. Model predictions: temporal fluctuations of the leading-edge Arp2/3 771 density in responding to HTECMs (n=30 each group). The Arp2/3 density is normalized 772 by that of the homogeneous ECM condition. The first experimental data: adaptive 773 fluorescent intensity of ARX-2::GFP for Arp2/3 complex at the leading edge when cells 774 invade ECMs with low resistance and high resistance (n=10 each group) from 775 experiments in ref. (11). The second experimental data: Arp2/3 complex density under 776 increasing resistance (n=15 each group) from experiments in ref. (25). The HR condition 777 is normalized by the LR condition. (C) Model predictions and published experimental 778 measurements(52) of the orientation frequency of lamellipodial actin filaments relative 779 to the migration direction, which is defined as 0° direction. (D) Adaptive ATP

780 consumption rate for fuelling cells migrating through HTECMs. Model predictions: the 781 ATP consumption rate is the average number of ATP used for assembling actin 782 cytoskeleton per micro-second, and is normalized by that of the HMECM condition 783 (n=20 each group). Experiments: adaptive fluorescent intensity of mitochondria and ATP 784 at the leading edge when cells invade ECMs with low resistance and high resistance 785 (n=10 each group) from ref. (11). Scale bar is 5 µm. Temporal fluctuations of propulsive 786 force (E) and deformation energy (F) generated by the leading-edge actin cytoskeleton 787 in HMECM and HTECM. (G) Molecular protein-level biophysical mechanism of the 788 positive feedback that migrating cells mechano-sense the variation of ECM and then 789 accurately adapt their propulsive forces to overcome it. (H) Velocity adaptation. Model 790 predictions: temporal fluctuations of leading-edge migration velocities in HMECM and 791 HTECM. Experiments: temporal fluctuations of leading-edge migration velocity in 792 responding to HTECM from the experiments in ref.(1). (1) Molecular biophysical 793 mechanism of leading-edge migration velocity depending on extracellular resistance 794 history is the temporal hysteresis of the leading-edge actin cytoskeleton remodeling and 795 adaptation. The red and green time lines correspond to the velocity adaptations caused 796 by the increased and decreased ECM resistances, respectively. Velocity adaptation stages 797 I–V in (I) correspond to the stages (1)–(5) in (H), respectively.

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800 Fig. 3. High extracellular resistance triggers negative feedback to adapt cell morphology to circumnavigate obstacles for compromisingly pathfinding. (A) The designed HTECM 801 802 in simulations. It is divided into two stages, where extracellular resistances in the first (in 803 the range of 0–110 nm in front of the migrating cell leading edge) and second stages (in 804 the range of 110–300 nm in front of the migrating cell leading edge) are 0.5 nN/µm and 1.0 nN/µm, respectively. However, the second stage has two dense ECM regions with a 805 very high resistance $\mathbf{f}_{ECM}^{left} = \mathbf{f}_{ECM}^{right} = 5 \text{ nN/}\mu\text{m}$. The red arrow denotes cell migration 806 807 direction. Spatiotemporal migration distances (B) and leading-edge actin filament 808 densities (C) at the left, central and right parts of the leading edge. (D and E) Microfluidic 809 device and temporal fluctuation of actin reporter GFP-lifeact: the actin intensity as a 810 function of the time at the leading edge when migrating cells encounter an obstacle (n=10 811 each group). Scale bar in (D) is 5 μ m. Temporal actin monomer (F) and Arp2/3 complex 812 (G) consumption rates at the left, central and right local leading edges. Actin monomer 813 consumption rate is the ratio of the number of actin monomers adding to the barbed ends 814 of actin filaments to the number of uncapped actin filaments per micro-second. Arp2/3 815 complex consumption rate is the number of Arp2/3 complex assembling for the actin cytoskeleton in a time span of 500 ms. (H) Propulsive forces produced by each 816 817 polymerizing actin filaments at the left, central and right local leading edges. Temporal 818 fluctuations of the average bending curvature of polymerizing actin filaments(I), the 819 leading-edge actin cytoskeleton porosity (J) and the actin diffusion coefficient (K). (L)820 Biophysical mechanism of the high ECM resistance-triggered negative adaptation 821 feedback. (M) Demonstration of simulation results that the leading edge circumnavigates 822 high ECM resistance regions based on the negative feedback and opens a channel in the 823 weak region based on the positive feedback. The positive and negative feedbacks work cooperatively to adapt cell morphology and drive cell migration. 824



825	Fig. 4. Directional cell migration is steered by a balanced relation between intracellular
826	proteins, HTECMs and chemotactic cues. (A) Demonstration of initial simulation
827	conditions that local leading edges drive cell migration at the two locations of \mathbf{x}_1 and \mathbf{x}_2 .
828	Yellow and violet arrows denote the migration directions at \mathbf{x}_1 and \mathbf{x}_2 , respectively. The
829	dots represent chemoattractant of actin. (B) Local extracellular resistance of ECMs and
830	local concentration of actin monomers caused by a gradient chemoattractant at the
831	positions of \mathbf{x}_1 and \mathbf{x}_2 in cases A-C. Migration distances (<i>C</i> , <i>E</i> and <i>G</i>) and leading-edge
832	actin cytoskeleton densities $(D, F \text{ and } H)$ in cases A-C (n=4). (I) Leading-edge migration
833	velocity for varying ECM resistance and actin concentration. (J) Directional cell
834	migration is steered by a balanced relation between intracellular proteins for assembling
835	leading-edge actin cytoskeleton, local resistances of HTECMs and chemotactic cues.

837 Table 1. RAP model systematically predicts all the key adaptive migratory behaviours838 discovered in experiments.

Key lamellipodial leading edge behaviours during cell migrations	Corresponding modeling results
1. Adaptive propulsive force generation based on ECM resistance (1)	Fig. 2 <i>E</i> and 2 <i>F</i>
2. The orientation of actin filaments in lamellipodial is about $\pm 35^{\circ}$ relative to the migration direction (1, 52).	Fig. 2 <i>C</i>
3. Increased ECM resistance induces the increase of branched actin filament density (1, 5, 11).	Fig. 2A
4. Increased resistance induces the decrease in the rates of actin	Fig. 3 <i>F</i>
nucleation and capping of barbed ends (25).	
5. Increased resistance induces the decrease in the rates of Arp2/3 branching (25)	Fig. 3 <i>G</i>
6. Overexpression of Arp2/3 complex is positively related to cell	Fig. 2A, 2B, 2E
migratory ability and velocity (15, 17, 62).	and 2F
7. Increased ECM resistance leads to denser mitochondria at the	
Arp2/3 complex-assembled invasive cell leading edge and ATP	Fig. 2 <i>D</i>
can boost cancer leading edge invasion (11, 53).	
8. Migratory leading edge can circumnavigate obstacles and select	Fig. 3 <i>B</i> , 3 <i>C</i> ,
the path of least resistance (6).	3F and $3G$
9. Leading edge migration velocity depends on extracellular	Fig 2H
resistance history (1, 26).	1 1g. 211
10. VASP promotes actin filament elongation and thus improves cell	Supplementary
migration velocity (60).	Fig. 7