

**Workshop 2** which aligns to four of following Sesam 2023 topics:

- Debriefing
- Interprofessional/Team Education and Training
- Quality assurance, Faculty Development and Program Evaluation

**Title: Using a triangular approach to post-simulation debriefing**

### **Introduction & aims**

Debriefing is crucial to simulation, offering the opportunity for meaningful exchange with participants by providing genuine reflection and feedback<sup>1</sup>. It is classified as the cornerstone of successful simulation in improving performance and promoting learning. There is an abundance of debriefing models in the literature which can be applied<sup>2</sup>. A framework was developed in response to calls for a standardised, national approach to debriefing in Wales. The framework follows a triangular approach which features agreed principles, recommended strategies based on current literature, and a four step structure which includes a chronological review of the scenario, and iterative Description, Analysis and Application (DAA) cycles. It was produced in collaboration with multiprofessional experts and has been peer reviewed and tested by the Welsh simulation community. The triangular approach provides a comprehensive and easy to follow framework to guide and support the debriefer.

The aim of this workshop will be to introduce delegates to a novel approach to post-simulation debriefing, providing the opportunity to apply it in practice.

### **Learning objectives**

- Identify the components of a triangular approach to post-simulation debriefing
- Apply a triangular approach to the practice of post-scenario debriefing
- Discuss the merits of a triangular approach to post-simulation debriefing

### **Session description (planned activities)**

Delegates will initially be provided with an overview and explanation of the triangular approach to post-simulation debriefing and how it has evolved from existing debriefing models and frameworks. This will be followed by practical application of the triangular approach in small groups with experts at hand to support and facilitate this activity. The session will end with meta-debriefing.

### **Educational methods**

The workshop will encourage experiential learning<sup>3</sup> allowing practice and critical reflection upon utilising the triangular approach to post-simulation debriefing.

### **Expected impact**

To appreciate a different approach to post-simulation debriefing which can be easily applied as a framework to enhance debriefing practice.

### **Target audience**

All healthcare professionals who are actively involved in the delivery of simulation-based education.

### **Level**

This is an intermediate/advanced level workshop aimed at delegates who have experience of debriefing and/or are experienced de-briefers.

### **Maximum number of participants**

20-25 delegates

### **Equipment required and specific room set-up**

AV resources (computer, screen), flipchart or a SMART screen and a room to enable small group work and discussion will be required.

### **References**

1. Palaganas, J.C., Fey, M., Simon, R (2016) Structured de-briefing in simulation education. *Advanced Critical Care* 27 (1) 78-85 doi: 10.4037/AACNACC2016328.
2. Sawyer, T., Eppich, W., Brett-Fleegler, M., Grant, V., and Cheng, A (2016) More than one way to de-brief. *Simulation in Healthcare* 11, 209-217 doi: 10.1097/SIH.000000000000148
3. Kolb, D., A. (1984). *Experiential learning: Experience as the source of learning and development*. Englewood Cliffs, N.J: Prentice-Hall.