



Safe Sailing for all

Soroptimist's International Milford Haven

26th September 2023

Dawn Pickering, Secretary for Sealegs2

Overview

- Background to Sealegs2
- Rights of disabled people to access activities (my PhD research)
- 2022-2023 season
- Future

Sponsors



Dale Sailing



**Tall Ships
(Wales) Trust**



History: Sealegs in Neyland 1993- 2018

The image shows a PDF document titled 'Sealegs2' with three columns of text and images. The document is displayed in a web browser window with the address bar showing 'C:/Users/jimp/OneDrive/Documents/Sealegs2/Sealegs2_FoldedBrochure.pdf'. The browser's address bar also shows 'godaddy login - Search', 'Preview - Sealegs2', and 'Sealegs2_FoldedBrochure.pdf'. The document content is as follows:

Our History



Building on the wonderful Legacy of the original Sealegs venture, the Sealegs 2 association was formed in 2020 to continue accessible sailing based in the Milford Haven estuary.

A Typical Adventure on a Sealegs Boat !

Between 930am and 1030am our passengers arrive but I prefer to call them our friends, which is who they become, soon after they step onboard. We meet and greet them, don them in Lifejackets and discuss what time they need to return, this helps to determine how far and in what direction we will take Sea Legs.

Rain or shine, it's usually all smiles and excitement as we slip our lines and using the engines steerable drive leg, we swing the catamaran around smoothly and head out of the marina. On a short day, say 1030am to 2pm, we may head over to Pembroke Dock as there's lots to see and our friends enjoy looking at the tugs and other craft in this area.

Then we may head upriver towards Lawrenny or Llangwm, especially if we have the

tide in our favour and with prevailing winds usually behind us, we often unfurl the genoa and cut the engine. The peace and quiet of 'ghosting' along is my cue to boil the kettle and make everyone a nice hot drink, which is always well received.

On days when our friends have more time with us, perhaps 930am to 330pm, we consider heading down the Haven to Angle, Sandy Haven or Dale, if the conditions are suitable. On these days we enjoy using the mainsail and genoa to reach down to our lunchtime anchorage and then fly the colourful cruising chute to run back home.

Upriver, our lunch break is usually spent on a suitable mooring, and we have our favourite spots where there is beautiful countryside close to us. Downriver, we often anchor in a sandy bay but we always use a tripping line, just in case the anchor fouls on something.

Our friends love helming Sea Legs, and many of them do this with a little help from us, others can take instructions and steer her well, just as if they'd been on boats all their lives. Tacking is also a team effort and a sheet end, passed to someone in a wheelchair, enables them to feel part of the team, which of course they are.

Back at the marina, and safely alongside, we help our friends onto the pontoon and say our farewells, and then we spend about half an hour cleaning and preparing Sea Legs for her next adventure. We may feel tired but we're pleased and privileged to have helped some amazing people to experience the joys of sailing, on a very special catamaran!



www.sealegs2.org
Sealegs 2
Safe Sailing for All

Sailing trips in the beautiful Milford Haven Estuary available for young and old with facilities for those with disabilities.



Would you or someone in your family like to set off on sailing adventure ? - contact us to find out more to discuss your needs and how to enjoy an accessible sailing experience.

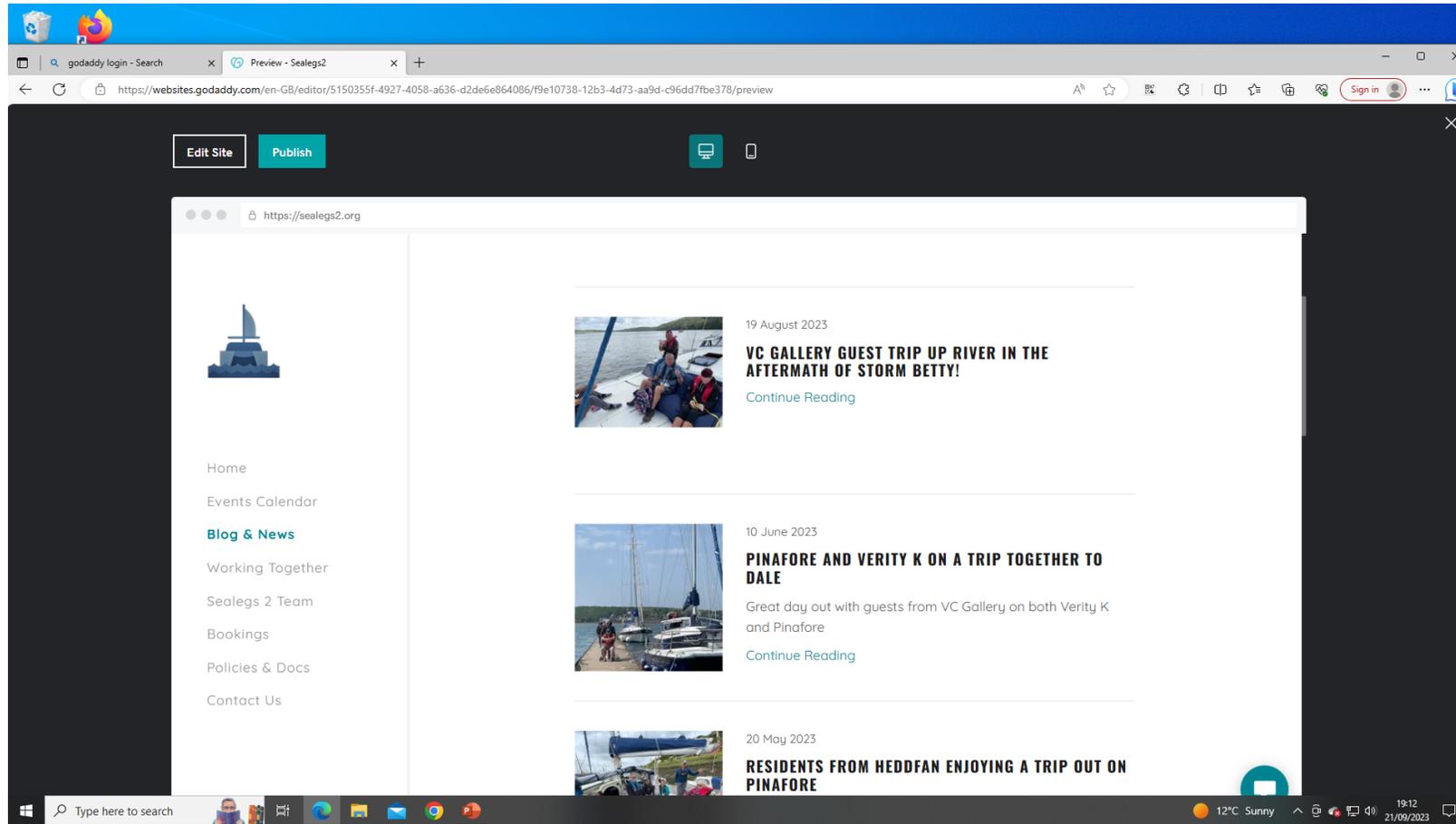


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Pinafore purchased 2019



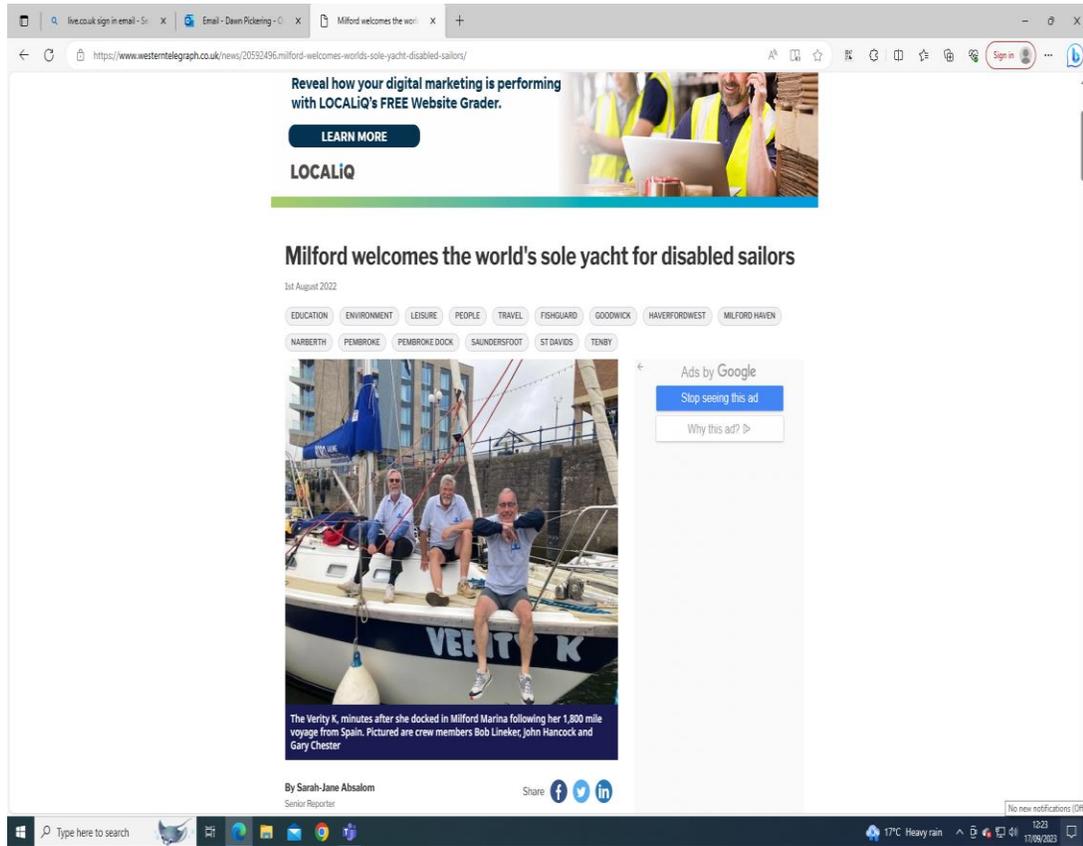
February 2020 Sealegs2 formed



Verity K. on loan from Disabled Sailor's Association 2022



Trip from Alicante to Milford Haven June-July 2022



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LOCALiQ

Milford welcomes the world's sole yacht for disabled sailors

1st August 2022

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The Verity K, minutes after she docked in Milford Marina following her 1,800 mile voyage from Spain. Pictured are crew members Bob Lneker, John Hancock and Gary Chester.

By Sarah-Jane Absalom
Senior Reporter

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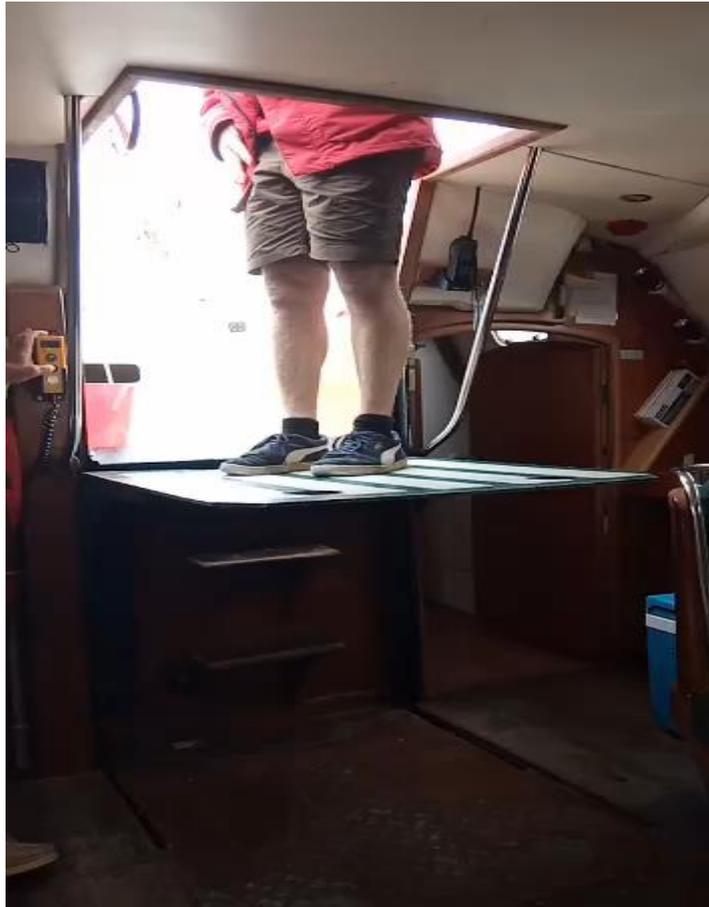
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Ramp access



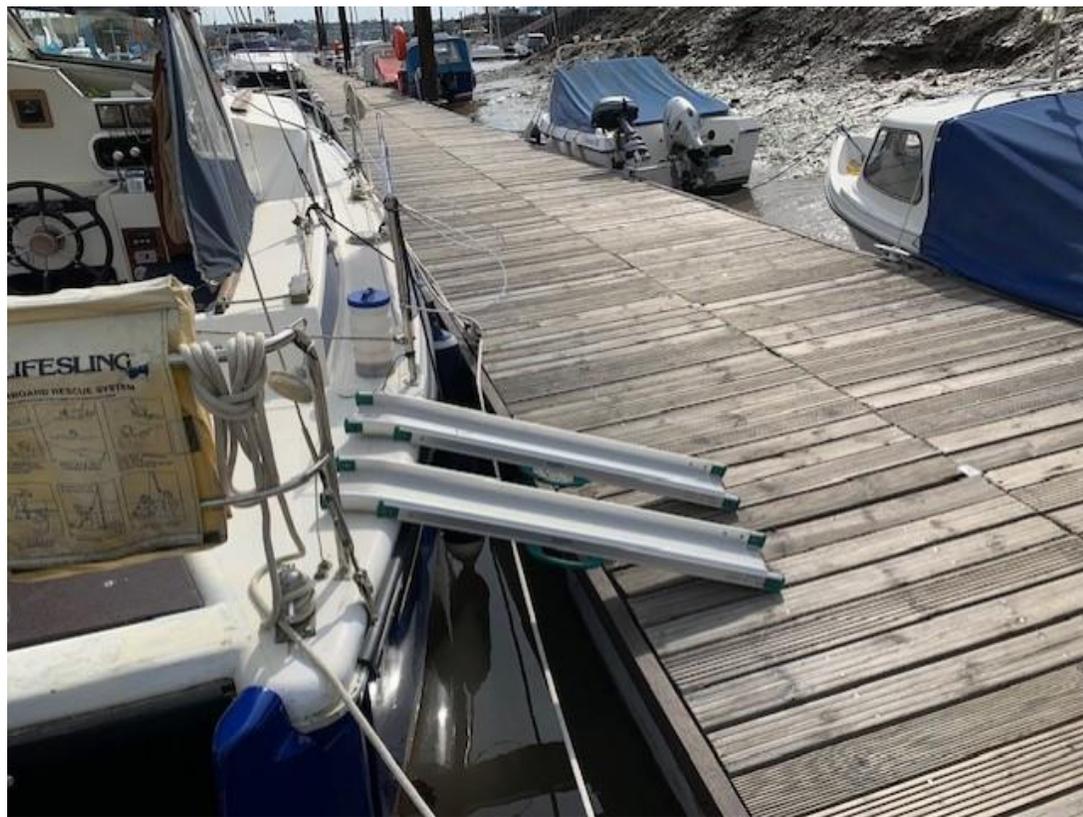
Lift down to sleeping quarters, kitchen and bathroom



Neyland Marina access



Access (borrowed ramp)



Website data

- 2,242 visitors; 158 social views
- 2022 Verity K August to November
- 2023 Verity K until July; Pinafore April –September
- Total of 73 people have had trips across this time

Trips out Verity K



Trips out Verity K.

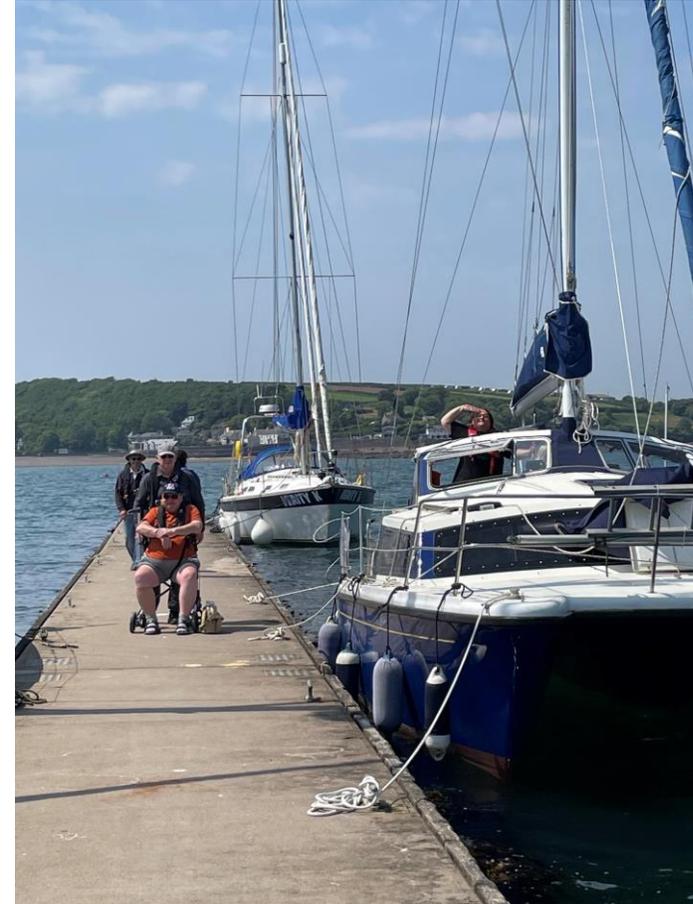


Trips out Pinafore- April –September 2023



Trips out April –September 2023

I had an amazing time
I have told all my friends
about it, thanks



Future

Changing
places toilet?



Ongoing costs

- Maintenance of life jackets.....
- Skipper training
- Ramp for Pinafore?

Please take a leaflet to pass onto someone who might benefit and get in touch for next season

- www.Sealegs2.org
- Email: info@sealegs2.org

