

Supplementary Materials

Supplementary Table S1. Definition of psychiatric disorders in familial coaggregation analyses

Psychiatric disorder	ICD 8 (1969-1986)	ICD 9 (1987-1996)	ICD 10 (1997-)
Anxiety disorders	300 except 300.4	300 except 300E	F40-F42, F44-F45, F48
Schizophrenia	295, 2950, 2951, 2952, 2953, 2954, 2956, 2957, 2958, 2959	295, 295A, 295B, 295C, 295D, 295E, 295G, 295H, 295W, 295X	F20, F200, F201, F202, F203, F204, F205, F206, F208, F209, F25, F250, F251, F252, F258, F259
Bipolar disorder	2961, 2962, 2963	296A, 296C, 296D, 296E, 296F, 296G, 296H, 296W, 296X	F30, F301, F302, F308, F309, F31, F310, F311, F312, F313, F314, F315, F316, F317, F318, F319
Major depression disorder	2960, 300E	296B, 311	F32, F320, F321, F322, F323, F328, F329, F33, F330, F331, F332, F333, F334, F338, F339, F34, F348, F349, F38, F380, F381, F388, F39
Bipolar disorder with psychotic symptoms	NA	NA	F20-F29, F30.2, F31.2, F31.5, F32.3

Individuals with any diagnosis of bipolar disorder but not schizophrenia were regarded as having bipolar disorder; individuals with an episode of major depression disorder but neither schizophrenia nor bipolar disorder were coded as having major depression disorder. Bipolar disorder with psychotic symptoms are those that apart from bipolar disorder have ever been diagnosed with a psychotic disorder (F20-F29) and those with psychotic mania (F30.2 or F31.2) or psychotic depression (F31.5 or F32.3).

Supplementary Table S2. Descriptive statistics for patients with BD1 and BD2 subtypes

Characteristics	SWEBIC		BDRN	
	BD1 (N=2,287)	BD2 (N=1,704)	BD1 (N=1,646)	BD2 (N=795)
Sex (Female %)	1,318 (57.6)	1,168 (68.5)	1,155 (70.2)	555 (69.8)
Birth year (Mean ± SD)	1958±14	1959±15	1962±11	1964±12
Inter-episode remission				
<i>Full remission (%)</i>	864 (37.8)	637 (37.8)	854 (51.9)	409 (51.4)
<i>Partial remission (%)</i>	496 (21.7)	466 (27.3)	660 (40.1)	346 (43.5)
<i>No remission (%)</i>	519 (22.7)	389 (22.8)	12 (0.4)	1 (0.4)
<i>NA (%)</i>	408 (17.8)	212 (12.4)	125 (7.3)	39 (4.9)
GAF-Function (Mean ± SD)	68.5±12.3	68.1±11.4	78.7±9.4	77.7±9.0
GAF-Symptom (Mean ± SD)	68.1±11.4	66.8±10.8	-	-
Psychotic symptom during mood episodes (%)				
<i>Yes (%)</i>	1176 (51.4)	-	1,070 (65.0)	-
<i>No (%)</i>	695 (30.4)	-	345 (21.0)	-
<i>NA (%)</i>	416 (18.2)	-	231 (14.0)	-
Comorbid anxiety disorders (Yes, %)				
<i>Yes (%)</i>	788 (34.5)	748 (43.9)	1,125 (68.3)	623 (78.4)
<i>No (%)</i>	1,499 (65.5)	955 (56.0)	386 (23.5)	114 (14.3)
<i>NA (%)</i>	0 (0)	1 (0)	135 (8.2)	58 (7.3)

SD: standard deviation; BD1: bipolar disorder subtype 1; BD2: bipolar disorder subtype 2; GAF-function: global assessment of functioning, function dimension; GAF-symptom: global assessment of functioning, symptom dimension. Phenotype definitions are in Table 1 in the main text. Psychotic symptom is not recorded in BD2 cases. Statistics are percentages for categorical variables and mean ± SD for continuous variables (after removing individuals with missing values).

Supplementary Table S3. Association between subphenotypes in patients with bipolar disorder and polygenic risk scores of schizophrenia (SCZ-PRS), bipolar disorder (BD-PRS), and major depressive disorder (MDD-PRS)

PRS	BD subphenotypes	coefficient	SWEBIC		BDRN		Meta		
			Estimate (95% CI)	P	Estimate (95% CI)	P	Estimate (95% CI)	P	P for test of Heterogeneity
BD-PRS	<i>Inter-episode remission</i>	OR	1.17 (1.09,1.26)	8.26×10 ⁻⁶	1.15 (1.05,1.26)	0.003	1.16 (1.10,1.23)	1.05×10⁻⁷	0.73
	<i>Psychotic symptoms</i>		1.02 (0.95,1.11)	0.53	1.21 (1.09,1.33)	2.12×10 ⁻⁴	1.11 (0.94,1.30)	0.21	0.01
	<i>Comorbid anxiety</i>		0.87 (0.81,0.94)	1.94×10 ⁻⁴	0.88 (0.79,0.99)	0.03	0.88 (0.83,0.93)	1.60×10⁻⁵	0.88
	<i>GAF function</i>	Beta	0.99 (0.53,1.44)	2.24×10 ⁻⁵	0.59 (0.16,1.01)	0.006	0.78 (0.38,1.17)	1.06×10⁻⁴	0.21
	<i>GAF symptom</i>		0.96 (0.53,1.38)	1.14×10 ⁻⁵	-	-	-	-	
SCZ-PRS	<i>Inter-episode remission</i>	OR	0.91 (0.85,0.98)	0.008	0.90 (0.82,0.99)	0.03	0.91 (0.86,0.96)	6.98×10⁻⁴	0.83
	<i>Psychotic symptoms</i>		1.19 (1.10,1.28)	7.92×10 ⁻⁶	1.19 (1.08,1.32)	7.06×10 ⁻⁴	1.19 (1.12,1.26)	2.07×10⁻⁸	0.98
	<i>Comorbid anxiety</i>		1.01 (0.94,1.09)	0.74	0.99 (0.89,1.11)	0.89	1.01 (0.95,1.07)	0.83	0.77
	<i>GAF function</i>	Beta	-0.70 (-1.15, -0.25)	0.002	-0.30 (-0.73,0.12)	0.16	-0.49 (-0.88,-0.11)	0.01	0.21
	<i>GAF symptom</i>		-0.38 (-0.80, 0.05)	0.08	-	-	-	-	
MDD-PRS	<i>Inter-episode remission</i>	OR	0.84 (0.79,0.89)	2.81×10 ⁻⁸	0.85 (0.78,0.93)	2.35×10 ⁻⁴	0.84 (0.80, 0.89)	2.78×10⁻¹¹	0.84
	<i>Psychotic symptoms</i>		0.97 (0.90, 1.03)	0.32	0.85 (0.77,0.93)	3.92×10 ⁻⁴	0.91 (0.80,1.03)	0.14	0.02
	<i>Comorbid anxiety</i>		1.15 (1.08,1.22)	2.41×10 ⁻⁵	1.15 (1.03,1.27)	0.01	1.15 (1.09,1.21)	8.73×10⁻⁷	0.99
	<i>GAF function</i>	Beta	-0.86 (-1.26,-0.45)	3.61×10 ⁻⁵	-0.55 (-0.95,-0.16)	0.006	-0.70 (-1.00,-0.40)	3.76×10⁻⁶	0.29
	<i>GAF symptom</i>		-0.89 (-1.27,-0.52)	3.79×10 ⁻⁶	-	-	-	-	

Abbreviations. PRSs: polygenic risk scores; BD: bipolar disorder; SCZ: schizophrenia; MDD: major depressive disorder; OR: odds ratio; CI: confidence interval; Logistic regression was applied in analyses for psychotic symptoms and comorbid anxiety in both cohorts. For inter-episode remission, ordinal logistic regression was applied in SWEBIC cohort and logistic regression was applied in BDRN cohort. Odds ratios (OR) and 95% confidence intervals (CI) are reported. Linear regression was applied for GAF function and GAF symptom, and Beta and 95% CI are reported. Analyses included all three PRS and were adjusted for sex, birth year, the first six population principal components, and genotyping platforms. Random-effect meta-analyses were performed combining the results from two cohorts. Estimates past significance threshold (corrected for 12 tests in meta-analyses, P<0.004) are marked in bold.

Supplementary Table S4. Association between subphenotypes in patients with bipolar disorder and polygenic risk scores of schizophrenia, bipolar disorder, major depressive disorder, anxiety disorders, neuroticism, and educational attainment

PRS	BD subphenotypes	coefficient	SWEBIC		BDRN		Meta		
			Estimate (95% CI)	P	Estimate (95% CI)	P	Estimate (95% CI)	P	P for test of Heterogeneity
BD-PRS	<i>Inter-episode remission</i>	OR	1.15 (1.07,1.23)	9.16×10 ⁻⁵	1.13 (1.03,1.24)	0.01	1.14 (1.08,1.21)	3.45×10 ⁻⁶	0.74
	<i>Psychotic symptoms</i>		1.02 (0.94,1.10)	0.70	1.20 (1.08,1.32)	4.59×10 ⁻⁴	1.10 (0.94,1.29)	0.25	0.01
	<i>Comorbid anxiety</i>		0.88 (0.82,0.95)	6.05×10 ⁻⁴	0.91 (0.81,1.02)	0.10	0.89 (0.84,0.95)	1.63×10 ⁻⁴	0.66
	<i>GAF function</i>	Beta	0.90 (0.45,1.36)	1.05×10 ⁻⁴	0.57 (0.15,0.99)	0.01	0.73 (0.40,1.05)	1.19×10 ⁻⁵	0.30
	<i>GAF symptom</i>		0.89 (0.46,1.31)	4.26×10 ⁻⁵	-	-	-	-	
SCZ-PRS	<i>Inter-episode remission</i>	OR	0.92 (0.86,0.98)	0.01	0.90 (0.82,0.99)	0.04	0.91 (0.87,0.97)	0.001	0.79
	<i>Psychotic symptoms</i>		1.19 (1.11,1.29)	5.04×10 ⁻⁶	1.19 (1.08,1.32)	6.51×10 ⁻⁴	1.19 (1.12,1.27)	1.23×10 ⁻⁸	0.98
	<i>Comorbid anxiety</i>		1.00 (0.93,1.08)	0.95	0.99 (0.88,1.11)	0.84	1.00 (0.94,1.06)	0.96	0.84
	<i>GAF function</i>	Beta	-0.63 (-1.08,-0.18)	0.006	-0.30 (-0.73,0.13)	0.17	-0.46 (-0.78,-0.13)	0.006	0.30
	<i>GAF symptom</i>		-0.30 (-0.72, 0.12)	0.17	-	-	-	-	
MDD-PRS	<i>Inter-episode remission</i>	OR	0.89 (0.83,0.95)	4.57×10 ⁻⁴	0.88 (0.80,0.97)	0.01	0.89 (0.84,0.93)	9.96×10 ⁻⁶	0.86
	<i>Psychotic symptoms</i>		1.01 (0.94, 1.08)	0.87	0.85 (0.77,0.93)	9.09×10 ⁻⁴	0.93 (0.78,1.10)	0.37	0.01
	<i>Comorbid anxiety</i>		1.08 (1.01,1.15)	0.03	1.04 (0.93,1.17)	0.46	1.07 (1.01,1.13)	0.02	0.61
	<i>GAF function</i>	Beta	-0.40 (-0.83,0.03)	0.07	-0.53 (-0.95,-0.11)	0.01	-0.47 (-0.76,-0.17)	0.002	0.67
	<i>GAF symptom</i>		-0.42 (-0.82,-0.03)	0.04	-	-	-	-	
ANX-PRS	<i>Inter-episode remission</i>	OR	0.96 (0.90,1.01)	0.14	0.98 (0.90,1.07)	0.69	0.97 (0.92,1.01)	0.15	0.60
	<i>Psychotic symptoms</i>		1.00 (0.94,1.07)	0.98	0.98 (0.89,1.07)	0.59	0.99 (0.94,1.04)	0.77	0.65
	<i>Comorbid anxiety</i>		1.03 (0.97,1.09)	0.41	0.99 (0.90,1.10)	0.91	1.02 (0.97,1.07)	0.51	0.61
	<i>GAF function</i>	Beta	-0.26 (-0.64,0.12)	0.17	-0.04 (-0.43,0.34)	0.82	-0.15 (-0.42,0.11)	0.26	0.43
	<i>GAF symptom</i>		-0.29 (-0.64, 0.06)	0.11					
	<i>Inter-episode remission</i>	OR	0.93 (0.88, 0.99)	0.03	0.97 (0.88,1.06)	0.46	0.94 (0.90, 0.99)	0.03	0.54

<i>Neuroticism-PRS</i>	<i>Psychotic symptoms</i>		0.94 (0.88,1.00)	0.05	1.05 (0.95,1.15)	0.33	0.98 (0.88,1.10)	0.79	0.05
	<i>Comorbid anxiety</i>		1.12 (1.05,1.19)	2.71×10 ⁻⁴	1.20 (1.07,1.33)	0.001	1.14 (1.08,1.21)	3.63×10⁻⁶	0.31
	<i>GAF function</i>	Beta	-0.83 (-1.22,-0.43)	4.10×10 ⁻⁵	0.02 (-0.39,0.42)	0.93	-0.41 (-1.24,0.42)	0.34	0.003
	<i>GAF symptom</i>		-0.95 (-1.32,-0.58)	4.24×10 ⁻⁷					
<i>EA-PRS</i>	<i>Inter-episode remission</i>	OR	1.17 (1.10, 1.24)	2.34×10 ⁻⁷	1.17 (1.07,1.27)	4.89×10 ⁻⁴	1.17 (1.11, 1.22)	4.50×10⁻¹⁰	1.00
	<i>Psychotic symptoms</i>		1.11 (1.04, 1.18)	0.002	1.08 (0.99,1.19)	0.09	1.10 (1.04, 1.16)	4.84×10⁻⁴	0.70
	<i>Comorbid anxiety</i>		0.91 (0.86, 0.96)	0.001	0.80 (0.72,0.89)	2.56×10 ⁻⁵	0.86 (0.76, 0.97)	0.02	0.04
	<i>GAF function</i>	Beta	0.86 (0.48,1.23)	7.42×10 ⁻⁶	0.13 (-0.26,0.52)	0.50	0.50 (-0.21,1.21)	0.17	0.01
	<i>GAF symptom</i>		0.68 (0.33, 1.04)	1.30×10 ⁻⁴					

Abbreviations. PRSs: polygenic risk scores; BD: bipolar disorder; SCZ: schizophrenia; MDD: major depressive disorder; ANX: anxiety disorders; EA: educational attainment; OR: odds ratio; CI: confidence interval; Logistic regression was applied in analyses for psychotic symptoms and comorbid anxiety in both cohorts. For inter-episode remission, ordinal logistic regression was applied in SWEBIC cohort and logistic regression was applied in BDRN cohort. Odds ratios (OR) and 95% confidence intervals (CI) are reported. Linear regression was applied for GAF function and GAF symptom, and Beta and 95% CI are reported. Analyses included all six PRS and were adjusted for sex, birth year, the first six population principal components, and genotyping platforms. Random-effect meta-analyses were performed combining the results from two cohorts. Estimates past significance threshold (corrected for 24 tests in meta-analyses, P<0.002) are marked in bold.

Supplementary Table S5. Association between subphenotypes in patients with bipolar disorder and polygenic risk scores of schizophrenia (SCZ-PRS), bipolar disorder (BD-PRS), and major depressive disorder (MDD-PRS) in BD1 cases

PRS	BD subphenotypes	coefficient	SWEBIC BD1 (N=2,287)		BDRN BD1 (N=1,646)		Meta		
			Estimate (95% CI)	P	Estimate (95% CI)	P	Estimate (95% CI)	P	P for test of Heterogeneity
BD-PRS	<i>Inter-episode remission</i>	OR	1.25 (1.12,1.39)	4.03×10 ⁻⁵	1.17 (1.03,1.31)	0.01	1.21 (1.12,1.31)	2.13×10⁻⁶	0.41
	<i>Psychotic symptoms</i>		1.00 (0.88,1.13)	0.97	1.11 (0.96,1.28)	0.14	1.05 (0.94,1.16)	0.40	0.26
	<i>Comorbid anxiety</i>		0.92 (0.83, 1.03)	0.14	0.91 (0.79, 1.04)	0.17	0.92 (0.84,1.00)	0.04	0.88
	<i>GAF function</i>	Beta	1.09 (0.36,1.82)	0.004	0.58 (0.05,1.11)	0.03	0.77 (0.29,1.25)	0.002	0.27
	<i>GAF symptom</i>		0.88 (0.20,1.56)	0.01	-	-	-	-	
SCZ-PRS	<i>Inter-episode remission</i>	OR	0.88 (0.80,0.98)	0.02	0.85 (0.76, 0.96)	0.01	0.87 (0.80,0.94)	4.21×10⁻⁴	0.68
	<i>Psychotic symptoms</i>		1.22 (1.08,1.38)	0.001	1.06 (0.92,1.22)	0.42	1.14 (1.00, 1.31)	0.05	0.15
	<i>Comorbid anxiety</i>		0.96 (0.86,1.07)	0.48	0.96 (0.84,1.10)	0.54	0.96 (0.88,1.05)	0.35	0.97
	<i>GAF function</i>	Beta	-1.04 (-1.76, -0.33)	0.004	-0.30 (-0.83, 0.24)	0.28	-0.63 (-1.35,0.10)	0.09	0.10
	<i>GAF symptom</i>		-0.77 (-1.44, -0.10)	0.02	-	-	-	-	
MDD-PRS	<i>Inter-episode remission</i>	OR	0.80 (0.73,0.88)	3.57×10 ⁻⁶	0.85 (0.76, 0.95)	0.004	0.82 (0.76, 0.88)	5.72×10⁻⁸	0.50
	<i>Psychotic symptoms</i>		0.99 (0.89,1.10)	0.89	0.93 (0.82,1.07)	0.32	0.97 (0.89,1.05)	0.47	0.48
	<i>Comorbid anxiety</i>		1.20 (1.09,1.32)	1.99×10 ⁻⁴	1.12 (0.99, 1.28)	0.07	1.17 (1.08,1.26)	5.07×10⁻⁵	0.43
	<i>GAF function</i>	Beta	-0.94 (-1.56, -0.31)	0.003	-0.64 (-1.13, -0.14)	0.01	-0.75 (-1.14,-0.36)	1.43×10⁻⁴	0.45
	<i>GAF symptom</i>		-0.77 (-1.36, -0.19)	0.01	-	-	-	-	

Abbreviations. PRSs: polygenic risk scores; BD: bipolar disorder; SCZ: schizophrenia; MDD: major depressive disorder; OR: odds ratio; CI: confidence interval; Logistic regression was applied in analyses for psychotic symptoms and comorbid anxiety in both cohorts. For inter-episode remission, ordinal logistic regression was applied in SWEBIC cohort and logistic regression was applied in BDRN cohort. Odds ratios (OR) and 95% confidence intervals (CI) are reported. Linear regression was applied for GAF function and GAF symptom, and Beta and 95% CI are reported. Analyses included all three PRS and were adjusted for sex, birth year, the first six population principal components, and genotyping platforms. Random-effect meta-analyses were performed combining the results from two cohorts. Estimates past significance threshold (corrected for 12 tests in meta-analyses, P<0.004) are marked in bold.

Supplementary Table S6. Association between subphenotypes in patients with bipolar disorder and polygenic risk scores of schizophrenia (SCZ-PRS), bipolar disorder (BD-PRS), and major depressive disorder (MDD-PRS) in BD2 cases

PRS	BD subphenotypes	coefficient	SWEBIC BD2 (N=1,704)		BDRN BD2 (N=795)		Meta		
			Estimate (95% CI)	P	Estimate (95% CI)	P	Estimate (95% CI)	P	P for test of Heterogeneity
BD-PRS	<i>Inter-episode remission</i>	OR	1.08 (0.96,1.22)	0.19	1.13 (0.96,1.34)	0.14	1.10 (1.00,1.21)	0.05	0.66
	<i>Comorbid anxiety</i>		0.94 (0.84,1.07)	0.36	0.88 (0.70,1.11)	0.27	0.93 (0.83,1.04)	0.19	0.58
	<i>GAF function</i>	Beta	0.53 (-0.18,1.25)	0.14	0.38 (-0.34,1.10)	0.30	0.46 (-0.05, 0.97)	0.08	0.77
	<i>GAF symptom</i>		0.76 (0.09,1.42)	0.03			-	-	
SCZ-PRS	<i>Inter-episode remission</i>	OR	0.94 (0.84,1.05)	0.24	0.97 (0.83,1.15)	0.75	0.95 (0.86,1.04)	0.25	0.70
	<i>Comorbid anxiety</i>		1.03 (0.91,1.16)	0.61	1.15 (0.91,1.44)	0.23	1.06 (0.95,1.17)	0.32	0.41
	<i>GAF function</i>	Beta	-0.45 (-1.16, 0.26)	0.22	-0.24 (-0.96, 0.47)	0.51	-0.35 (-0.85, 0.16)	0.18	0.69
	<i>GAF symptom</i>		-0.09 (-0.75, 0.57)	0.79	-	-	-	-	
MDD-PRS	<i>Inter-episode remission</i>	OR	0.88 (0.79,0.98)	0.02	0.84 (0.72,0.97)	0.02	0.87 (0.79, 0.94)	0.001	0.56
	<i>Comorbid anxiety</i>		1.06 (0.95,1.18)	0.33	1.13 (0.91,1.40)	0.28	1.07 (0.97,1.18)	0.17	0.60
	<i>GAF function</i>	Beta	-0.36 (-1.00,0.29)	0.28	-0.11 (-0.76,0.53)	0.73	-0.23 (-0.69, 0.22)	0.31	0.60
	<i>GAF symptom</i>		-0.75 (-1.35, -0.15)	0.02	-	-	-	-	

Abbreviations. PRSs: polygenic risk scores; BD: bipolar disorder; SCZ: schizophrenia; MDD: major depressive disorder; OR: odds ratio; CI: confidence interval. Logistic regression was applied in analyses for comorbid anxiety in both cohorts. Psychotic symptoms during mood episodes was not tested because BD2 cases did not have this subphenotype. For inter-episode remission, ordinal logistic regression was applied in SWEBIC cohort and logistic regression was applied in BDRN cohort. Odds ratios (OR) and 95% confidence intervals (CI) are reported. Linear regression was applied for GAF function and GAF symptom, and Beta and 95% CI are reported. Analyses included all three PRS and were adjusted for sex, birth year, the first six population principal components, and genotyping platforms. Random-effect meta-analyses were performed combining the results from two cohorts. Estimates past significance threshold (corrected for 9 tests in meta-analyses, $P < 0.005$) are marked in bold.

Supplementary Table S7. Association between subphenotypes in index person with bipolar disorder and lifetime diagnosis of three major psychiatric disorders in the first- and second-degree relatives

Psychiatric disorders in relatives	Subphenotypes in index BD person	OR/Beta (95% CI)	P
SCZ vs BD			
	GAF-Function	-1.79 (-2.60, -0.98)	9.35×10⁻⁶
	GAF-Symptom	-1.35 (-2.10, -0.60)	5.00×10⁻⁴
	Comorbid Anxiety	1.11 (1.04, 1.18)	0.001
	Psychotic symptom	1.23 (1.14, 1.32)	1.33×10⁻⁸
MDD vs BD			
	GAF-Function	-1.05 (-1.55, -0.55)	2.59×10⁻⁴
	GAF-Symptom	-1.07 (-1.54, -0.61)	4.46×10⁻⁵
	Comorbid Anxiety	1.32 (1.27, 1.38)	<1×10⁻¹⁰
	Psychotic symptom	0.95 (0.90, 1.00)	0.04

Abbreviations. GAF-Function: global assessment of functioning including function dimensions; GAF-Symptom: global assessment of functioning including symptom. BD: bipolar disorder; SCZ: schizophrenia; MDD: major depressive disorder; OR: odds ratio; CI: confidence interval; Logistic regression was applied in analyses for psychotic symptoms and comorbid anxiety. Linear regression was applied for GAF function and GAF symptom and Beta as the regression coefficients. Models were adjusted for sex, categorical year of birth and degree of biological relatedness. For anxiety and psychotic symptom (which was extracted from the Swedish National Registries), models were additionally adjusted for anxiety or psychotic symptoms in the relatives. Results exceeding multiple testing corrected significance threshold (8 tests, $P < 0.006$) are marked in bold.