



Review

FAMM flap in oral cavity and tongue defect reconstruction: A systematic review and meta-analysis



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Summary *Background:* The facial artery musculomucosal (FAMM) flap is a versatile flap based on the facial artery. It can be used to reconstruct the floor of the mouth, palate, tongue and alveolar ridge. The flap can be designed in various orientations and modified as an islanded or tunnelised flap. This study aimed to review the application of FAMM flap in the reconstruction of defects of the tongue and oral cavity, with specific focus on success rates and total complications.

Methods: A literature search was conducted by 2 independent reviewers on PubMed, Dynamed, DARE, EMBASE, Cochrane and British Medical Journal (BMJ) electronic databases (Registry CRD42024529989).

Results: Twenty-seven studies fulfilled the search criteria and data on 407 FAMM flaps performed on 402 patients were extracted for analysis. Overall, 1.7% (n=7) of flaps failed because of total necrosis (n=3), partial necrosis requiring surgical intervention and flap abandonment (n=2), total failure (n=1) and fistula formation (n=1). Overall, 26.0% (n=106) of patients experienced non-functional complications. The most reported complications were partial

Abbreviations: FAMM, Facial Artery Musculomucosal Flap; BMJ, British Medical Journal; IARC, International Agency for Research on Cancer; OSCC, Oral Squamous Cell Carcinoma; RFFF, Radial Forearm Free Flap; ALT, Anterolateral Thigh Flap; AHRQ, Agency for Healthcare Research and Quality; SCC, Squamous Cell Carcinoma; FOM, Floor of Mouth; TORS, Transoral Robotic Surgery

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necrosis (n=23, 5.7%), wound dehiscence (n=18, 4.4%) and venous congestion (n=13, 3.2%). The pooled success rate in all studies using FAMM flaps for oral cavity and tongue reconstruction was 99.47% (95% CI, 98.26 to 100.00, $P = 1.00$; $I^2 = 0\%$). Pooled total complication rates were 30.18% (95% CI, 16.97 to 43.38, $P < 0.01$; $I^2 = 91\%$). Only 35 flaps required re-operation.

Conclusions: With low complication and failure rates, FAMM flaps are a safe and versatile option to consider in oral cavity and tongue reconstruction.

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Oral cancer (predominantly squamous cell carcinoma) remains a significant global health issue. According to the 2022 International Agency for Research on Cancer (IARC) GLOBOCAN cancer statistics, lip and oral cavity cancers rank as the second most common type of cancer by new cases and the fourth leading type of cancer in terms of mortality in South-Central Asia.¹ Similarly, the 2022 State of Mouth Cancer UK Report shows that there has been a 34% increase in new cases over the last decade with a staggering 103% increase in the last 20 years within England alone.² Approximately one patient is diagnosed with oral cancer every hour equating to 8846 people in the UK in 2022.² Mortality rates have also surged with a 46% increase in oral cancer-related deaths in the last 10 years.² Moreover, 90% of oral cancers are oral squamous cell carcinoma (OSCC) with 377,713 new cases per year according to 2020 IARC GLOBOCAN data.³ The management of oral cancers, alongside traumatic injuries, infection and congenital anomalies

often requires complex reconstructive procedures that pose significant challenges.

The mainstay of OSCC treatment is surgery with or without adjuvant radiotherapy.⁴ Tumour resections often result in large defects which can affect functional restoration and aesthetic outcomes. Therefore, a delicate balance should be maintained between tissue resection and functional preservation.⁵ Reconstruction options for oral and tongue defects generally fall into 2 main categories: microvascular free flaps and pedicled flaps.⁶ Microvascular free flaps, such as the radial forearm free flap (RFFF) or anterolateral thigh (ALT) flaps, are considered the workhorse of free flap soft tissue oral reconstruction for large defects. These flaps can be thin, pliable and versatile, allowing for extensive soft tissue or bone reconstruction.⁷ However, they require microsurgical expertise and have prolonged operative times.⁸ Moreover, variations in the incidence of donor site complications were observed in

alternative reconstructive modalities such as RFFF (15%⁹ - 40%¹⁰) and ALT (11%¹¹ - 21.3%^{12,13}). Commonly observed donor site complications include partial graft loss and paraesthesia in RFFF and ALT, respectively.^{14,15} In patients with existing comorbidities or smaller defects, pedicled flaps such as the pectoralis major or submental island flaps should be considered.¹⁶ However, these are bulkier than the RFFF and can interfere with speech and swallowing, thereby, limiting their use in certain areas of the oral cavity.⁷

In recent years, the facial artery musculomucosal (FAMM) flap, a regional pedicled flap, has gained popularity for the reconstruction of the floor of the mouth, palate and alveolar ridge defects.¹⁷ It is supplied by the facial artery and originates from the cheek mucosa and it can be designed in various orientations—superiorly, inferiorly or laterally based on the defect's location and size.¹⁸ It emerges as a promising alternative due to its substantial versatility. The advantages of this flap are minimal donor site morbidity, a straightforward harvest technique, a reliable blood supply and obviating external scar formation.¹⁹ This systematic review aimed to critically evaluate the existing literature on the FAMM flap's efficacy, indications and outcomes in reconstructing oral cavity and tongue defects.

Aims

This study reviews and evaluates the use of FAMM flap in the reconstruction of defects of the tongue and oral cavity, specifically focusing on the success rates and total complications.

Methods

Database registration

This systematic review and meta-analysis followed the recommendations of the preferred reporting items for systematic reviews and meta-analyses (PRISMA) guidelines. The review was registered with the University of York's Centre for Reviews and Dissemination International Prospective Register of Systematic Reviews (PROSPERO) to reduce bias (Registry ID: CRD42024529989).

Literature search

A literature search was conducted in April 2024 by 2 independent reviewers (LM and DR) and any disagreements were resolved by a third reviewer (UR). The search was performed using the PubMed, DynaMed, DARE, EMBASE, Cochrane, and British Medical Journal (BMJ) electronic databases for articles published between January 1970 and April 2024. The following search parameters were used to retrieve the relevant articles: 'FAMM', 'facial artery musculomucosal flap', 'tongue', 'orofacial defects', 'oral cavity', 'tongue base', 'craniofacial', 'head and neck' and 'facial reconstruction'.

Only original research articles were considered. The following study types were reviewed: randomised control trials, prospective cohort studies, retrospective cohort studies, case studies and case series. Two independent reviewers (LM and DR) screened titles and abstracts for eligibility and inclusion. They then screened relevant full papers before inclusion.

Inclusion

In this review, all completed clinical studies focusing on the use of FAMM flaps in reconstructing tongue and/or oral cavity defects were included. All causes of tongue and oral cavity defects were included (trauma, oncology and congenital).

Exclusion

In this review, studies focusing on FAMM flap use for non-tongue or oral cavity defect reconstruction and those focusing on paediatric (< 18 years) patients were excluded. Studies using alternative flaps for reconstruction were also excluded. Papers where the full text is not available in English, studies that did not report complications, and studies comparing flap types for oral cavity and tongue reconstruction with FAMM flap outcome data that could not be isolated were excluded.

Quality assessment and risk of bias

The Newcastle-Ottawa scale was used to assess studies individually for the risk of bias. The results from the Newcastle-Ottawa Tool were translated into the Agency for Healthcare Research and Quality (AHRQ) scores. Publication bias was assessed using R (version 4.4.0) to perform Egger's regression test, package meta version 7.0-0 to create funnel plots of the success rates and complications of using FAMM flaps in oral cavity and tongue reconstruction.

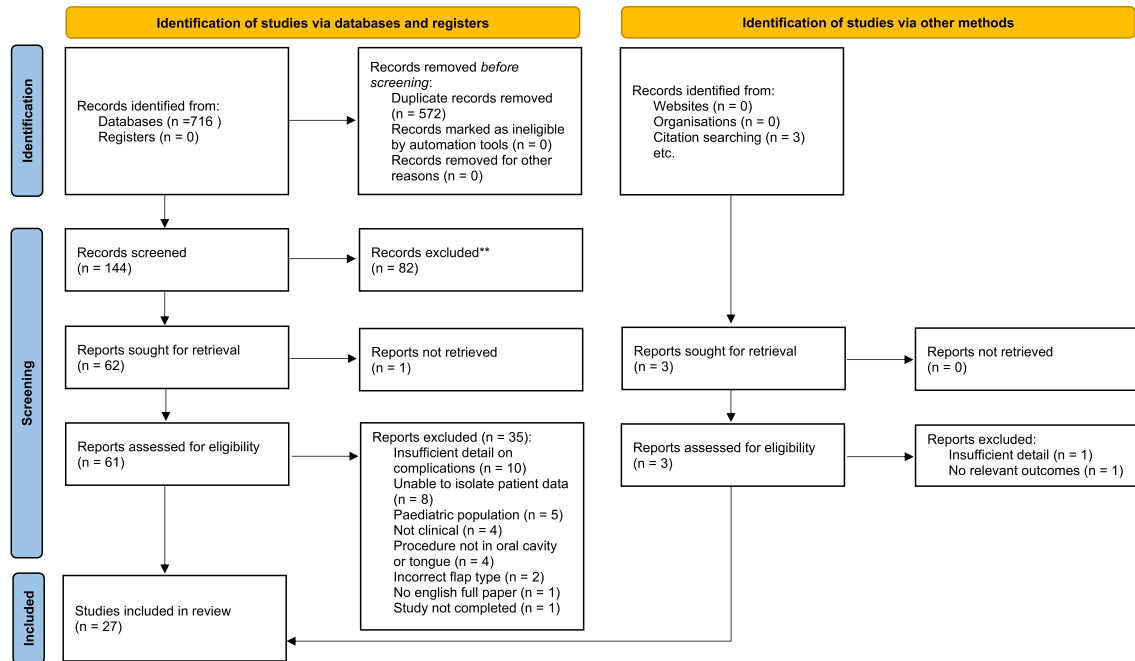
Statistical analysis

Pooled analysis estimates and 95% confidence intervals (CIs) were calculated for the outcomes of successful reconstruction rates and total complications in all studies using the FAMM flap, with the application of a random-effects model. Statistical analysis was performed using R (version 4.4.0), package meta version 7.0-0. Heterogeneity was assessed using R (version 4.4.0), package meta version 7.0-0 to determine the I^2 statistic (in percentage).

Results

As shown in the PRISMA flow diagram (Figure 1), the initial search yielded 716 results. After the removal of duplicates and ineligible studies, 61 articles were fully reviewed for inclusion. Grey literature searches identified 3 results. Two were removed on review of abstracts and one was fully reviewed. A total of 27 papers fulfilled the inclusion criteria and were included in the analysis.

PRISMA 2020 flow diagram for new systematic reviews which included searches of databases, registers and other sources



From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. *BMJ* 2021;372:n71. doi: 10.1136/bmj.n71. For more information, visit: <http://www.prisma-statement.org/>

Figure 1 PRISMA flow diagram demonstrating systematic search results.

Study characteristics

A total of 27 articles with 454 patients were reviewed in full text for extraction. Seven studies contained mixed data where only certain patients matched the inclusion criteria. Patients matching the inclusion criteria in these studies were included in the study if all individual data could be extracted. Fifty-two patients in these studies were excluded due to the unsuitability of flap type/location (n=32) and inclusion of paediatric patients (n=20).

Overall, 407 FAMM flaps were performed on 402 patients for reconstruction of the oral cavity and tongue. Five patients had bilateral FAMM flaps. One study with 20 patients did not disclose their sex,²⁰ but the remaining studies reported 269 patients as men and 113 as women with a male-to-female ratio of 2.38:1. Mean age was 61.1 years, with a range of 18 to 90 years. The most common reason for reconstruction with a FAMM flap was malignancy (n=376, 92.4%). Furthermore, 19.7% (n=74) of malignancies were not described. Squamous cell carcinoma was the most described malignancy (n=292, 77.7%), followed by mucoepidermoid carcinoma (n=2, 0.5%). Other malignancies reconstructed with FAMM flaps are detailed in Table 1. Overall, 77.7% (n=292) of patients reconstructed because of malignancy underwent a neck dissection; among them, 271 were concomitant and 16 previously underwent neck dissections during the primary resection. Additionally, 1.1% (n=4) received a sentinel node biopsy and 7.7% (n=29) did not undergo neck dissection. Information regarding neck dissection was not reported in 3 studies involving 54 (14.2%) patients. Tumour staging was not consistently reported across the studies as seen in Table 1. Level, side and timing

of neck dissections as well as defect locations are described in Table 1. Other reasons for reconstruction included fistula (n=9, 2.2%), non-malignant tumour (n=7, 1.7%), cleft palate (n=6, 1.5%), osteonecrosis of the jaw (n=2, 0.5%), trauma (n=1, 0.2%), and iatrogenic (n=1, 0.2%). The location and size of the defects can be seen in Table 2.^{18,20-45}

Flap outcomes

Flap failure was defined as a flap that required salvage surgery, repeat flap coverage or *complete* loss of flap viability (e.g. through total necrosis, venous congestion or wound dehiscence). Conversely, flap success is defined as the absence of the aforementioned outcomes. Total necrosis was defined as a flap that turned black with no evidence of blood on incision, whereas partial necrosis was defined as a flap with blisters and dark or purplish red discoloration.⁴⁶ Among the 407 FAMM flaps performed on 402 patients, 98.3% (n=400) were successful, whereas 1.7% (n=7) FAMM flaps experienced failure according to the definition used in this study. Reasons for flap failure were total necrosis (n=3), venous congestion (n=1), partial necrosis requiring surgical debridement (n=1), partial necrosis requiring palatal swing flap coverage (n=1), total failure (n=1) and fistula formation (n=1).

The definitions of complication varied within the studies. To standardise the analysis, functional complications were separated from non-functional complications. Overall, 26.0% (n=106) of flaps experienced non-functional complications. The most reported complications were partial necrosis (n=23, 5.7%), wound dehiscence (n=18, 4.4%) and venous congestion (n=13, 3.2%).

Table 1 Study Characteristics.

Author, year and country	Number of patients/flaps (n)	Mean (range) age (years)	Gender ratio (M:F)	Reason for reconstruction (n)	Type of malignancy (n)	Staging (n)	Procedure for resection	Neck dissection (Y/N, n)	Level, side and timing of neck dissection (n)	Pre or postoperative radiotherapy (n)	Type of flap (n)	Type of pedicle (n)	Flap failure and reason (n)	Complications (n)	Functional complications (n)	Re-operations (n)
Zhao et al. 2003. China ¹⁴	16	51.63 (38 - 70)	10:6	Cancer (16)	SCC (16)	T1N0M0 (1), T2N0M0 (1), Others not stated	Partial glossectomy (16)	Y (16)	Not stated	Post (12)	Islanded (16)	Superior (16)	0	Nil	Nil	Nil
Ayad et al. 2008. France ¹⁵	57 (61 flaps)	(35 - 82)	50:7	Cancer (57)	SCC (56), Liposarcoma (1)	T1 (12), T2 (32), T3 (8), T4a (5)	Ablative surgery (57), Marginal mandibulectomy (26), Partial glossectomy (28)	Y (51), Sentinel node biopsy (4), N (2)	Previous (12), Concomitant ipsilateral (20), Concomitant bilateral (19)	Post (7), Pre (10)	Traditional (61)	Inferior (61)	0	Partial necrosis (15), Infection (1), Abscess (2), Haematoma (1), Tongue tethering by scar formation (3), Trismus (1)	Non-functional/understandable speech (3)	Revision surgery (6)
Dolderer et al. 2011. Australia ¹⁶	1	75	1:0	Cancer (1)	SCC (1)	Not stated	Resection 4 years previously with no repair (1)	Not stated	N/A	Not stated	Islanded (1)	Inferior (1)	0	Nil	Nil	Nil
O'Leary et al. 2011. Denmark ¹⁷	22	(35 - 85)	17:5	Cancer (22)	SCC (18), Muco-epidermoid carcinoma (1), Cases of adenomatous carcinoma, malignant melanoma not specified (3).	Not stated	Tumour ablation no specifics stated	Y (12), N(10)	Not stated	Pre (4)	Traditional (22)	Inferior (16), Superior (6)	Total failure (1) Partial necrosis requiring palatinal swing flap (1)	Partial necrosis (1), Trismus (1), Bleeding due to manipulation of flap by patient (1)	Nil	Nasolabial flap (1), Re-operation, not stated (1), Palatinal swing flap (1)
Massarelli et al. 2012. Italy ¹⁸	47 (n=1 excluded for age, n=4 excluded for location of defect, n=14 excluded for flap type)	63 (32 - 90)	39:8	Cancer (39), Fistula (4), ONJ (1), Non-malignant tumour (3 - Peripheral ossifying fibroma (1), Pleomorphic adenoma (1), Giant cell granuloma (1))	Squamous Cell Carcinomas (SCC) (39)	T1N0M0 (3), T2N0M0 (27), T3N0M0 (5), T2N1M0 (1), T3N2bM0 (1), T4N2bM0 (1)	Not stated	Y (42)	Not stated	Timing not specified (4)	Traditional (18), Islanded (6) arterialised (4), Islanded-tunnelled (19)	Superior (4), Inferior (43)	Total necrosis (1)	Venous congestion (2)	Nil	Data not extractable from subgroup (n=6 required z-plasty but indiscernible)

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Table 1 (continued)

Author, year and country	Number of patients/flaps (n)	Mean (range) age (years)	Gender ratio (M:F)	Reason for reconstruction (n)	Type of malignancy (n)	Staging (n)	Procedure for resection	Neck dissection (Y/N, n)	Level, side and timing of neck dissection (n)	Pre or postoperative radiotherapy (n)	Type of flap (n)	Type of pedicle (n)	Flap failure and reason (n)	Complications (n)	Functional complications (n)	Re-operations (n)
Khan et al. 2013. UK ¹⁹	5	Not stated	4:1	Cancer (5)	SCC (5)	Lymph node metastasis (3), Metastatic disease (3)	Not stated	Y (3), N (2)	II (2), II +III (1)	Not stated	Island flap n=5	Inferior (5)	0	Mild trismus (2)	Nil	Nil
Massarelli et al. 2013. Italy ²⁰	1	67	0:1	Cancer (1)	SCC (1)	cT2N0M0 (1)	Total soft palate resection (1)	Y (1)	I-IV (1)	Not stated	island free flap	N/A	0	Nil	Nil	Nil
Shetty et al. 2013. India ²¹	2 (n=9 excluded due to age)	31 (23 - 39)	1:1	Fistula (2)	N/A	N/A	N/A	N/A	N/A	Not stated	Pedicle n=2	Superior (1), Inferior (1)	0	Partial necrosis (1)	Nil	Nil
Ferrari et al. 2015. Italy ²²	6 (n=6 excluded due to location of defect)	59.7 (38 - 79)	4:2	Cancer (2), Cleft palate (2), Fistula (2)	SCC (2)	Not stated	Not stated	Not stated	N/A	Not stated	Traditional FAMM n=6	Superior (6)	0	Partial necrosis (1), Wound dehiscence (3)	Nil	Nil
Bucknor et al. 2016. UK ²³	1	45	0:1	Fistula (1)	N/A	N/A	Not stated	N/A	N/A	Not stated	Not stated	Superior (1)	0	Nil	Nil	Nil
Ferrari et al. 2016. Italy ²⁴	50	62.2 (33 - 86)	33:17	Cancer (50)	SCC (50)	T1N0 (5), T2N0 (38), T3N0 (7)	Not stated	Y (50)	Unilateral supraomohyoid I-III (39), Bilateral Supraomohyoid I-III (11)	Post (14)	Inferior based FAMM n=36, Buccinator island flap (Zhao) flap n=14	Inferior (36), Superior (14)	0	Wound dehiscence (12), Neck infection (2)	Nil	Nil
Lee et al. 2016. USA ²⁵	4 (n=10 excluded due to age)	20.5 (18 - 24)	3:1	Cleft palate (4)	N/A	N/A	N/A	N/A	N/A	Not stated	Spacer FAMM (single stage FAMM)	Not stated	0	Nil	Nil	Nil
Jeong et al. 2017. South Korea ²⁶	1	59	0:1	Cancer (Reconstructing secondary soft palatal defect due to flap necrosis following two-flap palatoplasty) (1)	Epithelial myoepithelial carcinoma (1)	pT2N0M0 (1)	Simple mass excision with safety margin (1)	Y (1)	IB + II (1)	Post (1)	Tunnelised islanded FAMM flap n=1	Not stated	0	Nil	Nil	Nil

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Table 1 (continued)

Author, year and country	Number of patients/flaps (n)	Mean (range) age (years)	Gender ratio (M:F)	Reason for reconstruction (n)	Type of malignancy (n)	Staging (n)	Procedure for resection	Neck dissection (Y/N, n)	Level, side and timing of neck dissection (n)	Pre or postoperative radiotherapy (n)	Type of flap (n)	Type of pedicle (n)	Flap failure and reason (n)	Complications (n)	Functional complications (n)	Re-operations (n)
Jowett et al. 2017. Germany ²⁷	6	60.3 (41 - 75)	3:3	Cancer (6)	SCC (5), Adenoid cystic carcinoma (1)	Pre/ post op staging: cT2cN2bM0/pT2pN0M0 (2), cT2cN2cM0/pT2pN2cM0 (1), cT2cN2bM0/pT3pN1M0 (1), cT2cN0M0/pT3pN0M0 (1), cT2cN1M0/pT2pN2bM0 (1)	Not stated	Y (6)	Ipsilateral II-IV (1), Concomitant bilateral I-IV, with preservation of facial vessels/ipsi vessels (4) (4) Prior ipsilateral I-III with sacrifice of facial art + vein/ contra (intact) vessels (1)	70 Gy 1 year prior n=1. Adjuvant not stated	Single pedicle n=6	Inferior (6)	0	Ipsilateral upper lip anaesthesia (3), Muscular dysfunction causing loss of lip height (5)	Nil	Nil
Massarelli et al. 2017. Italy ²⁸	14 (n=3 excluded for flap type)	63.2 (50 - 75)	10:4	Cancer (14)	SCC (14)	pT2N0M0 (5), pT1N0M0 (1), pT4N2bM0 (1), pT3N0M0 (5), pT3N2bM0 (2)	Ablation (14)	Y (14)	Bilateral (14)	Post (4)	tunnelised island n=14	Not stated	0	Venous congestion (1), Wound dehiscence (1), Unable to discriminate between sharp and blunt stimuli (3), No thermal sensitivity (2)	Nil	Nil

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Table 1 (continued)

Author, year and country	Number of patients/flaps (n)	Mean (range) age (years)	Gender ratio (M:F)	Reason for reconstruction (n)	Type of malignancy (n)	Staging (n)	Procedure for resection	Neck dissection (Y/N, n)	Level, side and timing of neck dissection (n)	Pre or postoperative radiotherapy (n)	Type of flap (n)	Flap failure and reason (n)	Complications (n)	Functional complications (n)	Re-operations (n)	
Ibrahim et al. 2018. Canada ²⁹	55	66.8	38:17	Cancer (51), Non-malignant tumour (4)	Not stated (51)	Total T in situ (3), T1 (20), T2 (14), T3 (3), T4 (10). Traditional Group T in situ (2), T1 (7), T2 (11), T3 (1), T4 (5) Modified Group T in situ (25), T1 (13), T2 (3), T3 (2), T4 (5)	Not stated	Not stated	N/A	Not stated	Inferior (55)	0	Haematoma (2), Partial necrosis (1)	Nil	Pedicle sectioning and scar revision/ vestibuloplasty (4), Pedicle sectioning only (4), scar revision/ vestibuloplasty (5)	
Moro et al. 2018. Italy ³⁰	5	67.8 (55 - 83)	3:2	Cancer (5)	SCC (5)	T2N2aM0 (1), T1N0M0 (2), T2N0M0 (1), T2N1M0 (1)	Wide tumour resection (1), Tumour resection (2), Surgical excision of lesion (1), Partial glossectomy (1)	Y (3), N (2)	I-III (3)	Post (3)	Arterialised Tunnelised FAMMIF	Inferior (5)	Total necrosis (1)	Trismus (1), Partial necrosis (2), Venous congestion (5), Transient weakness of mandibular branch of CNVII (1)	Speech problems with loss of intelligibility after 12 months (1)	Nil
Asairnachan et al. 2019. Australia ³¹	13	61	9:4	Cancer (13)	SCC (13)	T1 (5), T2 (7), T4 (1)	Transoral robotic surgery resection (13)	Y (5), N (8)	Previous ipsilateral (2), Previous bilateral (2), Concomitant unilateral (1)	Previous (8)	inferiorly pedicled n=13	Inferior (13)	0	Infection (1)	Severe dysarthria (1), Moderate dysarthria (2), Severe dysphagia/NG tube dependence (4)	Surgical haemostasis under general anaesthetic (1)

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Table 1 (continued)

Author, year and country	Number of patients/flaps (n)	Mean (range) age (years)	Gender ratio (M:F)	Reason for reconstruction (n)	Type of malignancy (n)	Staging (n)	Procedure for resection	Neck dissection (Y/N, n)	Level, side and timing of neck dissection (n)	Pre or postoperative radiotherapy (n)	Type of FAMM flap (n)	Type of pedicle (n)	Flap failure and reason (n)	Complications (n)	Functional complications (n)	Re-operations (n)
Benjamin et al. 2020. ³² USA	21	71.1 (46 - 90)	9:12	Cancer (21)	SSC (21)	All T1/T2. No mention of nodal or metastatic status	Partial glossectomy (21)	Y (21)	Selective I-III or I-IV (21)	Not stated	Not specified	Not stated	Fistula formation (1)	Haemorrhage (1), Infection (1)	Nil	Minor revision and inset (1), Abscess drainage (1), Fistula revision with pectoralis muscle flap (1)
Joseph et al. 2020. ¹³ India	20	51.5	Not stated	Cancer (20)	Not stated (20)	T1 (5), T2 (15), N0 (12), N1 (3), N2a (1), N2b (4)	WLE (20)	Y (20)	Selective I-IV (20)	Post (4)	Island flap n=20	Inferior (20)	0	Venous congestion (1), Haematoma (1), Infection (3)	Nil	Re-operation, not stated (1)
Mannino et al. 2020. ³³ USA	3 (n=3 excluded for location of flap)	55.7 (41 - 63)	0:3	Cancer (3)	clear cell carcinoma (1), SCC (1), Mucoepidermoid carcinoma (1)	Not stated (2), SCC (2), Radical T2N2b (1)	Partial maxillectomy (2), Radical tonsillectomy (1)	N (3)	N/A	Timing not specified (1)	Not specified	Inferior (3)	0	Trismus (1), Infection (3)	Nil	Z-plasty of scar at donor site (1)
Chakrabarti et al. 2021. ³⁴ India	1 (2 flaps)	65	1:0	Cancer (1)	SCC (1)	pT2N0 (1)	Per oral resection including ventral tongue, floor of mouth, anterior marginal mandible with part of genioglossus and mylohyoid muscles (1)	Y (1)	Bilateral selective I-IV (1)	Not stated	Tunnelised islanded FAMM flap n=2	Not stated	0	Nil	Nil	Nil
Cuéllar et al. 2021. ³⁵ Spain	22	62.4 (51 - 72)	15:7	Cancer (22)	SCC (22)	T2N0M0 (9), pT2N1M0 (7), T2N2aM0 (3), T2N2bM0 (3)	Not stated	Y (22)	Selective I-III or I-IV (22)	Post (13)	Pedicled n=22	Inferior (22)	Partial necrosis requiring surgical debridement (1)	Venous congestion (2), Haematoma (1), Wound dehiscence (2)	Nil	Surgical debridement (1)

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Table 1 (continued)

Author, year and country	Number of patients/flaps (n)	Mean (range) age (years)	Gender ratio (M:F)	Reason for reconstruction (n)	Type of malignancy (n)	Staging (n)	Procedure for resection	Neck dissection (Y/N, n)	Level, side and timing of neck dissection (n)	Pre or postoperative radiotherapy (n)	Type of FAMM flap (n)	Type of pedicle (n)	Flap failure and reason (n)	Complications (n)	Functional complications (n)	Re-operations (n)
Gontarz et al. 2021. Poland ¹⁶	5	69.8 (49 - 83)	2:3	Cancer (5)	SCC (5)	Clinical: T2N1M0 (2), T3N2cM0 (1), T3N0M0 (1), T3N1M0 (1). Pathological: Distal part of floor of mouth T3N0 (2), T3N1 (1), T3N2b (1), T3Nx (1)	Intraoral excision with adequate margins (5), Distal part of mouth excised (4)	Y (5)	Level I-IV ipsilateral and I-III contralateral (4), Previous (1)	Post (4)	double pedicled n=5	Double (5)	0	Restriction in protrusion of tongue and deviation towards operated side (5)	Nil	Nil
Myoken et al. 2021. Japan ³⁷	1	81	0:1	ONJ (1)	N/A	N/A	N/A	N/A	N/A	Not stated	Traditional FAMM flap	Superior (1)	0	Nil	Nil	Nil
Khismaturov et al. 2023. India ¹¹	8 (n=2 excluded due to location of flap)	(40 - 54)	7:1	Cancer (6), Trauma (1), latrogenic (1)	SCC (2), Plexiform ameloblastoma (1), Polymorphous adenocarcinoma (1), Pleomorphic adenocarcinoma (1), Ameloblastoma (1)	cT4aN0Mx (2)	WLE (6), Subtotal maxillectomy (2)	Y (4), N(2)	Not Stated	Not Stated	single pedicle n=8	Superior (6), Inferior (2)	0	Marginal mandibular nerve and hypoglossal nerve weakness (1)	Nil	Pedicle release (4)

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Table 1 (continued)

Author, year and country	Number of patients/flaps (n)	Mean (range) age (years)	Gender ratio (M:F)	Reason for reconstruction (n)	Type of malignancy (n)	Staging (n)	Procedure for resection	Neck dissection (Y/N, n)	Level, side and timing of neck dissection (n)	Pre or postoperative radiotherapy (n)	Type of flap (n)	Type of pedicle (n)	Flap failure and reason (n)	Complications (n)	Functional complications (n)	Re-operations (n)
Lakhera et al. 2023. ³⁸ India	15	46.5 (28 - 60)	10:5	Cancer (15)	SCC (15)	T1N0M0 (4), T2N0M0 (5), T1N1M0 (1), T2N1M0 (3), T2N2aM0 (2)	WLE (15)	Y (15)	I-IV (15)	Post (6)	Pedicle n=15	Inferior (15)	Total necrosis following venous congestion (1)	Partial flap necrosis (2), Fistula formation (3), Infection (2), Venous congestion beyond incisors, Haematoma (1)	Restricted tongue mobility (3); n=2 of these unable to protrude beyond incisors, Patient dissatisfaction with quality of speech (4); n=2 partially unintelligible speech; n=1, unintelligible speech; n=1 almost normal speech, Slight difficulty in opening mouth (5)	Re-operation, not stated (2)

Table 2 Size and Location of Defects.

Author, Year and Country	Location of Defect	Defect Size
<i>Zhao et al. 2003. China</i> ¹⁴	Body of tongue n=2 Left body of tongue n=1 Right side of tongue n=4 Left side of tongue n=8 Left side of tongue base n=1	4 × 4 mm n=5 4 × 3 mm n=1 Half of tongue n=9 Total body of tongue n=1
<i>Ayad et al. 2008. France</i> ¹⁵	FOM n=53 Gingiva n=2 Tongue n=2	Small to medium
<i>Dolderer et al. 2011. Australia</i> ¹⁶	Left side of soft palate n=1	2 cm
<i>O'Leary et al. 2011. Denmark</i> ¹⁷	Floor of mouth n=16 Palate n=4 Retromolar trigonum n=1 Palatoglossal arch n=1	Not stated
<i>Massarelli et al. 2012. Italy</i> ¹⁸	Hard palate n=3 Right tongue mobile n=6 Post-lat maxillary alveolar edge n=1 Anterior mandibular alveolar ridge + FOM n=3 Left tongue mobile n=2 Lateral mandibular alveolar ridge + FOM n=2 Anterolateral FOM + Ventral tongue n=1 Anterior mandibular alveolar ridge n=1 Post-lat mandibular alveolar ridge n=1 Anterior mandibular alveolar ridge + FOM + ventral tongue n=1 Left FOM n=1, Anterolateral FOM n=3, Right hard palate n=3, Anterior FOM n=2 Uvula + left soft hemipalate n=1 Right retromolar trigone n=3 Right FOM + Ventral tongue n=1 Lateral maxillary alveolar ridge + right hard palate n=1 Anterior FOM + Ventral tongue n=1 Left soft hemipalate + tuber maxillae + retromolar trigone n=1 Lateral mandibular alveolar ridge + anterolateral FOM n=1 Uvula n=1 Soft palate + right and left tonsillar fossae n=1 Left hard palate n=1 Left anterolateral mandibular alveolar ridge + FOM n=1 Left tongue mobile + FOM n=1 Left soft hemipalate + hard palate n=1 Hard palate + posterolateral maxillary alveolar ridge n=1 2/3 hard palate + soft palate n=1	4–7 cm n=62, individual sizes available on paper
<i>Khan et al. 2013. UK</i> ¹⁹	Lateral pharyngeal wall n=3 Tongue base n=2	Average flap size 3 × 5 cm
<i>Massarelli et al. 2013. Italy</i> ²⁰	Uvula n=1	3.5 × 1.5 cm n=1
<i>Shetty et al. 2013. India</i> ²¹	Anterior palatal fistula n=2	1.2 cm ² n=1 1.8 cm ² n=1
<i>Ferrari et al. 2015. Italy</i> ²²	Anterior hard palate n=4 Superior alveolar crest and hard palate n=1 Palate n=1	Not stated
<i>Bucknor et al. 2016. UK</i> ²³	Hard palate n=1	3 mm
<i>Ferrari et al. 2016. Italy</i> ²⁴	Tongue n=26 FOM n=18 FOM and tongue n=6	Not stated
<i>Lee et al. 2016. USA</i> ²⁵	Palate n=4	2.5 cm ² n=2 2 cm ² n=1 3.75 cm ² n=1
<i>Jeong et al. 2017. South Korea</i> ²⁶	Right posterior palate n=1	2 × 2.5 × 1 cm n=1
<i>Jowett et al. 2017. Germany</i> ²⁷	Left anterior tongue with FOM extension n=1 Middle anterior FOM with ventral tongue extension n=1 Right anterior FOM with ventral tongue extension n=1 Right lateral oral tongue with lateral FOM n=1 Left submandibular gland with extra-glandular extension + positive margins previous surgery n=1 Right oropharynx extending to retromolar trigone, exposed inner mandibular angle post-TORS defect n=1	6.9 × 3.8 cm n=1 3.5 × 2.4 cm n=1 5.5 × 2.2 cm n=1 5.8 × 5.2 cm n=1 6.9 × 3.0 cm n=1 3.0 × 2.0 cm n=1

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Table 2 (continued)

Author, Year and Country	Location of Defect	Defect Size
<i>Massarelli et al. 2017. Italy</i> ²⁸	Uvula + left soft hemipalate n=1	4 × 3 cm n=1
	Left soft hemipalate + maxillary tuberosity + retromolar trigone + left pharynx n=1	7 × 5 cm n=3 6 × 3 cm n=1
	Uvula n=1	5 × 3 cm n=1
	Right soft hemipalate + retromolar trigone n=2	6 × 4 cm n=1
	Total soft palate n=2	7 × 6 cm n=1
	Left soft hemipalate + hard palate n=1	6 × 5 cm n=6
	Right 2/3 hard palate + soft palate n=1	
	Right soft hemipalate n=2	
	Right soft hemipalate + hard palate n=1	
	Left soft hemipalate n=2	
<i>Ibrahim et al. 2018. Canada</i> ²⁹	Oral cavity and oropharynx, not specified n=55	Not stated
	<i>Moro et al. 2018. Italy</i> ³⁰	Left tongue n=3 Right tongue n=2
<i>Asairinachan et al. 2019. Australia</i> ³¹	Base of tongue n=6	Large n=13
	Tonsil n=6	
<i>Benjamin et al. 2020. USA</i> ³²	Posterior pharyngeal wall n=1	Small to Medium
	Lateral/anterolateral tongue n=21	Mean 6 × 4 cm
<i>Joseph et al. 2020. India</i> ¹³	Oral/ Tongue defects (not stated in paper)	2.0 × 1 cm n=1
	Tonsil n=1	2.0 × 1.5 cm n=1
<i>Mannino et al. 2020. USA</i> ³³	Not stated in n=2 (oronasal fistula)	1.8 × 1.5 cm n=1
		3 × 2 n=1
<i>Chakrabarti et al. 2021. India</i> ³⁴	Floor of mouth encroaching on ventral Tongue n=1	2 × 2 cm in n=1
		Medium sized defects
<i>Cuéllar et al. 2021. Spain</i> ³⁵	FOM and tongue n=22	Range 3.7 × 2.1 cm to 6.3 × 4.2 cm
		Moderate - type 2 according to Mannelli et al. classification ³¹
<i>Gontarz et al. 2021. Poland</i> ³⁶	Tongue n=5	Not stated
	Maxillary defect n=1	Size ranged from 1 × 0.8 cm to 5.8 × 3.7 cm
<i>Myoken et al. 2021. Japan</i> ³⁷	Lateral tongue and FOM n=1	
	Maxilla n=2	
<i>Khismatrao et al. 2023. India</i> ¹¹	Lateral tongue n=1	
	Palate n=4	
<i>Lakhera et al. 2023. India</i> ³⁸	Tongue n=9	Small to medium. Maximum width < 3 cm
	FOM n=6	

Twenty-three functional complications were reported in 4 studies involving 94 patients. Most functional complications describe dissatisfaction with the quality of speech/swallowing; however, no standardised tools were consistently used for assessment across the studies.

Overall, 9.7% (n=35) of patients from 26 studies required further surgical procedures. Details of re-operations could not be extracted from one study.²⁵ Pedicle sectioning (n=8, 2.2%) was the most described, followed by scar revision/ vestibuloplasty (n=5, 1.4%), and pedicle sectioning and scar revision/ vestibuloplasty (n=4, 1.1%). The revision procedure type was not described in 9 patients.

Operating times

Further surgery was not consistently reported across studies and follow-up time varied. Operating time was reported in 3 studies and was found to be variable in individual reporting.^{20,35,39} Massarelli et al. (2017) reported individual flap harvesting time, which ranged from 40 to 75 min with a mean time of 48.9 min³⁵ Benjamin et al. (2020) described a decrease in procedural time with experience in flap use from 181 min to 59 min by the end of the study.³⁹ Joseph et al. (2020) described a 56.5-minute average, compared to the 150.5-minute average for the fasciocutaneous free flap.²⁰

Quality assessment and publication bias

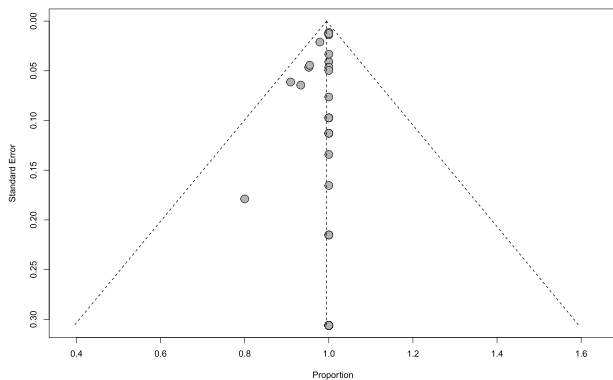
Among the studies included in this review, 1 was of fair quality, 7 were of good quality and 18 were of poor quality according to the AHRQ rating (Table 3).⁴⁷ All studies (n = 26) had evidence of comparability bias, with (n=0) having selection bias and (n = 8) studies having evidence of outcome bias (Insert table number). Funnel plot analysis was conducted on the pooled survival and complication rates. Egger's regression test was used to assess potential publication bias in the included studies. For flap survival, the test yielded an intercept of -0.245 (95% CI: -0.49 - 0, p = 0.0616), suggesting unlikely publication bias (p > 0.05; Figure 2). For complication rates, the test yielded an intercept of 2.333 (95% CI: 0.49 - 4.18), p = 0.0204 (Figure 3), indicating publication bias. This bias could lead to an overestimation of the effect size for complications owing to the selective reporting of studies with more favourable results.

Meta-analysis

The random-effects model was used, given the heterogeneity and inability to assume equal effects of each study. Overall, the pooled success rate for using FAMM flaps in oral cavity and tongue reconstruction was 99.47% (95% CI, 98.26

Table 3 Newcastle-Ottawa scores and Agency for Healthcare Research and Quality (AHRQ) rating of included studies.

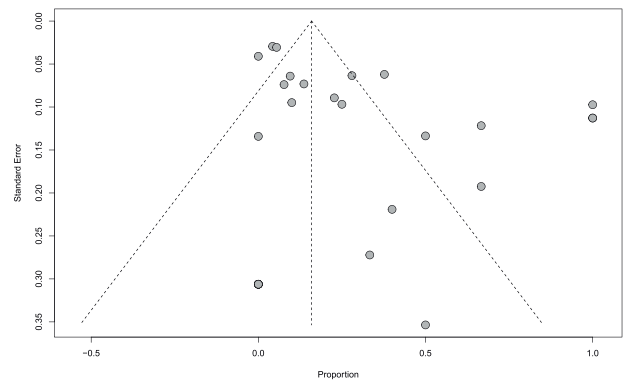
Author, Year and Country	Selection Score	Comparability Score	Outcome Score	AHRQ Rating
Zhao et al. 2003. China ¹⁴	2	0	0	Poor
Ayad et al. 2008. France ¹⁵	3	0	1	Poor
Dolderer et al. 2011. Australia ¹⁶	2	0	2	Poor
O'Leary et al. 2011. Denmark ¹⁷	3	0	1	Poor
Massarelli et al. 2012. Italy ¹⁸	4	1	2	Good
Khan et al. 2013. UK ¹⁹	3	0	1	Poor
Massarelli et al. 2013. Italy ²⁰	2	0	2	Poor
Shetty et al. 2013. India ²¹	3	1	2	Good
Ferrari et al. 2015. Italy ²²	2	0	2	Poor
Bucknor et al. 2016. UK ²³	2	0	2	Poor
Ferrari et al. 2016. Italy ²⁴	3	1	2	Good
Lee et al. 2016. USA ²⁵	2	0	2	Poor
Jeong et al. 2017. South Korea ²⁶	2	0	2	Poor
Jowett et al. 2017. Germany ²⁷	2	1	2	Fair
Massarelli et al. 2017. Italy ²⁸	3	1	2	Good
Ibrahim et al. 2018. Canada ²⁹	3	1	2	Good
Moro et al. 2018. Italy ³⁰	2	0	0	Poor
Asairinachan et al. 2019. Australia ³¹	3	0	2	Poor
Benjamin et al. 2020. USA ³²	3	0	0	Poor
Joseph et al. 2020. India ¹³	4	1	2	Good
Mannino et al. 2020. USA ³³	3	0	2	Poor
Chakrabarti et al. 2021. India ³⁴	2	0	2	Poor
Cuellar et al. 2021. Spain ³⁵	3	1	1	Poor
Gontarz et al. 2021. Poland ³⁶	3	1	0	Poor
Myoken et al. 2021. Japan ³⁷	2	0	2	Poor
Khismatrao et al. 2023. India ¹¹	3	1	2	Good
Lakhera et al. 2023. India ³⁸	3	1	2	Good

**Figure 2** Funnel plot of success rates in oral cavity and tongue reconstruction using FAMM flaps.

to 100.00, $P = 1.00$; $I^2 = 0\%$; **Figure 4**). The total complication rate for the use of FAMM flaps in oral cavity and tongue reconstruction was 30.18% (95% CI, 16.97 to 43.38, $P < 0.01$; $I^2 = 91\%$; **Figure 5**).

Discussion

Our analysis revealed promising efficacy of the FAMM flap in the reconstruction of the oral cavity and tongue. Total success rates were high (98.28%) and total non-functional complications were relatively low (26.0%), highlighting the robustness of this surgical technique in the reconstruction of the oral cavity and tongue. The FAMM flap has demonstrated similar survival rates compared to the most used flaps for oral cavity and tongue reconstruction, such as ALT (96.4%⁴⁸ - 98.6%⁴⁹), pectoralis major flap (94%⁵⁰ - 98.6%⁵¹) and RFFF (96.0%⁴⁸ - 97.4%⁵²).

**Figure 3** Funnel plot of complication rates in oral cavity and tongue reconstruction using FAMM flaps.

Advantages of the FAMM flap

There are several advantages to using the FAMM flaps in oral cavity and tongue reconstruction. Primarily, these flaps are mucosal, allowing for tissue to be replaced like-for-like without hair. Additionally, the flaps are thin with a large axis of rotation, making the flap valuable for reconstructing defects across the entire oral cavity and tongue. The flap can also be based superiorly or inferiorly, giving the flap additional function in reconstructing the maxillary and mandibular regions. The FAMM flap has been modified in previous studies to increase its length and width and to reduce the need for pedicle sectioning in dentate patients. High survival and low complication rates also make the flap a more reliable choice. The flap is also easily harvested and less time-consuming when compared to free flap reconstructions which are becoming increasingly common. However, a case report described a free microvascular FAMM

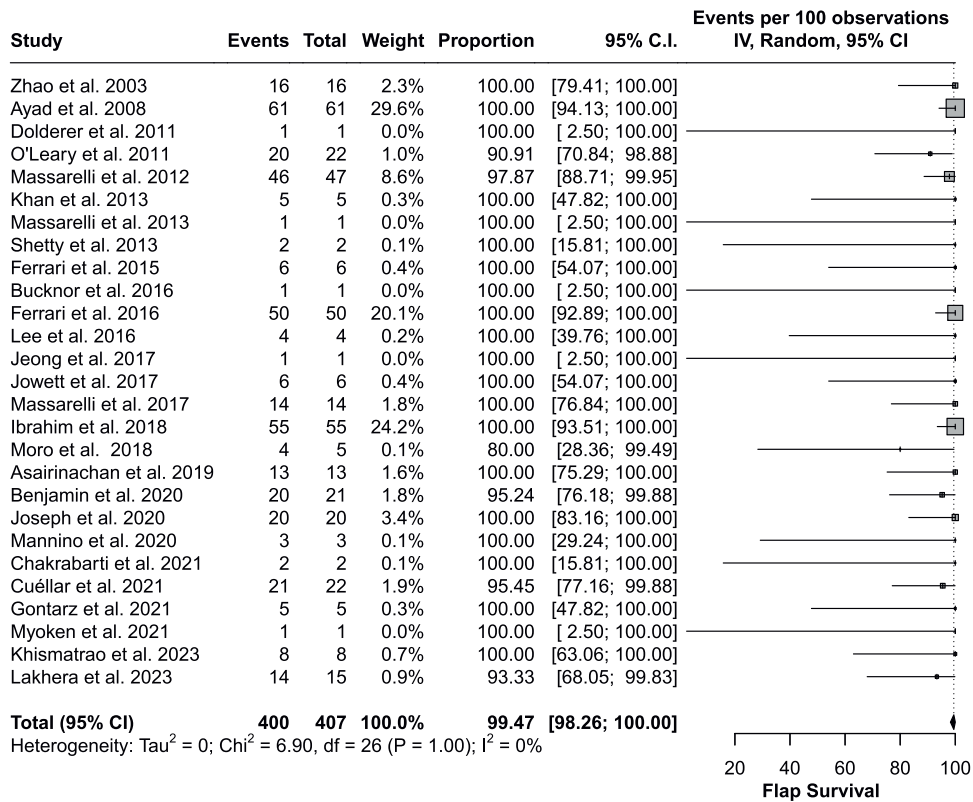


Figure 4 Forest plot of pooled meta-analysis of success rates in oral cavity and tongue reconstruction using FAMM flaps.

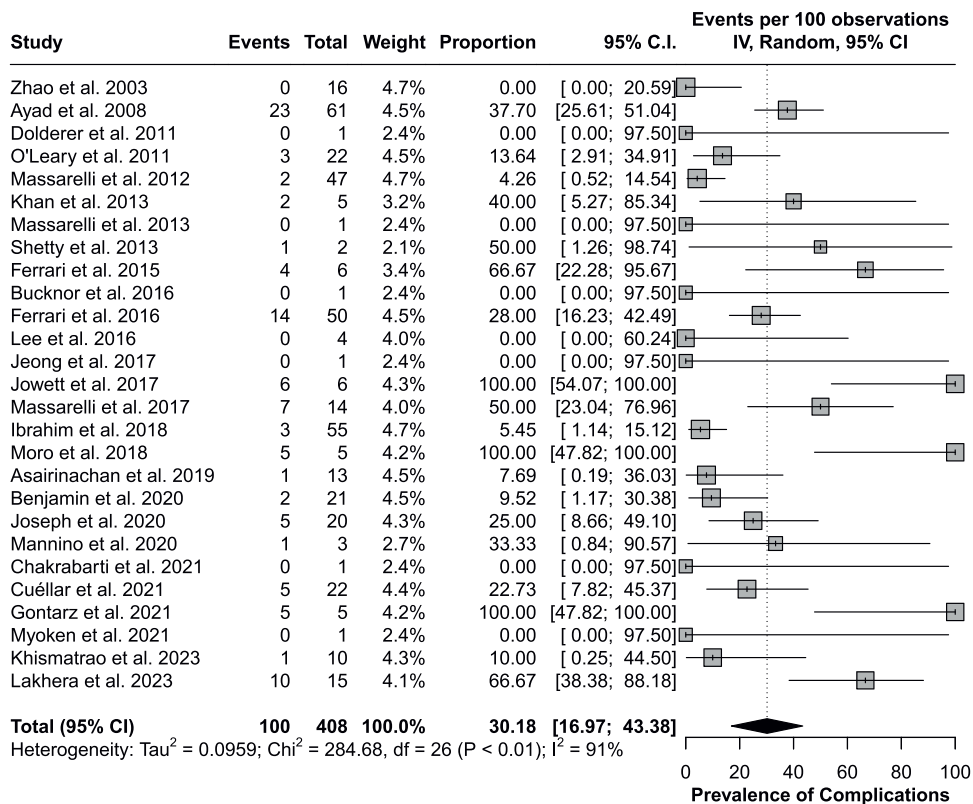


Figure 5 Forest plot of pooled meta-analysis of complication rates in oral cavity and tongue reconstruction using FAMM flaps.

flap used to reconstruct the cheek mucosa, which may improve aesthetic outcomes.⁵³

Despite the FAMM flap demonstrating pooled complication rates of 30.8% in cases within this review, this rate is comparable to that of alternative flaps such as the RFFF, ALT, and pectoralis major flaps used for tongue and oral cavity reconstruction. The pectoralis major flaps have reported total complication rates between 21.4%⁵¹ and 51.7%,⁵⁴ RFFF complications varying between 18.1%⁵² and 24.0%⁴⁸ and ALT complications ranging from 13.0%⁵⁵ to 44.7%⁴⁸ in the literature.

Disadvantages of the FAMM flap

Historically, FAMM flaps were limited by their width and need for a two-stage procedure involving pedicle sectioning in dentate patients. With increased use, the development of techniques to reroute Stensen's duct allowed for increased width,²⁴ and to create a one-stage procedure, the FAMM flap was tunnelised.²⁷

Operating time

The reporting of operating time varied across the studies given the varying definitions, reasons for procedures, additional flaps used in conjunction and experience of the operating surgeon. In one study, the mean flap harvesting time was 49 min, and the procedure length was 56 min in one study and 59 min in another study after increased experience with the procedure. Flap raising and inset times in the literature were reported to be between 20 and 60 min for the islanded variation of the FAMM flap.^{56,57} It was demonstrated that harvesting the pectoralis major myocutaneous flap required 60 to 110 min⁵⁸ with a mean operative time of 76 min⁵⁹. A comparative study between FAMM flaps and RFFF demonstrated shorter operating times for FAMM flaps (7.2 h and 8.9 h, respectively).⁶⁰ The operating time likely included the time required for neck dissection and ablation as well. However, flap harvesting time is likely to be longer than that for the FAMM flap owing to the free microvascular nature of the flaps.

Limitations

Since its original use, the nomenclature of FAMM flaps has varied owing to its numerous modifications and similarities with other local flaps, resulting in confusion in the communication of surgical techniques. Literature reviews have been undertaken to standardise the language used⁶¹; however, a disparity still exists.

Studies included in the analysis varied in the reporting of patient characteristics and outcomes with varying follow-up times. Therefore, complete data are not available and actual outcomes may not be consistent with those reported in the literature. The reporting was particularly inconsistent regarding patient tumour staging, defect size, functional complications, actual complications, location of flap and flap size. Hence, it is not possible to draw conclusions based on specific defect sizes/types.

Few studies have compared the FAMM flap to other flaps that are commonly used to reconstruct the tongue and oral

cavity.^{20,60} Therefore, studies comparing these flaps to the FAMM flap in a controlled setting with consistent reporting of characteristics and outcomes will provide valuable information on the efficacy of FAMM flap.

The results of the pooled complication rates should be interpreted with caution due to the high level of heterogeneity observed ($I^2 = 91%$, $p < 0.01$). The high heterogeneity suggests considerable variability across the included studies, which may be due to differences in study design, population characteristics, outcome measures or other methodological factors. Although random-effects models were used to account for this variability, the observed heterogeneity may limit the generalisability of the pooled estimates.

Two studies had small sample sizes ($n=6$ and $n=5$) and experienced greater numbers of complications than the study size ($n=8$ and $n=9$).^{34,37} Continuity corrections were applied for the feasibility of meta-analysis within this study where the study complications were considered to estimate the sample size, which suggests smaller pooled complication rates from its true estimate.

Conclusion

The FAMM flap appears to be safe and versatile for the reconstruction of the oral cavity and tongue. It boasts numerous advantages such as 'replacing like-for-like' and reduced operating times compared to the commonly used microvascular free flaps, with comparable survival and complication rates. With its modifications for a larger defect cover and multiple pedicles to anchor from, the FAMM flap can be considered as an effective alternative to the conventionally used flaps in oral cavity and tongue reconstruction.

Ethical approval

Not required.

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Conflict of interest statement

The authors have no conflicts of interest or disclosures related to this article.

Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at [doi:10.1016/j.bjps.2024.12.009](https://doi.org/10.1016/j.bjps.2024.12.009).

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