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You can't be it if you can't see it.
The success story of the PACE project



Presentation structure

- Overview of the project
- Aims and objectives
- Project Delivery
- Outputs and results
- Looking at the future



PACE Project

The Promoting Academic and
Community Excellence Project.

Community Gateway initiative
Focusing on Grangetown.



Grangetown

- Nearly 20,000 people live in Grangetown.
- Is a vibrant and multicultural community, with a significant population of Somali, Asian and mixed-race residents.
- Is one of the largest and most diverse districts in the south of Cardiff.
- Is included in the top 10% most deprived areas of Wales.

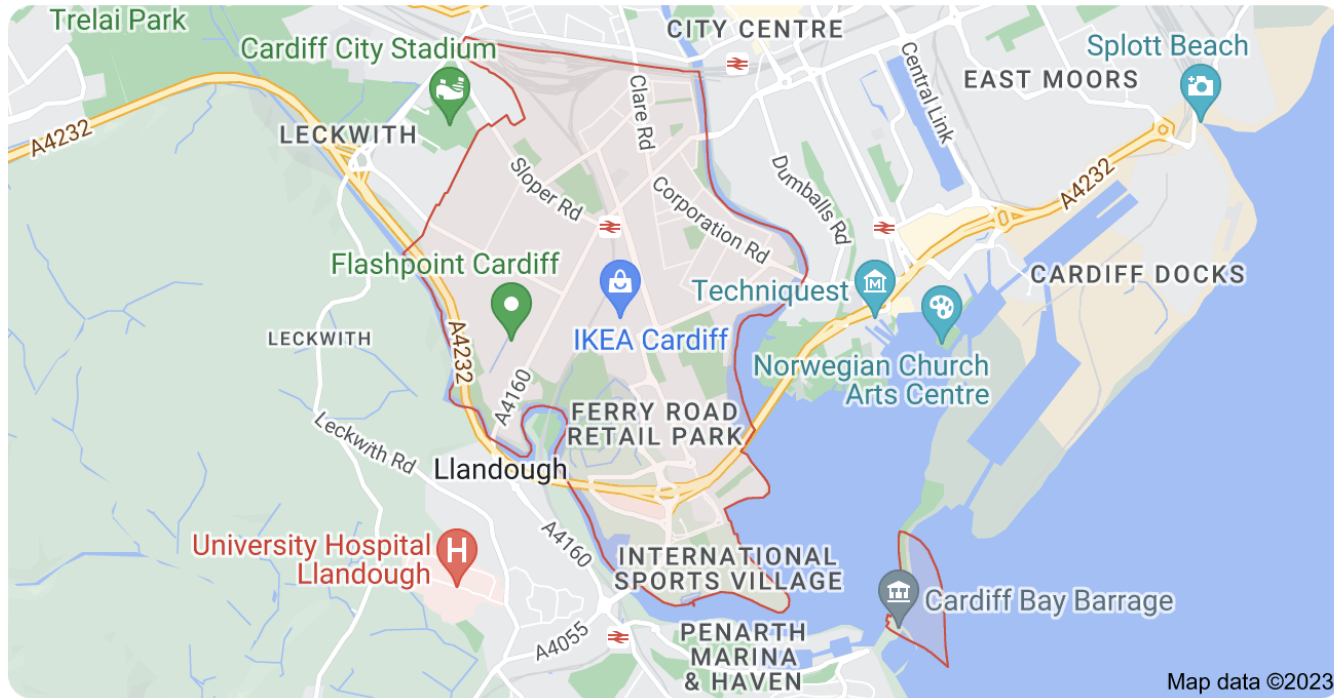


Image from google maps

PACE Project Overview

Intervene during pre-GCSE & GCSE years to support and stimulate academic development and encourage aspirations



PACE Project Aims

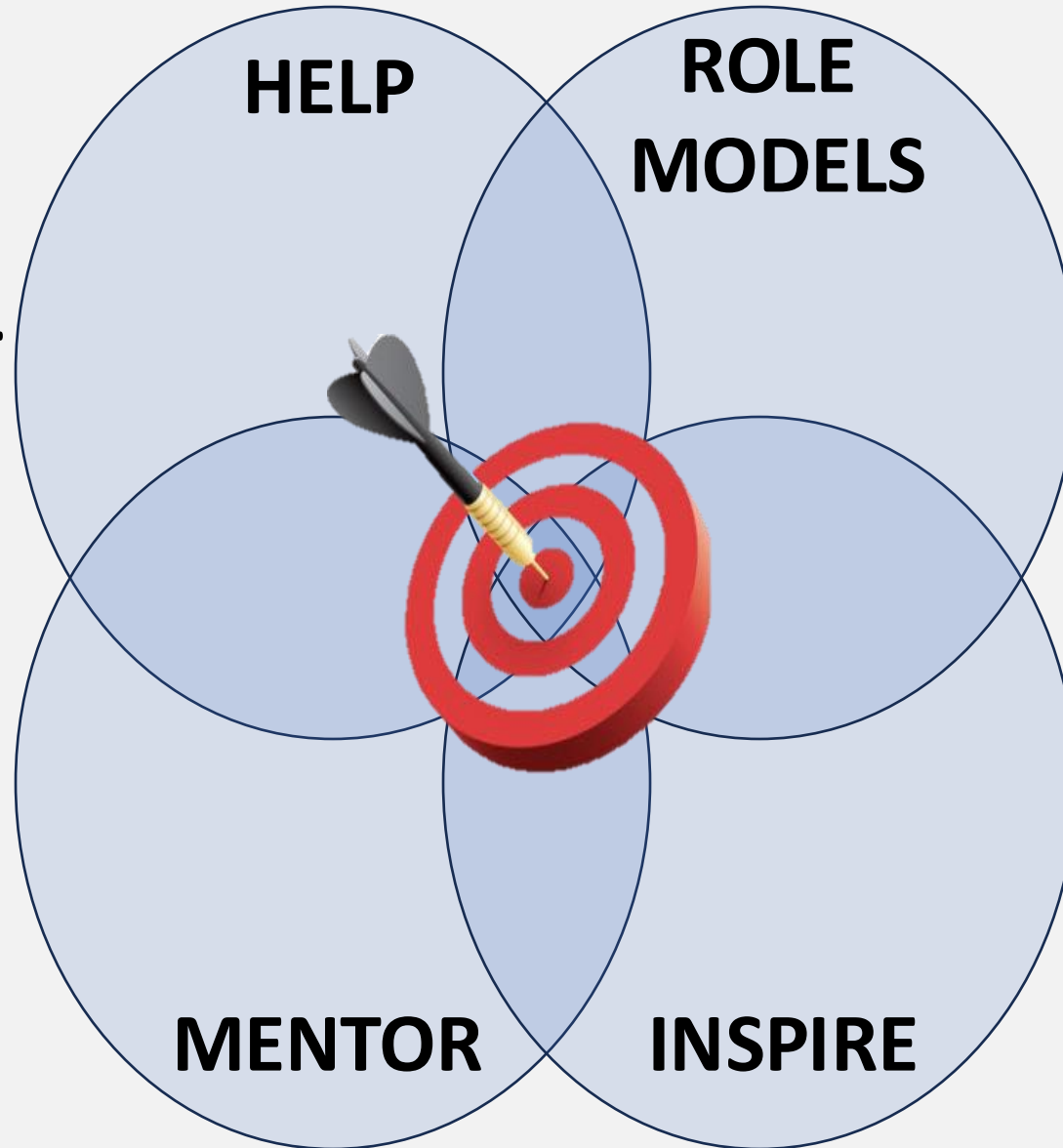


1. Medical students acting as tutors – relatable role models to raise aspirations
2. Supplement the teaching in schools
3. Mentor pupils
4. Inspire pupils to see University as a possibility
5. Help pupils gain entry to University

Aims

Work with schools.
Tutor pupils.
Light the path ahead.

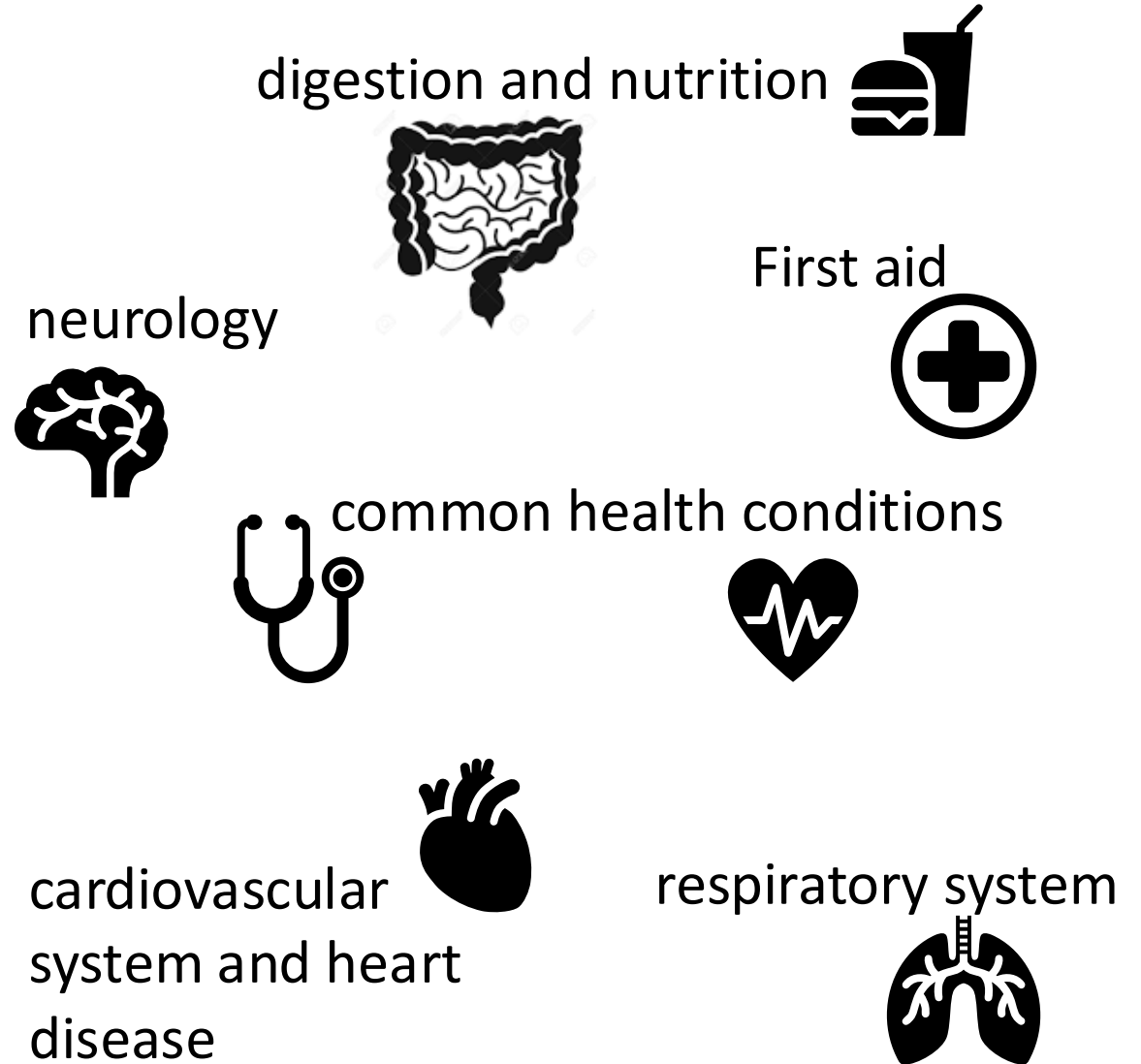
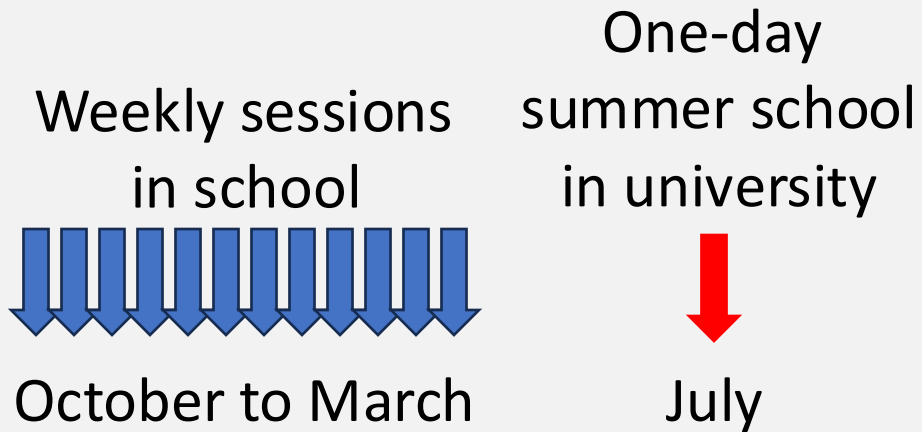
Advise with support.
Make University less
daunting.

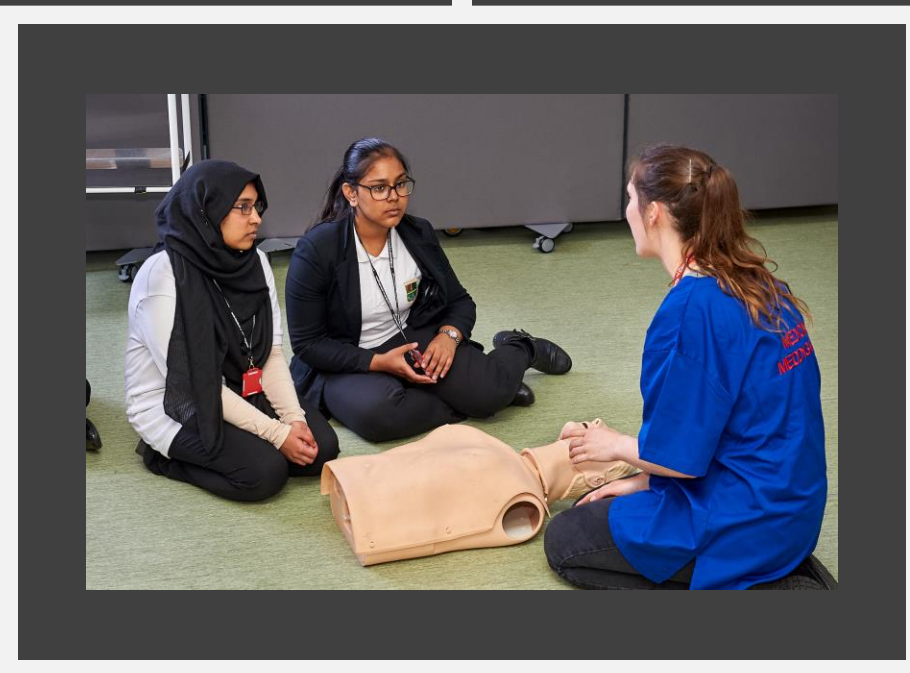


Relatable.
Raise aspirations.
Show what can
be achieved.

Weekly sessions
contextualize the
schools' science
teaching.
Clinical content
supplements
learning.

PACE Project Delivery 2021/22 & 22/23



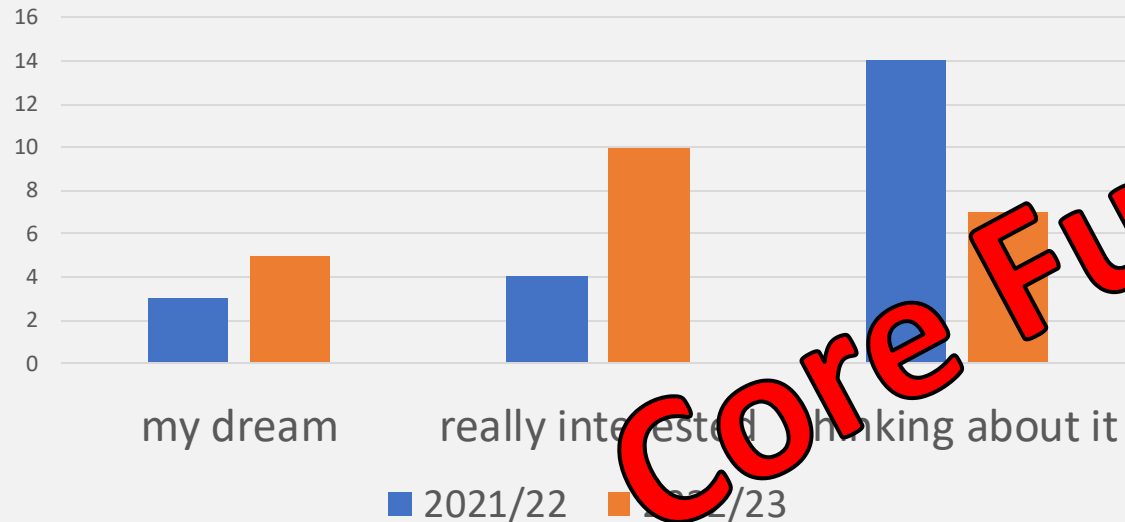


Representative Images

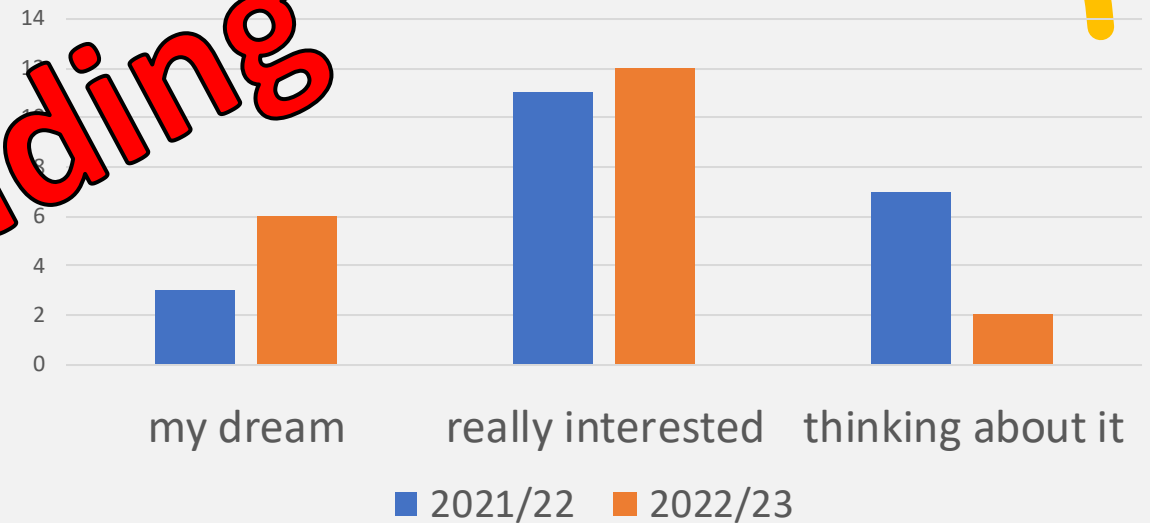
Outputs and results



My interest level to study medicine at Cardiff University is (Before PACE)



My interest level to study medicine at Cardiff University is (After PACE)



'I have enjoyed this trip and it opened a huge gate for me, a new world to explore the medicine world and this makes me excited to see more of this.'



Teamworking

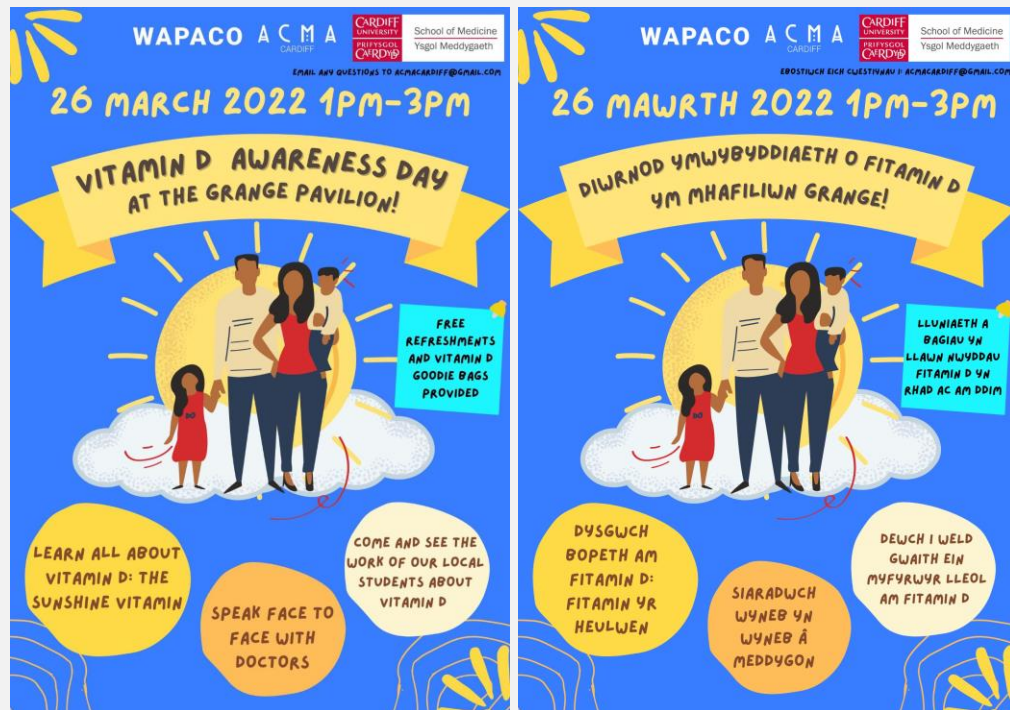
- Medical students work in teams to develop and deliver the sessions
- Embeds learned content
- Promoted communication skills, and wellbeing seeing pupils discuss career options to make informed decisions

Where is PACE going in the future?



1. Expanding the project to include other secondary schools in Cardiff.
2. Working with Cardiff Commitment to include primary schools
3. Recruit other healthcare student role models to help inspire pupils
4. Develop health literacy events covering topics suggested by the community

Health literacy events



A successful community engagement event ‘Vitamin D day’ was held in Grangetown pavilion.

Plans to develop further health literacy events covering topics suggested by the community:

- Diabetes
- Cancer
- Obesity
- Hypertension
- Mental Health
- Heart Disease
- Smoking

Conclusions

- Established in 2018, PACE project has proven to inspire pupils from a socioeconomic deprived area to consider University, and medicine, as an option.
- Pupils have enjoyed “learning with friends” and “meeting the university students and learning about the world of medicine”.
- Medical students find it equally rewarding, enhancing their teaching and communication skills.

