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Prevalence of Hidradenitis Suppurativa: A Meta-Analysis of Global Hidradenitis Suppurativa Atlas Studies

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103 **Running head:** Prevalence of HS: Results from the first GHISA study

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179 **Key points**
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181 **Question:** What is the global prevalence of Hidradenitis Suppurativa, and how does it vary by age,
182 sex, geographical location, BMI, smoking status, GDP, and HDI?

183 **Findings:** The sample included 22,743 participants, identifying 247 HS patients. The prevalence
184 estimates showed considerable variations. The overall global prevalence of HS was 0.99% (95% CI
185 0.67 to 1.46%). Female sex was the only factor observed to be associated with HS prevalence.

186 **Meaning:** This study found significant global variation in HS prevalence, estimating it at ~1%.
187 Further studies are needed to investigate the underlying causes of the substantial global variations in
188 the HS prevalence.
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210 ABSTRACT

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212 **Objective** To estimate the global prevalence of Hidradenitis Suppurativa and study the differences
213 in prevalence by age, sex, geographical location, Body Mass Index (BMI kg/m²), smoking status,
214 Gross Domestic Product (GDP), and Human Development Index (HDI).

215 **Design:** A proportional meta-analysis based on a series of prospectively planned, descriptive cross-
216 sectional studies conducted as part of the Global Hidradenitis Suppurativa Atlas (GHiSA) Global
217 Prevalence Study.

218 **Setting:** Multicenter study conducted across outpatient settings, excluding dermatology, in 23
219 countries spanning six continents.

220 **Participants:** A total of 22,743 healthy adults were recruited. Participants were screened using an
221 HS-specific questionnaire, and those screening positive underwent examination by an HS-trained
222 physician to confirm diagnosis. Approximately ten percent of the screen-negatives were also
223 randomly selected for an examination to rule out disease. All studies conducted in accordance with
224 the GHiSA method that had finalized the data collection prior to 05.19.2023 were included in the
225 present proportional meta-analysis.

226 **Main outcome and Measures:** Pooled global prevalence of HS estimated using a random-effects
227 model. Prevalence was analyzed in relation to contextual factors with a meta-regression.

228 **Results:** The sample included 22,743 participants, identifying 247 HS patients. While the
229 prevalence estimates showed considerable inconsistency ($I^2 > 75\%$, $\tau^2 = 0.747$), the overall random-
230 effects global prevalence of HS was 0.99% (95% CI 0.67 to 1.46%). Female sex was the only factor
231 observed to be associated with the prevalence estimates (% female, $\beta = 1.02$ [95% CI: 1.01 to 1.03]).

232 **Conclusions and Relevance:** An estimated global prevalence between 0.7 and 1.5% surpasses
233 previous global estimates. Substantial global variations in HS prevalence were observed. Female

234 sex was the only factor related to prevalence in our sample. Future studies assessing genetic,
235 environmental, and etiological factors are warranted to explain the heterogeneity in prevalence.

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280 **Introduction**

281 Hidradenitis Suppurativa (HS) is an inflammatory skin disease with a strong negative impact on
282 patients’ lives and largely no global epidemiological data. ^{1,2} HS is associated with increased
283 mortality, singular psychosocial burden, and clinically important comorbidities ³⁻⁹. While Jfri and
284 colleagues ¹ previously estimated HS prevalence, uncertainties remain due to study differences and
285 limited global data. The Global Hidradenitis Suppurativa Atlas (GHiSA) has systematically
286 gathered comparable HS prevalence data through the *Global Prevalence Study* (GPS). Our
287 objective was to estimate the global HS prevalence across diverse populations and to analyze
288 prevalence variations by age, sex, geographical location, Body Mass Index (BMI kg/m²), smoking
289 status, Gross Domestic Product (GDP), and Human Development Index (HDI).

291 **Methods**

292 This study is a proportional meta-analysis derived from GHiSA GPS, a series of cross-sectional
293 studies based on the GHiSA methodology. ¹⁰ Briefly explained, healthy adults accompanying a
294 patient receiving care at an outpatient setting, excluding dermatology, were invited to complete a
295 screening questionnaire. ^{10,11} Participants who screened positive were examined by an HS-trained
296 physician to verify the disease. Approximately ten percent of the screen negative participants were
297 randomly selected to be examined to assess the diagnostic accuracy. Only studies following the
298 GHiSA methodology that had finalized the data collection prior to 05.19.2023 were included. A
299 separate ethical approval was not needed for this pooled analysis.

300 Various data were extracted from the relevant studies and included information on
301 geographical location, risk factors (age, sex, median BMI, BMI >30, and smoking status),
302 prevalence estimates (including 95% confidence intervals), and data on HDI ¹² and GDP. ¹³

303

304 An initial descriptive analysis was conducted. A random-effects model was applied to pool the
305 prevalence estimates with 95% confidence intervals, due to the assumption that there was no
306 true effect size. Heterogeneity between studies was assessed using both the I^2 statistic and τ^2 .
307 Additionally, 95% prediction intervals (PIs) were calculated. ¹⁴ By default, Wald-type CIs, based on
308 a standard normal distribution, were calculated. The proportions were log-transformed using the
309 logit method ¹⁵. Finally, a meta-regression was applied to explore the association of various factors
310 and any heterogeneity between the included countries. The statistical analyses were performed
311 using the R software (version 4.2.2) with the package *metafor* ¹⁶.

312

313

314 **Results**

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316 Out of the initial 74 countries invited to participate, a total of 51 countries were excluded due to
317 lack of response (n=13), failure to initiate (n=12), obtain ethical approval (n=10), or finalize the
318 study (n=14). Additionally, two countries were excluded for non-adherence to the study protocol.
319 Finally, data from a total of 23 countries (n=25 studies), ¹⁷⁻⁴¹ spanning six continents, were included
320 in this pooled analysis.

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322 Study characteristics

323 This pooled analysis evaluated data from a cohort of 22,743 participants, of which 247 HS patients
324 were identified. A summary of the study characteristics is presented in **Table 1**.

325

326 Prevalence

327 As illustrated in **Figure 1**, the overall random-effect pooled global prevalence of HS was 0.99%
328 (95% CI 0.67 to 1.46; 25 studies). As anticipated, prevalence estimates showed considerable
329 heterogeneity; $I^2 > 75\%$, $\tau^2 = 0.747$ and 95% PI ranging from 0.18 – 5.39. The prevalence estimates

330 ranged from 0.13% observed in the sample from Bangladesh ¹⁹ to 4.07% in the population from
331 Saudi Arabia. ³⁶ High prevalence estimates (pragmatically defined as those higher than 0.99%) were
332 seen in eight countries (Figure 1).

333 **Supplementary Table 1** offers a subgroup analysis by continent and region. No statistically
334 significant difference in continent, region and prevalence were identified. Finally, a statistically
335 significant association between sex (% female) and prevalence was identified ($\beta = 1.02$, 1.01 to
336 1.03). No other significant associations between demographic/risk factors were found. The result of
337 the full meta-regression can be found in **Supplementary Table 2**.

338 of HS increases by a factor 1.02 (i.e., 2%). See Table 3 for more information.

339
340 **Discussion**

341 Prospectively designed pooled prevalence studies have proven effective in minimizing the impact of
342 measurement errors and biases. ⁴² The present analysis, carefully planned in advance and conducted
343 through the GHISA GPS initiative, presents the first and largest attempt to report of the global
344 prevalence of HS. The findings reveal a global prevalence of 0.99% (95% 0.67, 1.46). The
345 prevalence surpasses previous estimates (0.4%, 95% CI, 0.26, 0.63) reported by Jfri and colleagues
346 ¹, derived from a meta-analysis including studies from Western Europe, Scandinavia, The US, and
347 Australia. The variance in these estimates was attributed to clinical and statistical heterogeneity
348 across studies. Similarly, our analysis identified considerable heterogeneity within our sample;
349 however, due to the consistent and distinct methodological approach employed through the GHISA
350 GPS, this variance doesn't necessarily imply inconsistency, but rather that the proportions or
351 populations are different.

352 The subgroup analysis by continent and region found no statistically significant overall difference
353 in prevalence. The subgroup analysis by continent and region found no statistically significant
354 overall difference in prevalence. Most regions were only represented by one study, leading to

355 wide confidence intervals. Observed variations in prevalence across regions and continents has
356 been found in other skin diseases such as eczema ⁴³ and psoriasis. ⁴⁴ These variations may be
357 indicative of unidentified environmental and socioeconomic factors possibly influencing the
358 prevalence patterns.

359 The meta-regression identified that only one variable, sex (% female) affected the prevalence. This
360 aligns with current literature. ^{45,46} In contrast to prevailing literature, our study did not establish
361 associations between BMI, BMI > 30, smoking and HS prevalence. ⁴⁶⁻⁴⁸ Disease severity was not
362 assessed in this analysis and given that HS patients were identified among healthy adults, it is
363 plausible that the majority exhibited mild disease. Additionally, our study focused solely on
364 cigarette smoking and did not encompass other globally used tobacco alternatives. ⁴⁹ Investigations
365 into the association of BMI, tobacco alternatives, and disease severity are warranted.

366 Finally, no associations emerged between HS prevalence and HDI and GDP, potentially due to
367 various factors, including the limitations of using these metrics alone, especially in regions with
368 significant disparities in income distributions.

369 Limitations

370 The limitations of this study include the inherent constraints of large multi-center/country studies,
371 including differences in language, culture, and healthcare systems, all potentially affecting the
372 pooled prevalence estimate and its interpretation. Furthermore, selection bias needs to be
373 considered, as a stratified sampling was not conducted. Additionally, countries were recruited via
374 International League of Dermatological Societies member societies; only those that responded and
375 had resources to participate were included, introducing potential non-response bias. As only 23
376 countries were included, a substantial amount of global data is therefore still missing. Moreover,
377 ecological fallacy is possible for the meta-regressions exploring individual patient characteristics
378 based on aggregated data. The strengths of this study include the rigorous and similar approach

379 employed to estimate the global prevalence of HS within the included studies. This study also
380 successfully included numerous previously overlooked countries, and this review therefore provides
381 the most robust and up-to-date global HS prevalence estimates available.

382 **Conclusion**

383 In conclusion, we estimated the global prevalence of HS to 0.99% (95% CI 0.67 1.46%). Proportion
384 of female sex was the only factor that was associated with the prevalence. Substantial global
385 variations in HS prevalence were observed. Further studies are needed to investigate the underlying
386 causes of the substantial global variations in the HS prevalence.

387

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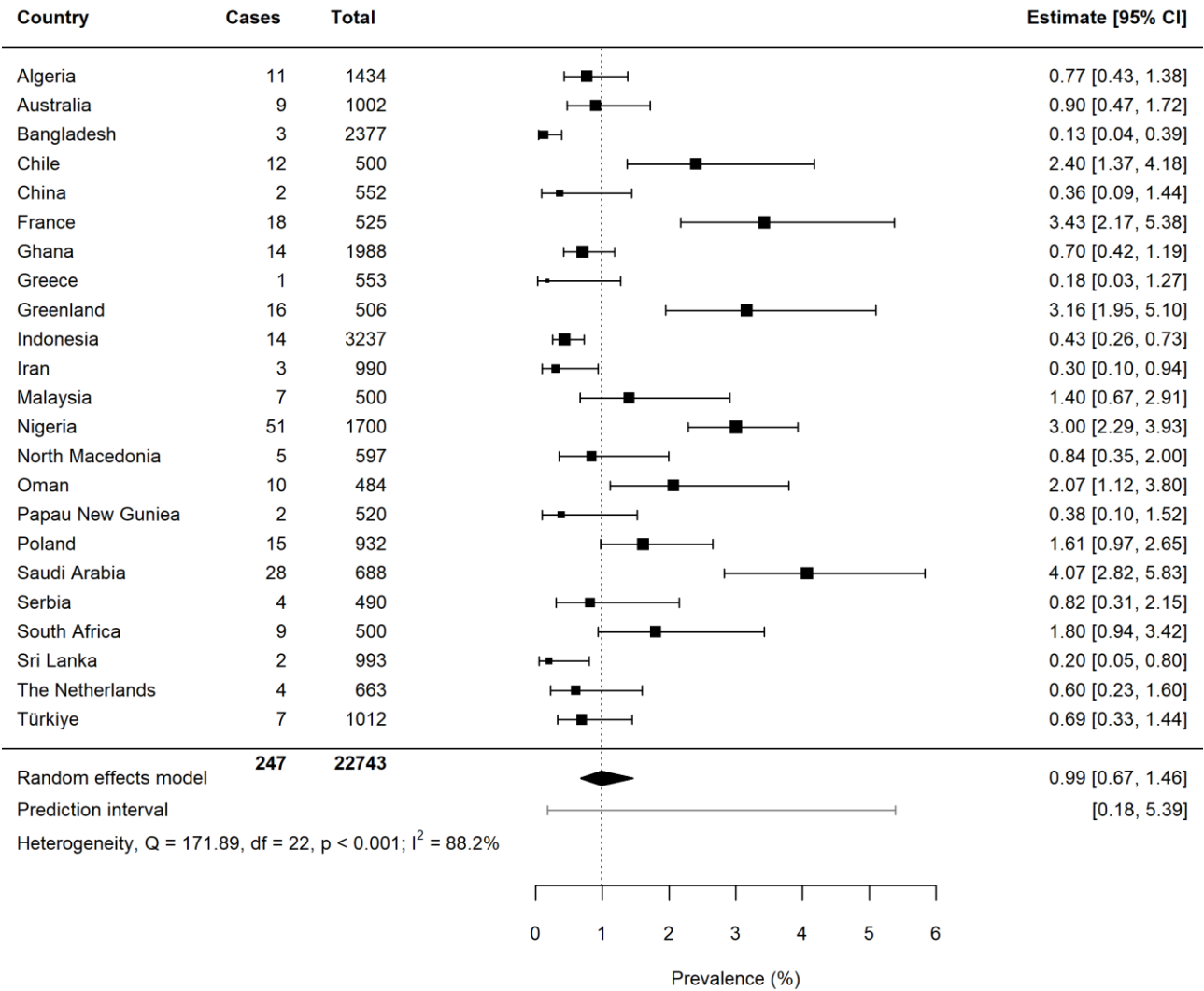
Table I: Study characteristics of Hidradenitis Suppurativa (HS) patients globally

Country	Continent	Region	Cases with HS (n)	Total screened (n)	Prevalence* [95% CI]	Female (%)	Age in years	Median BMI**	BMI >30** (%)	Smoking (%)	GDP*** (\$)	HDI ****
Algeria ¹⁷	Africa	Northern Africa	11	1,434	0.77 [0.43 to 1.37]	90.9	34.0	26.2	18.2	0.0	163,044.44	0.745
Australia ¹⁸	Oceania	Australia/New Zealand	9	1,002	0.90 [0.50 to 1.70]	66.7	30.0	41.8	100.0	44.4	1,552,667.36	0.951
Bangladesh ¹⁹	Asia	Southern Asia	3	2,377	0.13 [0.04 to 0.37]	0.0	45.0	28.0	0.0	-	416,264.94	0.661
Chile ²⁰	Latin America and the Caribbean	South America	12	500	2.40 [1.40 to 4.10]	100.0	35.5	30.9	58.3	25.0	317,058.51	0.855
China ²¹	Asia	Eastern Asia	2	552	0.36 [0.10 to 1.31]	50.0	28.5	26.1	0.0	50.0	17,734,062.65	0.768
France ²²	Europe	Western Europe	18	525	3.43 [2.20 to 5.40]	55.6	36.0	24.1	16.7	44.4	2,957,879.76	0.903
Ghana ^{23,24}	Africa	Western Africa	14	1,988	0.70 [0.42 to 1.20]	64.3	34.0	27.2	35.7	0.0	77,594.28	0.632
Greece ²⁵	Europe	Southern Europe	1	553	0.18 [0.03 - 1.02]	0.0	51.0	32.6	100.0	0.0	214,873.88	0.887
Greenland ²⁶	Northern America	Northern America	16	506	3.16 [1.95 to 5.10]	87.5	40.5	29.1	43.8	93.8	3,076.02	-
Indonesia ²⁷	Asia	South-Eastern Asia	14	3,237	0.43 [0.26 - 0.72]	50.0	29.0	23.0	7.1	28.6	1,186,092.99	0.705
Iran ²⁸	Asia	Southern Asia	3	990	0.30 [0.10 to 0.89]	33.3	28.0	27.2	33.3	-	359,713.15	0.774
Malaysia ²⁹	Asia	South-Eastern Asia	7	500	1.40 [0.68 to 2.90]	42.9	33.0	23.5	0.0	14.3	372,980.96	0.803
Nigeria ^{30,31}	Africa	Western Africa	51	1,700	3.00 [2.30 to 3.90]	66.7	33.0	26.6	25.5	3.9	440,833.58	0.535
North Macedonia ³²	Europe	Southern Europe	5	597	0.84 [0.36 to 1.95]	40.0	36.0	28.1	40.0	60.0	13,825.05	0.770
Oman ³³	Asia	Western Asia	10	484	2.07 [1.10 to 3.80]	80.0	29.5	26.9	10.0	20.0	88,191.98	0.816
Papua New Guinea ³⁴	Oceania	Melanesia	2	520	0.38 [0.11 to 1.40]	0.0	23.5	24.0	0.0	50.0	26,594.31	0.558
Poland ³⁵	Europe	Eastern Europe	15	932	1.61 [0.90 to 2.50]	33.3	38.0	28.7	33.3	-	679,444.83	0.876
Saudi Arabia ³⁶	Asia	Western Asia	28	688	4.07 [2.83 to 5.82]	60.7	34.5	27.4	35.7	7.1	833,541.24	0.875
Serbia ³⁷	Europe	Southern Europe	4	490	0.82 [0.32 - 2.10]	50.0	40.5	25.7	25.0	75.0	63,082.05	0.802
South Africa ³⁸	Africa	Southern Africa	9	500	1.80 [0.95 to 3.40]	88.9	36.0	27.3	22.2	33.3	419,015.02	0.713
Sri Lanka ³⁹	Asia	Southern Asia	2	993	0.20 [0.06 to 0.73]	50.0	26.5	29.4	0.0	50.0	88,927.26	0.782
The Netherlands ⁴⁰	Europe	Western Europe	4	663	0.60 [0.32 to 1.54]	100.0	41.0	28.2	25.0	75.0	1,012,846.76	0.941
Türkiye ⁴¹	Asia	Western Asia	7	1,012	0.69 [0.33 to 1.40]	57.1	44.0	25.8	14.3	57.9	819,035.18	0.838

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Baseline characteristics of identified HS patients, (n=247). The table includes patient characteristics of patients from 23 countries. *Percent ** Body Mass Index (kg/m2), ***Gross Domestic Product (GDP) per capita, denominated in US dollars (figures from 2021) (71), **** Human Development Index (HDI): Human Development Reports 2021/2022 (72), n= numbers.

589 **Figure I: Global prevalence of Hidradenitis Suppurativa.** Forest plot from a meta-analysis of
590 GHiSA studies reporting of prevalence of Hidradenitis Suppurativa (back-converted from logits)



591 Forest plot (back converted from logits) illustrating the random-effects and fixed effect-model
592 derived from a comprehensive meta-analysis of GHiSA studies reporting a prevalence of HS. The
593 plot includes the summary measure, offering a precise representation of the pooled results. A total
594 of 23 countries were included. CI: confidence interval ([prediction intervals], I2 index: percentage
595 of variability not attributed to sampling error.
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598 **Supplementary Table 1:** Subgroup analysis of geographical location and prevalence of HS
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Characteristics	Geographical distribution*	Estimate (95%CI)	τ^2	I ² (%)	p-value	Prediction intervals
Overall (n=23)		0.99 (0.67–1.46)	0.747	88.2	-	0.18 – 5.39
Continent (n=23)			0.801	87.2	0.474	
Africa	4 (17.4)	1.33 (0.54–3.25)				0.19 – 8.86
Asia	9 (39.1)	0.68 (0.36-1.31)				0.11 – 4.30
Europe	6 (26.1)	1.04 (0.46–2.31)				0.15 – 6.76
Latin America and the Caribbean	1 (4.3)	2.40 (0.39–13.47)				0.19 – 23.87
Northern America	1 (4.3)	3.16 (0.52–16.82)				0.26 – 29.07
Oceania	2 (8.8)	0.63 (0.15–2.61)				0.07 – 5.80
Region (n=23)			0.619	83.2	0.171	
Australia/New Zealand	1 (4.3)	0.90 (0.17–4.62)				0.09 – 8.12
Eastern Asia	1 (4.3)	0.36 (0.05–2.82)				0.03 – 4.60
Eastern Europe	1 (4.3)	1.61 (0.32–7.67)				0.17 – 13.32
Melanesia	1 (4.3)	0.38 (0.05–2.98)				0.03 – 4.88
Northern Africa	1 (4.3)	0.77 (0.15–3.88)				0.08 – 6.90
Northern America	1 (4.3)	3.16 (0.64–14.17)				0.35 – 23.43
South-Eastern Asia	2 (8.7)	0.76 (0.23–2.42)				0.11 – 5.05
South America	1 (4.3)	2.40 (0.47–11.30)				0.26 – 19.00
Southern Africa	1 (4.3)	1.80 (0.34–8.93)				0.19– 15.18
Southern Asia	3 (13.0)	0.20 (0.06–0.61)				0.03 – 1.32
Southern Europe	3 (13.0)	0.60 (0.20–1.86)				0.09 – 3.96
Western Africa	2 (8.7)	1.50 (0.49–4.50)				0.22 – 9.35
Western Asia	3 (13.0)	1.89 (0.74–4.76)				0.31 – 10.55
Western Europe	2 (8.7)	1.61 (0.49–5.21)				0.23 – 10.43

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603 A subgroup analysis showcasing the prevalence of HS across various geographical locations. The
604 table includes τ^2 , I², and prediction intervals, providing insights into the in-between study variance
605 and variability in effect sizes due to heterogeneity. p-values illustrating any significant difference
606 between prevalence in various regions are also included. *Data are no (%) of included countries pr
607 continent/region. CI: confidence interval.

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Supplementary Table 2: Meta-regression of sociodemographic/risk factors and prevalence of HS

Characteristics	No of studies	Summary*	Estimate (95%CI)	τ^2	I ² (%)	p-value
Female, % (range)	23	55.6 (0.0–100.0)	β 1.02 (1.01 to 1.03)	0.549	84.7	0.0034
Age in years, median (range)	23	34.5 (29.8–39.3)	β 1.00 (0.93 to 1.07)	0.786	88.8	0.9899
BMI median	23	27.2 (26.0–28.5)	β 0.99 (0.89 to 1.10)	0.795	88.9	0.8905
BMI > 30, %	23	25.0 (0.0–100.0)	β 1.01 (0.99 to 1.02)	0.753	88.4	0.4437
Current smoking, % (range)	20	38.9 (0.0–93.8)	β 1.00 (0.98 to 1.01)	0.648	86.7	0.6661
GDP ** (US \$ millions) 2021	23	372981 (88560–826288)	β 1.00 (1.00 to 1.00)	0.765	88.7	0.5160
HDI 2021	22	0.792 (0.721–0.870)	β 5.01(0.14 to 183.51)	0.736	86.4	0.3800

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A meta-regression analysis illustrating the relationship between the prevalence of Hidradenitis Suppurativa (HS) and various demographic and risk factors. The estimate β indicates the proportional increase (or decrease) in odds of having HS pr one-unit increase in the sample. For % females, 1 unit increase in the proportion of females in the sample, indicates that the prevalence of HS increases by a factor 1.02, i.e. 2%. *Data are median percentages (range of percentages), or medians (range of medians) for aggregated data. BMI: Body Mass Index (kg/m2) GDP: Gross Domestic Product in US \$ (millions), HDI: Human Development Index