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Loneliness Enhances Brand Love for Individualistic (but not Collectivistic) Consumers

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- 7 Keywords: loneliness, brand love, cross-cultural differences, individualism, collectivism
- 8 Abstract
- 9 It is not uncommon for people to experience loneliness. When people feel lonely, they are motivated
- 10 to reestablish connections with other people directly or restore a sense of social connection indirectly
- through other means. As a brand symbolically connects all people affiliated with the same brand,
- 12 constituting a broad social group, loneliness may motivate people to enhance their emotional
- 13 attachment to a brand (i.e., brand love) to restore a sense of social connection indirectly through the
- brand. In the current research, I adopt a cultural lens to examine this proposition. Across two studies
- 15 (Study 1: N = 200; Study 2: N = 267), I demonstrate that loneliness can increase consumers' brand
- love. However, this effect is moderated by consumers' cultural background, as operationalized as
- individual differences in cultural orientation (Study 1) or racial background (Study 2). Specifically,
- loneliness can cause an increase in brand love for individualistic consumers, but not collectivistic
- 19 consumers. These findings are consistent with current theorizing and empirical findings about
- 20 cultural differences in how people conceptualize ingroup and relate to strangers who belong to the
- 21 same broad social group.

22 1. Introduction

- 23 There has been a proliferation of research on brand love (see Gumparthi and Patra, 2020, for a
- review). The present research focuses on one factor that could potentially strengthen consumers' love
- 25 relationship with a brand; that is, consumer loneliness. However, I argue that whether loneliness
- would cause an increase in brand love depends on culture. Consistent to theorizing and empirical
- 27 findings on differences in group conceptualization and processes between individualistic and
- 28 collectivistic cultures (Yuki and Takemura, 2013), the present research shows that, for individualistic
- 29 consumers, loneliness enhances their love towards a brand that they frequently use and are satisfied
- with its products. By contrast, for collectivistic consumers, loneliness does not have such a positive
- 31 causal effect on brand love.

32

2. Loneliness and brand love

- Humans generally enjoy the presence of close others and have a fundamental need for lasting and
- 34 significant interpersonal relationships (Baumeister and Leary, 1995). This need to belong has an

- 35 evolutionary basis in that it has survival and reproductive benefits (e.g., Barash, 1977; Buss, 1991).
- 36 However, despite this fundamental motivation to establish and maintain social connections,
- individuals may feel that their current level of social connection does not meet their desired level. In 37
- 38 this case, loneliness would arise (Perlman and Peplau, 1984; Weiss, 1973). Loneliness is not an
- 39 uncommon experience. For example, according to a survey study on American adults conducted by
- 40 Harris Poll, 72% reported having felt a sense of loneliness (Marcus, 2016). In England, according to
- 41 the Community Life Survey, 21% of adult respondents reported that they never felt lonely
- 42 (Department for Culture, Media & Sport, 2023). Loneliness is an aversive feeling, a form of social
- pain associated with the unmet need of belongingness that implicates the same neural region as does 43
- physical pain. Eisenberger and colleagues (2003) found that when participants were socially excluded 44
- (vs. not) in a virtual ball-tossing game, the anterior cingulate cortex (ACC) showed higher levels of 45
- activation, paralleling how the ACC is implicated in the affective component of physical pain 46
- 47 (Rainville et al., 1997).
- 48 Although everyone is capable of feeling lonely, there are some known individual differences. For
- example, in a survey study with more than 40,000 participants across more than 200 countries, 49
- 50 islands, and territories, it was found that men and younger people felt lonely more frequently
- 51 (Barreto et al., 2021). Loneliness also differs as a function of socio-economic status. Wee and
- 52 colleagues (2019) found that people living in a poorer physical environment reported higher levels of
- 53 loneliness. In terms of personality correlates, all of the Big Five personality traits are associated with
- 54 loneliness, such that loneliness is negatively correlated with extraversion, agreeableness,
- 55 conscientiousness, and openness, and is positively correlated with neuroticism (Buecker et al., 2020).
- 56 In addition, two of the Dark Triad traits – Machiavellianism and psychopathy – are positively
- 57 correlated with loneliness in adolescents (Zhang et al., 2015). On the other hand, people who are high
- in trait empathy are less likely to experience loneliness (Beadle et al., 2012). With regard to 58
- 59 consequences of loneliness, there is evidence that loneliness diminishes self-esteem (Cacioppo et al.,
- 60 2006). According to sociometer theory (Leary and Baumeister, 2000), self-esteem (i.e., overall
- evaluation of the self) is a psychological system that monitors the degree to which one is socially 61
- 62 valued. Thus, when people experience loneliness, they would perceive that they are not socially
- 63 valued and their self-esteem would decrease as a result. Moreover, loneliness can have negative
- consequences for one's physical health. For instance, loneliness is correlated with systolic blood 64
- pressure (Hawkley et al., 2006) and all-cause mortality (Shiovitz-Ezra and Ayalon, 2010). 65
- 66 Furthermore, loneliness can have negative consequences for one's cognitive abilities and mental
- 67 health. For example, loneliness is associated with decline in general intelligence (Gow et al., 2007)
- 68 and basic cognitive functioning (e.g., repeating a list of three unrelated objects, Tilvis et al., 2004)
- 69 over time, as well as an increased risk for Alzheimer's Disease (Wilson et al., 2007). Loneliness also
- 70 longitudinally predicts symptoms of depression (but not the reverse) (Cacioppo et al., 2010).
- When an individual experiences loneliness, this social pain serves as a warning signal that something 71
- 72 is wrong (Jensen-Campbell and MacDonald, 2011), which triggers an approach motivation aiming at
- 73 the repair and maintenance of social connections (Cacioppo et al., 2006). Indeed, loneliness increases
- 74 people's attention to social information and opportunities for social connections. For instance,
- individuals who are lonelier are more sensitive to social cues in faces and voices (Gardner et al., 75
- 76 2005). Likewise, the threat of social exclusion enhances people's attention to smiling faces, which
- 77 signal social acceptance (DeWall et al., 2009).
- 78 Loneliness also influences people's behaviours in the consumption domain (see Huang & Li, 2023;
- 79 Rawat et al., 2022; Shrum et al., 2022, for reviews). The loneliness-induced motivation to restore
- 80 social connection gives rise to two broad consumption-based coping strategies - direct and indirect

81 connection (see Shrum et al., 2022 for a review). For direct connection, people may engage in 82 consumption activities that foster connection with other people directly. For example, social exclusion increases people's tendency to buy a product that signals social group membership, spend 83 84 money on an unappealing food product that is liked by an interaction partner, and even try an illegal drug if it increases social acceptance (Mead et al., 2011). Likewise, in a public context (i.e., when 85 product preference would be known to others), consumers who are lonelier exhibit higher preference 86 87 towards majority-endorsed products because they are more concerned about negative evaluation form 88 others (Wang et al., 2012). Furthermore, lonely (vs. non-lonely) single people are more likely to 89 engage in conspicuous consumption (i.e., buying and displaying expensive consumer products), 90 driven by their increased desire for a romantic relationship (Liu et al., 2020). Finally, it has been 91 found that loneliness increases people's tendency to shop at physical retailers for the social 92 experience (Rippé et al., 2018).

93 In addition to engaging in consumer behaviours that facilitate direct connection with others, lonely 94 people may also turn to other consumption behaviours to restore a sense of social connection indirectly. To this end, people may relate to products or brands as surrogates for social connection, or 95 96 use products because of their positive social primes. Loneliness is associated with an increased 97 tendency to anthropomorphise non-human objects and entities (e.g., pets, products; Epley et al., 98 2008a, 2008b) and anthropomorphised (vs. non-anthropomorphised) products are more capable of 99 satisfying the social belonging needs of the user (Mourey et al., 2017). Thus, consumers may 100 strengthen their connections to their possessions to cope with their loneliness. Although attaching to possessions in response to loneliness may temporarily reduce loneliness, it may crowd out social 101 102 connections. Supporting this possibility, a bidirectional relationship between loneliness and 103 materialism over time was observed in a 6-year longitudinal study (Pieters, (2013). Lonely people 104 may also see a brand as a substitute for social connection. It has been found that social exclusion 105 increases preferences for anthropomorphised brands (Chen et al., 2017). Moreover, different types of 106 loneliness have distinct effects on brand preferences. Loneliness stemming from inadequate 107 relationship quality increases brand loyalty, whereas loneliness stemming from inadequate relationship quantity increases brand assortment preference (Jang & Arens, 2023). Finally, It has been found that loneliness increases people's preference for used products because they

108 109 consumers may turn to used products as another indirect way to restore feelings of social connection. 110 111 provide a symbolic connection to previous users (Huang & Fishbach, 2021). 112 Brand love is conceptualized as a relationship between a consumer and a brand (see Alvarez et al., 113 2023, for a review of different types of consumer-brand relationships), and is defined as "the degree 114 of passionate emotional attachment a satisfied consumer has for a particular trade name" (Carroll and 115 Ahuvia, 2006, p. 81). Research suggests several antecedents to brand love. For example, products 116 that are more hedonic and brands that afford more self-expressions predict higher levels of brand love 117 (Carroll and Ahuvia, 2006). Moreover, positive brand experience could lead to brand love (de 118 Oliveira Santini et al., 2018) and positive interpersonal experience (e.g., partner quality, social 119 support) in service settings could enhance brand love (Long-Tolbert and Gammoh, 2012). In 120 addition, brand love can also be predicted from brand trust (Albert and Merunka, 2013; Karjaluoto et 121 al., 2016), brand credibility (Bairrada et al., 2018), as well as positive evaluation towards the brand (Arghashi et al., 2021; Han et al., 2019). From the perspective of chronic individual differences 122 123 among consumers, it has been found that romanticism – a personality trait characterized by being sensitive, chaotic, emotional, and risk taking (Holbrook and Olney, 1995) – is positively associated 124 125 with brand love (Sarkar et al., 2012). Moreover, materialism – a belief that material possessions 126 reflect success and bring happiness in life (Richins and Dawson, 1992) – is also positively associated 127 with brand love (Ahuvia et al., 2020). Brand love can lead to various positive consequences,

- 128 contributing to an overall increase in long-term profitability for a brand. For instance, Carroll and
- Ahuvia (2006) found that brand love is positively associated with brand loyalty and positive word of
- mouth. In addition, purchase intention is found to be predicted by brand love (Fetscherin, 2014).
- Furthermore, brand love could also lead to higher willingness to pay a premium price (Thomson et
- 132 al., 2005).
- One factor that could potentially increase brand love is loneliness. As previously reviewed, loneliness
- would motivate an individual to restore social connection in order to satisfy their need to belong. As
- previously mentioned, lonely people may view brands as substitutes for social connection. Thus, one
- perspective is that loneliness would increase emotional attachment to a brand (i.e., brand love)
- because it serves as a surrogate for social affiliation. Another perspective, on which the present
- research focuses, is that loneliness would increase emotional attachment to a brand because it serves
- as a symbolic link connecting people associated with the brand in different roles. These include the
- 140 CEO and employees of the brand, as well as its users. Thus, a Tesla car owner is indirectly connected
- to Elon Musk. Likewise, an iPhone user is indirectly connected to staff members at Apple stores.
- And a Nike wearer is indirectly connected to all other Nike wearers. All of these indirect connections
- are afforded by the common brand with which people are associated.
- 144 According to social identity theory (Tajfel and Turner, 1979), individuals construct their identities
- partly through the social groups to which they belong. Two members of the same social group may
- 146 feel that they are tied to each other through a shared social identity, even though there is not any
- interpersonal relationship between them. Indeed, it has been found that one's tendency to engage in
- 148 conversation and sensual interactions (e.g., sharing a bottle of water) with a stranger can be enhanced
- by having a shared social identity between them (Neville et al., 2022). Moreover, novel faces of the
- same social group (e.g., students who are affiliated with the same university) are more likely to be
- recognized (Bernstein et al., 2007) and strangers who belong to the same social group (e.g., people
- who share the same art preference) are treated more favorably (Tajfel, 1970). Hence, it is possible
- that loneliness would increase a consumer's emotional attachment to a brand in order to satisfy their
- social belongingness need by gaining a greater sense of connection with other people who are
- associated with the same brand (e.g., other users) and thus belong to the same broad social group,
- even in the absence of any interpersonal relationship between the consumer and these other people.
- 157 From my reading of the literature, direct experimental examination of whether loneliness would
- enhance brand love is lacking. Nevertheless, Loh and colleagues (2021) reported a positive
- 159 correlation (r = .10) between chronic loneliness and degree of emotional attachment to a brand.
- However, causality inference cannot be drawn from this correlational result. Thus, it remains
- unknown whether loneliness would cause an increase in brand love.

3. Culture and group processes

- Social and consumption behaviours, oftentimes, vary as a function of culture (Smith et al., 2013;
- Shavitt et al., 2020). Culture can be conceptualized in different ways. One way to conceptualize
- culture is by the values that a group of people share and have internalized. One such cultural
- orientation that has received the lion's share of research attention is individualism/collectivism. In a
- nutshell, people who engage in individualistic cultural contexts tend to define themselves as separate,
- independent, and autonomous individuals, and prioritize personal goals over collectivistic goals
- 169 (Markus and Kitayama, 1991; Triandis, 1995). By contrast, people who engage in collectivistic
- cultural contexts tend to define themselves based on social embeddedness and as fundamentally
- interdependent with important close others (e.g., family members, close friends, close colleagues),
- and prioritize collective goals over personal goals (Markus and Kitayama, 1991; Triandis, 1995).

173 Individualistic/Collectivistic cultural orientation can be examined at different levels. At the country 174 level, Western nations (e.g., U.S., Canada, the Netherlands) tend to be relatively individualistic, 175 whereas many non-Western nations (e.g., China, Japan, Mexico, Albania) tend to be relatively 176 collectivistic (Hofstede et al. 2010; Kim, 1994; Markus and Kitayama 1991; Triandis 1995). There 177 are also regional variations in individualism/collectivism within a country. For example, within the 178 United States, states in the Deep South (e.g., Louisiana, South Carolina) are relatively collectivistic, 179 whereas states in the Mountain West and Great Plains (e.g., Montana, Oregon) are relatively 180 individualistic (Vandello and Cohen, 1999). In Japan, residents of Hokkaido (the northernmost 181 prefecture) are more individualistic than residents of other regions of the country (Kitayama et al., 182 2006). Racial/ethnic variations in individualism/collectivism within a country are also evident, 183 paralleling cross-national differences as people tend to retain cultural values of their countries of 184 origin. For example, in the United States, Asian Americans are more collectivistic than European 185 Americans (Park and Kim, 2008; Singelis, 1994). Likewise, European Canadians are more individualistic (or less collectivistic) than East Asian Canadians (Ng et al., 2021). Finally, some 186 187 researchers have examined individualism/collectivism as individual differences in 188 individualistic/collectivistic cultural orientation (e.g., Holland et al., 2004; Tams, 2008).

189 Despite the differences in how the self is defined in relation to others between individualistic and 190 collectivistic cultures, social belongingness need certainly applies to all humans (Guisinger and Blatt, 191 1994; Baumeister and Leary, 1995). Thus, all people exhibit psychological tendencies aiming at satisfying social belongingness need. Yet, group-based psychological processes differ between 192 193 people engaging in individualistic vs. collectivistic cultural contexts (Yuki and Takemura, 2013). 194 Specifically, individualistic and collectivistic people differ in how they conceptualise ingroups and 195 relate to others who merely belong to the same social category or broad social group (without pre-196 existing interpersonal relationships). Collectivistic people tend to set a clear boundary between 197 ingroups based on close interpersonal relationships (e.g., family members, close friends) and the 198 outgroup (all others without a close interpersonal relationship). On the other hand, people in 199 individualistic cultures tend to satisfy their social belongingness need from a broader set of ingroups, 200 including not only relational ingroups (i.e., ingroups based on close interpersonal relationships) but 201 also symbolic categorical ingroups (i.e., ingroups based merely on a shared social category or broad 202 social group, not interpersonal relationships). Focusing on symbolic categorical ingroups, Yuki and 203 colleagues (2005) found that American participants exhibited a higher level of ingroup bias in trust 204 towards strangers of the same town of residence or the same university than did Japanese 205 participants. Moreover, Snibbe and colleagues (2003) documented that, when evaluating other 206 students who belong to their universities, Japanese (vs. American) students were less likely to exhibit 207 evaluative bias towards them. Finally, Ng and colleagues (2016) observed that whereas European 208 Canadian participants had a better face memory for novel targets who belonged to the same broad 209 social group (strangers who were affiliated with the same university or belonged to the same 210 personality group), compared with those who belonged to a different broad social group, East Asian 211 Canadians did not exhibit this own-group face recognition bias. The own-group face recognition bias 212 observed in individualistic cultures may reflect an underlying motivation to connect with others 213 affiliated with the same broad social group (Hehman et al., 2010; Wilson et al., 2014). As such, the 214 lack of own-group face recognition bias among people of East Asian background seems to reflect 215 how merely knowing that a stranger belongs to the same board social group would not enhance East 216 Asians' motivation to connect with the stranger. This is consistent to the exclusive nature of the 217 ingroup in some East Asian cultures documented in early research. For example, Bond (1991) noted that the Chinese tend to "make a critical distinction between established acquaintances and others" 218 219 (p. 51).

- A brand symbolically connects all people affiliated with the same brand (e.g., all Apple users),
- constituting a broad social group consisting of a large number of people who merely share a common
- brand affiliation. As previously suggested, loneliness may strengthen people's emotional attachment
- 223 to a brand because the brand affords a sense of connection with other people affiliated with the same
- brand. However, from this perspective, the extent to which loneliness would strengthen brand love
- should depend on the meaning of shared brand affiliation. Cultural differences in how people
- 226 conceptualize ingroups and relate to people who merely belong to the same broad social group
- 227 (Bond, 1991; Yuki and Takemura, 2013) suggest that the effect of loneliness on brand love might
- differ as a function of culture. In individualistic cultures where people tend to view other people who
- belong to the same broad social group as ingroup members, even with no preexisting interpersonal
- 230 relationship, loneliness might indeed increase their emotional attachment to a brand as the brand
- provides a sense of connection with others affiliated with the same brand. By contrast, in
- 232 collectivistic cultures where people tend to view all other people with no preexisting interpersonal
- relationship as the outgroup, emotional attachment to a brand might not be as likely to increase in
- response to loneliness, despite that the brand provides a sense of connection with other people
- affiliated with the same brand.

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4. The present research

- The forgoing analyses suggest the following hypotheses:
- 238 H1. Culture would moderate the effect of loneliness on brand love.
- H1a. For individualistic participants, loneliness would cause an increase in brand love.
- 240 **H1b.** For collectivistic participants, the positive causal effect of loneliness on brand love would be smaller or non-existent.
- To examine these hypotheses, two experimental studies with loneliness manipulated were conducted.
- To ensure that the obtained effect was indeed due to loneliness, rather than the closely related but yet
- 244 distinct construct general affect, a confound check measure of general affect was employed, in
- 245 addition to the manipulation check measure of loneliness. And the hypotheses were tested with
- 246 general affect used as a covariate. To increase robustness, culture was operationalized differently
- 247 across the two studies. In Study 1, culture was operationalized as individual differences in
- individualistic and collectivistic cultural orientations within the same country (United Kingdom). In
- Study 2, culture was operationalized as racial background within the same country (see Briley et al.,
- 250 2000; Williams and Aaker, 2002), comparing (collectivistic) East Asian American and
- 251 (individualistic) White American participants in the United States. Relative to comparing participants
- 252 from different countries, comparing participants of different racial backgrounds within the same
- country carries the advantage of minimizing potential confounds that are commonly associated with
- country (e.g., language, weather, economic condition).

255 **5.** Study 1

256

5.1. Materials and methods

- 257 Two hundred and two Britons (racial background¹: 164 White, 12 Asian, 13 Black, 8 other/mixed;
- 258 gender²: 78 male, 118 female, 2 non-binary; age³: M = 39.4), recruited from the Prolific Academic
- panel, participated in the study for a small monetary compensation. For the brand love measure (see

- below), two participants did not mention a brand ("none") or one particular brand ("store brands"),
- and thus were excluded from data analyses.
- After indicating consent, participants first completed the 16-item Cultural Orientation Scale (Triandis
- and Gelfand, 1998) as a measure of individualistic and collectivistic cultural orientations using a 7-
- 264 point scale (1 = strongly disagree, 7 = strongly agree). This scale has eight items tapping into facets
- of individualistic cultural orientation (e.g., "It is important that I do my job better than others") ($\alpha =$
- 266 .67) and eight items tapping into facets of collectivistic cultural orientation (e.g., "Parents and
- 267 children must stay together as much as possible") ($\alpha = .79$). Following this, loneliness was
- 268 manipulated using a recall task adapted from Jiao and Wang (2018). Participants were randomly
- assigned to the lonely condition or the non-lonely condition. In the lonely condition, participants
- were asked to recall a time when they felt very lonely (e.g., feeling isolated, not having a high sense
- of intimacy, companionship, friendship, togetherness or feelings of belonging) and describe the
- experience in as much detail as possible. In the non-lonely condition, participants were asked to
- 273 recall a time when they felt very connected (e.g., having a high sense of intimacy, companionship,
- 274 friendship, and feelings of belonging and being loved) and describe the experience in as much detail
- as possible. Then, participants were asked to indicate the degree to which they felt lonely and
- disconnected (two items) using a 7-point rating scale (1 = not at all, 7 = very much). An index of
- loneliness was derived from the mean of these two items (r(200) = .81), serving as the manipulation
- 278 check. Then, participants were asked to indicate their general affect using four 7-point semantic
- 279 differential scales (1 = bad, 7 = good; 1 = unfriendly, 7 = friendly; 1 = unpleasant, 7 = pleasant; 1 =
- sad, 7 = happy). An index of general affect was derived from the mean of these four items ($\alpha = .92$),
- serving as a confound check. Finally, participants were asked to indicate a brand that they frequently
- bought and used, and were satisfied with its products, and then complete the 10-item scale of brand
- love (Carroll and Ahuvia, 2006) with reference to the brand that they indicated using a 7-point rating
- scale (1 = strongly disagree, 7 = strongly agree; α = .89). Sample items were "I am passionate about
- 285 XXX"; "I'm very attached to XXX"; and "I have no particular feelings about XXX" (reversed).

5.2. Results and discussion

- Across 200 participants, 130 unique brands have been mentioned, spanning a range of different
- product categories, such as apparel and footwear (e.g., Nike, Zara), technology and electronics (e.g.,
- Apple, Sony), personal care and beauty products (e.g., Dove, Nivea), and food and beverages (e.g.,
- 290 Pepsi, Walkers). The 2 most frequently mentioned brands were Nike (n = 12, 6%) and Apple (n = 10, 6%)
- 5%). All other brands were mentioned by four or fewer participants, with 102 brands (78.5%)
- 292 mentioned by only one participant. Overall, a highly diverse set of brands was used in the brand love
- 293 measure across conditions.

- Using the index of loneliness, it was confirmed that the manipulation of loneliness was successful.
- Participants in the lonely condition reported higher levels of loneliness (M = 4.16, SD = 1.87) than
- 296 did those in the non-lonely condition (M = 2.70, SD = 1.62), t(198) = 5.86, p < .001, $d = 0.83^4$. Using
- the index of general affect, it was found that the manipulation of loneliness also induced different
- 298 levels of general affect. Participants in the lonely condition reported lower levels of positive affect
- 299 (M = 4.25, SD = 1.47) than did those in the non-lonely condition (M = 5.28, SD = 1.47), t(198) = -
- $4.94, p < .001, d = 0.70^5$. Thus, general affect was used as a covariate in the analyses reported below.
- 301 Participants were classified into an individualstic group and a collectivistic group according to their
- 302 cultural orientation scores. For each participant, if the individualistic cultural orientation score was
- 303 higher than the collectivistic cultural orientation score, the participant was classified as belonging to

the individualstic group. Conversely, if the collectivistic cultural orientation score was higher than the individualistic cultural orientation score, the participant was classified as belonging to the collectivistic group. There were 61 individualistic participants and 128 collectivistic participants (11 participants were neither individualstic nor collectivistic). Then, a 2 Cultural Orientation (individualistic vs. collectivistic) × 2 Loneliness (lonely vs. non-lonely) between-subjects ANCOVA on brand love with general affect as the covariate was conducted to test the hypothesis that culture would moderate the effect of loneliness on brand love. As hypothesized, results revealed an interaction effect between Cultural Orientation and Loneliness, F(1, 184) = 6.14, p = .014, $\eta_p^2 = .03$, supporting H1. Simple main effect analyses indicated that for individualistic participants, those who were in the lonely condition expressed higher levels of brand love ($M_{\text{adj}} = 5.29$, SE = 0.16) than did those in the non-lonely condition ($M_{\text{adj}} = 4.56$, SE = 0.19), 95% CI of the difference = [0.249, 1.218], $F(1, 184) = 8.92, p = .003, \eta_p^2 = .05$, consistent with H1a. By contrast, for collectivistic participants, there was no statistically significant difference between brand love of participants in the lonely condition ($M_{\text{adj}} = 5.16$, SE = 0.13) and those in the non-lonely condition ($M_{\text{adj}} = 5.17$, SE = 0.12), 95% CI of the difference = [-0.353, 0.341], F(1, 184) < 0.01, p = .972, $\eta_p^2 < .01$, in line with H1b (see Figure 1) 6 .

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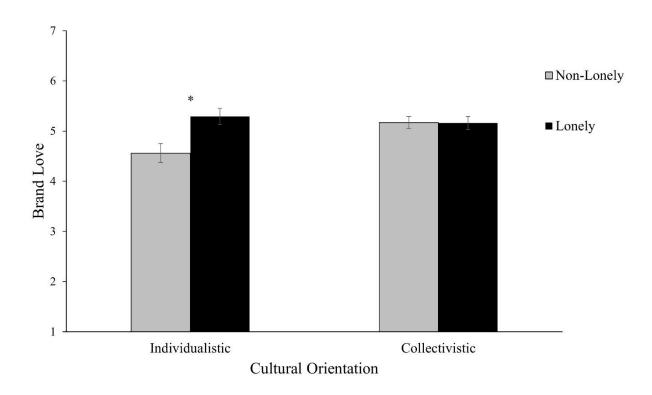


Figure 1: Study 1: Brand love as a function of cultural orientation and loneliness in the United Kingdom. General affect was included as a covariate. Adjusted means are presented. Error bars indicate standard errors. Note: *p < .01.

For an alternative analysis, a composite score of relative individualistic cultural orientation was calculated by subtracting the collectivistic cultural orientation score from the individualistic cultural orientation score (Agrawal et al., 2007; Lee et al., 2000). Then, multiple linear regression was used to

- test the hypothesis that culture would moderate the effect of loneliness on brand love. General affect
- 330 (grand-mean-centered), relative individualistic cultural orientation (grand-mean-centered), loneliness
- (0 = non-lonely, 1 = lonely), and the interaction term of relative individualistic cultural orientation
- and loneliness were used as predictors. Brand love was used as the criterion. Results revealed that the
- overall regression model was statistically significant, F(4, 195) = 5.11, p < .001, $R^2 = .10$.
- 334 Importantly, the predicted moderation effect emerged. The interaction term of relative individualistic
- cultural orientation and loneliness was statistically significant, $\beta = .26$, p = .012, $f^2 = 0.03$, supporting
- H1. Simple slope analyses revealed that for participants who were high (+1SD) on relative
- individualistic orientation, those who were lonely (vs. non-lonely) exhibited higher levels of brand
- love, b = 0.58, p = .003, consistent with H1a. On the other hand, for participants who were low (-
- 1SD) on relative individualistic orientation, the effect of loneliness on brand love was not statistically
- 340 significant, b = -0.11, p = .582, in line with H1b⁷.
- 341 These results indicate that for individualistic (but not collectivistic) consumers, loneliness enhanced
- their love relationship with a brand. This suggests that brand love may serve as a way to cope with
- loneliness but this way of coping is present for individualistic consumers only.

344 **6.** Study 2

345

6.1. Materials and methods

- One hundred fifty-three White Americans (72 male, 81 female; $M_{age} = 45.1$) and 115 East Asian
- Americans (55 male, 58 female, 2 non-binary; $M_{\text{age}} = 35.2$), recruited from the Prolific Academic
- panel, participated in the study for a small monetary compensation⁸. One East Asian American
- participant did not pass an attention check question ("please choose the third option from the left")
- and thus was excluded from data analyses.
- 351 After indicating consent, participants were randomly assigned to the lonely condition or the non-
- lonely condition (same as Study 1). Following this, participants completed the two manipulation
- check questions (r(267) = .88) and the four confound check questions ($\alpha = .96$) (same as Study 1).
- Finally, participants were asked to complete the 10-item scale of brand love ($\alpha = .93$) (Carroll and
- 355 Ahuvia, 2006) for a brand that they frequently bought and used, and were satisfied with its products
- (same as Study 1).

357 **6.2.** Results and discussion

- For the brand love measure, across 267 participants, 153 unique brands were mentioned, spanning a
- range of different product categories, such as apparel and footwear (e.g., Adidas, Nike), technology
- and electronics (e.g., Apple, Samsung), personal care and beauty products (e.g., Cetaphil, Dove), and
- food and beverages (e.g., Hershey's, Pepsi). The two most frequently mentioned brands were Apple
- (n = 30, 11.2%) and Nike (n = 23, 8.6%). All other brands were mentioned by eight or fewer
- participants, with 119 brands (77.8%) mentioned by only one participant. Overall, a highly diverse
- set of brands was used in the brand love measure across conditions.
- Using the index of loneliness, it was confirmed that the manipulation of loneliness was successful.
- Participants in the lonely condition reported higher levels of loneliness (M = 4.53, SD = 1.92) than
- 367 did those in the non-lonely condition (M = 2.52, SD = 1.77), t(265) = 8.90, p < .001, $d = 1.10^9$. Using
- 368 the index of general affect, it was found that the manipulation of loneliness also induced different
- levels of affect. Participants in the lonely condition reported lower levels of positive affect (M = 4.16,

SD = 1.64) than did those in the non-lonely condition (M = 5.47, SD = 1.33), t(258.56) = -7.22, p < .001, $d = 0.88^{10}$. Thus, general affect was used as a covariate in the analyses reported below.

A 2 Racial Background (White vs. East Asian) × 2 Loneliness (lonely vs. non-lonely) between-subjects ANCOVA on brand love with general affect as the covariate was conducted to test the hypothesis that culture would moderate the effect of loneliness on brand love. As hypothesized, results revealed an interaction effect between Racial Background and Loneliness, F(1, 262) = 4.46, p = .036, $\eta_p^2 = .02$, supporting H1. Simple main effect analyses indicated that for White American participants, those who were in the lonely condition expressed higher levels of brand love ($M_{adj} = 5.59$, SE = 0.12) than did those in the non-lonely condition ($M_{adj} = 5.04$, SE = 0.13), 95% CI of the difference = [0.209, 0.904], F(1, 262) = 9.96, p = .002, $\eta_p^2 = .04$, consistent with H1a. For East Asian American participants, on the other hand, there was no statistically significant difference between brand love of participants in the lonely condition ($M_{adj} = 5.23$, SE = 0.15) and those in the non-lonely condition ($M_{adj} = 5.24$, SE = 0.15), 95% CI of the difference = [-0.419, 0.444], F(1, 262) < 0.01, p = .955, $\eta_p^2 < .01$, in line with H1b (see Figure 2)¹¹.

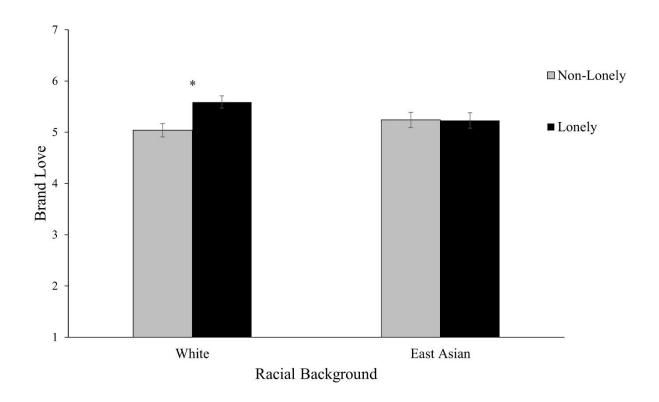


Figure 2: Study 2: Brand love as a function of racial background and loneliness in the United States. General affect was included as a covariate. Adjusted means are presented. Error bars indicate standard errors. Note: *p < .01

Using racial background as the operationalization of culture, these results suggest that for individualistic (White American) consumers, loneliness increased their love towards a brand. For collectivistic (East Asian American) consumers, loneliness did not increase their brand love. Conceptually replicating Study 1, these results provide further evidence that brand love may serve as

a way to cope with loneliness that is specific to consumers with an individualistic cultural background.

7. General discussion

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397 Experiencing loneliness is a common human experience. When one feels lonely, it is understandable 398 that they would be motivated to restore their social belongingness need to a desired level. This can be 399 achieved by either reestablishing connections with other people directly or restoring a sense of social 400 connection indirectly through other means. Focusing on the indirect route, the purpose of the present 401 research is to investigate whether the feeling of loneliness would enhance people's emotional 402 connection with a brand. The answer is a conditional yes. Across two studies, I have shown that 403 loneliness can indeed strengthen consumers' love relationship with a brand. However, this effect is 404 subject to an important boundary condition. Consumers' cultural background, as operationalized as 405 individual differences in cultural orientation (Study 1) or racial background (Study 2), moderated the causal effect of loneliness on brand love. Specifically, loneliness can cause an increase in brand love 406 407 for individualistic consumers, but not collectivistic consumers. It is important to note that in both 408 studies, general affect was controlled for, so the effect of loneliness on brand love for individualistic 409 participants demonstrated in this research reflected the unique contribution of loneliness, rather than 410 that mixed with a more general affective state. These results are consistent with current theorizing 411 and empirical findings about how individualistic and collectivistic cultures differ in their 412 conceptualization of ingroup and relate to strangers who belong to the same broad social group (Ng et al., 2016; Yuki and Takemura, 2013). For individualistic consumers who use a brand and are 413 414 satisfied with its products, all other people who are affiliated with the same brand may be considered 415 as ingroup members. Thus, for individualists, to cope with their loneliness, they may be motivated to 416 increase their sense of social connection, albeit indirectly, through their increased emotional 417 connection with a brand. By contrast, for collectivistic consumers who use a brand and are satisfied 418 with its products, all other people who are affiliated with the same brand may still be considered as 419 outgroup members, as long as they do not have any close interpersonal relationships with these 420 people. Thus, for collectivists, increasing their sense of connection with these people indirectly 421 through emotional connection with a brand is unlikely to be as meaningful. To cope with their loneliness, it may be more meaningful for collectivists to enhance their sense of connection with 422 423 relational ingroup members, such as family members and close friends, through increasing their 424 emotional attachment to their possessions that provide symbolic connection with these close others. This is consistent to prior research showing how strangers who merely belong to the same board 425 426 social group are not psychologically treated as "ingroup members" by people who engage in 427 collectivistic cultural contexts (Ng et al., 2016).

The present investigation increases our understanding of the factors that could increase brand love.

The positive effect of loneliness on brand love among individualistic consumers documented in the

430 present research has practical implications for marketers. In individualistic cultural contexts, it would

be advantageous for marketers to target lonely (vs. non-lonely) consumers as a stronger emotional

connection could be formed between these consumers and the brand. This can be achieved by

433 targeting using markers of loneliness, such as being young (Barreto et al., 2021), living alone (Beutel

et al., 2017), and being an immigrant (Delaruelle, 2023). The positive effect of loneliness on brand

love among individualistic consumers could also be capitalized using promotional materials that

include a reminder of how consumers may feel lonely from time to time. Including such a reminder

should increase consumers' love towards the brand, which is known to be associated with a set of

desirable consumption outcomes (e.g., brand loyalty, Carroll and Ahuvia, 2006; increased

willingness to pay a premium price, Thomson et al., 2005).

- The present research has certain limitations that future research could address. First, although the
- current research includes two operationalizations of culture (individual differences in cultural
- orientation, racial background), robustness is still limited. Future research could further examine the
- 443 moderating role of culture in the effect of loneliness on brand love using other operationalizations of
- culture (e.g., country, region within a country). Second, although loneliness was manipulated in the
- current research, culture was not. Thus, the results observed in the present studies regarding the
- 446 moderating role of culture (individualism vs. collectivism) in the effect of loneliness on brand love
- does not allow causal inference. This is a limitation that future research could address by
- manipulating both culture and loneliness. Third, the current research focuses on the examination of
- how loneliness would cause an increase in brand love, and how this effect differs across cultures. As
- such, whether loneliness-induced increase in brand love is effective in ameliorating some negative
- consequences of loneliness (e.g., reduced life satisfaction, Schumaker et al., 1993) and how this
- 452 might differ across cultures remain unexplored. This is another limitation that future research could
- address. Finally, and more broadly, future research could build on the current work to investigate
- 454 how culture might moderate the effect of loneliness or social exclusion on some consumption
- behaviours that foster direct connection with other people. For example, the effect of social exclusion
- on people's tendency to buy a product that signals a shared broad social group membership (e.g., a
- 457 university wristband) before interacting with a new person from the same broad social group (Mead
- et al., 2011) may be stronger for individualists, compared with collectivists.

459 Footnotes

- 1. Five participants did not report their racial background.
- 2. Four participants did not report their gender.
- 3. Four participants did not report their age.
- 4. Loneliness condition did not interact with individualistic cultural orientation, p = .325, or
- 464 collectivistic cultural orientation, p = .692, in inducing loneliness.
- 5. Loneliness condition did not interact with individualistic cultural orientation, p = .226, or
- 466 collectivistic cultural orientation, p = .360, in inducing general affect.
- 467 6. All significant results remained significant and all non-significant results remained non-significant
- when general affect was not used as a covariate.
- 469 7. All significant results remained significant and all non-significant results remained non-significant
- when general affect was not used as a covariate.
- 8. This study was open to panel members in the United States who were of "White" or "East Asian"
- ethnic background (according to a pre-screening questionnaire administered by Prolific Academic).
- However, on the current survey, some participants (n = 33) selected an option other than "White
- 474 (non-Hispanic)" or "East Asian" (these include those who selected "prefer not to answer") in
- 475 response to the racial background question. These participants were excluded and their data were
- 476 never looked at. Only participants who selected "White (non-Hispanic)" or "East Asian" were
- included.
- 478 9. Loneliness condition interacted with racial background in inducing loneliness, p = .012. The
- 479 manipulation of loneliness was stronger in inducing loneliness for East Asian American participants

- 480 (lonely condition: M = 5.02, SD = 1.68; non-lonely condition: M = 2.34, SD = 1.78; p < .001) than for
- 481 White American participants (lonely condition: M = 4.18, SD = 2.02; non-lonely condition: M = 2.65;
- 482 SD = 1.77; p < .001).
- 483 10. Loneliness condition interacted with racial background in inducing general affect, p = .001. The
- 484 manipulation of loneliness was stronger in inducing general affect for East Asian American
- participants (lonely condition: M = 3.53, SD = 1.39; non-lonely condition: M = 5.53, SD = 1.38; p <485
- 486 .001) than for White American participants (lonely condition: M = 4.61, SD = 1.67; non-lonely
- 487 condition: M = 5.42; SD = 1.29; p < .001).
- 488 11. All significant results remained significant and all non-significant results remained non-
- 489 significant when general affect was not used as a covariate.

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