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Social and Environmental Predictors for Dog Bites in Wales: A Retrospective Study

Lewis Price, Rob Duncan, Nick Wilson-Jones

Abstract

Aims: Dog bites are a significant burden on the individual and the NHS. This study aims to identify social and environmental predictors to aid treatment, planning and prevention.

Methods: Data was collected for all incidences of people bitten/struck by dogs in Wales from April 2018 to March 2023, including age, sex, location, and socioeconomic status. Archived meteorological data for Wales was analysed, including maximum daily temperature, humidity, pressure, and lunar phase. Finally, weekday/weekend, school holidays, season, and COVID restrictions were also included as potential predictors.

Results: 3167 bites were identified (mean age = 40.2 years; 52.9% female). Poisson regression, ANOVA, and Chi-squared tests were used to analyse different variables. An increase in dog bites was observed on weekends vs weekdays ($p=0.033$), during school holidays ($p<0.001$), on days with higher temperatures ($p<0.001$), when there were no COVID restrictions ($p<0.001$), post-COVID ($p<0.001$) and in summer vs winter and spring ($p=0.015$, $p<0.001$). Primary school children were more likely to be bitten in the most deprived areas ($p<0.001$), in the most densely populated areas ($p=0.002$), and in the summer months ($p<0.001$).

Conclusions: These findings suggest that public health campaigns aimed at awareness surrounding the higher risk of dog bites in socially deprived areas, on warmer days, school holidays, on weekends, and during the summer may help to reduce the burden of dog bites in Wales.

Keywords: Dog bites, Risk factors, Injury prevention, Public health, Environmental factors, Socioeconomic status

Introduction

Injuries are a major burden on public health and the patient, and their occurrence is often influenced by environmental and social factors. Changes in temperature and weather conditions have been linked to variations in trauma presentations, including those referred to plastic surgery. For example, Chotai et al¹ found that warmer weather was associated with more plastic surgery trauma referrals, highlighting how environmental conditions can affect injury rates. Understanding these relationships helps predict healthcare demand and inform prevention strategies.

Dog bites are a distinct but preventable type of injury that contribute significantly to this burden. They disproportionately affect children and can cause lasting harm². One UK study found that one in four people had been bitten by a dog, though many did not seek medical care³. In Wales, hospital admissions due to dog bites increased from 16.3 per 100,000 in 2014 to 23.7 per 100,000 in 2022, an increase greater than that seen in England or Ireland⁴.

Dog bites can result in serious physical and psychological consequences. The “hole and tear” pattern of injury carries a high risk of infection⁵, while psychological effects such as post-traumatic stress, phobias, and anxiety are common⁶. They also carry a considerable financial burden, costing the NHS an estimated £25 million in 2017–2018⁷.

Several factors have previously been linked to increased risk of dog bites, such as breed and sex of the dog⁸, lower socioeconomic status⁹, summer months¹⁰, weekends¹⁰, and warmer temperatures^{11, 12}.

Despite growing recognition that weather affects injury patterns, few studies have explored its role in dog bites, particularly within Wales. This study aims to identify and synthesise key social and environmental risk factors for dog bites in Wales, to support the development of effective public health interventions and prevention strategies, as well as informing service provisions to deal with an increased healthcare burden from dog bites.

Methods

This retrospective study examined hospital attendances for dog-related injuries in Wales from 01/04/2018 to 31/03/2023. The data was obtained from the NHS Wales Informatics Service, which includes all inpatient and day-case activity across all Welsh health boards. Admissions with an ICD-10 code of "W54*", meaning "bitten or struck by dog", were extracted using a structured SQL query. Variables extracted included age, sex, date of hospital attendance, socioeconomic deprivation quintile (1 = Most deprived, 5 = Least deprived), and rural-urban classification (Hamlet and isolated dwelling = Least densely populated, Urban over 10k = Most densely populated). Duplicate and transfer records were removed to retain unique episodes.

Weather data was obtained from VisualCrossing.com. The variables we looked at were maximum temperature (Celsius), precipitation (mm), humidity (%), wind speed (kph), pressure (mb), cloud cover (%), season, and lunar phase. Each admission was linked to the weather on its admission date, using the national Welsh average for that day. Seasons were defined as spring (Mar–May), summer (Jun–Aug), autumn (Sep–Nov), and winter (Dec–Feb).

Social variables included weekend vs weekday, school holidays, and COVID-19 restriction periods. School holidays were coded using the Welsh government academic calendar which is consistent across all regions. COVID-19 restriction periods were classified as pre-COVID (before 23/03/2020), during COVID (23/03/2020–31/03/2022), and post-COVID (after 01/04/2022). The lockdown and easing phases were distinguished using Welsh government timelines.

Statistical tests were conducted using JASP (version 0.19.3). The demographics and social variables were summarised using means (\pm SD) for continuous variables and proportions for categorical variables. Poisson regression was used with the daily counts of hospital attendances for dog-related injuries as the dependent variable. Independent variables included temperature, precipitation, and weekend and school holiday status. ANOVA was used to analyse independent variables such as phase of the lunar cycle, season, and level and timing of COVID restrictions. Chi-squared tests were used to assess associations between categorical variables, such as age group vs sex. Standardised residuals of $>+2$ or <-2 were considered significant contributors to the association. A p-value of <0.05 was considered statistically significant.

Results

A total of 3167 incidences of people attending hospital having been bitten or struck by dogs from 01/04/2018 to 31/03/2023 were identified. The mean age of patients was 40.2 years (SD 23.9 years), with 52.9% female. The most affected age group was children aged 0–11

years (18.3%). Most bites happened in urban areas with a population over 10,000 (Urban over 10k) (68.0%) and in the most socioeconomically deprived areas (25.8%) (Figure 1).

Poisson regression identified several independent predictors of higher daily admission counts for dog-related injuries (Table 1): higher maximum daily temperature ($p < 0.001$), summer compared to winter or spring ($p = 0.015$, $p < 0.001$), when there were no or easing COVID restrictions compared to lockdown ($p < 0.001$, $p < 0.001$), post-COVID compared to pre-COVID and during COVID ($p = 0.008$, $p < 0.001$), on school holidays ($p < 0.001$) and on weekends compared to weekdays ($p = 0.011$).

Using ANOVA to look specifically at admissions to Morriston Hospital, Wales's tertiary centre for dog bite injuries, it was found that across all age groups ($F = 7.587$), there was a decrease in dog-related injuries during COVID compared to pre-COVID ($p = 0.013$) and post-COVID ($p < 0.001$). In the paediatric population, this decrease in admissions during COVID compared to pre-COVID ($F = 3.081$, $p = 0.039$) was also seen.

Chi-squared analysis of age by sex showed that in children, more males were bitten or struck by a dog, but in adults more females were bitten or struck by a dog (Figure 2). This difference was found to be statistically significant in the 0-11 years and 70-79 years age groups ($p < 0.001$).

Important significant associations between categorical variables (Table 2) include increased frequency of dog bites for children aged 0-11 years in the most socioeconomically deprived areas, in the most densely populated areas, and in the summer months; a decreased frequency of bites for children aged 0-11 years after COVID; an increased frequency of bites for older adults in the least socioeconomically deprived areas and the least densely populated areas; and women being bitten more in the least deprived areas.

Discussion

This study identified several significant risk factors for dog bites, including higher temperatures, weekends compared to weekdays, school holidays, post-COVID compared to pre and during COVID, no COVID restrictions, and summer months (especially children aged 0-11 years).

Important interactions between categorical variables showing a higher frequency of dog bites include male children aged 0-11 years and female adults aged 70-79 years, children aged 0-11 years in the most socioeconomically deprived areas, and in the least deprived areas, females or adults and 50-59 and 70-79 years.

Firstly, higher temperatures have previously been linked to increased rates of dog bites¹¹⁻¹³. It has been speculated this may be due to changes in canine behaviour on hot days, with them potentially becoming more aggressive due to impacts on their stress response¹³. It is also thought that humans may become more aggressive on warmer days as well¹⁴. However, the most significant factor is likely the fact that there are simply more people and dogs outside on warm days. This is also a possible explanation for the increased number of bites on weekends, school holidays, and days with no COVID restrictions.

It has long been known that children are disproportionately affected by dog bites². Suggested explanations for this include difficulty interpreting canine body language and increased likelihood to approach fearful or angry dogs^{15, 16}. The sex of the children bitten by dogs has been found to be significant in some studies^{17, 18}, but not in others^{19, 20}. Our data showed that male children aged 0-11 years were at higher risk of dog attacks, which could

be due to younger males engaging more in risky behaviours than their female counterparts²¹, potentially putting them in more dangerous situations with dogs.

Socioeconomic status has also been associated with dog bites in the past, with more bites occurring in the most deprived areas^{9, 22}. Our study found that this difference was most significant in children aged 0-11, with those in the most deprived areas being bitten significantly more than those in the least deprived areas. One reason for this could be less access to education about safety around dogs. It is also possible that dogs in more deprived areas may not receive the same level of obedience training, so may be more prone to bite⁸. A study in the US proposed that dog bite injuries occurring in low income areas were due to large numbers of children playing outdoors, inferior dog control, fewer homes with adequate fencing, and a greater proportion of large-breed dogs which were owned for protective purposes²³.

Conversely, our data showed that in the least deprived areas, older adults (aged 50-59 or 70-79 years) were more likely to be bitten by dogs. It also showed that females were more likely to be bitten in the least deprived areas. One study found that most dog bites occur at home⁷ and, given the shift towards working from home in recent years, adults in the more affluent areas who are able to work from home may be at a higher risk of being bitten. An explanation for females being more likely to be bitten in affluent areas is that according to the Office for National Statistics (ONS)²⁴, females are more likely to work from home than males, so it is possible that females in affluent areas may have more interaction with dogs at home. It is also possible that they interact more with dogs outside of their home as well, as one study reported that females were more likely to have the intention of walking their dog than men²⁵.

During the COVID pandemic, dog bites were less likely to occur according to our data. There was a significant decrease in paediatric and adult dog bites across the nation as a whole, as well as at Wales's tertiary centre for dog bites (Morrison Hospital), which is contrary to what other studies have found. At Alder Hey's Children's Hospital, it was noted that paediatric emergency department admissions for dog-related injuries increased threefold during the pandemic²⁶. A study in France similarly found that there was an increase in paediatric dog bites, specifically to the face, during the COVID lockdown²⁷.

This increase was thought to be due to the increase in pet dogs adopted during the COVID lockdown. However, our data showed that children aged 0-11 years, although more likely to be bitten pre-COVID, were not bitten more during COVID and were actually less likely to be bitten post-COVID. It is possible that some children who were bitten during COVID did not attend hospital due to uncertainty around A&E attendance during COVID, as we know that A&E attendance in the UK decreased during COVID²⁸. This altered health-seeking behaviour may have continued after COVID, leading to continued underreporting. It is also possible that children raised with dogs during COVID may be safer and more aware around dogs and have higher levels of parental supervision with more people switching to working from home more frequently.

Our data also found that during COVID, especially when COVID restrictions were easing, young adults aged 18-29 years were bitten disproportionately more than other age groups. This could be due to young people adhering less strictly to COVID guidelines²⁹, meaning they may have been more likely to encounter aggressive dogs. Adults aged 70-89 being less likely to be bitten during COVID makes sense as they were part of a higher risk group, so were more likely to adhere to the guidelines and stay home²⁹, away from aggressive dogs.

An important finding related to COVID is that there was a significant increase in dog bites post-COVID compared to pre and during COVID. This is consistent with findings in other studies ³⁰. The rapid increase in pet ownership during the pandemic, estimated to be around 2.5 million new dogs acquired by mostly first-time pet owners ³¹, is considered an important contributing factor. It is thought that these dogs, having been raised in abnormal circumstances with limited access to obedience courses and less opportunities to socialise with other dogs, may have developed longer term behavioural issues which were only revealed when the dogs were exposed to the world without COVID restrictions ³².

One study calculated dog population in Wales in 2019 to be 733,714 ³³, mostly in the most populous areas in South Wales. This gives a ratio of approximately 1 dog for every 4 people across the country as a whole when compared the Welsh population of 3,087,732 in the same year ³⁴. However, this is likely to have increased since COVID.

The majority of dog bites in our study occurred in urban areas. This is likely due to there being a higher population of dogs in urban areas in the UK ³³. Conversely, a study in Canada found that hospitalisations related to dog bites occurred more in rural areas ³⁵, suggesting this may be due to higher rural dog populations as was observed in Ireland ³⁶. It is also possible that patients bitten by dogs in rural areas of Wales were less likely to attend hospital, but there have been no studies to investigate this.

There was also an association with age, with children aged 0-11 being more likely to be bitten in urban areas and less likely to be bitten in rural areas, which fits with the overall trend. It also fits known population data, as cities tend to have higher populations of young people than rural areas according to the Office for National Statistics ³⁷. This report also found that rural areas had much higher elderly populations, which fits with our finding that adults aged 70-79 years were more likely to be bitten in rural areas.

It has previously been observed that dog bites occur more in the summer months ³⁸. It was speculated that this is likely due to children being at home and spending more time with their dogs. It also fits with the increase in dog bites on warmer days. There was also an association with age, with children aged 0-11 years being more likely to be bitten in the summer, which is consistent the findings from previous studies ³⁸.

Despite the strengths of our study, there are some limitations that should be noted. Firstly, the data was taken from records from the Welsh Centre for Burns and Plastic Surgery of patients who attended hospital for dog-related injuries, which excludes the dog bites which were treated in primary care or did not receive any treatment. Secondly, the meteorological data we collected was for Wales overall, so there was likely variability depending on the part of the country where the bite occurred. There was also some variability among the dates of school holidays across different areas of Wales. Despite the large sample size over an extended period of time, we don't know whether our findings would be generalisable in other parts of the world. There may also have been confounding variables, such as canine factors, like breed, sex, and neutering status, and further information about the incident, like whether the bites occurred at home or whether the dog was known to the patient. These factors may limit the generalizability of our findings to broader populations or underreport certain contributing factors. As such, future research should aim to include community-based data collection and include more information about the circumstances of the bites to enhance data reliability.

Conclusions

This study aimed to identify the risk factors associated with dog bites. Our findings indicate that factors such as warmer temperatures, summer months, school holidays, weekends, lower socioeconomic status, and higher population density may be significant. These findings emphasize the need for targeted educational public health campaigns focusing on the increased risk of dog bites, particularly focused towards young children and those who care for them.

Although meteorological factors may not be of use in preventing dog bites, they may help with service provisions in preparation for more dog bite injuries. For example, an additional plastic surgeon on call may be beneficial on sunny summer bank holidays where there is a higher risk of dog bites.

Further longitudinal studies across diverse populations are needed to develop predictive models and test the effectiveness of specific prevention strategies. By better understanding the complex factors behind dog bite incidents, we can implement more effective prevention measures and reduce their public health burden.

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Conflicts of interest: None declared

Ethical approval: Not required

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Figure Legends

Figure 1. a-d. The demographics of the patients bitten or struck by dogs (n=3167). **a.** The number of people bitten or struck by dogs in different age groups. **b.** The number of male (n = 1493, 47.1%) and female (n = 1674, 52.9%) patients bitten or struck by dogs. **c.** The number of patients bitten or struck by dogs by social deprivation of the area where the bite occurred (1 = Most deprived, 5 = Least deprived). **d.** The number of patients bitten or struck by dogs by population density of the area where the event occurred (Hamlet and Isolated Dwellings = least densely populated, Urban over 10k = most densely populated).

Figure 2. The number of events of patients bitten or struck by dogs by the age and sex of patients. * = Standardised residuals indicate a significant difference.

Tables

Table 1: Social and Environmental Predictors for Dog Bites

Predictor	Test Statistic	p value
Maximum daily temperature (Celsius)	Estimate = 0.013	p < 0.001*
Precipitation (mm)	Estimate = -0.001	p = 0.822
Humidity (%)	Estimate = 4.976x10 ⁻⁴	p = 0.855
Wind speed (kph)	Estimate = -0.004	p = 0.064
Pressure (mb)	Estimate = 2.080x10 ⁻⁴	p = 0.918
Cloud cover (%)	Estimate = 4.868x10 ⁻⁴	p = 0.589
Phase of the lunar cycle	F = 1.449	p = 0.204
Season	F = 8.739	p < 0.001*
Level of COVID restrictions	F = 14.340	p < 0.001*
Pre/During/Post-COVID	F = 10.073	P < 0.001*
School holiday	Estimate = 0.178	p < 0.001*
Weekday or weekend	Estimate = 0.099	p = 0.011*

Table 2: The Relationship Between Categorical Variables and Their Statistic Significance Regarding the Risk of Dog Bites

Relationship between categorical variables	Significant Groups (and Standardised Residuals)	p value
Age and Socioeconomic Status	1 st Quintile: 0-11 years (4.324), 50-59 years (-2.066), 70-79 years (-4.276)	p<0.001
	5 th Quintile: 0-11 years (-3.600), 50-59 years (2.492), 70-79 years (2.341)	
Age and Population Density	Hamlet and Isolated Dwellings: 0-11 years (-2.297), 60-69 years (2.561), 70-79 years (2.004)	p=0.002
	Urban over 10k: 0-11 years (2.351), 60-69 years (-2.667), 70-79 years (2.535)	
Age and Season	Summer: 0-11 years (3.994)	p<0.001
	Winter: 0-11 years (-2.214), 90-99 years (2.409)	
Age and Level of COVID Restrictions	No restrictions: 18-29 years (-3.558), 70-79 years (2.424), 80-89 years (2.515)	p=0.001
	Easing restrictions: 18-29 years (3.373), 70-79 years (-2.228)	
	Lockdown: 80-89 years (-2.032)	
Age and Pre/During/Post COVID	Pre-COVID: 0-11 years (2.249), 30-39 years (-2.961), 70-79 years (2.135)	p<0.001
	During COVID: 18-29 years (3.541), 70-79 years (-2.435), 80-89 years (-2.521)	
	Post-COVID: 0-11 years (-2.235), 60-69 years (2.154)	
Sex and Socioeconomic Status	5 th Quintile: Female (3.297), Male (-3.297)	p=0.023

Footnotes

Contributors: The idea for this study was developed by NWJ and RD. The data was collected by RD and analysed by LP. The first draft of the manuscript was written by LP as part of Cardiff University Medical School’s year 4 student selected component (SSC) under the supervision of NWJ. Further drafts were written by LP with advice from NWJ and RD. The paper was prepared for submission by LP. The corresponding author attests that all listed authors meet authorship criteria and that no others meeting the criteria have been omitted.

Research Checklist: The STROBE Guidelines were adhered to.

Figures

Figure 1:

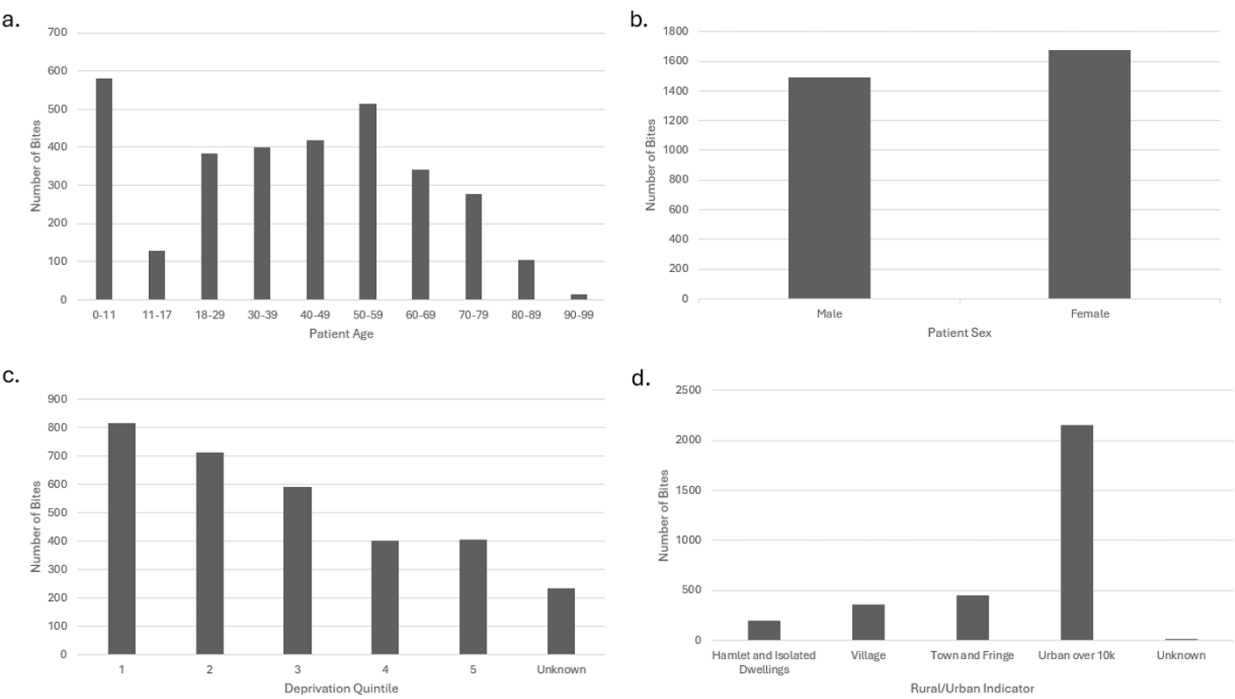


Figure 2:

