

Metachronous colorectal cancer risks after extended or segmental resection in MLH1, MSH2, and MSH6 Lynch syndrome: multicentre study from the Prospective Lynch Syndrome Database

Prospective Lynch Syndrome Database

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Introduction

Lynch syndrome (LS) is an autosomal dominant cancer predisposition syndrome caused by a pathogenic germline variant of one of the DNA mismatch repair (MMR) genes (MLH1, MSH2, MSH6, or PMS2) or epigenetic silencing of MSH2 caused by a deletion in the EPCAM gene^{1,2}. Pathogenic MMR variant (path_MMR) carriers have a high lifetime risk of developing colorectal, gynaecological, urinary tract, and other cancers. LS-associated cancers have MMR deficiency, leading to microsatellite instability (MSI) in the tumours.

According to the European Hereditary Tumour Group's latest position report, LS is now considered an umbrella term for four distinct types of LS: MLH1 syndrome, MSH2 syndrome, MSH6 syndrome, and PMS2 syndrome. These syndromes vary with regard to the age of onset of the associated cancers, sex predominance, and cancer incidence rates³.

Analysis of 8500 path_MMR carriers undergoing colonoscopic surveillance has shown that, for colon cancer, the cumulative risks at 65 years of age are 36.3%, 29.8%, 10.1%, and 2.8% in females and 48.4%, 41.5%, 12.7%, and 9.5% in males for path_MLH1, path_MSH2, path_MSH6, and path_PMS2 carriers respectively. For rectal cancer, the corresponding cumulative risks at 65 years of age are 4.6%, 7.6%, 3.9%, and 2.2% in females and 6.0%, 12.6%, 5.1%, and 0% in males⁴. Colonoscopic surveillance is routinely recommended for all LS patients⁵⁻⁸. However, despite colonoscopy with the removal of adenomas every 1-3 years, colorectal cancer (CRC) incidence remains high among LS patients^{9,10}.

Once colon cancer is identified, current European and American guidelines recommend considering extended colorectal surgery for path_MLH1 and path_MSH2 carriers, whereas segmental resection is recommended for path_MSH6 and path_PMS2 carriers. In the event of rectal cancer, either anterior resection or abdominoperineal resection is advised for all path_MMR carriers^{5,7}. These guideline recommendations are based on the risk of metachronous CRC. A previous Prospective Lynch Syndrome Database (PLSD) report described a 36% cumulative risk of metachronous CRC for path_MMR carriers from 40 to 70 years of age after a first CRC¹¹. Although numerous retrospective studies and several meta-analyses support the increased risk of metachronous CRC, despite segmental resection, recommendations for extended resection remain a subject of debate due to the current absence of prospective studies and randomized trials. Furthermore, no survival benefit has been demonstrated for extended surgery 12-18. A quality-of-life comparison between patients who had undergone segmental resection and patients who had undergone subtotal colectomy did not find a significant difference, but the latter group had poorer functional outcomes 19.

The aim of this study was to prospectively evaluate the risk of metachronous CRC, stratified by gene and the extent of the resection in previous surgery, contributing to the ongoing discussion on surgical strategies for LS patients.

Methods PLSD data

The PLSD background, design, and complete MySQL code are described in a recent publication²⁰. The analysis was performed using the latest version of the PLSD data (version 5), thoroughly described in the latest PLSD study⁴. The database contains data from 8500 patients from 25 different countries and provides

pathology classification, path_MMR information, and procedure names for previous and prospectively observed surgery.

76 289 follow-up years, including age at cancer diagnosis,

The data for this analysis were gathered as previously reported^{20,21}. path_MLH1, path_MSH2, path_MSH6, and path_PMS2 carriers were observed and follow-up years were calculated from an age of 25 years or the age of inclusion until their first prospective CRC, an age of 75 years, or patient death, whichever event came first. path_PMS2 carriers were not analysed separately due to an insufficient number of carriers and observation years in the database. Follow-up colonoscopies were performed at national expert centres, according to national guidelines presented in a previous publication²².

Annual and cumulative incidences

Annual incidence rates were calculated and are presented for 5-year intervals. Annual and cumulative incidences were determined as outlined in prior publications^{4,21}. The confidence intervals for cumulative incidence were calculated using Nelson-Aalen estimates, with an underlying Poisson distribution, as opposed to a normal distribution. This method has been described in detail in previous publications^{20,21}. The statistical difference for cumulative incidence was tested using the log rank method. The MySQL code for this analysis was authored by a bioinformatician (Kalle Ojala).

Surgery annotation

The available surgery data were classified into three categories: minor resection, segmental resection, and extended resection. Minor resection included biopsy, polypectomy, appendectomy, transanal resection, transverse resection, and ileocaecal resection. Segmental resection included right hemicolectomy, extended right hemicolectomy, left hemicolectomy, sigmoid resection for colon cancer, and anterior resection or abdominoperineal resection for rectal cancer. Extended resection included subtotal colectomy with ileosigmoid anastomosis and total abdominal colectomy with ileorectal anastomosis. Patients who had undergone multiple segmental resections before the prospective observation, in which the combined length of the resected colon was equivalent to subtotal or total colectomy, were categorized as part of the extended resection group.

Survival analysis

Survival analysis was conducted using the Kaplan-Meier method and stratified by surgery type. This analysis was performed separately for two patient groups that partially overlapped: those who underwent surgery before the start of the prospective observation in the study; and those who had the latest surgery after starting the prospective observation. The overall survival was defined as the time from the latest surgical intervention contributing to the categorization (segmental or extended) to death or the end of the prospective observation. All data analyses were performed using R²³.

Results

Patient characteristics

The study sample included 8438 path_MMR carriers from 25 countries (Table 1). Stratified by gene, there were 3110 (36.9%) path_MLH1 carriers, 3154 (37.4%) path_MSH2 carriers, 1634 (19.3%) path_MSH6 carriers, and 540 (6.4%) path_PMS2 carriers. The total number of prospective observation years was 65 370, with a mean follow-up time of 7.8 years. The mean age at inclusion for prospective follow-up varied from 43 years for path_MLH1 carriers to 49 years for path_PMS2 carriers.

At inclusion, 5368 path_MMR carriers had not had a prior or prevalent CRC before entering prospective observation, whereas 3070 path_MMR carriers had been diagnosed with CRC previously or at first colonoscopy and therefore had prior or prevalent bowel surgery before entering prospective observation. Of these path_MMR carriers who had undergone prior colorectal surgery, 2499 (81%) had one CRC, 456 (15%) had two CRCs, 98 had three CRCs, 11 had four CRCs, and 6 had five to six CRCs before entering the study.

First CRC was diagnosed in 489 path_MMR carriers and metachronous CRC was diagnosed in 364 path_MMR carriers. Staging information was available for 288 metachronous CRCs.

Of these, 104 were diagnosed at stage I, 123 were diagnosed at stage II, 53 were diagnosed at stage III, and 8 presented with metastatic disease. The mean(s.d.) time to developing metachronous CRC was 14.3(9.1) years for path_MLH1 carriers, 12.2(8.0) years for path_MSH2 carriers, and 10.2(7.4) years for path MSH6 carriers.

Cumulative incidences of primary and metachronous CRC

The cumulative incidence of a first CRC by the age of 75 years for path_MLH1 and path_MSH2 carriers with no prior CRC was 49.9% (95% c.i. 45.0% to 55.1%) and 45.8% (95% c.i. 40.6% to 51.3%) respectively (Table 2 and Fig. 1). Carriers of path_MSH6 had a lower cumulative incidence of a first CRC by the age of 75 years (17.4% (95% c.i. 12.1% to 24.7%)).

For path_MLH1 carriers, for those who had undergone a bowel resection for CRC previously, the cumulative incidence of metachronous CRC by the age of 75 years was as high as the incidence of a first CRC (52.5% (95% c.i. 46.7% to 58.5%)). For path_MSH2 carriers with previous CRC the risk of metachronous CRC by the age of 75 years was significantly higher (53.4% (95% c.i. 46.4% to 60.7%) than the risk of a first CRC (P<0.001). path MSH6 carriers with prior or prevalent CRC had a cumulative incidence of metachronous CRC of 30.8% (95% c.i. 23.3% to 40.0%; P < 0.001) by the age of 75 years.

Surgical treatment of CRC diagnosed before inclusion

In total, surgical data contained 112 unique surgery annotations, including synonyms, misspellings, translations, and similar. Surgical procedure history was available for 908 patients (29.6%). Among these, segmental resection was the procedure undertaken in 677 patients (74.6%) and extended resection (or a number of resections equivalent to extended resection) was performed in 155 patients (17.1%) before prospective observation. Minor resection was performed in 22 patients; however, these patients were excluded from the analysis because the procedures did not comply with the principles of oncological surgery. An additional 54 patients were not classified in any of the three categories due to indecipherable annotation (Table 3).

Among path MLH1 and path MSH2 carriers with CRC, 24.8% and 21.7% underwent extended surgery respectively. Segmental resection was the chosen procedure in 93.5% of the path_MSH6 carriers and in 48 of 49 of the path_PMS2 carriers. Right hemicolectomy was the most frequently performed segmental

Cumulative incidence of metachronous CRC stratified by previous surgical treatment of CRC

The cumulative incidence of metachronous CRC after segmental and extended bowel resections for prior CRC stratified by gene are presented in Table 4 and illustrated in Fig. 2.

path_MLH1 carriers had a higher risk of metachronous CRC by the age of 75 years after segmental colorectal resection (69.1% (95% c.i. 58.6% to 79.0%)) compared with extended surgery (25.1% (95% c.i. 10.4% to 53.4%)). Similarly, path_MSH2 carriers had a cumulative incidence of metachronous CRC of 65.4% (95% c.i. 48.7% to 81.5%) after segmental resection and 14.7% (95% c.i. 5.0% to 39.0%) after extended resection.

The cumulative incidence of metachronous CRC after segmental resection was 31.9% (95% c.i. 19.5% to 49.3%) for path_MSH6 carriers, whereas no metachronous CRCs were observed in 11 path_MSH6 carriers who had extended resections (P = 0.051).

Table 1 Patients included, follow-up years, and age at inclusion by gene, history of CRC before inclusion, and country from version 5 of the PLSD

Group	Patients included, number	Follow-up years				Age (years) at inclusion		
		Number	Mean	Min	Max	Mean	Min	Max
All	8438	65 370	7.8	1	40	45	25	73
Gene								
MLH1	3110	27 900	9.0	1	38	43	25	73
MSH2	3154	24 155	7.7	1	31	44	25	73
MSH6	1634	10 556	6.5	1	40	48	25	73
PMS2	540	2759	5.1	1	23	49	25	73
History of CRC befo	ore inclusion							
No CRC	5368	43 297	8.1	1	40	42	25	73
CRC	3070	22 073	7.2	1	38	50	25	73
Country								
Denmark	1698	15 200	9.0	1	33	44	25	73
Finland	1062	12 800	12.1	1	38	42	25	73
Germany	995	6280	6.3	1	27	44	25	73
Australia	814	6740	8.3	1	33	45	25	73
Spain	693	3450	5.0	1	21	45	25	73
UK	595	3540	6.0	1	36	44	25	73
Holland	523	3460	6.6	1	40	51	25	73
USA	383	2372	6.6	1	16	51	25	73
Italy	326	2380	7.3	1	33	41	25	73
Norway	296	2060	7.0	1	20	44	25	73
Israel	282	1470	5.2	1	31	44	25	73
Canada	180	1280	7.1	1	16	50	25	73
Sweden	153	1350	8.8	1	25	44	25	72
Switzerland	75	448	6.0	1	25	51	28	71
Uruguay	68	460	6.8	1	21	43	25	68
Poland	61	585	9.6	1	22	40	25	69
New Zealand	60	430	7.2	1	12	44	25	67
Brazil	54	421	7.8	1	26	46	25	66
Chile	42	239	5.7	1	12	44	25	66
Argentina	35	205	5.9	1	27	42	27	71
Ireland	18	74	4.1	1	15	48	28	64
Colombia	12	52	4.3	2	7	47	39	60
India	9	19	2.1	1	3	45	33	62
Mexico	3	15	5.0	3	7	28	25	35
Hungary	1	6	6.0	6	6	39	39	39

CRC, colorectal cancer; PLSD, Prospective Lynch Syndrome Database.

Table 2 Cumulative incidences of first and metachronous CRC by gene

Cancer	Age (years)	Cumulative incidence at age (95% c.i.), %			
		path_MLH1	path_MSH2	path_MSH6	
First CRC	30	1.4 (0.5,3.7)	2.5 (1.2,5.6)	1.7 (0.2,11.1)	
	40	12.1 (9.6,15.3)	8.9 (6.4,12.4)	4.0 (1.4,10.9)	
	50	24.7 (21.4,28.3)	18.6 (15.3,22.7)	6.1 (2.9,12.6)	
	60	36.7 (32.9,40.8)	29.6 (25.6,34.1)	10.6 (6.5,17.0)	
	70	45.5 (41.2,50.2)	42.7 (37.8,47.8)	16.4 (11.3,23.5	
	75	49.9 (45.0,55.1)	45.8 (40.6,51.3)	17.4 (12.1,24.7	
Metachronous CRC	30	0	4.1 (0.6,25.8)	0	
	40	7.9 (3.9,15.8)	10.4 (4.2,24.6)	0	
	50	19.5 (14.1,26.6)	25.2 (17.5,35.4)	4.4 (1.4,13.0)	
	60	31.9 (26.2,38.4)	36.2 (28.7,45.0)	16.3 (10.3,25.4	
	70	45.8 (40.1,51.9)	49.2 (42.2,56.7)	28.4 (21.1,37.5	
	75	52.5 (46.7,58.5)	53.4 (46.4,60.7)	30.8 (23.3,40.0	

CRC, colorectal cancer; path_MMR, pathogenic MMR variant.

As a subgroup analysis, the cumulative incidence of metachronous CRC after surgical treatment of previous or prevalent colon cancer was calculated, excluding the previous or prevalent rectal cancers, with no apparent differences to the results (Fig. S1 and Table S1). The cumulative incidence results were also broken down by prospectively observed colon cancer only and prospectively observed rectal cancer only, and

also by sex. The rectal cancer rate was unaffected by the extent of the colon resections, whereas the extended colon resections reduced the risk of metachronous colon cancers in both males and females (Figs S2–S4). The cumulative incidence of metachronous CRC was analysed based on the location of prior segmental resection (right *versus* left), with no significant difference observed (Fig. S5).

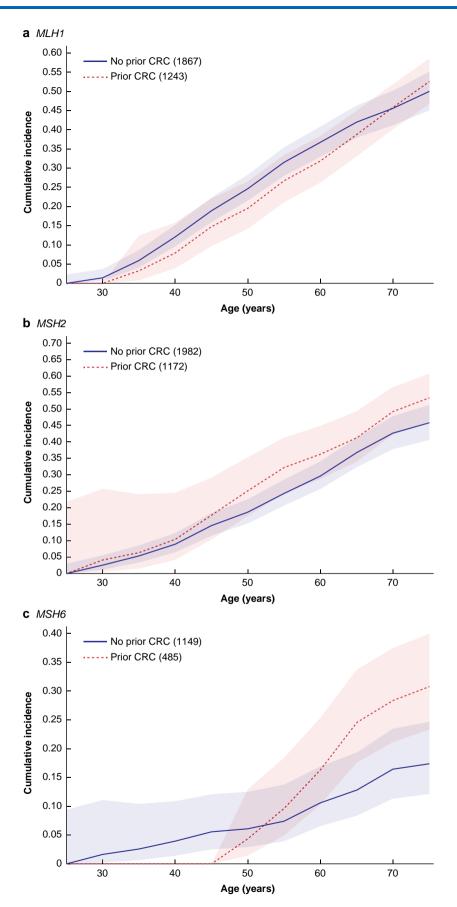


Fig. 1 Cumulative incidence of a first CRC for path_MMR carriers with no previous CRC and cumulative incidence of metachronous CRC for path_MMR carriers with previously diagnosed CRC by gene (with 95% confidence intervals)

Table 3 Surgical treatment of CRC before prospective observation, by gene and country

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	Segmental resection $(n = 677)$	Extended resection $(n = 155)$
Gene, n (%)		
MLH1	239 (75.2)	79 (24.8)
MSH2	231 (78.3)	64 (21.7)
MSH6	159 (93.5)	11 (6.5)
PMS2	48 (98)	1 (2)
Country		
Denmark	306	59
Italy	82	7
Holland	59	2
Finland	54	34
Israel	51	13
UK	37	11
Brazil	21	13
Chile	21	11
Colombia	12	0
Ireland	8	1
Spain	6	2
Switzerland	6	0
India	6	0
USA	3	0
Australia	2	2
Argentina	2	0
Norway	1	0

Values are n unless otherwise indicated. CRC, colorectal cancer.

Table 4 Cumulative incidence of metachronous CRC by previous surgical treatment of CRC and gene

Surgery	Age (years)	Cumulative incidence at age (95% c.i.), %				
		path_MLH1	path_MSH2	path_MSH6		
Segmental resection	30	0	18.1 (2.8,75.8)	0		
	40	3.5 (0.5.22.5)	21.6 (4.6,71.8)	0		
	50	, , ,	34.0 (14.1,68.0)	9.8 (2.6,33.8)		
	60	43.4 (32.8,55.7)	49.1 (29.6,72.6)	19.1 (8.7,38.8)		
	70	61.8 (51.3,72.4)	62.0 (44.7,79.4)	26.5 (14.8,44.7)		
	75	69.1 (58.6,79.0)	65.4 (48.7,81.5)	31.9 (19.5,49.3)		
Extended resection	30	0	0	NA		
	40	0	0	NA		
	50	3.8 (0.5,23.9)	Ō	0		
	60	6.9 (1.8,25.1)	10.0 (2.6,33.8)	0		
	70	16.5 (6.3,39.3)	14.7 (5.0,39.0)	0		
	75	25.1 (10.4,53.4)	14.7 (5.0,39.0)	0		

CRC, colorectal cancer; path_MMR, pathogenic MMR variant; NA, not available.

Survival

Survival data after CRC were available for 688 (8.2%) path_MMR carriers. Of these, 169 patients underwent either segmental or extended resection; surgical data were not available for the remaining 519 patients.

No difference in overall survival 15 years after the last surgery was observed between the segmental resection and extended colectomy cohorts within the group that had surgery before entering prospective observation (P = 0.320) or the group that had surgery after entering prospective observation (P = 0.832) (Fig. 3).

Discussion

This large prospective observational study compares the incidence of metachronous CRC after partial versus extended surgical resection for CRC in patients with LS. It demonstrated that, for path_MLH1, path_MSH2, and path_MSH6 carriers, the risk of metachronous CRC was lower in those having extended compared with segmental resection, despite continued endoscopic surveillance. LS patients with previous standard segmental resections for CRC had a similar or higher prospectively observed cumulative incidence of metachronous CRC compared with the corresponding incidence of a first CRC for path_MMR carriers who had no previous CRC. When stratified by gene, the confidence intervals were wide, but those with previous CRC appeared to have an elevated risk of metachronous CRC compared with the risk of a first CRC in those without previous CRC. This challenges the conclusion made in the 2017 PLSD paper that was based on a smaller cohort and did not observe this increase in risk¹¹.

This study included confirmed class 4 or 5²⁴ path MMR carriers with no previous CRC history, as well as path_MMR carriers who had survived primary CRC after undergoing segmental or extended large bowel resection, thereby allowing for the calculations of cumulative risks of first and metachronous CRCs. LS patients with prior CRC had a risk of metachronous CRC that was similar to the risk of a first CRC for path_MLH1 carriers and a risk of metachronous CRC that was higher than the risk of a first CRC for path_MSH2 and path_MSH6 carriers. However, this direct comparison ignores the fact that many previously identified path_MMR carriers undergo extended resection for their CRC and the residual risk after any resection should be lower than when the whole bowel remains in situ. This suggests that certain additional risk-increasing factors contribute to individual CRC risk. The lack of reduction in metachronous cancer risk compared with the risk of a first CRC should be weighed against the type of surgical resection and also raises the question of whether shorter colonoscopic surveillance intervals should be used for those with previous CRC compared with those without previous CRC.

A recent retrospective study from the Netherlands reported an incidence rate of 16% for metachronous CRC after segmental resection for path_MSH6 and path_PMS2 carriers²⁵. Interestingly, in the present study, the cumulative incidence of prospectively observed metachronous CRC after standard segmental resection for the first CRC was substantially higher than the cumulative incidence of a first CRC for path_MSH6 carriers (Fig. 1c). Extended resections were undertaken rarely for path_MSH6 carriers. However, none of the path MSH6 carriers with available data who underwent extended resection in the present study developed metachronous CRC. Those with previous CRC and path_MSH6 may have additional risk factors that increase their incidence of CRC. Another possible explanation is that those with previous CRC have already reached the point where the immune system is less effective in controlling MMR-deficient carcinogenesis and previous CRC serves as a surrogate for selecting out those with increased risk. Nevertheless, the observation of an increased risk of metachronous CRC in those who had standard resections followed by surveillance, compared with those with no previous CRC undergoing surveillance, leads the authors to believe that extended colectomy significantly reduces the risk of metachronous CRC for path_MSH6 carriers. This suggests that surgical recommendations for path_MSH6 carriers with CRC that currently favour segmental resection should be revisited⁵.

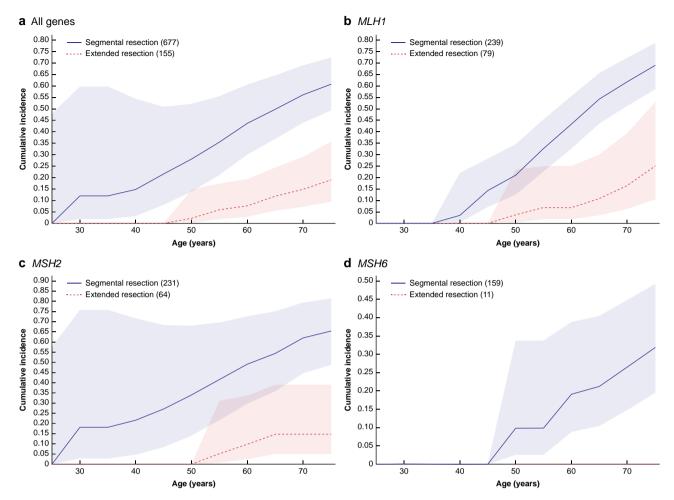


Fig. 2 Cumulative incidence of metachronous CRC for path_MMR carriers who previously underwent segmental or extended resection by gene (with 95% confidence intervals)

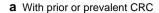
a All genes. b MLH1. c MSH2. d MSH6. CRC, colorectal cancer; path_MMR, pathogenic MMR variant.

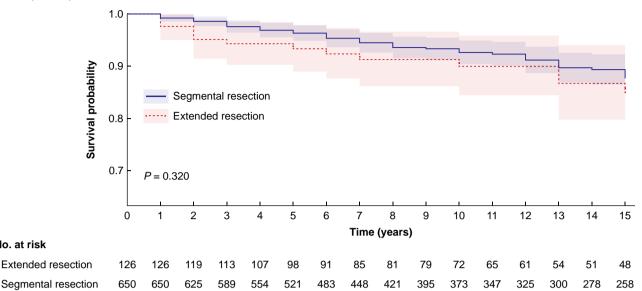
A previous PLSD study found the cumulative risk of primary CRC for path_PMS2 carriers at the age of 75 years is 10.4% (95% c.i. 2.9% to 40.8%)²⁶. Similar results were also reported by ten Broeke et al.²⁷. Another previous PLSD study attempted to calculate the risk of metachronous CRC for path_PMS2 carriers, but was unsuccessful due to a limited number of patients (47 patients)¹¹. Although the present study had a multicentre design and a larger sample size (540 patients), the low number of metachronous CRC events did not allow reliable calculations of the cumulative incidence of subsequent CRC for path_PMS2 carriers. The limited findings of low metachronous CRC risk support the current guideline recommendations, favouring segmental resection for the treatment of a first CRC for path_PMS2 carriers.

Although guidelines recommend extended large bowel resection for the first CRC for path_MLH1 and path_MSH2 carriers, segmental resection was performed in the majority of such patients^{5–8}. Based on the breakdown of data by the colon and rectum in the present study, it seems that only occasional sigmoid colon cancers appear after subtotal colectomy, whereas the rate of rectal cancer is unchanged whether or not the colon is removed. The proportion of patients receiving confirmation of their LS diagnoses after their first CRC may, in part, account for the notable frequency of segmental resections observed and this may vary by country. However, if LS is confirmed before treating

a first or metachronous CRC, it is imperative to provide updated information to patients. This should include discussion about the risk of metachronous CRC, potential surgical complications, CRC surveillance after surgery, and expected quality-of-life and functional outcomes associated with both segmental and extended bowel resection. The choice of surgical approach should therefore be tailored accordingly.

The most recent meta-analysis by Toh et al.²⁸ indicates that LS carriers diagnosed with primary CRC have a 5-year overall survival rate of 90% and a 10-year overall survival rate of 80%. However, a survival advantage for extended resection compared with segmental resection has not been demonstrated previously 12-18. The present study did not find any survival benefit either. The lack of an observed survival benefit may be attributed to several factors. LS patients typically undergo regular colonoscopies every 2-3 years, facilitating diagnosis at an early stage, and LS-associated CRCs are generally associated with a better prognosis. Dominguez-Valentin et al.²⁹ analysed LS patients under colonoscopic surveillance who developed their first colon cancer, and 81% were diagnosed with stage I or II colon cancer; the 10-year survival after colon cancer was 93%, 94%, and 82% for stage I, stage II, and stage III disease respectively, much higher than for sporadic cancer. Advances in surgical techniques and the prompt detection of complications through CT imaging have also contributed to improved survival outcomes after colorectal





b With prospectively diagnosed CRC

No. at risk

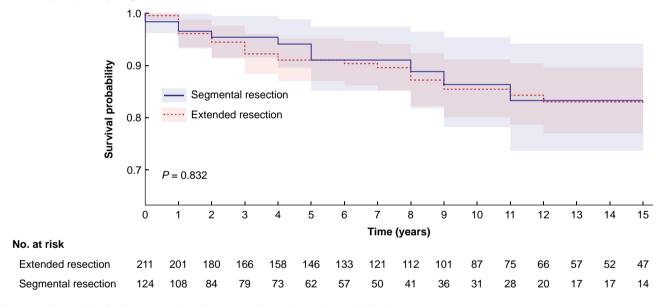


Fig. 3 Overall survival of path_MMR carriers for segmental resection and extended colectomy groups

a With prior or prevalent CRC. b With prospectively diagnosed CRC. CRC, colorectal cancer; path_MMR, pathogenic MMR variant.

surgery. Given that survival rates do not differ significantly with extended surgery, it is essential to discuss both surgical options with patients, considering their personal preferences and lifestyles, to determine the most suitable treatment.

A limitation of the present study is the under-reporting of the type of surgery and survival data to the PLSD. The contributing centres reporting the type of surgery may have been more aware of the surgical guidelines and performed extended bowel resections in LS carriers more often than the centres that did not record the type of surgery. The strengths of the study are the prospective design and the number of extended colectomies that was large enough to statistically compare outcomes between segmental and extended colectomies, stratified by the MMR gene involved.

This study has found that path_MLH1 and path_MSH2 carriers who undergo segmental resection for a first CRC were at increased risk of metachronous CRC compared with those with no prior CRC. This increased risk also applied to path_MSH6 carriers, suggesting extended surgery may also be indicated to manage their first CRC. Extended resection for LS-associated CRC substantially decreased the risk of metachronous CRC compared with segmental resection in all three groups of path_MMR carriers.

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Funding

Kristina Zalevskaja was supported by the William, Bertta and Erkki Lylys Foundation and the South Savo Regional Fund. Toni T. Seppälä was supported by the Cancer Foundation Finland (grant 63-6409), the Jane and Aatos Erkko Foundation (grant 21002), the Relander Foundation, the Sigrid Jusélius Foundation (grant 240194), the Academy of Finland (grant 338657), the iCAN Precision Medicine Flagship of the Academy of Finland (grant 346555), and state research funding through the HUS (grant TYH2022323) and Pirkanmaa Welfare Area (Pirha, grants T63354 and T66854). Julian R. Sampson was supported by Health Care Research Wales via a grant to Wales Gene Park. John-Paul Plazzer has received funding support from the RMH Allan Watt and Chris Geyer Oncology Fellowship. Dafydd Gareth Evans is supported by the Manchester National Institute for Health Research (NIHR) Biomedical Research Centre (ISBRC-1215-20007). The German Consortium for Familial Intestinal Cancer was supported by grants from German Cancer Aid. Gabriel Capella, Joan Brunet Vidal, and Marta Pineda were funded by the Spanish Ministry of Science and Innovation and co-founded by FEDER M.D. Catalonia (grant 2017SGR1282). Gabriel Capella was supported by the Spanish Ministry of Economy and Competitiveness and the Spanish Ministry of Science and Innovation, co-funded by FEDER funds (PID2019-111254RB-I00; IMPaCT Genomica IMP/0009) and CIBERONC (CB16/12/00234), and the Government of Catalonia. Gabriel Capella thanks the CERCA Programme for institutional support. Finlay Macrae is supported by a Synergy Grant (2021/ GNT2010268), Targeted Research (2021/GNT2014703), Cancer Australia (Capp3), and the Victorian Cancer Agency (Capp3, 2016.339). Deepak Vangala is supported by German Cancer Aid. Sanne W. ten Broeke is supported by The Dutch Cancer Society grant for research. Juan Ruiz-Bañobre is supported by Instituto de Salud Carlos III, Ministerio de Ciencia e Innovación—Juan Rodés contract (JR21/00019) and a 2020 TTD Research Grant from the Spanish Cooperative Group for the Treatment of Digestive Tumours. Harsh Sheth contributed with support from the Gujarat State Biotechnology Mission (GSBTM/JDR&D/604/2019/299 and GSBTM/JDR&D/663/2023-24/02003575). Dirce Maria Carraro and Giovana Tardin Torrezan were funded by the São Paulo Research Foundation (FAPESP grant number 2014/50943-1) and the National Council for Scientific and Technological Development (CNPq grant number 465682/2014-6). Kevin Monahan was funded by the 40tude charity for the Lynch Cancer (LynC) Prevention Study, UK. The work by Maartje Nielsen was funded by the Dutch Digestive Foundation (FP16-06). Luigi Laghi reports a relationship with the Humanitas Clinical and Research Centre, University of Parma.

Disclosure

Toni T. Seppälä declares consultation fees from Tillots Pharma, Nouscom, and Mehiläinen. Toni T. Seppälä is CEO and co-owner of Healthfund Finland and a clinical advisory board member of Lynsight. Reinhard Büttner has received honoraria for lectures and advisory boards from AbbVie, Amgen, AstraZeneca, Bayer, BMS, Boehringer Ingelheim, Illumina, Lilly, Merck-Serono, MSD, Novartis, Qiagen, Pfizer, Roche, and Targos MP Inc. Reinhard Büttner is a co-founder and scientific advisor for Targos Mol. Pathology Inc. Kassel/Germany. Francesc Balaguer is supported by Janssen Pharmaceuticals (clinical trial for familial adenomatous polyposis). Robert Hüneburg is supported by the Fujifilm Germany and Janssen Pharmaceuticals. Lior H. Katz is a consultant for Sandoz, Novartis, and Abbott. Gabriela Möslein reports consultancy fees from Johnson & Johnson. Marc Greenblatt is

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Supplementary material

Supplementary material is available at BJS online.

Data availability

Individual patient data are not publicly available due to restrictions with regard to data privacy. Aggregate results based on publications can be viewed at www.PLSD.eu.

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