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A Comparative Investigation of Task Switching Performance in Category Learning Paradigms

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Abstract

Recent research has demonstrated that task switching – which has traditionally been attributed to declarative rule use and executive control – can also be supported by associative learning mechanisms. However, whereas declarative task switching is characterized by large switch costs and small congruency effects, associative mechanisms may produce small (or no) switch costs and large congruency effects. Here, we asked whether humans (who possess both declarative and associative learning mechanisms) and pigeons (which have thus far shown no evidence of possessing declarative learning mechanisms) would display different patterns of performance when switching either between two rule-based (RB) subtasks, which should encourage declarative rule use, or between two information-integration (II) subtasks, which should encourage associative learning. The pigeons showed no switch costs in either task condition, consistent with the view that they depend entirely on associative mechanisms to solve both RB and II tasks. Conversely, the humans showed strong switch costs in both task conditions. These data raise two possibilities: (1) that human learners may have used declarative mechanisms to solve both RB and II tasks, and (2) that among humans, associative learning mechanisms might not reliably preclude switch costs. The theoretical implications of each possibility are discussed.

Keywords: Task-switching, categorization, pigeons, RB-II, dual-systems

1 Several prominent theories of learning and categorization have argued that humans have
2 two different learning mechanisms – one declarative, one associative – with the potential to
3 promote adaptive responding (Ashby, Alfonso-Reese, Turken, & Waldron, 1998; McLaren et al., 2019;
4 see also Minda, Roark, Kalra & Cruz, 2024). In comparison to declarative processes, which may be
5 restricted to select species (including humans and possibly some nonhuman primates), associative
6 processes are evolutionarily ancient and conserved across species (Smith et al., 2012; see also Pontes
7 et al., 2020). Humans' impressive cognitive achievements are often attributed to our capacity for
8 declarative processing, and by contrast, some authors have drawn a sharp dividing line between
9 associative learning and more "complex" forms of cognition (such as concept formation, language,
10 and executive control; e.g., Allen & Bekoff, 1995; Marcus, Vijayan, Rao, & Vishton, 1999; Mulcahy &
11 Call, 2006).

12 Nevertheless, several lines of inquiry stemming from machine learning (Silver et al., 2016;
13 Silver et al., 2017) and cognitive psychology (Lind, 2018; McMurray, Horst, & Samuelson, 2012;
14 Sloutsky, Yim, Yao, & Dennis, 2017; Wasserman, Kain, & O'Donoghue, 2023) have demonstrated that
15 associative learning can support highly flexible, goal-directed behaviour across varied cognitive
16 domains. In line with this perspective, researchers have found that task switching – which has
17 traditionally been viewed with the ambit of executive control and declarative processing (e.g.,
18 Monsell, 2003) – can likewise be accomplished through associative mechanisms (Castro &
19 Wasserman, 2016; Meier, Lea, Forrest, Angerer, & McLaren, 2013; Meier, Lea, & McLaren, 2016;
20 Forrest, Elchlepp, Monsell, & McLaren, 2012; Li, Li, Liu, Lages, & Stoet, 2019a; O'Donoghue &
21 Wasserman, 2021).

22 In a typical task switching paradigm, participants concurrently perform two or more tasks
23 involving the same stimulus set. On every trial, a *task cue* is presented to signal which contingencies
24 of reinforcement are in force on that trial. For example, a hypothetical participant might have to
25 classify a number according to either quantity (high/low) or parity (odd/even), contingent on the

26 color of a background cue. These two tasks would be intermixed within each session, thereby
27 requiring the participant to shift their classification strategies on a trial-by-trial basis.

28 As in the above example, most task switching paradigms explore the effect of switching
29 between declarative decision rules; indeed, participants are often directly informed of the rules prior
30 to beginning the experiment (c.f., Meier et al., 2013). Under these circumstances, human participants
31 evidence at least two characteristic patterns of responding.

32 First, participants display small *congruency effects*: they are slightly, but reliably faster (and
33 sometimes more accurate) to respond to stimuli which require the same response regardless of the
34 task cue, relative to stimuli which require different responses depending on the task cue (Kiesel,
35 Wendt, & Peters, 2007). For example, if “odd numbers” and “numbers < 5” are assigned to one
36 response key, whereas “even numbers” and “numbers > 5” are assigned to the second response key,
37 then “3” is a congruent stimulus (because it requires the same response in both tasks) and “7” is
38 incongruent (because it requires a different response in each task).

39 Second, participants display large *switch costs*: when trial N involves a different decision rule
40 than trial $N-1$, response times increase and/or accuracies decrease relative to when the same
41 decision rule repeats across trials (Monsell, 2003; Samavatyan & Leth-Steensen, 2009). These switch
42 costs are often attributed to the need to discard the executive *task set* that was appropriate for trial
43 $N-1$, and to recruit the task set that is appropriate for trial N . Switch costs have been framed as a
44 hallmark of executive functioning (e.g., Monsell, 2003): they persist across a wide variety of
45 paradigms and populations (Ardiale, Hodzik, & Lemaire, 2012; Ellefson, Shapiro, & Chater, 2006);
46 they are not eliminated (although they can be reduced) through advanced preparation (Nieuwenhuis
47 & Monsell, 2002), extended practice (Stoet & Snyder, 2007), or expertise (Slama, Rebillon, & Kolinsky,
48 2017); and they may have adaptive value because they promote sustained attention to ongoing tasks
49 (Li, Li, Lages, & Stoet, 2017) while they shield participants from irrelevant sources of variance
50 (Dreisbach & Haider, 2008).

51 *Associative Task Switching*

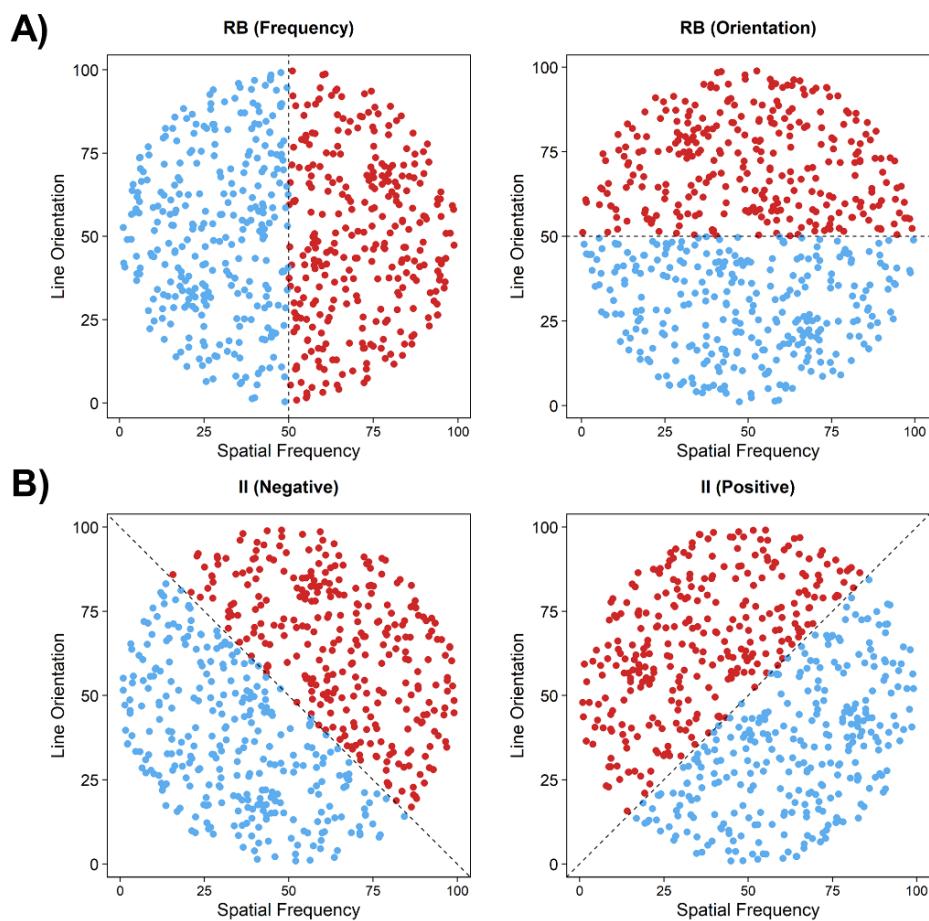
52 If switch costs are a byproduct of executive control, then they should be eliminated (or at
53 least strongly reduced)¹ in paradigms that do not encourage declarative rule use. Although
54 associative task switching is less well-studied than declarative task switching, studies involving both
55 human associative learners (e.g., Forrest et al., 2012; Li et al., 2019; Meier et al., 2013) and
56 nonhuman species which may lack human-like executive functioning (e.g., Castro & Wasserman,
57 2016; Meier et al., 2013; Meier et al., 2016; O'Donoghue, Broschard, & Wasserman, 2020;
58 O'Donoghue & Wasserman, 2021) are thus far consistent with this prediction. In contrast to rule
59 users, who typically produce large switch costs relative to small congruency effects, associative
60 learners typically produce small (or no) switch costs relative to large congruency effects (e.g., Forrest
61 et al., 2012; Li et al., 2019a; Meier et al., 2013; see Forrest et al., 2012, for proof-of-concept that a
62 purely associative mechanism can produce small switch costs).

63 Comparative investigations of associative task switching are complicated by the fact that
64 humans are strongly biased toward declarative rule use (Ashby et al., 1998; Smith et al., 2012), which
65 makes the contributions of associative mechanisms extremely difficult to isolate (McLaren et al.,
66 2019). In lieu of explaining task rules to human participants (as is standard in the declarative
67 literature), most associative task switching paradigms either require research participants to
68 memorize a comprehensive list of cue-stimulus-response (CSR) mappings (e.g. Li et al., 2019a) or to
69 use small stimulus sets that are likewise amenable to exemplar memorization (Forrest et al., 2012;
70 Meier et al., 2013). In some cases, extra precautions are taken to ensure that task rules are non-
71 discoverable; for example, Li, Li, Liu, Lages, and Stoet (2019b) investigated task switching
72 performance among English-speaking participants tasked with categorizing Chinese numerals.

¹Note that switch costs can be incurred not just by switching *tasks*, but also by switching *cues* (e.g., Jost, De Baene, Koch, & Brass, 2013). We revisit this issue in the General Discussion.

73 Whether such memorization is truly associative remains a matter of debate. Some authors
 74 have asserted that CSR memorization primarily reflects the contributions of associative processes
 75 (Bower & Winzenz, 1970), whereas others have argued that associative learners should not have
 76 conscious access to their memory representations (e.g., Edmunds, Wills, & Milton, 2016; Smith et al.,
 77 2012), meaning that effortful memorization would constitute a declarative learning strategy.

78 With this debate in mind, we aimed to compare humans' declarative and associative task
 79 switching performance using a paradigm that *encourages* associative learning (by making task rules
 80 difficult to verbalize) while also *discouraging* CSR memorization (through the use of trial-unique
 81 stimuli). To do so, we compared task switching performance among participants trained to solve rule-
 82 based (RB) and information-integration (II) tasks like those depicted in Figure 1.



84 *Figure 1.* Sample rule-based (A) and information-integration (B) stimulus distributions. The color of the points denotes
85 category assignment, and the dashed lines denote the optimal decision bounds. Note that, although the stimulus
86 distributions shown here are circular and uniformly sampled, most RB-II research has instead used bivariate normal
87 distributions (e.g., Crossley, Roeder, Hélie, & Ashby, 2018; Smith et al., 2012). In our laboratory, we prefer to use circular
88 distributions because they ensure that both tasks and all four subtasks are sampled from shared regions of the stimulus
89 space (O'Donoghue et al., 2020; O'Donoghue & Wasserman, 2021).

90 RB and II tasks are created by sampling two categories from the same bidimensional stimulus
91 space, often comprising sinusoidal gratings that vary in spatial frequency and line orientation (e.g.,
92 Crossley et al., 2018; Smith et al., 2012). In our RB tasks (Figure 1A), the optimal decision bound that
93 separates the two categories lies perpendicular to a single dimension, rendering only that dimension
94 relevant for categorization. Because these decision bounds are readily verbalizable (e.g., “if the lines
95 are angled at less than 45°, then the stimulus belongs to category ‘A’; otherwise, it belongs to
96 category ‘B’”), the RB tasks encourage declarative rule use (Ashby & Valentin, 2017).

97 By contrast, the diagonal decision bounds that delineate the II distributions are not easy to
98 verbalize. To solve the II tasks, participants must integrate information about *both* spatial frequency
99 and line orientation, which is often assumed to encourage associative processing (e.g., Ashby &
100 Valentin, 2017; Smith et al., 2012).

101 Supporting the assertion that RB and II tasks may engage different learning mechanisms,
102 human participants reliably learn RB tasks more quickly than II tasks. This discrepancy is often taken
103 to reflect the fact that II learners begin by testing declarative decision rules, but must then abandon
104 those rules to achieve task mastery (see Ashby & Valentin, 2017, for a review of the RB advantage
105 alongside related RB-II dissociations). Critically, at least two nonhuman species believed to possess
106 the associative system, but to lack the declarative system – namely, pigeons (O'Donoghue, et al.,
107 2020; Smith et al., 2011; Smith et al., 2012) and rats (Broschard, Kim, Love, Wasserman, & Freeman,
108 2019) – show no differences in RB and II learning speed, suggesting that the disparities observed in

109 the human literature cannot be explained by task difficulty (see also Ashby & Valentin, 2017; c.f.,
110 Nosofsky, Stanton, & Zaki, 2005; Zaki & Kleinschmidt, 2014)².

111 To date, very few authors have examined humans' task switching performance in the context
112 of RB and II categorization. Meier et al. (2013) trained participants to switch between simplified
113 versions of the two RB subtasks depicted in Figure 1A. After trial-and-error learning, participants who
114 successfully verbalized the rules governing each subtask displayed strong switch costs and small
115 congruency effects, consistent with declarative rule use. By contrast, participants who did not
116 verbalize either categorization rule displayed no switch costs and strong congruency effects,
117 consistent with associative learning. However, Meier et al.'s (2013) stimulus set comprised just four
118 unique stimuli, which might have encouraged exemplar memorization even though their participants
119 were not explicitly instructed to memorize the stimuli.

120 Separately, Crossley et al. (2018) asked whether participants could simultaneously learn and
121 switch between an RB subtask and an II subtask involving randomly sampled stimuli, under the
122 assumption that this procedure necessitates trial-by-trial switching between declarative and
123 associative mechanisms (see also Erickson, 2008). Such switches proved to be difficult, but possible.
124 In addition, RB-II switches were more difficult than switches between a unidimensional RB subtask
125 and a bidimensional RB task, suggesting that switching between declarative and associative
126 mechanisms may be more costly than switching between two declarative rules.

127 On the other hand, we were particularly interested in conditions that were not examined in
128 any of this prior work: namely, requiring participants to switch between two unidimensional,
129 randomly-sampled RB subtasks (Figure 1A), which should each depend on declarative rule use, or

² Beyond this basic *RB advantage*, RB and II tasks have yielded numerous behavioral and neurobiological dissociations suggesting that they engage different learning mechanisms (for a review, see Ashby & Valentin, 2017). However, several of these dissociations have either failed to replicate (e.g., Edmunds, Wills, & Milton, 2019; Newell, Dunn, & Kalish, 2010) or may have been confounded by other factors (e.g., Stephens & Kalish, 2018; Newell, Moore, Wills, & Milton, 2013). A full review of the debate surrounding RB and II tasks lies beyond the scope of the present report; however, we revisit this issue in the *General Discussion*.

130 requiring participants to switch between two bidimensional, randomly-sampled II subtasks (Figure
131 1B), which should each encourage associative mechanisms. If human learners engaged the optimal
132 associative strategy to solve the two II subtasks, then we expected that they would show significantly
133 weaker switch costs relative to human rule-users trained to switch between the two RB subtasks.

134 To determine whether human learners arrived at the optimal strategies for each task
135 condition, we considered the concordance between two manipulation checks: decision bound
136 modelling (DBM; Ashby & Gott, 1988) and self-reported strategy use (e.g., Edmunds et al., 2016).
137 Additionally, and in effort to better discern which elements of humans' performance might be
138 mediated by associative mechanisms (that are shared across species), and which elements might be
139 mediated by declarative mechanisms (that may be unique to select species, including humans and
140 possibly some nonhuman primates; Smith et al., 2012), we conducted a comparative investigation
141 involving both humans (Experiment 1) and pigeons (Experiment 2A, wherein we trained pigeons
142 using the same general approach used in Experiment 1, and Experiment 2B, wherein we asked
143 whether differences in stimulus processing might explain our observed interspecies differences).

144 **Experiment 1**

145 In Experiment 1, we trained human participants to switch either between the two RB
146 subtasks (the RB-RB group) or between the two II subtasks (the II-II group) using the full stimulus
147 distributions depicted in Figure 1. If most participants converged on the optimal learning
148 mechanisms for each task condition (declarative rule use in the RB-RB group; associative learning in
149 the II-II group), then we suspected that participants in the RB-RB group would show significantly
150 stronger switch costs than participants in the II-II group.

151 *Method*

152 *Participants.* We recruited 40 participants (mean age = 43.46, SD = 12.31) from Amazon's
153 Mechanical Turk, each of whom completed Experiment 1 on a personal computer in exchange for

154 monetary compensation (\$10 USD). Twenty participants were randomly assigned to each of the RB-
155 RB and II-II task conditions. All participants provided informed consent, and all experimental
156 procedures were approved by the Human Subjects Office at The University of Iowa.

157 As described in the *Results*, we subsequently excluded 14 participants who did not meet our
158 learning criterion (5 participants excluded from the RB-RB group, and 9 participants excluded from
159 the II-II group, yielding a final RB-RB group $N = 15$ and a final II-II group $N = 11$). The mean age across
160 the remaining 26 participants was 43.10 (SD = 11.95).

161 A post hoc sensitivity analysis conducted in G*Power revealed that, with combined $N = 26$
162 and a two-tailed, six-predictor model³, we had 80.00% power to detect regression coefficients for
163 which $f^2 = 0.34$ and 90.00% power to detect regression coefficients for which $f^2 = 0.45$. Critically, the
164 effect sizes obtained in past research exceed these thresholds: in Li et al. (2019b), the interaction
165 between task condition (declarative vs. associative) and trial type (stay vs. switch) on reaction time-
166 based switch costs had an $\eta^2_p = 0.43$ (converted $f^2_p = 0.43 / (1 - 0.43) = 0.75$), while in Forrest et al.
167 (2012), the effect of task condition (declarative vs. associative) on reaction-time based switch costs
168 had an $f^2 = 0.53$. Thus, our final sample size was sufficiently powered to detect differences in switch
169 cost magnitude as a function of task condition (should such differences exist using the RB and II tasks
170 deployed here).

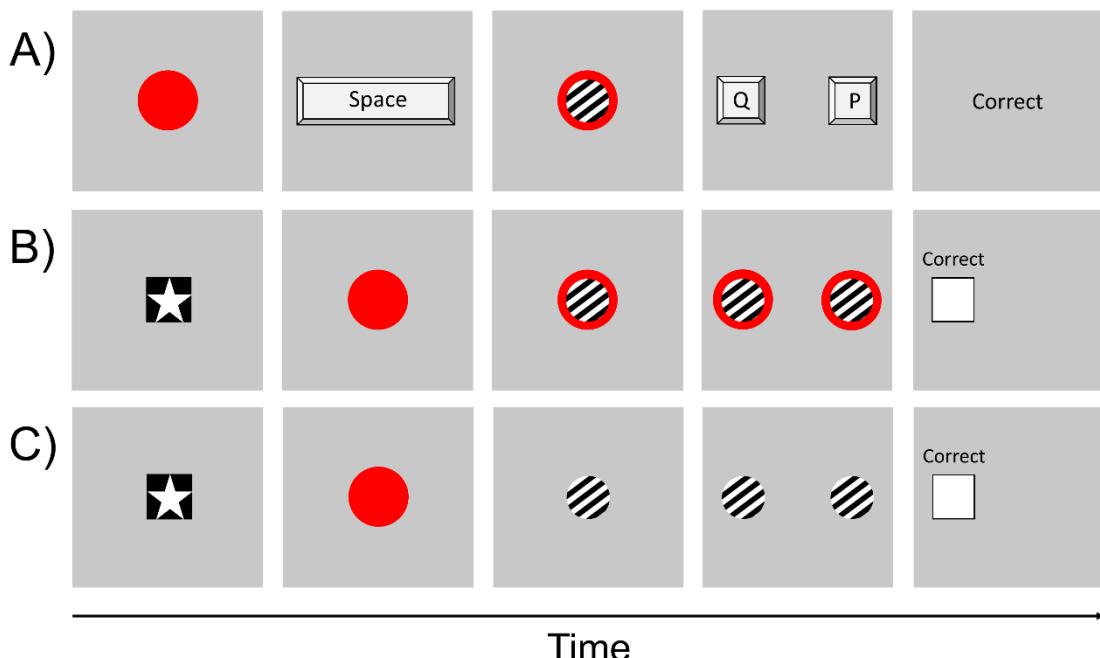
171 *Stimuli.* We generated the stimuli and programmed the experiment using JavaScript and the
172 jsPsych library (de Leeuw, 2015). In each of the RB-RB and II-II task conditions, the stimuli were
173 sinusoidal gratings that varied in spatial frequency and line orientation. These stimuli were randomly
174 and uniformly sampled from the normalized circular distributions depicted in Figure 1, with raw

³ As detailed in the *Results*, our statistical models included three individual predictors (task condition, congruency, and trial type) as well as all possible interactions between them (two two-way interactions and one omnibus three-way interaction).

175 spatial frequency values ranging from 0.01 to 0.10 cycles per pixel and raw line orientation values
176 ranging from 0-90°.

177 *Phases 1 and 2: Individual Subtask Training.* All participants were independently trained on
178 two individual subtasks [the frequency (RBF) and orientation (RBO) subtasks in the RB-RB group, or
179 the negative (IIN) and positive (IIP) subtasks in the II-II group; Figure 1] before progressing to the
180 critical task switching phase. The order in which the subtasks were trained was counterbalanced
181 across participants. Before beginning the first subtask, all participants were told that they would
182 “learn one way of sorting the objects”, and before beginning the second subtask, all participants
183 were told that they would “learn a different way of sorting the objects”. In both phases, learning
184 progressed through trial-and-error; no further task instructions were provided. Participants were
185 asked to respond as quickly and accurately as possible.

186 Each trial began with the presentation of a 250 x 250 px circular task cue in the center of the
187 screen (Figure 2A). This task cue could be either blue (RGB value: [0, 0, 255]) or red (RGB value: [255,
188 0, 0]), with cue-subtask relationships randomized across participants. The participant then had to
189 press the space bar, at which point the 200 x 200 px trial exemplar was overlaid on top of the task
190 cue. Once the trial exemplar appeared, participants were immediately allowed to categorize it by
191 pressing either the ‘q’ or ‘p’ key on their keyboard. Category-response assignments were
192 counterbalanced across the full sample. Participants were provided with feedback 0.5 s after making
193 their response; either the word “correct” or “error” appeared on-screen, and remained visible for 1.0
194 s. The next trial then began automatically after a variable 0.8-1.2 s delay. No correction trials were
195 provided.



196

197 *Figure 2.* Trial structures used in Experiments 1 and 2. The top row (A) depicts the trial structure given to the humans in
 198 Experiment 1; the middle row (B) depicts the trial structure given to the pigeons in Experiment 2A; the bottom row (C)
 199 depicts the trial structure given to the pigeons in Experiment 2B. In panels B and C, the word “correct” is included for
 200 illustrative purposes only.

201 Training on each individual subtask continued either until the participant reached an 85%
 202 criterion (at least 85% overall accuracy in a 30-trial moving window) or to a maximum of 240 trials.
 203 For the purposes of our analyses, we classified participants as “learners” only if they met the 85%
 204 criterion separately on each individual subtask. We classified participants as “nonlearners” if they did
 205 not meet the 85% criterion on at least one subtask.

206 After finishing each individual subtask, participants were prompted to self-report how they
 207 had solved that subtask. (“In this phase, what do you think determined which response was correct?
 208 What approach(es) did you take to sorting the objects? Please be as specific as possible.”)

209 *Phase 3: Task switching.* After receiving independent training on each of the two subtasks in
 210 the manner described above, participants progressed to the critical task switching phase. At the

211 beginning of this phase, all participants were told that, having “learned two different ways of sorting
212 the objects”, they would now have to “put them together”. Participants were reminded of the
213 counterbalanced color-subtask mappings that they had learned in Phases 1 and 2. For example, a
214 sample participant would be told: “when the background is blue, you should sort the objects as you
215 did in Phase 1”, and “when the background is red, you should sort the objects as you did in Phase 2”.

216 The trial sequence was identical to that described in Phases 1 and 2. All participants
217 completed 480 trials in the task switching phase. As did Meier et al. (2013), we partially randomized
218 the trial order such that a subtask switch occurred on one third of all trials.

219 At the end of the task switching phase, participants were given two additional self-report
220 prompts. The first asked whether their approaches to sorting the objects had changed in the task
221 switching phase (“Did your approach to sorting the objects change in this final phase? If so, how?”),
222 while the second asked whether they experienced any distractions during the study (“Were you
223 distracted while you completed the task (e.g., by using your phone)?”). No participants reported
224 meaningful changes in their approach during the task switching phase nor did they report substantial
225 distractions.

226 *Results and Discussion*

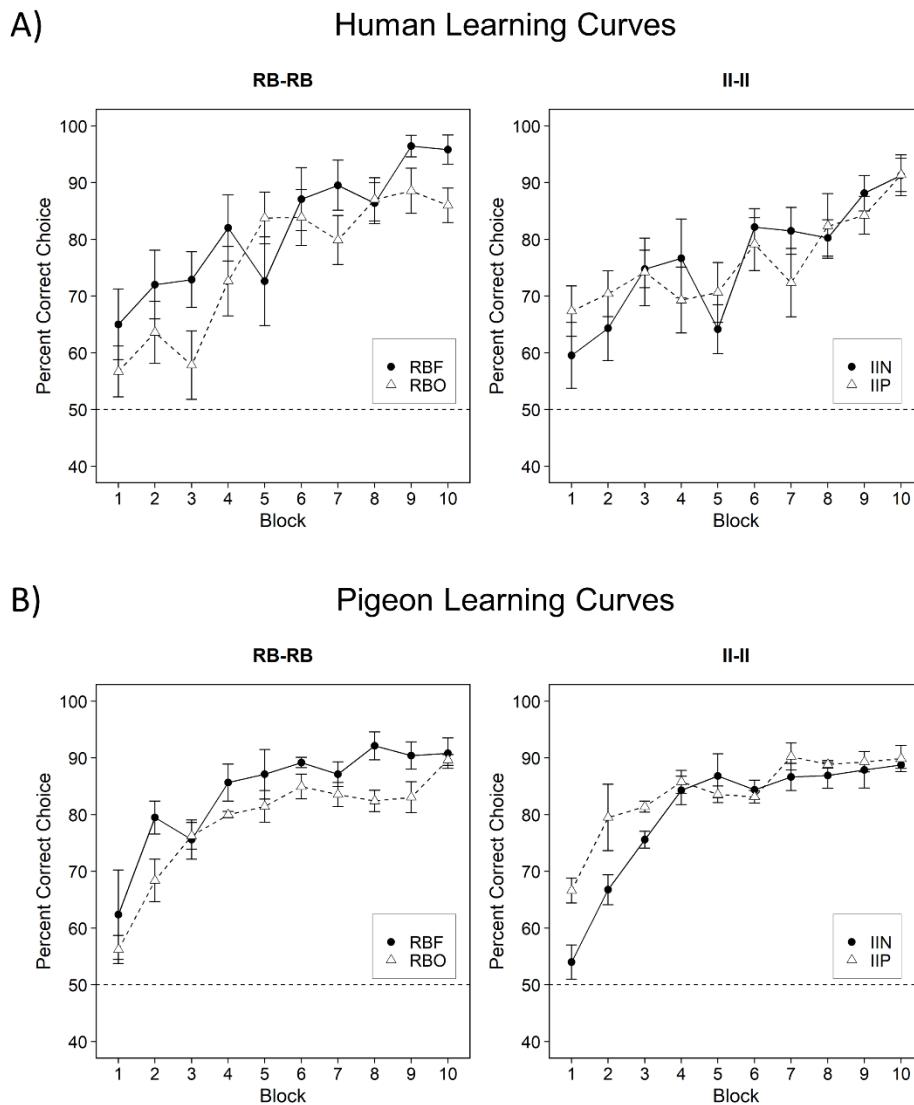
227 All data and scripts used for analysis are available via <https://osf.io/3265r/> (O’Donoghue,
228 2023). This study was not preregistered.

229 *Learning Speeds.* To compare learning speeds in each of the RB-RB and II-II groups, we first
230 excluded 14 nonlearners (five from the RB-RB group, and nine from the II-II group), defined as
231 participants who did not meet the 85% criterion on at least one subtask during Phases 1 and 2 (see
232 Method). After exclusion, there remained 15 participants in the RB-RB group, and 11 participants in
233 the II-II group (total analyzable $N = 26$). We opted to exclude nonlearners from our analyses because,

234 given that they did not reach criterion on at least one subtask, they presumably had not adopted the
235 optimal strategy for that subtask (which would in turn muddle the group-level analyses).

236 Figure 3A depicts the average learning curves in each task condition (RB-RB vs. II-II),
237 separated by subtask. For easier visualization, we divided each individual participant's data into 10
238 blocks (mean number of trials per block = 6.60; SD = 3.89). On average, participants acquired all four
239 subtasks quite quickly – an impressive feat given the difficulty of our arranged stimulus distributions
240 (Figure 1). As is typical of RB and II paradigms (see Ashby & Valentin, 2017), learning was numerically
241 faster in each of the two RB subtasks (RBF: mean number of trials = 47.53; SD = 25.43; RBO: mean
242 number of trials = 59.47; SD = 29.80) relative to each of the two II subtasks (IIN: mean number of
243 trials = 81.91; SD = 40.84; IIP: mean number of trials = 84.27; SD = 47.66). An independent-samples *t*-
244 test with overarching task condition (RB-RB vs. II-II) as a between-subjects factor confirmed that
245 participants in the RB-RB group reached criterion significantly faster than participants in the II-II
246 group, $t(13.48) = -2.40$, $p = .031$.

247



248

249 *Figure 3.* The top panels (A) depict learning curves for the humans in Experiment 1; the bottom panels (B) depict learning
 250 curves for the pigeons in Experiment 2A. In each case, individual participants' data were divided into 10 blocks (humans:
 251 mean block size = 6.60 trials, SD = 3.89 trials; pigeons: mean block size = 108.00 trials, SD = 74.81 trials). Error bars
 252 represent the standard error of the mean.

253 *Decision Bound Modeling.* Researchers investigating performance in RB and II paradigms
 254 typically implement manipulation checks to confirm that most RB and II learners arrived at the
 255 optimal strategies for each task condition (declarative rule use in the case of RB tasks; associative
 256 learning in the case of II tasks). The most commonly deployed manipulation check is decision bound

257 modelling (DBM), a simplified version of General Recognition Theory (Ashby & Gott, 1988; Ashby &
258 Perrin, 1988), which assumes that participants assign category membership in accordance with
259 deterministic decision bounds placed in psychological stimulus space. In DBM, multiple models are fit
260 to each participant's data to characterize their decision bound, and the best-fitting model is
261 commonly assumed to reflect that participant's underlying strategy.

262 Typically, participants whose responses are best characterized by unidimensional decision
263 bounds (i.e., decision bounds that lie perpendicular to the relevant dimension) are assumed to have
264 relied on declarative rules, whereas participants whose responses are best characterized by diagonal
265 decision bounds are assumed to have relied on associative mechanisms (e.g., Casale, Roeder, &
266 Ashby, 2012; Maddox & Ashby, 2004; O'Donoghue, Broschard, Freeman, & Wasserman, 2022; Smith,
267 Boomer, Zakrzewski, Roeder, Church, & Ashby, 2014; c.f., Edmunds, Milton, & Wills, 2018, and note
268 that we revisit this assumption in Experiment 2).

269 In our DBM analysis, we initially⁴ considered the four models that are most commonly used
270 in the broader dual-systems literature: random guessing (RGM), which assumes that participants
271 respond at random (allowing for possible response bias); two one-dimensional models, each of
272 which assumes that participants used a single stimulus dimension to guide their responding (either
273 spatial frequency in the case of the 1DF model or line orientation in the case of the 1DO model); and
274 a linear two-dimensional model (2DL), which assumes that participants used both spatial frequency
275 and line orientation. Assuming that most learners converge on the optimal strategies for their
276 respective task conditions, most successful RB-RB learners' choice behavior should be best-described
277 by a one-dimensional model (1DF in the RBF subtask; 1DO in the RBO subtask), whereas most

⁴ One valid critique of much existing RB-II literature is that using just these four models may be insufficient to capture the full range of strategies that participants might actually deploy to solve RB and II tasks. Of particular note, Edmunds et al. (2018) demonstrated that participants who use conjunctive rules to reach criterion on II tasks are often misidentified as associative learners (because they are best fit by linear two-dimensional models) *even when* conjunctive rule-based models are also fit to their data. With this result in mind, and for parsimony with the existing RB-II literature, we focus on just four models here; but, in the Supplemental Materials, we detail an alternative DBM analysis that also includes a fifth, conjunctive rule-based model. Additionally, we revisit broader theoretical concerns surrounding DBM in the *General Discussion*.

278 successful II-II learners' choice behavior should be best-described by the 2DL model in both the IIN
 279 and IIP subtasks.

280 For each participant, and for each subtask on which that participant was trained, we fit the
 281 four models to the last 30 trials (i.e., to the 85% criterion window) from that participant's training
 282 phase. Through supplementary analyses, we also ruled out the possibility of strong idiosyncrasies
 283 within these 30-trial windows (which might, for example, have made some participants' II
 284 distributions more amenable to rule use than others'; see Supplementary Materials). We used the
 285 Bayesian Information Criterion (BIC; Neath & Cavanaugh, 2012) as our measure of model fit. The BIC
 286 penalizes more complex models (i.e., models with more free parameters) more heavily, and a lower
 287 BIC indicates a better fit to the data. All model fits were calculated using the 'grt' package for R
 288 (Matsuki, 2017).

289 The first subsection of Table 1 ("Humans (Experiment 1) – Individual Subtask Training")
 290 summarizes the aggregate results of our DBM analysis for the Individual Subtask Training phase (see
 291 Supplemental Materials for details of individual participants' model fits). Overall, and as expected,
 292 most participants in each subtask were best-described by the optimal model for that subtask. In the
 293 RB-RB group, 13 of 15 participants (86.67%) were best-described by the 1DF model in the RBF
 294 subtask, and 11 of 15 participants (73.33%) were best-described by the 1DO model in the RBO
 295 subtask. Fisher's Exact Tests revealed that neither distribution significantly diverged from the
 296 optimally expected distributions (wherein 100% of participants would converge on the optimal
 297 unidimensional model for each subtask), both $ps > 0.996$.

Table 1.

Subtask	RGM	1DF	1DO	2DL
Humans (Experiment 1) – Individual Subtask Training				
RBF	–	86.67% (13)	–	13.33% (2)
RBO	–	–	73.33% (11)	26.67% (4)
IIN	–	27.27% (3)	18.18% (2)	54.54% (6)
IIP	–	27.27% (3)	9.09% (1)	63.64% (7)
Humans (Experiment 1) – Task Switching				

RBF	—	86.67% (13)	—	13.33% (2)
RBO	6.67% (1)	—	60.00% (9)	33.33% (5)
IIN	—	27.27% (3)	18.18% (2)	54.54% (6)
IIP	—	36.36% (4)	18.18% (2)	45.45% (5)
Pigeons (Experiment 2A) – Individual Subtask Training				
RBF	—	75.00% (3)	—	25.00% (1)
RBO	—	—	75.00% (3)	25.00% (1)
IIN	—	—	—	100.00% (4)
IIP	—	—	—	100.00% (4)
Pigeons (Experiment 2A) – Task Switching				
RBF	—	75.00% (3)	—	25.00% (1)
RBO	—	—	75.00% (3)	25.00% (1)
IIN	—	—	—	100.00% (4)
IIP	—	—	—	100.00% (4)

298

299 *Table 1.* DBM model fits. For each of the humans in Experiment 1 (first four rows) and the pigeons in Experiment 2A (last
 300 four rows), the cell values indicate the percentage of participants in each task condition who were best-described by each
 301 model, with the absolute number of participants in parentheses.

302 The model fits for participants in the II-II group were slightly more variable (although the
 303 variability observed here is comparable to that observed in past research; e.g., Casale et al., 2012;
 304 Edmunds, Milton, & Wills, 2015; Edmunds et al., 2016). Nevertheless, and as expected, the majority
 305 of participants were best described by the 2DL model. Six of the 11 participants (54.54%) were best
 306 described by the 2DL model in the IIN subtask, and seven of the 11 participants (63.64%) were best
 307 described by the 2DL model in the IIP subtask. In the broader RB-II literature, these findings would
 308 commonly be taken to suggest that most participants converged on the optimal strategies for each
 309 task condition (c.f., Edmunds et al., 2016; Edmunds et al., 2018). Nevertheless, Fisher's Exact Tests
 310 revealed that, in both the IIN and IIP subtasks, our data did diverge from the optimally expected
 311 distributions (wherein 100% of participants would be expected to converge on the 2DL model), both
 312 $p < .022$.

313 *Self-Report.* As an additional indicator of which mechanisms participants might have used in
 314 each of the RB-RB and II-II conditions, we next explored our own participants' descriptions of how
 315 they solved each subtask. Formal dual-systems models of categorization typically make no

316 predictions surrounding self-report (e.g., Ashby et al., 1998), and implicit theorists often assume that
317 self-reports cannot yield relevant insights into associative processes (e.g., Ashby & Rosedahl, 2017).
318 Nevertheless, some researchers have asserted that participants' self-reports *could* plausibly differ
319 between RB and II task conditions (e.g., Edmunds et al., 2016), while still others have reported that
320 they *do* differ (e.g., Chandrasekaran, Koslov, & Maddox, 2014). With these opposing perspectives in
321 mind, we were interested in exploring the concordance between self-reported strategy and other
322 potential indicators of participants' learning mechanisms (e.g., DBM; see also Edmunds et al., 2016).

323 As described in the Method, participants were prompted to self-report which approaches
324 they took to categorizing the stimuli after completing each of Phases 1 and 2 (Individual Subtask
325 Training). All responses were independently coded by three raters (HF, RB, and EO) according to the
326 following criteria, which were initially based on the guidelines developed by Edmunds et al. (2016)
327 and then modified according to pilot data from a related project conducted in our laboratory. All
328 raters were blind as to which task conditions and subtasks corresponded to which self-reports.

329 Participants were classified as *unidimensional rule users* if they reported using a single
330 stimulus dimension (e.g., "the direction of the stripes")⁵. We additionally subdivided unidimensional
331 rule users according to whether they relied on spatial frequency ("Freq") or line orientation
332 ("Orient").

333 Participants were classified as *bidimensional rule users* if they reported using both stimulus
334 dimensions in an explicitly rule-like manner. This distinction includes participants who developed a
335 unidimensional rule with a small number of exceptions ("RuleEX"; e.g., "it depended on the angle of
336 the stripes, but if bars were thick enough, then the correct response was always 'q'"), participants
337 who described a clear strategy based on distance from the prototype of one category ("A/not A";
338 e.g., "the correct response was 'q' if the angle was close to 90° and if the lines were thin enough,

⁵ The sample self-reports provided throughout this section are illustrative of our coding scheme and do not represent real data.

339 otherwise it was 'p'"), and participants who developed any other verbalizable rule based on both
 340 stimulus dimensions ("Misc."; e.g., "thick, vertical lines were in one category; thin, horizontal lines
 341 were in the other category").

342 Participants were classified as *implicit learners* if they reported relying on intuition, muscle
 343 memory, family resemblance, and/or having a 'feeling' for each response ("Implicit").

344 Participants were classified as *miscellaneous strategy users* if they reported any of the
 345 following: using both spatial frequency and line orientation in an unspecified manner ("Unclear";
 346 e.g., "it depends on the width and the angle of the bars", which could plausibly constitute either
 347 unspecified rule use or similarity-based, associative classification); guessing randomly ("Guessing");
 348 explicitly memorizing the correct stimulus-response assignments ("Memory")⁶, or relying on aspects
 349 of the task that were irrelevant to category membership ("Irrel."; e.g., "I think there was a set
 350 sequence of correct responses").

351 Table 2 depicts the raters' classifications of our participants' self-reports. Inter-rater reliability
 352 was strong, Fleiss' $\kappa = .83$. In cases of disagreement, we selected the strategy that was agreed upon
 353 by the majority of the raters (there were no instances in which all three raters selected different
 354 strategies).

Table 2.

Subtask	Unidimensional Rules		Bidimensional Rules			Implicit	Miscellaneous Strategies			
	Freq	Orient	RuleEX	A/not A	Misc.		Unclear	Guessing	Memory	Irrel
RBF	93.33% (14)	—	—	—	—	—	6.67% (1)	—	—	—
RBO	—	100.00% (15)	—	—	—	—	—	—	—	—
IIN	36.36% (4)	9.09% (1)	9.09% (1)	—	—	—	45.45% (5)	—	—	—
IIP	36.36% (4)	—	—	—	18.18% (2)	—	45.45% (5)	—	—	—

⁶In our tasks, the stimuli were always randomly sampled; the likelihood of any individual stimulus appearing twice was effectively zero. However, in related pilot projects, a small subset of participants reported believing that the stimuli were repeated across trials and that the correct category-response assignments could be memorized.

355

356 *Table 2.* Self-reported strategies in Experiment 1. The cell values indicate the percentage of participants in each task
357 condition who were classified as having reported each strategy, with absolute values in parentheses.

358 The vast majority of participants in the RB-RB group reported using the optimal strategies to
359 solve each subtask: 93.33% of participants trained on the RBF subtask reported using a
360 unidimensional rule based on spatial frequency, and 100.00% of participants trained on the RBO
361 subtask reported using a unidimensional rule based on line orientation. Neither of these
362 distributions significantly diverged from the optimally expected distribution (wherein 100% of
363 participants would report using the optimal unidimensional rule), both Fisher's Exact $ps = 1.00$.

364 The participants in the II-II group displayed much more variability in their reports. In each of
365 the IIN and IIP subtasks, a slim majority of participants (54.54%) reported using either a
366 unidimensional or a bidimensional decision rule. In theory, a single unidimensional decision bound
367 could not achieve the 85% criterion on either II subtask (Figure 1B; and see Supplemental Materials
368 for evidence that there were no strong idiosyncrasies across individual participants' II distributions).
369 However, multiple participants noted that, although they believed that the task was solvable by a
370 unidimensional rule, they found it difficult to determine the exact category boundary. This
371 uncertainty, in conjunction with our random stimulus sampling, may have allowed a small subset of
372 unidimensional rule users to reach the 85% criterion.

373 The remainder of participants (45.45%) reported using both spatial frequency and line
374 orientation but did not provide further information as to how those dimensions were used, meaning
375 that we could not confidently classify them as either declarative rule users or associative learners.

376 Interestingly, *no* participants in the II-II group were classified as implicit learners according to
377 our criteria; indeed, the observed distributions for each subtask significantly differed from the
378 optimally expected distributions, wherein 100% of participants would report using Implicit strategies,
379 both Fisher's Exact $ps < .001$. Of course, we acknowledge that self-reports may be inaccurate, and

380 that asking participants to verbally describe their strategies might have biased them toward
381 generating verbalizable decision rules (even if they did not actually use those rules to achieve task
382 mastery). With this consideration in mind, we also acknowledge that at least some participants who
383 were classified as miscellaneous bidimensional learners (“Unclear”; Table 2) may have deployed
384 associative learning mechanisms. These participants did report *which* dimensions were relevant, but
385 they may have been unable to describe *how* those dimensions were relevant, which would be
386 consistent with the suggestion that associative learners might have difficulty accessing their memory
387 representations (Edmunds et al., 2016; Smith et al., 2012). Nevertheless, even if we were to assume
388 that *all* II-II group participants classified as having ‘Unclear’ self-reports were actually associative
389 learners, then associative learners would still constitute less than half of our sample.

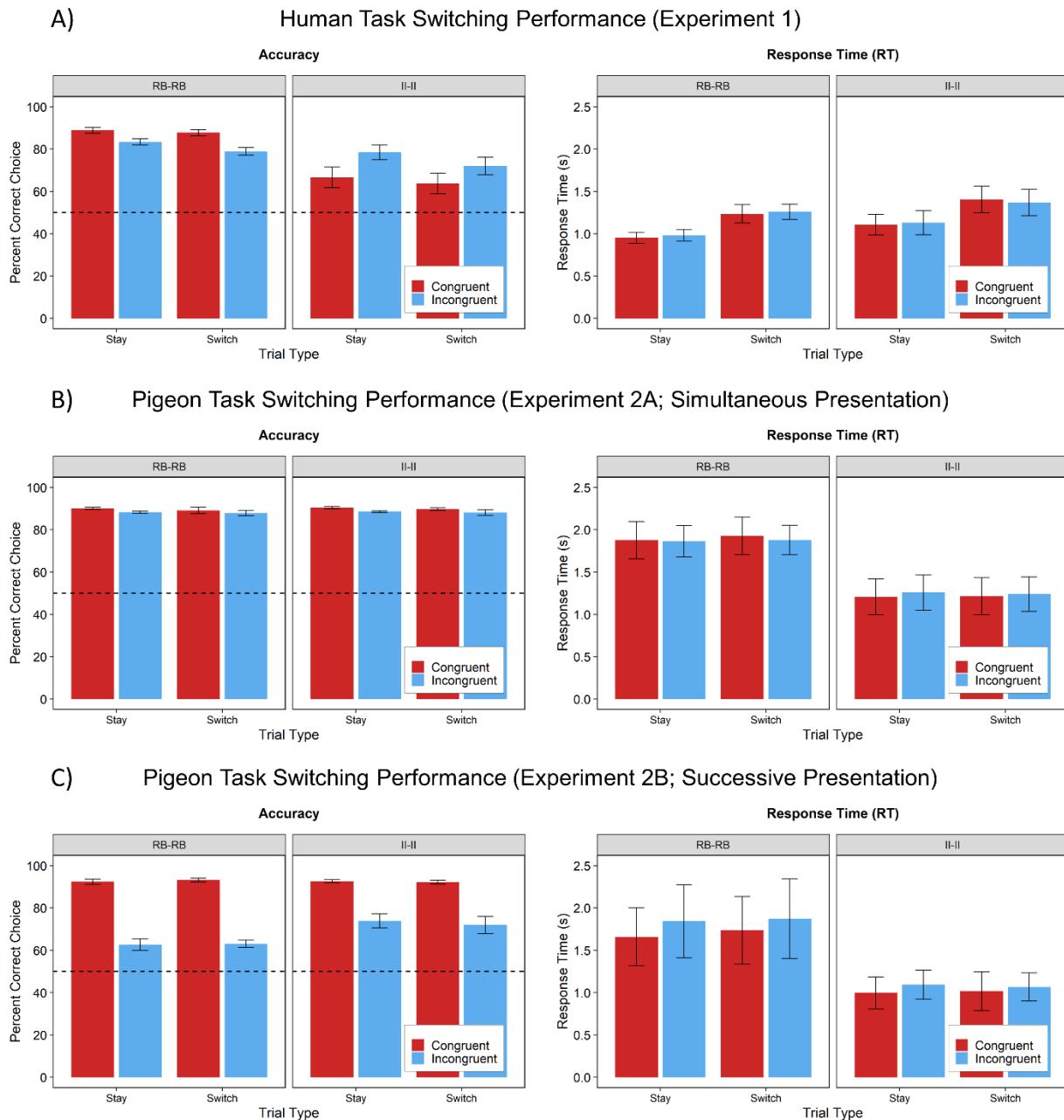
390 *Task switching.* Finally, we considered the data from Phase 3 (Task Switching). Importantly,
391 participants’ strategies could conceivably have changed between Phases 1 and 2 (Individual Subtask
392 Training) and Phase 3 (Task Switching). For example, the enhanced cognitive load imposed in Phase 3
393 might have encouraged participants to adopt simpler strategies than they had previously used in the
394 initial training phases (resulting in higher proportions of random guessing in RB tasks, and/or higher
395 proportions of unidimensional rule use in II tasks).

396 To address this possibility, we used DBM to describe each participant’s best-fitting decision
397 bounds at the end of Phase 3 (Task Switching). We separately considered the final 100 trials from
398 each of the two subtasks on which each individual participant had been trained (RBF and RBO in the
399 RB-RB condition; IIN and IIP in the II-II condition). As evidenced by Table 1, participants’ best fitting
400 decision bounds remained broadly consistent between Phases 1 and 2 (Individual Subtask Training)
401 and Phase 3 (Task Switching). Indeed, the group-level distributions for each of the RBF and IIN
402 subtasks were identical across phases, while the group-level distributions for each of the RBO and IIP
403 subtasks displayed only slight differences (these differences were nonsignificant in each case, both

404 Fisher's Exact $ps > .700$). Likewise, in our post-experiment questionnaire (see Method), no participant
405 reported changes in strategy during the task switching phase.

406 Having determined that participants' strategies did not meaningfully differ as a consequence
407 of task switching, we next considered their task switching performance. Given the dissociations that
408 have previously been reported between declarative and associative task switching paradigms (e.g.,
409 Forrest et al., 2012; Meier et al., 2013; Li et al., 2019a), we expected to observe large switch costs
410 and small congruency effects in RB-RB group, whereas we expected to observe small switch costs
411 and large congruency effects in the II-II group.

412 Overall, performance in the task switching phase was robust (Figure 4A). Participants in the
413 RB-RB group achieved an average accuracy of 84.74% ($SD = 7.03\%$), whereas participants in the II-II
414 group achieved an average accuracy of 70.21% ($SD = 15.26\%$). To assess participants' task switching
415 performance, we classified each trial as either a *switch trial* (meaning that trial N involved a different
416 subtask than trial $N-1$) or a *stay trial* (meaning that trial N shared the same subtask as trial $N-1$).
417 Additionally, we classified each stimulus as either *congruent* (meaning that it shared the same
418 correct response under both trained subtasks) or *incongruent* (meaning that the correct response
419 differed depending on the subtask).



420

421 *Figure 4. Task switching performance. The top panels (A) depict humans' performance in Experiment 1; the middle panels*
 422 *(B) depict pigeons' performance in Experiment 2A; the bottom panels (C) depict pigeons' performance in Experiment 2B. In*
 423 *each case, the lefthand panels depict participants' choice accuracies, and the righthand panels depict participants'*
 424 *response times. Error bars reflect the standard error of the mean, and the dashed lines in the lefthand panels represent*
 425 *chance-level performance.*

426 Next, we asked whether participants' choice accuracies varied as a function of trial type
 427 and/or congruency. We submitted participants' choice accuracies to a logistic regression with task
 428 condition (RB-RB vs. II-II; effects-coded), trial type (stay vs. switch; dummy-coded with stay trials as

429 the reference), and response congruency (congruent vs. incongruent; dummy-coded with congruent
430 trials as the reference) as factors.⁷

431 The main effect of task condition was significant, $B = -0.69$, $SE = 0.04$, $Z = -16.93$, $p < .001$;
432 however, it was qualified by a significant interaction between task condition and congruency, $B =$
433 0.53 , $SE = 0.05$, $Z = 9.24$, $p < .001$. To probe this interaction, we conducted two follow-up logistic
434 regressions that separately examined the effect of congruency for each of the RB-RB and II-II task
435 conditions. The effect of congruency was significant in each case; however, whereas participants in
436 the RB-RB group were *less* accurate on incongruent trials (mean = 81.17%, $SD = 6.74\%$) than on
437 congruent trials (mean = 88.31%, $SD = 5.36\%$), $B = -0.53$, $SE = 0.07$, $Z = -7.78$, $p < .001$, participants
438 in the II-II group were *more* accurate on incongruent trials (mean = 76.11%, $SD = 12.22\%$) than on
439 congruent trials (mean = 65.97%, $SD = 14.98\%$), $B = 0.52$, $SE = 0.06$, $Z = 8.46$, $p < .001$.

440 The fact that participants in the II-II group performed better on incongruent trials is
441 surprising; however, this pattern may reflect the way in the stimulus distributions were rotated to
442 generate each subtask. In the II-II group, the incongruent regions of the stimulus space encompassed
443 the extreme ends of the frequency dimension, whereas in the RB-RB group, the extreme ends of the
444 frequency distribution were 50% congruent and 50% incongruent (see Supplemental Materials). Past
445 research in our laboratory has found that spatial frequency may be more salient than line orientation
446 both for people and pigeons (e.g., O'Donoghue et al., 2020; O'Donoghue et al., 2022; see also
447 Herbranson, Karas, & Hardin, 2017); so, among participants in the II-II group, the benefits of extreme

⁷For all regression models reported in these experiments, we began by calculating the intraclass correlation coefficient (ICC) for an intercept-only model to determine whether mixed-effects modelling was justified. We used the guideline that an $ICC < .10$ indicates no advantage of mixed-effects modeling over standard regression, whereas an $ICC \geq .10$ justifies mixed-effects modeling (García-Patos & Olmos, 2020). Ultimately, *none* of our accuracy analyses incorporated mixed-effects modeling, whereas *all* of our reaction time analyses incorporated random intercepts at the subject level. Although not reported here, we also confirmed that none of our accuracy analyses meaningfully differed when random intercepts were included. In our mixed-effects models, all t -tests were calculated using the *lmerTest* package for R Studio (Kuznetsova, Brockhoff, & Christensen, 2017), which uses Satterthwaite's method to approximate degrees of freedom.

448 spatial frequency values may have outweighed any potential costs associated with incongruency. We
449 are thus reluctant to draw strong conclusions based on our obtained congruency effects.

450 We also observed a significant interaction between trial type and congruency, $B = -0.19$, $SE =$
451 0.10 , $Z = -1.98$, $p = .048$. To probe this interaction, we separately examined the effect of trial type at
452 each level of congruency. For congruent stimuli, the effect of trial type was nonsignificant, $B = -.09$,
453 $SE = 0.07$, $Z = -1.43$, $p = .153$; but, for incongruent stimuli, accuracy was significantly lower on switch
454 trials (mean = 75.99%, $SD = 10.69\%$) than on stay trials (mean = 81.33%, $SD = 8.99\%$), $B = -0.31$, $SE =$
455 0.06 , $Z = -4.75$, $p < .001$. Similar interactions have previously been reported in the task switching
456 literature [e.g., Forrest et al., 2012; Gopher, Armony, & Greenshpan, 2000 (Experiment 1); Hughes,
457 Linck, Bowles, Koeth, & Bunting, 2014], and they may be driven by the fact that, when responding to
458 congruent stimuli, participants need not attend to the task cue.

459 No other main effects or interactions were significant, all $ps > .092$. The absence of a main
460 effect of trial type (and of higher-order interactions between task condition and trial type) was
461 surprising given that accuracy-based switch costs have been observed in past literature (e.g., Meier
462 et al., 2013; Monsell, 2003). However, speed-accuracy trade-offs can also preclude differences in
463 accuracy while still yielding strong switch costs in response times (Samavatyan & Leth-Steenisen,
464 2009; see also Li et al., 2019b). So, we next considered participants' response times. We logged all
465 response times for analysis, and excluded all incorrect trials as well as all response times that fell
466 more than three standard deviations beyond each individual participant's mean score. We then
467 conducted a linear mixed-effects model analysis (see footnote 4) with random intercepts at the
468 subject-level, and with task condition (RB-RB vs II-II), congruency (congruent vs. incongruent), and
469 trial type (stay vs. switch) as factors, all coded as previously described.

470 As above, we observed a significant interaction between task condition and congruency, $b = -$
471 0.01 , $SE < 0.01$, $t(9678) = -2.40$, $p = .016$. Follow-up probes indicated that participants in the RB-RB
472 group were slower to respond to incongruent stimuli (mean = 1120.84 ms, $SD = 334.20$ ms) than to

473 congruent stimuli (mean = 1092.87 ms, SD = 370.81 ms), $b = 0.01$, $SE < .01$, $t(6011) = 3.85$, $p < .001$,
474 whereas participants in the II-II group displayed no differences in response time as a function of
475 congruency, $b < .01$, $SE < .01$, $t(3670) = 0.40$, $p = .687$.

476 Critically, we also observed a main effect of switch type, $b = 0.09$, $SE < 0.01$, $t(9676) = 17.07$,
477 $p < .001$, indicating that participants were generally slower to respond on switch trials (mean =
478 1305.26 ms, SD = 446.15 ms) than on stay trials (mean = 1035.07 ms, SD = 349.23 ms). No other
479 main effects or interactions were significant, all $ps > .141$.

480 Of particular note, the fact that the two-way interaction between task condition and trial
481 type was not significant indicates that, contrary to our predictions, switch cost magnitudes did not
482 meaningfully differ between the RB-RB and II-II task conditions. The fact that both the RB-RB group
483 and the II-II group displayed comparable switch costs suggests two interpretive possibilities. First,
484 participants may have deployed declarative learning mechanisms regardless of their assigned task
485 condition; that is, in our paradigm, the majority of successful II learners may have relied on
486 declarative decision rules rather than on associative learning mechanisms (see also Edmunds et al.,
487 2016). This conclusion would be consistent with participants' self-reported strategies, but broadly
488 inconsistent with the results of DBM, and we revisit it (alongside the broader debate surrounding
489 whether RB and II tasks reliably encourage different learning mechanisms) in the *General Discussion*.

490 Alternatively, it is possible that switch costs might not reliably dissociate declarative rule
491 users from associative learners in the context of tasks that preclude exemplar memorization. To
492 further explore this possibility, we turned to a new participant sample – and to a new species – in
493 Experiment 2.

494 **Experiment 2A**

495 In Experiment 2A, we asked whether pigeons – which appear to rely solely on associative
496 learning mechanisms to solve RB and II tasks (O'Donoghue et al., 2020; Qadri et al., 2019; Smith et

497 al., 2012), as well as various other paradigms that encourage rule-use among human participants
498 (Lea, Wills, Leaver, Ryan, Bryant, & Miller, 2009; Maes et al., 2015; Navarro, Jani, & Wasserman,
499 2019) – would display switch costs when trained to solve RB and II tasks in the same manner as the
500 human participants in Experiment 1. Based on past comparative research (Castro & Wasserman,
501 2016; Meier et al., 2013; Meier et al., 2016; O'Donoghue & Wasserman, 2021), we expected that
502 pigeons would not display significant switch costs in either task condition (RB-RB or II-II), consistent
503 with the possibility that associative learning mechanisms can preclude switch costs.

504 *Method*

505 *Subjects and Apparatus.* Eight pigeons took part in Experiment 2A. Our sample size was
506 determined by availability; we selected only the pigeons in our laboratory that had no prior
507 experience with the present tasks or stimuli. The pigeons were individually housed and maintained
508 at 85% of their free-feeding weights. All experimental procedures were approved by the Institutional
509 Animal Care and Use Committee at The University of Iowa.

510 The pigeons were trained in 36 x 36 x 41 cm operant conditioning chambers with white noise
511 played during all sessions. The stimuli were presented on 800 x 600 px LCD monitors equipped with
512 AccuTouch® touchscreens (Elo TouchSystems, Fremont, CA). The screen area visible to each pigeon
513 measured 28.5 x 17 cm. Food reinforcement (1 to 3 45-mg pigeon pellets) was delivered on each trial
514 via a rotary dispenser connected to a food tray mounted on the wall opposite the touchscreen.

515 *Stimuli and Apparatus.* We programmed Experiment 2A and generated the stimuli using
516 Matlab and its Psychtoolbox-3 extensions (Kleiner, Brainard, & Pelli, 2007), using the same stimulus
517 sampling procedures as in Experiment 1.

518 *Phases 1 and 2: Individual Subtask Training.* As were the humans in Experiment 1, the
519 pigeons were trained to criterion on each individual subtask prior to entering the critical task

520 switching phase. Four pigeons were randomly assigned to each of the RB-RB and II-II conditions. The
521 order in which the subtasks were trained was counterbalanced across the pigeons in each condition.

522 Each trial began with the presentation of a 4.50 x 4.50 cm star-shaped start stimulus in the
523 center of the screen (Figure 2B). After the pigeon pecked the start stimulus once, the start stimulus
524 disappeared and was replaced by a 7.00 x 7.00 cm circular task cue. As in Experiment 1, this task cue
525 could be either blue (RGB value: [0, 0, 255]) or red (RGB value: [255, 0, 0]). Cue-subtask relationships
526 were counterbalanced across pigeons. The pigeons had to peck the task cue once, at which point the
527 4.50 x 4.50 cm trial stimulus was overlaid on the cue. The pigeons then had to complete a variable
528 response requirement to the trial stimulus, which began with one peck and was adjusted upwards
529 with performance to a maximum of 10 pecks (such upward adjustment is common in the
530 comparative literature because larger response requirements promote attention to onscreen stimuli,
531 while the gradual increase helps ensure that the pigeons do not suddenly stop responding
532 altogether; e.g., Kelleher, Riddle, & Cook, 1962). Once the response requirement was completed, the
533 trial exemplar disappeared and was immediately replaced with the two choice keys, which were
534 replicas of the trial exemplar that appeared to the left and right sides of the screen, 4.00 cm from the
535 nearest edge. Each choice key was overlaid on a replica of the 7.00 x 7.00 cm circular task cue. Choice
536 key-category relationships (e.g., [left key-Category A]; [right key-Category B]) were counterbalanced
537 across pigeons, and a single peck to either choice key was recorded as a response. Correct responses
538 were followed by food reinforcement, whereas incorrect responses were followed by a variable 6-10
539 s delay, and then by a correction trial. Correction trials continued until the pigeons made the correct
540 response. The next trial then began after a variable 6-10 s intertrial interval (ITI).

541 *Phase 3: Blocked Subtask Training.* Because the pigeons were trained over a much longer
542 timeframe than the humans in Experiment 1, we worried that they might have forgotten some
543 aspects of the first subtask (Phase 1) after reaching criterion on the second subtask (Phase 2). So,
544 before advancing the pigeons to the critical task switching phase, we next shifted them onto a

545 blocked training phase wherein both subtasks were presented in a blocked sequence within each
546 individual session. Each subtask continued for 60 trials, with each full session comprising 120 trials.
547 The procedure was otherwise identical to that described above.

548 We had originally planned to train the pigeons to an 85% criterion in the blocked subtask
549 training phase; however, this criterion proved slightly too challenging for most pigeons to achieve
550 (note that this phase of training functionally comprised a partial midsession reversal – a procedure
551 wherein 50% of the prevailing reward contingencies are reversed midway through an experimental
552 session – which is very difficult for pigeons to master; Zentall, 2020). We instead trained each pigeon
553 for a fixed number of sessions (30 sessions) before advancing that pigeon to the intermixed task
554 switching phase. Because the blocked subtask training phase was not of theoretical interest, we did
555 not further analyze the data from it.

556 *Phase 4: Task switching.* Finally, each pigeon progressed to the task switching phase. As for
557 the humans in Experiment 1, the subtasks were now intermixed, with the trial order partially
558 randomized such that a subtask switch occurred on one third of all trials. The trial sequence was
559 otherwise identical to that described above. We maintained each pigeon on the task switching phase
560 for 24 sessions, with each session comprising 120 trials.

561 *Results and Discussion*

562 *Learning Speeds.* Figure 3B depicts our pigeons' learning curves throughout Phases 1 and 2
563 (Individual Subtask Training). The pigeons reached the 85% learning criterion rapidly in each of the
564 RBF (mean = 5.00 sessions, min = 4.00 sessions, max = 7.00 sessions), IIN (mean = 6.25 sessions, min
565 = 3.00 sessions, max = 10.00 sessions), and IIP subtasks (mean = 6.25 sessions, min = 5.00 sessions,
566 max = 9.00 sessions). Reaching criterion in the RBO subtask proved to be more difficult (mean =
567 18.50 sessions, min = 11.00 sessions, max = 24.00 sessions). This finding is consistent with prior
568 research in our laboratory, as well as with the broader literature suggesting that, for pigeons, spatial
569 frequency is more salient than line orientation (Herbranson et al., 2017; O'Donoghue et al., 2020).

570 After collapsing across the subtasks in each task condition (RBF and RBO; IIN and IIP), an
571 independent-samples *t*-test revealed that, on average, the pigeons in the RB-RB group took
572 significantly *longer* to reach criterion than the pigeons in the II-II group, $t(5.66) = 2.99$, $p = .026$.
573 Given that pigeons do not typically display overall learning speed differences between RB and II
574 paradigms (O'Donoghue et al., 2020; Smith et al., 2012), this finding was unexpected. Nevertheless,
575 the difference was driven by the amount of time required to reach criterion in the RBO subtask and,
576 critically, the direction of the effect is inconsistent with the possibility that the pigeons may have
577 deployed declarative decision rules (in which case the pigeons in the RB-RB group should have
578 reached criterion more quickly than the pigeons in the II-II group).

579 *Decision Bound Modeling.* As in Experiment 1, we next used decision bound modeling (DBM)
580 to characterize the pigeons' decision bounds in Phases 1 and 2 (Individual Subtask Training). We
581 separately fit the same four models described in Experiment 1 (RGM, 1DF, 1DO, and 2DL) to the final
582 240 trials (i.e., to the 85% criterion window) from each pigeon, and from each subtask on which that
583 pigeon was trained.⁸

584 As detailed in Table 1, most pigeons were best described by the optimal decision bound for
585 each task condition. In the RB-RB group, three of the four pigeons (75%) were best-described by the
586 1DF model in the RBF subtask; likewise, three of the four pigeons (75%) were best-described by the
587 1DO model in the RBO subtask. In the II-II group, all four pigeons (100%) were best-described by the
588 2DL model in each of the IIN and IIP subtasks. Across all four subtasks, our observed distributions did
589 not differ significantly from the optimally expected distributions (wherein 100% of pigeons would
590 converge on the optimal model), all Fisher's Exact $ps = 1.00$.

⁸Note that we modelled 240 trials from each pigeon in Experiment 2A, but just 30 trials from each human in Experiment 1. We selected different window sizes because we wanted to assess both species' performance at a common accuracy criterion (85%); however, we acknowledge that including different numbers of trials might impact model fits. For transparency, we also ran a separate DBM analysis using just the last 30 trials from each individual pigeon, and from each subtask on which that pigeon was trained. The results do not differ from those reported here except that, with a 30 trial window, 100% of the pigeons trained on the RBO subtask were best described by the 1DO model.

591 If we interpreted these data as humans' data are typically interpreted (Experiment 1; see
592 also Casale et al., 2012; O'Donoghue et al., 2022; Smith et al., 2014), then we might be tempted to
593 conclude that most pigeons in the RB-RB group deployed declarative decision rules. This claim would
594 surely be controversial. The between-group differences in learning speeds that we observed in
595 Experiment 2 were inconsistent with this possibility, and to our knowledge, pigeons have thus far
596 shown no compelling evidence for declarative rule use in *any* categorization paradigm that promotes
597 rule use among humans (Lea et al., 2009; Maes et al., 2015; Navarro et al., 2019; O'Donoghue et al.,
598 2020; Smith et al., 2012).

599 However – and critically – DBM is not a process model (Ashby & Valentin, 2018). Any
600 individual decision bound is compatible with multiple underlying processes, meaning that a
601 participant's best-fitting decision bound may not always be useful for inferring which mechanisms
602 that participant actually deployed. Here, the RB-RB group's model fits could readily be
603 accommodated by the fact that unidimensional sorting need not implicate declarative rule use (Wills
604 et al., 2009; see also Smith et al., 2011). We agree with this interpretation, but also stress that the
605 same caveats and considerations must apply when interpreting humans' model fits (Edmunds et al.,
606 2016; Edmunds et al., 2018). We revisit this issue in the General Discussion.

607 *Task switching.* Finally, we considered the pigeons' task switching performance (Figure 4B).
608 As in Experiment 1, we first sought to confirm that the pigeons' response strategies (as indexed by
609 DBM) did not meaningfully differ between Phases 1 and 2 (Individual Subtask Training) and Phase 4
610 (Task Switching). To do so, we fit DBM separately to the final 100 trials from each individual subtask
611 that each pigeon was exposed to in the task switching phase (RBF and RBO in the RB-RB group; IIN
612 and IIP in the II-II group). The group-level distributions of best-fitting models were identical across
613 phases for all four subtasks (Table 1), indicating that the introduction of the task switching
614 requirement did not meaningfully influence pigeons' decision bounds.

615 As had the humans in Experiment 1, the pigeons achieved noteworthy levels of accuracy in
616 the task switching phase (RB-RB group: mean = 88.83%, SD = 2.08%; II-II group: mean = 89.94%, SD =
617 1.72%). We assessed the pigeons' task switching performance using the same approach and the
618 same statistical models described in Experiment 1 [briefly: we considered trial type (stay vs. switch),
619 congruency (congruent vs. incongruent), and task condition (RB-RB vs II-II) as predictors of both
620 choice accuracies and response times]. In our analysis of choice accuracy, we observed a significant
621 main effect of congruency, $B = -0.19$, $SE = 0.05$, $Z = -3.62$, $p < .001$, indicating that the pigeons were
622 generally less accurate on incongruent trials (mean = 88.21%, SD = 1.73%) than on congruent trials
623 (mean = 89.86%, SD = 1.71%). No other main effects or interactions were significant, all $ps > 0.214$.

624 In our analysis of response times, we likewise obtained a significant main effect of
625 congruency, $b = 0.01$, $SE < 0.01$, $t(20010) = 2.34$, $p = .019$; however, this effect was qualified by a
626 significant interaction between task condition and congruency, $b = 0.01$, $SE < 0.01$, $t(20010) = 2.65$, p
627 = .008. No other main effects or interactions were significant, all $ps > .050$. Follow-up probes
628 indicated that, for the pigeons in the RB-RB group, response times did not reliably differ as a function
629 of congruency, $b = -.01$, $SE < .01$, $t(9982) = -1.77$, $p = .077$. Conversely, the pigeons in the II-II group
630 were significantly slower to respond on incongruent trials (mean = 1249.04 ms, SD = 380.69 ms) than
631 on congruent trials (mean = 1210.55 ms, SD = 400.21 ms), $b = .02$, $SE < .01$, $t(10030) = 3.87$, $p < .001$.

632 Importantly, the pigeons did not display any evidence of switch costs in either their
633 accuracies or their response times. This finding is consistent with past research involving task
634 switching among pigeons (Castro & Wasserman, 2016; Meier et al., 2013; Meier et al., 2016;
635 O'Donoghue & Wasserman, 2021) and with our original assumption that 'true' associative learners
636 may not display strong switch costs in RB and II paradigms.

637 Nevertheless, recent research on pigeons' task switching performance prompted us to
638 consider an alternative possibility: namely, that the lack of switch costs displayed by our pigeons may

639 *not* result from their deployment of associative learning mechanisms, but instead from the manner
640 in which they process the events of each trial.

641 Meier and colleagues (Meier et al., 2013; Meier et al., 2016) have previously argued that,
642 when task cues and trial exemplars are simultaneously visible (as they were in Experiments 1 and 2A;
643 Figure 2), humans may generally process those trial events in a hierarchical manner, whereas pigeons
644 may generally process those trial events in a configural manner. Indeed, we recently found support
645 for configural processing of task cues and discriminative stimuli among pigeons trained on a
646 simultaneous conditional discrimination (O'Donoghue, Castro, & Wasserman, 2022).

647 Critically, whereas hierarchical processing (among humans) may produce switch costs,
648 configural processing (among pigeons) may preclude switch costs. As argued by Meier et al. (2013),
649 configural processing may lead pigeons to perceive the same trial exemplar in a very different
650 manner depending on which task cue accompanies it – meaning that, from a pigeon's perspective,
651 switch trials are functionally no different from stay trials. With this possibility in mind, in Experiment
652 2B, we asked whether pigeons would display switch costs under conditions that were quite *unlikely*
653 to facilitate configural processing. If they did not, then we could be more confident that the lack of
654 switch costs observed in Experiment 2A reflects the participation of associative learning
655 mechanisms, rather than interspecies differences in stimulus processing.

656 **Experiment 2B**

657 Past research supports the conclusion that, whereas simultaneous stimulus presentation
658 may be more likely to encourage configural processing, successive stimulus presentation may be
659 more likely to encourage hierarchical stimulus processing (e.g., Holland, 1985). So, in Experiment 2B,
660 we asked whether pigeons might produce switch costs when the task cue and the trial exemplar
661 were *not* simultaneously available.

662 *Method*

663 *Subjects, Apparatus, and Stimuli.* We used the same subjects ($N = 8$), apparatus, and stimulus
664 sampling procedures as in Experiment 2A. The pigeons progressed to Experiment 2B immediately
665 after completing Phase 4 (task switching) in Experiment 2A.

666 *Phase 1: 50% Successive, 50% Simultaneous.* We worried that, if the pigeons had processed
667 the task cues and trial exemplars configurally in Experiment 2A, then abruptly shifting them to
668 entirely successive cue-exemplar presentation might disrupt their performance. Thus, we began with
669 a preliminary phase of training wherein 50% of the trials involved simultaneous cue-exemplar
670 presentation (as in Experiment 2A; Figure 2B), while the other 50% of trials involved successive cue-
671 exemplar presentation (Figure 2C). On successive trials, the task cue disappeared as soon as the
672 pigeon completed its observing response requirement; then, the trial exemplar appeared after a
673 brief (10 ms) delay. The choice buttons were likewise presented without the task cues that had
674 previously accompanied them in Experiment 2A (Figure 2).

675 The proportions of simultaneous and successive trials were evenly divided across the two
676 subtasks on which each pigeon had been trained. As in the task switching phase of Experiment 2A,
677 the subtasks themselves were pseudo-randomly intermixed such that a subtask-switch occurred on
678 one third of all trials.

679 Each pigeon completed 30 sessions in this first phase of training, with each session
680 comprising 120 trials (as in the blocked phase of Experiment 2A, we initially planned to train the
681 pigeons to an 85% criterion; however, this criterion proved slightly too demanding for most pigeons
682 to achieve). Because we were not theoretically interested in this phase of training, we did not further
683 analyze the data from it.

684 *Phase 2: 100% Successive.* Finally, we shifted each pigeon to a second phase wherein *all* trials
685 involved successive cue-exemplar presentation (Figure 2C). The trial sequence was otherwise
686 identical to that described above. Each pigeon remained on this final phase for 24 sessions, with
687 each session comprising 120 trials.

688 *Results and Discussion*

689 *Task switching performance.* Unsurprisingly, the successive cue-exemplar availability
690 arranged here proved more challenging than the simultaneous cue-exemplar availability that had
691 previously been arranged in Experiment 2A. Nevertheless, the pigeons achieved impressive levels of
692 accuracy in the second, fully successive phase of training (Figure 4C; RB-RB group: mean = 77.82%,
693 SD = 15.78%; II-II group: mean = 82.69%, SD = 11.19%).

694 We assessed task switching performance using the same general approach as in Experiment
695 2A. However, for all models, we conducted omnibus tests that combined the data from Experiments
696 2A and 2B; accordingly, each model also contained experimental phase (2A vs. 2B) as an additional
697 predictor [alongside trial type (stay vs. switch), congruency (congruent vs. incongruent), and task
698 condition (RB-RB vs. II-II)]. This omnibus approach revealed a main effect of experimental phase,
699 confirming that accuracy was significantly lower in Experiment 2B relative to Experiment 2A, $B =$
700 0.29, $SE = 0.06$, $Z = 4.96$, $p < .001$.

701 In our omnibus analysis of choice accuracy, we additionally observed a significant main
702 effect of congruency, $B = 1.35$, $SE = 0.12$, $Z = 11.56$, $p < .001$, which was qualified by significant two-
703 way interactions between task condition and congruency, $B = -0.25$, $SE = 0.12$, $Z = -2.14$, $p = 0.32$, and
704 between task condition and experimental phase, $B = -1.54$, $SE = 0.07$, $Z = -21.18$, $p < .001$, as well as
705 by a significant three-way interaction between task condition, congruency, and experimental phase,
706 $B = 0.25$, $SE = 0.07$, $Z = 3.38$, $p < .001$. No other main effects or interactions were significant, all $ps >$
707 .196.

708 Follow-up probes to investigate the three-way interaction indicated that, in Experiment 2B,
709 the pigeons displayed a two-way interaction between task and congruency that they had not
710 previously displayed in Experiment 2A (Experiment 2A: $B = 0.02$, $SE = 0.09$, $Z = 0.25$, $p = .803$;
711 Experiment 2B: $B = -0.50$, $SE = 0.08$, $Z = -6.14$, $p < .001$). The nature of this two-way interaction was
712 such that, regardless of task condition, the pigeons were less accurate on incongruent trials than on

713 congruent trials; however, this effect was stronger in the RB-RB task condition, $B = -2.01$, $SE = 0.06$, Z
714 = -34.88 , $p < .001$ (incongruent trials: mean = 62.87%, $SD = 4.28\%$; congruent trials: mean = 92.78%,
715 $SD = 2.05\%$), than in the II-II task condition, $B = -1.51$, $SE = 0.06$, $Z = -25.75$, $p < .001$ (incongruent
716 trials: mean = 72.93%, $SD = 6.93\%$; congruent trials: mean = 92.44%, $SD = 1.46\%$). As for the humans
717 in Experiment 1, we hypothesize that the salience of extreme spatial frequency values (which
718 entirely corresponded to incongruent stimuli for the pigeons in the II-II group, but not for the
719 pigeons in the RB-RB group; see Supplemental Materials) may have provided a buffer against the
720 effects of incongruency.

721 The two-way interaction between congruency and experimental phase also indicated that
722 the congruency effects observed in Experiment 2B were significantly stronger than the congruency
723 effects observed in Experiment 2A (Figure 4B; Figure 4C; Experiment 2A: $B = -0.18$, $SE = 0.04$, $Z = -$
724 4.16 , $p < .001$; Experiment 2B: $B = -1.77$, $SE = 0.04$, $Z = -43.18$, $p < .001$). This disparity likely reflects
725 the fact that, under the successive contingencies arranged here, the pigeons needed to maintain the
726 task cue in working memory in order to determine the correct response on incongruent trials.
727 Conversely, on congruent trials, stimuli required the same response regardless of the task cue – so,
728 the pigeons could respond correctly even if they had forgotten the task cue.

729 In our omnibus analysis of response times, we observed significant main effects of task
730 condition, $b = -0.10$, $SE = 0.04$, $t(38066) = -2.44$, $p = .049$, and phase, $b = -0.06$, $SE < .01$, $t(38066) = -$
731 15.78 , $p < .001$. These effects were qualified by significant two-way interactions between task
732 condition and congruency, $b = 0.03$, $SE < .01$, $t(38066) = 3.40$, $p < .001$, and between experimental
733 phase and congruency, $b = 0.02$, $SE < .01$, $t(38066) = 2.91$, $p = .004$, as well as by a significant three-
734 way interaction between task condition, experimental phase, and congruency, $b = -0.02$, $SE < .01$,
735 $t(38066) = -3.37$, $p < .001$. No other main effects or interactions were significant, all $ps > .116$.

736 Follow-up probes to investigate this three-way interaction indicated that, contrary to
737 Experiment 2A – wherein the pigeons had previously displayed a two-way interaction between task

738 condition and congruency, $b = 0.01$, $SE < .01$, $t(20023) = 3.99$, $p < .001$ – no such interaction was
739 observed in Experiment 2B, $p = .092$. Instead, the pigeons in Experiment 2B displayed a simple main
740 effect of congruency, $b = 0.02$, $SE < .01$, $t(18043) = 7.56$, $p < .001$, indicating that the pigeons were
741 generally slower to respond on incongruent trials (mean = 1469.05 ms, SD = 731.38 ms) than on
742 congruent trials (mean = 1352.39 ms, SD = 647.03 ms).

743 As in Experiment 2A, the pigeons displayed no evidence of switch costs despite the
744 successive availability of the task cue and the trial exemplar, a manipulation that should encourage
745 hierarchical stimulus processing (Holland, 1985). This finding indicates that the lack of switch costs
746 observed in Experiments 2A and 2B likely reflects the contributions of pigeons' associative learning
747 mechanisms, rather than interspecies differences in stimulus processing.

748 **General Discussion**

749 To date, most research involving task switching has investigated the contributions of
750 declarative mechanisms, which reliably yield strong switch costs relative to weak congruency effects
751 among human learners (Kiesel et al., 2007; Monsell, 2003). Conversely, among both human (e.g.,
752 Forrest et al., 2012; Li et al., 2019; Meier et al., 2013) and nonhuman learners (e.g., Castro &
753 Wasserman, 2016; Meier et al., 2013; Meier et al., 2016; O'Donoghue & Wasserman, 2021),
754 associative mechanisms may yield weak (or no) switch costs relative to strong congruency effects.

755 Thus far, investigations of humans' associative task switching performance have deployed
756 small stimulus sets that facilitate (and at times explicitly encourage) exemplar memorization.
757 Whether such memorization is truly associative remains a matter of debate (Edmunds et al., 2016;
758 Bower & Winzenz, 1970; Forrest et al., 2012; Smith et al., 2012). In the present study, we asked
759 whether participants would still display disparate task switching response profiles when trained to
760 switch either between rule-based (RB) subtasks (which encourage declarative rule use) or between
761 information-integration (II) subtasks (which encourage associative learning, but *discourage* exemplar
762 memorization because they employ trial-unique stimuli).

763 In Experiment 1, we found that human participants displayed strong switch costs regardless
764 of task condition. Conversely, in Experiment 2, we found that pigeons displayed no switch costs in
765 either task condition. These conflicting results raise two possibilities: (1) that our human participants
766 may have employed declarative mechanisms to solve both RB and II tasks, and (2) that at least
767 among human learners, declarative and associative mechanisms may not reliably yield dissociable
768 task switching performance. We discuss each of these considerations below.

769 *Did Human II Learners use Declarative Rules?*

770 Many researchers have argued that, whereas responding in RB tasks is predominately
771 governed by declarative rule use, responding in II tasks is predominately governed by associative
772 learning (see Ashby & Valentin, 2017, for a review). However, our human participants displayed task
773 switching response profiles characteristic of declarative rule use in *both* RB and II paradigms, raising
774 the possibility that, in Experiment 1, most successful II learners could have actually been rule-users
775 (see also Edmunds et al., 2016; Edmunds et al., 2018; Nosofsky, Stanton, & Zaki, 2005; Wills et al.,
776 2019; Zaki & Kleinschmidt, 2014).

777 The suggestion that several of our II-II group participants might have used declarative rules is
778 consistent with their task switching response profiles and self-reported strategies, but inconsistent
779 with the results of our DBM analyses, wherein most II-II group participants converged on the optimal
780 two-dimensional model. Past research has likewise reported that self-report and DBM can yield
781 opposing conclusions (e.g., Edmunds et al., 2016).

782 On the one hand, dual-systems perspectives often assume that self-reports cannot yield valid
783 insights into implicit learning mechanisms (e.g., Ashby & Rosedahl, 2017). Conversely, some
784 researchers have asserted that associative learners either conceivably might (e.g., Edmunds et al.,
785 2016) or actually do produce self-reports reflecting their reliance on implicit processes; for example,
786 Chandrasekaran et al. (2014) reported that many successful II learners reported responding
787 according to “gut feeling”. Here, we make no strong claims concerning the validity of self-report; but,

788 because self-reports can accurately predict performance in other category learning tasks (e.g.,
789 probabilistic categorization: Lagnado, Newell, Kahan, & Shanks, 2006), and because they have been
790 used in efforts to capture various facets of implicit learning (e.g., Edmunds et al., 2016; Weinberger &
791 Green, 2022), we do believe that they warrant further study in the context of RB and II learning.

792 In contrast to self-report, DBM provides an objective index of participants' actual
793 categorization behavior. However, under at least some real-world conditions, DBM may not reliably
794 allow for mechanistic inferences. A relevant consideration is raised by our data from Experiment 2A.
795 In our DBM analysis, we found that most pigeons' data were best fit by the optimal models in each of
796 the RB and II task conditions (unidimensional models in the case of RB tasks; bidimensional models
797 in the case of II tasks). Based on this result, one *could* argue that – as did the humans in Experiment 1
798 – the pigeons in Experiment 2A used declarative rules to solve RB tasks. Given that pigeons have thus
799 far shown no compelling evidence of rule use in *any* categorization paradigm known to promote rule
800 use among humans (including RB paradigms, Smith et al., 2012; O'Donoghue et al., 2020; among
801 others, Lea et al., 2009; Maes et al., 2015; Navarro et al., 2019), this interpretation is clearly
802 implausible.

803 More reasonably, one could also conclude that the responses of pigeons in the RB-RB group
804 were primarily controlled by the relevant stimulus dimension in each subtask (as indicated by their
805 best-fitting decision bounds), but that such unidimensional control need not implicate declarative
806 rule use (see Wills et al., 2019). We agree with this interpretation (see also Smith et al., 2011).
807 However, we extend it further to stress that the same considerations must apply when interpreting
808 humans' decision bounds. In particular, and although diagonal decision bounds among human II-
809 learners do suggest attention to both dimensions, they need not implicate associative mechanisms
810 (Edmunds et al., 2016; Edmunds et al., 2018; see also Donkin, Newell, Kalish, Dunn, & Nosofsky,
811 2015). This consideration is particularly relevant because, of the four models that we considered
812 (which we selected because they are the four models most commonly used in the broader RB-II

813 literature), *only* the bidimensional model can yield criterion-level (85%) accuracy on either II subtask.
814 It is therefore unsurprising that the responses of most II-II group participants performing at criterion
815 were best-described by it.

816 Importantly, we do not wish to claim that DBM cannot yield relevant insights into
817 participants' learning mechanisms (see Hélie, Turner, Crossley, Ell, & Ashby, 2017), nor do we intend
818 to claim that self-reported strategies (which may certainly be subject to bias, as previously discussed)
819 are a superior diagnostic tool. Instead, and for parsimony, we recommend interpreting humans'
820 model fits with the same considerations and level of caution that we (and others) would typically
821 extend to pigeons. That is, we caution against the assumption that a participant best fit by a specific
822 decision bound is *necessarily* deploying a specific learning mechanism (for relevant considerations,
823 see Edmunds, Wills, & Milton, 2025; Roark, Minda, Kalra, & Cruz, 2025).

824 Taken together, our data add to a growing body of evidence that RB and II tasks might not
825 reliably engage disparate learning mechanisms among human learners (e.g., Carpenter, Wills,
826 Benattayallah, & Milton, 2013; Edmunds et al., 2016; Newell et al., 2010). This conclusion would have
827 clear implications for the ongoing debate surrounding the validity of RB-II dissociations (for reviews
828 from each perspective, see Ashby & Valentin, 2017; Wills et al., 2019), as well as for the broader
829 theoretical debate surrounding dual- vs. single-systems models of categorization (see Minda et al.,
830 2024). Although our data cannot concretely resolve either issue, they do highlight the challenges
831 inherent to the effort to isolate the contributions of associative mechanisms among human learners
832 (McLaren et al., 2019), particularly in II tasks.

833 To this end, we also join Wills et al. (2019) in arguing that future research surrounding dual-
834 vs. single-systems categorization would benefit from considering alternatives to standard RB and II
835 paradigms that might allow for more reliable inferences surrounding participants' learning
836 mechanisms (in particular, Wills and colleagues highlight the merits of the Shanks-Darby procedure;
837 Shanks & Darby, 1998).

838 *Do Declarative and Associative Mechanisms Produce Disparate Patterns of Task Switching*

839 *Performance?*

840 Of course, it is also possible that most of our human participants *did* arrive at the optimal
841 strategies for each task condition, but that humans' declarative and associative mechanisms did not
842 reliably produce different patterns of task switching performance in the context of the tasks
843 considered here (Li et al., 2017). This possibility is at odds with past research suggesting that, among
844 human learners, associative learning mechanisms may not produce switch costs (e.g., Forrest et al.,
845 2012; Li et al., 2019a; Meier et al., 2013). However, this past research often involved tasks with small
846 numbers of repeated stimuli, which are amenable to exemplar memorization.

847 Thus, the patterns of performance observed in prior studies of associative switching –
848 characterized by small or no switch costs relative to large congruency effects (Forrest et al., 2012,
849 Meier et al., 2013; Li et al., 2019a) – could reflect effortful memorization, which is arguably a
850 declarative process (Edmunds et al., 2016; Smith et al., 2012; c.f. Bower & Winzenz, 1970; Forrest et
851 al., 2012). By contrast, in the present project, we discouraged CSR memorization by instructing
852 participants to learn about randomly-sampled stimuli through trial-and-error. Of course, if we then
853 assume that our own II-II group participants were “true” associative learners (while noting the strong
854 caveats discussed in the previous section), then our results beg the question as to why human
855 associative learners might at least sometimes display switch costs when nonhuman associative
856 learners rarely do so (Castro et al., 2016; Meier et al., 2013; Meier et al., 2016; O'Donoghue &
857 Wasserman, 2021; see also Forrest et al., 2012, for proof-of-concept that associative mechanisms can
858 produce small switch costs).

859 Of note, switch costs need not stem entirely from executive task set reconfiguration. As
860 stressed by Logan and colleagues (Arrington & Logan, 2004; Logan & Bundesen, 2003; Schneider &
861 Logan, 2005), many task switching paradigms (including ours) confound switching *tasks* with
862 switching *task cues*. Logan and colleagues have argued that on stay trials, human participants may

863 benefit from repetition priming of the task cue. This benefit is absent on switch trials, which thus
864 incur switch costs. Nonetheless, subsequent research has demonstrated that executive task sets *do*
865 play a substantial role in generating switch costs independently of repetition priming (Jost et al.,
866 2013), and that even cue-switch costs might reflect the involvement of executive control processes
867 (Grange & Houton, 2010).

868 In our paradigm, we cannot disentangle the effects of switching tasks from the effects of
869 switching cues. It is possible that that the switch costs we observed among human RB-RB and II-II
870 group participants, although similar in magnitude, may have differed in origin. For example, among
871 the RB-RB group participants, switch costs may predominately reflect the influence of executive task
872 sets, whereas among the II-II group participants, switch costs may predominately reflect repetition
873 priming.

874 However, Meier et al. (2013) found that, when two cues were used to signal each of two RB
875 subtasks, human associative learners (i.e., participants who were unable to report either subtask rule
876 at the end of the experiment) did not display switch costs. As such, we have no compelling reason to
877 suspect that cue switch costs would have been strongly present among our II-II group participants
878 (although this remains an open question for future research).

879 Alternatively, it is also possible that the switch costs observed among our human II-II group
880 participants might reflect the overarching structure of the task switching paradigm (such that task
881 switching itself functions as a declarative task; we thank an anonymous reviewer for raising this
882 possibility). In other words, even if II-II group participants were using the optimal associative
883 strategies to solve each subtask, they might have nonetheless activated declarative task sets that
884 incorporated the relevant CSR associations for a given subtask (for relevant discussion, see also
885 Meier et al., 2013; Li et al., 2019). Of course, why such declarative task sets might have influenced
886 performance in our experiments, but not in past research surrounding associative task switching
887 using similar trial structures (e.g., Meier et al., 2013) remains to be determined.

888 Finally, it is also worth noting that the average age of our sample (mean = 43.10; $SD = 11.95$)
889 skews slightly older than in past studies of associative task-switching. Although switch cost
890 magnitudes do generally increase with age (Wasylshyn, Verhaeghen, & Sliwinski, 2011), and age
891 likewise slows overall learning speeds across RB and II tasks (alongside reducing the proportion of
892 participants who converge on the optimal strategies according to DBM; e.g., Maddox, Pacheco,
893 Reeves, Zhu, & Schnyer, 2010), it remains unclear whether these age-related changes might also
894 influence the interaction between task condition (declarative vs. associative) and switch cost
895 magnitudes.

896 *Conclusions*

897 Our data add to a growing body of research demonstrating that associative mechanisms can
898 support robust task switching (Castro & Wasserman, 2016; Li et al., 2019a; Meier et al., 2013; Meier
899 et al., 2016; O'Donoghue & Wasserman, 2022). In Experiment 1, we highlighted the challenges of
900 isolating the contributions of associative mechanisms among human learners (particularly using II
901 tasks), a critical issue that has rarely been acknowledged in studies of associative task switching (but
902 see McLaren et al., 2019). Our data also raised the question as to whether associative learning
903 mechanisms might still produce significant switch costs under at least some conditions (Forrest et al.,
904 2012; Li et al., 2017).

905 Conversely, in Experiment 2, we demonstrated that pigeons – which presumably rely
906 exclusively on associative mechanisms to solve both RB and II tasks (O'Donoghue et al., 2020; Smith
907 et al., 2012) – display *no* switch costs in either task condition. These data highlight the impressive
908 power and flexibility that associative mechanisms can afford (see also Lind, 2019; McMurray et al.,
909 2012; Sloutsky et al., 2017; Wasserman et al., 2023), despite the fact that they are often overlooked
910 in discussions of “complex” cognitive processes.

911 Overall, our data point to three clear directions for future research. First, more work is
912 needed to disentangle the contributions of declarative and associative mechanisms in RB- and II-

913 learning (see also Edmunds et al., 2016; Edmunds et al., 2018; Wills et al., 2019). Second, future
914 research involving alternative paradigms could help determine whether human learners reliably do
915 produce switch costs in associative tasks wherein CSR memorization is precluded. Finally, we look
916 forward to continued research exploring the striking flexibility afforded by associative mechanisms
917 (Turner & Wasserman, 2023). Given the difficulties of isolating associative mechanisms among
918 human learners (McLaren et al., 2019), we suspect that comparative investigations will prove
919 especially fruitful in this domain.

920

921

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924 self-reports in Experiment 1.

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926

Open Practices Statement

927 The data and materials for Experiments 1 and 2 are available via <https://osf.io/3265r/> (O'Donoghue,
928 2023). Neither experiment was preregistered.

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