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1 **From mountain range to flat plateau in the Qiangtang Block:**
2 **Insights from low-temperature thermochronology**

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23 **ABSTRACT**

24 The Tibetan Plateau is currently undergoing lateral extrusion and expansion, but it
25 remains unclear whether such orogen-parallel growth occurred during the Plateau's
26 early uplift. Additionally, it is uncertain how this process developed after the
27 formation of the proto-Tibetan Plateau. Constraining both these processes will help
28 our understanding of the Plateau's uplift history and mechanisms of formation. This
29 study focusses on the Qiangtang terrane, the core of the proto-Tibetan Plateau, and
30 integrates new low-temperature thermochronological data from Eocene granites with
31 published datasets to reconstruct the uplift history from the perspective of
32 spatiotemporal exhumation patterns. Results reveal that prior to 40–35 Ma, the
33 Qiangtang experienced not only orogen-perpendicular growth but also E-W-trending
34 expansion. Following establishment of this proto-Tibetan Plateau, localized
35 exhumation persisted in the North Qiangtang. Combining the correlation between
36 apparent exhumation rate and faults, geomorphic indices, precipitation, and
37 magmatism, we suggest that compressive thickening is the major mechanism that
38 governed the initial uplift, and crustal channel flow induced the northeastward
39 expansion of the Qiangtang Plateau. Conversely, extensional lithosphere thinning, and
40 climate-related erosion processes may only play a role in localized regions. This study
41 reconstructs the uplift history of the Qiangtang Plateau, from its initial formation as a
42 mountain range to a flat plateau. The findings confirm that lateral growth was likely
43 prevalent during the early stage of uplift and provide thermochronological evidence
44 supporting the topographic transition driven by crustal melting.

45

46 **INTRODUCTION**

47 Most models interpret the Tibetan Plateau's differential uplift as primarily
48 perpendicular to its orogenic belts, consistent with the accretion of several
49 E-W-trending terranes (Fig. 1A-G; Ding et al., 2022). This lateral growth did not
50 commence until the Miocene, when the plateau was substantially uplifted, especially
51 in southeastern Tibet (Clark and Royden, 2000). Recent paleoelevation data from
52 Cenozoic basins in central-north Tibet have significantly enhanced our understanding
53 of the uplift history of the Tibetan Plateau (Fig. 1H; e.g., Xiong et al., 2022; Li and
54 Garzzone, 2023). These data suggest that the Qiangtang Plateau initially uplifted as a
55 mountain range before transitioning into a flat plateau, potentially due to crustal
56 melting (Zhang et al., 2022). However, whether this linear mountain range
57 experienced lateral growth during early uplift, and whether surface exhumation
58 accompanied the crust melting, remains unresolved.

59 The mechanisms proposed for the formation of the Tibetan Plateau include
60 compressive thickening (e.g., Tapponnier et al., 2001), lithospheric thinning (e.g.,
61 Turner et al., 1993; Wang et al., 2022), crustal channel flow (e.g., Clark and Royden,
62 2000), and climate-induced erosion processes (e.g., Molnar and England, 1990). The
63 uplift of the plateau is generally associated with surface exhumation that can be
64 recorded by thermochronology data, and therefore, the spatiotemporal variations in
65 exhumation rates can provide valuable insights into the uplift processes and
66 geodynamic mechanisms of the plateau (Fig. 2; van der Beek et al., 2009; Rohrmann

67 et al., 2012; Li et al., 2016; Yin et al., 2023). For instance, if the plateau undergoes
68 uplift due to compressive thickening, exhumation would propagate along with the
69 trend of deformation and thickening (Fig. 2B).

70 The existing thermochronologic data from Qiangtang indicate that negligible
71 exhumation has occurred since ca. 45-40 Ma (Wang et al., 2008a; Rohrmann et al.,
72 2012). However, as most of these data are derived from pre-Cenozoic bedrock and
73 sedimentary rocks, it remains unclear whether younger (< 40 Ma) cooling events have
74 taken place. In this study we report comprehensive low-temperature
75 thermochronology on the Eocene granites from the Qiangtang Plateau to assess
76 whether significant exhumation occurred since their emplacement. The compiled data
77 were then combined to determine the tempo-spatial variations in exhumation rate.
78 Finally, the varying patterns of apparent exhumation and its relation to faults,
79 geomorphic indices (e.g., slope, relief), precipitation, and magmatism were employed
80 to assess the growth history of the Qiangtang Plateau and its formation mechanisms.

81

82 **GEOLOGICAL SETTING**

83 The Qiangtang (QT) Plateau is located in the central Tibetan Plateau and is
84 bordered by the Bangong-Nujiang suture to the south and the Jinsha suture to the
85 north (Fig. 2A; Ding et al., 2022). Tectonically, the Qiangtang can be divided into
86 southern Qiangtang (SQT) and northern Qiangtang (NQT) by the Longmu
87 Co-Shuanghu suture (Li et al., 2009). This suture zone comprises a suite of
88 high-pressure metamorphic rocks, such as eclogite, blueschist, and

89 garnet-phengite-quartz schist (Dan et al., 2025). Although some early studies
90 interpreted the high-pressure metamorphic rocks along the Longmu Co-Shuanghu belt
91 as underplated *mélange* resulting from the southward subduction of the
92 Songpan-Ganzi oceanic lithosphere (e.g., Kapp et al., 2000), most recent research
93 supports the interpretation that the Longmu Co-Shuanghu suture zone marks the
94 closure of the Paleo-Tethys Ocean and the subsequent collision between the South
95 Qiangtang (SQT) and the North Qiangtang (NQT) terranes at ca. 235 Ma (Li et al.,
96 2009; Dan et al., 2025; Xu et al., 2025). Following the amalgamation of the SQT and
97 NQT, the Qiangtang terrane experienced widespread marine sedimentation during the
98 Late Triassic to Early Cretaceous (Li et al., 2025). These marine strata were
99 subsequently unconformably overlain by sparse terrestrial deposits during the Late
100 Cretaceous to Eocene (Kapp et al., 2005; Bi et al., 2023).

101 Since the Cretaceous, a series of E-W-trending folds and thrust faults have
102 deformed and shortened the Qiangtang terrane, including the Fenghuoshan, Tanggula,
103 Lugu-Rongma, Zadaona-Riganpei Co, Gangma Co-Shuanghu, Southern Qiangtang,
104 Shiquanhe-Gaize-Amdo, and Gaize-Siling Co thrust belts (Kapp et al., 2005, 2007; Li
105 et al., 2015; Staisch et al., 2016). These structures not only contributed to the uplift of
106 the Qiangtang Plateau but also played a dominant role in shaping the adjacent
107 Cenozoic basins (Xue et al., 2022; Bi et al., 2023). Since the Miocene, a series of N-
108 S-trending rifts and normal faults have developed across the Qiangtang Plateau,
109 including the Shuanghu Rift, Yibug Caka Fault, and Mugs Purou Fault (Blisniuk et al.,
110 2001; Li et al., 2015).

111 Cenozoic magmatic rocks are widely distributed across the Qiangtang Plateau
112 and can be classified into four distinct magmatic episodes: 46–38 Ma and 6.8–2.3 Ma
113 in the Northern Qiangtang (NQT), 37–34 Ma in the Southern Qiangtang (SQT), and
114 31–28 Ma in the western Qiangtang (QT) (Qi et al., 2024). Most of these magmatic
115 rocks are volcanic, comprising basanite/tephrite, trachyte, trachybasalt, phonolite,
116 trachyandesite, basalt, and dacite (Ou et al., 2019; Qi et al., 2023, 2024; Liu et al.,
117 2024). Additionally, minor Eocene (42–37 Ma) granitoids are sporadically distributed
118 along the Tanggula range in the NQT, including the Puruo Gangri, Geladandong,
119 Saiduopu Gangri, Meiriqie Co, Qoima Co, Dushan, and Maliaoshan plutons (Ou et al.,
120 2017; Liu et al., 2022; Xu et al., 2022).

121 Low-temperature thermochronological work on pre-Cenozoic rocks across the
122 Qiangtang Plateau indicate that most regions have undergone little to no significant
123 exhumation since ca. 45–40 Ma (Wang et al., 2008a; Rohrmann et al., 2012; Dai et al.,
124 2013). The initial cooling and exhumation history of the Qiangtang Plateau is well
125 constrained by bedrock thermochronology data from the Central Qiangtang Mountain
126 Range, which reveals a period of rapid cooling during the Middle Jurassic to
127 Cretaceous (Zhao et al., 2017; Qian et al., 2021; Zhao et al., 2022). This cooling event
128 has been interpreted as being linked to the collision between the Qiangtang and Lhasa
129 terranes (Zhao et al., 2017; Qian et al., 2021; Lu et al., 2024b). The Cretaceous
130 cooling and exhumation event is also documented by detrital apatite fission-track data
131 from the South Qiangtang basin (Zhang et al., 2019; Li et al., 2025) and the North
132 Qiangtang basin (Zhang et al., 2021; Bi et al., 2023). An Eocene-Oligocene cooling

133 signal has also been preserved in some of these sedimentary rocks (Zhang et al., 2021;
134 Bi et al., 2023; Li et al., 2025). However, additional AHe data are still required to
135 constrain the most recent cooling event in thermal history modeling.
136 Thermochronological studies on the exhumation of Eocene granitoids in the
137 Qiangtang Plateau have so far been restricted to the Puruo Gangri granite (Zhang et
138 al.,2021; Bi et al., 2023). Given that the thermochronological ages overlap with its
139 crystallization age, the Eocene rapid cooling of the granite has been interpreted to be
140 related to thermal relaxation following magmatic emplacement (Zhang et al.,2021; Bi
141 et al., 2023).

142

143 **ANALYTICAL METHODS AND THERMOCHRONOLOGY RESULTS**

144 To more accurately constrain the temporal-spatial variation of post-Eocene uplift
145 events and so assess the geodynamic models (Fig. 1A-G) that invoke post-Eocene
146 exhumation, eighteen bedrock samples (15 Eocene granites and 3 volcanic rocks; Fig.
147 S1) from the NQT were collected for zircon and apatite (U-Th)/He dating (ZHe and
148 AHe), and apatite fission track (AFT) analysis. The Supplementary Materials provide
149 a detailed description of the analytical methods and results. For the Eocene (> 40 Ma)
150 and pre-Eocene uplift records, we rely on a comprehensive review of existing data
151 (Table S9).

152 In general, the thermochronological ages of most Eocene granites overlap with or
153 are close to their crystallization dates (Table S1-S4; Fig. S2-S4). Therefore, the
154 Eocene rapid cooling (ca. 40-35 Ma; Fig. S6) derived from thermal history modeling

155 may record thermal relaxation related to emplacement of the granites and not
156 erosional unroofing. This will be further assessed using geobarometric data from these
157 intrusions. However, some Puruo Gangri and Geladandong samples have younger
158 AFT (24.7-22.5 Ma) and AHe (28.6-12.6 Ma) ages. These rocks underwent rapid
159 cooling and exhumation during the Oligocene and Miocene, according to thermal
160 history models (Fig. S6). The three volcanic rocks' thermochronological ages match
161 their eruption ages, demonstrating no major reheating since ca. 40 Ma (Table S4).

162

163 **CALCULATION OF THE EXHUMATION RATE**

164 To calculate the exhumation rate as precisely as possible, we eliminated the
165 volcanic rocks and intrusive rocks with thermochronologic ages indistinguishable
166 from their crystallization ages. This is because that their thermochronologic ages
167 represent the eruptive or intrusive ages of the rocks, thus the exhumation rate
168 calculated from these samples would be heavily overestimated. Sedimentary rocks
169 were also not considered because they might have undergone reheating, or their ages
170 may record the cooling of the source rocks.

171 Two software programs were used to calculate the exhumation rate, namely the
172 age2exhume code (van der Beek and Schildgen, 2023) and GLIDE (Fox et al., 2014).
173 The age2exhume code relies on a steady-state solution for the advectively perturbed
174 geothermal gradient and employs the Dodson (1973) method to calculate closure
175 temperatures, which inherently assumes constant topography and a steady exhumation
176 rate during vertical exhumation (van der Beek and Schildgen, 2023). This assumption

177 limits the model's ability to resolve temporal variations in exhumation rates and
178 renders it inadequate for interpreting complex thermal and exhumation histories
179 involving processes such as burial and reheating. Furthermore, although the advective
180 perturbation of the geotherm has a negligible effect on thermochronometric age
181 predictions under low exhumation rates, the age2exhume code may not be appropriate
182 for constraining the long-term evolution of mountain belts involving complex
183 dynamic processes. This limitation arises primarily because of the model's
184 assumptions of a constant basal temperature and fixed model thickness, which are
185 unlikely to be valid over long geological timescales (van der Beek and Schildgen,
186 2023). Therefore, the exhumation rate calculated using the age2exhume code
187 represents only the apparent, time-averaged, steady-state equivalent exhumation rate.
188 Although the assumptions underlying the age2exhume code limit the precise
189 quantification of exhumation rates, the general trend is likely robust, as the chosen
190 parameters exert a consistent influence across all model predictions. Therefore, we
191 still used the age2exhume code to rapidly calculate the apparent exhumation rate as a
192 first-order approximation derived from the filtered thermochronology dataset.

193 The most effective tool currently available for calculating exhumation rates from
194 thermochronological data is thermal-kinematic modeling using the 3-D finite-element
195 code Pecube (Braun et al., 2012). However, significant setup requirements and
196 relatively high computational demands restrict the spatial extent of modeled datasets
197 to approximately 100–1000 km² (van der Beek and Schildgen, 2023), which is much
198 smaller than that of the whole Qiangtang Plateau. As an alternative approach, we

199 applied the GLIDE (Fox et al., 2014) code to quantify the temporal evolution of
200 exhumation rates. GLIDE was developed to extract exhumation histories from
201 regional datasets through a linear inversion approach (Fox et al., 2014). The GLIDE
202 code converts thermochronometric ages into exhumation rates based on the principle
203 that the depth to the closure isotherm corresponds to the time integral of erosion rates
204 from the cooling age to the present (Fox et al., 2014). Although GLIDE is well-suited
205 for regional studies requiring a generalized model of spatial-temporal variations in
206 exhumation rates, it is important to recognize that the temporally and spatially
207 continuous coverage of calculated exhumation rates produced by GLIDE relies on
208 interpolation, and the code is also not applicable in cases involving burial and
209 reheating (Fox et al., 2014). To initialize the inverse modeling, a priori erosion rate of
210 0.2 ± 0.1 km/Ma, a spatial correlation length of 20 km, and a time interval of 5 Ma
211 were assigned for a 150-million-year exhumation history. Although these parameters
212 may have a minor impact on the accuracy of exhumation rate calculations, especially
213 in low-resolution regions (Willett et al., 2021; Liu et al., 2023), this study emphasizes
214 spatial and temporal variations in exhumation rates rather than absolute values.
215 Consequently, limited effort was devoted to optimizing parameter configurations.

216

217 **EMPLACEMENT DEPTH OF THE GRANITOIDS**

218 **Results of the Emplacement Depth**

219 Given the overlap between the majority of thermochronometric ages and the
220 crystallization ages of the Eocene granitoids, it is crucial to ascertain whether their

221 cooling ages were associated with thermal relaxation or exhumation. If the
222 emplacement depths of the granitoids are shallower than the closure depths of the
223 thermochronometric systems, the cooling ages can be attributed to thermal relaxation.
224 Conversely, the cooling ages are related to exhumation. The crystallization pressures
225 of hornblende, clinopyroxene, and biotite are commonly utilized to constrain the
226 emplacement depth of the granitoids (e.g., [Mutch et al., 2016](#)). The emplacement
227 depths of the Eocene granitoids were determined using multiple geobarometers in this
228 study, and the detailed results are presented in [Figures 3-4](#) and [Tables S5-7](#).

229 Three samples (20QT20-3, 20QT33-4, and 20QT33-6) from the Puruogangri
230 were collected for calculating the crystallization pressures using hornblende and
231 biotite geobarometers. Based on the total Al content of biotite ([Uchida et al., 2007](#)),
232 the calculated solidification pressure for the three granites ranged from 0.49 ± 0.18
233 kbar (1σ , same hereafter) to 0.76 ± 0.23 kbar, with an average of 0.57 ± 0.10 kbar,
234 corresponding to an emplacement depth of 2.14 ± 0.39 km ([Fig. 4](#)). Due to most of the
235 Fe/(Fe + Mg) ratios of hornblende lower than the recommended values of the
236 hornblende-plagioclase geobarometer ([Anderson and Smith, 1995](#)), only the
237 Al-in-hornblende geobarometers proposed by [Schmidt \(1992\)](#) and [Mutch et al. \(2016\)](#)
238 were employed. After excluding the analyses that altered into actinolite, the calculated
239 emplacement depths of the granites varied from 1.7 ± 1.6 km to 5.7 ± 1.2 km, with
240 average emplacement depths of 2.85 ± 0.73 km and 5.30 ± 0.73 km ([Fig. 4](#)),
241 respectively. Additionally, if the actinolite records a crystallization history under
242 sub-solidus condition, the calculated average depth using the geobarometer of [Mutch](#)

243 [et al. \(2016\)](#) and the compositions of actinolite was about 3.04 ± 0.75 km.

244 Sample 21QT77-6 was collected from the Geladandong to determine the
245 crystallization depth using hornblende and biotite geobarometers. The results show
246 that the biotite and hornblende inclusions within the potassic-feldspar ([Fig. 3C](#)) show
247 a significantly greater crystallization depth compared to other crystals. Based on the
248 Al-in-biotite geobarometer ([Uchida et al., 2007](#)), the calculated emplacement depths
249 were 2.8 ± 1.2 km and 1.6 ± 0.8 km, respectively. However, the hornblende
250 inclusion's core indicated a crystallization depth of approximately 10-13 km ([Schmidt,](#)
251 [1992; Mutch et al., 2016](#)). The inconsistent results obtained from the two different
252 geobarometers were likely due to subsequent melt-crystal interaction or thermal
253 alteration, as evidenced by the presence of heterogeneous zoning in the hornblende
254 inclusion that underwent metasomatism by later quartz ([Fig. 3C](#)). The estimated depth
255 of crystallization, based on the remaining hornblende grains, ranged from 3.0 ± 1.0
256 km to 5.3 ± 1.0 km ([Fig. 4; Schmidt, 1992; Mutch et al., 2016](#)).

257 Due to the Eocene granitoids from Qoima Co, Meirique Co, and Maliaoshan
258 being porphyries, the pressure estimation derived from the hornblende, biotite, and
259 clinopyroxene phenocrysts likely reflects the crystallization conditions of a deep
260 magma chamber rather than the emplacement depth of the host rocks. The pressures
261 calculated from these samples, therefore, may overestimate the actual emplacement
262 depth and should be treated with caution. The hornblende and clinopyroxene
263 phenocrysts from the Qoima Co syenite porphyry (21QT82-1) are characterized by
264 obvious positive zoning, with dark grey cores in the backscattered electron (BSE)

265 images (Fig. 3F-G). According to the Al-in-hornblende geobarometers (Schmidt, 1992;
266 Mutch et al., 2016), the calculated crystallization depth was about 11-13 km (Fig. 4).
267 The clinopyroxene core exhibits higher Mg# values compared to its mantle or rim,
268 indicating a greater likelihood of equilibrium with the melts. Therefore, only the core
269 compositions of clinopyroxene were used to estimate the crystallization conditions.
270 The estimated depth of crystallization ranged from 6.2 ± 2.3 km to 20.2 ± 3.3 km,
271 employing the recently developed clinopyroxene-only geobarometers (Fig. S8;
272 Putirka, 2008; Wang et al., 2021; Higgins et al., 2022; Ágreda-López et al., 2024).
273 Conversely, the clinopyroxene phenocrysts from the Meirique Co porphyry
274 (21QT42-4, 21QT59-1) exhibit no apparent textural or composition zoning (Fig.
275 3D-E). The calculated crystallization depth from these grains varied from 1.59 ± 0.25
276 km to 14.4 ± 4.2 km (Fig. 4). Additionally, the biotite geobarometer yielded a
277 crystallization depth of 4.7 ± 0.9 km for sample 21QT59-1 (Fig. 4). The hornblende
278 phenocrysts from the Maliaoshan diorite porphyry display apparent textural zoning
279 (Fig. 3H), while the calculated crystallization depth for these grains yielded a
280 relatively clustered range at 21-27 km (Fig. 4). The biotite in the matrix, however,
281 yielded a lower crystallization depth of 5.1 ± 0.9 km (Fig. 4).

282

283 **Uncertainties and interpretations of the Geobarometers**

284 The calculated emplacement depths for the Eocene granitoids, derived from
285 various geobarometers, indicate that, apart from the Puruo Gangri and Geladandong
286 granites, which have relatively consistent emplacement depths, the crystallization

287 depths of the porphyries vary significantly (Table 1). Thus, it is essential to evaluate
288 the uncertainties associated with these geobarometric estimates.

289 The Al-in-hornblende barometer is one of the most widely used methods for
290 estimating the solidus pressure of granitic intrusions (e.g., Mutch et al., 2016).
291 However, significant discrepancies or uncertainties often exist among different
292 geobarometers. For instance, although the geobarometer of Schmidt (1992) was
293 experimentally calibrated using tonalite-granodiorite compositions, it may
294 overestimate crystallization pressure by a factor of two or more under conditions of
295 high temperature and low oxygen fugacity (Anderson and Smith, 1995). The
296 experimentally recalibrated hornblende geobarometer of Mutch et al. (2016) is valid
297 down to the minimum pressures at which amphibole crystallizes (~0.5 kbar) and
298 spans a wide range of near-solidus temperatures. All the hornblendes analyzed exhibit
299 low Fe/(Fe+Mg) ratios (< 0.5; Table S5), indicative of high oxygen fugacity
300 (Anderson and Smith, 1995). Therefore, oxygen fugacity exerts minimal influence on
301 the overestimation of crystallization pressure. However, the hornblende phenocrysts
302 from Qoima Co and Maliaoshan have relatively higher crystallization temperatures
303 (~730–787 °C; Table S5) compared to those observed in near-solidus experimental
304 conditions (Anderson and Smith, 1995), as estimated using the
305 hornblende-plagioclase thermometry of Holland and Blundy (1994). Thus, the
306 hornblende barometer derived from these samples would yield erroneously elevated
307 pressure estimates.

308 Biotite is a potentially valuable mineral for estimating the solidification pressure

309 of granitic intrusions (Mutch et al., 2016). Uchida et al. (2007) proposed an empirical
310 Al-in-biotite geobarometer based on the correlation between biotite's aluminum
311 content and solidification pressure, as independently constrained by sphalerite and
312 hornblende geobarometers. The solidification pressure estimates for the Puruo Gangri
313 and Geladandong granites derived from the Al-in-biotite geobarometer are generally
314 consistent with those obtained using the Al-in-hornblende geobarometer within error.
315 Although biotite phenocrysts from the Meiriqiecuo area and biotite matrix from the
316 Maliaoshan area suggest crystallization depths of approximately 5 km, further
317 experimental validation is currently required to confirm the reliability of these
318 estimates.

319 Although clinopyroxene barometers can be used as an alternative to estimate the
320 solidification depth of intrusions, they generally exhibit greater uncertainty compared
321 to hornblende barometers. For instance, the widely used clinopyroxene-only
322 barometer of Putirka (2008), which is thermodynamically calibrated, has a standard
323 error of 3.1 kbar. In recent years, numerous clinopyroxene-only and
324 clinopyroxene-liquid thermobarometers have been developed using machine learning
325 approaches (e.g., Wang et al., 2021; Higgins et al., 2022; Ágreda-López et al., 2024).
326 Among these, the most recent model by Ágreda-López et al. (2024) appears to be the
327 most robust, as it incorporates a bias correction procedure to address the "regression
328 to the mean" effect and is trained on comprehensive experimental datasets of
329 clinopyroxene-liquid equilibria (Jorgenson et al., 2022; Ágreda-López et al., 2024).
330 Nonetheless, further high-quality experimental and natural data are still required to

331 refine these machine learning–based thermobarometers, particularly experimental data
332 in which the starting materials closely match those of natural samples.

333 In summary, the Puruo Gangri and Geladandong granites were likely emplaced at
334 depths of approximately 2-5 km. Such emplacement depths are generally lower than
335 the closure depth of the ZHe isotopic system. Therefore, thermochronology dates that
336 overlap with corresponding crystallization ages likely indicate thermal relaxation
337 rather than exhumation signals related to erosion. However, accurately determining
338 the emplacement depths of the porphyries from Qoima Co, Meiriqie Co, and
339 Maliaoshan remains challenging. Based on phenocryst crystallization depths, the
340 emplacement depths of these porphyries may range from less than 2 km to over 20 km.
341 If these porphyries were emplaced at greater depths (e.g., >7–8 km), the Eocene rapid
342 cooling recorded in these samples is likely associated with exhumation; otherwise, it
343 may reflect thermal relaxation alone. However, even if the rapid cooling of these
344 porphyries during the Eocene (ca. 40–35 Ma; [Fig. S6](#)) was driven by exhumation, the
345 fact that their AHe ages overlap with the crystallization ages indicates that significant
346 exhumation did not occur after the late Eocene (<35 Ma).

347

348 **GEOSPATIAL ANALYSIS**

349 **Calculation of Apparent Exhumation Rate**

350 To determine the spatial and temporal patterns of rock exhumation across the
351 whole Qiangtang Plateau, we firstly use the *age2exhume* code ([van der Beek and](#)
352 [Schildgen, 2023](#)) to calculate the apparent exhumation rates from multiple

353 thermochronometric systems. Although this approach is simplified due to the
354 assumption of steady, vertical rock uplift and unchanging topography when
355 calculating exhumation rates, it allows for the rapid generation of a schematic
356 representation of apparent exhumation rates from regional thermochronometric
357 datasets.

358 Our new thermochronology along with published data were used to calculate the
359 exhumation rates shown in Table S9. Based on the α - β quartz transition in the upper
360 crust of the Qiangtang terrane, the initial geothermal gradient of 39 °C/km (Zhou et
361 al., 2019) was used during the calculation. To calculate the local mean elevation, we
362 used the ESRI's ArcMap version 10.8.1 software and a standard 90 m resolution
363 Shuttle Radar Topography Mission (SRTM) digital elevation dataset (DEM)
364 (<https://doi.org/10.11888/Geogra.tpd.c.270486>). The detailed procedures regarding
365 how to obtain the Δh value for each sample are given in the Appendix B of van der
366 Beek and Schildgen (2023). All other parameters during the calculation were set at the
367 default values of van der Beek and Schildgen (2023).

368

369 **Calculation of Slope, Relief, Precipitation, and the Distance from Faults**

370 The ArcMap software and the SRTM DEM were used to efficiently calculate the
371 slope and relief for all samples across the Qiangtang Plateau. The calculation of slope
372 can be found within the “3D Analyst Tools-Raster Surface” tool in Arc Toolbox. The
373 calculation of the relief was performed using the Focal Statistic function, which is
374 accessible via the “Spatial Analyst Tools-Neighborhood” tool within the Arc Toolbox.

375 Subsequently, the Raster Calculator (Spatial Analyst Tools-Map Algebra) was
376 employed to extract the relief of the Qiangtang Plateau. When calculating the relief, a
377 circular area with a radius of ~5 km was used. The annual precipitation data was
378 obtained from the WorldClim version 2.1 database at a spatial resolution of 1 km
379 (<https://worldclim.org>). Finally, the Extract Values to Points function (Spatial Analyst
380 Tools-Extraction) was employed to extract the slope, relief, and precipitation data for
381 each sample from the above calculated raster data.

382 The faults from [Yakovlev et al. \(2019\)](#) were vectorized using the ArcMap
383 software. Subsequently, the Near tool (Analysis Tools-Proximity) within the Arc
384 Toolbox was employed to calculate the shortest distance between the sample and
385 either normal or reverse faults.

386

387 **Relationship between Apparent Exhumation Rate and Slope, Relief,** 388 **Precipitation, and the Distance from Faults**

389 The calculated apparent exhumation rate, slope, relief, precipitation, and the
390 distance from faults for each sample are provided in Table S9. When all samples are
391 considered, the patterns of spatial variation in exhumation are found to be irregular,
392 particularly for those calculated using AFT and AHe ages. However, if the
393 unreasonable exhumation rates that derived from sedimentary, volcanic, and intrusive
394 rocks were excluded, the apparent exhumation rates seem to migrate outward ([Fig. 5](#)).
395 Accordingly, these unreasonable exhumation rates were excluded from subsequent
396 discussion. Given that most Eocene granites experienced minimal exhumation since

397 their emplacement, we divided the thermochronology data into two groups with a
398 boundary of approximately 40 Ma to ascertain whether disparate exhumation patterns
399 occurred since the formation of the Proto-Tibetan Plateau.

400 If the exhumation was related to the activation of faults, it would be expected
401 that rocks in closer proximity to the fault would be exhumed at a faster rate than those
402 situated at a greater distance from the fault. Consequently, a negative correlation
403 between the apparent exhumation rate and the distance to the fault would be identified.
404 However, an evident correlation between the apparent exhumation rate and the
405 distance to normal or reverse faults was not observed when all magmatic rocks were
406 taken into account (Fig. 6A-D). Considering that the closure depth (Z_c) of ZFT is ~ 6
407 km (assumed the geothermal gradient is $39\text{ }^\circ\text{C/km}$; Zhou et al., 2019), it can be
408 concluded that a fault plane deeper than this depth would not disturb the
409 thermochronometric systems. Accordingly, the horizontal distance (H) between the
410 fault and the sample susceptible to impact from faulting is a function of the dipping
411 angle (θ) of the fault. The function is expressed as $H = Z_c/\tan(\theta)$. Thus, a dipping
412 angle of 15° will result in a horizontal disturbing distance of approximately 20 km.
413 Nevertheless, we arbitrarily take 50 km as a threshold for the purpose of evaluating
414 the potential impact of faulting over greater distances. When the impacts of normal
415 and reverse faults were considered separately, a slight negative correlation between
416 exhumation and distance to faults within 20 km was observed (Fig. 6E-F; Fig. 7). It
417 must be noted, however, that data for normal faults are limited, particularly for
418 thermochronometric ages older than 40 Ma (Fig. 6A).

419 In our data, regardless of whether the effect of faulting was considered, no clear
420 correlation was observed between apparent exhumation rate and slope, relief, and
421 precipitation (Fig. 8A-F).

422

423 UPLIFT HISTORY AND MECHANISMS OF THE QIANGTANG PLATEAU

424 Outward Growth Surrounding a Linear Mountain Range before ~40-35 Ma

425 The thermal history modeling results for the Eocene granites (Fig. S6), estimates
426 of paleoaltimetry (Xu et al., 2013), and previous thermochronological data (Wang et
427 al., 2008a; Rohrmann et al., 2012) have clearly shown that most regions of the
428 Qiangtang underwent negligible long-term exhumation since the emplacement of the
429 Eocene granites. However, the details of the formation of such a proto-plateau remain
430 incompletely understood. Therefore, we focus on the thermochronological ages older
431 than ~40 Ma to determine how the flat plateau topography formed. After excluding
432 the samples unsuitable for calculating exhumation rates (Fig. 5A), the resulting
433 exhumation rate patterns exhibit orogen-orthotropic migration (Fig. 5B-D), consistent
434 with prior studies (e.g., Bi et al., 2023). This implies that the Qiangtang underwent a
435 gradual uplift towards the south and north. However, lateral migration of exhumation
436 can also be observed (Fig. 5E-G), which has been overlooked in previous studies. The
437 observed variation in apparent exhumation rate suggests that the Qiangtang initially
438 uplifted in the central region, potentially along the central Watershed Mountains.
439 Subsequently, the Plateau grew in both an east-west and north-south direction (Fig.
440 5D-G), resembling the gradual uplift surrounding an E-W-trending mountain range.

441 This scenario, which involved E-W trending growth, suggests that lateral growth has
442 occurred during the early uplift of Tibetan Plateau.

443

444 **Northeastward Expansion of the Plateau since Oligocene-Miocene**

445 The modeled spatiotemporal variation in exhumation rate using GLIDE indicates
446 that most regions of the Qiangtang Plateau did not undergo significant exhumation
447 during the Late Eocene to Early Oligocene (Fig. S10). However, localized
448 exhumation reactivated in the NQT in the Late Oligocene, particularly in the
449 Geladandong and Puruo Gangri (Fig. 9). Combining the northeastward younging
450 trend of AFT and AHe ages, crust-derived magmatism, and the identification of Early
451 Miocene high-temperature granulite xenoliths in the NQT (Fig. S8; Zhang et al.,
452 2022), we propose that the Qiangtang Plateau likely experienced northeastward
453 expansion away from the Tanggula range from the Late Oligocene to the Miocene.
454 This is also consistent with the landscape evolution of central-northern Tibet based on
455 lava field geomorphology (Law and Allen, 2020).

456 Although the modeled exhumation rates derived from compiled
457 thermochronological data suggest negligible exhumation in the SQT since the Late
458 Eocene, quantitative paleo-elevation reconstructions indicate a delayed uplift along
459 the BNS (Su et al., 2019; Fang et al., 2020; Xiong et al., 2022). The discrepancy
460 between the thermochronological results and estimates of paleoaltimetry in the central
461 valley along the BNS can primarily be attributed to the absence of Eocene or younger
462 bedrock samples, which are necessary for validating more recent exhumation events

463 in the SQT. Although a recent study has reported several Eocene (~40 Ma) dikes in
464 the Lunpola Basin, their AHe ages overlap with their emplacement ages (Lu et al.,
465 2024a). Therefore, further studies are necessary to quantify the exhumation in the
466 SQT. Collectively, we propose that the Qiangtang Plateau initially uplifted as an
467 E-W-trending range before the Eocene and subsequently expanded northeastward to
468 from a flat plateau topography during the Oligocene to Miocene (Fig. 10).

469

470 **Implications for Timing and Mechanisms of the Plateau Formation**

471 The formation of the Tibetan Plateau is the product of interaction between deep
472 lithospheric and surface processes, and many geodynamic models have been proposed
473 to interpret the formation of the plateau (Fig. 1B-H). The models that involve
474 contractional thickening include the Proto-Tibetan Plateau model (Wang et al., 2008a;
475 Rohrmann et al., 2012), the northward stepwise growth model (Tapponnier et al.,
476 2001), and the northward diffuse growth model (England and Houseman, 1986).
477 Although the Central Tibetan valley model also invokes compression to elevate the
478 Gangdese and Tanggula mountains, the uplift of the valley was attributed to
479 delamination of the Lhasa lithosphere (e.g., Ding et al., 2022). The models that
480 involve lithosphere thinning or delamination predict a rapid and overall uplift of the
481 plateau shortly after the thinning events. However, the exhumation rate mapping
482 across the Qiangtang Plateau (Figs. S12-14) does not support an instantaneous and
483 uniform uplift of the plateau even though the geophysical observations and mafic
484 magmatism (~36-29 Ma; Fig. S8) have clearly revealed that lithospheric delamination

485 occurred beneath the Plateau (inset in Fig. 2A; Li et al., 2024; Lu et al., 2025).
486 Therefore, we infer that lithospheric thinning likely occurred in localized regions,
487 such as specifically within the SQT. Nevertheless, if only thermal expansion is
488 considered, the surface uplift caused by asthenosphere upwelling due to delamination
489 is expected to be limited to less than 1 km, as indicated by isostatic calculations (Fig.
490 S12).

491 The primary trigger for compressive thickening has usually been attributed to
492 Cenozoic India-Asia collision and reactivation of pre-existing suture zones
493 (Tapponnier et al., 2001; Mulch and Chamberlain, 2006). If the uplift of the
494 Qiangtang Plateau resulted from contractional thickening, the consequent exhumation
495 would gradually migrate along with the trend of thickening, analogous to the patterns
496 of deformation and exhumation documented in the East Kunlun range, northern
497 Tibetan margin (Wang et al., 2016a, 2017). Therefore, the N-S-trending migration of
498 exhumation in Qiangtang before ~40 Ma can be reasonably attributed to
499 out-of-sequence thrusting or overthrusting along a major crustal ramp during the
500 intracontinental subduction of the Lhasa and Songpan-Ganzi lithosphere (Fig. 10A;
501 Wang et al., 2008b; Ding et al., 2022; Li et al., 2025). The weak negative correlation
502 between apparent exhumation rates and the distance from the thrust faults (Fig. 7)
503 seems to support out-of-sequence thrusting as the main trigger. Conversely, the
504 E-W-trending expansion of the plateau may result from lateral extrusion or collapse
505 resulting from N-S-trending shortening, which is also supported by the Eocene
506 N-S-trending dikes in central Qiangtang (Wang et al., 2010). It follows that the simple

507 northward stepwise or incremental growth models for interpreting the plateau
508 formation cannot account for the lateral growth.

509 The crustal flow model predicts northeastward growth of the plateau and
510 explains the topographic transition in northern Tibet since the Early Miocene (Wang
511 et al., 2016b; Zhang et al., 2022), broadly matching the exhumation rate mapping in
512 the NQT (Fig. 9A-B). The slightly earlier exhumation documented in the Geladandong
513 and Puruogangri regions suggests that crustal weakening and melting likely
514 commenced during the Late Oligocene in the Tanggula range, possibly facilitated by
515 asthenospheric upwelling. Finally, it appears that climate-induced erosion processes
516 are not the dominant mechanism in driving surface uplift, as no clear correlations
517 have been observed between apparent exhumation rate and slope, topographic relief,
518 and precipitation (Fig. 8).

519

520 CONCLUSIONS

521 Based on a systematic analysis of mineral chemistry, low-temperature
522 thermochronology, and thermal history modeling of Eocene granitoids, combined
523 with the spatiotemporal patterns of exhumation across the Qiangtang Plateau, this
524 study reconstructs the uplift history and elucidates the underlying mechanisms of the
525 plateau. The key conclusions of the study are:

526 (1) Most Eocene granitoids in the Qiangtang Plateau exhibit thermochronological
527 ages that closely coincide with their crystallization ages, indicating limited
528 post-emplacement exhumation of these intrusions since the late Eocene (<35 Ma).

529 (2) A two-stage growth model is proposed for the formation of the Qiangtang Plateau,
530 involving an initial phase of outward growth from central Qiangtang as a mountain
531 range prior to the Eocene, followed by northeastward propagation during the
532 Oligocene to Miocene.

533 (3) The initial uplift of the Qiangtang Plateau was predominantly governed by N–S
534 compressional thickening, whereas its later northeastward expansion was primarily
535 driven by lateral crustal flow. Lithospheric thinning indirectly facilitated surface uplift
536 by promoting crustal weakening and partial melting, while climate-induced erosional
537 processes played a negligible role in contributing to the regional uplift.

538

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808

809 **Figure captions**810 **Figure 1.** Geodynamic models and paleo-elevation reconstruction of the Tibet Plateau.

811 (A) Proto-Tibetan Plateau model (Wang et al., 2008; Rohrmann et al., 2012), which
812 predicts negligible exhumation since the Eocene in central Tibet. (B) Northward
813 stepwise growth model (Tapponnier et al., 2001). The exhumation primarily occurred
814 along the suture and migrated northward in this model. (C) Central Tibetan valley
815 model (Ding et al., 2022) predicts exhumation occurring on both sides of the valley
816 and towards to the middle. (D) Northward diffuse growth model (England and
817 Houseman, 1986) predicts a gradual northward migration of exhumation and
818 N-S-trending shortening. (E) Lithosphere thinning model (Turner et al., 1993)
819 predicts an instantaneous and uniform exhumation. (F) Lower crustal flow model
820 (Clark and Royden, 2000) predicts a northeastward migration of exhumation without
821 shortening. (G) Climate-related model (Molnar and England, 1990). Exhumation
822 would be related to climate-related proxies in this model. (H) Cenozoic uplift history
823 of the Tibetan Plateau and adjacent areas based on paleo-altimetric studies (Ding et al.,
824 2022; Li and Garzzone, 2023).

825

826 **Figure 2.** Tibetan Plateau topography, tectonics, and plateau formation mechanisms.

827 (A) Topography and tectonics of the Tibetan Plateau, with Cenozoic magmatic rocks,
828 and locations of previous paleo-altimetric studies (Ding et al., 2022). The inset shows
829 the S-wave velocity profile across the Tibetan Plateau (after Li et al., 2024). (B-E)

830 Schematic models illustrating the possible driving mechanisms responsible for the
831 uplift of the Tibetan Plateau.

832 IYS—Indus-Yarlung suture; BNS—Bangong-Nujiang suture; JS—Jinsha suture; KS
833 —Kunlun suture.

834

835 **Figure 3.** Backscattered electron (BSE) images of the hornblende, clinopyroxene, and
836 biotite from the Eocene granitoids in the Tibetan Plateau.

837 Hb-hornblende; Cpx-clinopyroxene; Bt-biotite; Q-quartz; Pl-plagioclase;

838 Kfs-potassic-feldspar; Ap-apatite

839

840 **Figure 4.** The calculated emplacement depth of the Eocene granitoids.

841 Hb1992-hornblende geobarometer of [Schmidt \(1992\)](#); Hb2016-hornblende

842 geobarometer of [Mutch et al. \(2016\)](#); Bt2007-biotite geobarometer of [Uchida et al.](#)

843 [\(2007\)](#); Cpx2008-clinopyroxene-only geobarometer of [Putirka \(2008\)](#);

844 Cpx2021-clinopyroxene geobarometer of [Wang et al. \(2021\)](#); Cpx2022-clinopyroxene

845 geobarometer of [Higgins et al. \(2022\)](#); Cpx2024-clinopyroxene geobarometer of

846 [Ágreda-López et al. \(2024\)](#).

847

848 **Figure 5.** Spatial variations in apparent exhumation rate across the Qiangtang Plateau.

849 The new and compiled data are provided in [Table S9](#). Low-temperature

850 thermochronological ages that represent magmatic-hydrothermal cooling, source rock

851 cooling and reheating were not plotted. (A) Distribution of bedrock low-temperature

852 thermochronological samples, with superimposed major faults and their timing of
853 activity (adapted from [Yakovlev et al., 2019](#)). **(B-D)** Cross sections along 84°E, 88°E,
854 and 92°E reveal a north-south trending increase in exhumation rate away from the
855 Tanggula range, consistent with previous studies (e.g., [Bi et al., 2023](#); [Li et al., 2025](#)).
856 **(E)** E-W-trending variation of thermochronological ages. **(F)** Contour map of the
857 apparent exhumation rate calculated using ZHe ages older than 40 Ma. **(G)** Contour
858 map of the apparent exhumation rate calculated using AHe ages older than 40 Ma.
859 The orogen-parallel variation in exhumation suggests that lateral growth of the
860 Qiangtang Plateau during its early uplift. The apparent exhumation rate is calculated
861 using the `age2exhume` code and is expressed as a time-averaged, steady-state
862 equivalent exhumation rate ([van der Beek and Schildgen, 2023](#)).

863 ZFT—zircon fission track; ZHe—zircon (U-Th)/He; AFT—apatite fission track; AHe
864 —apatite (U-Th)/He.

865

866 **Figure 6.** Plots of apparent exhumation rate against distance to normal and reverse
867 faults. **(A-B)** All magmatic rocks with thermochronometric ages indicative of
868 exhumation are included. **(C-D)** Only samples with thermochronometric ages
869 younger than 40 Ma are shown. **(E)** Samples located more than 50 km away from
870 reverse faults but near normal faults are plotted. **(F)** Samples situated more than 50
871 km from reverse faults and near reverse faults are displayed.

872

873 **Figure 7.** Plots of apparent exhumation rate versus the distance to the normal fault **(A)**

874 and reverse fault (**B**) for samples with thermochronometric ages older than 40 Ma.

875

876 **Figure 8.** Plots of apparent exhumation rate versus the slope, relief, and precipitation.

877 All magmatic rocks with their thermochronometric ages related to exhumation were

878 plotted in panels **A**, **C** and **E**. Conversely, samples away from both the normal and

879 reverse faults (> 50 km) were plotted in panels **B**, **D** and **F**.

880

881 **Figure 9.** The exhumation rate maps of the Qiangtang Plateau for the periods 30-25

882 Ma (**A**) and 25-20 Ma (**B**). Thermal history inverse modeling of Eocene granites from

883 the Puruo Gangri and Geladandong regions (**C-D**) reveals rapid cooling during the

884 Late Oligocene to Miocene period. The exhumation rate is calculated using the

885 GLIDE code developed by [Fox et al. \(2014\)](#). The Miocene granulite xenoliths from

886 the NQT in panel A were identified by [Zhang et al. \(2022\)](#).

887

888 **Figure 10.** Schematic model showing the growth history of the Qiangtang Plateau. (**A**)

889 Outward growth around an E-W-trending range before the Eocene. The schematic

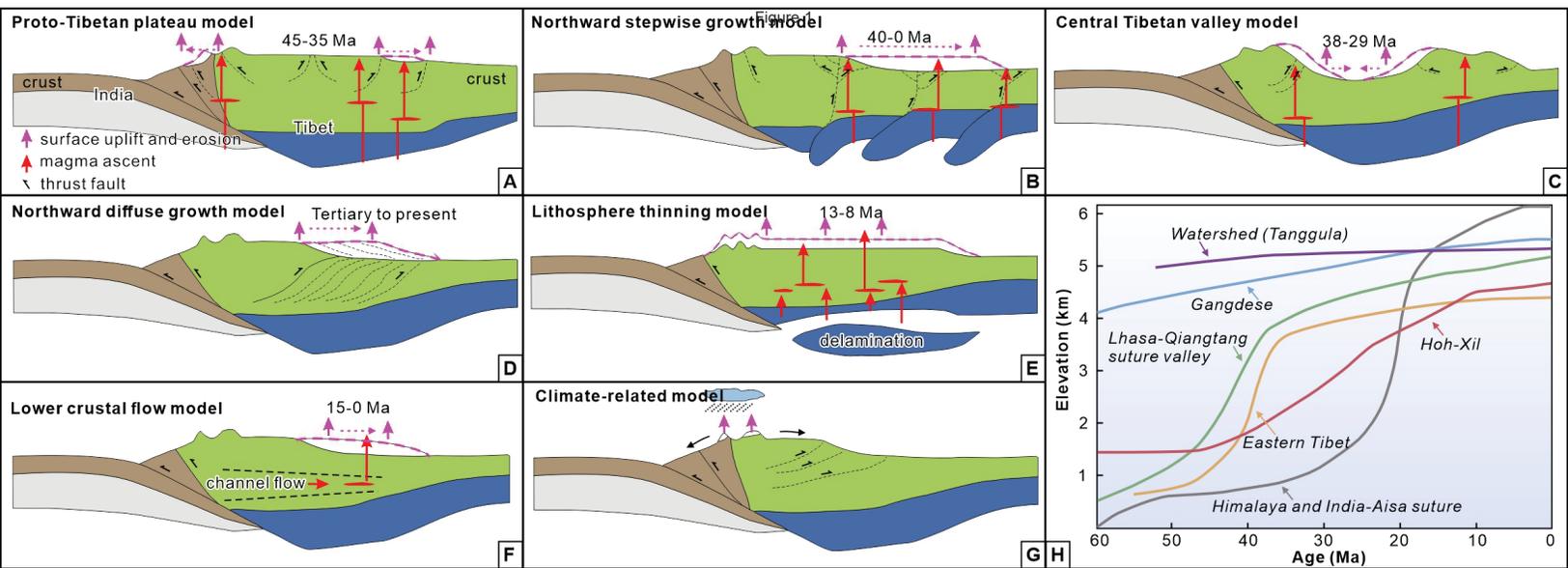
890 inset illustrates the growth trend from T1 to T4. (**B**) Lithospheric delamination is

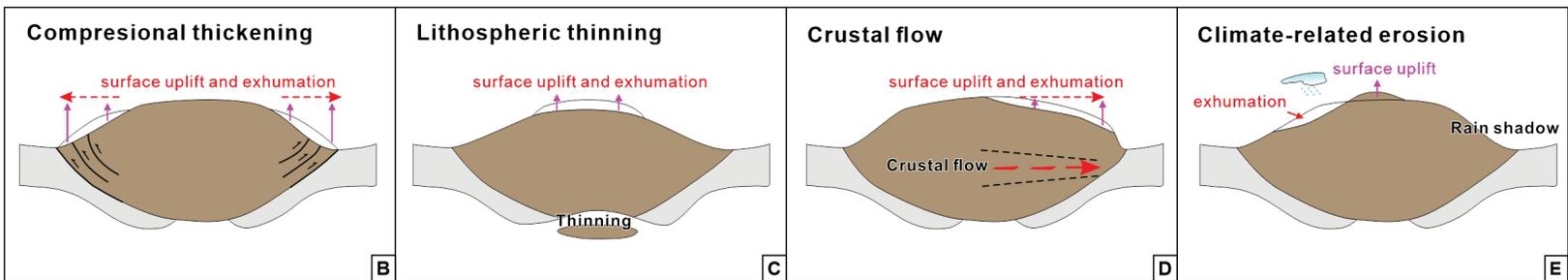
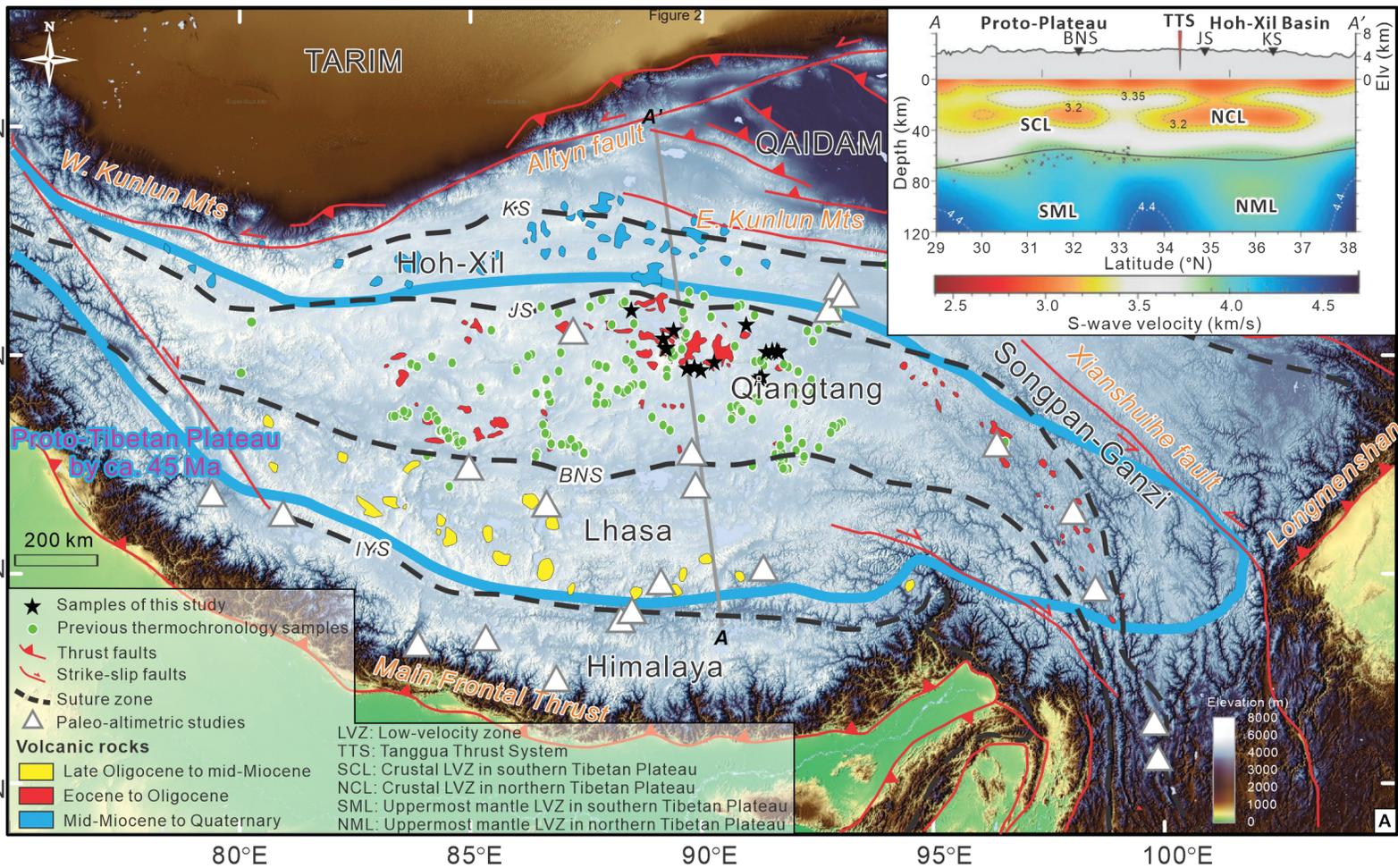
891 inferred to have occurred during the Early Oligocene, with surface exhumation likely

892 being restricted to a limited extent. (**C**) The northeastward expansion of the plateau

893 during the Late Oligocene to Miocene is due to crustal melting and flow.

894





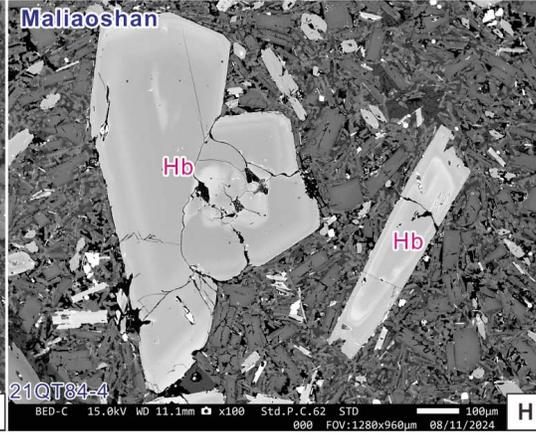
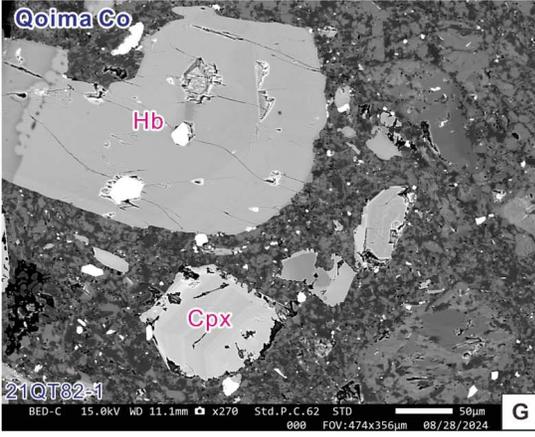
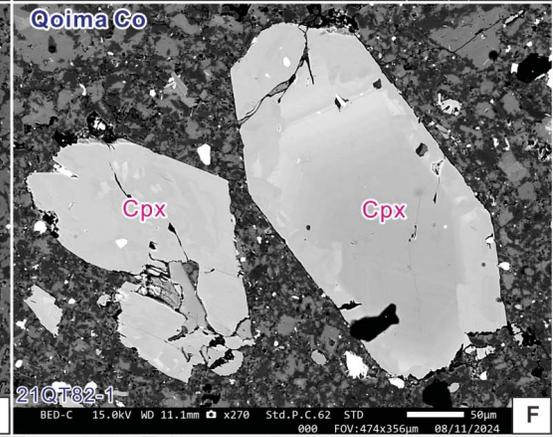
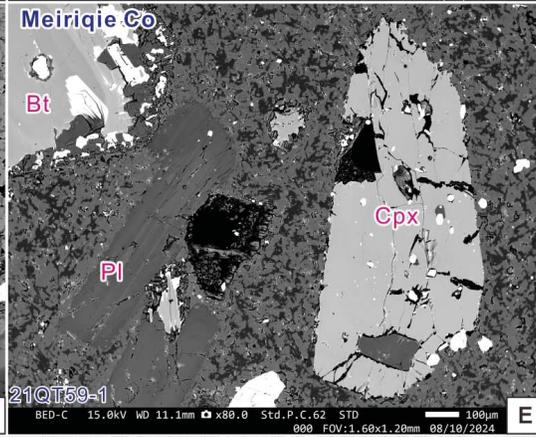
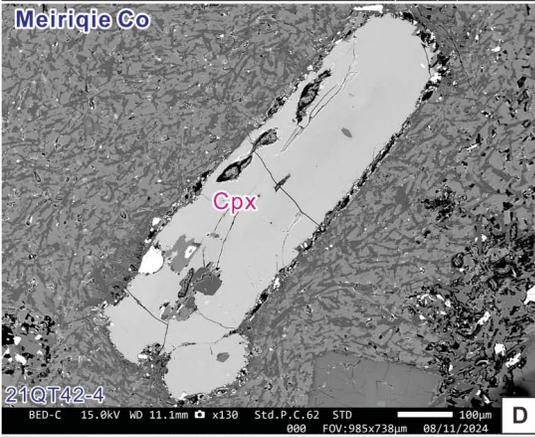
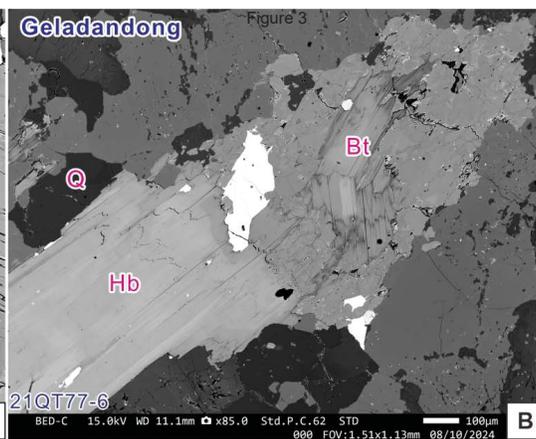
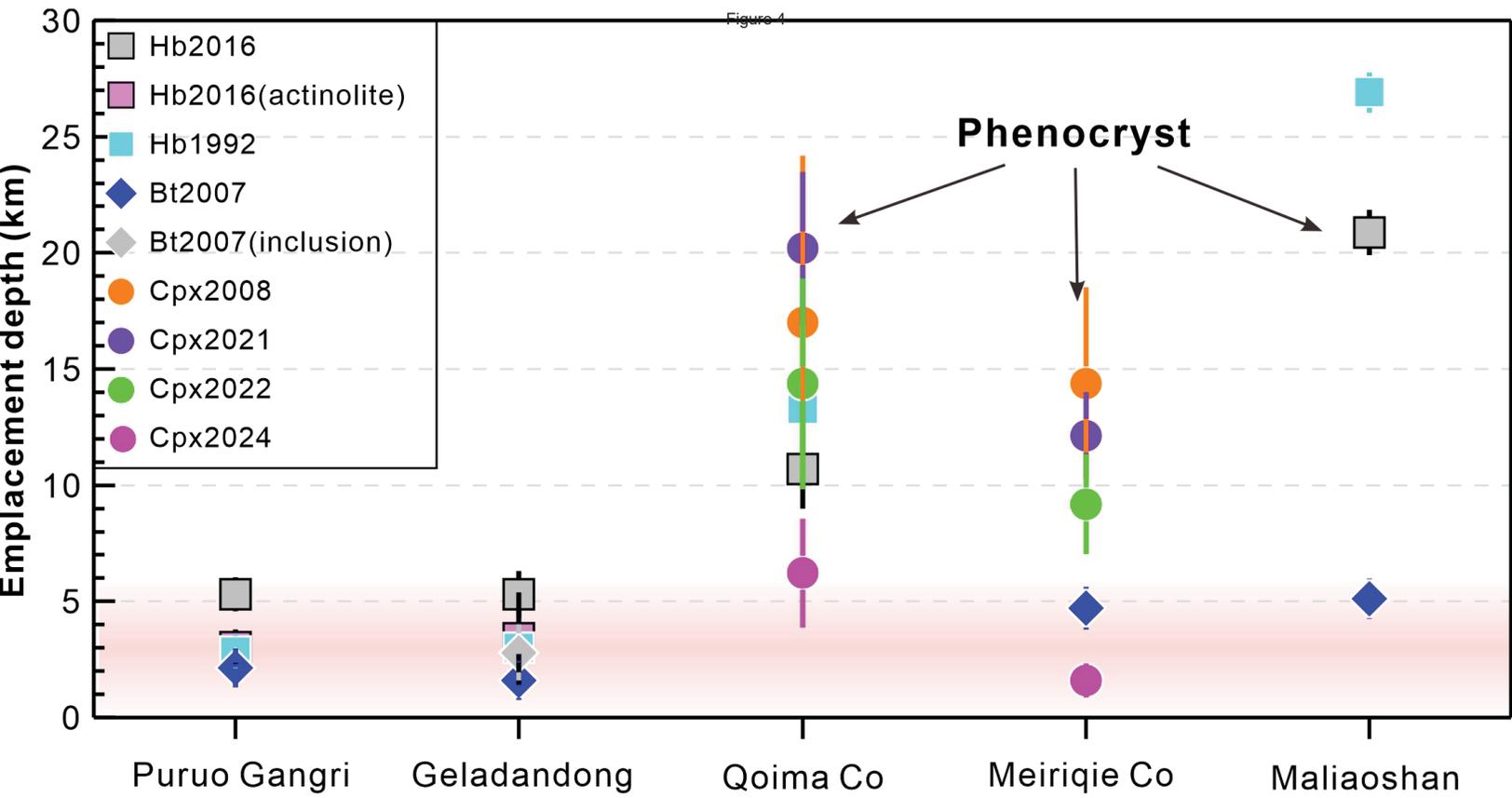


Figure 4



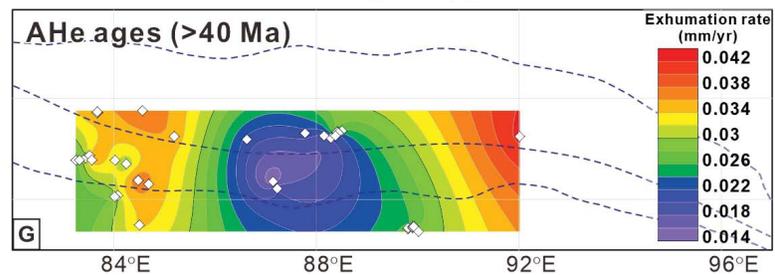
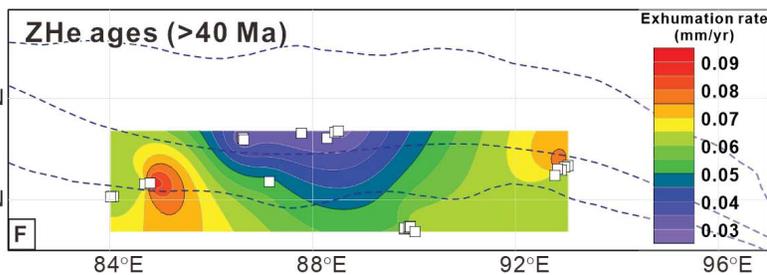
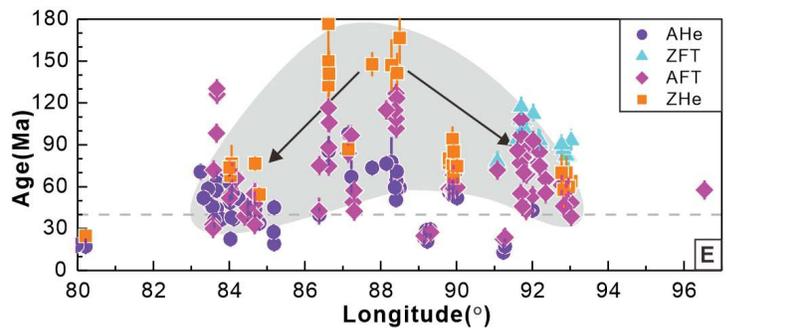
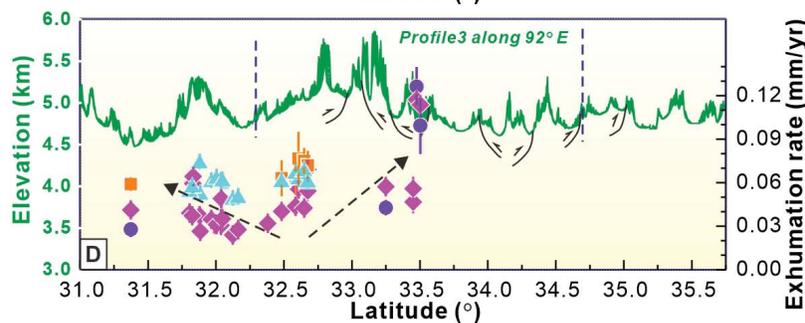
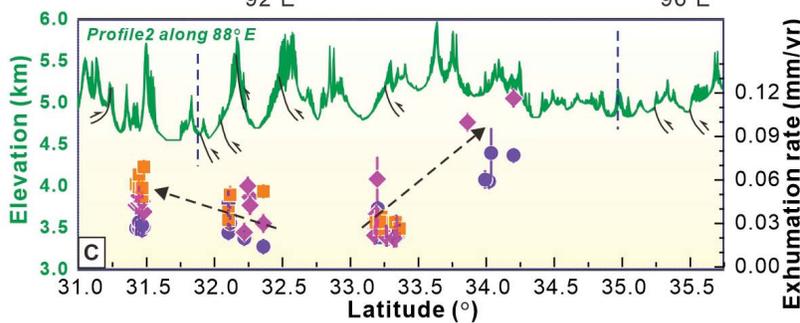
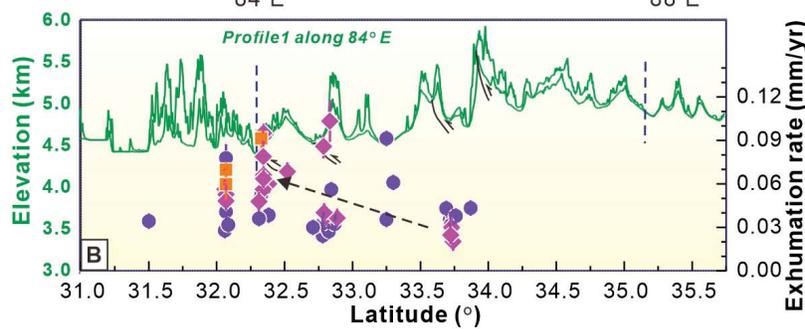
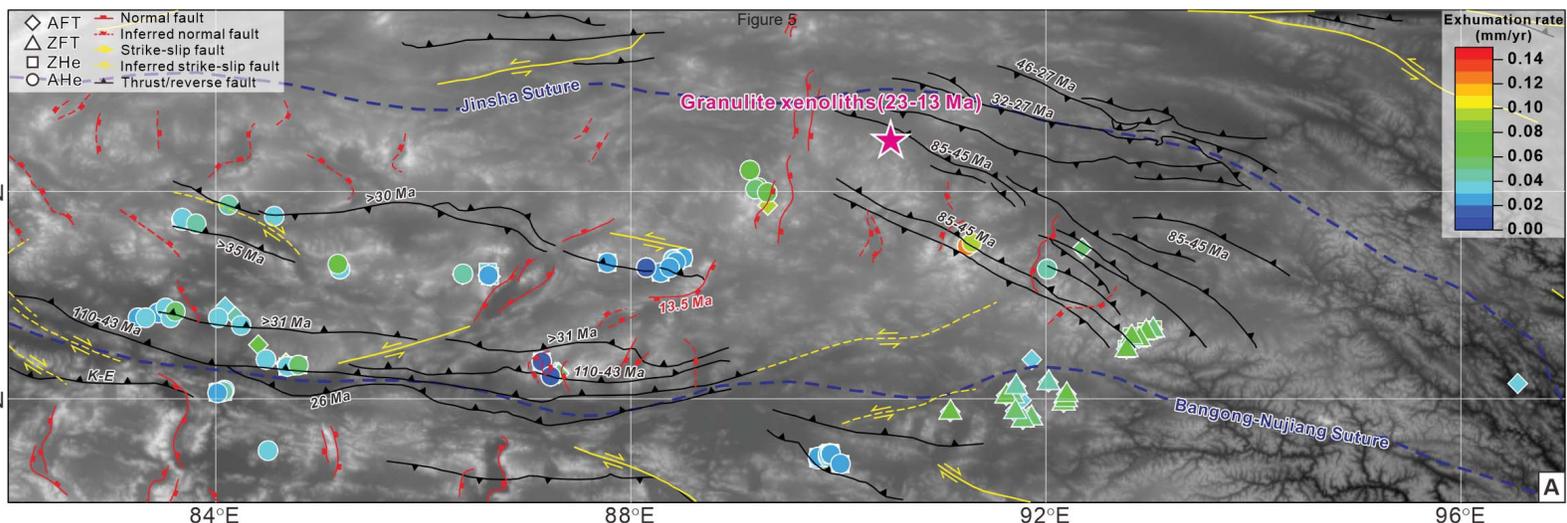


Figure 6

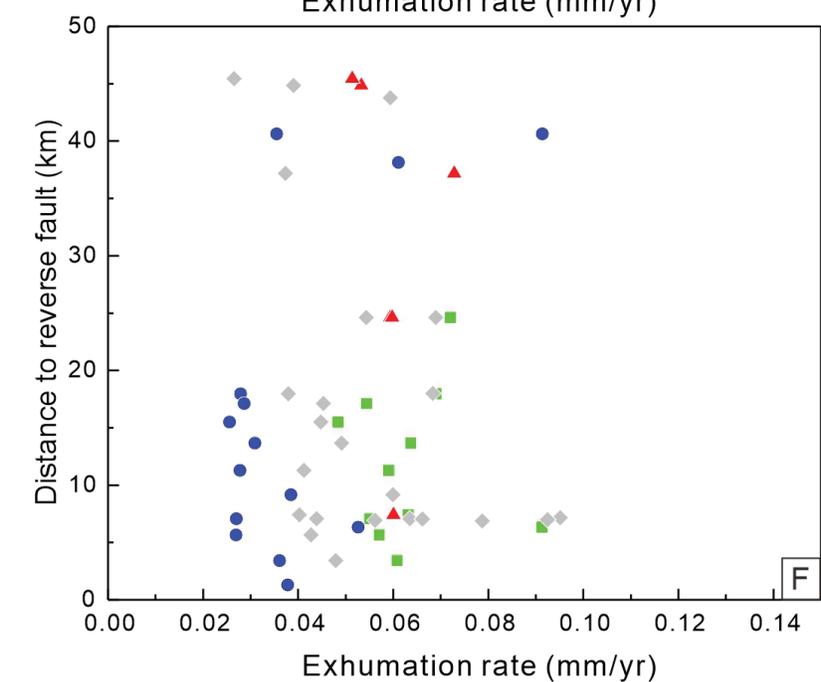
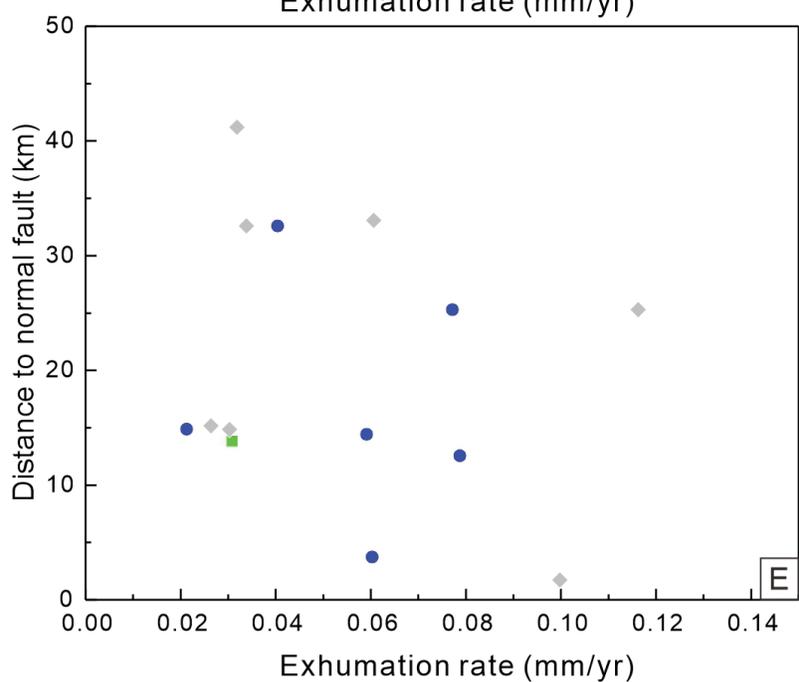
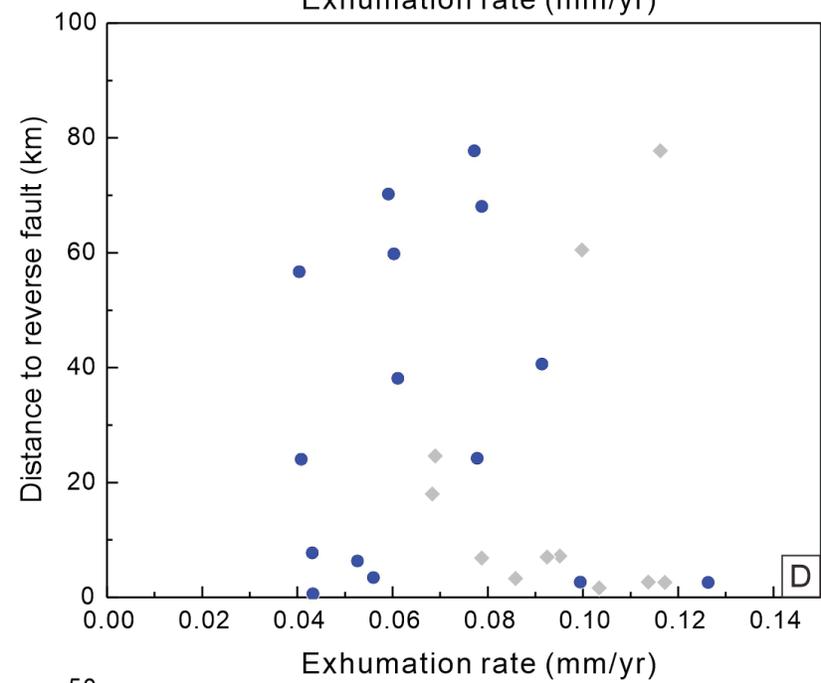
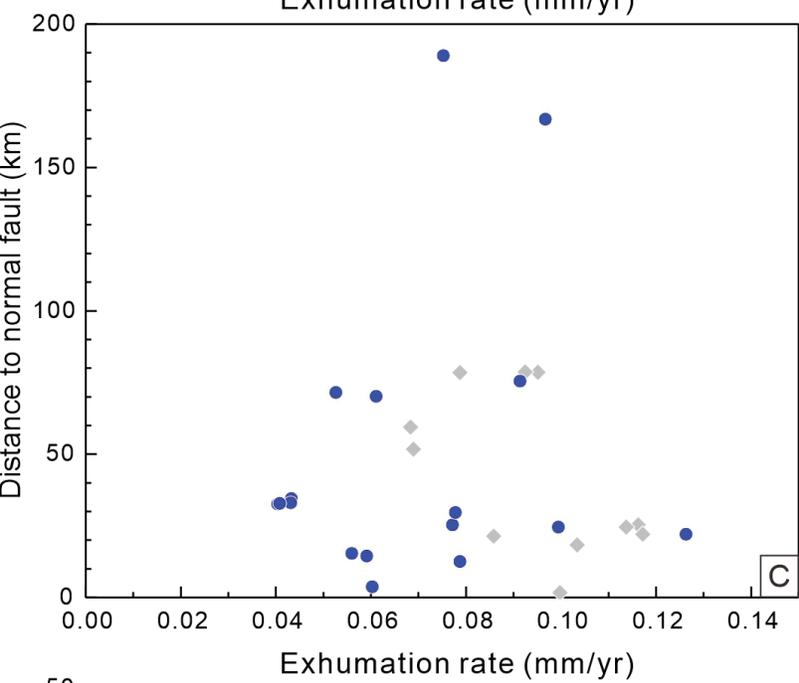
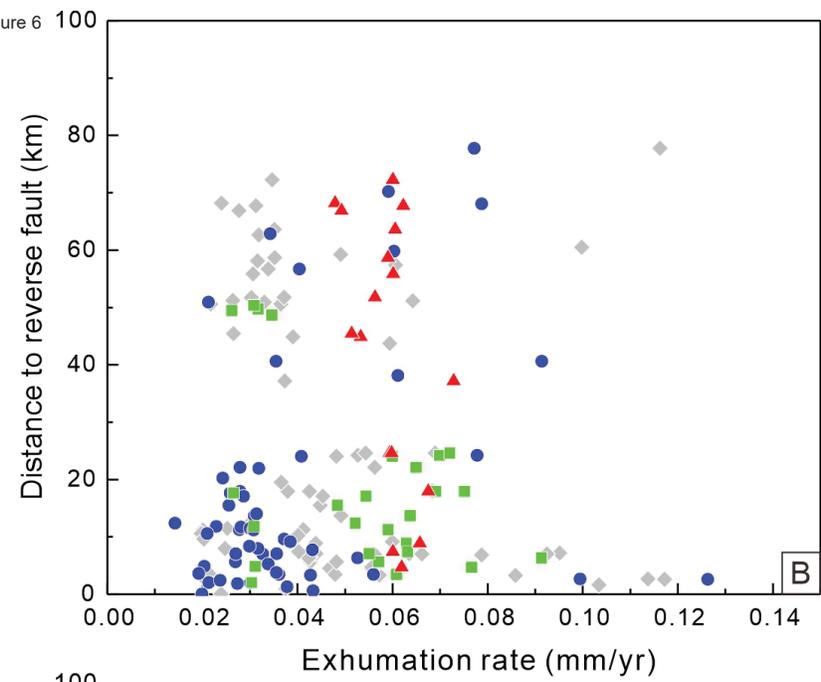
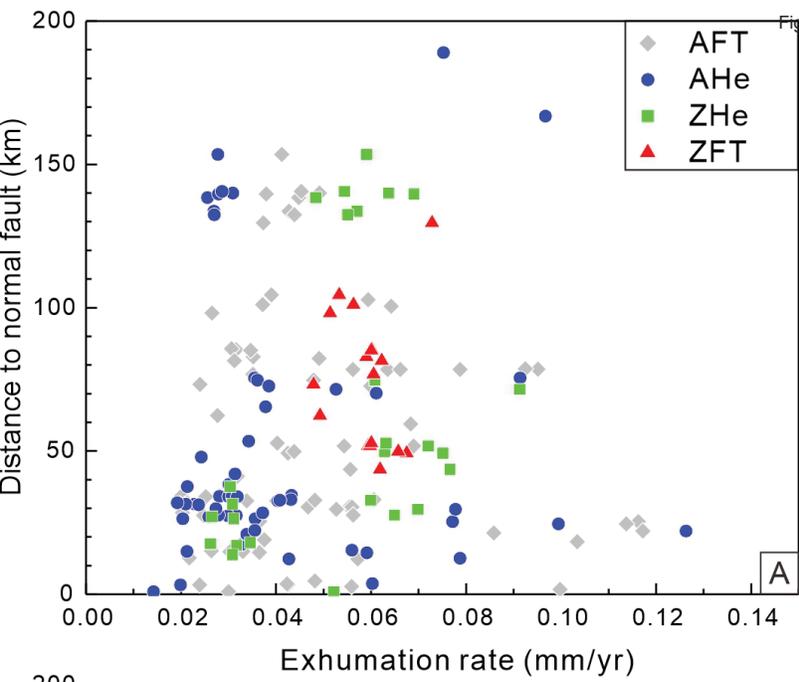
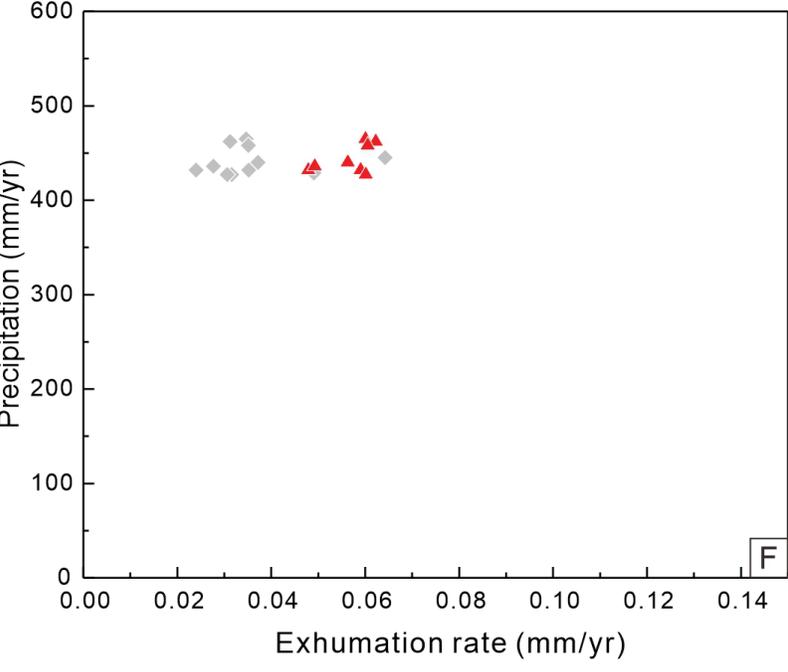
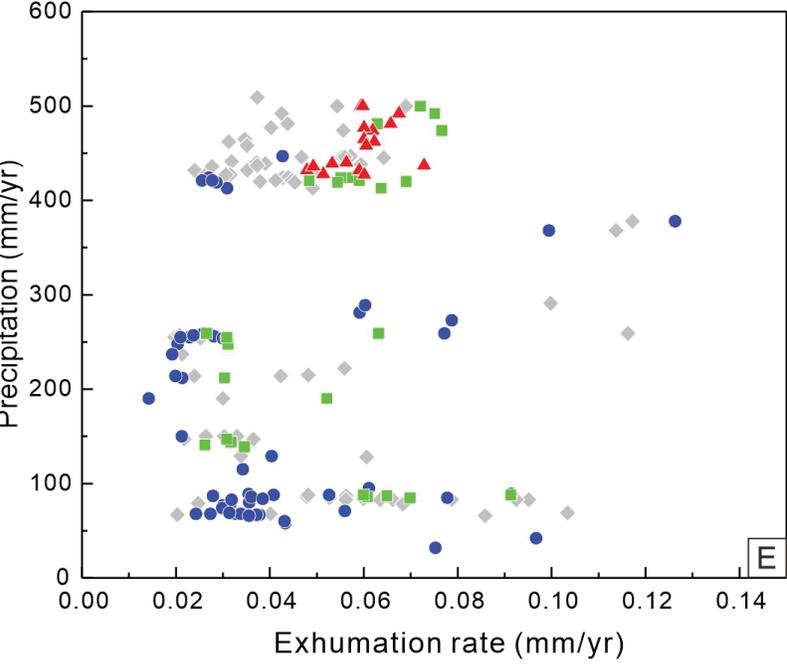
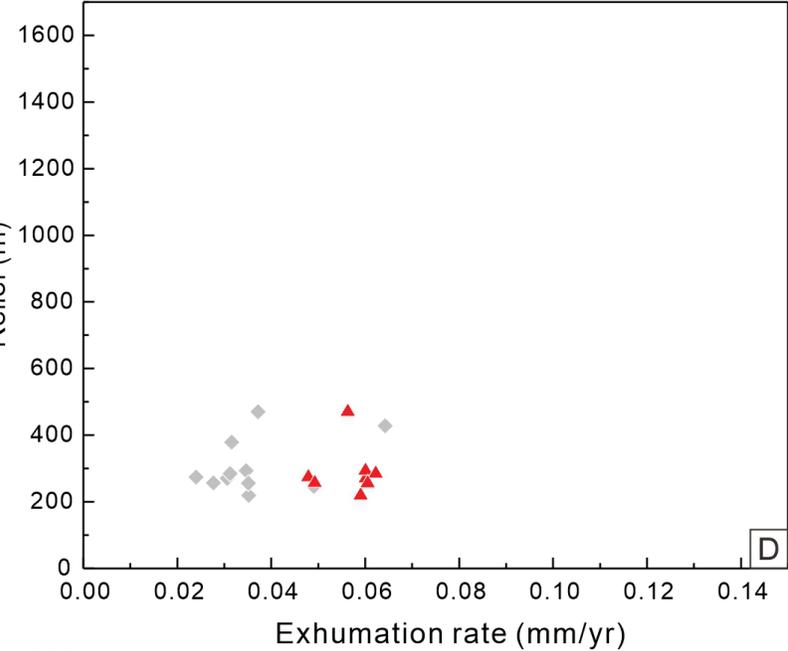
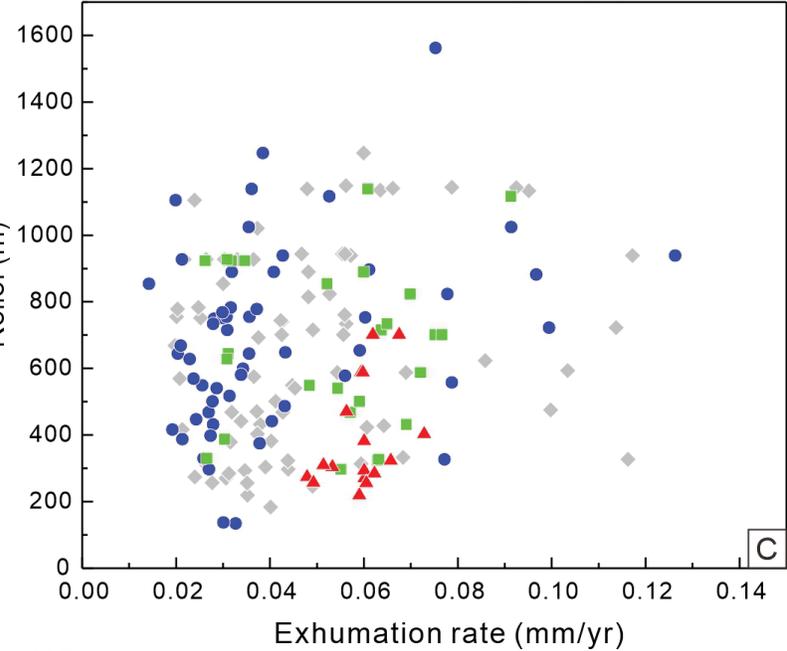
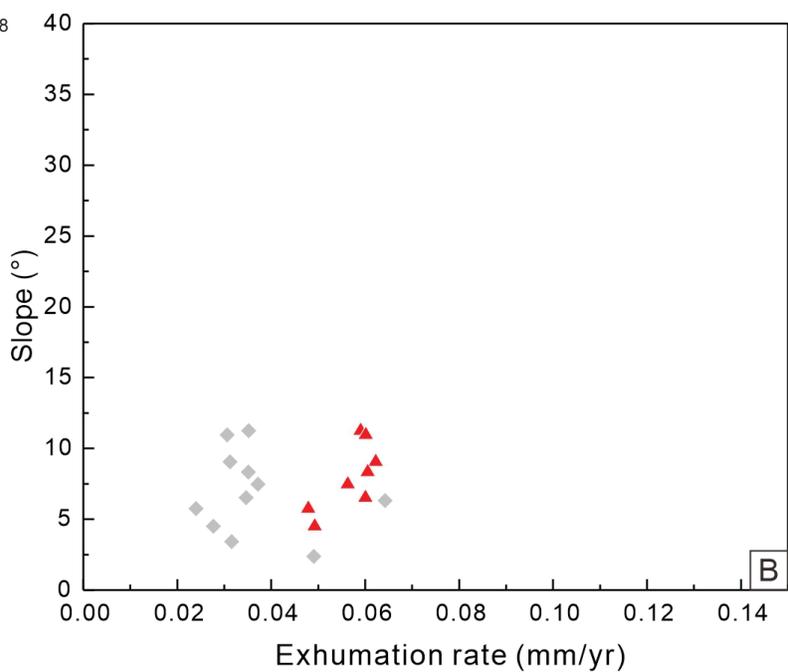
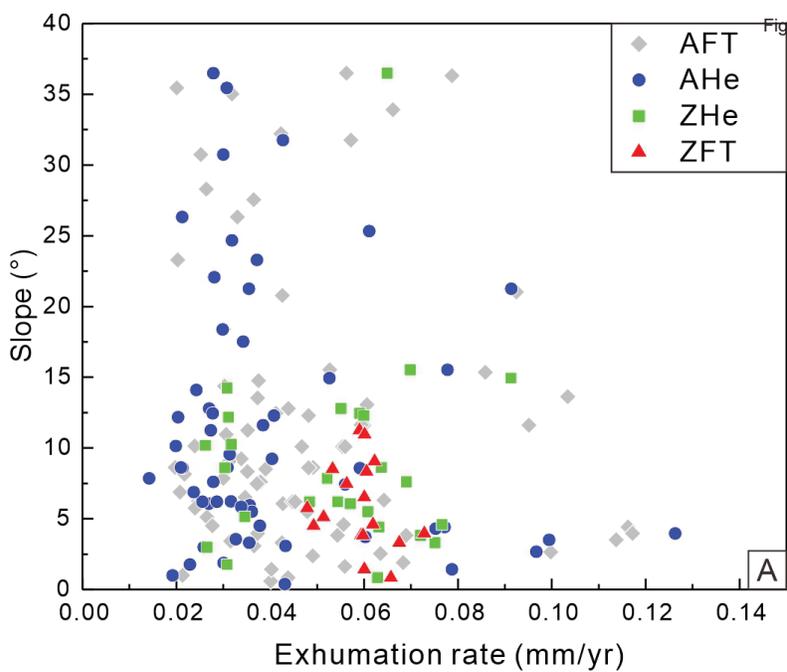


Figure 8



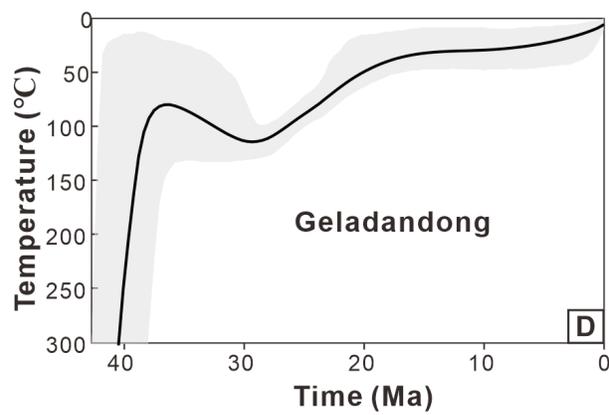
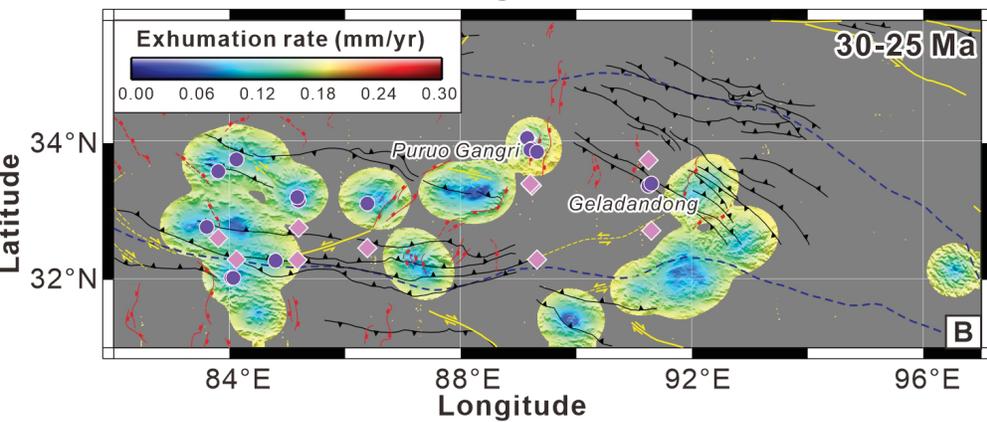
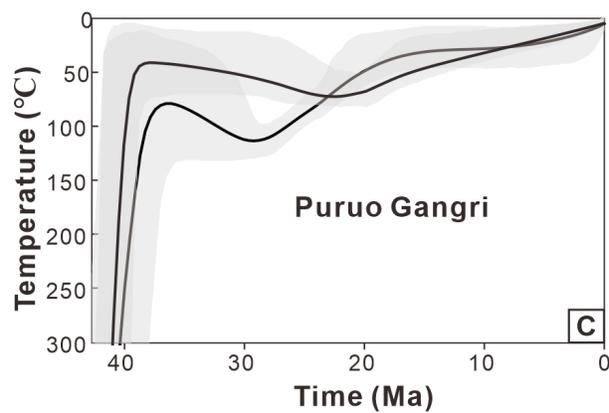
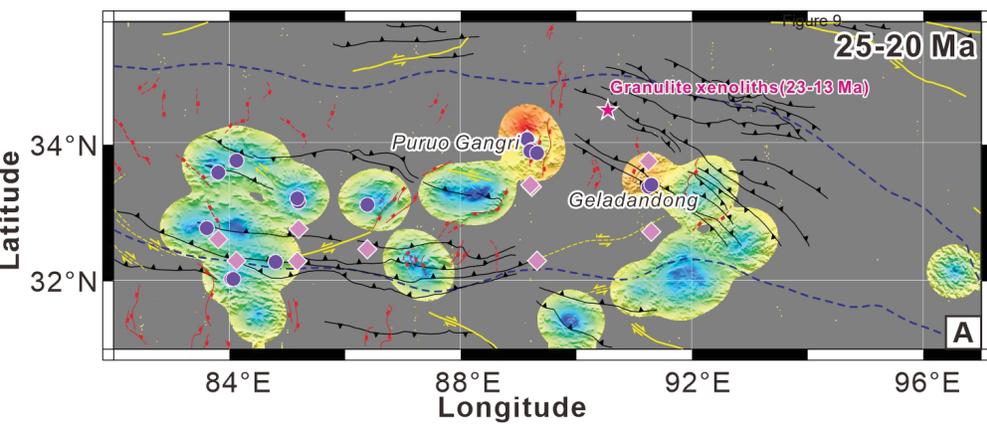
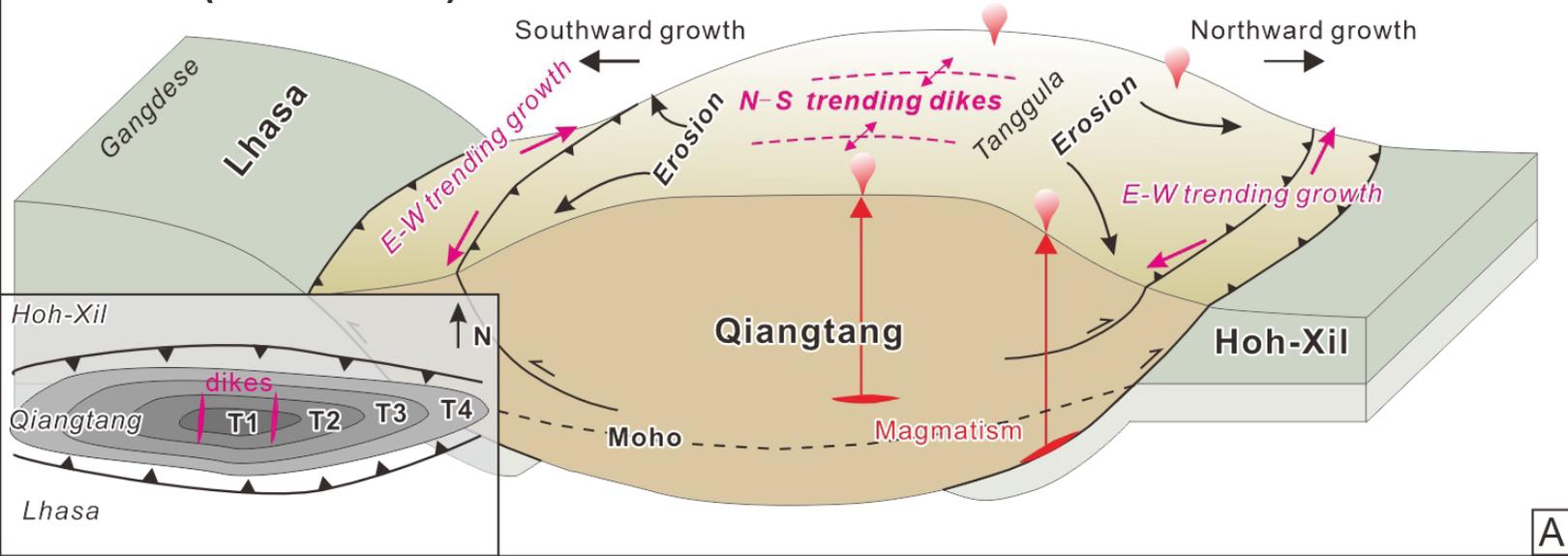


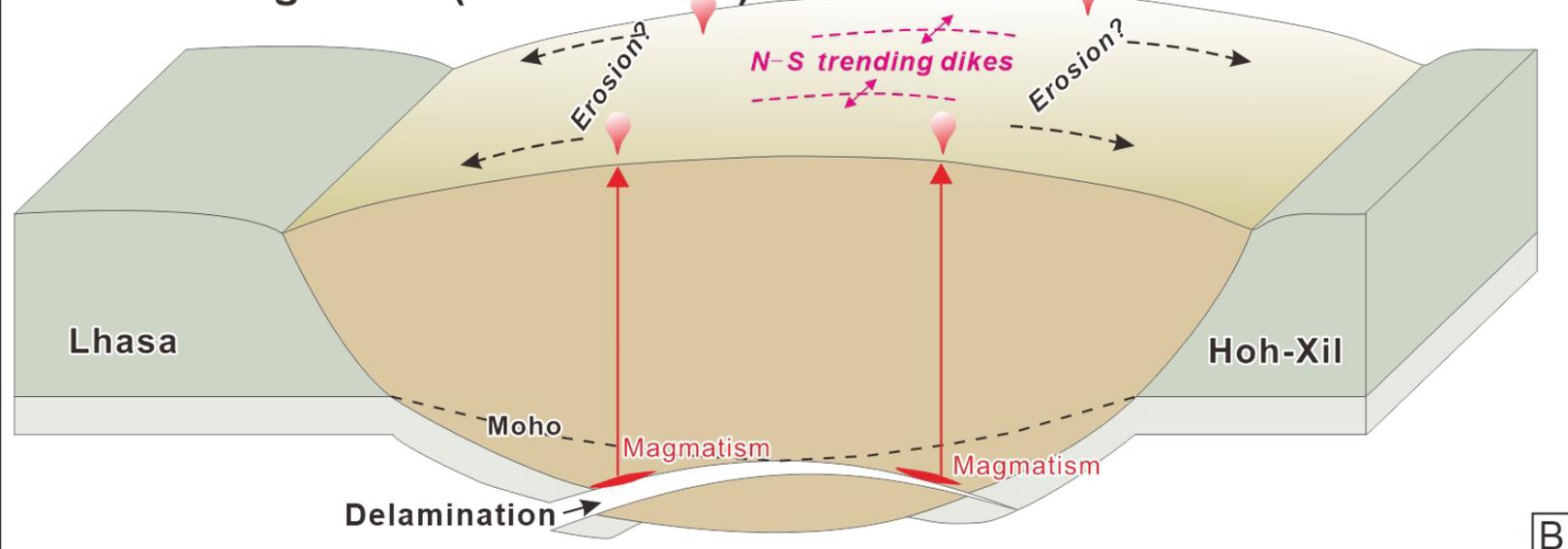
Figure 10

Eocene (>40-35 Ma)



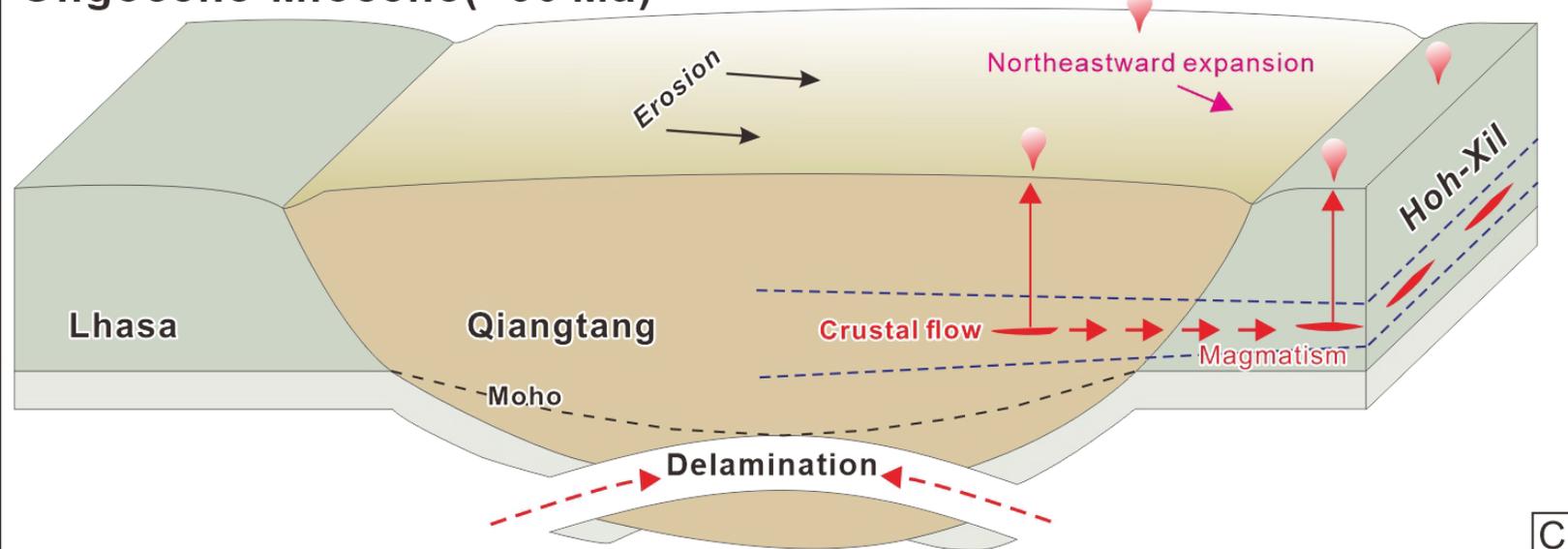
A

Eocene-Oligocene (ca.35-30 Ma)



B

Oligocene-Miocene (<30 Ma)



C

Table 1. A summary of emplacement depth estimates for Eocene granitoids across the Qiangtang Plateau using different geobarometers

Sample No.	Locality	Lithology	Hb1992 (km)	Hb2016† (km)	Bt2007‡ (km)	Cpx2008 (km)	Cpx2021 (km)	Cpx2022 (km)	Cpx2024 (km)
20QT20-3	Puruo Gangri	Granite	2.7 ± 1.1	5.2 ± 1.1 (3.2 ± 1.5)	2.9 ± 0.9				
20QT33-4	Puruo Gangri	Granite	1.7 ± 1.6	4.8 ± 1.6 (3.0 ± 1.2)	1.9 ± 0.7				
20QT33-6	Puruo Gangri	Granite	3.7 ± 1.2	5.7 ± 1.2 (3.0 ± 1.3)	2.0 ± 0.6				
21QT77-6	Geladandong	Granite	3.0 ± 1.0	5.3 ± 1.0 (3.4 ± 2.0)	1.6 ± 0.8 (2.8 ± 1.2)				
21QT82-1	Qoima Co	Syenite porphyry	13.3 ± 1.7	10.7 ± 1.7		17.0 ± 7.2	20.2 ± 3.3	14.4 ± 4.5	6.2 ± 2.3
21QT42-4	Meiriqie Co	Granodiorite porphyry				14.7 ± 5.7	12.4 ± 2.6	9.7 ± 3.2	1.5 ± 0.4
21QT59-1	Meiriqie Co	Granodiorite porphyry			4.7 ± 0.9	13.6 ± 5.7	11.9 ± 2.6	9.1 ± 2.9	1.6 ± 0.3
21QT84-4	Maliaoshan	Diorite porphyry	26.9 ± 0.8	20.9 ± 1.0	5.1 ± 0.9				

Note: Hb1992—Al-in-hornblende geobarometer of Schmidt (1992); Hb2016—Al-in-hornblende geobarometer of Mutch et al. (2016); Bt2007—Al-in-biotite barometer of Uchida et al. (2007); Cpx2008—Clinopyroxene barometer of Putirka (2008); Cpx2021—Clinopyroxene barometer of Wang et al. (2021); Cpx2022—Clinopyroxene barometer of Higgins et al. (2022); Cpx2024—Clinopyroxene barometer of Ágreda-López et al. (2024).

† The depth indicated in parentheses is calculated using actinolite.

‡ The depth indicated in parentheses is calculated using biotite inclusions, and the depth for sample 21QT84-4 is calculated using biotite in the matrix.