The Penetrance of Copy Number Variations for Schizophrenia and Developmental Delay

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Background: Several recurrent copy number variants (CNVs) have been shown to increase the risk of developing schizophrenia (SCZ), developmental delay (DD), autism spectrum disorders (ASD), and various congenital malformations (CM). Their penetrance for SCZ has been estimated to be modest. However, comparisons between their penetrance for SCZ or DD/ASD/CM, or estimates of the total penetrance for any of these disorders have not yet been made.

Methods: We use data from the largest available studies on SCZ and DD/ASD/CM, including a new sample of 6882 cases and 6316 controls, to estimate the frequencies of 70 implicated CNVs in carriers with these disorders, healthy control subjects, and the general population. On the basis of these frequencies, we estimate their penetrance. We also estimate the strength of the selection pressure against CNVs and correlate this against their overall penetrance.

Results: The rates of nearly all CNVs are higher in DD/ASD/CM compared with SCZ. The penetrance of CNVs is at least several times higher for the development of a disorder from the group of DD/ASD/CM. The overall penetrance of SCZ-associated CNVs for developing any disorder is high, ranging between 10.6% and 100%.

Conclusions: CNVs associated with SCZ have high pathogenicity. The majority of the increased risk conferred by CNVs is toward the development of an earlier-onset disorder, such as DD/ASD/CM, rather than SCZ. The penetrance of CNVs correlates strongly with their selection coefficients. The improved estimates of penetrance will provide crucial information for genetic counselling.

Key Words: Autism spectrum disorder, developmental delay, CNV, penetrance, schizophrenia, selection.
of the risk for an abnormal phenotype ranged from 10.4% for 15q11.2 deletions to 62.4% for distal 16p11.2 deletions. These values are much higher than those for SCZ. The most highly penetrant CNVs were not tested because their absence in control subjects prevented accurate estimates.

Here we estimate the penetrance of all CNVs listed in the Girirajan et al. (7) article. Nearly all SCZ-associated CNVs are on this list as well, and we added only exonic deletions at NRXN1, a gene consistently implicated in SCZ (11–13). We performed estimates for both SCZ and the group of early-onset developmental disorders: DD/ASD/CM. This joint analysis allowed us to provide estimates for each CNV, even for those that are never found in SCZ or in healthy control subjects. We use a large new sample of cases and controls and add to this the data from the two largest previous studies on SCZ or from previous meta-analyses to derive more reliable estimates.

Methods and Materials

Choice of CNVs

We analyzed CNVs previously associated with SCZ or severe neurodevelopmental phenotypes. These were taken from the list of CNV regions proposed by Girirajan et al. (7): 37 deletions and 32 reciprocal duplications, after excluding an overlapping segment at 17p13.3 and a CNV on the X chromosome because the X chromosome was not analyzed in our samples. Most of the strongly implicated SCZ-associated CNVs are on this list, but we added exonic deletions at NRXN1. For some of the analyses, we focus on CNVs that we regard as associated with SCZ (Table 1), based on the review by Malhotra and Sebat (6), with the addition of NRXN1 and newly implicated loci (Table S2 in Supplement 1). We did not analyze other SCZ-implicated loci (e.g., VIPR2 duplications) because they have not been tested in sufficiently large samples of DD/ASD/CM or have not received consistent support.

Estimating the Rate of CNVs in Different Disorders

We only included data from the largest studies/samples available to simplify the presentation. The numbers that follow are those after exclusion of poorly performing arrays and duplicate samples. A CNV was called as covering a CNV locus if it spanned more than 50% of the commonly affected region (Table S2 in Supplement 1). In the case of loci that include only single genes (NRXN1, SIM1, YWHAE, PAFAH1B1, and NFI), we accepted CNVs that intersected at least one exon of the gene.

The rates of CNVs in DD/ASD/CM are taken from the largest studies on these phenotypes: 32,587 patients referred for genetic testing to one laboratory (Signature Genomics) described by Girirajan et al. (7). For some of the loci, the reported sample numbers are smaller (23,380), for others they are larger (33,226) because the same team subsequently published data on several CNVs in an enlarged data set (10).

For SCZ cases, we analyzed three large data sets where we had access to the raw data, for a total of at least 13,465 cases (and more for the SCZ-associated loci, see below): 1) 6882 patients from our new Clozapine UK and Cardiff University Cognition in Schizophrenia samples (Supplement 1), 2) 3391 cases from the International Schizophrenia Consortium study (ISC, 2008) (2), and 3) 3192 cases from the Molecular Genetics of Schizophrenia (MGS) study (dbGAP accession numbers phs000167.v1.p1 and phs000021.v3.p2).

For controls, we analyzed samples from four publicly available data sets genotyped with high-resolution Illumina arrays (San Diego, California), similar to our new SCZ sample and analyzed by us with the same methods. These include individuals who took part in a study on smoking cessation in the United States (n = 1488); a study on melanoma in the United States (n = 2971); a study on refractive error Cooperative Gesundheitsforschung in der Region Augsburg (KORA) study from Germany (n = 1857), and the Wellcome Trust Case Control Consortium (WTCCC2) in the United Kingdom (n = 4939). To those we added 3181 control subjects from the ISC and 3437 control subjects from the MGS studies listed above, for a total of 17,873 control subjects.

For the SCZ-associated loci, we added data from previous studies, as reviewed by Malhotra and Sebat (6) or presented in the relevant articles that implicated them (Table S2 in Supplement 1). For these loci we excluded our WTCCC2 control subjects because they are completely or partially included in the previous reviews.

Estimation of the penetrance was performed with an adaptation of the method proposed by Vassos et al. (9). These authors estimated the penetrance as the probability of developing the disease (D) for individuals carrying the CNV (G) with the following formula:

\[
P(D|G) = \frac{P(G|D)P(D)}{P(G|D)P(D) + P(G|\overline{D})P(\overline{D})}
\]

Table 1. Frequencies and Penetrance for the Schizophrenia (SCZ)-associated Copy Number Variants Only

<table>
<thead>
<tr>
<th>Locus</th>
<th>Selection Coefficient</th>
<th>Frequency %</th>
<th>Penetrance % (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Controls SCZ DD/ASD/CM</td>
<td>General Population</td>
<td>SCZ DD/CM/ASD Total</td>
</tr>
<tr>
<td>1q21.1 del</td>
<td>.26</td>
<td>.021 .17 .29 .33</td>
<td>5.2 (2.5–11) 35 (18–67) 40 (20–78)</td>
</tr>
<tr>
<td>1q21.1 dup</td>
<td>.23</td>
<td>.038 .13 .2 .045</td>
<td>2.9 (1.3–6.3) 18 (10–33) 21 (11–39)</td>
</tr>
<tr>
<td>NRXN1 del</td>
<td>.23</td>
<td>.02 .18 .18 .028</td>
<td>6.4 (2.5–8.3) 26 (16–80) 33 (18–88)</td>
</tr>
<tr>
<td>3q29 del</td>
<td>.83</td>
<td>.0014 .082 .061 .0046</td>
<td>18 (4.7–67) 53 (15–100) 71 (20–100)</td>
</tr>
<tr>
<td>WBS dup</td>
<td>.61</td>
<td>.0058 .066 .12 .011</td>
<td>6.0 (1.4–20) 44 (13–100) 50 (14–100)</td>
</tr>
<tr>
<td>15q11.2 del</td>
<td>.09</td>
<td>.28 .59 .81 .3</td>
<td>2.0 (1.4–27) 11 (8.2–14) 13 (9.6–17)</td>
</tr>
<tr>
<td>Prader-Willi/Angelman dup</td>
<td>.5</td>
<td>.0083 .079 .25 .019</td>
<td>4.2 (1.4–12) 54 (25–100) 58 (26–100)</td>
</tr>
<tr>
<td>15q13.3 del</td>
<td>.31</td>
<td>.019 .14 .26 .03</td>
<td>4.7 (2.2–9.9) 35 (19–62) 40 (21–72)</td>
</tr>
<tr>
<td>16p13.11 dup</td>
<td>.13</td>
<td>.13 .31 .3 .14</td>
<td>2.2 (1.3–3.7) 8.4 (5.7–13) 10.6 (7–17)</td>
</tr>
<tr>
<td>16p11.2 distal del</td>
<td>.29</td>
<td>.018 .063 .14 .024</td>
<td>2.6 (8–92) 23 (8.4–63) 26 (9.2–72)</td>
</tr>
<tr>
<td>16p11.2 dup</td>
<td>.33</td>
<td>.03 .35 .28 .043</td>
<td>8.0 (4.3–14) 26 (18–43) 34 (22–57)</td>
</tr>
<tr>
<td>17q12 del</td>
<td>.68</td>
<td>.0054 .036 .087 .009</td>
<td>4.0 (8–18) 39 (13–100) 43 (14–100)</td>
</tr>
<tr>
<td>DiGeorge/VCFs del</td>
<td>.8</td>
<td>.0  .29 .54 .024</td>
<td>1.2 (6.5–18) 88 (53–100) 100 (60–100)</td>
</tr>
</tbody>
</table>

The full list of CNVs is presented in Table S4 of Supplement 1.

ASD, autism spectrum disorders; CI, confidence interval; DD, developmental delay; del, deletion; dup, duplicate; CM, various congenital malformations; VCFs, velo-cardio-facial syndrome; WBS, Williams-Beuren syndrome.

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where \( \bar{D} \) denoted control subjects who do not have SCZ, and \( P(D) \) is the lifetime morbid risk for SCZ. Instead of using one single disease population and controls, we substitute the denominator with the estimate of the CNV frequency in the general population \( P(CNV \text{ general}) \), which includes patients with SCZ and the group of DD/ASD/CM. The frequency in the general population is therefore likely to be higher than the rate among control subjects.

**Estimating the Frequency of the CNV in the General Population**

This method was described in our previous publication (14). Briefly, we must take into account that if a CNV has a high penetrance for disorders that are underrepresented among populations recruited as healthy control subjects (e.g., DD/SCZ/CM), then the measured frequency of that CNV among healthy control subjects would be an underestimate of the population frequency. To minimize this effect, we took into account the rate of these CNVs in all disorders that are likely to be excluded from “control” populations. The overall frequency of a CNV in the general population \( P(CNV \text{ general}) \) is therefore:

\[
P(CNV \text{ general}) = P(CNV|\text{con})P(\text{con}) + P(CNV|\text{SCZ})P(\text{SCZ}) + P(CNV|\text{DD}/\text{ASD}/\text{CM})P(\text{DD}/\text{ASD}/\text{CM})
\]

that is, the sum of the products of the conditional probabilities of being a carrier of the CNV given the phenotype, and the proportion of people with this phenotype in the population.

We accepted a frequency of SCZ in the population of 1%. The frequency of DD/ASD/CM was approximated at 4%. The 4% proportion of people with this phenotype in the population.

Therefore, the frequency of a CNV in the general population can be expressed as the sum of the frequencies among healthy control subjects (comprising 95% of the general population that excludes those for SCZ under any assumptions).

The total penetrance for any of these disorders is simply the sum of those for SCZ and DD/ASD/CM.

To illustrate the method, we provide an example of the penetrance of the 1q21.1 deletion. It is found in \(.021\%\) of reported control subjects, in \(.17\%\) of SCZ patients, and \(.24\%\) of patients affected with DD/ASD/CM (Table 1). This results in a frequency in the general population of \(.033\%\): \( \frac{(0.0021 \times 0.95) + (0.0017 \times 0.01) + (0.0029 \times 0.04)}{0.0033} \). (Note that this rate is higher than the frequency among healthy control subjects). The penetrance values are expressed as percent in the text and tables.

Because some of the CNVs are extremely rare or even absent in control subjects, we provide the 95% confidence intervals (CI) of the penetrance values, which can be wide in such instances. These were estimated by first producing binomial CIs for the frequencies of CNVs in each population, using the Wilson score interval (19). Upper and lower 95% bounds for the lower bounds of the frequencies in the general population (and vice versa for the lower bounds). The details for each CNV are presented in the Table S4 of Supplement 1.

**Results**

The rates of CNVs among subjects affected with SCZ, those with DD/ASD/CM, and healthy control subjects are presented in Figure 1 and the full details in Tables S2 and S4 in Supplement 1. Almost all CNVs have higher rates in the DD/ASD/CM group compared with SCZ. The instances in which these differences are significantly higher are indicated with asterisks in Figure 1. The only occasions in which the rates in SCZ patients are higher are for the 16p11.2 duplication, 3q29 deletion, 16p13.11 duplication, and the “smaller 15q13.3 (CHRNA7)” duplication, but these differences are small and not significant. In contrast, there are numerous occasions of CNVs that are much more frequent in DD/ASD/CM, some differences are highly significant, and some CNVs have not yet been reported in SCZ cases.

The differences between the penetrance of CNVs for the different disorders are even more striking (Figure 2 and Table S4 in Supplement 1). For CNVs that are never observed in control subjects, the joint penetrance reaches 100%, but we should point out that for some of the cases with 100% penetrance, the 95% CIs are large (Supplement 1). It is known that the penetrance for some syndromic disorders, like Prader-Willi syndrome/Angelman syndrome (PWS/AS), is indeed nearly complete (i.e., they are not found in healthy control subjects), nor are they found in SCZ subjects. Furthermore, their 95% CIs are tighter.

Psychiatrists are likely to be more interested in the penetrance of SCZ-associated CNVs. Therefore, we present them separately in Figure 3 and Table 1. All of them have much higher penetrance for DD/ASD/CM than for SCZ. The frequency of a CNV (and therefore its penetrance) separately for ASD, for DD, or for specific CM will of course differ for each CNV and is not known in each
This remains to be established in the future and is not a topic of this article. The total penetrance for any disorder (including SCZ) for this set of CNVs ranges from 10.6% for the 16p13.11 duplication to 100% for the VCFS deletion, (mean of 41%). The 95% CIs for this set of CNVs are much tighter because they have been tested in larger numbers of control subjects, and therefore the penetrance estimates are more reliable.

The selection coefficients for the CNVs and the sources we used to derive them are presented in Table S3 of Supplement 1. Our data are insufficient for a confident estimate of the selection coefficients for many of the CNVs, so for our comparison with the penetrance data, we use only CNVs for which at least five observations on their inheritance status are available from systematically conducted studies. The results are shown in Figure 4A. The strength of selection against CNVs correlated strongly with their overall penetrance for any disorder: Pearson correlation \( r = .51 \), \( p = .001 \). There are some obvious exceptions to the rule, with CNVs not seen in control subjects (and therefore have a penetrance of 100%) having only modest selection coefficients. As a rule, these exceptions are based on smaller number of observations and have wide 95% CIs, up to 0% to 100% (Table S4 in Supplement 1). We therefore excluded CNVs with a penetrance of 100% that have lower bounds of the 95% CI below 10% (an arbitrarily chosen cutoff). Most of the outliers disappeared (Figure 4B), and the correlation increased to \( r = .83 \), \( p < 10^{-6} \).

**Discussion**

The role of CNVs in the pathogenesis of SCZ and developmental disorders is well established (6-8,20). The penetrance of some of these CNVs has been estimated before but separately for these disorders (9,10). The estimates for SCZ (9) had produced modest rates of 2% to 7.4% for seven SCZ-associated CNVs (excluding the 22q11.2 deletion). The estimates for DD/ASD/CM...
for a small subset of CNVs produced higher estimates of 10% to 62%, but only three loci overlapped between these studies. Our estimates for the penetrance and the 95% CIs for the two phenotypes are reassuringly similar to these previous reports: Pearson correlation of .82 for SCZ and .68 for DD/ASD/CM (Table S5 in Supplement 1). The only exception is the 22q11.2 deletion in which the penetrance for SCZ was estimated at 55% by Vassos et al. (10) and 12% by us. However, these authors pointed out that the credible intervals for this CNV were broad because no CNV was observed in a control, and they relied on simulations. Accurate data on DD/ASD/CM were not available at that time, and these greatly help the estimates. Because our results are based on larger sample sizes for every CNV tested, they are likely to be more accurate. Even for CNVs that are found at similar rates in the two phenotypes, the penetrance is several times higher for the DD/ASD/CM group. This is because the frequency of the group of DD/ASD/CM is approximately 4 times higher in the general population, indicating that even in those cases in which the rate of a CNV is similar, still about 4 times more CNV carriers will develop a DD/ASD/CM phenotype instead of SCZ. Even large errors in our assumptions for the population frequencies of SCZ and the group of DD/ASD/CM cannot change the conclusion that the penetrance is higher for the group of DD/ASD/CM.

Different arrays have been used in the studies, and therefore we need ensure that this did not create the differences we observe. The CNV frequencies in SCZ cases and controls are based on similar or identical arrays. Thus, the ISC and MGS samples have both cases and controls of similar numbers, and they have been genotyped on the same (Affymetrix, Santa Clara, California) arrays, whereas the Clozapine UK/Cardiff University Cognition in Schizophrenia and the corresponding controls from the smoking, melanoma, Kooperative Gesundheitsforschung in der Region Augsburg (KORA), and WTCCC2 studies were analyzed with only the 520,766 overlapping probes on Illumina arrays (Table S1 in Supplement). The data on the DD/ASD/CM samples is based on different, custom-made, whole-genome, bacterial artificial chromosome versions or oligonucleotide-based arrays (7,10). These arrays have fewer probes than those used for the SCZ cases and controls and, as a consequence, could have a

Figure 2. Penetrance of copy number variants. The layout is the same as for Figure 1. VCFS, velo-cardio-facial syndrome.
The rather modest penetrance values produced for SCZ in the previous literature have been taken as evidence that these CNVs have low penetrance and are neither sufficient, nor necessary for the development of SCZ. The current data highlights the point that most of these CNVs are in fact highly pathogenic, but the phenotype that they produce is more likely to be another developmental disorder, such as DD or ASD. Thus the average penetrance for the SCZ-associated CNVs from Table 1 is 41% for developing any of the disorders discussed here, ranging from 10.6% (95% CI = 7–17%) for the 16p13.11 duplication, to 100% (95% CI = 60–100%) for the VCFS deletion. These are very substantial increases in risk for developing a serious disorder, such as SCZ, DD, ASD, and certain CM. As not all controls have been screened for neuro-psychiatric phenotypes, it is possible that some carriers of CNVs from the control populations also have some subtle phenotypes, which would result in even higher penetrance estimates, so our figures might even be an underestimate. The high pathogenicity of these CNVs is supported by the estimates of high selection pressure that operates against them, and the two show a striking correlation (Figure 4B), despite being derived at with different methods (one based of frequencies, the other on de novo ratios). The increase in risk to develop one of these disorders appears to result in a similar increase in the selection pressure against their carriers. This indicates that the selection coefficient (the de novo ratio) is a good predictor for the penetrance of a CNV, and vice versa. For many of the 70 CNVs discussed here, the number of observations used for the de novo ratios or for the frequencies are too small, leading to unreliable estimates for the penetrance and selection coefficients. These estimates should be refined in future studies.

Additional disorders that have not been specifically discussed here but are also reported in carriers of these CNVs include, among others, epilepsy (4) and attention-deficit/hyperactivity disorder (21). It is not the scope of this article to discuss the exact range of phenotypic presentations of each of these CNVs. They are variable and in some cases not yet reliably established. What is more important is the fact that the presence of one of these CNVs has consequences for genetic counselling and diagnosis. Because the penetrance for a severe neurodevelopmental disorder among children of carriers is greater than 10%, this raises important questions in a genetic counselling setting because the offspring of carriers who inherit one of these CNVs (Table 1) will have a risk for developing one of these disorders of between 10% and 100% (ignoring any additional risk from other inherited genetic variants). In most instances, this will be higher than the 12.8% to 15% risk among children of SCZ patients in general (22). The presence in a patient of most other CNVs from the list proposed by Girirajan et al. (7) should also be considered important for the

Figure 3. Penetration of schizophrenia-associated copy number variants for schizophrenia (gray) and the combined group of developmental delay, autism spectrum disorders, and various congenital malformations (black). AS/PWS, Angelman/Prader-Willi syndrome; del, deletion; dup, duplication; VCFS, velo-cardio-facial syndrome; WBS, Williams-Beuren syndrome.

Figure 4. Correlation between the overall penetrance and selection coefficients of copy number variants. (A) All data. (B) Excluding data with wide 95% confidence intervals, see text.
diagnosis and management of the person. There are some notable exceptions to the rule, for example, the “smaller 15q13.3” duplication is present at equal rates in cases and controls and is not considered pathogenic by us or by Girirajan et al. (7).

A question that arises is what determines the neurodevelopmental trajectory toward SCZ or severe developmental delay/intellectual disability for carriers of the same CNV. One possible explanation is the presence of a second large and rare CNV among carriers of pathogenic CNVs (7). We tested this hypothesis on the subset of SCZ-associated CNVs because these are the CNVs for which we have sufficient numbers to produce valid results (many of the most pathogenic CNV loci analyzed by Girirajan et al. (7) are not hit by CNVs in SCZ patients). We used the same criteria to define a “second hit,” as suggested by Girirajan et al. (7): large (>500 kb) and rare CNVs (<1% frequency in control populations), or a known pathogenic CNV (from the list of 70 CNV, Table S2 in Supplement 1), even if <500 kb. The rate of such “second hits” (Table S6 in Supplement 1) was however, nearly identical for patients with SCZ and those with DD/ASD/CM, at 10% versus 9.3% (p = .74), indicating that the presence of a second hit CNV is not the factor that usually determines the phenotype of carriers.

The current study also strengthens the now-established evidence of a genetic overlap among DD, ASD, and SCZ, at least in a subset of CNVs. It appears that some CNVs are so highly pathogenic and penetrant that they cause earlier-onset disorders (DD/ASD) and not SCZ. Indeed, severe DD or ASD, particularly in the presence of a clear chromosomal syndrome, is likely to preclude a clinical diagnosis of SCZ. These are for example the Angelman/Prader-Willi syndrome, Williams-Beuren syndrome, and the 1q36 deletion syndrome. Other CNVs can present with DD/ASD or lead later in life to SCZ (Table 1). They still have a much higher penetrance for an early-onset disorder (Figure 3). No CNV from this list specifically increases risk to develop SCZ rather than DD/ASD/CM.

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