

Children's Social Care Research and Development Centre

Canolfan Ymchwil a Datblygu Gofal Cymdeithasol Plant



Understanding the educational experiences and opinions, attainment, achievement and aspirations of looked after children in Wales

'A child's perspective'

Good Practice Event

Supporting Looked after Children in the Central South Consortium and South East Wales Region 29th February 2016



Research and Development Centre

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Project overview

This was an in depth qualitative study into the educational experiences and opinions, attainment, achievement and aspirations of looked after children and young people in Wales commissioned by the Welsh Government.

Objective 1: Conduct an in depth qualitative research study with looked after children and young people, to provide insight into their experience of education and their opinions on what could be done to improve it

Objective 2: Collate and report relevant literature and data

Project Partners – The Fostering Network, Voices from Care Cymru, Spice Innovate Music and Art Extension Project – Ministry of Life





Methods

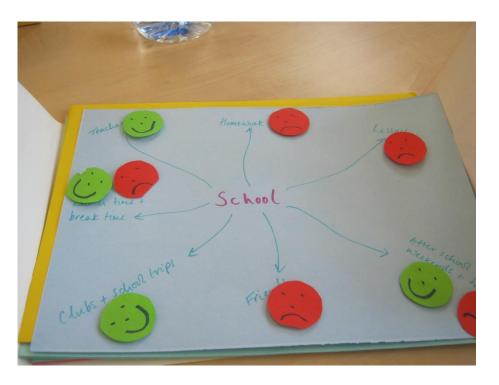
- Statistical and literature review Findings
- Systematic review Findings
- Creative methods and interviews
- Peer researcher led focus groups





Qualitative Participatory Methods







Mannay, D. 2016. *Visual, narrative and creative research methods: application, reflection and ethics*. Abingdon: Routledge.



Key findings







Aspirations

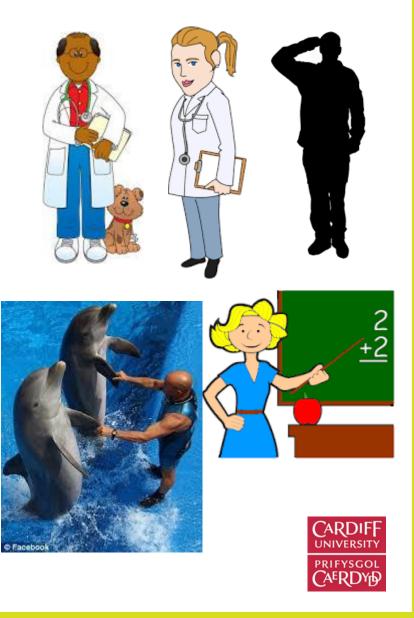
LACYP did not lack aspiration

"I want to be an architect ... because I like art and most of my family are builders" (Male, age 12)

LACYP often had altruistic aspirations and wanted to help others

"I want to work with kids in care when I'm older because I know what it's like and I've been through it most of my life. So I can actually be one of those people who turn around and say 'I understand', and actually do understand" (Female, 16+ group)





Aspirations – Enablers and Barriers

"She [foster carer] put a lot of belief in me and she always told me that I could do it [go to university]" (Female, age 21)

"So she had a look at it with me and she said well I can do this by hand, so she sat down with me and helped me do my homework... So that member of staff sat down with me and said we can do your homework here and there" (Female, 16+ group)

"'Various foster carers and people to do with the care system were like 'oh people in care don't go to into higher education'. I wish social services would focus less on that because a lot of them have social work degrees so who are they to be telling anyone else that they're not worthy of university? It's like they don't believe that children in care will do anything. And so if they don't believe it, then how is anyone going to believe it about themselves?' (Female, age 24)





Experiences – being 'different'

'Being made to feel like an outcast because I was in care... that made me feel alienated, frustrated, lonely and vulnerable'. (Male participant, 16+ group)

'We don't want people to be 'looked after', you want to be a normal kid too you know because it's only one, its only label of you' (Female participant, 16+ group)

'I hate people feeling pity for me. I'm just a normal child, like...I'm in foster care, it doesn't mean you're just like some pity child' (Male participant, 16+ group)





Experiences – being 'visible'

'I don't know bad bit was like the LAC Reviews and whatever because the teachers kind of knew that you were in care and whatever and that, they all were, people would be like, 'oh why are you are going with Miss So-and-so?' (Nadine, age 21)

'I just didn't want it, I was like I don't need that, it's singling me out and its making me seem special when I'm not, I'm a normal person'. (Female participant, 16+ group)

'Any meetings, if they are necessary, should be held outside of school time, not just at a time that is convenient for the professionals'. (Female participant, 16+ group)





Experiences – 'let off' or 'let down'

'As soon as I went into care, then went back to school and my teachers majority of them treated me completely different, because I was in care they moved me down sets, they put me in special help, they gave me – put me in support groups. And I was just like I don't need all this shit, I've only moved house, that's it I was like yeah I might be in care but the only difference to me is I've moved house, that's it... they looked at all my papers and where I was in my levels and that and they was like you're more than capable of being in top set but we don't think you're going to be able to cope'. ' (Female, 16+ group)

'It's about motivation. All you need is a good kick up the arse. And I think if somebody had given that to me when I was 16 or 17, I would probably have been like 'right, that's it I want to, I'm going to do something with my life' (Male participant, 16+ group).

Unintended consequences –position of leniency was often well-intentioned, based on what is known about LACYP and the difficulties they face.

But - teachers who they talked about as being best were those who encouraged them back into lessons/school, and pushed them academically, rather than allowing them to disengage with school work simply because of their 'looked after' status





Recommendations

The final research report concluded with 17 recommendations...

Minimising disruption during school time

Universal programmes for support

Educational champions to resolve disputes

Access to computers and to a wide range of reading materials

Opportunities to meet with others who are looked

Training for foster carers





Informing Policy



CASCADE

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Feedback

Independent Reviewing Officer: "I will NOT hold LAC reviews during school hours"

Cardiff's LACE support team: "more drive and determination to support the rights of looked after children in education"

Youth Offending Service: "help to make sure my organisation does not make appointments for young people in school time"

LACYP: "The one thing that I will take back home is the experience that we have had today and it's been a good experience. Also it's a pleasure to have the invite to come and be part of the company and make a success of myself" AND "Not to let people tell me I'm different and that I can't achieve anything because I can achieve what I want in life as long as I work for it"





Outputs

Mannay, D., Staples, E., Hallett, S., Roberts, L., Rees, A., Evans, R. and Andrews, D. 2015. *Understanding the educational experiences and opinions, attainment, achievement and aspirations of looked after children in Wales*. Cardiff: Welsh Government

Short films x 4

Songs and music videos x 3; Posters and postcards x 3

Thrive magazine

Available at: <u>http://sites.cardiff.ac.uk/cascade/looked-after-children-and-education/</u>

Showing of music video – Breathe by Sapien







For more information on CASCADE's work:

Email: cascade@cardiff.ac.uk

Phone: 02920 875142

Visit: http://sites.cardiff.ac.uk/cascade/



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